



SOTTOS & CARLSON LEAD VARSITY

Pictured are Jaxson Sottos and Graysen Carlson who both earned Individual Hardware

LEAFS 9TH IN VARSITY RACE

On Saturday, September 6th, the Leafs traveled to Galesburg's Lake Storey Park to participate in the 48th Annual Galesburg Silver Streak Cross Country Invitational. The 20-team field included squads from: Abingdon-Avon, Annawan-Wethersfield, Cambridge (Ridgewood), Dunlap, East Peoria, Ft. Madison, Galesburg, Geneseo, Knoxville, Metamora, Macomb, Monmouth-Roseville, Monmouth (United), Morton, Normal West, Peoria (Notre Dame), Peoria (Richwoods), ROWVA/W.Field, Taylor Ridge (Rockridge), & West Central. Several of the schools have low enrollments and were not

able to field "Scoring" teams (at least 5 runners). There were also some "Big Dogs" that are currently ranked in the Illinois Top 25 ranked teams. Included in that grouping were Top-Ranked Morton and #5 Peoria Notre Dame. The teams were treated to amazing weather conditions. The race time temperature for the Varsity race was in the low 50's with virtually no wind. Crazy early September weather for the Midwest.

We always choose to run all of our team's freshmen and sophomores in the F/S race. Only the GHS Juniors & Seniors ran the "Varsity" race. Added to low team numbers this season was the fact that two of the Leafs' top 5 runners were held out of the meet. Seniors Aidan Bries (illness) and Kaden Elmer (injury) didn't race. Thus, only 7 Varsity Maple Leafs "Toed da Line". The Varsity Boys race started at 9:40 sharp. Leading the way were Seniors Jaxson Sottos and Grayson Carlson who were instructed to "Pack it Up" through two miles and then race. Mission accomplished. They had a lot of fun battling runners late in the race and each man scored a highly prized "Top 30 Individual Finisher" Medal. Jaxson placed 14th and was timed in 16:44. He has a previous best time for the course of 16:09 but today's time ranks him as the 4th fastest GHS Senior EVER for the course. Grayson placed 29th and was timed in 17:10. He also has run faster (17:03). His time of 17:10 moved him into the #9 GHS Senior spot EVER on the course. Way to lead by example, Men.

Next up was Junior Micah Johnson who placed 110th and was timed in 20:12. He was the Maple Leafs' 3rd man in the Varsity Race. Great job, Micah. Not far behind was Senior Jameson Coppejans (128th place and timed in 21:02). This "Rookie" ran the race of his life and was the Leafs' fourth man on the day for the Varsity squad. Finishing only 3 seconds behind Jameson was GHS Junior Jacob Berry who placed 129th and was timed in 21:05. He was the Leafs' 5th man in the Varsity Race. Senior Calvin Bell and Junior Connor Runty sprinted across the finish line in 142nd and 144th places. They were timed in 21:53 & 21:55. Way to Race, Men. When the team scores were added up, the Leafs found themselves with a 9th place team finish. Outstanding Efforts Men.



F/S BOYS WIN 3RD PLACE TEAM TROPHY

Pictured are GHS F/S Team Members.L-R:
Fritz Bolme, Phoenix Sottos, Cole Henson, Greyson Claerhout,
Henley Bourne, Noah Arnold, Kael McCord, & Rylan Carlson

MAPLE LEAF F/S PLACE 3 IN THE TOP 10

The F/S Boys race took off at 11:00 a.m. sharp. It was a lot of fun to watch the boys "Mix it Up" with a strong field. GHS Super Sophs Henley Bourne and Greyson Claerhout ran with the lead pack through the mile (Henley much farther). At the finish line Henley sprinted home in 16:41 and placed a solid 3rd. I am pretty sure that the two guys that beat him will eventually earn All-State Honors in their high school careers. Henley? Don't bet against him. His time was the 7th Fastest time for a GHS runner of any grade level. It was also the 2nd fastest Sophomore time EVER in GHS History for the Lake Storey Course. Not far behind him were fellow Sophomores Greyson Claerhout (7th Place timed in 17:37) and Kael McCord (10 Place timed in 17:49). Greyson is now the 9th Fastest GHS Sophomore EVER for the course while Kael moved into the #10 slot. Putting 3 men in the Top 10 is "Jaw-Dropping". Way to Roll. Great Job, Men.

Not far behind were a couple more of the GHS "Super Sophs". Fritz Bolme just missed an individual medal (Top 20 in this race) via his 24th place finish while Rylan Carlson sprinted home in 50th place in a time of 20:07 (yea, he suffered another nose bleed....not as much blood as last

meet.....the kid is a beast). Fritz's time moved him into the #25 spot on the GHS Top 25 Sophomore list for the course. Great Job, Men.

Rounding out the racing efforts were: Sophomore Cole Henson (64th place timed in 20:58, Sophomore Noah Arnold (89th place timed in 22:18), and Freshman Phoenix Sottos (112th place timed in 26:26). Each man is improving rapidly. Keep up the good work, Men.

When then team scores had been tabulated, the Leafs found themselves earning a 3rd place team trophy. WOW!!! That is a tremendous accomplishment, Men. Congratulations.

The Leafs will next be in action on Saturday, September 13th when they participate in the HUGE "First to the Finish" Invitational. The meet is held at Peoria's "Historic" Detweiller Park where the State Finals are held at the end of the season in early November. The Leafs hope to be there at the State Meet. How can each man help make that "Dream" become a reality? By doing their part. Keep working hard and caring about your teammates. Every man matters. We have NO WEAK LINKS. The team will only race their Top 10 men. Everyone on the team is encouraged to attend. The opportunity is there to support the team and also "Soak Up Some Detweiller Magic". GO LEAFS!

