

Geneseo races to third at regionals



Photo submitted

THE MAPLE LEAFS raced to a third place finish at the Galesburg Regional. Pictured are, first row from left: Nathan Carroll, Adam Wells, Christian Booth, Colby Rapps and Juan Mejías-Dansbach. Second row, from left: Neo Colter, Noah Sebastian, Maguire Hoon, Nathan Soria, Blake Duncan, Brandon Ramos and Peter Rizzo.

By **CHRIS STEELE**
Republic Sports Editor

With three runners in the top 10, Geneseo was the surprise of the Class 2A Galesburg Regional cross country meet at Lake Storey Park on Oct. 22.

The Maple Leafs' Blake Duncan (6th, 16:35), Nathan Soria (8th, 16:50) and Brandon Ramos (9th, 16:55) helped Geneseo finish a spot ahead of perennial running power Alleman and four points back of runner-up Dunlap.

Duncan has peaked at the right time leading Geneseo's pack at the Northern Illinois Big 12 Conference meet, and at the Galesburg Regional.

Geneseo's Peter Rizzo was 14th in 17:07, and Noah Sebastian finished 18th (17:19) giving Geneseo five scorers in the top 20.

CROSS COUNTRY: Maple Leafs finish third

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Geneseo's top five finishers were separated by just 44.7 seconds, which was the best pack time in the regional field.

The Leafs' Maguire Hoon was 34th in 18:03, and Neo

Colter finished 37th in 18:22.

Geneseo's team finish qualified them for the Class 2A Metamora Sectional at Black Partridge Park on Saturday, Oct. 29 starting at 11 a.m.

The top five teams, and top

seven individuals not on an advancing team, will advance to the IHSA state finals on Saturday, Nov. 5 at Detweiller Park in Peoria.

If Geneseo advanced to state as a team it would be for the first time since 1999.

'Skeleton crew' carries Alleman boys to Class 2A sectional berth

Staff report

GALESBURG — Despite missing its top runner because of an injury, the Alleman boys' cross country team was able to continue its season on Saturday.

With what Alleman coach Scott Stoll said was a "skeleton crew," it finished fourth in the Class 2A Galesburg Regional at Lake Storey Park with 98 points. The Pioneers will advance to the Metamora Sectional as a team.

"It's a pretty banged-up crew. All we could ask for them is to step up," Stoll said. "They gave it their best shot."

Junior Spencer Smith, the Western Big 6 Conference champion, was out with a leg injury, but senior Augie Darrow (16:06.9) picked up the slack with a second-place finish. Darrow finished 13 seconds behind Peoria Notre Dame senior Patrick Bruch.

Sophomore Aaron Mickelson — who Stoll said "stepped up" with a 30-second personal best — placed 12th in 17:03.1. Junior Brendan Hird (21st, 17:29.2), senior Connor Sheley (22nd, 17:31.4) and sophomore Pierre Azar (41st, 18:35.3) also had solid finishes on the day.

"I'm real proud of the guys," Stoll said.

Geneseo placed third with 55 points, seven behind first-place Peoria Notre Dame. Junior Blake Duncan (16:35), senior Nathan Soria (16:50) and senior Brandon Ramos (16:55) placed sixth, eighth and ninth, respectively.

Sophomore Peter Rizzo (17:07) and senior Noah Sebastian (17:19) also placed for the Maple Leafs.

"We had the best race of our season. This is the time of the season where you want to say that," Geneseo coach Don Fredericks said. "We ran great."

