

September 16, 2013

TO: Cross Country Parents

FROM: Coach Ehlert, Coach Schauland

RE: Wednesday Meet, Thursday Practice, Yard Signs, Invite T-Shirts,
Saturday's Meet, Schedule Change, Photos, and Snacks

Wednesday's Meet

The Moline Invitational listed for this Wednesday (9/18) is at Coal Valley Municipal Park in Coal Valley. The 7th and 8th grade girl's race will begin at 4:15 and the 7th and 8th grade boy's race will follow around 5:00 pm. Driving Directions From Geneseo:

- Take Highway 6 west to Coal Valley
- Turn Left on 1st Street
- Coal Valley Municipal Park will be on the right at the top of the hill.
- The park is located on the right next to Bicentennial School

Thursday Practice

Practice will be in the morning on Thursday due to the early out. Practice will start at 6:30am. Meet at the middle school.

Signs

The yard signs are in. Hopefully your athlete has brought them home.

Invite T-Shirts

There are left over t-shirts from the invite for sale. The team will get 2 shirts for the price of one. \$15. Contact coach Ehlert.

More on Back

Galesburg Bus & Race Times

Saturday morning (Sept. 21st) the bus will leave at 7:00am, from the Middle School, to get to the Galesburg Invitational. Please come a few minutes early that day so we can load and be on the road on time. The Girls Race will go off at 9:00 am followed by the Boys Race at 9:30 am. We will stop to eat lunch in Galesburg on our way home so bring enough money for a fast food stop. In the past the team has returned to Geneseo by around 1:00 pm. Students planning on riding home with parents should turn in their note at school tomorrow (Friday). Please sign your athlete out, before leaving. Directions to the meet site at Lake Story are as follows - 1) head south on Interstate 74, 2) exit west on Route 34 (Exit 46A), 3) continue west to Route 150 (Henderson Street), 4) exit north, pass the stoplight and take the 2nd exit into the park.

Photos

Parents, if you were taking photos, we would love to have them. We are making a highlight video for the kids for the end of the year. You can bring them to us on a cd or send them to coach Ehlert through email at tehlert@dist228.org.

Snacks

Some parents have asked about bringing snacks or drinks for the team for after races. Great idea. Cookies, brownies, Fruit, any thing would be great. The kids need some energy after working so hard.