Date: 09/06/2025								
Meet: 48th Annual Galesburg Silver Streak Cross Country Inv.								
Site: Galesburg's Lake Storey Park								
Conditions: Race time temperature of 52° with 5 NW Winds								
Racing Distance: 3.00 miles								
Team Finish: Varsity Boys: 9th Place; F/S Boys: 3rd Place								
	TIME	ATHLETE	PL	R	1-M	2-M	3-M	AV.
1	16:41	Henley Bourne-10	3	F/S	5:22	5:28	5:51	5:33
2	16:44	Jaxson Sottos-12	14	V	5:34	5:38	5:33	5:35
3	17:10	Graysen Carlson-12	29	V	5:34	5:38	5:58	5:43
4	17:37	Greyson Claerhout-10	7	F/S	5:27	6:03	6:07	5:52
5	17:49	Kael McCord-10	10	F/S	5:37	5:59	6:13	5:56
6	18:45	Fritz Bolme-10	24	F/S	6:10	6:13	6:26	6:16
7	20:07	Rylan Carlson-10	50	F/S	6:26	6:50	6:51	6:42
8	20:12	Micah Johnson-11	110	V	6:18	6:54	7:00	6:44
9	20:58	Cole Henson-10	64	F/S	6:43	7:03	7:13	6:59
10	21:02	Jameson Coppejans-12	128	V	6:39	6:55	7:28	7:00
11	21:05	Jacob Berry-12	129	V	6:45	7:09	7:11	7:01
12	21:53	Calvin Bell-12	142	V	6:49	7:18	7:46	7:17
13	21:55	Connor Runty-11	144	V	6:57	7:25	7:33	7:18
14	22:18	Noah Arnold-10	89	F/S	7:06	7:22	7:50	7:26
15	26:26	Phoenix Sottos-09	112	F/S	8:24	8:48	9:16	8:48
	DNC	Aidan Bries-12	Illness					
	DNC	Kaden Elmer-12	Injury					
	15:50	Varsity Race Leader	1	V	5:17	5:16	5:17	5:16
	16:39	F/S Race Leader	1	F/S	5:22	5:28	5:49	5:33
		Geneseo Spread						
		1-5	1:08					
		1-7	3:26					
		1-10	4:21					

Galesburg Invite Progression

First Name	Last Name	Division	Grade	Time	2024 Results	2023 Results	2022 Results
Henley	Bourne	Male	10	16:41:00	17:49	Middle School	Middle School
Jaxson	Sottos	Male	12	16:45:00	16:09	16:36	18:01
Graysen	Carlson	Male	12	17:10:00	17:23:00	18:26	DNR
Greyson	Claerhout	Male	10	17:37:00	19:58	Middle School	Middle School
Kael	McCord	Male	10	17:49:00	19:23	Middle School	Middle School
Fritz	Bolme	Male	10	18:45:00	20:09	Middle School	Middle School
Rylan	Carlson	Male	10	20:07:00	DNR	Middle School	Middle School
Micah	Johnson	Male	11	20:12:00	19:13	19:20	Middle School
Cole	Henson	Male	10	20:58:00	DNR	Middle School	Middle School
Jameson	Coppejans	Male	12	21:02:00	DNR	DNR	DNR
Jacob	Berry	Male	11	21:05:00	DNR	24:31:00	Middle School
Calvin	Bell	Male	12	21:53:00	20:54	21:36	25:28:00
Connor	Runty	Male	11	21:55:00	21:38	22:21	Middle School
Noah	Arnold	Male	10	22:18:00	DNR	Middle School	Middle School
Phoenix	Sottos	Male	9	26:26:00	Middle School	Middle School	Middle School
Kaden	Elmer	Male	12	DNR	17:29	17:44	18:24
Aidan	Bries	Male	12	DNR	DNR	18:20	18:59

Silver Streak XC Invitational HS

OFFICIAL 📅 Sat, Sep 6, 2025 📍 Lake Storey, IL US

Mens Results

3 Miles Varsity Boys

Official Team Scores

1. Morton	32
2. Peoria (Notre Dame)	70
3. Dunlap	102
4. Metamora	125
5. Normal (Community West)	137
6. Fort Madison	172
7. Peoria (Richwoods)	176
8. Kewanee (Wethersfield)	220
9. Geneseo	254
10. East Moline (United)	291
11. ROWVA Williamsfield	310
12. Galesburg	343
13. Cambridge	376

Incomplete Teams

Abingdon-Avon
 Biggsville (West Central)
 East Peoria
 Macomb
 Monmouth-Roseville
 Monmouth (United)
 Taylor Ridge (Rockridge)

