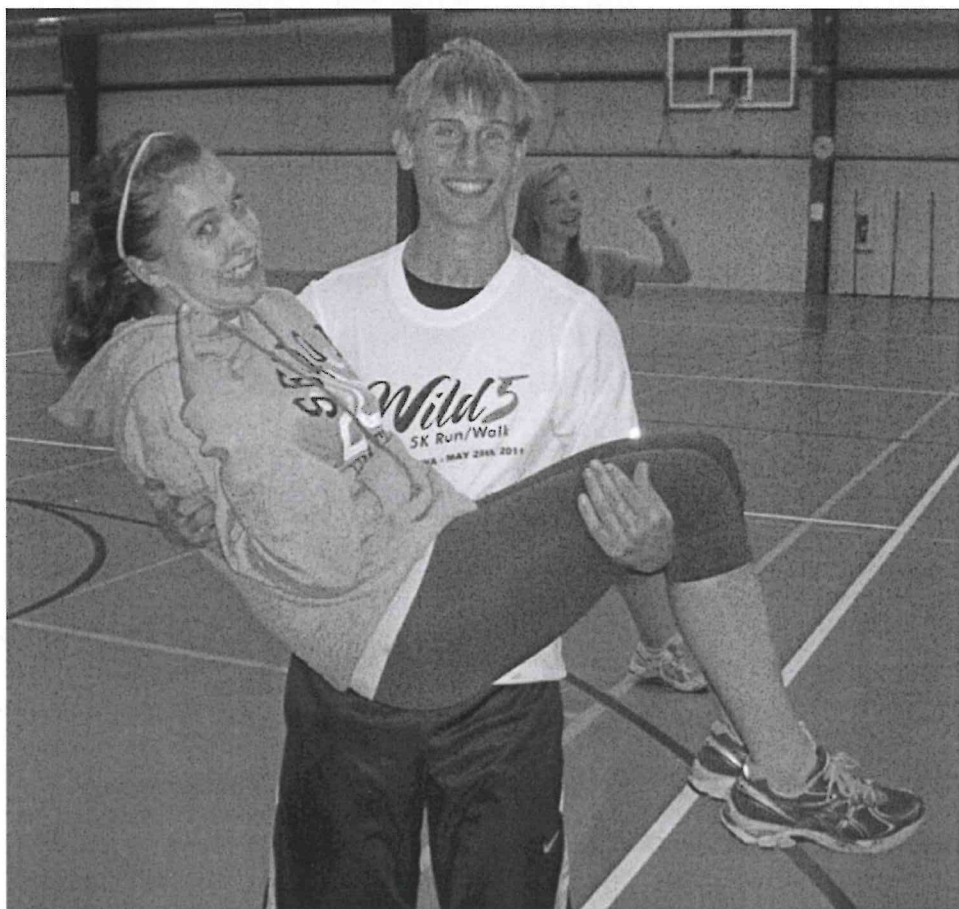


FORD AND HANFORD LEAD LEAFS AT THE STERLING 09/JV INVITATIONAL



SENIOR PRIDE CAME TO RACE

Pictured are senior tri-captains Dan Hanford and Jenny Ford who each ran themselves on Saturday's Regional teams.

On Tuesday, October 18th, the Leafs traveled to Sterling to participate in the Sterling 09/JV Invitational. The meet is the traditional season ender for team members not racing in Saturday's Regional. The meet is non-scored and was run in 52 degree weather with a cool wind blowing at 15 mph. Meet management also runs both genders together so instead of four races there are only two. Smart move and a lot of fun. Adding to this year's excitement was the fact that both the girls and boys JV races were used as run-offs for the Leafs' 7th runner for Saturday's Regional.

The freshmen got things rolling at 4:30 pm.. when the Starter's gun was fired. Medals were awarded to the top 5 finishers and are pretty hard to come by since state power Kaneland joined the field last year. Nolan Fassett and Katie Puls both ran inspiring races to each grab medals with Nolan grabbing 3rd and Katie placing 5th. Not far behind were Mikayla Bowton who was racing with a "Capture the Flag injury" suffered on Sunday (we found out after the race...and yes she won the game) as she placed 8th and barely missed an individual medal. Sean Pemble and Tom Jackson ended their rookie seasons with fine races of their own with 16th and 17th place showings.



