



PROUDLY WEARING MEDALS BY da "BIG MUDDY"

Pictured are Jaxson Sottos, Aidan Bries, Henley Bourne, Graysen Carlson, & Kaden Elmer. Each man earned a "Top 20" Finisher Medal. They are on the bank of the Mississippi River

LEAFS CLAIM SILVER AT MOLINE'S WB-6 SEASON OPENER INVITE

On Monday, August 25th, the Leafs traveled to Hampton's Empire Park to participate in Moline's WB-6 Season Opener Invitational. The meet hasn't been held for a few years due to extreme heat two years in a row. Welcome to the Midwest in August. No worries this year. The teams were treated to a race-time temperature of 70°. Simply amazing. Several spectators were spotted wearing sweat tops or coats. In August!!! Rare indeed. The field included teams from: Alleman, Galesburg, Geneseo, Moline, Quincy, Riverdale, Rock Island, & United Township. A Championship Plaque was awarded to the winning team and individual medals were awarded to the Top 20 finishers.

The girls raced first at 5:00 pm. The Lady Leafs ran to victory and looked great doing it. The boys were up next and took off at 5:40 pm. The temperature was perfect but the runners did have to negotiate long grass (slow) and a pretty stiff, northwest winds blowing at 15 mph. The course was as flat as a pancake and Empire Park lies on the banks of the Mississippi River. The word picturesque comes to mind. Simply stunning.

On to the racing. The Defending Western Big-6 Conference Champion Quincy Blue Devils were the favorites. After them it looked like the Leafs and Rock Island Rocks would battle for second and

Date: 8/25/2025							
Meet: Moline's WB-6 Season Opener Cross Country Inv.							
Site: Hampton's Empire Park							
Conditions: Race time temperatures of 70° w/15 mph NW Winds. Slow!							
Racing Distance: 3.00 miles							
Team Finish: Varstiy (2nd)							
	TIME	ATHLETE	PL	1-M	2-M	3-M	AV.
1	16:26	Henley Bourne-10	7	5:14	5:37	5:35	5:28
2	16:29	Jaxson Sottos-12	8	5:15	5:44	5:30	5:29
3	16:44	Aidan Bries-12	13	5:24	5:39	5:41	5:34
4	17:09	Graysen Carlson-12	16	5:28	5:49	5:52	5:43
5	17:17	Kaden Elmer-12	18	5:29	5:57	5:51	5:45
6	18:03	Kael McCord-10	30	5:42	6:18	6:03	6:01
7	19:12	Greyson Claerhout-10	51	5:45	6:54	6:33	6:24
8	19:32	Fritz Bolme-10	60	6:11	6:46	6:35	6:30
9	20:30	Rylan Carlson-10	74	6:31	7:04	6:55	6:50
10	21:03	Jacob Berry-11	81	6:32	7:17	7:14	7:01
11	21:27	Noah Arnold-10	84	6:53	7:24	7:10	7:09
12	21:38	Micah Johnson-11	86	6:32	7:22	7:44	7:12
13	21:49	Cole Henson-10	89	7:00	7:30	7:19	7:16
14	21:50	Calvin Bell-12	90	6:44	7:31	7:35	7:16
15	22:07	Connor Runty-11	95	6:43	7:48	7:36	7:22
16	27:44	Phoenix Sottos-09	117	8:53	9:52	8:59	9:14
	DNC	Jameson Coppejans-12	Conflict				
	15:43	Varsity Leader	1	5:13	5:21	5:07	5:14
	Geneseo Spread						
		1-5	0:51				
		1-7	2:46				
		1-10	4:37				

