

Lady Leaf runners place in top 10, boys 11th

Prep boys' cross country

► Webster second at Sterling:

United Township senior Cody Webster was second in the Sterling Invitational, running a 14:48, one second behind Minooka's Joe McAsey. Teammate Keith Sands was seventh. Geneseo's Jordan Starkey was 24th, and Alleman's Matt Billingsley was 30th.

Prep girls' cross country

► Sterling Invitational:

Geneseo sophomore Emily Ford (18:15) was seventh in the Sterling Invitational, helping the Maple Leafs to a seventh-place finish. Geneseo received a 32nd-place finish from Paige Gatter.

Prep girls

Sterling Invitational

Team results (top 10 and locals): 1, Schaumburg 49; 2, Iowa City 86; 3, Dixon 109; 4, Wilmette Loyola 108; 5, Pleasant Valley 145; 6, Minooka 166; 7, Geneseo 252; 8, Rockford Boylan 267; 9, Bettendorf 274; 10, DeKalb 296; 11, Rock Island 307; 17, Alleman 474; 24, United Township 727.

Top 10 individuals: 1, Karen Lesiewicz, Schaumburg, 17:33; 2, Rebecca Rethwisch, IC, 17:44; 3, Britten Petray, Schaumburg, 17:55; 4, Mahnee Watts, Bett, 18:00; 5, Erin Danielson, IC, 18:03; 6, Kelsey Schrader, DeKalb, 18:05; 7, Brittany Schwartz, Dixon, 18:05; 8, Maddie Reynolds, PV, 18:11; 9, Emily Ford, G, 18:15; 10, Kate Kaster, Clinton, 18:18.

Geneseo: 9, Ford, 18:15; 32, Paige Gatter, 19:11; 54, Jess Coulter, 19:47; 76, Morgan Kelly, 20:22; 91, Dani Manna, G, 20:47.

Rock Island: 45, Joanna Cone, RI, 19:29; 49, Jessica Bacon, 19:40; 52, Kelly Bishop, 19:43; 58, Celeste Arteaga, 19:51; 114, MacKenzie Herford, 21:14.

Alleman: 79, Andria Mendoza, 20:27; 90, Anna Wetherell, 20:48; 95, Ally Braet, 20:50; 101, Josie Beckwith, 20:58; 103, Kevan O'Hanlon, 20:59.

United Township: 65, Autumn Vergelye, 20:00; 137, Alora Esparza, 22:05; 180, Brandes Hamilton, 25:13; 186, Kaitie Tidwell, 25:49; 187, Courtney McGehee, 25:55.

Prep boys

Sterling Invitational

Team results (top 10 and locals): 1, Schaumburg 73; 2, Minooka 73; 3, Pleasant Valley 156; 4, Hoffman Estates Conant 161; 5, Oswego 198; 6, Plainfield North 218; 7, Oak Park Fenwick 223; 8, Dixon 253; 9, Rockford Boylan 322; 10, Rockton Hononegah 328; 11, Geneseo 348; 12, Alleman 362; 22, United Township 542; 23, Rock Island 543.

Top 10 individuals: 1, Joe McAsey, Minooka, 14:47; 2, Cody Webster, UT, 14:48; 3, Justin Behfeldt, Rockford Christian, 15:02; 4, Tyler Meseke, PV, 15:11; 5, Travis Morrison, Schaumburg, 15:13; 6, Matt Butler, Bettendorf, 15:24; 7, Keith Sands, UT, 15:25; 8, Troy Cunningham, Conant, 15:29; 9, Andrew Sandoval, Plainfield North, 15:30; 10, Evan Prizy, Schaumburg, 15:34.

Geneseo: 24, Jordan Starkey, 15:49; 36, Kyle Reiling, 16:16; 69, Thomas Sigwalt, 16:52; 107, Branden Smith, 17:34; 112, Marcus Gagnon, 17:38.

Alleman: 30, Matt Billingsley, 15:58; 34, Ethan Adlfinger, 16:09; 76, Joe McLaughlin, 16:56; 78, Liam Otto, 16:59; 144, Michael Westbrooks, 18:18.

United Township: 2, Webster, 14:48; 7, Sands, 15:25; 163, Connor Scott, 18:47; 183, Omar Raya, 20:13; 187, Nichalar Mends, 20:34.

Rock Island: 77, Dominic Leone, 16:59; 93, Cameron Leib, 17:19; 109, Denzel Gay, 17:37; 119, Inyase Hazikimana, 17:48; 145, Josh Downing, 19:18.

By AMY CARTON

Sports Editor

At the annual Sterling Cross Country Invitational over the weekend, the Geneseo cross country girls' team placed seventh, while the boys came home with an 11th-place finish Oct. 9.

"It is just such as heavy hitter, powerhouse meet," said head coach Don Fredericks. "It is a phenomenal meet with a lot of the top ranked teams in Illinois and Iowa. Hopefully this experience will pay dividends for us."

Emily Ford paced the Lady Leaf squad, cracking into the top 10 in ninth place with a time of 18 minutes and 15 seconds.

