

TEAM HUDDLE PRIOR TO THE RACE

Pictured are the "Varsity Top 7" and the "Hype Squad" prior to the race

#### LEAFS "PUNCH SECTIONAL TICKET" AT GALESBURG REGIONAL

On Saturday, October 23rd, the Leafs traveled to Galesburg's Lake Storey Park to for the Regional Meet. Last week, our season entered "Championship Meet Season" time. The team competed in the Western Illinois Big 6 Conference Meet hosted this year by the Sterling Golden

Warriors. Following that, the "Non-Top 7" competed in the annual Sterling O9/JV Invitational on Tuesday of this week. From this point further the season has entered the Illinois High School Association (IHSA) Post-Season. During this portion of the season, each team is limited to racing only 7 men. I wish they offered "Open Races" too. However, they don't allow that. Last year, the IHSA revised its traditional "Formula" for advancing teams to the State Finals. This will be the 2nd year the the current system is being used. The number of Sectionals has been reduced from 5 to 4 at both the 2A and 3A levels (we are 2A.) They also reduced the number of Regionals that "Feed Into" each of the Sectionals from 4 teams to 3. The good news is more athletes get to advance now. The Top 6 Teams at each Regional now advance to each of the 4 Sectionals. Then, the Top 7 Teams from each Sectional will advance to the IHSA STATE Meet to be held on Saturday, November 6th. The Leafs HOPE to be there. The end result is that 28 teams now will advance to the State Meet instead of 25. That is a WIN.

Thus the Leafs traveled to Galesburg because the team was assigned to that Regional. The field included teams from: Bartonville (Limestone), Canton, Dunlap, East Peoria, Galesburg, Geneseo, Morton, Peoria (H.S.), Peoria (Notre Dame), Peoria (Richwoods), and Rock Island. Several of the teams are currently state-ranked with the Morton Potters holding down the Number One Spot in the 2A STATE. A team plaque was awarded to the winning team and individual medals were awarded to the Top 5 finishers. The teams were also treated to a near-perfect day weather wise. The daytime high was 58° with the "Race Time" temperature at 48°. The course was hard and fast. Fast for the Lake Storey Course that is....there are a LOT of turns and rolling hills. It is a great course and Galesburg ALWAYS puts on a "First Class Event". Saturday was no exception. The only negative was a little "dew" on the grass. That's not too bad. The girls race started at 10:00 a.m. with the boys race taking off at 10:45 a.m. sharp.



**VINTAGE JERSEY** 

Head Maple Leaf Coach Todd Ehlert is a "Master at Peaking" the training program for optimal results when it matters the most. He "Reached into his Magic Bag" once again and made a trip to the Geneseo High School Storage Area for XC and Track and Field. He came out with a container of "Vingage" Jerseys that have had a LOT of Success. He then "Sprinkled some of his Magic" on them and handed them out the team on Friday at the end of practice. The guys were pretty excited. He also offered them to the "HYPE SQUAD" and most grabbed a jersey. They have a Maple Leaf on them and are Dry-Fit. They are Sleek and Look GREAT. Great Move, Coach!

