



LEAFS WIN I.H.S.A. REGIONAL GOLD

Pictured is "da Team" shortly after being crowned the 2018 Galesburg Regional Team Champions

LEAFS WIN FIRST REGIONAL TITLE SINCE 1999

On Saturday, October 20th, the Leafs traveled to Galesburg's Lake Storey Park to participate in the Illinois High School Association Regional. The ten team field included squads from Bartonville (Limestone), Canton, Dunlap, East Peoria, Galesburg, Geneseo, Peoria (HS), Peoria (Notre Dame), Peoria (Richwoods), and Rock Island. At stake was advancement to next Saturday's I.H.S.A. Sectional to be hosted by East Peoria High School at Illinois Central College. Advancing were the Top Six teams and then the Top Five Individuals NOT on the advancing teams. The weatherman also got into the action by throwing one of the windiest days anyone could remember. The N.N.W. winds blew at a steady 30 mph all day long. Wind gusts were reported at 40 to 50 mph. Simply put, it was "Maple Leaf Weather".

The boys race took off at 10:45 p.m. sharp. The first mile of the race was mostly run directly into the Northwest Winds. The Leafs used intelligent tactics by "tucking in" behind the HUGE lead pack and "chilled" until just after the one mile mark. At that point the race was "ON". Following Coach Todd Ehlert's instructions, the team made a hard move, utilizing the tailwind to their advantage. A highly spirited Peoria Notre Dame Squad put up a fierce battle and had the team lead as the teams entered the final 600 meter finish stretch. At that point each of the seven Maple Leafs "found another gear" and sprinted home, powering through the challenging head wind. That move was the "difference maker" in the race, as the Leafs won by six points over Peoria Notre Dame. The win was the first Regional Championship for Geneseo since 1999. That's NINETEEN YEARS AGO. No one on the current team had even been born yet. It was a historic day.

Leading the way were Sophomore William Plumley (4th place in 17:35) and Freshman Justin Johnson (5th place in 17:37.) Each man earned a highly coveted Regional Medal for finishing in the Top 5. Not far behind were the rest of the Leaf's "Scoring Five" as Sophomore Lucas Nicke (14th place in 17:51), Junior Neo Colter (17th place in 18:00), and Junior Colby Rapps (18th place in 18:01) all finished strong as each man ran all the way "Through the Finish Line". Sophomore Rafe Morrison (25th place in 18:18) and Senior Andrew Rizzo (31st place in 18:38) completed the Leaf Team effort as they sprinted for "Home", crossing the finish line, wearing the effort of the day with PRIDE! Job Well Done Men! Celebrate, intelligently, for 24 hours and then it's "Back to Work". Keep doing all the "Little Things" and "DREAMING BIG".

Q-C teams exceed 2A expectations



MARC NESSELER / nesseler/qconline.com

Galesburg Class 2A Regional girls' cross country top-5 finishers Alexandra Cajigal, of Alleman, who placed third, and Josie Brown, of Geneseo, the champion, reach out to shake hands of finishers at the Lake Storey course.

MARC NESSELER

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GALESBURG — On the windiest day of the cross-country season, the Geneseo, Alleman and Rock Island teams blew away their expectations for the Class 2A Galesburg Regional.

Geneseo advanced its boys' and girls' teams, with the boys' winning the regional title and the girls as a runner-up. Alleman's girls (with the boys running in 1A) advanced as a team.

And Rock Island's boys, who did not advance as a team, all advanced as individuals, as odd as that seems, to next Saturday's East Peoria Sectional.

"Our goal was to advance as a team in the top six, and if not that, get two or three runners to advance (as the top five not on a qualifying team)," said RI coach Jarrin Williams. "My team didn't qualify, but ALL five took individual spots."

Those are Vyizigiro Ezekieli (running just his third race of the season and the second in two weeks following the Western Big 6 Conference meet), Donovan Garro, Tony VanDeWalle, Samson Shukuru and Aminia Mashimango. They will be joined at sectional on the girls' side by freshman Guinevere Carr.

The exceeding expectations story of the day, though, came at the top, for the Maple Leafs and Pioneers.

On the girls' side, Geneseo senior Josie Brown surprised herself with a regional championship, and Alleman senior Alexandra

Cajigal, using the strategy of staying close to Brown, was likewise thrilled with a third-place finish.

"I was hoping for a top-5 finish," said Brown, who won easily, finishing 30 seconds ahead of the runner-up with a time of 19:25. "Fifth is how I finished last year. I wanted to beat that."

Cajigal, too, came in with hopes of topping her '17 regional finish,

and topped that with an exclamation point.