Paige Gatter placed 32nd in 19:11, followed by Jessa Coulter in 54th at 19:47. Morgan Kelly took 76th in 20:22, while Dani Manna came in 91st in 20:47; Sarah Dellett, 92nd, 20:48; and Jenny Ford, 110th, 21:10.

"Emily and Paige both ran phenomenal

racers and put forth tremendous front running efforts for us," said Fredericks.

For the boys' team, Jordan Starkey led the team, placing 24th with a time of 15:49, followed by Kyle Reiling in 36th place in 16:16.

Thomas Sigwalt finished in 69th with time of 16:52, while Branden Smith came in 107th at 17:34; Marcus Gagnon, 112th, 17:38; Daniel Hanford, 142nd, 18:09; and Tyler Rusk, 179th, 19:45.

"Jordan ran a phenomenal race and Kyle and Jordan got out to a quick start," said Fredericks. "And the rest of the team did a good job of filling in."

In the freshman/sophomore boys' race, the Leafs took 10th with finishes from Mitchell Lamb, 41st, 18:15; Mitchell Lawson, 45th, 18:18; Tony Gatter, 47th, 18:20; Chaise Blakley, 73rd, 19:06; Kyle Parker, 98th, 19:47; Bryce Gramling, 104th, 20:00; and Evan Koisti, 109th, 20:23.

"The F/S guys ran real well to end up 10th in that field and that was probably

one the biggest surprises," said Fredericks.

Representing Geneseo in the freshman/sophomore girls' race were Halle Olson, 18th, 20:38; Amber Fobert, 39th, 21:32; Jeni Bergles, 75th, 24:14; and Courtney Backes, 76th, 24:34.

Racing in the boys open race for Geneseo were John Mullin, 20:19; Jesse Mohr, 20:45; Josh Lawson, 21:07; Alec Damitz, 21:31; Hunter Kuffel, 22:14; Trevor Specht, 22:21; Tom Dellett, 22:26; Brian Bordwell, 23:00; Mickey Christensen, 23:50; and Michael Neuwohner, 28:00.

Competing in the girls open race were Hilary Lohman, 22:29; Britta Conrad, 22:50; Kelsey Klein, 23:07; Brittany Mielke, 25:47; Amanda Morse, 27:31; and Chelsea Rahmus, 35:55.

"We have three of our top 7 girls banged up a bit and Thomas Sigwalt tweaked his hamstring so we have a few runners who are questionable for the conference meet," said Fredericks. "We have a phenomenal training staff and they are doing what they

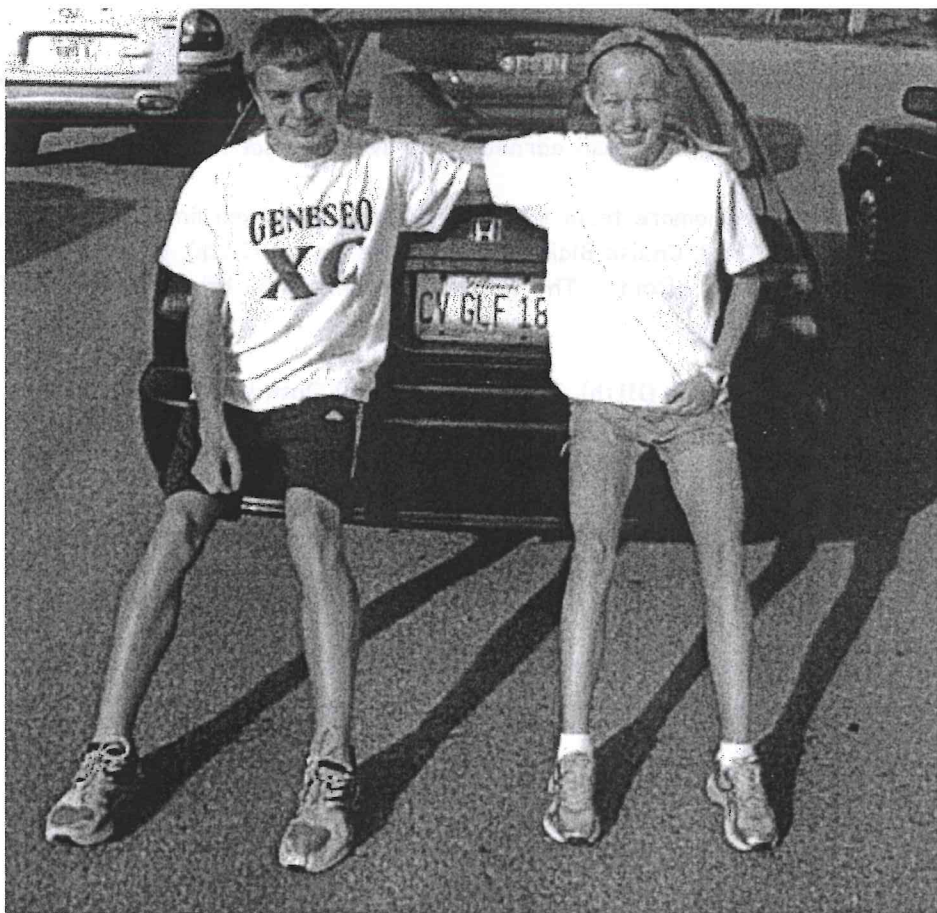
can to get them ready to run on Saturday, but we are not going to take any chances with their well being. I hope they can race."