Onto the racing. As I mentioned, the field was "Loaded" with high quality. All seven men ran great races and the team placed a close 4th to advance to next Saturday's Metamora Sectional Meet which will be held at Black Partridge Park. The Leafs were led by Junior Gavin Allison who placed 10th overall and clocked a quick 16:36 on the challenging course. Gavin's time was the 3rd Fastest Time EVER for a Geneseo Athlete on the current course. Next up was Senior Justin Johnson who placed 16th and "Stopped the Clock" at 16:56. His time was the 6h Fastest Time EVER for a Maple Leaf on the current course ((#3 Senior.) The Leafs third man on the day was "Super Frosh" Dylan Gehl who placed 20th overall. His time o 17:04 was the 7th Fastest Time EVER for a Geneseo Athlete on the current course. It was also the FASTEST TIME EVER FOR A FRESHMAN from Geneseo on the course. Three spots back was Junior Tyler Gehl who placed 23rd in a fast time of 17:12. Tyler's time was the 9th Fastest Time EVER for a Geneso Maple Leaf on the current course (#6 Junior.) Senior Isaac Kuster and Sophomore Cooper Schaad were both timed in 17:19 and placed 25th and 26th overall. Both of their times tied the 10th Fastest Time EVER for a Geneseo athlete on the current course. Isaac is now the 5th fastest Senior while Cooper is now the 3rd fastest Sophomore. The Leafs' 7th man on the day was Sophomore Sam Mosbarger who sprinted home in 17:24 and placed 29th overall. His time was the 13th Fastest Time EVER for a Geneseo Runner on the course (#4 Sophomore.) In case you weren't counting, that'S ALL SEVEN MEN moving into the TOP 13 for the course. That is simply AMAZING!!! Head Maple Leaf Coach Todd Ehlert summed it up best when he said "The Guys Ran AWESOME. They totally SHRED the Galesburg Top 25 Lists". What a Day". He was right on the money with that comment. The team's "Spread" was only 43 seconds from 1-5 men. Even more impressive was a spread of only 48 seconds from 1-7 men.

Bring on the Sectional Meet. This Team is READY. All the best, Men. Keep "Dreaming Big" and making the right kind of decisions to make those dreams come to "Fruition". You are a VERY special group and we are very excited about what kind of opportunities the next two meets will provide. A special "Shout Out" goes to the "Hype Squad" which was led by seniors Carson Raya and Malakai Schaad. The two of you and your "Hype Squad" were heard and seen EVERYWHERE on the course. There is NO DOUBT that you dudes had a HUGE INFLUENCE on the Maple Leaf Top 7. We are counting on more of the same in the final two meets of the year. MAKE IT HAPPEN, MEN!!!

Date:	10/23/20	)21						
Meet:	IHSA Ga	alesburg Regional						
		g's Lake Storey Park						
Condi	tions: D	aytime high of 58° (Race	e temp	48°	) light w	<u>rinds. V</u>	ERY NIC	E!!!
Racing	g Distan	ce: 3.00 miles						
Team	Finish:	Varsity Boys: 4TH PLA	CE					
	TIME	ATHLETE	PL	R	1-M	2-M	3-M	AVE.
1	16:36	Gavin Allison-11	10	٧	5:15	5:43	5:38	5:32
2	16:56	Justin Johnson-12	16	V	5:16	5:52	5:48	5:38
3	17:04	Dylan Gehl-09	20	V	5:26	5:56	5:42	5:41
4	17:12	Tyler Gehl-11	23	>	5:26	5:56	5:50	5:44
5	17:19	Isaac Kuster-12	25	٧	5:32	5:48	5:59	5:46
6	17:19	Cooper Schaad-10	26	٧	5:27	6:04	5:48	5:46
7	17:24	Sam Mosbarger-10	29	V	5:32	6:03	5:49	5:48
	15:01	Varsity Race Leader	1	V	4:58	5:10	5:53	5:00
	Geneseo Spread							
	1-5		0:43					
	1-7							

