

"Da LEAFS"

Pictured are the 10 Leafs who participated in this year's Sterling 09/JV Invitational and a few of their support crew

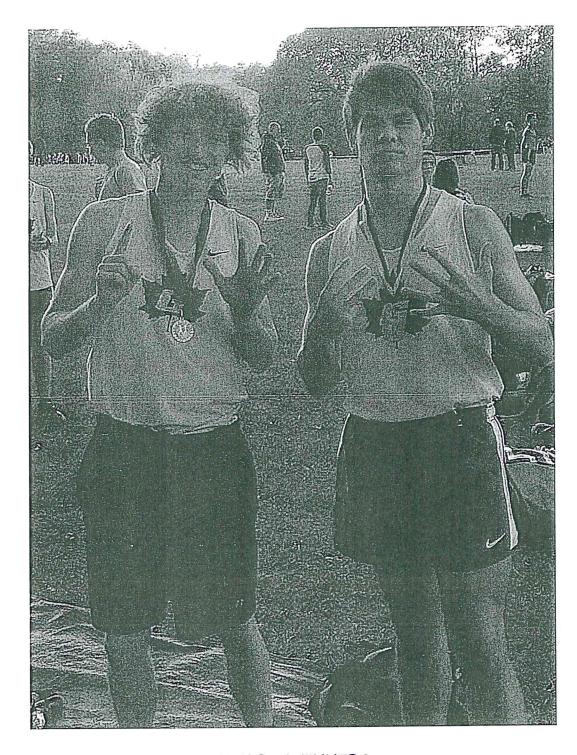
### LEAFS RUN STRONG AT STERLING 09/JV INVITATIONAL

On Tuesday, October 17th, the Leafs traveled to Sterling's Hoover Park to participate in the annual Sterling 09/JV Invitational. The meet included teams from: Geneseo, Moline, Princeton, Rock Falls, and Princeton. Dixon and LaSalle-Peru usually participate in the meet also but due to the postponement several Conference Meets from Saturday to Monday, several teams held runners out of the meet. In addition, two teams simply chose not to attend. We were hoping that the meet would be moved to Thursday but alas, it was not to be. We love the meet, which includes a freshman-only race in addition to a Junior Varsity (J.V.) Race that is limited to NON-TOP

7 Varsity Runners. Medals are awarded to the top 5 finishers in the freshman race while the top 10 finishers earned a medal in the Junior Varsity Race.

The coaching staff struggled with what to do when we found out Sunday night that the meet would stay on Tuesday. Some teams decided to have their athletes run both races. We chose NOT to do that. After tossing it around, we decided to only run our Top 7's at the NIB-12 on Monday in both the Varsity and F/S Levels. All other athletes would run in the Sterling 09/J.V. Invitational. Unfortunately, the change in the date of the NIB-12 Meet and no adjustment to the Sterling 09/J.V. Invitational resulted in seven Maple Leafs losing a race opportunity. We chose to go with one quality race over trying to race two days in a row. Our goal is always to have our men run their best race the last time they "Lace'em Up". Running a 2nd race the day after an all-out effort would have made that task extremely unlikely.

At 4:30 p.m. our only remaining freshman, Tanner Burgett, toed the starting line 16 other runners. Last year's race had 25 freshman boys finish the race. This year that number was down to 17. Moline was lucky to have contested the Western Big 6 Conference Meet on Thursday, October 12th so their entire team was well-rested. It showed as they grabbed 8 of the top 10 places and 12 of the top 15. Tanner ran a strong race placing 9th overall in 20:31. Tanner showed tremendous improvement throughout the season and it was great to see him finish strong. Another thing I love about this meet is the fact that the meet administration understands that this was a school night and combines the genders to shorten the meet's duration. Thus, all freshmen ran together.



#### AWARD WINNERS

Pictured are Sophomores Spencer Lindstrom and Will McKelvain who placed 6th and 8th to earn the highly-coveted Top 10 Finisher Medals.

The same was true at 5:00 p.m. when the Junior Varsity Field took off. Moline, once again, dominated the race taking the first five places and seven of the top ten. Leading the Leafs were Sophomores Spencer Lindstrom (18:41) and Will McKelvain (19:34) who placed 6th and 8th respectfully to earn "hardware". Spencer, who is bouncing back from a severely sprained ankle, actually led the race early and held the lead for quite a while. Next up were: Junior Luke

Sebastian (19:55), Sophomore Will Sammons (19:59), and Junior Brad Smith (21:35) who each cracked the top 20 with their 13th, 16th, and 20th place finishes. Also closing out their season in fine style were Sophomore Nathan Yoder (21:34...21st Place), Sophomore Ethan Saucedo (22:46... 22nd place), Sophomore Kyle State (22:51...23rd place\_, and Sophomore Jacob Jorgensen (22:53... 24th place.) Each man put forth their best efforts and the entire coaching staff is proud of them. Last year's meet had 48 male finishers while the 2017 version only had 26. Considering the entire situation, we were lucky and thankful that Sterling decided to have the meet and NOT cancel it. We hope all of our returners will come back to us next fall (we hope most of you will run track also.) Stay active and try to jump into a few road races before winter rolls in.