Both cross country teams will be contending for the Northern Illinois Big 12 Conference title at the conference meet at 9 a.m. Oct. 16 hosted by Kaneland High School.

"On paper, it should be a knock down drag out brawl between Dixon and Yorkville on the girls' side," said Fredericks. "Our girls could be third and to bust into the top 2 I don't think anyone would expect that, but you can hope."

"On the boys' side, Yorkville is ranked No. 4 in the state and should be the team to beat. After that it is hard to call."

"From our team, it is championship meet season and that is when we want to be at our best. For me the conference meet is the most important because it is the last time the whole team competes together."



Jordan Starkey & Emily Ford Pose in back of Coach Timmy's Car
Jordan Starkey and Emily Ford led the Leaf Attack on Saturday.
They have been Geneseo's number one runners in every meet this season.

STERLING INVITATIONAL

On Saturday, September 9th, the Leafs traveled to Sterling to participate in the powerful Sterling Invitational. The 40-plus team field included a plethora of state ranked teams from Illinois and Iowa. Last year's snow flurries were replaced this year, with a high of 87 degrees. To say the least, it ended up being a bit warm.

Pacing the girls team to a strong 7th place team finish in a loaded field were: Emily Ford (9th), Paige Gatter (30th), Jessa Coulter (52nd), Morgan Kelly (73rd), Dani Manna (88th), Sarah Dellett (89th), and Jenny Ford (107th.) Emily earned a cool Top-30 medal and beat several state ranked runners. Good job to the Lady Leafs as they prepare for next week's Conference Finals.

In the Freshmen/Sophomore girls race, Halle Olson (18th), Amber Fobert (38th), Jenny Bergles (75th), and Courtney Backes (76th) all raced with a lot of pride and determination. Halle's top 18th place finish earned her a Top-30 medal. The team only ran 4 runners and did not field a full team. Great efforts laddies.

Pacing the Open girls were Hilary Lohman (46th), Britta Conrad (57th), Kelsey Klein (64th), Brittany Mielke (133rd), Amanda Morse (172nd), and Chelsey Rahmus (219th) rounded out the Leaf efforts. Way to race in extremely warm conditions.

Jordan Starkey (24th), Kyle Reiling (36th), Thomas Sigwalt (69th), Branden Smith (107th), Marcus Gagnon (112th), Daniel Hanford (142nd), and Tyler Rush (179th) led the boys Varsity to a very respectable 11th place team finish in the loaded field. Jordan's 24th place finish earned him a sweet medal that was awarded to all Top-30 finishers.

Leading the boys Freshmen/Sophomore team to a strong 10th place team finish were Mitchell Lamb (41st), Mitchell Lawson (45th), Tony Gatter (47th), Chaise Blakley (73rd), Kyle Parker (98th), Bryce Gramling (104th), and Evan Koisti (109th) all put forth strong efforts. The future looks extremely bright for the Leafs. Way to race with passion and purpose.

In the Open Boys race: John Mullin (111th), Jesse Mohr (119th), Josh Lawson (134th), Alec Damitz (144th), Hunter Kuffel (159th), Trevor Specht (161st), Tom Dellett (165th), Brian Bordwell (175th), Mickey Christiansen (185th), and Michael Neuhowner (200th) rounded out the team's efforts. Well done, men.