## Race Date October 23, 2021

# IHSA Class 2A XC Regional - Galesburg #2A <u>Overall Finish List</u>

#### Boys

#### Varsity Boys

Place	Score	Bib No	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	Pace
1	1	785	Wilson Georges	Bartonville (Limestone)	12	15:04.7	5:02/M
2	2	848	Cade Zobrist	Morton	12	15:49.4	5:16/M
3	3	854	Josh Weeks	Morton	10	16:07.3	5:22/M
4	4	784	Reece Dusek	Bartonville (Limestone)	11	16:12.4	5:24/M
5	5	871	Trey Socha	Peoria (Notre Dame)	12	16:12.4	5:24/M
6	6	855	Yonas Wuthrich	Morton	10	16:12.5	5:24/M
7	7	851	Layton Knoop	Morton	10	16:31.6	5:31/M
8	8	845	Keegan Anderson	Morton	12	16:34.0	5:31/M
9	9	809	Matthew Gray	East Peoria	11	16:35.8	5:32/M
10	10	842	Gavin Allison	Geneseo	11	16:36.2	5:32/M
11	11	800	Henry Welsh	Dunlap	11	16:37.9	5:33/M
12	12	863	Joey Cave	Peoria (Notre Dame)	11	16:46.0	5:35/M
13	13	873	Joe Ehrhart	Peoria (Notre Dame)	10	16:47.1	5:36/M
14	14	815	Ayden Thompson	East Peoria	10	16:49.8	5:37/M
15	15	852	Luke Kunz	Morton	12	16:53.0	5:38/M
16	16	836	Justin Johnson	Geneseo	12	16:56.6	5:39/M
17	17	793	Braden Cox	Dunlap	11	17:01.0	5:40/M
18	18	874	Eliot Lynch	Peoria (Notre Dame)	10	17:01.4	5:40/M
19	19	794	Isaiah Hamann	Dunlap	12	17:02.5	5:41/M
20	20	833	Dylan Gehl	Geneseo	9	17:04.8	5:42/M
21	21	795	Noah Hopkins	Dunlap	12	17:06.7	5:42/M
22	22	846	Tristan Sturhahn	Morton	12	17:11.3	5:44/M
23	23	834	Tyler Gehl	Geneseo	11	17:12.8	5:44/M
24	24	798	Aiden Mohr	Dunlap	11	17:14.2	5:45/M
25	25	838	Isaac Kuster	Geneseo	12	17:19.2	5:46/M
26	26	844	Cooper Schaad	Geneseo	10	17:19.8	5:47/M
27	27	866	Andrew Elward	Peoria (Notre Dame)	10	17:20.0	5:47/M
28	28	872	Danny Ward	Peoria (Notre Dame)	12	17:21.6	5:47/M
29	29	843	Sam Mosbarger	Geneseo	10	17:24.0	5:48/M 5:49/M
30	30	870	Brady Socha	Peoria (Notre Dame)	12	17:25.7 17:27.1	5:49/M
31	31	892	JP Putnam	Rock Island (H.S.)	10	17:27.1	5:49/M
32	32	797	Andrew Luebbers	Dunlap	12 10	17:27.7	5:49/M
33	33	894	Ian Regur	Rock Island (H.S.) East Peoria	11	17:29.7	5:50/M
34	34 35	806 884	Zach Alt Carson Kellem	Peoria (Richwoods)	12	17:30.9	5:50/M
35 36	36	788	Lloyd Peronnet	Bartonville (Limestone)		17:32.5	5:51/M
37	37	829	Andrew Peterson	Galesburg (H.S.)	10	17:39.1	5:53/M
38	38	816	Bailey Webster	East Peoria	12	17:40.4	5:53/M
39	39	782	Clay Bell	Bartonville (Limestone)		17:43.5	5:55/M
40	40	814	Dawson Stout	East Peoria	11	17:48.0	5:56/M
41	41	819	Dominic Cantarini	Galesburg (H.S.)	10	17:59.0	6:00/M
42	42	827	Max Martinez	Galesburg (H.S.)	11	18:05.9	6:02/M
42	43	801	Luke Williams	Dunlap	10	18:19.3	6:06/M
43 44	44	812	Ben Riggenbach	East Peoria	11	18:28.1	6:09/M
45	45	810	Colin Hieronimus	East Peoria	10	18:29.4	6:10/M
45	46	787	Jack Manley	Bartonville (Limestone		18:29.9	6:10/M
40	40	101	Jack Manley	Dartonville (Little5t0ffe	) 3	10.20.0	0.10/10/

