



### **"DA PACK ATTACK"**

Pictured are the Leafs 2-3-4-5 runners who all finished within 2 seconds of each other

### **LEAFS CLAIM P.N.D. REGIONAL BRONZE**

On Saturday, October 26th, the Leafs traveled to Peoria's Donovan Park to participate in the Regional Meet. The meet was hosted by Peoria Notre Dame. The ten-team field included teams from: Canton, Dunlap, East Peoria, Galesburg, Geneseo, Limestone, Morton, Peoria H.S., Peoria Notre Dame, and Peoria Richwoods. The weather played a factor in the meet as the race time temperature of 45° was accompanied with 15 mph winds and a light rain that was chilly. The Donovan Park course is 3.10 (5k) and is a "true" cross country course that features rolling terrain. Notre Dame's Head Coach Dan Gray did a wonderful job of preparing the course and running a first class meet.

There were fifteen I.H.S.A. 2A Regional meets held across the state that will feed into the five I.H.S.A Sectional meets sites to be contested on Saturday, November 2nd. The top six teams and the first five individuals not on the six qualifying teams would advance to next Saturday's Normal University 2A I.H.S.A. Sectional meet. Using Athletic.net (A great website that has the season's results in a HUGE database) coaches and fans could click the "Hypothetical Meet" option to get a

great "Sneak Peak" at how the meet "Seeded Out". The Leafs were predicted to place 5th in the eld.

The starter's gun "cracked" at 11:00 a.m. as the runners sprinted away from the starting line. The Leafs utilized a "Move at the Mile" strategy to perfection. The team kept moving up during the race and "turned some heads" when the results were tabulated. Junior William Plumley continued his tremendous front running for the Leafs as he raced to "All-Region Honors" via his 3rd place finish. His time of 17:06 is the fastest time any Maple Leaf has ever run on the course since it's inception in 2015. Up next we "da Pack" as Sophomore Justin Johnson (18:03); Junior Lucas Nicke (18:03); Senior Colby Rapps (18:04); and Sophomore Bode Neff (18:05) sprinted home in 17th, 18th, 20th, and 23rd places and were separated by a MINUSCULE TWO SECONDS TWO SECONDS. Not far behind were Senior Neo Colter (18:27 in 29th Place) and Sophomore Isaac Kuster (18:34 in 31st Place.) The team exceeded the Athletic.net prediction by ROARING to a 3RD PLACE team finish and scoring 51 fewer points then they were projected to score (81 instead of 132.) Every man exceed their predicted places! Most by double-digits! GREAT JOB, MEN!

The Leafs earned a chance to "Toe da Line" in next Saturday's Sectional Meet where the top 5 teams will qualify for the STATE FINALS. The Leafs haven't been there since 1999! There have been a plethora of "Near Misses". Is this the group that will finally "KICK THAT DOOR DOWN"?! I wouldn't bet against them. Keep making the right choices, Men and your commitment to each other. The dream of every team at the beginning of the season is to be on the starting line at the Sectional Meet and have a chance to qualify for the "Big Dance". A powerful dose of Passion and Purpose" will help lead the way. Don't forget to "Keep Dreaming Big". All the best, Men. We are VERY PROUD OF ALL OF YOU!

**"DREAM BIG"**

# CROSS COUNTRY REGIONALS

## STAFF REPORT

**3a Minooka regional:** The Moline girls' harriers moved on to the Normal Community Sectional with a fourth-place effort of 123 points. Junior Lylia Gomez's 10th-



Gomez

place finish in a time of 18:53.9 led the Maroons.

United Township took seventh with 182 points

and missed a sectional berth by 26 points behind Normal West. Still, three Panthers will be running in Normal on Saturday. Senior Brinley Rodgers (19th, 19:32.8), sophomore Maddie Miller (24th, 20:05.2) and junior Analya Sedano (38th, 20:55.2) are also sectional-bound.

Rock Island's Mackenzie Meirhaeghe (41st, 21:04.2) missed a sectional berth by just over two seconds; the Rocks finished 10th as a team with 274 points.

Yorkville rolled to the girls' team title with 15 points, led by junior and individual winner Helena Kleronomos (18:09).

In the boys' competition, both United Township (fourth, 126 points) and Moline (sixth, 150 points) advance to the sectional meet.

UT was led by senior Roberto Munoz's 11th-place, 16:10 clocking; Moline junior Jackson McClellan also posted a time of 16:10 and finished a spot behind Munoz.

Minooka (37 points) won the team title; Normal West's Charlie Wetzel took first with a time of 15:29. Rock Island placed 10th with 225 points.