Moline XC Season Opener HS

OFFICIAL Mon, Aug 25, 2025 Empire Park, IL US

Mens Results

3 Miles Varsity

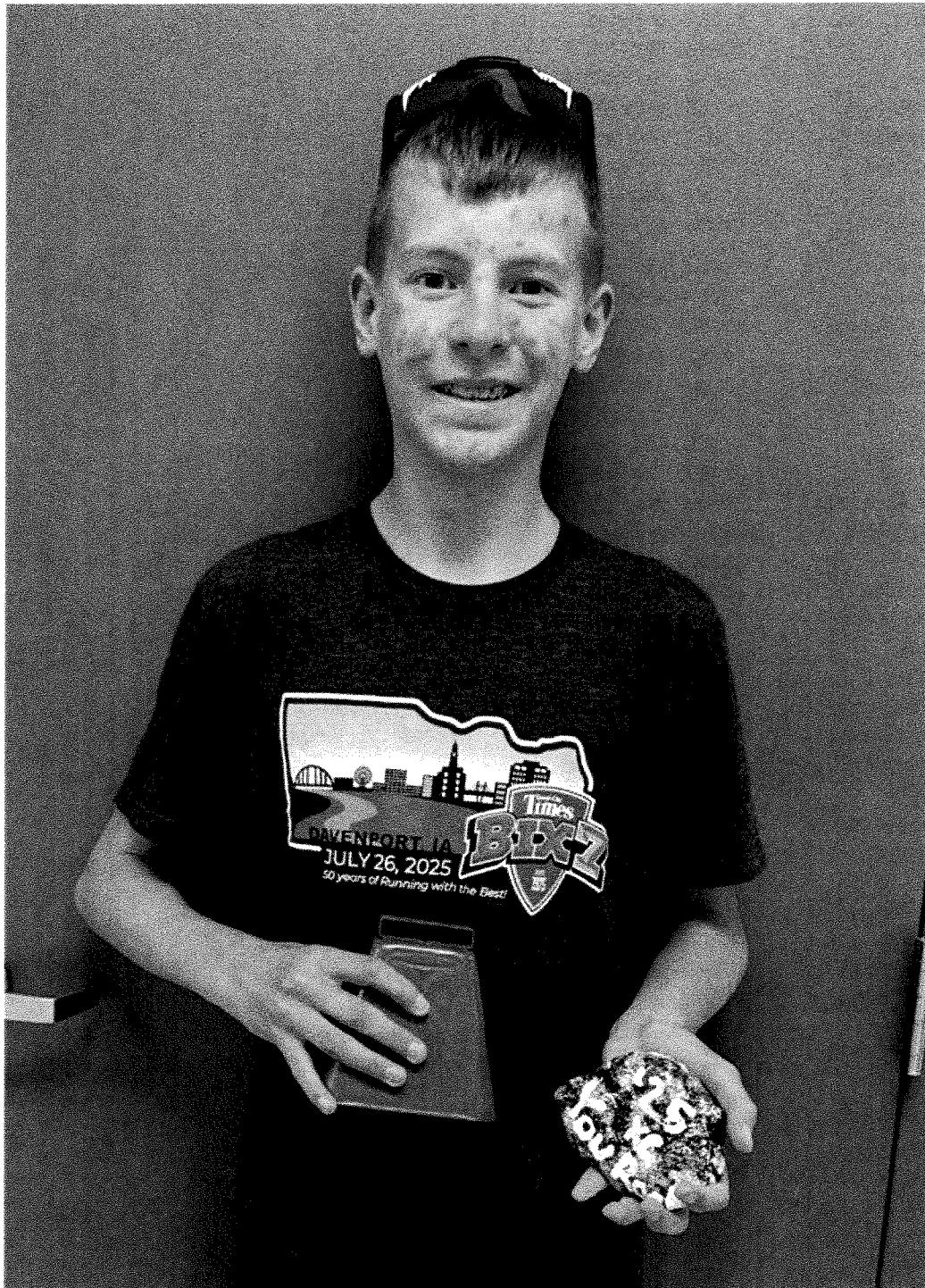
Official Team Scores

1. Quincy	53
2. Geneseo	62
3. Rock Island	67
4. Moline	96
5. Rock Island (Alleman)	138
6. Galesburg	154
7. Port Byron (Riverdale)	159
8. East Moline (United)	202

1. 11 Elliot Batz	15:43.4	Rock Island
2. 12 Braeden Bode	15:55.5	Port Byron (Riverdale)
3. 12 Malik Gbadamassi	16:02.3	East Moline (United)
4. 12 Gabe Mahn	16:06.6	Rock Island
5. 10 Cedrik Iradukunda	16:10.0	Moline
6. 10 Charles Ray	16:25.1	Quincy
7. 10 Henley Bourne	16:26.5	Geneseo
8. 12 Jaxson Sottos	16:29.3	Geneseo
9. 10 Blake Anders	16:30.5	Quincy
10. 12 Gavin Skee	16:31.1	Quincy
11. 10 Owen Triplett	16:32.8	Quincy
12. 12 Caden Jenilis	16:38.8	Rock Island (Alleman)
13. 12 Aidan Bries	16:44.7	Geneseo
14. 10 Nolan Jared	16:45.4	Rock Island
15. 11 Abraham Peterson	17:04.1	Moline
16. 12 Graysen Carlson	17:09.3	Geneseo
17. 12 Lane Steinkamp	17:14.7	Quincy
18. 12 Kaden Elmer	17:17.0	Geneseo
19. 10 Brayden McGuire	17:17.2	Galesburg
20. 11 Lincoln Abel	17:19.1	Moline
21. 10 Cristiano Saucedo	17:28.5	Rock Island (Alleman)
22. 12 Noah Verscha	17:30.2	Rock Island (Alleman)
23. 10 Steven Hernandez	17:36.3	Rock Island
24. 10 Carter Castel	17:43.7	Moline
25. 10 Cylar Smith	17:49.2	Rock Island
26. 12 Rodrigo Cossileon	17:51.4	Quincy
27. 11 Conner Musser	17:57.1	Port Byron (Riverdale)
28. 10 Eli Poe	18:01.3	Quincy
29. 12 Peyton Anders	18:02.8	Quincy
30. 10 Kael McCord	18:03.6	Geneseo