## Race Date October 23, 2021

## IHSA Class 2A XC Regional - Galesburg #2A

#### Overall Finish List

#### Boys

#### Varsity Boys

<u>Place</u>	<u>Score</u>	Bib No	<u>Name</u>	Team	<u>Grade</u>	Time	<u>Pace</u>
47	47	886	Deven Lane	Peoria (Richwoods)	12	18:37.6	6:13/M
48	48	826	Caidan Kogut	Galesburg (H.S.)	9	18:41.4	6:14/M
49	49	889	Aiden Post	Peoria (Richwoods)	9	18:45.4	6:15/M
50	(< 5)	857	Alvin Edwards	Peoria (H.S.)	12	18:46.7	6:16/M
51	50	830	Luke Thomas	Galesburg (H.S.)	10	18:51.5	6:17/M
52	51	896	Roland Ullrick	Rock Island (H.S.)	12	18:55.6	6:19/M
53	(< 5)	791	Zach Ligenfelter	Canton	10	18:57.0	6:19/M
54	52	781	Caiden Bell	Bartonville (Limestone)	9	18:57.5	6:19/M
55	53	891	Asa Mahn	Rock Island (H.S.)	10	18:58.4	6:19/M
56	54	890	Lukas Heine	Rock Island (H.S.)	9	18:59.5	6:20/M
57	55	895	Merrick Stockwell	Rock Island (H.S.)	9	19:01.2	6:20/M
58	56	828	Primo Moreno	Galesburg (H.S.)	11	19:28.0	6:29/M
59	57	881	Daniel Jeffs	Peoria (Richwoods)	11	19:29.9	6:30/M
60	58	888	Nathan Mura	Peoria (Richwoods)	9	19:35.1	6:32/M
61	59	885	Tylon Lamie	Peoria (Richwoods)	9	19:41.9	6:34/M
62	60	883	Camden Kellem	Peoria (Richwoods)	10	19:49.5	6:37/M
63	61	823	Braden Rees	Galesburg (H.S.)	9	20:09.6	6:43/M
64	62	789	Clay Schneider	Bartonville (Limestone)	) 11	20:11.1	6:44/M
65	63	893	Ja'Siah Rainer	Rock Island (H.S.)	9	21:15.0	7:05/M
66	(< 5)	861	Jesse Woo	Peoria (H.S.)	12	21:32.5	7:11/M
67	(< 5)	790	Avery Dry	Canton	12	22:07.9	7:23/M
68	(< 5)	859	Matthew Fields	Peoria (H.S.)	9	28:22.0	9:27/M