**Peoria Notre Dame 2A regional:** The Geneseo's girls took third with 85 points and advanced to Saturday's

Bloomington Sectional. The Leafs were led by a pair of top 10 finishers: sophomore Lacey Laxton finishing fifth in 20:32 and senior Lauren Belvel in seventh with a 20:50 clocking.

Galesburg (131 points) also advanced with a fifth-place finish. Peoria Notre Dame won the team title with 36 points. Morton's Emma Skinner (18:59.7) was the race winner.

Geneseo's boys also place third, tallying 81 points to finish behind first-place Morton (28 points) and runner-up PND (65). Morton's Sam Lange (15:52.7) won the individual title.

Maple Leaf junior William Plumley took third with a time of 17:06, two seconds behind runner-up Cade Zobrist of Morton.

**Mercer County 1A regional:** United finished seventh to advance to the Elmwood Sectional. Led by senior and individual runner-up Ann Gregory's 18:43.4, the Red Storm (141 points) bested the host Golden Eagles (168) by one place for the final sectional team berth.

Mercer County sophomore Bailey Hardin advanced individually as she finished 25th with a time of 21:49.5.

Monmouth-Roseville, which took ninth with 193 points, advanced senior Stella Narkiewicz (17th, 21:09.8).

On the boys' side, senior Riley Coulter led the Eagles with a second-place time of 16:11.5; Chillicothe IVC's Elias Bergman won the individual title with a 15:52 clocking.

Monmouth-Roseville senior Carlos Serratos also advanced, taking 18th with a time of 17:17.3.

Elmwood-Brimfield (34 points) won the boys' team title, and also took the girls' team crown with 24 points.

<b>Date:</b> 10/26/2019								
<b>Meet:</b> Peoria Notre Dame IHSA Regional								
<b>Site:</b> Peoria's Donovan Park								
<b>Conditions:</b> Race time temperature 45° with 10-15 mph winds. Light Rain.								
Course hard rolling and windy. A nasty day.								
<b>Racing Distance:</b> 3.10 miles								
<b>Team Finish:</b> 3RD								
	<b>TIME</b>	<b>ATHLETE</b>	<b>PL</b>	<b>R</b>	<b>1-M</b>	<b>2-M</b>	<b>3-M</b>	<b>AVE.</b>
1	17:06	William Plumley-11	3	V	5:26	5:41	5:59	5:42
2	18:03	Justin Johnson-10	17	V	5:37	5:53	6:33	6:01
3	18:03	Lucas Nicke-11	18	V	5:31	6:04	6:28	6:01
3	18:04	Colby Rapps-12	20	V	5:31	6:06	6:27	6:01
5	18:05	Bode Neff-10	23	V	5:36	6:04	6:25	6:01
6	18:27	Neo Colter-12	29	V	5:37	6:08	6:40	6:08
7	18:34	Isaac Kuster-10	31	V	5:37	6:18	6:45	6:13
	DNC	none						
	15:52	Race Leader	1	V	???	???	???	???
		Geneseo Spread						
		1-5	0:59					
		1-7	1:28					