Class 2A boys

Galesburg Regional

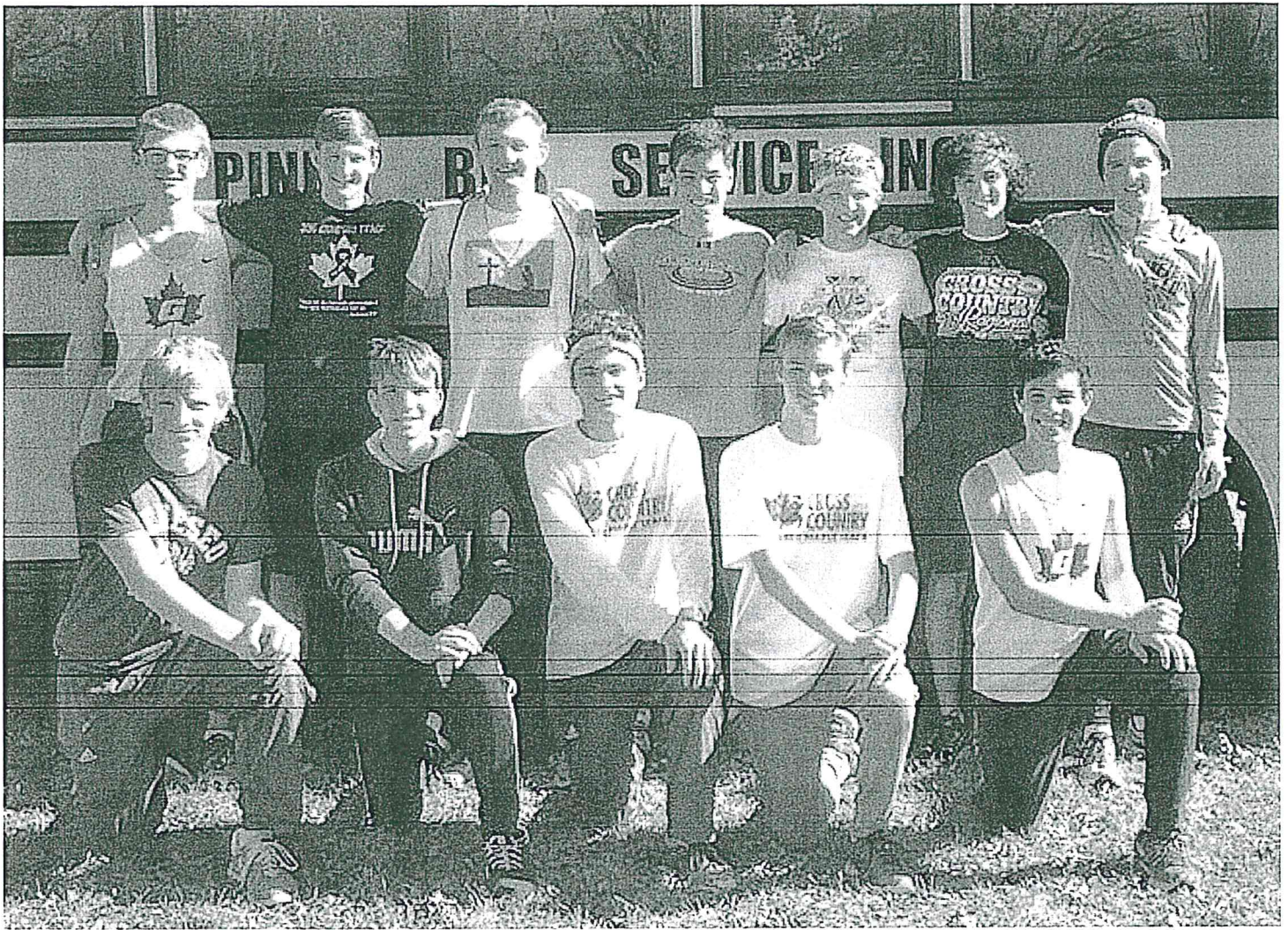
Teams: 1, Peoria Notre Dame 48. 2, Dunlap 51. 3, Geneseo 55. 4, Alleman, 98. 5, Bartonville Limestone 130. 6, Galesburg 152. 7, Peoria Richwoods 153. 8, Peoria 214.

Winner: Patrick Bruch, Peoria Notre Dame, 15:53.4

Advancing Individuals: Chrishad Nash, PR, 17:35; Andrew Workhesler, PR, 17:44; Nathan Carter, PR, 17:49; Terrence Dunigan, Peoria, 17:54; Joshua Boyle, PR, 17:55.

Geneseo: 6, Blake Duncan, 16:35; 14, Nathan Soria, 16:50.2; 23, Brandon Ramos, 16:55.4; 37, Peter Rizzo, 17:07.1; 55, Noah Sebastian, 17:19.7; 89, Maguire Hoon, 18:03.6; 126, Neo Colter, 18:22.9

Alleman: 2, Augie Darrow, 16:06.9; 14, Aaron Mickelson, 17:03.5; 35, Brendan Hird, 17:29.2; 47, Connor Sheley, 17:31.4; 98, Pierre Azar, 18:35.3; 146, Ethan Johnson, 19:34.1



LEAFS GRAB 3RD PLACE AT GALESBURG 2A REGIONAL

Pictured are the "Starting 7" in the back row: Neo Colter, Noah Sebastian, Maguire Hoon, Nathan Soria, Blake Duncan, Brandon Ramos, and Peter Rizzo.