VARSITY GIRLS TEAM RESULTS

2009 Sterling HS XC Invitational
 Sterling, IL 10/09/2010 10:00 am Sunny, Dry, 67 degrees
 Directed by: Nancy Gehrke

Place	Score	Team	(Total, Average, Pack Times)
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1. 49 Schaumburg High School (1:31:32, 18:18.24, 1:13)
 1 3 13 15 17 (29) (37)
 Karen Lesiewicz, Britten Petrey, Colette Falsey, Hannah Coombs,
 Kelsey Steenstrup, Jordan Wagner, Samantha Nordli
2. 86 Iowa City High School (1:32:52, 18:34.31, 1:37)
 2 5 12 31 36 (44) (75)
 Rebecca Rethwisch, Erin Danielson, Meg Richardson, Ellen Carman,
 Courtney Bruns, Harper Beasley, Maggie Mahaffa
3. 108 Dixon High School (1:33:59, 18:47.60, 1:19)
 7 10 18 34 39 (60) (82)
 Brittany Schwartz, Haley Thorpe, Chelsea Sondgeroth, Tiara Sondgeroth,
 Megan Burger, Brooke Bailey, Kate Johnson
4. 108 Loyola Academy (1:34:21, 18:52.00, 0:46)
 11 14 23 27 33 (61) (71)
 Natalie Kaminski, Rachel Price, Ann Marie McGuire, Jackie McDonnell,
 Frehiwet Negassi, Amanda Bombard, Lauren Composto
5. 145 Pleasant Valley High School (1:35:15, 19:02.81, 1:18)
 8 20 35 40 42 (57) (70)
 Maddie Reynolds, Mickey Malmgren, Avery Malmgren, Ali Oppel, Laura Thomsen,
 Anne Leners, Kierstyn Feld
6. 166 Minooka High School (1:36:02, 19:12.24, 0:43)
 21 26 32 41 46 (53) (66)
 Kaitlin Hoy, Laura Simon, Kiley Saunders, Haley Renison, Allie Rossi,
 Haley McNamara, Maddie Simon
7. 252 Geneseo High School (1:38:20, 19:39.93, 2:33)
 9 30 52 73 88 (89) (107)
 Emily Ford, Paige Gatter, Jessa Coulter, Morgan Kelly, Dani Manna,
 Sarah Dellett, Jenny Ford
8. 267 Rockford Boylan (1:38:42, 19:44.29, 2:22)
 16 28 55 64 104 (116) (120)
 Kayla Droessler, Angela Woolbright, Becky Hilby, Suzie Broski,
 Bailey Balentyne, Cassidy Foley, Kelly Kazmerski
9. 274 Bettendorf (1:38:29, 19:41.70, 3:22)
 4 19 59 77 115 (117) (126)
 Mahnee Watts, Megan Nickles, Haley Zapolski, Bricelyn Schults,
 Arianna Schabillon, Dana Ewan, Lisa Trizzino
10. 296 Dekalb High School (1:39:35, 19:54.89, 2:38)
 6 49 78 79 84 (114) (138)
 Kelsey Schrader, Desa Diedrich, Sara Schafer, Christin Bothe, Irisa Hescott,
 Alex Wade, Saavana Robles
11. 307 Rock Island High School (1:39:56, 19:59.19, 1:46)
 43 47 50 56 111 (113)
 Joanna Cone, Jessica Bacon, Kelly Bishop, Celeste Arteaga, MacKenzie Heriford,
 Isabel Vallejo
12. 334 Kaneland Maple Park (1:40:12, 20:02.39, 2:22)
 22 67 68 69 108 (109)
 Andie Strang, Ashley Castellanos, Sydney Strang, Jen Howland, Shaela Collins,
 Kris Bowen
13. 337 Sycamore High School (1:40:56, 20:11.02, 1:54)
 24 51 80 90 92
 Tessa Strack, Maggie Lalowski, Morgan Morreale, Kendra Johnson, Corinne Ruff
14. 385 Fenwick High School (1:42:10, 20:25.96, 1:59)
 25 81 86 94 99 (101) (123)
 Rebecca Steinmeyer, Martha Murphy, Megan Cahill, Madeleine Nicholson,
 Cathleen Cahill, Anna Schierl, Rachel Lombard