31. 10 Clayton McClelland	18:13.9	Quincy
32. 9 Grant Skee	18:14.9	Quincy
33. 12 Silas Descalzo	18:15.6	Galesburg
34. 10 Traeten Holtam	18:16.2	Rock Island
35. 10 Robert (Bobby) Nelson	18:17.0	Moline
36. 12 Henry Mass	18:21.7	Rock Island
37. 10 Issac Becker	18:22.5	Galesburg
38. 10 Charles Anderton	18:22.7	Galesburg
39. 10 Dominic Oenning	18:23.4	Quincy
40. 9 Cole Furrow	18:26.0	Galesburg
41. 11 Sunny Greving	18:30.2	Moline
42. 9 Christopher (Chris) Siver...	18:31.3	Moline
43. 12 Garret Myers	18:31.6	Rock Island (Alleman)
44. 11 Kale Moore	18:32.0	Moline
45. 12 Nolan Peirce	18:37.1	Port Byron (Riverdale)
46. 9 Adair Connor	18:47.5	East Moline (United)
47. 12 Titus Stout	18:54.6	Moline
48. 12 Chase Jared	19:01.0	Rock Island
49. 11 Cole Barrett	19:04.9	Port Byron (Riverdale)
50. 12 Lucas McCall	19:06.9	Rock Island
51. 10 Greysen Claerhout	19:12.4	Geneseo
52. 10 Benjamin (Ben) Larson	19:15.3	Moline
53. 11 Collin Leigh	19:19.6	Quincy
54. 11 Owen Mathews	19:21.6	Rock Island (Alleman)
55. 9 Leo Graf	19:25.7	Rock Island (Alleman)
56. 11 Audie Hobert	19:28.0	Rock Island (Alleman)
57. 10 Gabriel Semenick	19:30.2	Quincy
58. 10 Manuel Graf	19:31.3	Rock Island (Alleman)
59. 9 Wade Zanger	19:32.7	Quincy
60. 10 Fritz Bolme	19:32.9	Geneseo
61. 12 Colton Reid	19:35.7	Taylor Ridge (Rockridge)
62. 12 Jalen Abbott	19:40.4	Galesburg
63. 12 Connor Epley	19:45.5	Quincy
64. 11 Miles Petersen	19:49.7	Port Byron (Riverdale)
65. 10 Isaiah Rosas	19:50.9	Rock Island (Alleman)
66. 12 Malachi Schwartz	19:55.1	Moline
67. 9 Ethan Secker	20:09.3	Port Byron (Riverdale)
68. 10 Brayden Householder	20:20.4	Quincy
69. 12 Zachary Clark	20:22.5	Moline
70. 10 Bentley Householder	20:24.8	Quincy
71. 10 Enzo Passini	20:25.6	Moline
72. 9 Lane Tietsort	20:25.6	Quincy
73. 9 Lucas Hoogheem	20:29.5	Moline
74. 10 Rylan Carlson	20:30.5	Geneseo
75. 10 Xavier Guldenzopf	20:31.3	Rock Island
76. 9 Jackson Davis	20:34.4	Moline
77. 11 Ethan Swift	20:35.6	Port Byron (Riverdale)
78. 11 Godway Vedome	20:52.8	East Moline (United)
79. 10 Sean Dighe	20:58.8	Quincy
80. 9 Malachi Devlin	21:00.1	Moline