In the front row are the "Fantastic 5" reserve runners: Nathan Carroll, Adam Wells, Christian Booth, Colby Rapps, & Juan Mejias-Dansbach

LEAFS "RUN WITH PASSION AND PURPOSE" TO PLACE A CLOSE 3RD IN THE I.H.S.A. GALESBURG REGIONAL

On Saturday, October 22nd, the Leafs traveled to Galesburg's Lake Storey Park to participate in the I.H. S.A. Regional Meet. The top 6 teams and top 5 runners NOT on the qualifying teams all moved on to next Saturday's I.H.S.A. Sectional Meet to be hosted by Metamora High School at Black Partridge Park. The field included teams from: Bartonville (Limestone), Canton, Dunlap, Galesburg, Geneseo, Peoria (H.S.), Peoria (Notre Dame), Peoria (Richwoods), and Rock Island (Alleman.) The teams were treated to a wonderful fall day with a race time temperature of 57° with a south wind of 12 mph. The course was firm and FAST.

The boys race took off at 11:45 a.m. This is an unusually late starting time and we applaud the meet management's decision to give the temperature a chance to climb from a night time low of 32°. The Leafs were seeded 4th in the meet by Dyestat Illinois. Peoria Notre Dame, Dunlap, and Rock Island Alleman were predicted to battle it out with the Leafs not even being mentioned in the pre-meet article. Not so fast my friend. The team ran an inspiring race that saw Blake Duncan, Nathan Soria, and Brandon Ramos all finish in the Top 10 as they grabbed 6th, 8th, and 9th places respectfully. Closing the scoring for Geneseo were Peter Rizzo and Noah Sebastian who each placed in the Top 20 via their 14th and 18th place finishes. Not too far behind were Maguire Hoon and Neo Colter who raced to 34th and 37th places respectively. When the "dust had settled", the Leafs team scored totaled 55 points. They had finished in an impressive 3rd place finished only 4 points out of 2nd and 7 out of 1st. We are well into "Championship Meet Season" and the team picked a great time to run their best race of the season. Impressive Stuff, Men!

Now onward to the Metamora Sectional Meet to be held at Black Partridge Park on Saturday, October 29th. No one will be looking at the Leafs to "Crash the Party" and earn a qualifying position. That's just fine with us. Use that as motivation and get ready to take it up ONE more notch and line up with the goal of "Shocking the State". We need a lot to go right to be in the running and I have every confidence that each of you will do your part to make the dream have a chance of becoming a reality. Continue to do all the "little things" correctly. 8+ hour of sleep, proper hydration, proper nutrition, and lots of visualization of SUCCESS. Think about your best races and take that mentality into your visualization and SEE yourself running a great race. No super-human efforts that almost always end in disaster. Put your team first and do whatever you can to help OUR TEAM optimize this amazing opportunity. All the best, Men. We are VERY proud of each of you. That includes our five alternates who were "ALL OVER" Galesburg's Lake Storey Park. There is no "I" in the word TEAM. TOGETHER WE CAN! NO EXCUSES, NO RETREATS, AND NO REGRETS.

2016 IHSA GALESBURG REGIONAL SPLIT SHEET

Date: 10/22/16						
Site: Lake Storey Park in Galesburg						
Conditions: Race time temperature of 57° w/12 mph south winds. NICE						
Racing Distance: 3.04 miles (ground firm)						
Team Place 3.) Geneseo 55 points.						
	TIME	ATHLETE	PLACE	RACE	1-MILE	2-MILE
1	16:35	Blane Duncan-11	6	VAR	5:17	10:56
2	16:50	Nathan Soria-12	8	VAR	5:15	10:56
3	16:55	Brandon Ramos-12	9	VAR	5:24	11:12
4	17:07	Peter Rizzo-10	14	VAR	5:24	11:13
5	17:19	Noah Sebastian-12	18	VAR	5:26	11:25
6	18:03	Maguire Hoon-12	34	VAR	5:36	11:54
7	18:22	Neo Colter-09	37	VAR	5:36	12:03
	DNC	none				
	15:24	Varsity Race Leader	1	VAR	5:03	10:26
		Geneseo Spread				
		1-5: 0:46				
		1-7: 1:47				