Oct-09-2010 10:47:35am

VARSITY GIRLS TEAM RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/09/2010 10:00 am Sunny, Dry, 67 degrees
Directed by: Nancy Gehrke

Place	Score	Team	(Total, Average, Pack Times)
15.	386	Zion Benton High School	(1:41:55, 20:22.82, 2:06)
	45 58 65 96 122 (125) (128)	Lorie Reid, Bailey Lippeth, Kimmy Figueroa, Taylor Lindblad, Shannon Lauret, Fatima Khan, Christina Rojas	
16.	391	Rock Falls High School	(1:42:10, 20:25.93, 1:47)
	38 62 83 102 106 (119) (141)	Aubree Johnson, Savannah Davis, Lindsey Crow, Jessica Wind, Maryssa Nusbaum, Allison Frankfoter, Haylea Ehredt	
17.	454	Alleman	(1:43:57, 20:47.37, 0:33)
	76 87 93 98 100 (103) (112)	Andria Mendoza, Anna Wetherell, Ally Braet, Josie Beckwith, Kevan O'Hanlon, Sallie Doak, Dani Schroeder	
18.	474	Rockford Luthern High School	(1:44:54, 20:58.68, 2:33)
	48 54 105 130 137 (139) (161)	Emma Fenelon, Julie Buzzard, Claire Mesa, Sarah Volkert, Kavanya Gray, Kelli Holcomb, Rachel Meinert	
19.	586	Rochelle High School	(1:48:20, 21:39.93, 2:17)
	74 95 129 143 145 (149)	Cambrai Hull, Hannah Gille, Shelby Hoiness, Christina Williams, Julia Drewitz, Shannon Bowers	
20.	609	Rockford Christian High School	(1:49:22, 21:52.30, 2:43)
	85 97 133 136 158 (172) (174)	Jamie Street, Abby Combs, Brianna Jepson, Emily Opperman, Taryn Thomas, Caroline Quintanilla, Anna Ma	
21.	618	Oswego High School	(1:50:16, 22:03.03, 3:31)
	72 91 140 152 163 (165)	Lauren Choi, Caroline Skibinski, Rebecca Mohan, Molly Behrens, Alicia Hughes, Tatiana Anaya	
22.	637	Conant	(1:49:08, 21:49.52, 0:34)
	121 124 127 131 134 (142) (147)	Carly Acks, Rebecca Moore, Tulsu Joshi, Kelly Urbanowicz, Christina Demuro, Christina Rentner, Kritika Kulkarni	
23.	694	Sterling High School	(1:52:07, 22:25.23, 1:57)
	110 135 144 150 155 (162) (168)	Carrie McPherson, Kaylen Palmer, Brittany Ellis, Stephanie Echebarria, Kaitlyn Bradley, Liz Welch, Sayra Contreras	
24.	727	United Township High School	(1:59:01, 23:48.14, 5:55)
	63 132 173 179 180	Autumn Vergeyle, Alora Esparza, Brandes Hamilton, Kaitee Tidwell, Courtney McGehee	
25.	758	Rockford Guilford	(1:54:57, 22:59.32, 0:33)
	146 148 151 156 157 (164) (169)	Ellie Anderson, Siena Peterson, Chelsea Donovan, Audrey Gilfillan, Emily Vanderwaal, Abby Martens, Kitzia Picon	
26.	775	Stockton High School	(1:56:46, 23:21.10, 2:50)
	118 154 166 167 170 (171) (175)	Carly Kupersmith, Ashlynn Wampfler, Taylor Scafe, Emily Dufford, Kalli Schambergef, Ashley Cassens, Courtney Arnold	
27.	830	Belvidere High School	(2:01:57, 24:23.39, 3:14)
	153 159 160 177 181 (182) (184)	Molly Perez, Rebecca Schwartz, Amanda Delacy, Erica Miranda, Kelsey Stone, Jaclynn Leveille, Melissa Otte	
28.	908	Rockford East High School	(2:16:04, 27:12.69, 4:18)
	176 178 183 185 186	Logan Tillmon, Claudia Rangel, Kendall Schneider, Heidi Honaker, Zoe Zuroske	

