



J.V. BOYS CLAIM FREEPORT PRETZEL GOLD

Pictured are the J/V Boys team that placed 1st in the race as a team.

Pictured L-R: Christian Haney, Connor Douglas,
Tyson Duda, Ryley Rowold, Mason Anderson, Calvin Bell, Austin Hull, Rylan Lambert,
Jacob Taylor, Micah Johnson, Connor Runty

LEAFS RACE IN FREEPORT OVER HOMECOMING WEEKEND

On Saturday, September 30th, the Leafs traveled to Freeport's Highland Community College to participate in the annual Freeport Pretzel Cross Country Invitational. The field included teams from: Dakota, Durand, East Dubuque, Forreston, Freeport, Geneseo, Lanark Eastland, Machesney Park Harlem, Oregon, Rochelle, Rock Falls, Rockford Boyland, Rockford East, Rockford Jefferson, Rockford Lutheran, Rockford Our Lady Sacred Heart, Savanna West Carroll, Sterling (JV), Stockton, Sycamore (Girls), and Winnabago. This meet provides the team an opportunity to travel to a different part of the state (very close to the Wisconsin border) and compete against a lot of teams that we normally seldom see. Unfortunately, the meet fell on "Homecoming Weekend" which is always a challenge. There are so many school related activities tied to the Homecoming Celebration that it usually zaps most GHS athletic teams to some extent. The weatherman also provided some more summer-like weather as the day time high was slightly above 90°. That is RARE for October in Northern Illinois. Oh well, everyone raced in the same conditions so there was certainly no advantages for any teams. Another unique aspect about this meet is linked to Freeport High School's Mascot. They are the "Pretzels". The Top 5 Runners in each race received a HUGE PRETZEL. In addition, Individual Top 15 Medals were handed out along with a Championship Trophy to the winning team in each race.

On to the racing. The J/V Boys Race started at 9:45 a.m. The meet format changed a few years ago to that of a J/V Race and a Varsity Top 10 Race. We love the change. There are a LOT of 1A schools (small) with a mixture of 2A and 3A schools filling out the field. Some of the larger school sent their Top 7's to Peoria to race in an Invitational there that limits each team's entries

to only seven runners. The end result was J/V Boys found themselves with a tremendous opportunity. Head Maple Leaf Boys Cross Country Coach, Tood Ehlert, chose to only run seven runners in the Varsity Race and have the rest of the guys race in the JV Race. A few of the larger schools that sent a team to Peoria chose to run ALL of their runners in the JV Race. The following is a summary of each man's race in the JV Division:

- First year "Harrier", Graysen Carlson, took off when the Starter's Pistol "Cracked" and held the lead the entire race. Graysen is only a Sophomore and this was his first Individual WIN. Way to go, Graysen. He was "Clocked" in 18:16 which moved him into the #14 Sophomore for the Highland Community College Course for a GHS runner. His time would have been faster but he was a bit confused on where to go a few times....the course wasn't very well marked. He still had the Leafs' 5th best time on the day. WOW!!! Keep your eyes on the kid. He is "On Fire".
- Senior Leader Austin Hull sprinted home only TWO Seconds behind Graysen to claim 2nd place. Austin has been on quite a roll over the last month. He ended up running 18:18 for the course and moved into the #12 Senior Position for a GHS Runner on the course. It was also a Lifetime Best time for Austin....AGAIN! It is pretty hard to put a "Price Tag" on how much "Senior Pride" is worth. It varies from person to person. It is VERY apparent that being a Senior Leader for the Geneseo Maple Leafs matters a GREAT DEAL to Austin Hull. Austin (aka "Pizza Boy") had the Maple Leafs' 6th fastest time on the day. Keep it Rolling, Austin. We are VERY proud of you.
- Junior Rylan Lambert sprinted across the finish line in 8th place to earn a Highly Coveted Top 15 Finisher Medal. He was the Leafs' 3rd runner in the J/V Race and was timed in 19:19. The course isn't a fast one but "Little Lambo" had a tremendous race and "Scared" his season best time. Great Stuff, Rylan. Keep up the Great Job!
- Sophomore Calvin "Scooter" Bell sprinted home next in 12th place to also earn a Top 15 Finisher Medal. Calvin destroyed his Lifetime Best Time in the process and was the Leafs' 4th Man in the J/V Race. He also "Cracked" the Maple Leaf Top 25 Sophomore List for the Highland Community Course. Calvin proudly now sit in 24th. Great Stuff, Calvin. We now need you to try and move from the scooter and bike to running every day if possible. Your potential is limitless. Keep Dreaming Big and backing those dreams up with the commitment that excellence DEMANDS. We are VERY proud of you.
- Rounding out the Maple Leaf Top 5 was Sophomore Jacob Taylor. "Yakob" sprinted home in 14th place to earn a Top 15 Individual Medal. He barely missed his best time ever and raced with a plethora of "Passion & Purpose". Keep up the good job, "Yakob". It is hard for me to process that next year you will be a Senior. Jacob has really been on a roll and it was awesome to see you "Bust Loose" again. Get Ready for Championship Meet Season!!! You are Gonna FLY!!!
- Junior Mason Anderson sprinted home next and "Grabbed" the last Top 15 Medal Finisher Medal via his 15th Place Finish. Way to go, Mason. The Leafs' "Top Mechanic" used his "Tool Box" well and ran an intelligent race and was clocked in 20:09. Mason was the Leafs' 6th Man in the J/V Race and the dude is "On Fire". Get ready to attack Championship Meet Season in addition to preparing to put your "Senior Leader Hat" on next season. The best way to lead is ALWAYS via example. Ready, Set, GO!!!