Race Date
October 22, 2016

Galesburg IHSA Class 2A Regional XC Championships

Final Team Results

Boys

Varsity Boys

Class - I IHSA Regional

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Peoria (Notre Dame)			Finish Position - 1				
Team Score (places):48			Average Time: 16:45.6				
1	579 Patrick Bruch	Sr	1	1	15:53.4	15:53.4	0:00.0
2	580 Mitchell Maushard	Sr	5	6	16:24.3	32:17.8	0:30.9
3	581 Thomas Kortz	Sr	10	16	17:02.1	49:19.9	1:08.6
4	583 Tony Haddad	Jr	13	29	17:04.9	1:06:24.9	1:11.5
5	582 Mitchell Mazander	So	19	48	17:23.5	1:23:48.4	1:30.0
6	586 Liam Owens	Jr	(28)	(76)	17:46.8	1:41:35.3	1:53.4
7	585 Jimmy Holmes	Sr	(32)	(108)	17:55.7	1:59:31.0	2:02.2

Team - Dunlap

Finish Position - 2

Team Score (places):51

Average Time: 16:47.4

1	541 Drew Fick	Sr	3	3	16:13.3	16:13.3	0:00.0
2	542 Carson Potts	Sr	4	7	16:19.1	32:32.5	0:05.8
3	545 Dotun Taiwo	Sr	7	14	16:41.3	49:13.8	0:27.9
4	547 Satyam Paudel	Sr	17	31	17:18.3	1:06:32.1	1:05.0
5	543 Justin Monge	Jr	20	51	17:25.1	1:23:57.3	1:11.8
6	551 Gabby Gavino Dacosta	Jr	(25)	(76)	17:42.8	1:41:40.1	1:29.5
7	546 Drake Simpson	Sr	(43)	(119)	18:47.8	2:00:28.0	2:34.5

Team - Geneseo

Finish Position - 3

Team Score (places):55

Average Time: 16:57.5

1	563 Blake Duncan	Jr	6	6	16:35.0	16:35.0	0:00.0
2	570 Nathan Soria	Sr	8	14	16:50.2	33:25.3	0:15.2
3	566 Brandon Ramos	Sr	9	23	16:55.4	50:20.7	0:20.3
4	568 Peter Rizzo	So	14	37	17:07.1	1:07:27.8	0:32.1
5	569 Noah Sebastian	Sr	18	55	17:19.7	1:24:47.6	0:44.7
6	564 Maguire Hoon	Sr	(34)	(89)	18:03.6	1:42:51.3	1:28.6
7	562 Neo Colter	Fr	(37)	(126)	18:22.9	2:01:14.3	1:47.9

Team - Rock Island (Alleman)

Finish Position - 4

Team Score (places):98

Average Time: 17:21.3

1	601 Augie Darrow	Sr	2	2	16:06.9	16:06.9	0:00.0
2	605 Aaron Mickelson	So	12	14	17:03.5	33:10.5	0:56.6
3	604 Brendan Hird	Jr	21	35	17:29.2	50:39.7	1:22.2
4	603 Connor Sheley	Sr	22	57	17:31.4	1:08:11.2	1:24.5
5	607 Pierre Azar	So	41	98	18:35.3	1:26:46.5	2:28.4
6	606 Ethan Johnson	Jr	(48)	(146)	19:34.1	1:46:20.7	3:27.2

