September 25, 2014

TO:	Cross Country Parents
FROM:	Coach Ehlert, Coach Schauland, Coach Schmidt
RE:	Glenveiw Results, Dunlap Invitational, Tuesday's practice, and Wednesday (Conference Meet)

Glenview Results

We have not received the results yet. The teams won both divisions. We will get the results on the web page as soon as we get them.

Friday's Meet - September 26th

We will be running at Detweiler Park in Peoria, Illinois on September 26th. Directions: I-80 West to I-74 East. When you come to I-474 / Route 6 go towards Chillicothe. DO NOT TAKE I-74 TOWARDS CHAMPAIGN & INDIANAPOLIS. Go to route 29 and go south taking a right towards Peoria. Look for the park on your right side. Address: 8327 N. Galena Rd., Peoria, IL 61615. There is a lot of parking.

Dunlap Invite Race times: Girls Varsity Race (Top 7) - 4:00 Boys Varsity Race (Top 7) - 4:30 Girls Open Race - 5:00 Boys Open Race - 5:30

After the race we are planning to have pizza delivered to the race while we await results. Please have your child bring \$5 or pack extra food for after the race. We will provide water and Gatorade for the race and dinner. Hope to see you there.

Tuesday Practice

Tuesday practice will be done at 4:30. We have the conference meet on Wednesday.

Wednesday Meet "Conference"

Conference will be on October 1st. The meet will be at Richmond Hill in Geneseo. There will be three races. At 4:30, the girls "Top 7" will run. At 5:00, the boys "Top 7" will run. And at 5:30 there will be an open race for any athletes who have not run.

Hope to see you there!!!!

Volunteers Needed

The Heartland Conference cross country meet is Wednesday, October 1^{st} . We are hosting conference that day with 6 teams, and we need lots of parent volunteers to make it a successful event. Please block that day out on your calendar and plan to help out if you are able. No special skills are needed. We will require help directing race traffic and working at the finish line between @ 4:15 pm - 6:00 pm. We also need help setting up the course. Boosters will be hosting a concession stand this year and we could use help there also. Contact Coach Ehlert to volunteer. tehlert@dist228.org