- Freshman Micah Johnson was the next Leaf to "Break da Tape" via his 17th place finish. He barely missed an individual medal. "Da Little Yohanson" is now the 16th Fastest GHS Freshman EVER on the course. Talk about potential. Micah is an extremely hard worker and understands what it takes to excel. He pays that price on a daily basis. Keep your eyes on him because he is the "Real Deal". Get Ready to ATTACK Championship Meet Season, Micah. Peak running shape is coming soon. CARPE Diem!
- Junior Christian Haney was hoping to win this race but it wasn't meant to be. He was timed in 21:17 and placed 19th overall in the race. Christian has been training at an Extremely High Level but has run into some bad luck on race days the last couple of weeks. Hang in there, Christian. Keep the Faith. Don't let that "Little Man" that each of us has to deal with, push you around. Start preparing mentally for the Metamora Running Red XC Invite next Saturday. The team has BIG Goals and you are in a unique position to have a profound impact on those "Dreams". Keep giving it your best and don't forget to "Enjoy the Ride".
- Freshman Connor Runty shared with me that he had a rough 2nd mile but still ran a Lifetime Best time of 21:38 and placed 21st overall in the race. His time moved him into 23rd place on the GHS Freshman Top 25 List for the Highland Community College Course. Connor possess a plethora of potential. Keep your eyes on this young man. He will be "turning some heads" before his GHS Harrier days are over. Keep paying your dues on a daily basis. Championship Meet Season is just around the corner. Get Ready to FLY!!!
- Junior Shane Bagby almost ran a lifetime best despite getting lost on the course and running extra distance. The course wasn't very well marked and he was in the wrong place at the wrong time. Oh well, he still sprinted home in 21:48 and placed 22nd overall in the race. This is Shane's first season as a "Harrier". We hope it isn't a "One and Done". We need your leadership next fall when you roll into the land of "Seniors". Keep up the great job. Your work ethic hasn't gone unnoticed. Attack your remaining races. All the best. We are VERY proud of you.
- Geneseo's "Pioneer" was up next. Freshman Alex Aleman sprinted home in 22:07 (barely missing his lifetime best) and placed 24th in the race. Alex has been slowed with some nagging injuries earlier in the season and it is AWESOME to see him running so strong and racing so well. Keep up the great job, Alex. It is going to be a lot of fun watching you improve over the duration of your high school career. Keep dreaming big and then backing those dreams up with the commitment that Excellence Demands. We are VERY proud of you.
- Freshman Jacob Berry DESTROYED his lifetime best by a FULL MINUTE. That is amazing. Way to go, Jacob. He was "Clocked" in 22:10 and placed 25th overall in the race. Jacob, along with several other teammates had a busy weekend including duties with the GHS Marching Band. That included marching and playing all the way from "City Park" to the high school during the parade. Then, they performed before, and during the game. How he was able to run that fast after all of that has me shaking my head in amazement. Keep up the great job. You're a Very Special young man.
- Senior Leader Ryley Rowold ("da Sugar Maple Kid") was back at it on Saturday too. He took 15 seconds off of his season best time and "Clocked" 22:19 to place 26th overall in the race. Ryley has really "Stepped Up" into the role of Senior Leader. The best way to lead is via example and Ryley has been supplying that on a daily basis. Get ready to help lead

the 2023 team into "Championship Meet Season". You are in a unique position to have a profound impact on the team's goals. After your racing is done you are going to be one of the leaders of the "Hype Squad". Thanks for being such a great guy.

