



### LEAFS PUNCH SECTIONAL TICKET

Pictured is "da team" with "Super Fans" Morgan May and Mattie Mackey. Row 1: Andrew Rizzo, Morgan May, Mattie Mackey, Peter Rizzo; Row 2: Captains Gabe Johnson and Charley Elden; Row 3: Keith Elden, Blake Duncan, Maguire Hoon, Kaden Rink (Man, is he growing : ) ), Kyle Sellers, and Nathan Soria

### LEAFS RUN TO 3RD PLACE AT PEORIA NOTRE DAME IHSA REGIONAL

On Saturday, October 24th, the Leafs traveled to Peoria's Donavon Park (formerly Donovan Golf Course) to participate in the opening round of the IHSA Series. Peoria Notre Dame played host and their head coach (Dan Gray) did a wonderful job of designing the course which is laid out on the former Donovan Golf Course. The golf course has been closed for several years and was converted into a park. The course layout provides a true cross country challenge with numerous rolling hills. The distance is 5k (3.10 miles) and our guys loved it (our coaches too.) The field included teams from: Alleman, Canton, Dunlap, Galesburg, Geneseo, Limestone, Peoria High School, Peoria Notre Dame, Peoria Richwoods, and Washington. The top 6 teams and top 5 boys not on



the 6 qualifying teams, advanced to next Saturday's Normal University High School's IHSA Sectional to be held at Maxwell Park (also the site of the IESA State Finals.)

The boys race took off at 11:00 a.m. with temperatures in the mid 50's with windy conditions. The course was pretty well protected from the wind but the athletes did have to battle strong wind gusts (20-30 mph) off and on. We (Coach Moe & I) have preached PACKING GROUPS all season long and really addressed this issue in practice this week. The guys responded perfectly earning an A+ grade for race tactics and simply ran their best races of the season by a long shot. Junior Nathan Soria led the Leafs with a solid 10th place finish after lead packing early in the race. Not too far behind him came our team's Co-Captains Charley Elden and Gabe Johnson who ROARED home in 14th and 18th place respectively. That gave the Leafs 3 runners in the Top 20. Then our "Pack Attack" paid dividends as Sophomore Blake Duncan (24th), Freshman Kaden Rink (26th), Freshman Peter Rizzo (27th), and Freshman Andrew Rizzo (30th) all finished with 6 seconds of each other. In case you missed it....that's all 7 Maple Leafs finishing in the top 30. The TEAM simply ran AWESOME. Our team depth was equally impressive. When the Top 6 finishers for each school were added together (just like the top 5 is totaled for a team score) the Leafs finished 2nd. The same thing was true for adding all 7 runners together. As it was, Peoria Notre Dame won the meet with an impressive team score of 53 points on their home course (they run one mile to the course and workout there regularly.) The Leafs finished a mere 5 points behind Rock Island Alleman. We finished 8 points ahead of Limestone and 10 points ahead of Dunlap. Next Saturday is going to be FUN.

A special throw-out goes to our three alternates. Kyle Sellers, Keith Elden, and Maguire Hoon did a phenomenal job of supporting the team and being ready to step in on a minute's notice. The "Team Carma" was the best it has been all season long. Let's make those little sacrifices this week (a healthy 3 meals a day, 8 or more hours of sleep each night, proper hydration, proper clothing....it's going to get cold, not gorging on Halloween candy, etc. NO ONE is looking for Leafs to be in the hunt for a STATE FINALS TICKET. There is absolutely ZERO pressure on our team. Run RELAXED and FREE and see what happens. We are VERY proud of each of you. All the best next Saturday.



# Leafs ready to hit a home run at sectionals

By CHRIS STEELE  
Republic Sports Editor

Boys' cross country coach Don Fredericks likened his Maple Leafs' team to the Chicago Cubs season.

With a young group of runners, the Maple Leafs looked like a team in waiting.

However, following the 2A Peoria Notre Dame Regional on Oct. 24, Geneseo looked like a team ahead of schedule.

The Maple Leafs' finished third at the regional held at Donovan Park in Peoria.

As a result, Geneseo feels like they are playing with house money.