# 2017 STERLING 09/J.V. INVITATIONAL SPLIT SHEET

Date:	10/17/2	2017					
Cito	Storling	's Hoover Park					
Conditions: Daytime high of 71° with mimimal wind. Course a bit w							
Racin	ncing Distance: 3.00 miles (course FIRM and FAST)						
	TIME	ATHLETE	PLACE	RACE	1-MILE	2-MILE	
1	18:41	Spencer Lindstrom-10	6	J.V.	5:40	12:08	
2	19:34	Will McKelvain-10	8	J.V.	6:12	13:06	
3	19:55	Luke Sebastian-11	13	J.V.	6:12	13:09	
4	19:59	Will Sammons-10	16	J.V.	6:15	13:11	
5	20:31	Tanner Burgett-09	9	9	6:20	13:32	
6	21:35	Brad Smith-11	20	J.V.	6:32	14:13	
7	22:34	Nathan Yoder-11	21	J.V.	6:45	14:37	
8	22:46	Ethan Saucedo-10	22	J.V.	7:07	15:08	
9	22:51	Kyle State-10	23	J.V.	7:07	15:08	
10	22:53	Jacob Jorgensen-10	24	J.V.	7:07	15:08	
_							
	DNC	Chris Hodshire-11	Illness				
		Nathan Lambert-12	Injury				
		Hayes Murphy-10	Injury				
		Evan Veloz-10	Injury				
	18:26	Freshmen Race Leader		9	5:50	12:15	
	17:47	J.V. Race Leader	1	J.V.	5:31	11:38	
		Geneseo Spread					
		1-5: 1:50					
		1-7: 3:43		Ų			
		1-10: 4:12					

# 2017 STERLING 09/JV INVITATIONAL

**Boys Results** 

DOYS INCOMING						
						-
<b>Date:</b> 10/17/17				<u> </u>		
	ls: Geneseo, Moline, Pr	inceton, Ro	ck Falls,	Sterling		
Site:	Site: Hoover Park in Sterling					
Conditions: Daytime High of 71° with minimal wind. Course a bit wet.						
Racing	Distance: 3 miles					
FRESH	FRESHMAN RACE					
PLACE ATHLETE		SCHOOL	TIME			
1	Ethan Christ-09	Moline	18:26			
2	Sam Brown-09	Sterling	18:37			
3	Jon Hutton-09	Moline	18:40			
4	Aiden Fowler-09	Moline	18:41			
5	Chase Kwinski-09	Moline	19:44			
6	Enrique Perez-09	Moline	20:23		*	
7	Tyler Peterson-09	Moline	20:27			
8	Alex Plumb-09	Moline	20:31			_
9	Tanner Burgett-09	Geneseo	20:31			
10	Ben Gasa-09	Moline	20:50			
11	Brad Hilliard-09	Rock Falls				
12	Steven Klumb-09	Moline	21:03			
13	Alex Nelson-09	Moline	21:36			
14	Austin Garmon-09	Moline	21:38			
15	Thomas Knobloch-09	Moline	22:38			
16	Colin Kniss-09	Princeton				
17	Wyatt Workman-09	Princeton	26:52			

## 2017 STERLING 09/JV INVITATIONAL Boys Results

		DOA2 15			T	
Date:	Date: 10/17/17					
Schools: Geneseo, Moline, Princeton, Rock Falls, Sterling						
Site:  -	loover Park in Sterling					
Condit	ions: Daytime High of	71° with m	inimal wi	nd. Cour	se a bit	wet.
Racing	<b>Distance:</b> 3 miles					
					-	
JUNIO	R VARSITY BOYS					
PLACE	ATHLETE	SCHOOL	TIME			
1	Spencer Clapper-11	Moline	17:47			
2	Sam Adams-11	Moline	18:23		-	
3	Nickolas Johnson-11	Moline	18:36			
4	Barak Rowell-11	Moline	18:40			
5	Cameron Samolitis-11	Moline	18:41			
6	Spencer Lindstrom-10	Geneseo	18:41			
7	Andrew Iverson-11	Sterling	19:31			
8	Will McKelvain-10	Geneseo	19:34			
9	Marco Casas-11	Moline	19:41			
10	Mohtadi Ali-11	Moline	19:42			
11	Marquez Brown-11	Sterling	19:44			
12	Cameron Gonzalez-11	Rock Falls				
13	Luke Sebastian-11	Geneseo	19:55			
14	Connor Bland-11	Sterling	19:58			
15	Nic Johnson-10	Moline	19:58			
16	Will Sammons-10	Geneseo	19:59			
17	Miguel Huaracha-11	Sterling	20:51			
18	Tyler Everett-11	Sterling	21:09			
19	Kevin Lemus-10	Sterling	21:27			
20	Brad Smith-11	Geneseo	21:35			
21	Nathan Yoder-10	Geneseo	22:34			
22	Ethan Saucedo-10	Geneseo	22:46			
23	Kyle State-10	Geneseo	22:51			
24	Jacob Jorgensen-10	Geneseo	22:51			
25	Chris Irlbeck-12	Princeton	24:29			