- Placing 31st in a time of 23:06 was Senior Leader Tyson Duda. I had a chat with Tyson and his fellow seniors early in the season and challenged each of them to "Earn" their Senior Leader Award (given at the banquet after the season concludes). Tyson and his fellow Seniors have done an exceptional job of supplying the team with great leadership. As I mentioned with Ryley, get ready to attack the end of your racing season. Blast your personal bests! When your racing is over at the Sterling JV Invite, you will transition into one of the Leaders of the Geneseo "Hype Squad". In the past several years, that "Hype Squad" has had a significant impact on their teammates' races during the "IHSA Season". Keep up the great job!
- Junior Connor Douglas (aka "Pizza Boy") sprinted home next in 33rd place. He was timed in 23:51. Connor has had a lot of conflicts this season. Try and hit the training and racing hard in the next couple of weeks. All you have left are the Metamora Running Red XC Invite, the WB-6 Conference Meet, and then the Sterling JV Invite. After that you will become a key member of the "Geneseo Hype Squad". Also, keep taking mental notes on the leadership skills that you observe from this year's seniors. Next year, you will be one of those Senior Leaders. Dream Big and get ready to make a profound impact on your teammates.
- "Da Spaniard" was up next. Sophomore Rafa Uguina sprinted home in 26:52 and placed 41st overall in the race. We are sure glad that your "Foreign Exchange experience" landed you right here in Geneseo, Illinois. No team member has a bigger smile than Rafa and I'm sure that the running is starting to become more enjoyable now that he has gained some fitness. The "Dude" literally jumped into the sport with zero preparation. That is hard to contemplate. He has proved to be a valuable addition to the team. Get ready to "Take Down" your personal best time. Hopefully, several times. The Metamora Invite is great opportunity to accomplish that goal. That race is this Saturday. Get Ready to FLY!!!

When the "dust had settled" and the team points were counted, the Leafs found themselves as the winners of the J/V Race. They scored 29 points to turn back both Sterling (43) and Machesney Park (Harlem) 56 points. Great Job, Men.

The Varsity Boys race started at 11:15 a.m. and the "Feels Like" temperature was 83°. Yeah, it was pretty dang hot. The Leafs gave it what they had and raced to a strong 2nd place team finish. Machesney Park (Harlem) won the race with 56 points. The Leafs were a mere 5 points back with 61 points. Fourteen teams scored "Full Teams". The following is a summary of each man's race in the Varsity Division:

- Leading the way for the Leafs was Junior Standout Dylan Gehl. Dylan took the lead in the race's first step and never looked back. He raced to the win "Clocking" 15:40. His time is the second fastest time in GHS History for the Highland Community XC Course. Dylan has joined the status of Illinois' Elite. It is going to be a lot of fun watching him attack the "Championship Meet" portion of the season. He and the GHS team have some lofty goals. All the best, Dylan. You are a VERY special young man who possesses a omnipotent dose of both "Passion and Purpose". Keep Dreaming Big and backing those dreams up with the Commitment that Excellence DEMANDS. All the best. Don't forget to enjoy the ride.