"I like where we are at," Fredericks said. "There is zero pressure on us, no team in the sectional thinks we have a chance to qualify so



Photo submitted

**THE MAPLE LEAFS** finished third in the 2A Peoria Notre Dame Regional. Pictured are, first row, from left: Andrew Rizzo, Morgan May, Maddie Mackey and Peter Rizzo. Second row, from left: Keith Elden, Blake Duncan, Maguire Hoon, Gabe Johnson, Kaden Rink, Charley Elden, Kyle Sellers and Nathan Soria.

who knows? We need the stars to line up right, but I'm very excited." Leaflets with a 10th-place finish (17:34), and Andrew Rizzo (16:13) on the on the 3.1 mile was just a few steps back in course. 30th (17:35)

It would be the first time since 1999 the Maple Leafs had a team advance to state, but Fredericks said things all came together for Geneseo at regionals. Geneseo's seniors bridged the gap for the rest of the Leafs' pack. Charley Elden was 14th (16:35), and Gabe Johnson finished 18th (17:10).

Nathan Soria paced the Geneseo's young guns made up the rest of the Geneseo top seven.

A sophomore, Blake Duncan (24th, 17:29) finished in the top 25, and freshman Kaden Rink (26th, 17:33) rounded out the scorers for Geneseo.

The Leafs' Peter Rizzo was a spot back in 27th place

Geneseo advances to the Normal University Sectional on Oct. 31 at Maxwell Park starting at 10 a.m.

The top five teams and top seven individuals not on an advancing team will advance to the IHSA state finals Saturday, Nov. 7 at Detweiller Park in Peoria.

The 2A state boys' race is slated for noon.

"On paper we are still a year away," Fredericks said. "Hopefully, like the Cubs, we can get there a year early."

# 2015 IHSA PEORIA NOTRE DAME REGIONAL SPLIT SHEET

<b>Date:</b> 10/24/15						
<b>Site:</b> Donovan Park in Peoria						
<b>Conditions:</b> Race time temperature of 57° w/25 mph wind gusts.						
<b>Racing Distance:</b> 3.10 miles (several rolling hills...slow but awesome course)						
<b>Team Place</b> 3.) Geneseo 92 points.						
	<b>TIME</b>	<b>ATHLETE</b>	<b>PLACE</b>	<b>RACE</b>	<b>1-MILE</b>	<b>2-MILE</b>
1	16:13	Nathan Soria	10	VAR	5:18	11:07
2	16:35	Charley Elden	14	VAR	5:36	11:34
3	17:10	Gabe Johnson	18	VAR	5:40	11:42
4	17:29	Blake Duncan	24	VAR	5:48	11:56
5	17:33	Kaden Rink	26	VAR	5:47	11:47
6	17:34	Peter Rizzo	27	VAR	5:44	11:55
7	17:35	Andrew Rizzo	30	VAR	5:44	11:58
	DNC	none				
	15:24	Varsity Race Leader	1	VAR	5:15	10:44
		Geneseo Spread				
		1-5: 1:20				
		1-7: 1:22				