1. 10 Abe Martin	15:50.69	Morton
2. 12 Malik Gbadamassi	15:52.74	East Moline (United)
3. 11 Maxwell Kirby	15:59.30	Peoria (Notre Dame)
4. 11 Zach Born	16:00.56	Metamora
5. 11 Maxwell Carter	16:03.19	Morton
6. 11 Keyston Beyer	16:10.58	Morton
7. 11 Joshua Stedwill	16:12.47	Peoria (Notre Dame)
8. 11 Duke Hendrick	16:21.25	Morton
9. 12 Jack Nester	16:28.78	Dunlap
10. 12 Riley Tripp	16:29.51	Fort Madison
11. 11 John Baker	16:31.51	Peoria (Notre Dame)
12. 11 Noah Harris	16:32.04	Morton
13. 9 Zane Kingham	16:42.96	Metamora
14. 12 Jaxson Sottos	16:45.60	Geneseo
15. 12 Gabe Gross	16:46.21	Peoria (Richwoods)
16. 12 Noah Feltner	16:47.57	Kewanee (Wethersfield)
17. 11 Frederic Couri	16:50.09	Peoria (Notre Dame)
18. 11 Max Draksler	16:50.63	Dunlap
19. 10 Beckett Kreinbhl	16:52.57	Normal (Community)
20. 11 Drew Hodel	16:55.13	Metamora
21. 10 Cole Lystila	17:00.04	Peoria (Richwoods)
22. 10 Tyson Horn	17:00.94	Dunlap
23. 11 Donovan Wright	17:02.07	Normal (Community)
24. 11 Alex Simmons	17:03.14	Macomb
25. 10 Garrison Kaufmann	17:03.62	Normal (Community)
26. 12 Luke Baker	17:04.80	Morton
27. 10 Ben Bobchik	17:05.43	Dunlap
28. 10 Aidan O'Dea	17:07.85	Dunlap
29. 12 Graysen Carlson	17:10.25	Geneseo
30. 10 Daniel Havenga	17:15.13	Peoria (Richwoods)
31. 12 Joal Larson	17:15.90	Morton
32. 11 Hunter Wiegand	17:18.14	Fort Madison
33. 12 Adam Ehrhart	17:24.35	Peoria (Notre Dame)
34. 12 Aidan Starkey	17:35.42	Normal (Community)
35. 10 James Shuey	17:36.32	Abingdon (A.-Avon)
36. 12 Michael Guingrich	17:37.13	Peoria (Notre Dame)
37. 11 Ben Yontz	17:37.68	Peoria (Notre Dame)
38. 10 Tyler Owen	17:43.34	Dunlap
39. 12 Julian Sturm	17:44.19	Peoria (Notre Dame)
40. 11 Evan Huntington	17:52.55	Dunlap
41. 11 Logan Deverman	17:53.18	Morton
42. 11 Allan Watkins	17:53.50	Normal (Community)
43. 11 Alex Colvin	17:54.13	Dunlap
44. 11 Marc Simmons	17:55.73	Macomb
45. 12 Joshua Sunkel	17:56.45	Normal (Community)
46. 11 Gage King	17:57.35	East Peoria
47. 12 Ethan Cross	17:57.53	Morton
48. 11 Levi Tucker	18:05.02	Morton
49. 12 Simon Fabish	18:05.46	Dunlap
50. 11 John Carson	18:06.39	Peoria (Notre Dame)

