

September 9th, 2013

TO: Cross Country Parents
FROM: Coach Ehlert, Coach Schauland
RE: Pleasant Valley Results, Tuesday Practice, Wednesday Practice,
***Geneseo Invite Change, Volunteers, Photos, and Snacks

Pleasant Valley Results

The team was awesome on Saturday. The course is the toughest course we will see all year. The course went up and down, left and right, through the woods, around softball diamonds, and for the second straight year we believe no one got lost. A great learning experience for all the kids. It was good for the kids to see great competition early in the year when we are out of shape. The results are on the webpage (<http://gcsdblogs.org/ehlert>). The girls' team finished 2nd out of 10 teams and the boys finished 7th out of 11 teams. We had 1 medalist. Hanna Soria received a medal. Everyone did great.

Tuesday Practice

Practice will be after school. We will be doing an indoor workout. Practice will go until 5:00. We will be at the middle school.

Wednesday Practice

This Wednesday (9/11) we will be practicing at Richmond Hill Park (we need to walk the course and set it up!). Students will be bused to Richmond Hill and have their bags transported to Richmond Hill. You may pick-up your child at 5:00 pm at Richmond Hill Park. Any student not picked up at the park will be transported back to the school around 5:15 pm for pick-up there. Your continued prompt pick-up is appreciated.

More on Back

*******The Geneseo Middle School Invitational*******

The meet has been changed from Wednesday (9/11) to Thursday (9/12). We are trying to accommodate with the weather. The forecast is not looking good for Wednesday. We apologize for any inconvenience. We understand if athletes are not able to run. We are thinking of the students' safety.

Volunteers Needed

Our home cross-country meet is Thursday, September 12th. We are hosting the Geneseo Invitational that day with 11 - 13 teams (Over 500 Athletes), and we need lots of parent volunteers to make it a successful event. Please block that day out on your calendar and plan to help out if you are able. No special skills are needed. We will require help directing race traffic and working at the finish line between @ 4:00 pm - 6:00 pm. We also need help setting up the course. Boosters will be hosting a concession stand this year and we could use help there also. Contact Coach Ehlert to volunteer. tehlert@dist228.org

Race Times for Thursday:

4:20 - 6th Grade Girls and Boys for participating schools.
5:00 - 7th Grade Girls and Boys
5:30 - 8th Grade Girls and Boys
6:15 - Awards

The kids will be bused to Richmond Hill at 3:30.

Photos

Parents, if you were taking photos, we would love to have them. We use them on the Web Page and we are making a highlight video for the kids for the end of the year. You can bring them to us on a cd or send them to coach Ehlert through email at tehlert@dist228.org.

Snacks

Some parents have asked about bringing snacks or drinks for the team for after races. Great idea. Cookies, brownies, Fruit, any thing would be great. The kids need some energy after working so hard.