

September 8<sup>th</sup>, 2014

TO: Cross Country Parents  
FROM: Coach Ehlert, Coach Schauland  
RE: Pleasant Valley Results, Tuesday Practice, Wednesday Practice,  
\*\*\*Geneseo Invite Change, Volunteers, Photos, and Snacks

### **Pleasant Valley Cancellation**

We were ready to go and then mother nature said "I don't think so". Good call by the meet officials. They will not be making up the meet.

### **Tuesday Practice**

Practice will be after school. We will be doing a workout. Practice will go until 5:00.

### **Wednesday Practice**

This Wednesday (9/10) we will be practicing at Richmond Hill Park (we need to walk the course and set it up!). Students will be bused to Richmond Hill and have their bags transported to Richmond Hill. You may pick-up your child at 5:00 pm at Richmond Hill Park. Any student not picked up at the park will be transported back to the school around 5:15 pm for pick-up there. Your continued prompt pick-up is appreciated.

**More on Back**

**\*\*\*\*\*The Geneseo Middle School Invitational\*\*\*\*\***

The meet has been changed from Wednesday (9/10) to Thursday (9/11). We are trying to accommodate with the weather. The forecast is not looking good for Wednesday. We apologize for any inconvenience. We understand if athletes are not able to run. We are thinking of the students' safety.

**Volunteers Needed**

Our home cross-country meet is Thursday, September 11th. We are hosting the Geneseo Invitational that day with 11 - 13 teams (Over 500 Athletes), and we need lots of parent volunteers to make it a successful event. Please block that day out on your calendar and plan to help out if you are able. No special skills are needed. We will require help directing race traffic and working at the finish line between @ 4:00 pm - 6:00 pm. We also need help setting up the course. Boosters will be hosting a concession stand this year and we could use help there also. Contact Coach Ehlert to volunteer. [tehlert@dist228.org](mailto:tehlert@dist228.org)

Race Times for Thursday:

4:20 - 6<sup>th</sup> Grade Girls and Boys for participating schools.  
5:00 - 7<sup>th</sup> Grade Girls and Boys  
5:30 - 8<sup>th</sup> Grade Girls and Boys  
6:15 - Awards

The kids will be bused to Richmond Hill at 3:30.

**Friday Practice**

We will be practicing in the morning on Friday @ 6:30 am. Students will meet at the middle school.

**Snacks**

Some parents have asked about bringing snacks or drinks for the team for after races. Great idea. Cookies, brownies, Fruit, any thing would be great. The kids need some energy after working so hard.