

October 6, 2014

TO: Cross Country Parents  
FROM: Coach Ehlert, Coach Schauand, Coach Schmidt  
RE: Tuesday Meet, Wednesday Practice, Thursday Practice, Friday Practice/Team Pictures, and Sectionals

**Tuesday's Meet (Pioneer)**

The team will be running at Coal Valley Park in Coal Valley on Tuesday October 7<sup>th</sup>. The Girls race will begin at 4:30, and then the Boys race at 5:00.

Driving Directions From Geneseo to Coal Valley:

- Take Highway 6 west to Coal Valley
- Turn Left on 1<sup>st</sup> Street
- Coal Valley Municipal Park will be on the right at the top of the hill.
- The park is located on the right next to Bicentennial School

**Wednesday Practice**

Practice will be done at 5:00.

**Thursday Practice- Team Pictures and Uniform Check-In**

Team Pictures will be taken on Friday October 11<sup>th</sup> at 3:30. The athletes that are not running at Sectionals will turn in their uniforms at that time. Photos should be done by 4:15 – 4:30. The runners running at sectionals will practice until 5:00.

**Friday Practice**

Practice will be done at 4:15. Only the top ten athletes need to be at practice.

**Sectionals**

The team will be traveling to the IESA Sectionals on Saturday October 11<sup>th</sup> at Hoover Park in Sterling, IL. The bus will leave at 12:30 pm on Saturday October 11<sup>th</sup>. The girls race will start at 3:00 pm. Boys will run around 3:30 pm. Awards will be presented after the boys' race. After the race we will get some food. The Sectional will be held in Hoover Park behind Woodlawn Grade School on the east end of Sterling. To get there exit north off Interstate 88 on Route 40 and proceed into Sterling. Turn right on Route 2 and follow to east side of Sterling. Turn right on Woodlawn Road (close to McDonald's) and follow to Woodlawn Grade School. Hope to see you there.