October 22, 2016

Final Team Results**Boys****Varsity Boys****Class - I IHSA Regional**

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Bartonville (Limestone)				Finish Position - 5			
Team Score (places):130				Average Time: 17:42.2			
1	533	Jacob Harrison	So	11	17:03.1	17:03.1	0:00.0
2	537	Luke Yocum	So	15	17:15.9	34:19.0	0:12.7
3	532	Alex Feller	Fr	33	17:59.6	52:18.7	0:56.4
4	534	Mitchell Leach	So	35	18:05.2	1:10:23.9	1:02.0
5	536	Drew Stear	So	36	18:07.2	1:28:31.2	1:04.1
6	535	Drake Stage	So	(39)	18:32.8	1:47:04.0	1:29.6
7	531	Ryan Chapai	So	(49)	19:57.4	2:07:01.4	2:54.3
Team - Galesburg (H.S.)				Finish Position - 6			
Team Score (places):152				Average Time: 18:06.6			
1	553	Aaron Burrows	So	16	17:16.4	17:16.4	0:00.0
2	554	Juan Caro	So	24	17:37.1	34:53.5	0:20.6
3	558	John Peterson	So	27	17:46.7	52:40.2	0:30.2
4	555	Ben Cermak	Fr	38	18:27.0	1:11:07.2	1:10.5
5	557	Lorenzo Moreno	Fr	47	19:26.0	1:30:33.2	2:09.5
6	559	Tiernan Smith	Sr	(51)	20:50.5	1:51:23.8	3:34.0
DQ	556	Mark Frenster	So	DQ			
Team - Peoria (Richwoods)				Finish Position - 7			
Team Score (places):153				Average Time: 17:59.5			
1	600	Chrishad Nash	So	23	17:35.3	17:35.3	0:00.0
2	599	Andrew Workheiser	So	26	17:44.6	35:20.0	0:09.3
3	592	Nathan Carter	Sr	29	17:49.8	53:09.8	0:14.5
4	591	Joshua Boyle	Sr	31	17:55.1	1:11:05.0	0:19.8
5	597	Keegan McConnell	Sr	44	18:52.4	1:29:57.4	1:17.1
6	594	Jackson Guerrero	Sr	(45)	19:07.8	1:49:05.2	1:32.4
7	595	Lawrence Lin	So	(46)	19:11.7	2:08:16.9	1:36.3
Team - Peoria (H.S.)				Finish Position - 8			
Team Score (places):214				Average Time: 19:48.2			
1	572	Terrence Dunigan	Jr	30	17:54.8	17:54.8	0:00.0
2	573	Marcus Fleming	Jr	40	18:34.2	36:29.0	0:39.3
3	578	Stephen Winters	Jr	42	18:45.5	55:14.5	0:50.6
4	575	Demetric Mason	So	50	20:08.9	1:15:23.5	2:14.0
5	574	Christian Jolliff	Fr	52	23:37.4	1:39:00.9	5:42.6

Race Date
October 22, 2016

Galesburg IHSA Class 2A Regional XC Championships

Final Team Results

Boys

Varsity Boys

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<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Canton				Finish Position - Inc.			
Team Score (places):Inc.				Average Time:			
1	538	Adrian Penning	Fr	Less Than 5	19:40.8	19:40.8	0:00.0
2	540	Mason Wood	Fr	Less Than 5	19:41.5	39:22.3	0:00.7
3	539	Charles Wallace	So	Less Than 5	21:39.2	1:01:01.6	1:58.4