81. 11 Jacob Berry	21:03.9	Geneseo
82. 11 Judah Kargl	21:20.0	Rock Island
83. 11 Dylan Hartzler	21:23.0	Rock Island
84. 10 Noah Arnold	21:27.8	Geneseo
85. 10 Myles Wandrey	21:29.7	Moline
86. 11 Micah Johnson	21:38.1	Geneseo
87. 9 Liam Huizenga	21:39.0	Galesburg
88. 11 Caleb DeBruine	21:40.1	Rock Island (Alleman)
89. 10 Cole Henson	21:49.0	Geneseo
90. 12 Calvin Bell	21:50.1	Geneseo
91. 10 Abobakr Fakhri	21:56.7	East Moline (United)
92. 11 Liam Knobloch	21:58.9	Moline
93. 10 Mahamoud Abdeldjabar	22:00.7	East Moline (United)
94. 12 Logan Rynier	22:02.1	Galesburg
95. 11 Connor Runty	22:07.0	Geneseo
96. 10 Jeremiah Lee	22:13.1	Galesburg
97. 9 Braden Beauchamp	22:45.7	Moline
98. - Jayton Blanchard	22:55.4	Moline
99. 9 Grayson Hill	22:58.6	Quincy
100. 9 Owen LeMaster	23:09.0	Moline
101. 11 August Dagostino	23:14.0	Moline
102. 10 Jude Huber	23:14.9	East Moline (United)
103. 12 Michael Kelly	24:13.1	Port Byron (Riverdale)
104. 10 Eliezal Iranezereje	24:18.7	East Moline (United)
105. 11 Devaughn Sanchez	24:29.7	Galesburg
106. 10 Avi Gidaszewski	24:38.8	Rock Island
107. 9 Daniel Devlin	25:09.9	Moline
108. 10 Dylan Thompson	25:26.6	East Moline (United)
109. 9 Emilio Terronez	25:35.5	East Moline (United)
110. 12 Rio Rivas	25:46.2	Port Byron (Riverdale)
111. 12 Adan Sanchez	25:47.0	East Moline (United)
112. 9 Landon Barker	25:50.5	Galesburg
113. 11 Yao Pascal Ayoba	25:57.9	East Moline (United)
114. 10 Regis Abgemadon	26:28.5	East Moline (United)
115. 9 Snelling Kilian	26:44.6	East Moline (United)
116. 11 James Bray	27:29.5	East Moline (United)
117. 9 Phoenix Sottos	27:44.3	Geneseo
118. 12 Ambrose Pennock	27:58.4	Port Byron (Riverdale)
119. 9 Liam Ryan	28:23.8	East Moline (United)
120. 9 David Cobos	28:25.3	East Moline (United)
121. 10 Isaac Lotta	28:32.5	East Moline (United)
122. 10 Owen Shaw	28:43.6	Rock Island (Alleman)
123. 9 Ryder Talbot	29:32.1	Moline
124. 12 AJ Hughes	31:57.7	Port Byron (Riverdale)



**SOPHOMORE RYLAN CARLSON SELECTED
AS "BELL RINGER"**

Pictured is Rylan Carlson who was selected as the team's "Bell Ringer" for the Moline Invitational

SOPHOMORE RYLAN CARLSON "RINGS da Bell"

Sophomore Rylan Carlson was selected as the Geneseo Boys Cross Country "Bell Ringer" for the Moline WB-6 Season Opener Invitational which was held on Monday, August 25th. The award was created by Head Maple Leaf Boys Cross Country Coach, Todd Ehlert, with a little help from "da Committee". The "Bell Ringer Award" honors a team member selected by a committee consisting of all of the senior team leaders and the coaching staff. Each member of the committee nominates two athletes. The committee discusses each nominee until a winner has been selected. Considerations for nomination include both practice and competitive performances. Possessing high levels of both Passion and Purpose are Omnipotent. An award winner is selected after each meet.

Rylan ran a great race that saw him end up as the Maple Leafs' 9th man on the day. He was timed in 20:30 and placed 74th overall in the race. Rylan rolled through the mile in a quick 6:31. He followed that up with a 7:04 second mile. He then finished strong with a 6:55 final mile. He averaged 6:50 for Hampton's Empire Park course. Great race, Rylan. He demonstrated a keen sense of pace judgement during his race. No skill is more important than pace judgement for a distance runner. Rylan wasn't able to run this race last year due to the fact that the meet was cancelled due to extreme heat. He did race the next meet which was the 2024 Annawan-Wethersfield Titan Cross Country Invitational. He was timed in 24:43 for that 3 miles distance. His improvement from last year is PROFOUND.

