

Court:

Regulation volleyball court and nets

Players:

2-6 players per team

Equipment: Plastic/wooden paddles or racquetball rackets

Eclipse balls

Scoring:

21 points ... must win by at least three points

Points are won by the serving team, except in "Play-it" situations

The Serve:

• Underhand serves only ... serve from a drop (the ball may not bounce first).

A served ball that hits the net is playable.

The server has only one chance to get the serve over the net.

Service Return:

- Return with paddle
- 3 hits maximum to get the ball back over the net
- The ball may bounce once between each hit
- 2 bounce rule: each time the ball comes to your side of the net, you may let it bounce twice between one of the hits.
- Double hits: players are allowed to hit the ball twice in a row
- Players cannot score on a double hit ... this is to discourage a player setting him/herself up for a slam.

"Play-it" Situation:

- A "play-it" situation occurs when one team hits the ball out of bounds and the opposing team decides to keep the ball in play.
- "Play-it" is done to gamble for extra points or merely for the fun of extending a rally.
- If a ball is hit out and the **opponents** want to extend the rally, a player must yell "play-it." This alerts all players that the ball is still in play and worth two points.
- Once "play-it" is called, whichever team wins the extended rally earns two points.
- "Play-it" can be called numerous times on one rally. Every time the rally is extended adds two points to the value of the rally.
- For example: Team A hits the ball out of bounds, Rather than catching it and serving for a new rally, a member of Team B calls, "play-it." The rally continues and is now worth two points to either team. If Team A hits the ball out on this extended rally, Team B can call, "play-it" again. Now the winner of the rally gets 4 points!
- Play-it is not allowed on serves.

Summary of Rules and Scoring:

- The serve is made from the back of the court and must be underhand.
- Only the serving team can score except in "play-it" situations.

- A ball that lands on a line is "in."
- Balls that hit the net and go over are good ... on the serve and during a rally.
- Players may not reach over the net to hit or block the ball.
- Players may not go under the net.
- Players may not touch the net while the ball is in play.
- Player rotation is like that in volleyball ... clockwise
- Teams must call "game point" when serving the game point or the serve is considered "no good."
- The ball can bounce twice between hits one time each time the ball comes to your side of the net.
- A "play-it" call adds two points to the team winning the rally for each time it is used.