51.	12	Nolan Guzman	18:08.79	Fort Madison	106.	9	Michael Weber	20:10.24	Biggsville (West Cent
52.	11	Cash Verstraete	18:09.40	Kewanee (Wethersfie	107.	10	Dre Contreras	20:11.32	Peoria (Richwoods)
53.	12	Josiah Quin	18:09.43	Morton	108.	10	Payson Shrum	20:12.41	Kewanee (Wethersfie
54.	12	Wilbert Eppenger	18:10.46	Metamora	109.	11	Tyler Sikorski	20:12.74	Dunlap
55.	12	Mason McLey	18:10.74	Fort Madison	110.	11	Micah Johnson	20:12.90	Geneseo
56.	11	Joshua Bierbaum	18:11.82	Normal (Community \	111.	12	Kevin Liao	20:15.02	Peoria (Richwoods)
57.	10	Miles Wied	18:12.94	Kewanee (Wethersfie	112.	12	Drew Carlson	20:17.28	Monmouth (M.-Rosev
58.	12	Jad Kattom	18:13.69	Dunlap	113.	10	Max McVey	20:20.63	Monmouth (United)
59.	11	Maddox Schweizer	18:14.06	Normal (Community \	114.	11	Cohen Hunt-Twomey	20:21.49	Macomb
60.	12	Colton Reid	18:16.44	Taylor Ridge (Rockrid	115.	12	Chaius Herbst	20:24.08	Normal (Community \
61.	11	Augie Crank	18:17.89	Peoria (Notre Dame)	116.	9	Jehu Mubalama	20:25.58	Peoria (Richwoods)
62.	12	Jaxon Tomera	18:18.56	Normal (Community \	117.	11	Andrew Broadfield	20:27.93	ROWVA Williamsfield
63.	11	William Gentile	18:18.98	Metamora	118.	9	Alex Attig	20:28.99	Kewanee (Wethersfie
64.	11	Elijah Hite	18:22.69	Dunlap	119.	12	Elie Brunault	20:31.30	Fort Madison
65.	9	Mitchell Hohulin	18:32.63	Metamora	120.	11	Ben Roberts	20:31.74	Morton
66.	12	Logan Bader	18:36.76	East Peoria	121.	11	Joe Wick	20:32.80	ROWVA Williamsfield
67.	9	Oliver Wiese	18:40.33	Fort Madison	122.	9	Tyler Finn	20:33.63	Kewanee (Wethersfie
68.	12	Silas Descalzo	18:42.37	Galesburg	123.	12	Jake Haessig	20:33.84	Fort Madison
69.	9	Logan McClure	18:44.64	Fort Madison	124.	11	Love Kapesa	20:42.37	Monmouth (M.-Rosev
70.	11	Joshua Fisher	18:46.55	Metamora	125.	11	Luke Pattelli	20:43.35	Normal (Community \
71.	11	Daylon Hendrix	18:48.70	Kewanee (Wethersfie	126.	9	Brody Johnson	20:44.70	Monmouth (M.-Rosev
72.	11	Eli Clark	18:51.27	Normal (Community \	127.	11	Isaac Hartman	21:01.34	Dunlap
73.	10	Jacob Walker	18:52.90	Fort Madison	128.	12	Jameson Coppejans	21:02.41	Geneseo
74.	12	Porter Keller	18:53.59	Morton	129.	11	Jacob Berry	21:05.39	Geneseo
75.	11	Lucas Behm	18:55.74	Dunlap	130.	11	Will Timpe	21:24.32	Dunlap
76.	11	Jonas Carlson	18:59.44	ROWVA Williamsfield	131.	10	Max Desmit	21:25.33	Abingdon (A.-Avon)
77.	12	Elliott Hicks	19:02.73	Peoria (Richwoods)	132.	9	Hank Baumgardner	21:26.14	Peoria (Richwoods)
78.	11	Hoyt Carter	19:08.85	Normal (Community \	133.	11	Jack Bowman	21:34.45	Peoria (Richwoods)
79.	10	Collin Jennings	19:10.68	Abingdon (A.-Avon)	134.	11	Charles Tweed	21:34.63	Normal (Community \
80.	11	Eymen Tasdan	19:11.10	Macomb	135.	9	Lloyd Martens	21:34.74	Cambridge
81.	12	Mason Jones	19:12.24	Normal (Community \	136.	12	Logan Ryner	21:35.88	Galesburg
82.	10	Eli Hauri	19:12.92	Peoria (Richwoods)	137.	11	Callen Roth	21:40.10	East Peoria,
83.	11	Dawson Medley	19:13.55	Cambridge	138.	11	Alex Prather	21:41.30	ROWVA Williamsfield
84.	10	Darius Citea	19:14.36	Dunlap	139.	12	Cody Lamkin	21:47.07	Peoria (Notre Dame)
85.	11	Ben Thaler	19:21.16	Metamora	140.	11	Devaughn Sanchez	21:50.86	Galesburg
86.	12	Hassan Ali	19:21.78	East Moline (United)	141.	12	Jonathan Kunkes	21:52.78	Normal (Community \
87.	12	Aayush Joshi	19:23.91	Dunlap	142.	12	Calvin Bell	21:53.47	Geneseo
88.	12	Jalen Abbott	19:24.71	Galesburg	143.	11	Ben Shoff	21:54.02	Metamora
89.	12	Jacob LaBarre	19:28.05	Peoria (Notre Dame)	144.	11	Connor Runty	21:55.86	Geneseo
90.	11	Kaidon Sims	19:46.02	East Peoria	145.	11	Noah Boyd	22:15.77	Metamora
91.	10	Colin Ibeck	19:46.72	Peoria (Richwoods)	146.	11	Michael Li	22:18.65	Dunlap
92.	12	Carson Moore	19:47.35	ROWVA Williamsfield	147.	12	Andrew Kagy	22:19.95	Dunlap
93.	11	John Onderko	19:48.47	Peoria (Notre Dame)	148.	10	Sam McVey	22:20.58	Monmouth (United)
94.	12	Logan Washburn	19:52.05	ROWVA Williamsfield	149.	10	Peyton Russell	22:30.05	Biggsville (West Cent
95.	11	Matthias Bowden	19:54.57	Peoria (Richwoods)	150.	11	Stephen D'Sa	22:39.09	Peoria (Notre Dame)
96.	11	Sriharshith Yaramala	19:56.27	Dunlap	151.	11	Cayden Whitley	22:40.07	Metamora
97.	12	Tommy Casey	19:56.95	Metamora	152.	12	Chase Johnston	22:44.32	Dunlap
98.	11	Mitchell Wenger	19:58.18	Peoria (Richwoods)	153.	11	Alex Ciofoaia	22:47.64	Dunlap
99.	11	Teddy Showalter	20:00.06	Peoria (Notre Dame)	154.	12	Josh Opherck	22:52.26	Peoria (Richwoods)
100.	11	Godway Vedome	20:01.52	East Moline (United)	155.	11	Dexter Wilcox	23:09.44	Peoria (Richwoods)
101.	11	Christian Beaver	20:03.12	Normal (Community \	156.	12	Wyatt Burton	23:16.41	Morton
102.	12	Mason Tucker	20:03.69	Morton	157.	10	Owen Weber	23:23.61	Biggsville (West Cent
103.	9	Colton Tripp	20:04.18	Fort Madison	158.	11	Ryan Watt	23:26.83	Cambridge
104.	9	Garrett DeWitt	20:04.45	ROWVA Williamsfield	159.	12	Gabe Fox	23:36.53	Dunlap
105.	9	Zach Hermes	20:05.51	Fort Madison	160.	11	Gavin Lindsey	23:37.08	Cambridge