Rylan has been "On Fire" ever since last fall's harrier season ended. He put in a strong winter of base training and then followed that up with a strong Track season that saw him racing in the Varsity Division for much of the season. He then followed that up with a tremendous summer of training and has entered this season with a new level of confidence. The "Dude" has gone "All In" and we LOVE IT. Goals that require a high level of commitment offer the highest levels of "Intrinsic" satisfaction. "Extrinsic" satisfactions are great. Those are represented by awards that are obtained. "Intrinsic" rewards are only achieved on the personal level. They result in a deep inner satisfaction of pride. It is the highest and most meaningful level of success. Rylan has demonstrated high levels of both passion and purpose. His improvement has been truly "Jaw-Dropping". It is going to be a lot of fun watching Rylan continue to chase his potential. Keep "Dreaming Big", Rylan and backing those Dreams up with the Commitment that Excellence DEMANDS. We are Very Proud of You.

The 2025 Geneseo High School Cross Country Team has some lofty season goals. To achieve these goals the team needs team members to lead by example. Even though Rylan is only a Sophomore he is helping to lead the team by doing things the right way. He makes that commitment on a daily basis. He is a proud member of the Maple Leafs' "Super Soph's". That team depth added to the team's strong Senior Class has placed the current team in a great position to "Turn some Heads" this season and beyond. All the best with the rest of this season and beyond.

Here is what Rylan had to say about his athletic history.

9th Grade: "This year was what solidified the aspect of running in my mind, I had so much fun and really enjoyed myself. I ran a 24:00 at the start of this year and ran a 21:30 at the end of this year. For Track this year I made Varsity and ran the 3200 in a 12:15."

8th Grade: "This was the year I gave up on Soccer and chose to keep running, even though I had some doubts about my abilities. I ran a 16:00 at the start of this year and ran a 15:00 at the end of this year. I also did Track this year and did LongJjump and the 800 meter run."

7th Grade: "This was the year I started Cross Country, and to be honest I hated it. It was extremely boring doing the same run over and over again. I ran an 18:00 at the start of this year and a 16:30 at the end of this year. I also started Track this year and did Long Jump and the 200 mete dash."

Prior to 7th grade: "I did rec Soccer this year and moved up to Travel Soccer. Otherwise, I didn't do anything else this year. This was also the same year I had a seizure on Christmas morning and was in the hospital for 12 hours. Prior to 6th grade: I did Karate, Baseball, Golf, Basketball, cub scouts, and a few other things."

Rylan is the proud son of Ryan Carlson (Dad), Amber Shamsie (Mom), & Julie Vanhoutte (Step Mom). He is also the proud "Baby Bro" of Marcus Vanhoutte (Step Brother), 30, he is a quarry welder (he is a Geneseo XC Alum), Summer Vanhoutte (Step sister), 27, she is a veterinarian tech at the University of Illinois Animal Hospital. He is also the proud "Big Bro" of Savannah Carlson (Sister) 9th grade.

Here are Rylan's answers to his "Bell Ringer Questions": **Nickname:** "I don't have a nickname, but I'm the fourth generation in my family to have the initials RRC." **School Clubs or other Organizations you have taken part in:** "Geneseo XC, Geneseo Track, and Wellness, Boy Scouts of America (Non-School Club)"; **Favorite Food:** "My favorite food is steak"; **Favorite Movie:** "My favorite Movie is Hacksaw Ridge." **Favorite Music (Genre or Group):** "My favorite music genre is 2000s Rap"; **Athletic Hero:** "My athletic hero is my Great Uncle Butch who served in Vietnam." **Favorite Quote:** "Nothing in life is free (My Dad)"; **How Did You Decide to Join the XC Team?:** "I joined Cross Country because all of my friends were doing in it in 7th grade and I thought itt would be good conditioning for Soccer"; **What Advice Do You Have for Anyone New to the Sport?:** "My advice for anyone new to the sport would be . . . Don't be lazy, do the things you are told to do because it will make you better."

Other team members who were nominated and discussed for this week's "Bell Ringer Award" were: Noah Arnold, Jacob Berry, Fritz Bolme, Henley Bourne, Aidan Bries, Graysen Carlson, Greyson Claerhout, Kaden Elmer, Cole Henson, Micah Johnson, Kael McCord, Jaxson Sottos, & Phoenix Sottos.

Comment from Head Coach Todd Ehlert: "Rylan has had a great start to the year. Rylan worked really hard in the off season and during track in the spring. This summer he was very dedicated to his running and it helped out at the end of the summer. He had huge PR this summer for three miles at Detweiller at Dark. He ran great this last week at the Moline Invite. He was battling a cold and still almost matched this year's PR. Keep working hard, Rylan".