Oct-09-2010

10:47:35am

VARSITY GIRLS RESULTS

2009 Sterling HS XC Invitational
 Sterling, IL 10/09/2010 10:00 am Sunny, Dry, 67 degrees
 Directed by: Nancy Gehrke

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
1.	1183	1	Karen Lesiewicz	*F*	12	Schaumburg High School	17:33	5:51
2.	429	2	Rebecca Rethwisch	*F*	12	Iowa City High School	17:44	5:55
3.	1186	3	Britten Petrey	*F*	12	Schaumburg High School	17:55	5:59
4.	57	4	Mahnee Watts	*F*	10	Bettendorf	18:00	6:00
5.	394	5	Erin Danielson	*F*	10	Iowa City High School	18:03	6:01
6.	184	6	Kelsey Schrader	*F*	9	Dekalb High School	18:05	6:02
7.	212	7	Brittany Schwartz	*F*	10	Dixon High School	18:07	6:03
8.	765	8	Maddie Reynolds	*F*	9	Pleasant Valley High School	18:11	6:04
9.	309	9	Emily Ford	*F*	10	Geneseo High School	18:15	6:05
10.	69		Kate Kaster	*F*	11	Clinton High School	18:18	6:06
11.	215	10	Haley Thorpe	*F*	11	Dixon High School	18:24	6:08
12.	499	11	Natalie Kaminski	*F*	12	Loyola Academy	18:28	6:10
13.	433	12	Meg Richardson	*F*	11	Iowa City High School	18:33	6:11
14.	1177	13	Colette Falsey	*F*	12	Schaumburg High School	18:36	6:12
15.	506	14	Rachel Price	*F*	12	Loyola Academy	18:44	6:15
16.	1176	15	Hannah Coombs	*F*	10	Schaumburg High School	18:45	6:15
17.	958	16	Kayla Droessler	*F*	12	Rockford Boylan	18:45	6:15
18.	1189	17	Kelsey Steenstrup	*F*	11	Schaumburg High School	18:46	6:16
19.	214	18	Chelsea Sondgeroth	*F*	12	Dixon High School	18:46	6:16
20.	53	19	Megan Nickles	*F*	10	Bettendorf	18:46	6:16
21.	749	20	Mickey Malmgren	*F*	9	Pleasant Valley High School	18:49	6:17
22.	530	21	Kaitlin Hoy	*F*	12	Minooka High School	18:50	6:17
23.	459	22	Andie Strang	*F*	12	Kaneland Maple Park	18:51	6:17
24.	502	23	Ann Marie McGuire	*F*	12	Loyola Academy	18:55	6:19
25.	1290	24	Tessa Strack	*F*	11	Sycamore High School	18:56	6:19
26.	254	25	Rebecca Steinmeyer	*F*	10	Fenwick High School	19:00	6:20
27.	562	26	Laura Simon	*F*	10	Minooka High School	19:01	6:21
28.	501	27	Jackie McDonnell	*F*	9	Loyola Academy	19:02	6:21
29.	987	28	Angela Woolbright	*F*	12	Rockford Boylan	19:02	6:21
30.	833		Haley Adams	*F*	12	Princeton High School	19:05	6:22
31.	1193	29	Jordan Wagner	*F*	12	Schaumburg High School	19:05	6:22
32.	310	30	Paige Gatter	*F*	11	Geneseo High School	19:11	6:24
33.	389	31	Ellen Carman	*F*	9	Iowa City High School	19:12	6:24
34.	561	32	Kiley Saunders	*F*	11	Minooka High School	19:13	6:25
35.	505	33	Frehiwet Negassi	*F*	12	Loyola Academy	19:13	6:25
36.	213	34	Tiara Sondgeroth	*F*	11	Dixon High School	19:19	6:27
37.	750	35	Avery Malmgren	*F*	12	Pleasant Valley High School	19:20	6:27
38.	386	36	Courtney Bruns	*F*	10	Iowa City High School	19:21	6:27
39.	1185	37	Samantha Nordli	*F*	10	Schaumburg High School	19:22	6:28
40.	893	38	Aubree Johnson	*F*	10	Rock Falls High School	19:23	6:28
41.	210	39	Megan Burger	*F*	12	Dixon High School	19:25	6:29
42.	761	40	Ali Oppel	*F*	10	Pleasant Valley High School	19:27	6:29
43.	556	41	Haley Renison	*F*	9	Minooka High School	19:28	6:30
44.	773	42	Laura Thomsen	*F*	12	Pleasant Valley High School	19:28	6:30
45.	918	43	Joanna Cone	*F*	11	Rock Island High School	19:29	6:30
46.	380	44	Harper Beasley	*F*	11	Iowa City High School	19:30	6:30
47.	1361	45	Lorie Reid	*F*	12	Zion Benton High School	19:31	6:31
48.	557	46	Allie Rossi	*F*	12	Minooka High School	19:33	6:31
49.	912	47	Jessica Bacon	*F*	12	Rock Island High School	19:40	6:34
50.	1146	48	Emma Fenelon	*F*	9	Rockford Lutheran High School	19:42	6:34
51.	172	49	Desa Diedrich	*F*	11	Dekalb High School	19:43	6:35
52.	914	50	Kelly Bishop	*F*	10	Rock Island High School	19:43	6:35
53.	1273	51	Maggie Lalowski	*F*	9	Sycamore High School	19:47	6:36
54.	305	52	Jessa Coulter	*F*	9	Geneseo High School	19:47	6:36
55.	544	53	Haley McNamara	*F*	9	Minooka High School	19:48	6:36
56.	1144	54	Julie Buzzard	*F*	10	Rockford Lutheran High School	19:49	6:37
57.	961	55	Becky Hilby	*F*	12	Rockford Boylan	19:50	6:37
58.	911	56	Celeste Arteaga	*F*	11	Rock Island High School	19:51	6:37
59.	745	57	Anne Leners	*F*	10	Pleasant Valley High School	19:52	6:38
60.	1360	58	Bailey Lippeth	*F*	11	Zion Benton High School	19:53	6:38
61.	58	59	Haley Zapolski	*F*	9	Bettendorf	19:55	6:39
62.	209	60	Brooke Bailey	*F*	9	Dixon High School	19:56	6:39
63.	494	61	Amanda Bombard	*F*	10	Loyola Academy	19:58	6:40
64.	890	62	Savanah Davis	*F*	11	Rock Falls High School	19:59	6:40
65.	1332	63	Autumn Vergeyle	*F*	11	United Township High School	20:00	6:40