"I was just hoping for top 10," said the bronze medalist, who is just in her second year of running cross country. "I was 14th last year. I knew I wanted to stay with (Josie) as much as I could. I knew she's awesome."

Brown had a pair of teammates in the top 10, with senior Julia Poel

sixth and freshman Lacey Laxton seventh.

The 1-2 punch of sophomore William Plumley (17:35) and freshman Justin Johnson (17:37) carried the Geneseo boys to the regional crown with fourth- and fifth-place finishes, respectively. The other three — Lucas Nicke, Neo Colter and Colby Rapps — all finished in the top 20.

Maple Leafs are regional champs



By **CHRIS STEELE**
Republic Sports Editor

For the first time since 1999, the Geneseo boys' cross country team can call themselves regional champions.

The Maple Leafs held off runner-up Peoria Notre Dame by six points for the Class 2A Galesburg Regional title at Lake Storey Park on Oct. 20.

The Maple Leafs have finished runner-up four times in the past 18 years, but first-year coach Todd Ehlert saw the Maple Leafs were ready to end the drought.

"They had the confidence going in that they could win, they went after it, and they got it," Ehlert said.

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THE MAPLE LEAFS won the Class 2A Galesburg Regional title Lake Storey Park on Oct. 20. Pictured are, first row, from left: William Plumley, Justin Johnson, Andrew Rizzo, Malakai Schaad and Rafe Morrison Second row, from left: Andrew Burke, Neo Colter, Lucas Nicke, Ky Ariano, Spencer Lindstrom, Bode Neff, Nathan Carroll, Colby Rapps, Ricky Chavez-Sanchez.

Photo submitted

MAPLE LEAFS: Geneseo boys' cross country coming together at the right time

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William Plumley paced the Geneseo pack with a fourth-place finish in 17:35, and Justin Johnson came in fifth in 17:37.

"Everything came together and the guys raced really well," Ehlert said. "It wasn't favorable for anybody with a 35-mile per hour wind. Our guys fought through it and really ran well to earn a regional championship."

Geneseo's Lucas Nicke claimed 14th in

17:51, and Neo Colter finished 17th in 18:00.

The Leafs' Colby Rapps ran down 18th in 18:01, and Rafe Morrison finished in 25th place in 18:18.

Geneseo's Andrew Rizzo captured 31st in 18:38.

The Maple Leafs advance to the Class 2A East Peoria Sectional held at Illinois Central College on Saturday, Oct. 27 at 11 a.m.

2018 IHSA GALESBURG REGIONAL SPLIT SHEET

Date: 10/20/2018						
Site: Galesburg's Lake Storey Park						
Conditions: Race time temperature of 45° w/30 mph NNW Winds. Gusted up to 40-50 mph!!! It was a challenging day!						
Racing Distance: 3.00 miles (ground firm with a lot of rolling hills)						
Team Place 1.) Geneseo 58 points (Geneseo's last regional title was 1999!)						
	TIME	ATHLETE	PLACE	RACE	1-MILE	2-MILE
1	17:35	William Plumley-10	4	VAR	5:49	11:50
2	17:37	Justin Johnson-09	5	VAR	5:49	11:48
3	17:51	Lucas Nicke-10	14	VAR	5:53	11:51
4	18:00	Neo Colter-11	17	VAR	5:47	11:51
5	18:01	Colby Rapps-11	18	VAR	6:03	12:12
6	18:18	Rafe Morrison-10	25	VAR	6:00	12:13
7	18:38	Andrew Rizzo-12	31	VAR	6:03	12:00
	DNC	none				
	16:53	Varsity Race Leader	1	VAR	5:45	11:26
		Geneseo Spread				
		1-5: 0:36				
		1-7: 1:03				