DA TEAM JUST BEFORE THE JV RACE

Pictured are team members after the 09 race and just moments before the JV race

To say that there was a lot riding on the JV races would be putting in lightly. I am not a big fan of run-offs on a Tuesday before the Regional on Saturday but this was simply the fairest way to unscramble a very complicated situation. There were four key players in the girls' race and they each gave it their best effort putting TEAM first during the whole process. When the dust had settled, senior Tri-Captain Jenny Ford won the race with Katie Lynch, Amber Fobert, and Sarah Dellett going 2-3-4. That's right....the Lady Leafs grabbed the top 4 places demonstrating a phenomenal amount of team depth. Also joining in the fun were Rachel Smith, Catie Nelson, and senior Tri-Captain Britta Conrad who each ran monster races and placed 6th, 7th, and 8th overall to earn a top 10 medal (top 10 in the JV race win medals:) That's seven Lady Leafs in the top 10. That was simply jaw-dropping. Cortney Backes, and Rachel Ganson just missed the medals with fine 11th and 12th place races. Rori Westerlund, Jeni Bergles, and Natalia Mangieri finished things up with strong 17th, 20th, and 25th place showings. Way to roll, Ladies.

Also racing with a tremendous amount of passion and purpose were the boys with a regional ticket to the top Leaf. Senior Tri-Captain Dan Hanford simply would not be denied as he ran the race of his life and won the whole thing. I haven't seen that big of a smile in a long long time. Running a strong race himself was junior Marcus Gagnon who joined Dan on the awards stand with his solid 7th place showing. Chaise Blakley and Tony Gatter just missed the hardware with solid 11th and 12th place showings. Not bad for a couple of sophomores. Also pounding out solid races were: senior Tri-Captain Mickey Christensen (17th), Evan Koisti (21st), Oliver Newton (26th), and Jesse Mohr (28th) who all cracked the top 30. Hunter Kuffel (37th), Alec Damitz (38th), Jay Wilson (43rd), and Marcus Shinn (44th) also closed their seasons with strong efforts. The improvement that this team has achieved is simply amazing. We are all very proud of your efforts throughout the entire season and today was a great way to end your seasons. A special thank you goes out to Sterling for hosting this fun meet.

Cross Country

2011 STERLING 09/JV INVITE: GENESEO TEAM SPLIT PAGE

- Date: 10/18/11
- Site: Hoover Park in Sterling
- Racing Distance: 3.00 Miles
- Weather Conditions: 54 degrees...windy and cold

GIRLS TEAM

Time	Athlete	Yr	Place	Race	1-Mile	2-Mile
20:27	Jenny Ford	12	1	JV	6:21	13:24
20:47	Katie Lynch	10	2	JV	6:20	13:37
20:52	Amber Fobert	11	3	JV	6:19	13:37
21:09	Sarah Dellett	10	4	JV	6:37	14:00
22:17	Katie Puls	09	5	09	7:51	14:53
22:37	Rachel Smith	10	6	JV	7:16	15:07
22:49	Catie Nelson	12	7	JV	7:20	15:10
22:50	Britta Conrad	12	8	JV	7:00	15:10
23:18	Cortney Backes	10	11	JV	7:20	15:21
23:21	Mikayla Bowton	09	8	09	7:06	15:15
23:52	Rachel Ganson	11	12	JV	7:25	15:51
24:25	Rori Westerlund	10	17	JV	7:46	16:20
25:13	Jeni Bergles	11	20	JV	8:09	16:46
27:10	Natalie Mangieri	10	25	JV	8:11	17:44
DNC	none					
21:12	Race Leader (JV)	12	1	JV	6:19	13:24
22:54	Race Leader (09)	09	1	09	6:20	13:16
	Geneseo Spread 1-5: (1:50) 1-7: (2:22) 1-10: (2:56)					