161. 9	Carter Sanudo	23:37.64	Kewanee (Wethersfie
162. 9	Talan Price	23:50.33	ROWVA Williamsfield
163. 12	Jackson Haessig	24:06.98	Fort Madison
164. 11	Yao Pascal Ayoba	24:16.35	East Moline (United)
165. 11	Bartholomew Kocherspe...	24:22.32	Galesburg
166. 12	Ben Janssen	24:26.26	Abingdon (A.-Avon)
167. 12	John Gentile	24:43.74	Metamora
168. 12	Evan Akers	24:44.61	Cambridge
169. 11	Quinlan Taylor	24:57.03	Monmouth (United)
170. 12	Adan Sanchez	25:12.64	East Moline (United)
171. 11	James Wilkerson	25:38.57	Peoria (Richwoods)
172. 12	Michael Foster	25:57.01	Dunlap
173. 9	Logan Stevens	26:23.66	Monmouth (United)
174. 11	Ethan Porwick	27:00.04	Normal (Community W
175. 12	Kayden Bain	28:15.15	Taylor Ridge (Rockrid
176. 11	Jonathan Gowans	29:21.74	Morton
177. 11	Anesh Venigalla	30:15.80	Dunlap
178. 11	Trace Gallagher	31:00.45	Monmouth (M.-Rosev

3 Miles FS Boys

Official Team Scores

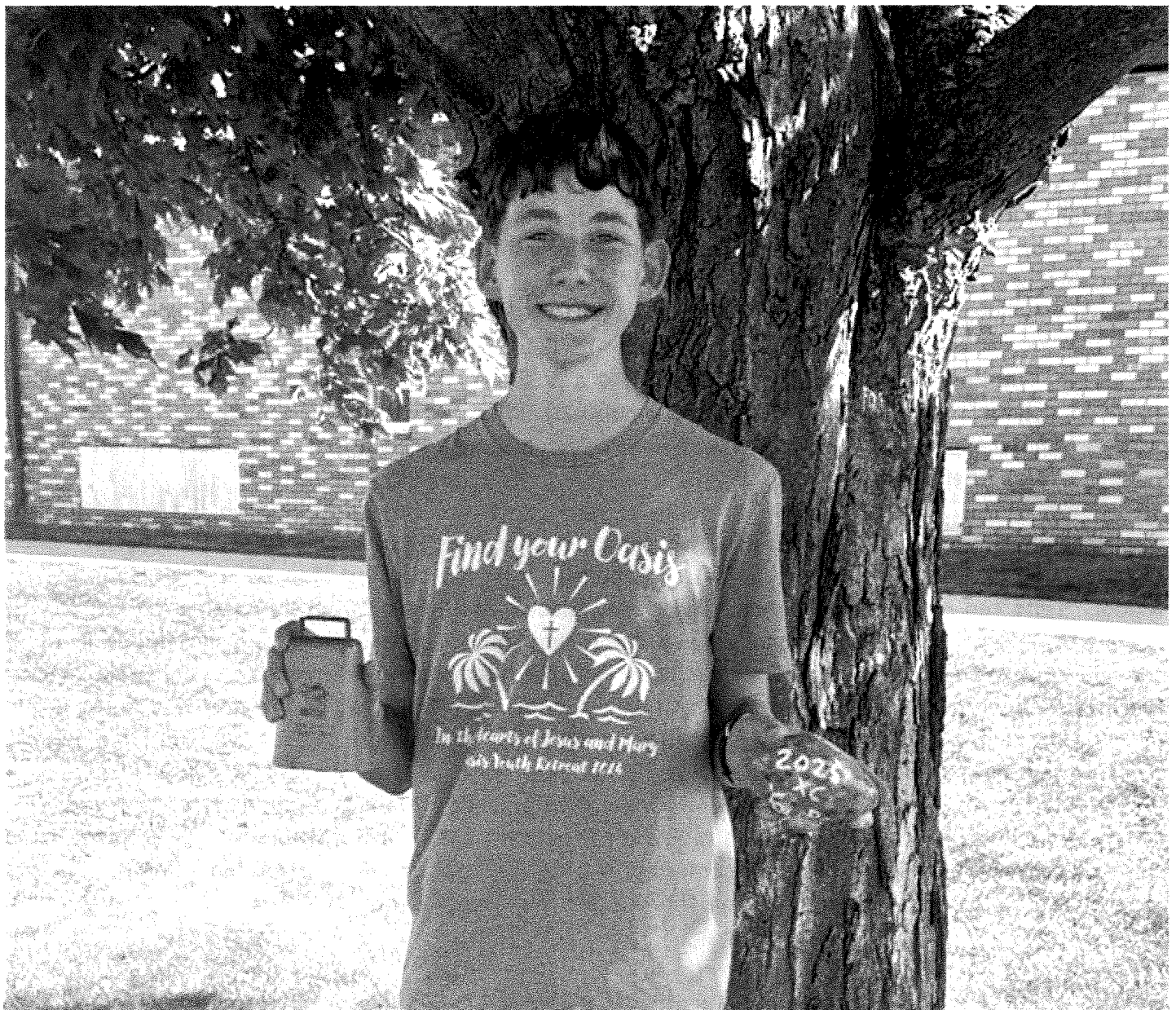
1. Morton	34
2. Peoria (Notre Dame)	69
3. Geneseo	80
4. Galesburg	103
5. Dunlap	118
6. Metamora	151
7. Normal (Community West)	163
8. East Moline (United)	204
9. Peoria (Richwoods)	265

Incomplete Teams

Abingdon-Avon
Annawan-Wethersfield
Biggsville (West Central)
Cambridge (Ridgewood)
East Peoria
Fort Madison
Macomb
Monmouth-Roseville
Monmouth (United)
Taylor Ridge (Rockridge)
Williamsfield (ROWVA)

