



## EARLY SEASON TOP GUNS

Pictured are the current Top 5 runners based on Thursday Night's Rust Buster Time-Trial.

Row 1: David Chenoweth, Tony Gatter, Chaise Blakley, Nathan Soria, and Mitchell Lamb.

Row 2: Molly Lembke, Becca Rapps, Lauren Coulter, Volunteer Assistant Coach Kevin Claus, Halle Olson, and Katie Puls.

## RUST BUSTER TIME TRIAL

On Thursday, August 22, the Leafs ran a time trial of two miles. The middle school team was also in attendance and ran a one mile time trial (the 2nd mile of their two mile course.) The weatherman really cooperated as the temperatures earlier in the week were in the 90's. When the high school team took off at 6:00 p.m., (we went later to avoid some of the heat) it was only 78°. That certainly helped but the hills are still there (there is a reason the park is called Richmond HILL park instead of Richmond Park!)

Leading the girls team, in this early season gut check, were Halle Olson, Katie Puls, Lauren Coulter, Molly Lembke, and Megan Coulter who filled out our Top 5. The second 5-pack included Becca Rapps, Jessa Coulter, Morgan Kelly, Sarah Dellett, and Madison Miller. Several potential top-ten contenders were held out due to play it safe with injury or they had a personal conflict. Those individuals included: Emma Alexander, Taylor Claus, Jenna Freebern, and Katelyn Mielke. There were also many additional solid efforts. The girls team has a plethora of depth and the upcoming season should be a lot of fun to watch unfold. The results link is posted below.

Pacing the boys team were: David Chenoweth, Tony Gatter, Nathan Soria, Chaise Blakley, and Mitchell Lamb. Filling out the next 5 slots were: Gabe Johnson, Charley Elden, Kyle Sellers, Tate Neff, and Keaton Darin. In case you are counting, that is 6 freshmen or sophomores in our Top 10. The future looks bright to say the least. The present looks pretty promising as 31 boys finished the time trial (along with their coaches....ouch.) Coach Claus led the charge with a blistering 10:26 over the hills. Coach Moe held back and paced some of the young guns while Coach Fredericks laced up his spikes for the first time in 6 years and survived the course (it wasn't pretty.) We have a ton of rookies ranging from freshmen to seniors and it is going to be a lot of fun watching you dudes come on.

The bottom line is we currently have 66 athletes on our team (including our two managers.) Our all-time record of 67 also included the managers and was set in the late 80's when our school had over 1,200 students (we are at 825 currently) AND there was NO soccer program then. Our current numbers are truly jaw dropping and SMILE raising. Keep recruiting and lets break the school record and have the BIGGEST TEAM our school has ever had.

Also, a special shout out the the middle school team and Coaches Todd Ehlert and Jill Schauland. They ran AWESOME. The girls team was led by: Hannah Soria, Veronica Eilers, McKenzie Davison, Raelynn Versluys, and Ellie Korthals. They were closely followed by: Heather Diertrich, Caitlin Gorge, Josie Brown, Jessie Dale, and Julia Poel. All in all 34, ladies crossed the finish line. Amazing numbers (and several girls had conflicts and missed the race.) Good luck this season, Ladies.... You are a class act and we are proud of each of you.

The boys team was also impressive and was led by: Kaden Rink, Andrew Rizzo, Trevor Schefsky, Cameron Darin, and Blake Duncan. Coach Ehlert is certainly smiling since his top three runners are currently 7th graders. Not far behind were: Reed Adams, Dale Benjamin, Nathan Dale, Ben Ford, and Thackary Newton. 31 boys crossed the finish line with several boys missing due to Thursday night conflicts. Last year's 8th grade graduation left some big shoes to fill and it looks like there are some young men ready to take on that challenge. All the best, Boys. We are proud of each of you.



**MEET:** 2013 Rust Buster Time Trial

**SITE:** Richmond Hill Park

**DATE:** Thursday, August 22<sup>nd</sup>

**WEATHER CONDITIONS:** 78° with a light wind, humid

**COURSE CONDITION:** Hard and Fast

## **Girls Team Rankings**

### **HIGH SCHOOL TEAM - 2 MILES**

<u>Ranking</u>	<u>Athlete</u>	<u>Grade</u>	<u>Time</u>
01.)	Halle Olson	12	12:43
02.)	Katie Puls	11	13:40
03.)	Lauren Coulter	10	13:47
04.)	Becca Rapps	10	13:51
05.)	Molly Lembke	10	13:54
05.)	Megan Coulter	09	14:01
07.)	Jessa Coulter	12	14:27
08.)	Morgan Kelly	12	14:31
09.)	Sarah Dellett	12	14:45
10.)	Madison Miller	10	14:50
11.)	Cortney Backes	12	16:18
12.)	Callie Miller	10	16:25
12.)	Abby Larson	12	16:25
14.)	Mikayla Bowton	11	16:32
15.)	Alexis Perren	09	16:33
16.)	Morgan Hartsock	09	Timer Malfunction
17.)	Savannah Chapman	11	Timer Malfunction
18.)	Sally DeBrock	09	Timer Malfunction
19.)	Katlyn Gramling	11	Timer Malfunction
20.)	Hannah Johnson	12	Timer Malfunction
21.)	Ashley Kempfer	11	Timer Malfunction
22.)	Adison Cunningham	11	Timer Malfunction
DNC:		Emma Alexander	09
		Lindsey Bideaux	10
		Taylor Claus	10
		Jessica DuBois	09
		Jenna Freebern	10
		Natalia Mangieri	12
		Katelyn Mielke	09