BOYS TEAM

Time	Athlete	Yr	Place	Race	1-Mile	2-Mile
17:14	Dan Hanford	12	1	JV	5:30	11:23
17:37	Marcus Gagnon	11	7	JV	5:27	11:34
18:00	Chaise Blakley	10	11	JV	5:39	11:53
18:21	Tony Gatter	10	12	JV	5:53	12:05
18:46	Nolan Fassett	09	3	09	5:53	12:19
18:52	Bryce Gramling	10	16	JV	5:56	12:30

18:57	Mickey Christensen	12	17	JV	5:58	12:30
19:11	Evan Koisti	11	21	JV	6:08	12:40
19:32	Oliver Newton	12	26	JV	6:16	13:01
19:51	Jesse Mohr	12	28	JV	6:07	13:01
20:44	Hunter Kuffel	11	37	JV	6:46	13:50
20:49	Alec Damitz	11	38	JV	6:46	13:50
21:23	Jay Wilson	11	43	JV	6:49	14:10
21:31	Marcus Shinn	10	44	JV	6:45	14:10
22:49	Sean Pemble	09	16	09	???	???
22:58	Tom Jackson	09	17	09	???	???
DNC	Michael Neuwohner Seth Stewart	11 11	inj inj	-	-	-
17:28	Race Leader (JV)	11	1	JV	5:27	11:23
17:39	Race Leader (09)	09	1	09	5:46	12:00
	Geneseo Spread 1-5: (1:32) 1-7: (1:43) 1-10: (2:37)					

This is a Manila site.

Cross Country

2011 STERLING 09/JV INVITE: 09 RESULTS

Date: 10/18/11

Site: Woodlawn Park in Sterling

Racing Distance: 3.00 Miles

Weather Conditions: 56 Degrees & 14 mph winds

Team Scores: None

Girls Race

Pl	Athlete	Yr	School	Time
1	Brook Bailly	9	Dixon	20:12
2	Jessica Kusera	9	Kaneland	21:21
3	Shana Drengenberg	9	Dixon	21:48
4	Taylor Ashley	9	Rock Falls	22:02
5	Katie Puls	9	Geneseo	22:17
6	Sidney Kitzman	9	Dixon	22:49
7	Samantha Odenthal	9	Dixon	23:10
8	Mikayla Bowton	9	Geneseo	23:21
9	Madison Dixon	9	Dixon	23:33
10	Haley Altenburg	9	Dixon	23:51
11	Azy Cid	9	Rock Falls	24:00
12	Ellie Bonucci	9	Princeton	25:06
13	Jasmine Patterson	9	Rochelle	25:23
14	Maria Cid	9	Rock Falls	30:17

Boys Race

Pl	Athlete	Yr	School	Time
1	Brandon Park	9	Kaneland	18:23
2	Cayden Erickson	9	Rock Falls	18:40
3	Nolan Fassett	9	Geneseo	18:46
4	Sumner Latta	9	Rock Falls	18:52
5	Kobe Conklin	9	Rock Falls	18:53
6	Brian Johnson	9	Rochelle	18:56
7	Pablo Silva	9	Rochelle	19:36
8	Trent Brinkmeier	9	Dixon	19:39
9	James Walker	9	Kaneland	20:04
10	Bain Britt	9	Rock Falls	20:11
11	Andrew Broset	9	LaSalle-Peru	20:32

12	Zach Justus	9	Kaneland	20:45
13	Brodie Hensen	9	Rock Falls	20:46
14	Drake Postula	9	LaSalle-Peru	20:51
15	Alec Bonnewell	9	Dixon	21:18
16	Sean Pemble	9	Geneseo	22:49
17	Tom Jackson	9	Geneseo	22:58
18	Phillip Rawers	9	Kaneland	24:33