1. 10	Luke Fady	16:11.12	Peoria (Notre Dame)
2. 9	Owen Riesberg	16:18.54	Morton
3. 10	Henley Bourne	16:41.27	Geneseo
4. 9	Milo Kaiser	17:02.76	Morton
5. 10	Brayden McGuire	17:02.93	Galesburg
6. 10	Ben Roth	17:11.22	Morton
7. 10	Greyson Claerhout	17:37.71	Geneseo
8. 9	Gabe Yontz	17:41.04	Peoria (Notre Dame)
9. 9	Cole Rudd	17:48.87	Morton
10. 10	Kael McCord	17:49.10	Geneseo
11. 10	Beau Duffy	17:53.29	Peoria (Notre Dame)
12. 10	Dalton Miller-Klunke	17:57.28	Dunlap
13. 10	Weston Sadler	18:00.79	Morton
14. 9	Landon Richards	18:01.03	Macomb
15. 10	Issac Becker	18:06.92	Galesburg
16. 9	Jackson Petitgout	18:07.97	Macomb
17. 10	Ben Paustian	18:08.89	Dunlap
18. 10	Charles Anderton	18:11.71	Galesburg
19. 9	Dylan Cross	18:14.77	Morton
20. 9	Adair Connor	18:17.80	East Moline (United)
21. 10	Webb Akers	18:23.62	Morton
22. 9	Cole Furrow	18:35.91	Galesburg
23. 9	Jacob Yontz	18:40.65	Morton
24. 10	Fritz Bolme	18:45.52	Geneseo
25. 9	Landry Hodel	18:46.43	Metamora
26. 10	Pablo Fuentes	18:48.10	Morton
27. 9	Callyn Burks	18:52.48	East Peoria
28. 9	Aarnav Vijay	18:57.27	Normal (Community Wes
29. 10	Asher Stickling	19:04.36	Morton
30. 10	Rene Delgado	19:08.55	Peoria (Notre Dame)
31. 9	Dylan Crank	19:12.48	Peoria (Notre Dame)
32. 9	Rowden Holmes	19:16.77	Metamora
33. 9	Bradán Cotter	19:17.72	Peoria (Notre Dame)
34. 10	Braden Lindley	19:17.93	Morton
35. 9	Mason Shoff	19:32.54	Metamora
36. 9	Brenden Huntington	19:35.60	Dunlap
37. 10	Xander Merritt	19:37.74	Macomb
38. 9	Nolan Pruess	19:42.42	Dunlap
39. 9	Hudson Thomas	19:43.95	Normal (Community Wes
40. 9	Damien Thompson	19:44.04	Dunlap
41. 9	Liam Bricker	19:44.08	Metamora
42. 10	Gavin May	19:46.85	Normal (Community Wes
43. 9	Gabe Tucker	19:52.28	Morton
44. 10	Mahamoud Abdeldjabar	19:53.70	East Moline (United)
45. 9	Benjamin Tigue	19:58.12	Peoria (Notre Dame)
46. 9	Jonathan Rodts	20:00.10	Normal (Community Wes
47. 9	Adam Herring	20:02.85	Morton
48. 9	Benjamin Joos	20:03.59	Peoria (Notre Dame)
49. 10	Liam Bovee	20:05.94	Normal (Community Wes
50. 10	Rylan Carlson	20:07.81	Geneseo
51. 10	Evan Bierma	20:09.06	Morton
52. 9	Thomas Pruess	20:09.11	Dunlap
53. 10	Mitchell McMeyer	20:22.72	Dunlap
54. 10	David Welch	20:28.75	Metamora
55. 10	Abobakr Fakhri	20:36.89	East Moline (United)
56. 10	Ylly Tolentino	20:40.13	Dunlap
57. 10	Shrimat Chidamnaram	20:45.46	Dunlap