Race Date
October 22, 2016

Galesburg IHSA Class 2A Regional XC
Championships
Overall Finish List

Boys

Varsity Boys

Class - I IHSA Regional

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
1	1	579	Patrick Bruch	Peoria (Notre Dame)	Sr	15:53.4	5:18/M
2	2	601	Augie Darrow	Rock Island (Alleman)	Sr	16:06.9	5:22/M
3	3	541	Drew Fick	Dunlap	Sr	16:13.3	5:24/M
4	4	542	Carson Potts	Dunlap	Sr	16:19.1	5:26/M
5	5	580	Mitchell Maushard	Peoria (Notre Dame)	Sr	16:24.3	5:28/M
6	6	563	Blake Duncan	Geneseo	Jr	16:35.0	5:32/M
7	7	545	Dotun Taiwo	Dunlap	Sr	16:41.3	5:34/M
8	8	570	Nathan Soria	Geneseo	Sr	16:50.2	5:37/M
9	9	566	Brandon Ramos	Geneseo	Sr	16:55.4	5:38/M
10	10	581	Thomas Kortz	Peoria (Notre Dame)	Sr	17:02.1	5:41/M
11	11	533	Jacob Harrison	Bartonville (Limestone)	So	17:03.1	5:41/M
12	12	605	Aaron Mickelson	Rock Island (Alleman)	So	17:03.5	5:41/M
13	13	583	Tony Haddad	Peoria (Notre Dame)	Jr	17:04.9	5:41/M
14	14	568	Peter Rizzo	Geneseo	So	17:07.1	5:42/M
15	15	537	Luke Yocum	Bartonville (Limestone)	So	17:15.9	5:45/M
16	16	553	Aaron Burrows	Galesburg (H.S.)	So	17:16.4	5:45/M
17	17	547	Satyam Paudel	Dunlap	Sr	17:18.3	5:46/M
18	18	569	Noah Sebastian	Geneseo	Sr	17:19.7	5:46/M
19	19	582	Mitchell Mazander	Peoria (Notre Dame)	So	17:23.5	5:48/M
20	20	543	Justin Monge	Dunlap	Jr	17:25.1	5:48/M
21	21	604	Brendan Hird	Rock Island (Alleman)	Jr	17:29.2	5:50/M
22	22	603	Connor Sheley	Rock Island (Alleman)	Sr	17:31.4	5:50/M
23	23	600	Chrishad Nash	Peoria (Richwoods)	So	17:35.3	5:52/M
24	24	554	Juan Caro	Galesburg (H.S.)	So	17:37.1	5:52/M
25	25	551	Gabby Gavino Dacosta	Dunlap	Jr	17:42.8	5:54/M
26	26	599	Andrew Workheiser	Peoria (Richwoods)	So	17:44.6	5:55/M
27	27	558	John Peterson	Galesburg (H.S.)	So	17:46.7	5:55/M
28	28	586	Liam Owens	Peoria (Notre Dame)	Jr	17:46.8	5:55/M
29	29	592	Nathan Carter	Peoria (Richwoods)	Sr	17:49.8	5:56/M
30	30	572	Terrence Dunigan	Peoria (H.S.)	Jr	17:54.8	5:58/M
31	31	591	Joshua Boyle	Peoria (Richwoods)	Sr	17:55.1	5:58/M
32	32	585	Jimmy Holmes	Peoria (Notre Dame)	Sr	17:55.7	5:58/M
33	33	532	Alex Feller	Bartonville (Limestone)	Fr	17:59.6	6:00/M
34	34	564	Maguire Hoon	Geneseo	Sr	18:03.6	6:01/M
35	35	534	Mitchell Leach	Bartonville (Limestone)	So	18:05.2	6:02/M
36	36	536	Drew Stear	Bartonville (Limestone)	So	18:07.2	6:02/M
37	37	562	Neo Colter	Geneseo	Fr	18:22.9	6:07/M
38	38	555	Ben Cermak	Galesburg (H.S.)	Fr	18:27.0	6:09/M
39	39	535	Drake Stage	Bartonville (Limestone)	So	18:32.8	6:11/M
40	40	573	Marcus Fleming	Peoria (H.S.)	Jr	18:34.2	6:11/M
41	41	607	Pierre Azar	Rock Island (Alleman)	So	18:35.3	6:12/M
42	42	578	Stephen Winters	Peoria (H.S.)	Jr	18:45.5	6:15/M
43	43	546	Drake Simpson	Dunlap	Sr	18:47.8	6:16/M
44	44	597	Keegan McConnell	Peoria (Richwoods)	Sr	18:52.4	6:17/M

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Overall Finish List

Boys

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Class - I IHSA Regional

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
45	45	594	Jackson Guerrero	Peoria (Richwoods)	Sr	19:07.8	6:22/M
46	46	595	Lawrence Lin	Peoria (Richwoods)	So	19:11.7	6:24/M
47	47	557	Lorenzo Moreno	Galesburg (H.S.)	Fr	19:26.0	6:29/M
48	48	606	Ethan Johnson	Rock Island (Alleman)	Jr	19:34.1	6:31/M
49	(< 5)	538	Adrian Penning	Canton	Fr	19:40.8	6:33/M
50	(< 5)	540	Mason Wood	Canton	Fr	19:41.5	6:34/M
51	49	531	Ryan Chapai	Bartonville (Limestone)	So	19:57.4	6:39/M
52	50	575	Demetric Mason	Peoria (H.S.)	So	20:08.9	6:43/M
53	51	559	Tiernan Smith	Galesburg (H.S.)	Sr	20:50.5	6:57/M
54	(< 5)	539	Charles Wallace	Canton	So	21:39.2	7:13/M
55	52	574	Christian Jolliff	Peoria (H.S.)	Fr	23:37.4	7:52/M
DQ	DQ	556	Mark Frenster	Galesburg (H.S.)	So		