Race Date  
October 26, 2019

# Notre Dame IHSA Class 2A Regional XC Meet

## Overall Finish List

### Boys

#### Varsity Boys

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
1	1	2261	Sam Lange	Morton	Sr	15:52.7	5:18/M
2	2	2262	Cade Zobrist	Morton	So	17:04.5	5:42/M
3	3	2257	William Plumley	Geneseo	Jr	17:06.5	5:42/M
4	4	2240	Ben Vasquez	Galesburg (H.S.)	Jr	17:17.9	5:46/M
5	5	2227	Keaton Vandel	East Peoria	Jr	17:19.5	5:47/M
6	6	2264	Brody Zobrist	Morton	Jr	17:20.3	5:47/M
7	7	2263	Tyson Martin	Morton	Jr	17:24.2	5:48/M
8	8	2289	Owen Lynch	Peoria (Notre Dame)	Jr	17:25.3	5:48/M
9	9	2287	Logan Keene	Peoria (Notre Dame)	Sr	17:35.4	5:52/M
10	10	2205	Cole Leach	Bartonville (Limestone)	Jr	17:45.9	5:55/M
11	11	2293	David Robison	Peoria (Notre Dame)	Sr	17:47.9	5:56/M
12	12	2265	Keegan Anderson	Morton	So	17:49.5	5:57/M
13	13	2199	Kieran Baurer	Bartonville (Limestone)	So	17:56.9	5:59/M
14	14	2242	Ben Cermak	Galesburg (H.S.)	Sr	17:57.2	5:59/M
15	15	2284	Patrick Couri	Peoria (Notre Dame)	Jr	17:59.3	6:00/M
16	16	2223	Henry Welsh	Dunlap	Fr	18:02.2	6:01/M
17	17	2251	Justin Johnson	Geneseo	So	18:03.2	6:01/M
18	18	2255	Lucas Nicke	Geneseo	Jr	18:03.9	6:01/M
19	19	2207	Edwin Monroe	Bartonville (Limestone)	Jr	18:04.2	6:01/M
20	20	2258	Colby Rapps	Geneseo	Sr	18:04.3	6:01/M
21	21	2228	Kolby Miller	East Peoria	Sr	18:05.7	6:02/M
22	22	2294	Luke Sander	Peoria (Notre Dame)	Sr	18:05.9	6:02/M
23	23	2254	Bode Neff	Geneseo	So	18:05.9	6:02/M
24	24	2214	Elijah Blascyk	Dunlap	Jr	18:07.9	6:03/M
25	25	2266	Tristan Sturhahn	Morton	So	18:07.9	6:03/M
26	26	2201	Reece Dusek	Bartonville (Limestone)	Fr	18:11.7	6:04/M
27	27	2213	Brant Adreon	Dunlap	Fr	18:13.2	6:04/M
28	28	2290	Brennan Messmer	Peoria (Notre Dame)	Jr	18:25.5	6:09/M
29	29	2249	Neo Colter	Geneseo	Sr	18:27.7	6:09/M
30	30	2305	Kaiden Rixner	Peoria (Richwoods)	Jr	18:32.9	6:11/M
31	31	2252	Isaac Kuster	Geneseo	So	18:34.7	6:12/M
32	32	2230	Matthew Gray	East Peoria	Fr	18:36.7	6:12/M
33	33	2216	Gavin Dean	Dunlap	Jr	18:37.5	6:13/M
34	34	2271	Brandon Anderson	Peoria (H.S.)	Sr	18:43.7	6:15/M
35	35	2229	Caleb Alt	East Peoria	Sr	18:46.1	6:15/M
36	36	2297	Mykel Ellis	Peoria (Richwoods)	Jr	18:48.5	6:16/M
37	37	2286	Kellar Groff	Peoria (Notre Dame)	Sr	18:51.9	6:17/M
38	38	2200	Kole Dusek	Bartonville (Limestone)	Jr	19:02.4	6:21/M
39	39	2219	Aiden Mohr	Dunlap	Fr	19:03.3	6:21/M
40	40	2222	Adam Welsh	Dunlap	Jr	19:05.2	6:22/M
41	41	2241	Max Martinez	Galesburg (H.S.)	Fr	19:06.0	6:22/M
42	42	2224	Isaiah Hamann	Dunlap	So	19:06.4	6:22/M
43	43	2232	Bailey Webster	East Peoria	So	19:08.9	6:23/M
44	44	2203	Ashton Horchem	Bartonville (Limestone)	So	19:16.0	6:25/M
45	(< 5)	2210	Brennen Lawson	Canton	So	19:20.9	6:27/M
46	45	2243	Alex Buchen	Galesburg (H.S.)	Jr	19:27.1	6:29/M

Race Date  
October 26, 2019

# Notre Dame IHSA Class 2A Regional XC Meet

## Overall Finish List

### Boys

#### Varsity Boys

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
47	46	2274	Jacob Berry	Peoria (H.S.)	Sr	19:31.3	6:30/M
48	47	2233	Zach Alt	East Peoria	Fr	19:33.5	6:31/M
49	48	2267	Kyle Davis	Morton	Sr	19:37.5	6:33/M
50	49	2198	Bryce Baker	Bartonville (Limestone)	Jr	19:53.1	6:38/M
51	50	2275	Alvin Edwards	Peoria (H.S.)	So	19:54.0	6:38/M
52	51	2231	Seth Bollinger	East Peoria	So	20:07.4	6:42/M
53	52	2306	Thomas Scriven	Peoria (Richwoods)	Jr	20:13.8	6:45/M
54	(< 5)	2212	Mason Wood	Canton	Sr	20:19.5	6:47/M
55	53	2244	Alex Harvey	Galesburg (H.S.)	Jr	20:23.3	6:48/M
56	54	2298	Issac Galindo	Peoria (Richwoods)	Sr	20:56.1	6:59/M
57	(< 5)	2209	Avery Dry	Canton	So	21:09.1	7:03/M
58	(< 5)	2211	Sam Mason	Canton	Jr	21:14.0	7:05/M
59	55	2301	Christian Joliff	Peoria (Richwoods)	Sr	21:24.3	7:08/M
60	56	2278	Martin Maloney	Peoria (H.S.)	Jr	21:45.7	7:15/M
61	57	2304	Rishi Nair	Peoria (Richwoods)	Jr	21:57.8	7:19/M
62	58	2303	Carson Kellem	Peoria (Richwoods)	So	21:59.9	7:20/M
63	59	2245	Primo Moreno	Galesburg (H.S.)	Fr	22:05.0	7:22/M
64	60	2272	Jude Anderson	Peoria (H.S.)	Sr	22:20.2	7:27/M
65	61	2282	Jessie Woo	Peoria (H.S.)	So	23:28.4	7:49/M
66	62	2277	Joseph Hinton	Peoria (H.S.)	Fr	23:31.0	7:50/M
67	63	2246	Cole Warnsing	Galesburg (H.S.)	Jr	24:09.7	8:03/M