58.	9	Duncan Rohlf	20:47.08	Dunlap	116.	9	Keaton Copeland	29:46.77	Peoria (Notre Dame)
59.	9	Ryan Labarre	20:48.75	Peoria (Notre Dame)	117.	9	Aaron Simmons	30:04.41	Peoria (Richwoods)
60.	9	Thomas Ashwood	20:49.13	Macomb	118.	10	Lucian Bernard	30:14.49	Morton
61.	10	Aidan Stefanick	20:51.93	Peoria (Notre Dame)					
62.	10	Mathias Eppenger	20:57.01	Metamora					
63.	9	Judah Masters	20:57.44	Dunlap					
64.	10	Cole Henson	20:58.30	Geneseo					
65.	9	Will Mettelmann	20:59.93	Morton					
66.	9	Ezra Strickler	21:02.60	Peoria (Notre Dame)					
67.	9	Maxx Pattelli	21:03.60	Normal (Community Wes					
68.	10	Leo Francis	21:13.59	Peoria (Richwoods)					
69.	10	Luca Maldonado	21:15.82	Dunlap					
70.	9	Finn VandenBerg	21:23.97	Morton					
71.	10	Hank Baker	21:24.47	Morton					
72.	10	Liam Conahan	21:28.93	Peoria (Notre Dame)					
73.	9	Tucker Anderson	21:30.45	Morton					
74.	9	Frankie Plaskon	21:35.87	Peoria (Notre Dame)					
75.	9	Toby Fitzgerald	21:36.55	Morton					
76.	9	Patrick Marstall	21:38.56	Peoria (Notre Dame)					
77.	9	Liam Huizenga	21:39.21	Galesburg					
78.	9	Breyden Keller	21:39.44	Metamora					
79.	10	Nathan Counsil	21:40.30	Peoria (Notre Dame)					
80.	9	Kavin Suriya Prakash	21:53.75	Dunlap					
81.	10	Justin Philip	21:55.12	Dunlap					
82.	9	Oliver Damarin	21:55.80	East Peoria					
83.	10	Steven Lopko	21:56.19	Morton					
84.	10	Kai Huber	21:58.94	Dunlap					
85.	10	Jude Huber	22:01.70	East Moline (United)					
86.	10	Elijah Kunz	22:04.75	Morton					
87.	10	Simon Schrock	22:06.78	Morton					
88.	10	Jeremiah Lee	22:07.29	Galesburg					
89.	10	Noah Arnold	22:18.21	Geneseo					
90.	10	Carson Dare	22:20.72	Peoria (Richwoods)					
91.	9	Kellen Franken	22:37.03	Peoria (Richwoods)					
92.	9	Cameron Wilson	22:48.85	Peoria (Richwoods)					
93.	-	Landon Painter	23:16.76	Peoria (Richwoods)					
94.	10	Colton Jones	23:19.60	Peoria (Richwoods)					
95.	9	Michael Wan	23:46.27	Dunlap					
96.	10	Dylan Thompson	23:48.55	East Moline (United)					
97.	9	Kameron Kaminski	23:53.09	Galesburg					
98.	10	Rami Wazeer	23:55.79	Normal (Community Wes					
99.	12	Dalton Schott	23:58.15	Peoria (Richwoods)					
100.	9	Landon Barker	23:58.71	Galesburg					
101.	10	Zach Laming	24:13.18	Metamora					
102.	10	Regis Abgemadon	24:14.97	East Moline (United)					
103.	9	Varun Gurramkonda	24:28.61	Dunlap					
104.	9	Shourya Sunchikala	24:44.11	Dunlap					
105.	10	Eliezel Iranezereje	25:02.01	East Moline (United)					
106.	9	Liam Ryan	25:07.59	East Moline (United)					
107.	9	Emilio Terronez	25:11.44	East Moline (United)					
108.	9	Mohamed Mahmoud	25:13.82	Normal (Community Wes					
109.	9	Owen Clark	25:44.41	Normal (Community Wes					
110.	10	Godshall Vedome	25:55.15	East Moline (United)					
111.	12	Ben Melendy	26:04.80	Peoria (Richwoods)					
112.	9	Phoenix Sottos	26:26.06	Geneseo					
113.	9	Arnav Baviskar	26:56.50	Dunlap					
114.	9	Hunter Thompson	27:36.72	Normal (Community Wes					
115.	10	Isaac Lotta	28:48.99	East Moline (United)					



SOPHOMORE FRITZ BOLME SELECTED

AS "BELL RINGER"

Pictured is Sophomore Fritz Bolme who was selected as the team's "Bell Ringer" for the 48th Annual Galesburg Silver Streak Cross Country Invitational

SOPHOMORE FRITZ BOLME "RINGS da Bell"

Sophomore Fritz Bolme was selected as the Geneseo Boys Cross Country "Bell Ringer" for the 48th Annual Galesburg Silver Streak Cross Country Invitational held on Saturday, September 6th. The award was created by Head Maple Leaf Boys Cross Country Coach, Todd Ehlert, with a little help from "da Committee". The "Bell Ringer Award" honors a team member selected by a committee consisting of all of the senior team leaders and the coaching staff. Each member of the committee nominates two athletes. The committee discusses each nominee until a winner has been selected. Considerations for nomination include both practice and competitive

performances. Possessing high levels of both Passion and Purpose are Omnipotent. An award winner is selected after each meet.

The Leafs entered the meet with two of their top 5 runners ill or injured. Senior Aidan Bries was held out due to illness and Senior Kaden Elmer was also held out of the race with a sore hip and swollen knee as a result of a nasty reaction to poison ivy. Those men would have run the Varsity Race if they had been able. Head Maple Leaf Coach Todd Ehlert has followed the long held Geneseo tradition of running all of the Maple Leaf freshmen and sophomores in the F/S race. We believe that is the right move to make and allows the youngster the chance to learn how to race. There was still a LOT of talent in the field with several state ranked programs in the race. The Leafs were hoping to contend for a F/S Top 3 team trophy but needed some guys to "Step Up" for that to occur. Mission accomplished. The team placed a strong 3rd behind state ranked Morton (34 points) & state ranked Peoria Notre Dame (69 points.) The Leafs totaled 80 points to grab the final team trophy.

The Leafs Super-Sophs simply got the job done. Sophomores Henley Bourne (3rd), Greyson Claerhout (7th), and Kael McCord (10th) each earned a highly coveted "Top 20" F/S Finisher Medal. Fritz ran a tremendous race himself and placed 24th overall, barely missing individual hardware. He was a mere 5 seconds away from "Hardware". Great Stuff. He was timed in 18:45 for the challenging Lake Storey Park Course. His splits demonstrated impressive pace judgement. His first mile was run in 6:10. His 2nd mile was run in 6:13. The heat of the day was rising and most of the runners 3rd mile was their slowest. Fritz hit that mile in 6:26. His mile pace average was an impressive 6:16. Last year, Fritz's best time on the course was 20:09. That means that he dropped his time by 1:24. Great racing, Fritz. His improvement from last year is impressive. Keep making wise decisions, Fritz. They are paying HUGE dividends. It is going to be a lot of fun watching Fritz chase his potential during the rest of this season and beyond. By the way, Fritz had the 6th fastest time on the day for the Maple Leafs OVERALL. Way to Roll, Fritz.

Here is what Fritz had to say about his athletic history.

9th Grade: "had a lot of great races my freshman year for Cross Country, but my most memorable at the "Freshman State" meet where Henley Bourne, Greyson Clearhought, Kael McCord, and myself went 1-4 in that order.