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Cross Country

2011 STERLING 09/JV INVITE: JV RESULTS

Date: 10/18/11

Site: Woodlawn Park in Sterling

Race Distance: 3.00 Miles

Weather Conditions: 56 Degrees & 14 mph winds

Team Scores: None

Girls Race

Pl	Athlete	Yr	School	Time
1	Jenny Ford	12	Geneseo	20:27
2	Katie Lynch	10	Geneseo	20:47
3	Amber Fobert	11	Geneseo	20:52
4	Sarah Dellett	10	Geneseo	21:09
5	Anna Piazza	10	Kaneland	22:00
6	Rachel Smith	10	Geneseo	22:37
7	Caty Nelson	12	Geneseo	22:49
8	Britta Conrad	12	Geneseo	22:50
9	no name	?	?	22:58
10	Shawna Anderson	12	Sterling	23:15
11	Cortney Backes	10	Geneseo	23:18
12	Rachel Ganson	11	Geneseo	23:52
13	Natasha Ring	11	Kaneland	23:56
14	Shannon Bowers	11	Rochelle	23:58
15	Sarah Gunderson	10	Sterling	23:59
16	Emily Wickstanat	?	Rock Falls	24:05
17	Rori Westerlund	10	Geneseo	24:25
18	Charisma Martinez	12	Sterling	24:32
19	Breanna Pippin	10	L-P	24:40
20	Jeni Bergles	11	Geneseo	25:13
21	Jenna Hickley	11	Dixon	25:19
22	Paola Castro	11	Sterling	25:42
23	Cselina Ruhnke	?	Rock Falls	25:44
24	Shasta Day	?	Rock Falls	26:08
25	Tracy Bohlken	?	Rock Falls	27:59

Boys Race

Pl	Athlete	Yr	School	Time
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1	Dan Hanford	12	Geneseo	17:14
2	Ryan Paulson	12	Kaneland	17:21
3	Zach Anderson	?	Kaneland	17:33
4	Gus Scott	11	Kaneland	17:34
5	Nathaniel Kucera	10	Kaneland	17:36
6	Brad Kigyos	11	Kaneland	17:37
7	Marcus Gagnon	11	Geneseo	17:37
8	Nick Albano	11	Kaneland	17:48
9	Eduardo Celaya	11	Kaneland	17:56
10	Ryan Bower	10	Kaneland	17:59
11	Chaise Blakley	10	Geneseo	18:00
12	Tony Gatter	10	Geneseo	18:21
13	Kelvin Peterson	12	Kaneland	18:27
14	Nick Messina	11	Kaneland	18:39
15	Phil Cutsinger	10	Kaneland	18:48
16	Bryce Gramling	10	Geneseo	18:52
17	Mickey Christensen	12	Geneseo	18:57
18	Joe Kuipers	10	Kaneland	18:57
19	Chris Wido	11	Kaneland	19:00
20	Dakota Simpson	11	Dixon	19:10
21	Evan Koisti	11	Geneseo	19:11
22	Dylan Kuipers	10	Kaneland	19:12
23	T.C. Hager	10	Rochelle	19:18
24	Hunter Wolfe	10	Sterling	19:19
25	Brayden Miller	11	Kaneland	19:27
26	Oliver Newton	12	Geneseo	19:32
27	Charlie Gilkey	?	Rock Falls	19:42
28	Jesse Mohr	12	Geneseo	19:51
29	Tiernan Ebener	11	L-P	19:55
30	Bryan Durancik	12	Rochelle	19:56
31	Justin Taylor	10	L-P	20:07
32	Noah Huftalin	10	Rochelle	20:08
33	Tyree White	?	Rock Falls	20:20
34	Eric Cachola	12	Rochelle	20:23
35	Joe Pollastrini	11	Kaneland	20:27
36	Keaton Hubbell	?	Rock Falls	20:40
37	Hunter Kuffel	11	Geneseo	20:44
38	Alec Damitz	11	Geneseo	20:49
39	Doug Mikan	12	Sterling	21:06
40	John Whitman	11	Rochelle	21:09
41	Austin Paulson	12	Kaneland	21:12
42	Jack O'Connor	?	Princeton	21:14

43	Jay Wilson	11	Geneseo	21:23
44	Marcus Shinn	10	Geneseo	21:31
45	Collin Schertz	?	Princeton	21:43
46	Chandler Allen	11	Sterling	22:11
47	no name	?	?	23:20

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