October 26, 2019

Final Team Results**Boys****Varsity Boys**

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Morton</b>				<b>Finish Position - 1</b>			
Team Score (places):28				Average Time: 17:06.2			
1	2261 Sam Lange	Sr	1	1	15:52.7	15:52.7	0:00.0
2	2262 Cade Zobrist	So	2	3	17:04.5	32:57.2	1:11.7
3	2264 Brody Zobrist	Jr	6	9	17:20.3	50:17.6	1:27.5
4	2263 Tyson Martin	Jr	7	16	17:24.2	1:07:41.8	1:31.4
5	2265 Keegan Anderson	So	12	28	17:49.5	1:25:31.4	1:56.7
6	2266 Tristan Sturhahn	So	(25)	(53)	18:07.9	1:43:39.3	2:15.1
7	2267 Kyle Davis	Sr	(48)	(101)	19:37.5	2:03:16.8	3:44.7
<b>Team - Peoria (Notre Dame)</b>				<b>Finish Position - 2</b>			
Team Score (places):65				Average Time: 17:46.8			
1	2289 Owen Lynch	Jr	8	8	17:25.3	17:25.3	0:00.0
2	2287 Logan Keene	Sr	9	17	17:35.4	35:00.8	0:10.0
3	2293 David Robison	Sr	11	28	17:47.9	52:48.7	0:22.5
4	2284 Patrick Couri	Jr	15	43	17:59.3	1:10:48.0	0:33.9
5	2294 Luke Sander	Sr	22	65	18:05.9	1:28:54.0	0:40.5
6	2290 Brennan Messmer	Jr	(28)	(93)	18:25.5	1:47:19.5	1:00.1
7	2286 Kellar Groff	Sr	(37)	(130)	18:51.9	2:06:11.4	1:26.5
<b>Team - Geneseo</b>				<b>Finish Position - 3</b>			
Team Score (places):81				Average Time: 17:52.8			
1	2257 William Plumley	Jr	3	3	17:06.5	17:06.5	0:00.0
2	2251 Justin Johnson	So	17	20	18:03.2	35:09.8	0:56.7
3	2255 Lucas Nicke	Jr	18	38	18:03.9	53:13.7	0:57.3
4	2258 Colby Rapps	Sr	20	58	18:04.3	1:11:18.1	0:57.7
5	2254 Bode Neff	So	23	81	18:05.9	1:29:24.1	0:59.4
6	2249 Neo Colter	Sr	(29)	(110)	18:27.7	1:47:51.8	1:21.1
7	2252 Isaac Kuster	So	(31)	(141)	18:34.7	2:06:26.6	1:28.1
<b>Team - Bartonville (Limestone)</b>				<b>Finish Position - 4</b>			
Team Score (places):106				Average Time: 18:12.2			
1	2205 Cole Leach	Jr	10	10	17:45.9	17:45.9	0:00.0
2	2199 Kieran Baurer	So	13	23	17:56.9	35:42.8	0:10.9
3	2207 Edwin Monroe	Jr	19	42	18:04.2	53:47.1	0:18.2
4	2201 Reece Dusek	Fr	26	68	18:11.7	1:11:58.8	0:25.7
5	2200 Kole Dusek	Jr	38	106	19:02.4	1:31:01.3	1:16.5
6	2203 Ashton Horchem	So	(44)	(150)	19:16.0	1:50:17.3	1:30.0
7	2198 Bryce Baker	Jr	(49)	(199)	19:53.1	2:10:10.4	2:07.1