- Senior Leader Sam Mosbarger sprinted home next. Sam placed 5th overall (Yep....A Big Pretzel and a Top 15 Finisher Medal) and was timed in 16:30 Sam's time moved him into the #2 Senior EVER on the Highland Community College Course for a GHS athlete. Way to Go, Sam. Sam is a HUGE part of the 2023 Geneseo High School Cross Country Team. He is almost ALWAYS the Last Man to leave practice. He discusses the team with Head Coach Todd Ehlert on a daily basis. Trying to help each man reach their potential. Also, trying to help each man to have a wonderful XC experience. Sam is a unique and truly exceptional human being. We are lucky to have him. All the best in the coming weeks, Sam. Thank you for all that you have and will do for this team. God Bless You.
- "Super Soph" Jaxson Sottos sprinted home in 6th place to also earn a Top 15 Individual Finisher Medal. Jaxson was timed in 16:38 which moved him into the #3 Sophomore EVER on the Highland Community College XC Course for GHS Runners. Jaxson has been re-writing the Top 25 lists all season long (along with several teammates). Jaxson is enjoying an exceptional season. All the best as the team rapidly approaches "Championship Meet Season". Trust your fitness level and get ready to move into "Peak Racing Shape". You are GONNA FLY! All the best this season and beyond. You have been Blessed with a Special Talent and a tremendous work ethic to go with it. It is going to be fun watching you continue to improve in the coming seasons.
- Sophomore Kaden Elmer sprinted home next for the Maple Leafs. Kaden is a HUGE part of the "Super Soph Squad" and was timed in 17:32. He barely missed a Top 15 medal finishing in 16th Place. Great Job, Kaden. Kaden's time was the 8th Fastest time for a GHS Sophomore on the Highland Community College XC Course. You are having a GREAT season. All the best in the coming weeks as the team enters "Championship Meet Season". Trust your fitness level and all of the hard work that you have invested. You possess strong doses of both "Passion and Purpose". They both are on display every time we watch you run. You are also a very effective "quiet" leader. Don't be afraid to get more vocal as you move down "da road". God Bless.
- Junior Max Johnson sprinted home in 36th Place and was times in 18:23. His time moved him into the #17 Junior position on the GHS Top 25's for the Highland Community College XC Course. Max had a tough race. He was hoping for a lot more. Sometimes, that happens. No reason to worry. Trust your fitness level and commitment level to your teammates. You have been "All-In" all season long. It is amazing just how much you have improved since last year. When "da Big Johanson" gets rolling....simply a thing of beauty. A lot of God-Given Talent added to a tremendous work ethic equals GREATNESS. Championship Meet Season is nearly here. Keep helping to lead the team both via example and vocally. Keep "Dreaming BIG".
- "Super Sophomore" Aidan Bries was the next Maple Leaf to sprint across the finish line. Aidan placed 39th overall and was timed in 18:30. His time moved him into the #15 Sophomore EVER on the Highland Community College Top 25 List for a GHS Runner. Aidan shared with me that he didn't have the best race but he gave it EVERYTHING he had. No worries. All the best as the team moves towards "Championship Meet Season". You are a VERY Special Young Man. It is going to be a LOT of fun watching you chase your potential during the remainder of your HS career and beyond. My "Crystal Ball" sees GREATNESS. Keep the faith and keep up the dedication. Both in-season and in the off-season. Hopefully, your Osgood-Schlatter journey will be ending soon. All the best, Aidan.

Date: 9/30/2023								
Meet: Freeport "Pretzel" Cross Country Inv.								
Site: Freeport's Highland Community College								
Conditions: Race Time Temps 71° & 83° WARM!!!								
Racing Distance: 3.00 miles								
Team Finish: Varstiy (2nd); OPEN (J.V.) (1st)								
	TIME	ATHLETE	PL	R	1-M	2-M	3-M	AVE.
1	15:40	Dylan Gehl-11	1	Var	4:59	5:34	5:07	5:13
2	16:30	Sam Mosbarger-12	5	Var	5:10	5:28	5:52	5:30
3	16:38	Jaxson Sottos-10	6	Var	5:15	5:49	5:34	5:32
4	17:32	Kaden Elmer-10	16	Var	5:30	6:07	5:55	5:50
5	18:16	Graysen Carlson-10	1	J.V.	5:34	6:30	6:12	6:05
6	18:18	Austin Hull-12	2	J.V.	5:41	6:34	6:03	6:06
7	18:23	Max Johnson-11	36	Var	5:33	6:30	6:20	6:07
8	18:30	Aidan Bries-10	39	Var	5:39	6:24	6:27	6:10
9	19:19	Rylan Lambert-11	8	J.V.	5:50	6:47	6:42	6:26
10	19:47	Calvin Bell-10	12	J.V.	5:52	7:10	6:45	6:35
11	20:02	Jacob Taylor-11	14	J.V.	6:04	7:05	6:53	6:40
12	20:09	Mason Anderson-11	15	J.V.	6:20	7:15	6:34	6:43
13	20:12	Micah Johnson-09	17	J.V.	5:55	7:23	6:54	6:44
14	21:17	Christian Haney-11	19	J.V.	5:50	8:30	6:57	7:05
15	21:38	Connor Runty-09	21	J.V.	6:42	7:38	7:18	7:12
16	21:48	Shane Bagby-11	22	J.V.	6:30	7:39	7:39	7:16
17	22:07	Alex Aleman-09	24	J.V.	6:52	7:53	7:22	7:22
18	22:10	Jacob Berry-09	25	J.V.	7:16	7:50	7:04	7:23
19	22:19	Riley Rowold-12	26	J.V.	6:53	7:57	7:29	7:26
20	23:06	Tyson Duda-12	31	J.V.	7:15	8:17	7:34	7:42
21	23:51	Connor Douglas-11	33	J.V.	7:05	8:25	8:21	7:57
22	26:52	Rafa Uguina-10	41	J.V.	8:38	9:36	8:38	8:57
	DNC	Cam Baumgardner-11	Conflict					
	DNC	Guage Damewood-11	Conflict					
	DNC	Matthew Darnall-10	Injury					
	DNC	Jack Kreiss-09	Illness					
	DNC	Zach Meier-11	Conflict					
	15:40	Varsity Leader	1	11	4:59	5:34	5:07	5:13
	18:16	Open (J.V.) Leader	1	10	5:34	6:30	6:12	6:05
		Geneseo Spread						
		1-5	2:36					
		1-7	2:43					
		1-10	4:07					

