

March 5, 2012

Dear Track Parents:

Welcome to this year's track program at the Geneseo Middle School. We hope your son/daughter has a good experience with this sport. We will have up to 100 athletes involved in each program, so we would like to get you some basic information to help you prepare for the expectations for track 2012.

All athletes must have an athletic physical on file with the school nurse before they can practice or participate in a track meet. Track practices will run Monday through Thursday from 3:30 - 5:00 PM. We do have some Friday practices on the schedule. When we practice on Fridays, the dismissal time will be 4:30. Please be prompt in picking up your son/daughter at the end of practice. Please note that the practice schedule may change and there will be a parent meeting, Tuesday, March 13th at 5:00.

Athletes who have an unexcused absence may forfeit their participation in upcoming meets. Communication with coaches is essential. Chronic absenteeism could lead to dismissal from the team. Excused absences include physical illness; medical appointments, family emergencies, and approved conflicting school activities. Athletes must bring a note from home to excuse them from practice.

Early in the season, athletes need to dress warmly for practices and meets. Sweat suits, coats, caps, gloves, and rain gear may be clothing needs, so check the weather forecasts. Attached to this letter is an order form for sweats. We hope to return from away meets before 8:30 PM, but please be aware the administration of meets varies from school to school. We do not stop for food on the way home, but it is a good idea to send food and water with your athlete. Most meets have concession stands, so some snack money is essential also.

Athletes may leave from a meet with parents after all their events are concluded. To leave with your child from a meet, a signed note **MUST** be given to the school office by the morning of the meet (Friday, if there is a Saturday meet). Before leaving a track meet, please have your son/daughter make contact with the coach that he/she is leaving with a parent. Students may not leave with other parents unless it is stated in a signed note giving the student permission to leave with another parent in the same procedure. **NO EXCEPTIONS TO THIS RULE, PLEASE!** Do not ask coaches at the meets to allow exceptions.

Attached is a field trip permission slip/medical form that must be filled out and signed by a parent. These forms need to be returned to the coaches this week.

Also, attached is a copy of the schedule. Directions can be found on the back. Please notice that athletes may be going to the state meet if they qualify at sectionals. The "Jack and Jill Relays" combines girls and boys for events, but is a conference meet. Please return the attached sheet to volunteer to help with our home meets. It really is fun to help down on the track.

New for this year is the track webpage. <http://gcsdblogs.org/gmstrackandfield/> All this information can be found on the webpage. We will try to keep you informed as much as possible through letters and the webpage.

We hope you and your athlete have a great season!

Chris Ward, Head Girls Coach
Kiera Fauth, Assistant
Brad Monier, Assistant

Todd Ehlert, Head Boys Coach
Brian Hofer, Assistant
Dean Johnson, Assistant