## Final Team Results

## Boys Varsity Boys

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	Bib No	<u>Name</u>	<u>Grade</u>	<u>Overall</u> <b>Place</b>	Cumulative <u>Place</u>	<u>Time</u>	Cumulative <u>Time</u>	Time Back
Te	eam -	Morton			Finish Positio	».		
		core (places): 26			i iiiidii i doitio		ge Time: 16:	14.0
	Juin O	core (places). 20				Aveia	ge Time. 10.	14.9
1	848	Cade Zobrist	12	2	2	15:49.4	15:49.4	0:00.0
2	854	Josh Weeks	10	3	5	16:07.3	31:56.7	0:17.9
3	855	Yonas Wuthrich	10	6	11	16:12.5	48:09.2	0:23.1
4	851	Layton Knoop	10	7	18	16:31.6	1:04:40.9	0:42.2
5	845	Keegan Anderson	12	8	26	16:34.0	1:21:14.9	0:44.6
6	852	Luke Kunz	12	(15)	(41)	16:53.0	1:38:07.9	1:03.6
7 .	846	Tristan Sturhahn	12	(22)	(63)	17:11.3	1:55:19.2	1:21.9
Te	eam -	Peoria (Notre Dame)			Finish Positio	n- 2		
Te	eam S	score (places): 75				Avera	ge Time: 16	:49.4
1	871	Trey Socha	12	5	5	16:12.4	16:12.4	0:00.0
2	863	Joey Cave	11	12	17	16:46.0	32:58.4	0:33.5
3	873	Joe Ehrhart	10	13	30	16:47.1	49:45.6	0:34.6
4	874	Eliot Lynch	10	18	48	17:01.4	1:06:47.0	0:48.9
5	866	Andrew Elward	10	27	75	17:20.0	1:24:07.1	1:07.6
6	872	Danny Ward	12	(28)	(103)	17:21.6	1:41:28.7	1:09.1
7	870	Brady Socha	12	(30)	(133)	17:25.7	1:58:54.5	1:13.2
Team - Dunlap				Finish Position - 3				
Te	eam S	Score (places): 92			Average Time: 17:00.5			
1	800	Henry Welsh	11	11	11	16:37.9	16:37.9	0:00.0
2	793	Braden Cox	11	17	28	17:01.0	33:39.0	0:23.1
3	794	Isaiah Hamann	12	19	47	17:02.5	50:41.5	0:24.6
4	795	Noah Hopkins	12	21	68	17:06.7	1:07:48.2	0:28.7
5	798	Aiden Mohr	11	24	92	17:14.2	1:25:02.5	0:36.3
6	797	Andrew Luebbers	12	(32)	(124)	17:27.5	1:42:30.1	0:49.6
7	801	Luke Williams	10	(43)	(167)	18:19.3	2:00:49.4	1:41.4
Team - Geneseo				Finish Position - 4				
T	eam S	Score (places): 94				Avera	age Time: 17	':01.9
1	842	Gavin Allison	11	10	10	16:36.2	16:36.2	0:00.0
2	836	Justin Johnson	12	16	26	16:56.6	33:32.9	0:20.4
3	833	Dylan Gehl	9	20	46	17:04.8	50:37.7	0:28.6
4	834	Tyler Gehl	11	23	69	17:12.8	1:07:50.5	0:36.5
5	838	Isaac Kuster	12	25	94	17:19.2	1:25:09.7	0:43.0
6	844	Cooper Schaad	10	(26)	(120)	17:19.8	1:42:29.6	0:43.6
7	843	Sam Mosbarger	10	(29)	(149)	17:24.0	1:59:53.7	0:47.8

### IHSA Class 2A XC Regional - Galesburg #2A

### Final Team Results

## Boys Varsity Boys

	Bib No	<u>Name</u>	<u>Grade</u>	<u>Overall</u> <b>Place</b>	Cumulative <u>Place</u>	<u>Time</u>	Cumulative <u>Time</u>	Time <u>Back</u>		
Te	Team - Bartonville (Limestone) Finish Position - 5									
		core (places): 126	,,,,				ge Time: 17:	00.6		
7. Voluge Time: 17.00							00.0			
1	785	Wilson Georges	12	1	1	15:04.7	15:04.7	0:00.0		
2	784	Reece Dusek	11	4	5	16:12.4	31:17.1	1:07.7		
3	788	Lloyd Peronnet	10	36	41	17:32.5	48:49.6	2:27.8		
4	782	Clay Bell	11	39	80	17:43.5	1:06:33.2	2:38.8		
5	787	Jack Manley	9	46	126	18:29.9	1:25:03.1	3:25.2		
6 7	781 789	Caiden Bell	9	(52)	(178)	18:57.5	1:44:00.6	3:52.8		
1	709	Clay Schneider	11	(62)	(240)	20:11.1	2:04:11.8	5:06.4		
Te	eam -	East Peoria			Finish Position	n - 6				
Te	eam S	core (places): 135				Avera	ge Time: 17	:16.7		
1	809	Matthew Gray	11	9	9	16:35.8	16:35.8	0:00.0		
2	815	Ayden Thompson	10	14	23	16:49.8	33:25.7	0:13.9		
3	806	Zach Alt	11	34	57	17:29.7	50:55.4	0:53.8		
4	816	Bailey Webster	12	38	95	17:40.4	1:08:35.9	1:04.5		
5	814	Dawson Stout	11	40	135	17:48.0	1:26:23.9	1:12.1		
6	812	Ben Riggenbach	11	(44)	(179)	18:28.1	1:44:52.0	1:52.2		
7	810	Colin Hieronimus	10	(45)	(224)	18:29.4	2:03:21.4	1:53.5		
T	eam -	Galesburg (H.S.)			Finish Position	on - 7				
T	eam S	core (places): 218				Avera	ge Time: 18	:15.4		
1	829	Andrew Peterson	10	37	37	17:39.1	17:39.1	0:00.0		
2	819	Dominic Cantarini	10	41	78	17:59.0	35:38.1	0:19.9		
3	827	Max Martinez	11	42	120	18:05.9	53:44.0	0:26.7		
4	826	Caidan Kogut	9	48	168	18:41.4	1:12:25.5	1:02.2		
5	830	Luke Thomas	10	50	218	18:51.5	1:31:17.0	1:12.4		
6	828	Primo Moreno	11	(56)	(274)	19:28.0	1:50:45.0	1:48.9		
7	823	Braden Rees	9	(61)	(335)	20:09.6	2:10:54.7	2:30.5		
T	eam -	Rock Island (H.S.)			Finish Position - 8					
Т	eam S	Score (places): 222				Avera	ige Time: 18	3:21.7		
1	892	JP Putnam	10	31	31	17:27.1	17:27.1	0:00.0		
2	894	lan Regur	10	33	64	17:27.7	34:54.8	0:00.5		
3	896	Roland Ullrick	12	51	115	18:55.6	53:50.5	1:28.5		
4	891	Asa Mahn	10	53	168	18:58.4	1:12:48.9	1:31.2		
5	890	Lukas Heine	9	54	222	18:59.5	1:31:48.5	1:32.3		
6	895	Merrick Stockwell	9	(55)	(277)	19:01.2	1:50:49.7	1:34.0		
7	893	Ja'Siah Rainer	9	(63)	(340)	21:15.0	2:12:04.7	3:47.8		