I also did Track and Field, running the mile and 800. My final mile time of the season was 5:37, and my 800 was 2:24. I also ran the 2 mile once, and placed 4th for it at that meet, running at 12:34."

8th Grade: "In 8th grade I ran at the state meet and was 5th on the team right behind one of my best friends, Aidan Daly. I ran a 13:13 for that meet which was the first time I improved from my 7th grade time of 13:27 for the 2 mile in Cross Country.

In 8th grade I also ran Track and Field. I ran the mile at a 6:02. I also pole vaulted and was third on the team for that, and finished with a jump of 8'3". However, I did not make sectionals."

7th Grade: "Throughout my entire 7th grade XC season, I was running personal records. From 16:44 at a Prophetstown golf course, to a 13:23 at Empire Park in Moline for Conference. I ended 11th on the team that year, one place away from making it to State. During this season I was also

playing Football immediately after XC practice, but I wasn't that good at it.

In 7th grade I did Track, but I ran only the 400 and that was a 1:11. I also did Long and Triple Jump and was 3rd on the team for Triple Jump, and 3rd for Long Jump. I also did Pole Vault and I vaulted 7'3" for my final height, only 6 inches away from state qualifying. I was second on the team for that."

"My 7th grade Track year was amazing and I enjoyed it very much. I started off with becoming a mile, 800, 400 and hurdler. I wasn't very good in all four but I enjoyed them. The mile was very interesting because I never broke 6 and was kind of slow even though I thought I was fast. My other events were boring, especially the hurdles because I ran a base 100m in 15 seconds. Very, very slow. I knew that I was slow and so I didn't do it in 8th grade because of that. And even in 8th grade I ran a base 100m time of 15 seconds with no improvement. Overall, nothing really was the best in 7th grade because I didn't know what I was doing half of the time."

Prior to 7th grade: "My mom was super big into 5ks and 4 mile races. We probably did at least five or six when we first moved to Geneseo when I was in 2nd grade. Since then it has slowed down because I can't run half of the ones we'd normally do because of IHSA rules. But up until high school, I was usually placing in my age groups."

Fritz is the proud son of Derek Bolme and Mary Pat Tubb. He is also the proud "Baby Bro" of sister Greta who is a GHS Senior. He is also the proud "Big Bro" to Shae (brother) 4th grade, Lenna (sister) 6th grade.

Here are Fritz's answers to his "Bell Ringer Questions: **Nickname:** "Fritzy" **School Clubs or other Organizations you have taken part in:** "I currently run Cross Country which I have been since 7th grade. Currently, I am ranked 8th on the team. I am also in the Geneseo Marching Band, also known as TSOG (the sound of Geneseo). I play the Mellophone which is the marching version of the French horn with eight other high schoolers. Next semester, I will be in the Geneseo Honors Band and I am 3rd chair French horn for that. Last year during the winter, I swam at United Township High School (UTHS) with my friend, Kanon Boster. Last year I did not race, however, this year I will race at the Conference, and hopefully Regionals and Sectionals. I will be swimming for Geneseo at that point, but because Geneseo does not have a team, I will be practicing at the UTHS pool with their team. I currently attend the Fellowship of Christian Athletes (FCA) every Thursday morning, and I plan to attend the weeklong camp at Dubuque this summer. I also work at the car wash by Danny boys on the weekends.".; **Favorite Food:**

"Because I'm a growing boy, I normally eat whatever is in front of me, but my favorite food has to be gyros and döner (German gyros)."; **Favorite Movie:** "I don't have a favorite movie, but my all time favorite show has to be The Office." **Favorite Music (Genre or Group):** "Currently I've been enjoying up beat Christian music but I do normally enjoy all music EXCEPT for country.";

Athletic Hero: "Louis Zamperini." For those of you have never heard of him this is what a google search shared: (Louis Silvie Zamperini was an American World War II veteran, an Olympic distance runner, and a Christian evangelist. He took up running in high school and qualified for the United States in the 5,000 m race for the 1936 Berlin Olympics, finishing 8th while setting a new lap record in the process....Louis Zamperini was held captive as a Prisoner of War (POW) by the Japanese for over two years. After his bomber crashed and he survived 47 days adrift on a raft, he was captured and endured torture and hardship in Japanese POW camps until the end of World War II in 1945.) **Favorite Quote:** "'A moment of pain is worth a lifetime of glory" -Louis

Zamperini": **How Did You Decide to Join the XC Team?** "My older sister Greta was running it and she seemed like she was having a good time, and the sport didn't require good hand eye coordination, so I thought why not? And I've done it ever since."; **What Advice Do You Have for Anyone New to the Sport?** "It going to be tough, but it's so worth it, whether it be the time at the meets spent screwing around, digging through bucket world, or getting food afterwards, so stick with it!"

Other team members who were nominated and discussed for this week's "Bell Ringer Award" were: Henley Bourne, Graysen Carlson, Jameson Coppejans, Greyson Claerhout, Kaden Elmer, Cole Henson, Kael McCord, Jaxson Sottos, & Phoenix Sottos.

Comment from Head Coach Todd Ehlert: "Fritz Bolme, another incredible sophomore for our team, is this week's winner. Fritz has also come a long way. We think he has grown about 12 inches from last season to this season. Fritz has also put in some great training and has goals of getting into the top seven. He has had huge gains this year and if he sticks with it, his awesome attitude and his phenomenal parents (who provide water for the long runs) Fritz has the potential to become one of our top runners in the future. Congratulations, Fritz!"