Final Team Results

**Boys**

**Varsity Boys**

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - East Peoria</b>			<b>Finish Position - 5</b>				
Team Score (places):136			Average Time: 18:23.4				
1	2227	Keaton Vandel	Jr	5	17:19.5	17:19.5	0:00.0
2	2228	Kolby Miller	Sr	21	18:05.7	35:25.3	0:46.2
3	2230	Matthew Gray	Fr	32	18:36.7	54:02.0	1:17.2
4	2229	Caleb Alt	Sr	35	18:46.1	1:12:48.2	1:26.5
5	2232	Bailey Webster	So	43	19:08.9	1:31:57.1	1:49.3
6	2233	Zach Alt	Fr	(47)	19:33.5	1:51:30.6	2:13.9
7	2231	Seth Bollinger	So	(51)	20:07.4	2:11:38.0	2:47.9
<b>Team - Dunlap</b>			<b>Finish Position - 6</b>				
Team Score (places):139			Average Time: 18:24.8				
1	2223	Henry Welsh	Fr	16	18:02.2	18:02.2	0:00.0
2	2214	Elijah Blascyk	Jr	24	18:07.9	36:10.1	0:05.6
3	2213	Brant Adreon	Fr	27	18:13.2	54:23.3	0:10.9
4	2216	Gavin Dean	Jr	33	18:37.5	1:13:00.8	0:35.2
5	2219	Aiden Mohr	Fr	39	19:03.3	1:32:04.1	1:01.1
6	2222	Adam Welsh	Jr	(40)	19:05.2	1:51:09.4	1:03.0
7	2224	Isaiah Hamann	So	(42)	19:06.4	2:10:15.8	1:04.1
<b>Team - Galesburg (H.S.)</b>			<b>Finish Position - 7</b>				
Team Score (places):157			Average Time: 18:50.3				
1	2240	Ben Vasquez	Jr	4	17:17.9	17:17.9	0:00.0
2	2242	Ben Cermak	Sr	14	17:57.2	35:15.1	0:39.3
3	2241	Max Martinez	Fr	41	19:06.0	54:21.2	1:48.1
4	2243	Alex Buchen	Jr	45	19:27.1	1:13:48.4	2:09.2
5	2244	Alex Harvey	Jr	53	20:23.3	1:34:11.7	3:05.4
6	2245	Primo Moreno	Fr	(59)	22:05.0	1:56:16.8	4:47.1
7	2246	Cole Warnsing	Jr	(63)	24:09.7	2:20:26.6	6:51.8
<b>Team - Peoria (Richwoods)</b>			<b>Finish Position - 8</b>				
Team Score (places):227			Average Time: 19:59.1				
1	2305	Kaiden Rixner	Jr	30	18:32.9	18:32.9	0:00.0
2	2297	Mykel Ellis	Jr	36	18:48.5	37:21.4	0:15.6
3	2306	Thomas Scriven	Jr	52	20:13.8	57:35.3	1:40.9
4	2298	Issac Galindo	Sr	54	20:56.1	1:18:31.4	2:23.2
5	2301	Christian Joliff	Sr	55	21:24.3	1:39:55.8	2:51.4
6	2304	Rishi Nair	Jr	(57)	21:57.8	2:01:53.6	3:24.9
7	2303	Carson Kellem	So	(58)	21:59.9	2:23:53.6	3:27.0

Race Date  
October 26, 2019

# Notre Dame IHSA Class 2A Regional XC Meet

## Final Team Results

### Boys Varsity Boys

			Overall	Cumulative	Cumulative	Time		
<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Place</u>	<u>Place</u>	<u>Time</u>	<u>Time</u>		
Team - Peoria (H.S.)			Finish Position - 9					
Team Score (places):246			Average Time: 20:27.0					
1	2271	Brandon Anderson	Sr	34	34	18:43.7	18:43.7	0:00.0
2	2274	Jacob Berry	Sr	46	80	19:31.3	38:15.0	0:47.5
3	2275	Alvin Edwards	So	50	130	19:54.0	58:09.1	1:10.3
4	2278	Martin Maloney	Jr	56	186	21:45.7	1:19:54.8	3:01.9
5	2272	Jude Anderson	Sr	60	246	22:20.2	1:42:15.1	3:36.5
6	2282	Jessie Woo	So	(61)	(307)	23:28.4	2:05:43.5	4:44.6
7	2277	Joseph Hinton	Fr	(62)	(369)	23:31.0	2:29:14.6	4:47.2

### Team - Canton

### Finish Position - Inc.

Team Score (places):Inc.

Average Time:

1	2210	Brennen Lawson	So	Less Than 5		19:20.9	19:20.9	0:00.0
2	2212	Mason Wood	Sr	Less Than 5		20:19.5	39:40.4	0:58.6
3	2209	Avery Dry	So	Less Than 5		21:09.1	1:00:49.5	1:48.2
4	2211	Sam Mason	Jr	Less Than 5		21:14.0	1:22:03.5	1:53.1