## Final Team Results

## Boys Varsity Boys

	Bib No Name	<u>Grade</u>	<u>Overall</u> Place	Cumulative <u>Place</u>	<u>Time</u>	Cumulative <u>Time</u>	Time Back	
Te	eam - Peoria (Richwoods)			Finish Positio	n- 9			
Te	eam Score (places): 246			Average Time: 18:47.8				
1	884 Carson Kellem	12	35	35	17:30.9	17:30.9	0:00.0	
2	886 Deven Lane	12	47	82	18:37.6	36:08.6	1:06.7	
3	889 Aiden Post	9	49	131	18:45.4	54:54.0	1:14.5	
4	881 Daniel Jeffs	11	57	188	19:29.9	1:14:23.9	1:58.9	
5	888 Nathan Mura	9	58	246	19:35.1	1:33:59.1	2:04.2	
6	885 Tylon Lamie	9	(59)	(305)	19:41.9	1:53:41.0	2:11.0	
7	883 Camden Kellem	10	(60)	(365)	19:49.5	2:13:30.6	2:18.6	
Team - Peoria (H.S.)			Finish Position - Inc.					
T	eam Score (places): Inc.			Average Time:				
1	857 Alvin Edwards	12	Less Than 5		18:46.7	18:46.7	0:00.0	
2	861 Jesse Woo	12	Less Than 5		21:32.5	40:19.2	2:45.7	
3	859 Matthew Fields	9	Less Than 5		28:22.0	1:08:41.3	9:35.3	
T	eam - Canton		Finish Position - Inc.					
T	eam Score (places): Inc.			Average Time:				
1 2	<ul><li>791 Zach Ligenfelter</li><li>790 Avery Dry</li></ul>	10 12	Less Than 5 Less Than 5		18:57.0 22:07.9	18:57.0 41:04.9	0:00.0 3:10.9	

#### **Metamora Sectional Results**

#### Galesburg Regional

Girls – Zoe Carter and Delaney Fitzgerald finished within a second of each other in going 1-2 to help #7 Normal University win the regional title with 47 points. #13 Peoria Notre Dame (58 points) and #2 Dunlap (72 points) finished second and third. Dunlap did not run their full top 7 in this race. Carter's winning time was 18:22 while U-High placed 5 runners in the top 25. #18 Morton (94 points), East Peoria (132 points), and Geneseo (139 points) were also sectional team qualifiers.