October 24, 2015

Overall Finish List**Boys****Varsity Boys**

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
1	1	1253	Matt Carr	Bartonville (Limestone)	Sr	16:36.4	5:21/M
2	2	1426	Aaron Golding	Rock Island (Alleman)	Sr	16:42.8	5:23/M
3	3	1385	Victor Fortin	Peoria (Notre Dame)	Sr	16:45.6	5:24/M
4	4	1381	Patrick Bruch	Peoria (Notre Dame)	Jr	16:56.7	5:28/M
5	5	1424	Augie Darrow	Rock Island (Alleman)	Jr	17:04.6	5:30/M
6	6	1258	Tyler Hiserote	Bartonville (Limestone)	Sr	17:09.3	5:32/M
7	7	1388	Mitchell Maushard	Peoria (Notre Dame)	Jr	17:10.7	5:32/M
8	8	1431	Spencer Smith	Rock Island (Alleman)	So	17:14.1	5:34/M
9	9	1290	Drew Fick	Dunlap	Jr	17:15.6	5:34/M
10	10	1347	Nathan Soria	Geneseo	Jr	17:21.0	5:36/M
11	11	1383	Brady Dickerson	Peoria (Notre Dame)	Sr	17:30.0	5:39/M
12	12	1321	Joseph Stewart	Galesburg (H.S.)	Sr	17:40.0	5:42/M
13	13	1316	Bricyn Healey	Galesburg (H.S.)	Sr	17:49.3	5:45/M
14	14	1338	Charley Elden	Geneseo	Sr	17:52.9	5:46/M
15	15	1452	Alex Mitchell	Washington	So	17:54.8	5:46/M
16	16	1298	Clark Tow	Dunlap	Sr	18:04.0	5:50/M
17	17	1313	Wilson Burton	Galesburg (H.S.)	Jr	18:05.2	5:50/M
18	18	1341	Gabe Johnson	Geneseo	Sr	18:07.6	5:51/M
19	19	1257	Parker Herz	Bartonville (Limestone)	Sr	18:09.4	5:51/M
20	20	1297	Dotun Taiwo	Dunlap	Jr	18:09.4	5:51/M
21	21	1448	Avery Davidson	Washington	Fr	18:10.0	5:52/M
22	22	1453	Alex Phelps	Washington	Sr	18:12.0	5:52/M
23	23	1291	Gabby Gavino Dacosta	Dunlap	So	18:14.3	5:53/M
24	24	1337	Blake Duncan	Geneseo	So	18:16.2	5:54/M
25	25	1455	David Sabotta	Washington	Sr	18:18.0	5:54/M
26	26	1342	Kaden Rink	Geneseo	Fr	18:18.6	5:54/M
27	27	1344	Peter Rizzo	Geneseo	Fr	18:20.3	5:55/M
28	28	1387	Thomas Kortz	Peoria (Notre Dame)	Jr	18:21.8	5:55/M
29	29	1382	John Couri	Peoria (Notre Dame)	So	18:23.9	5:56/M
30	30	1343	Andrew Rizzo	Geneseo	Fr	18:24.0	5:56/M
31	31	1386	Tony Haddad	Peoria (Notre Dame)	So	18:26.8	5:57/M
32	32	1427	Brendan Hird	Rock Island (Alleman)	So	18:28.5	5:57/M
33	33	1261	Luke Yocum	Bartonville (Limestone)	Fr	18:29.9	5:58/M
34	34	1292	Brendan Mitchell	Dunlap	Sr	18:30.9	5:58/M
35	35	1295	Shivom Paudel	Dunlap	Fr	18:35.2	6:00/M
36	36	1293	Justin Monge	Dunlap	So	18:37.8	6:00/M
37	37	1446	Reese Borlin	Washington	Fr	18:38.6	6:01/M
38	38	1410	Jace Patacsil	Peoria (Richwoods)	Sr	18:42.3	6:02/M
39	39	1457	Max Tellefson	Washington	Fr	18:46.1	6:03/M
40	40	1433	Ben Weaver	Rock Island (Alleman)	So	18:48.4	6:04/M
41	41	1256	Jacob Harrison	Bartonville (Limestone)	Fr	18:49.1	6:04/M
42	42	1430	Connor Sheley	Rock Island (Alleman)	Jr	18:51.7	6:05/M
43	43	1320	Jakob Pettit	Galesburg (H.S.)	So	18:54.6	6:06/M
44	44	1454	Garret Roberts	Washington	Fr	18:55.7	6:06/M
45	45	1402	Joshua Boyle	Peoria (Richwoods)	Jr	19:06.6	6:10/M
46	46	1312	Aaron Burrows	Galesburg (H.S.)	Fr	19:09.4	6:11/M

October 24, 2015

Overall Finish List**Boys****Varsity Boys**

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
47	47	1413	Andrew Workheiser	Peoria (Richwoods)	Fr	19:22.0	6:15/M
48	48	1407	Keegan McConnell	Peoria (Richwoods)	Jr	19:25.8	6:16/M
49	49	1273	Jordan Stein	Canton	So	19:26.6	6:16/M
50	50	1403	Nathan Carter	Peoria (Richwoods)	Jr	19:27.0	6:16/M
51	51	1314	Juan Caro	Galesburg (H.S.)	Fr	19:27.2	6:16/M
52	52	1406	Lawrence Lin	Peoria (Richwoods)	Fr	19:38.0	6:20/M
53	53	1405	Jackson Guerrero	Peoria (Richwoods)	Jr	19:41.6	6:21/M
54	54	1260	Chris Walker	Bartonville (Limestone)	So	19:43.8	6:22/M
55	55	1318	Tanner Owen	Galesburg (H.S.)	Sr	19:49.0	6:24/M
56	56	1359	De'Entre Blount	Peoria (H.S.)	Sr	20:04.5	6:28/M
57	57	1358	Bryson Bergeron	Peoria (H.S.)	Jr	20:08.2	6:30/M
58	58	1361	Marcus Fleming	Peoria (H.S.)	So	20:17.5	6:33/M
59	59	1259	Drake Stage	Bartonville (Limestone)	Fr	20:18.9	6:33/M
60	60	1428	Rian O'Hanlon	Rock Island (Alleman)	Fr	20:22.4	6:34/M
61	61	1272	Tristin Rilea	Canton	So	21:31.0	6:56/M
62	62	1275	Charles Wallace	Canton	Fr	23:07.1	7:27/M
63	63	1271	Curtis Norton	Canton	So	24:56.4	8:03/M
64	64	1274	Jackson Swank	Canton	So	24:56.4	8:03/M
65	65	1365	Jonathan Patterson	Peoria (H.S.)	So	25:22.9	8:11/M
66	66	1366	ONeal Perry	Peoria (H.S.)	Fr	25:24.8	8:12/M