October 20, 2018

Final Team Results**Boys****Varsity Boys**

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Geneseo			Finish Position - 1				
Team Score (places):58			Average Time: 17:49.2				
1	7340 William Plumley	So	4	4	17:35.8	17:35.8	0:00.0
2	7335 Justin Johnson	Fr	5	9	17:37.3	35:13.2	0:01.4
3	7339 Lucas Nicke	So	14	23	17:51.1	53:04.3	0:15.2
4	7334 Neo Colter	Jr	17	40	18:00.7	1:11:05.0	0:24.9
5	7341 Colby Rapps	Jr	18	58	18:01.3	1:29:06.3	0:25.4
6	7338 Rafe Morrison	So	(25)	(83)	18:18.3	1:47:24.7	0:42.4
7	7342 Andrew Rizzo	Sr	(31)	(114)	18:38.0	2:06:02.7	1:02.1
Team - Peoria (Notre Dame)			Finish Position - 2				
Team Score (places):64			Average Time: 17:44.8				
1	7356 Chris Gilbert	Sr	1	1	16:53.4	16:53.4	0:00.0
2	7358 David Robison	Jr	8	9	17:44.2	34:37.6	0:50.8
3	7360 Brett Dickerson	So	15	24	17:55.0	52:32.7	1:01.6
4	7362 Patrick Couri	So	19	43	18:03.9	1:10:36.6	1:10.5
5	7363 Logan Keene	Jr	21	64	18:07.4	1:28:44.0	1:13.9
6	7357 Mickey Lawless	Sr	(24)	(88)	18:15.1	1:46:59.2	1:21.7
7	7361 Luke Sander	Jr	(28)	(116)	18:31.8	2:05:31.0	1:38.4
Team - Galesburg (H.S.)			Finish Position - 3				
Team Score (places):70			Average Time: 17:54.7				
1	7323 Aaron Burrows	Sr	3	3	17:22.5	17:22.5	0:00.0
2	7326 Ben Vasquez	So	7	10	17:44.2	35:06.7	0:21.6
3	7324 Mark Frenster	Sr	11	21	17:49.0	52:55.8	0:26.5
4	7327 Jared Shipp	Jr	22	43	18:12.1	1:11:07.9	0:49.6
5	7325 John Peterson	Sr	27	70	18:26.0	1:29:33.9	1:03.4
6	7328 Ben Cermak	Jr	(35)	(105)	19:00.0	1:48:34.0	1:37.5
7	7329 Alex Buchen	So	(43)	(148)	19:25.6	2:07:59.6	2:03.0
Team - East Peoria			Finish Position - 4				
Team Score (places):103			Average Time: 18:14.3				
1	7311 Caleb Alt	Jr	10	10	17:48.5	17:48.5	0:00.0
2	7309 Keaton Vandel	So	12	22	17:50.2	35:38.8	0:01.7
3	7310 Kolby Miller	Jr	16	38	17:57.2	53:36.0	0:08.7
4	7313 Dawson Dobbelaire	Sr	29	67	18:33.1	1:12:09.2	0:44.6
5	7317 Nate Steenbergen	Sr	36	103	19:02.4	1:31:11.7	1:13.9
6	7312 Bailey Webster	Fr	(42)	(145)	19:21.8	1:50:33.5	1:33.3
7	7315 Ryan Sosnowski	Jr	(46)	(191)	19:38.9	2:10:12.5	1:50.3

October 20, 2018

Final Team Results

Boys

Varsity Boys

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Dunlap			Finish Position - 5				
Team Score (places):108			Average Time: 18:17.5				
1	7302	Dane Tow	Sr	6	17:41.9	17:41.9	0:00.0
2	7303	Max Varness	Jr	13	17:50.6	35:32.6	0:08.7
3	7298	Lincoln Metzger	Sr	20	18:05.2	53:37.8	0:23.3
4	7304	Michael Hardy	So	30	18:34.7	1:12:12.5	0:52.7
5	7297	Noah Hopkins	Fr	39	19:15.0	1:31:27.6	1:33.1
6	7300	James Rikken	Sr	(41)	19:19.0	1:50:46.7	1:37.1
7	7306	Aayush Shah	So	(50)	19:44.8	2:10:31.5	2:02.8
Team - Bartonville (Limestone)			Finish Position - 6				
Team Score (places):112			Average Time: 18:16.0				
1	7284	Wilson Georges	Fr	2	17:00.9	17:00.9	0:00.0
2	7283	Kole Dusek	So	9	17:47.5	34:48.4	0:46.6
3	7286	Cole Leach	So	23	18:13.6	53:02.1	1:12.7
4	7285	Ashton Horchem	Fr	34	18:49.5	1:11:51.7	1:48.6
5	7282	Kieran Baurer	Fr	44	19:28.5	1:31:20.2	2:27.6
6	7287	Edwin Monroe	So	(48)	19:42.7	1:51:03.0	2:41.8
7	7281	Bryce Baker	So	(52)	20:06.5	2:11:09.5	3:05.6
Team - Rock Island (H.S.)			Finish Position - 7				
Team Score (places):166			Average Time: 18:49.4				
1	7374	Vyizigiro Ezekiel	Sr	26	18:18.8	18:18.8	0:00.0
2	7375	Donovan Garro	So	32	18:43.8	37:02.6	0:25.0
3	7382	Tony VanDeWalle	Jr	33	18:43.8	55:46.5	0:25.0
4	7381	Samson Shukuru	So	37	19:09.7	1:14:56.3	0:50.9
5	7378	Aminia Mashimango	Jr	38	19:10.7	1:34:07.0	0:51.8
6	7372	Bukuru Coudray	Jr	(49)	19:43.6	1:53:50.7	1:24.8
7	7383	Jacob Wyers	Jr	(53)	20:06.7	2:13:57.4	1:47.9
Team - Peoria (Richwoods)			Finish Position - 8				
Team Score (places):265			Average Time: 20:32.9				
1	7490	Crishad Nash		45	19:38.8	19:38.8	0:00.0
2	7493	Nick Doty		47	19:41.0	39:19.8	0:02.1
3	7491	Andrew Workheiser		51	20:02.3	59:22.2	0:23.5
4	7494	Isaac Galindo		58	21:09.6	1:20:31.8	1:30.8
5	7495	Christian Jolliff		64	22:13.0	1:42:44.9	2:34.2
6	7496	Alex Ostrander		(66)	22:45.4	2:05:30.3	3:06.6