Freeport High School Invitational HS

OFFICIAL 📅 Sat, Sep 30, 2023 📍 Highland Community Colle...

3 Miles Boys Varsity

Official Team Scores

1. Machesney Park (Harlem)	56
2. Geneseo	61
3. Winnebago	94
4. Rock Falls	122
5. East Dubuque	128
6. Rockford (Boylan Catholic)	128
7. Rockford (Jefferson)	209
8. Rochelle	220
9. Freeport (H.S.)	249
10. Rockford (East)	275
11. Durand	280
12. Dakota	294
13. Forreston	305
14. Rockford (Our Lady of the Sacred Heart)	373

1. 11 Dylan Gehl	15:40.1	Geneseo
2. 11 Nicolai Martino	16:05.1	Winnebago
3. 12 Nolan Coen	16:15.5	Rockford (Boylan Catholic)
4. 11 Leo Ramos	16:22.2	Machesney Park (Harlem)
5. 12 Sam Mosbarger	16:30.1	Geneseo
6. 10 Jaxson Sottos	16:38.2	Geneseo
7. 12 Dylan Malmgren	16:46.7	Machesney Park (Harlem)
8. 10 Joseph Erb	16:49.4	Winnebago
9. 11 Joseph Fiorenza	16:56.3	Rockford (Boylan Catholic)
10. 10 Roscoe Davies	16:56.5	Savanna (West Carroll)
11. 11 Nick Tyrcha	17:04.0	Machesney Park (Harlem)
12. 11 Ryan Pieper	17:07.1	Stockton
13. 12 Aiden Ruiz	17:09.6	Dakota
14. 12 Arthur Horn	17:10.7	East Dubuque
15. 11 Mlondani Shindano	17:10.8	Rockford (East)
16. 10 Kaden Elmer	17:32.0	Geneseo
17. 11 Anthony Valdivia	17:34.8	Rock Falls
18. 10 Parker Lipinski	17:34.8	Machesney Park (Harlem)
19. 10 Devin Bradt	17:37.8	East Dubuque