2009 Sterling HS XC Invitational

Sterling, IL 10/09/2010 10:00 am Sunny, Dry, 67 degrees

Directed by: Nancy Gehrke

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
66.	952	64	Suzie Broski	*F*	12	Rockford Boylan	20:01	6:41
67.	1355	65	Kimmy Figueroa	*F*	9	Zion Benton High School	20:02	6:41
68.	563	66	Maddie Simon	*F*	12	Minooka High School	20:02	6:41
69.	449	67	Ashley Castellanos	*F*	10	Kaneland Maple Park	20:03	6:41
70.	460	68	Sydney Strang	*F*	9	Kaneland Maple Park	20:03	6:41
71.	454	69	Jen Howland	*F*	11	Kaneland Maple Park	20:06	6:42
72.	732	70	Kierstyn Feld	*F*	9	Pleasant Valley High School	20:10	6:44
73.	841		C.J. Rhodes	*F*	11	Princeton High School	20:11	6:44
74.	495	71	Lauren Composto	*F*	11	Loyola Academy	20:15	6:45
75.	640	72	Lauren Choi	*F*	11	Oswego High School	20:16	6:46
76.	312	73	Morgan Kelly	*F*	9	Geneseo High School	20:22	6:48
77.	866	74	Cambrai Hull	*F*	12	Rochelle High School	20:22	6:48
78.	415	75	Maggie Mahaffa	*F*	12	Iowa City High School	20:24	6:48
79.	8	76	Andria Mendoza	*F*	12	Alleman	20:27	6:49
80.	55	77	Bricelyn Schults	*F*	10	Bettendorf	20:29	6:50
81.	183	78	Sara Schafer	*F*	9	Dekalb High School	20:32	6:51
82.	169	79	Christin Bothe	*F*	10	Dekalb High School	20:36	6:52
83.	1279	80	Morgan Morreale	*F*	10	Sycamore High School	20:36	6:52
84.	248	81	Martha Murphy	*F*	9	Fenwick High School	20:38	6:53
85.	211	82	Kate Johnson	*F*	11	Dixon High School	20:39	6:53
86.	888	83	Lindsey Crow	*F*	10	Rock Falls High School	20:40	6:54
87.	176	84	Irisa Hescott	*F*	11	Dekalb High School	20:42	6:54
88.	1035	85	Jamie Street	*F*	11	Rockford Christian High Scho	20:44	6:55
89.	233	86	Megan Cahill	*F*	10	Fenwick High School	20:45	6:55
90.	12	87	Anna Wetherell	*F*	9	Alleman	20:46	6:56
91.	315	88	Dani Manna	*F*	10	Geneseo High School	20:47	6:56
92.	306	89	Sarah Dellett	*F*	9	Geneseo High School	20:48	6:56
93.	1272	90	Kendra Johnson	*F*	11	Sycamore High School	20:49	6:56
94.	661	91	Caroline Skibinski	*F*	11	Oswego High School	20:49	6:57
95.	1284	92	Corinne Ruff	*F*	12	Sycamore High School	20:50	6:57
96.	3	93	Ally Braet	*F*	12	Alleman	20:50	6:57
97.	249	94	Madeleine Nicholson	*F*	11	Fenwick High School	20:52	6:57
98.	864	95	Hannah Gille	*F*	9	Rochelle High School	20:54	6:58
99.	1359	96	Taylor Lindblad	*F*	11	Zion Benton High School	20:55	6:59
100.	1025	97	Abby Combs	*F*	12	Rockford Christian High Scho	20:57	6:59
101.	2	98	Josie Beckwith	*F*	11	Alleman	20:58	7:00
102.	232	99	Cathleen Cahill	*F*	12	Fenwick High School	20:58	7:00
103.	9	100	Kevan O'Hanlon	*F*	9	Alleman	20:59	7:00
104.	252	101	Anna Schierl	*F*	9	Fenwick High School	20:59	7:00
105.	897	102	Jessica Wind	*F*	10	Rock Falls High School	21:01	7:01
106.	4	103	Sallie Doak	*F*	10	Alleman	21:04	7:02
107.	947	104	Bailey Balentyne	*F*	11	Rockford Boylan	21:06	7:02
108.	1155	105	Claire Mesa	*F*	9	Rockford Lutheran High School	21:08	7:03
109.	896	106	Maryssa Nusbaum	*F*	12	Rock Falls High School	21:09	7:03
110.	308	107	Jenny Ford	*F*	11	Geneseo High School	21:10	7:04
111.	450	108	Shaela Collins	*F*	12	Kaneland Maple Park	21:12	7:04
112.	447	109	Kris Bowen	*F*	12	Kaneland Maple Park	21:13	7:05
113.	1229	110	Carrie McPherson	*F*	11	Sterling High School	21:13	7:05
114.	920	111	MacKenzie Heriford	*F*	12	Rock Island High School	21:14	7:05
115.	10	112	Dani Schroeder	*F*	12	Alleman	21:18	7:06
116.	930	113	Isabel Vallejo	*F*	9	Rock Island High School	21:18	7:06
117.	185	114	Alex Wade	*F*	12	Dekalb High School	21:20	7:07
118.	54	115	Arianna Schabillon	*F*	12	Bettendorf	21:21	7:07
119.	960	116	Cassidy Foley	*F*	9	Rockford Boylan	21:22	7:08
120.	52	117	Dana Ewan	*F*	11	Bettendorf	21:23	7:08
121.	1259	118	Carly Kupersmith	*F*	12	Stockton High School	21:30	7:10
122.	892	119	Allison Frankfother	*F*	12	Rock Falls High School	21:31	7:11
123.	964	120	Kelly Kazmerski	*F*	11	Rockford Boylan	21:31	7:11
124.	97	121	Carly Acks	*F*	11	Conant	21:33	7:11
125.	283		Courtney Hickey	*F*	12	Freeport High School	21:34	7:12
126.	1358	122	Shannon Lauret	*F*	12	Zion Benton High School	21:36	7:12
127.	244	123	Rachel Lombard	*F*	10	Fenwick High School	21:39	7:13
128.	116	124	Rebecca Moore	*F*	11	Conant	21:39	7:13
129.	71		Kathleen Marston	*F*	10	Clinton High School	21:41	7:14
130.	1357	125	Fatima Khan	*F*	11	Zion Benton High School	21:44	7:15

VARSITY GIRLS RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/09/2010 10:00 am Sunny, Dry, 67 degrees
Directed by: Nancy Gehrke