Final Team Results**Boys****Varsity Boys**

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Canton			Finish Position - 9				
Team Score (places):270			Average Time: 20:40.2				
1	7290 Brennen Lawson	Fr	40	40	19:15.5	19:15.5	0:00.0
2	7294 Mason Wood	Jr	54	94	20:13.1	39:28.6	0:57.5
3	7293 Charles Wallace	Sr	57	151	21:06.3	1:00:35.0	1:50.8
4	7292 Sam Mason	So	59	210	21:17.7	1:21:52.8	2:02.2
5	7288 Avery Dry	Fr	60	270	21:28.6	1:43:21.4	2:13.0
6	7289 Shawn Eddy	Fr	(62)	(332)	21:38.8	2:05:00.2	2:23.2

Team - Peoria (H.S.)**Finish Position - 10**

Team Score (places):300

Average Time: 21:27.0

1	7353 Matthew Moland	Fr	55	55	20:17.8	20:17.8	0:00.0
2	7348 Jacob Berry	Jr	56	111	21:01.9	41:19.8	0:44.0
3	7349 Isaiah Fletcher	Sr	61	172	21:29.6	1:02:49.4	1:11.7
4	7354 John Velazquez	So	63	235	21:51.4	1:24:40.8	1:33.5
5	7351 Martin Maloney	So	65	300	22:34.5	1:47:15.4	2:16.6