20. 10 Gabe Moyer	17:42.7	Rock Falls
21. 11 Owen Recoy	17:45.5	Machesney Park (Harlem)
22. 12 Luis Hernandez	17:48.8	Rochelle
23. 10 Declan McGee	17:50.1	Rochelle
24. 12 Xavier Sananisai	17:52.5	Rockford (Jefferson)
25. 12 Cole Thomas	17:52.6	Winnebago
26. 11 Christian Cid	17:53.8	Rock Falls
27. 9 Andrew Richardson	17:54.2	East Dubuque
28. 11 Harrison Kloss	17:54.7	East Dubuque
29. 10 Andrew Horst	17:56.4	Rockford (Boylan Catholic)
30. 10 Jack Johnson	17:59.5	Machesney Park (Harlem)
31. 9 James Gallagher	18:00.0	Machesney Park (Harlem)
32. 10 Aiden Vazquez	18:03.6	Winnebago
33. 10 Blake Linder	18:09.1	Winnebago
34. 10 Jeffrey Sommer	18:15.0	Rock Falls
35. 12 Brady Root	18:15.9	Rock Falls
36. 12 Tyler Weber	18:23.1	Durand
37. 11 Max Johnson	18:23.6	Geneseo
38. 11 Gunnar Damhoff	18:23.6	Rock Falls
39. 12 Aiden Brobst	18:25.7	Freeport (H.S.)
40. 10 Aidan Bries	18:30.0	Geneseo
41. 12 Dominic Schwartz	18:33.0	Rockford (Boylan Catholic)
42. 10 Nahom Zere	18:33.2	Rockford (Jefferson)
43. 9 Innocent Mairo	18:36.1	Rockford (Jefferson)
44. 9 Tyler Buetsch	18:45.8	Machesney Park (Harlem)
45. 11 Kameron Grobe	18:47.0	Forreston
46. 10 Hudson Pope	18:54.8	Winnebago
47. 9 Austin Brobst	19:07.1	Freeport (H.S.)
48. 9 Brody Leitzen	19:10.5	Savanna (West Carroll)
49. 11 Kale Grobe	19:12.3	Forreston
50. 10 Dominic Erickson	19:21.3	Rockford (Jefferson)
51. 12 Owen Helm	19:29.7	Freeport (H.S.)
52. 11 Bryce Gempler	19:34.6	East Dubuque
53. 10 Emmanuel Ortega	19:46.3	Rockford (Our Lady of the
54. 10 Xander Ward	19:48.7	Machesney Park (Harlem)
55. 10 Zachary Easton	19:50.3	Rockford (Boylan Catholic)
56. 9 Nick Cobine	19:54.3	East Dubuque
57. 12 Eli Michael	19:54.9	Freeport (H.S.)
58. 11 Donald Cannon	20:01.2	Rockford (East)
59. 10 Angelo Becker	20:05.0	Rockford (Boylan Catholic)
60. 9 Liam Mead	20:09.0	East Dubuque
61. 10 Elijah Mayen	20:10.5	Rochelle
62. 12 Caleb Wyssbrod	20:13.2	Rochelle
63. 11 Dennis Hopper	20:16.4	Durand
64. 9 Nathan Munson	20:25.5	Durand
65. 10 Aiden LeClaire	20:27.3	Rockford (Jefferson)

66.	12	JJ Prowant	20:36.8	Lanark (Eastland)
67.	11	Aidan Guida	20:38.4	Oregon
68.	10	Mason Kennedy	20:38.4	Machesney Park (Harlem)
69.	11	Josh Frank	20:39.8	Durand
70.	10	Noah Genandt	20:42.2	Forreston
71.	12	Logan Hanson	20:42.4	Dakota
72.	11	Jackson Barrett	20:42.6	Stockton
73.	10	Jerry Knight	20:43.6	Dakota
74.	9	Cole Gramer	20:49.7	Rockford (East)
75.	11	Caleb Brooks	20:50.7	Oregon
76.	9	Hadley Losoya	20:51.6	Rochelle
77.	11	Lucas Chartier	21:02.3	Rockford (East)
78.	12	Will Berning	21:08.9	East Dubuque
79.	9	Peter Wagner	21:12.5	East Dubuque
80.	12	Danny White	21:12.7	Durand
81.	10	Colin Helm	21:14.7	Freeport (H.S.)
82.	10	Joaquin Gahan	21:16.1	Rockford (Boylan Catholic)
83.	9	Ethan Schneider	21:20.5	Freeport (H.S.)
84.	9	Logan Connell	21:26.2	Durand
85.	10	Joey Blasen	21:28.9	Savanna (West Carroll)
86.	10	Levi Waddle	21:29.4	Rochelle
87.	9	Ben Feick	21:32.5	Savanna (West Carroll)
88.	9	Sidney Fuller	21:38.2	Fulton (Unity Christian)
89.	9	Brayden Novak	21:51.6	Dakota
90.	10	Ryan Knaack	21:57.2	Freeport (H.S.)
91.	9	Dominic Canova	22:01.6	Rockford (Boylan Catholic)
92.	10	Taryn Heather	22:11.0	Forreston
93.	9	Jordan Lee	22:24.8	Rockford (East)
94.	11	William Schirger	22:45.7	Rockford (Our Lady of the
95.	12	Lucas Abele	22:54.3	Rockford (Our Lady of the
96.	10	Joey Rowland	23:00.8	Forreston
97.	12	Trevor Janssen	23:42.6	Lanark (Eastland)
98.	10	Frank Parnello	23:44.6	Rockford (Our Lady of the
99.	11	Ivan Wenger	24:00.1	Dakota
100.	9	Jared Merkel	24:35.3	Forreston
101.	11	Mayson Meinert	24:39.1	Lanark (Eastland)
102.	10	Gabriel Stevenson	25:02.3	Rockford (East)
103.	9	Landen Batton-Harriett	26:09.3	Oregon
104.	12	Francisco Suarez	28:41.0	Durand
105.	10	Benny Aguilar	35:59.7	Rockford (Our Lady of the