## Girls Team Rankings

### **MIDDLE SCHOOL TEAM - 1 MILE**

Ranking	Athlete	Grade	Time
01.)	Hannah Soria	07	5:55
02.)	Veronica Eilers	08	6:04
03.)	McKenzie Davison	08	6:06
04.)	Raelynn Versluys	08	6:08
05.)	Ellie Korthals	08	6:19
06.)	Heather Dietrich	08	6:22
07.)	Caitlin Gorge	07	6:33
08.)	Josie Brown	07	6:37
09.)	Jessie Daly	07	6:38
10.)	Julia Poel	07	6:44
11.)	Ada Raya	07	6:45
12.)	Morgan Bailey	08	6:48
13.)	Sydney Anast	07	6:51
14.)	Taylor Magerkurth	08	6:52
15.)	Rebecca Beard	08	6:54
16.)	Melanie Parker	08	7:05
17.)	Nicole Haverback	08	7:23
18.)	Grace Verbeck	08	7:24
19.)	Gabi Allen	07	7:26
20.)	Shenne Tiedeman	07	7:31
21.)	Megan Endress	08	7:41
22.)	Danielle Dolor-Genel	07	7:50
23.)	Caitlin Burlingame	08	7:57
24.)	Bailey Spindel	07	7:58
25.)	Kayla Freebern	07	8:03
26.)	Avery Spranger	07	8:04
27.)	Riley Matthews	07	8:46
28.)	Brandi Gatter	08	8:51
29.)	A.J. Adamson	07	9:16
30.)	Jen Boelens	07	9:25
31.)	Kyleigh Retzlaff	08	9:39
32.)	Kelsey Frakes	07	9:44
33.)	Mackenzie Bowton	07	Timer Malfunction
34.)	Brooke Schmill	07	Timer Malfunction

DNC:            Several Athletes

**MEET:** 2013 Rust Buster Time Trial

**SITE:** Richmond Hill Park

**DATE:** Thursday, August 22<sup>nd</sup>

**WEATHER CONDITIONS:** 78° with a light wind. Humid.

**COURSE CONDITION:** Hard and Fast

## Boys Team Rankings

### *HIGH SCHOOL TEAM - 2 MILES*

Ranking	Athlete	Grade	Time
01.)	David Chenoweth	11	10:57
02.)	Tony Gatter	12	11:06
03.)	Nathan Soria	09	11:22
04.)	Chaise Blakley	12	11:18
05.)	Mitchell Lamb	12	11:25
06.)	Gabe Johnson	10	11:56
07.)	Charley Elden	10	12:06
08.)	Kyle Sellers	09	12:31
09.)	Tate Neff	09	12:33
10.)	Keaton Darin	10	12:35
11.)	Josiah Cropp	11	12:42
12.)	Chris Bagley	11	12:48
13.)	Sean Geffert	12	12:50
14.)	Bryce Gramiling	12	12:51
15.)	Karl Flynn	12	12:54
16.)	Nolan Fassett	11	13:03
17.)	Payton DeMay	12	13:13
18.)	Nathan Konvicka	10	13:36
19.)	Luke Johnson	09	13:37
20.)	Ryan Hartsock	12	14:03
21.)	Sean Pemble	11	14:11
22.)	Keith Elden	09	14:13
23.)	Sam Murray	09	14:23
24.)	Raul Falcon	11	14:42
25.)	Keegan Banister	10	14:47
26.)	Ross Chapman	09	14:57
27.)	Tom Jackson	11	15:06
28.)	Bryan Dellett	09	15:52
29.)	Tyler Mahsem	12	N.T.
30.)	Ethan Baumgardner	10	N.T.
31.)	Nelson Laingen	09	N.T.
	Coach Claus	youngest	10:26
	Coach Fredericks	old	13:23
	Coach Moe	young	15:53 (easy effort w/team)

DNC:	Matt Ganson	09
	Ryan Petsche	12
	Charlie Schlindwein	09
	Chandler Schwartz	09

## Boys Team Rankings

### *MIDDLE SCHOOL TEAM - 1 Mile*

Ranking	Athlete	Grade	Time
01.)	Kaden Rink	07	5:30
02.)	Andrew Rizzo	07	5:47
03.)	Trevor Schefsky	07	5:47
04.)	Cameron Darin	08	5:48
05.)	Blake Duncan	08	5:49
06.)	Reed Adams	08	5:50
07.)	Dale Benjamin	08	6:00
08.)	Nathan Carroll	07	6:06
09.)	Ben Ford	08	6:19
10.)	Thackary Newton	08	6:21
11.)	Blake Burklund	08	6:27
12.)	Kaleb Decker	07	6:27
13.)	Brandon Gallagher	08	6:32
14.)	Carson Cocquit	07	6:33
15.)	Dylan Hart	08	6:34
16.)	Peter Rizzo	07	6:38
17.)	Tyler Green	07	6:42
18.)	Arlan Tiedeman	08	6:47
19.)	Patrick Turpin	08	6:58
20.)	Adam Wells	08	6:58
21.)	Juan Mejias-Dransbach	07	7:02
22.)	Austin Speed	07	7:04
23.)	Connor Lillis	07	7:12
24.)	Jacob Jensen	08	7:47
25.)	Drew Flemming	07	7:48
26.)	Luke Adams	07	9:48
27.)	Joe Morris	07	9:49
28.)	Zach Cowan	07	Timer Malfunction
29.)	Devin Dowell	08	Timer Malfunction
30.)	Bradley Smith	07	Timer Malfunction
31.)	Reed Vanderheyden	08	Timer Malfunction

DNC: Several Athletes