Race Date
October 20, 2018

Galesburg IHSA Class 2A Regional XC
Championships
Overall Finish List

Boys
Varsity Boys

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
1	1	7356	Chris Gilbert	Peoria (Notre Dame)	Sr	16:53.4	5:38/M
2	2	7284	Wilson Georges	Bartonville (Limestone)	Fr	17:00.9	5:40/M
3	3	7323	Aaron Burrows	Galesburg (H.S.)	Sr	17:22.5	5:47/M
4	4	7340	William Plumley	Geneseo	So	17:35.8	5:52/M
5	5	7335	Justin Johnson	Geneseo	Fr	17:37.3	5:52/M
6	6	7302	Dane Tow	Dunlap	Sr	17:41.9	5:54/M
7	7	7326	Ben Vasquez	Galesburg (H.S.)	So	17:44.2	5:55/M
8	8	7358	David Robison	Peoria (Notre Dame)	Jr	17:44.2	5:55/M
9	9	7283	Kole Dusek	Bartonville (Limestone)	So	17:47.5	5:56/M
10	10	7311	Caleb Alt	East Peoria	Jr	17:48.5	5:56/M
11	11	7324	Mark Frenster	Galesburg (H.S.)	Sr	17:49.0	5:56/M
12	12	7309	Keaton Vandel	East Peoria	So	17:50.2	5:57/M
13	13	7303	Max Varness	Dunlap	Jr	17:50.6	5:57/M
14	14	7339	Lucas Nicke	Geneseo	So	17:51.1	5:57/M
15	15	7360	Brett Dickerson	Peoria (Notre Dame)	So	17:55.0	5:58/M
16	16	7310	Kolby Miller	East Peoria	Jr	17:57.2	5:59/M
17	17	7334	Neo Colter	Geneseo	Jr	18:00.7	6:00/M
18	18	7341	Colby Rapps	Geneseo	Jr	18:01.3	6:00/M
19	19	7362	Patrick Couri	Peoria (Notre Dame)	So	18:03.9	6:01/M
20	20	7298	Lincoln Metzger	Dunlap	Sr	18:05.2	6:02/M
21	21	7363	Logan Keene	Peoria (Notre Dame)	Jr	18:07.4	6:02/M
22	22	7327	Jared Shipp	Galesburg (H.S.)	Jr	18:12.1	6:04/M
23	23	7286	Cole Leach	Bartonville (Limestone)	So	18:13.6	6:04/M
24	24	7357	Mickey Lawless	Peoria (Notre Dame)	Sr	18:15.1	6:05/M
25	25	7338	Rafe Morrison	Geneseo	So	18:18.3	6:06/M
26	26	7374	Vyizigiro Ezekieli	Rock Island (H.S.)	Sr	18:18.8	6:06/M
27	27	7325	John Peterson	Galesburg (H.S.)	Sr	18:26.0	6:09/M
28	28	7361	Luke Sander	Peoria (Notre Dame)	Jr	18:31.8	6:10/M
29	29	7313	Dawson Dobbelaire	East Peoria	Sr	18:33.1	6:11/M
30	30	7304	Michael Hardy	Dunlap	So	18:34.7	6:11/M
31	31	7342	Andrew Rizzo	Geneseo	Sr	18:38.0	6:13/M
32	32	7375	Donovan Garro	Rock Island (H.S.)	So	18:43.8	6:14/M
33	33	7382	Tony VanDeWalle	Rock Island (H.S.)	Jr	18:43.8	6:14/M
34	34	7285	Ashton Horchem	Bartonville (Limestone)	Fr	18:49.5	6:16/M
35	35	7328	Ben Cermak	Galesburg (H.S.)	Jr	19:00.0	6:20/M
36	36	7317	Nate Steenbergen	East Peoria	Sr	19:02.4	6:21/M
37	37	7381	Samson Shukuru	Rock Island (H.S.)	So	19:09.7	6:23/M
38	38	7378	Aminia Mashimango	Rock Island (H.S.)	Jr	19:10.7	6:23/M
39	39	7297	Noah Hopkins	Dunlap	Fr	19:15.0	6:25/M
40	40	7290	Brennen Lawson	Canton	Fr	19:15.5	6:25/M
41	41	7300	James Rigger	Dunlap	Sr	19:19.0	6:26/M
42	42	7312	Bailey Webster	East Peoria	Fr	19:21.8	6:27/M
43	43	7329	Alex Buchen	Galesburg (H.S.)	So	19:25.6	6:28/M
44	44	7282	Kieran Baurer	Bartonville (Limestone)	Fr	19:28.5	6:29/M

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Galesburg IHSA Class 2A Regional XC
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Overall Finish List

Boys
Varsity Boys

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
45	45	7490	Crishad Nash	Peoria (Richwoods)		19:38.8	6:33/M
46	46	7315	Ryan Sosnowski	East Peoria	Jr	19:38.9	6:33/M
47	47	7493	Nick Doty	Peoria (Richwoods)		19:41.0	6:34/M
48	48	7287	Edwin Monroe	Bartonville (Limestone)	So	19:42.7	6:34/M
49	49	7372	Bukuru Coudray	Rock Island (H.S.)	Jr	19:43.6	6:34/M
50	50	7306	Aayush Shah	Dunlap	So	19:44.8	6:35/M
51	51	7491	Andrew Workheiser	Peoria (Richwoods)		20:02.3	6:41/M
52	52	7281	Bryce Baker	Bartonville (Limestone)	So	20:06.5	6:42/M
53	53	7383	Jacob Wyers	Rock Island (H.S.)	Jr	20:06.7	6:42/M
54	54	7294	Mason Wood	Canton	Jr	20:13.1	6:44/M
55	55	7353	Matthew Moland	Peoria (H.S.)	Fr	20:17.8	6:46/M
56	56	7348	Jacob Berry	Peoria (H.S.)	Jr	21:01.9	7:00/M
57	57	7293	Charles Wallace	Canton	Sr	21:06.3	7:02/M
58	58	7494	Isaac Galindo	Peoria (Richwoods)		21:09.6	7:03/M
59	59	7292	Sam Mason	Canton	So	21:17.7	7:06/M
60	60	7288	Avery Dry	Canton	Fr	21:28.6	7:09/M
61	61	7349	Isaiah Fletcher	Peoria (H.S.)	Sr	21:29.6	7:10/M
62	62	7289	Shawn Eddy	Canton	Fr	21:38.8	7:13/M
63	63	7354	John Velazquez	Peoria (H.S.)	So	21:51.4	7:17/M
64	64	7495	Christian Jolliff	Peoria (Richwoods)		22:13.0	7:24/M
65	65	7351	Martin Maloney	Peoria (H.S.)	So	22:34.5	7:31/M
66	66	7496	Alex Ostrander	Peoria (Richwoods)		22:45.4	7:35/M