October 24, 2015

Final Team Results**Boys****Varsity Boys**

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Peoria (Notre Dame)</b>			<b>Finish Position - 1</b>				
Team Score (places):53			Average Time: 17:21.0				
1	1385 Victor Fortin	Sr	3	3	16:45.6	16:45.6	0:00.0
2	1381 Patrick Bruch	Jr	4	7	16:56.7	33:42.4	0:11.1
3	1388 Mitchell Maushard	Jr	7	14	17:10.7	50:53.1	0:25.0
4	1383 Brady Dickerson	Sr	11	25	17:30.0	1:08:23.2	0:44.3
5	1387 Thomas Kortz	Jr	28	53	18:21.8	1:26:45.0	1:36.1
6	1382 John Couri	So	(29)	(82)	18:23.9	1:45:08.9	1:38.2
7	1386 Tony Haddad	So	(31)	(113)	18:26.8	2:03:35.8	1:41.1
<b>Team - Rock Island (Alleman)</b>			<b>Finish Position - 2</b>				
Team Score (places):87			Average Time: 17:39.7				
1	1426 Aaron Golding	Sr	2	2	16:42.8	16:42.8	0:00.0
2	1424 Augie Darrow	Jr	5	7	17:04.6	33:47.4	0:21.8
3	1431 Spencer Smith	So	8	15	17:14.1	51:01.5	0:31.3
4	1427 Brendan Hird	So	32	47	18:28.5	1:09:30.1	1:45.7
5	1433 Ben Weaver	So	40	87	18:48.4	1:28:18.5	2:05.6
6	1430 Connor Sheley	Jr	(42)	(129)	18:51.7	1:47:10.3	2:08.9
7	1428 Rian O'Hanlon	Fr	(60)	(189)	20:22.4	2:07:32.7	3:39.6
<b>Team - Geneseo</b>			<b>Finish Position - 3</b>				
Team Score (places):92			Average Time: 17:59.3				
1	1347 Nathan Soria	Jr	10	10	17:21.0	17:21.0	0:00.0
2	1338 Charley Elden	Sr	14	24	17:52.9	35:14.0	0:31.8
3	1341 Gabe Johnson	Sr	18	42	18:07.6	53:21.7	0:46.5
4	1337 Blake Duncan	So	24	66	18:16.2	1:11:37.9	0:55.1
5	1342 Kaden Rink	Fr	26	92	18:18.6	1:29:56.6	0:57.5
6	1344 Peter Rizzo	Fr	(27)	(119)	18:20.3	1:48:16.9	0:59.2
7	1343 Andrew Rizzo	Fr	(30)	(149)	18:24.0	2:06:40.9	1:02.9
<b>Team - Bartonville (Limestone)</b>			<b>Finish Position - 4</b>				
Team Score (places):100			Average Time: 17:50.8				
1	1253 Matt Carr	Sr	1	1	16:36.4	16:36.4	0:00.0
2	1258 Tyler Hiserote	Sr	6	7	17:09.3	33:45.8	0:32.9
3	1257 Parker Herz	Sr	19	26	18:09.4	51:55.2	1:32.9
4	1261 Luke Yocum	Fr	33	59	18:29.9	1:10:25.1	1:53.4
5	1256 Jacob Harrison	Fr	41	100	18:49.1	1:29:14.2	2:12.6
6	1260 Chris Walker	So	(54)	(154)	19:43.8	1:48:58.1	3:07.3
7	1259 Drake Stage	Fr	(59)	(213)	20:18.9	2:09:17.0	3:42.4