**Boys** – It was an easy run in the individual race for **Wilson Georges** of Limestone. Georges ran 15:04 for the win by 45 seconds ahead of Morton's **Cade Zobrist** (15:49). Top ranked Morton ran a 45 second split on a top 5 that placed in the top 8 to win easily with 26 points. #18 Peoria Notre Dame was the closest to Morton (75 points) with #20 Dunlap (92 points) and Geneseo (94 points) close behind. #24 Limestone (126 points) and East Peoria (135 points) were also team qualifiers.

#### LaSalle-Peru Regional

Girls – #17 Metamora put four runners in between fourth and seventh places to claim the regional crown with 34 points. The four runners, led by **Katie Lalumandier** in fourth, only had a 16 second split. Metamora had 5 runners in the top 12 with a 48 second split. #16 Normal West scored 51 points to finish second. Washington freshman Olivia Nordhielm ran 18:56 to win the individual race with Normal West's **Addysen Clark** (19:10) and **Ashleigh Horton** (19:11) finishing second and third. Morris (74 points) and #28 Washington (81 points) finished third and fourth. Providence Catholic (133 points) and Ottawa (153 points) also qualified for next week's sectional meet. Bloomington missed qualifying by 10 points.

Boys – Jackson Ward of Washington claimed the individual title (16:03) by three seconds ahead of Matt Clark of Morris (16:06). #23 Metamora placed 3 runners in the first 10 to help them win with 58 points. Normal West (72 points) and #13 Washington (78 points) placed second and third. Other sectional team qualifiers included Bloomington (135 points), Morris (136 points), and LaSalle-Peru (161 points).

#### Thornridge Regional

Girls – Lemont scored 37 points to claim the regional tile ahead of Oak Forest (59 points) and TF North (65 points). Casey Kittridge of Lemont ran 20:27 for the regional title ahead of second-place Mia Nutile of Oak Forest (20:42). Bremen and Marian Catholic both scored 117 points finishing fourth and fifth. Thornton finished sixth also qualifying (154 points) out of this eight-team field.

Boys – Lemont was also in control in the Boys race as they scored 42 points for the regional title. Marian Catholic (51 points) and Oak Forest (56 points) were close finishing second and third. **Diego Duran** of TF North was timed in 16:43 to win the individual race ahead of Lemont's **TJ Polen** (16:45) and **Andrew Tilly** (16:47). TF North (102 points), Thornton (133 points), and Bremen (137 points) were clear team qualifiers.

#### PREP REPORT

#### **Cross country**

Geneseo teams advance to sectionals: The Geneseo boys and girls cross country teams advanced to next weekend's Class 2A sectional meet in Metamora on Saturday at Lake Storey in Galesburg.

The boys finished in fourth place with 94 points. Gavin Allison was 10th overall in 16 minutes, 36 seconds for the three miles and Justin Johnson took 16th in 16:56.

Morton compiled a score of 26 to win the team title, followed by

Peoria Notre Dame (75), Dunlap (92) and then Geneseo. Limestone's Wilson Georges was the individual champion in 15:04.

Rock Island didn't advance as a team, but it did have two individuals move on in JP Putnam (31st, 17:27) and Ian Regur (33rd, 17:27). Both were top-five finishers from non-qualifying teams.

On the girls side, Geneseo snagged sixth and the last team spot with 139 points. Normal University High, led by individual champion and freshman Zoe Carter in 18:22, breezed to the title with 47 points.

Jaide Flowers led the Maple Leafs with a 21st-place finish in 20:17 and Lacey Laxton was 24th in 20:27.

Rock Island's Norah Wright snagged the last sectional spot among non-qualifying teams with a 23rd-place finish in 20:24.