3 Miles Open

Official Team Scores

1. Geneseo 29
2. Sterling 43
3. Machesney Park (Harlem) 56

(No other complete teams)

1.	10	Graysen Carlson	18:16.7	Geneseo
2.	12	Austin Hull	18:18.0	Geneseo
3.	9	Michael Kopitas	18:41.8	Rock Falls
4.	11	Dominic Carlson	18:47.3	Machesney Park (Harlem)
5.	12	Brecken Peterson	18:48.2	Sterling
6.	10	Gavin Staats	18:52.0	Sterling
7.	10	Ian Finney	19:03.3	Rock Falls
8.	11	Rylan Lambert	19:19.2	Geneseo
9.	10	Daniel Hodgdon	19:33.7	Winnebago
10.	12	Ayden Flaningam	19:34.0	Machesney Park (Harlem)
11.	10	Cael Lyons	19:44.7	Sterling
12.	10	Calvin Bell	19:47.6	Geneseo
13.	9	Isaiah Rojop	19:47.7	Sterling
14.	11	Jacob Taylor	20:02.3	Geneseo
15.	11	Mason Anderson	20:09.6	Geneseo
16.	11	Henry Clark	20:11.5	Machesney Park (Harlem)
17.	9	Micah Johnson	20:12.9	Geneseo
18.	9	Noah Percy	20:44.0	Winnebago
19.	11	Christian Haney	21:17.4	Geneseo
20.	11	Blake Inglema	21:37.9	Winnebago
21.	9	Connor Runty	21:38.6	Geneseo
22.	11	Shane Bagby	21:48.4	Geneseo
23.	9	Rylan Jordan	22:00.2	Rock Falls
24.	9	Alex Aleman	22:07.0	Geneseo
25.	9	Jacob Berry	22:10.4	Geneseo
26.	12	Ryley Rowold	22:19.7	Geneseo
27.	11	Sawyer Ridens	22:32.3	Machesney Park (Harlem)
28.	12	Tyler Anderson	22:32.4	Durand
29.	10	Jacob Runte	22:46.1	Freeport (H.S.)
30.	10	Evan Merema	23:01.7	Sterling
31.	12	Tyson Duda	23:06.3	Geneseo
32.	11	Chris Beckman	23:08.7	Rochelle
33.	11	Connor Douglas	23:51.2	Geneseo
34.	11	Cash Budde	23:57.8	Rochelle
35.	12	Marshal Groves	24:10.1	Durand
36.	11	Kenneth Malyvanh	24:37.8	Rockford (Jefferson)
37.	10	Micah Lyons	24:43.7	Winnebago
38.	9	Kendall Kness	24:54.8	Freeport (H.S.)
39.	10	Jacob Anderson	25:35.2	Rockford (Boylan Catholic)
40.	9	Thailer Castrey	26:29.7	Rockford (Jefferson)
41.	10	Rafa Uguina	26:52.2	Geneseo
42.	9	Austin Carrell	26:55.9	Sterling
43.	9	Henry Nielsen	27:08.7	Rockford (Boylan Catholic)
44.	10	Jacob Perkins	28:15.4	Freeport (H.S.)
45.	9	Carter Buss	28:25.4	Freeport (H.S.)
46.	9	Ryan McGroarty	28:32.0	Rockford (Boylan Catholic)
47.	9	David Chartier	30:29.1	East Dubuque
48.	10	Zach Hall	30:38.0	Machesney Park (Harlem)
49.	10	Isai Suarez	31:03.1	Rockford (Jefferson)
50.	10	Andy Suarez	31:08.0	Durand
51.	11	Cole Farmer	33:20.2	Machesney Park (Harlem)
52.	10	Monty Nisius	35:26.7	Machesney Park (Harlem)