October 24, 2015

Final Team Results**Boys****Varsity Boys**

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Dunlap</b>			<b>Finish Position - 5</b>				
Team Score (places):102			Average Time: 18:02.8				
1	1290	Drew Fick	Jr	9	17:15.6	17:15.6	0:00.0
2	1298	Clark Tow	Sr	16	18:04.0	35:19.6	0:48.4
3	1297	Dotun Taiwo	Jr	20	18:09.4	53:29.1	0:53.8
4	1291	Gabby Gavino Dacosta	So	23	18:14.3	1:11:43.4	0:58.7
5	1292	Brendan Mitchell	Sr	34	18:30.9	1:30:14.4	1:15.3
6	1295	Shivom Paudel	Fr	(35)	18:35.2	1:48:49.6	1:19.6
7	1293	Justin Monge	So	(36)	18:37.8	2:07:27.4	1:22.2

<b>Team - Washington</b>			<b>Finish Position - 6</b>				
Team Score (places):120			Average Time: 18:14.7				
1	1452	Alex Mitchell	So	15	17:54.8	17:54.8	0:00.0
2	1448	Avery Davidson	Fr	21	18:10.0	36:04.8	0:15.1
3	1453	Alex Phelps	Sr	22	18:12.0	54:16.8	0:17.1
4	1455	David Sabotta	Sr	25	18:18.0	1:12:34.8	0:23.1
5	1446	Reese Borlin	Fr	37	18:38.6	1:31:13.4	0:43.7
6	1457	Max Tellefson	Fr	(39)	18:46.1	1:49:59.6	0:51.2
7	1454	Garret Roberts	Fr	(44)	18:55.7	2:08:55.3	1:00.8

<b>Team - Galesburg (H.S.)</b>			<b>Finish Position - 7</b>				
Team Score (places):131			Average Time: 18:19.7				
1	1321	Joseph Stewart	Sr	12	17:40.0	17:40.0	0:00.0
2	1316	Bricyn Healey	Sr	13	17:49.3	35:29.3	0:09.2
3	1313	Wilson Burton	Jr	17	18:05.2	53:34.6	0:25.1
4	1320	Jakob Pettit	So	43	18:54.6	1:12:29.2	1:14.5
5	1312	Aaron Burrows	Fr	46	19:09.4	1:31:38.6	1:29.3
6	1314	Juan Caro	Fr	(51)	19:27.2	1:51:05.8	1:47.1
7	1318	Tanner Owen	Sr	(55)	19:49.0	2:10:54.9	2:08.9

<b>Team - Peoria (Richwoods)</b>			<b>Finish Position - 8</b>				
Team Score (places):228			Average Time: 19:12.7				
1	1410	Jace Patacsil	Sr	38	18:42.3	18:42.3	0:00.0
2	1402	Joshua Boyle	Jr	45	19:06.6	37:49.0	0:24.3
3	1413	Andrew Workheiser	Fr	47	19:22.0	57:11.0	0:39.7
4	1407	Keegan McConnell	Jr	48	19:25.8	1:16:36.8	0:43.4
5	1403	Nathan Carter	Jr	50	19:27.0	1:36:03.8	0:44.6
6	1406	Lawrence Lin	Fr	(52)	19:38.0	1:55:41.9	0:55.6
7	1405	Jackson Guerrero	Jr	(53)	19:41.6	2:15:23.5	0:59.2



# Peoria Notre Dame Regional XC Championships

Race Date

October 24, 2015

## Final Team Results

### Boys

#### Varsity Boys

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Canton</b>			<b>Finish Position - 9</b>				
Team Score (places):299			Average Time: 22:47.5				
1	1273 Jordan Stein	So	49	49	19:26.6	19:26.6	0:00.0
2	1272 Tristin Rilea	So	61	110	21:31.0	40:57.7	2:04.4
3	1275 Charles Wallace	Fr	62	172	23:07.1	1:04:04.8	3:40.4
4	1271 Curtis Norton	So	63	235	24:56.4	1:29:01.2	5:29.7
5	1274 Jackson Swank	So	64	299	24:56.4	1:53:57.6	5:29.7

<b>Team - Peoria (H.S.)</b>			<b>Finish Position - 10</b>				
Team Score (places):302			Average Time: 22:15.6				
1	1359 De'Entre Blount	Sr	56	56	20:04.5	20:04.5	0:00.0
2	1358 Bryson Bergeron	Jr	57	113	20:08.2	40:12.7	0:03.6
3	1361 Marcus Fleming	So	58	171	20:17.5	1:00:30.2	0:12.9
4	1365 Jonathan Patterson	So	65	236	25:22.9	1:25:53.2	5:18.4
5	1366 ONeal Perry	Fr	66	302	25:24.8	1:51:18.1	5:20.2