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
131.	56	126	Lisa Trizzino	*F*	11	Bettendorf	21:45	7:15
132.	108	127	Tulsi Joshi	*F*	11	Conant	21:47	7:16
133.	1362	128	Christina Rojas	*F*	12	Zion Benton High School	21:50	7:17
134.	865	129	Shelby Hoiness	*F*	11	Rochelle High School	21:54	7:18
135.	1156	130	Sarah Volkert	*F*	12	Rockford Luthern High School	22:02	7:21
136.	121	131	Kelly Urbanowicz	*F*	11	Conant	22:04	7:22
137.	1323	132	Alora Esparza	*F*	10	United Township High School	22:05	7:22
138.	1029	133	Brianna Jepson	*F*	9	Rockford Christian High Scho	22:06	7:22
139.	102	134	Christina Demuro	*F*	12	Conant	22:07	7:23
140.	1231	135	Kaylen Palmer	*F*	12	Sterling High School	22:09	7:23
141.	835		Alix Forristall	*F*	12	Princeton High School	22:11	7:24
142.	1031	136	Emily Opperman	*F*	9	Rockford Christian High Scho	22:12	7:24
143.	1147	137	Kavanya Gray	*F*	11	Rockford Luthern High School	22:14	7:25
144.	182	138	Saavana Robles	*F*	9	Dekalb High School	22:17	7:26
145.	1150	139	Kelli Holcomb	*F*	10	Rockford Luthern High School	22:24	7:28
146.	659	140	Rebecca Mohan	*F*	11	Oswego High School	22:24	7:28
147.	891	141	Haylea Ehredt	*F*	12	Rock Falls High School	22:27	7:29
148.	119	142	Christina Rentner	*F*	11	Conant	22:28	7:30
149.	869	143	Christina Williams	*F*	10	Rochelle High School	22:33	7:31
150.	1222	144	Brittany Ellis	*F*	12	Sterling High School	22:38	7:33
151.	863	145	Julia Drewitz	*F*	11	Rochelle High School	22:39	7:33
152.	1072	146	Ellie Anderson	*F*	11	Rockford Guilford	22:42	7:34
153.	109	147	Kritika Kulkarni	*F*	11	Conant	22:48	7:36
154.	1081	148	Siena Peterson	*F*	10	Rockford Guilford	22:49	7:37
155.	860	149	Shannon Bowers	*F*	10	Rochelle High School	22:55	7:39
156.	1221	150	Stephanie Echebarria	*F*	12	Sterling High School	22:58	7:40
157.	1076	151	Chelsea Donovan	*F*	12	Rockford Guilford	23:01	7:41
158.	635	152	Molly Behrens	*F*	11	Oswego High School	23:02	7:41
159.	45	153	Molly Perez	*F*	10	Belvidere High School	23:03	7:41
160.	1264	154	Ashlynn Wampfler	*F*	12	Stockton High School	23:08	7:43
161.	1218	155	Kaitlyn Bradley	*F*	12	Sterling High School	23:10	7:44
162.	1077	156	Audrey Gilfillan	*F*	10	Rockford Guilford	23:13	7:45
163.	1085	157	Emily Vanderwaal	*F*	9	Rockford Guilford	23:14	7:45
164.	1037	158	Taryn Thomas	*F*	9	Rockford Christian High Scho	23:26	7:49
165.	48	159	Rebecca Schwartz	*F*	9	Belvidere High School	23:35	7:52
166.	34	160	Amanda Delacy	*F*	12	Belvidere High School	23:38	7:53
167.	288		Katie Simler	*F*	11	Freeport High School	23:39	7:53
168.	1154	161	Rachel Meinert	*F*	12	Rockford Luthern High School	23:40	7:54
169.	1235	162	Liz Welch	*F*	11	Sterling High School	23:43	7:55
170.	654	163	Alicia Hughes	*F*	12	Oswego High School	23:46	7:56
171.	1080	164	Abby Martens	*F*	12	Rockford Guilford	23:48	7:56
172.	633	165	Tatiana Anaya	*F*	12	Oswego High School	23:55	7:59
173.	1260	166	Taylor Scafe	*F*	9	Stockton High School	23:55	7:59
174.	1257	167	Emily Dufford	*F*	11	Stockton High School	23:55	7:59
175.	1219	168	Sayra Contreras	*F*	12	Sterling High School	23:56	7:59
176.	1082	169	Kitzia Picon	*F*	11	Rockford Guilford	24:17	8:06
177.	1261	170	Kalli Schambergef	*F*	12	Stockton High School	24:19	8:07
178.	1256	171	Ashley Cassens	*F*	9	Stockton High School	24:22	8:08
179.	1032	172	Caroline Quintanilla	*F*	11	Rockford Christian High Scho	24:32	8:11
180.	1324	173	Brandes Hamilton	*F*	11	United Township High School	25:13	8:25
181.	1030	174	Anna Ma	*F*	11	Rockford Christian High Scho	25:15	8:25
182.	1254	175	Courtney Arnold	*F*	9	Stockton High School	25:19	8:27
183.	1054	176	Logan Tillmon	*F*	10	Rockford East High School	25:24	8:28
184.	41	177	Erica Miranda	*F*	12	Belvidere High School	25:27	8:29
185.	1051	178	Claudia Rangel	*F*	10	Rockford East High School	25:32	8:31
186.	1330	179	Kaitee Tidwell	*F*	11	United Township High School	25:49	8:37
187.	1326	180	Courtney McGehee	*F*	9	United Township High School	25:55	8:39
188.	51	181	Kelsey Stone	*F*	10	Belvidere High School	26:17	8:46
189.	39	182	Jaclynn Leveille	*F*	12	Belvidere High School	26:22	8:48
190.	1053	183	Kendall Schneider	*F*	11	Rockford East High School	26:37	8:53
191.	43	184	Melissa Otte	*F*	10	Belvidere High School	26:40	8:54
192.	1050	185	Heidi Honaker	*F*	10	Rockford East High School	28:52	9:38
193.	1056	186	Zoe Zuroske	*F*	10	Rockford East High School	29:41	9:54
194.	281		Emily Bowen	*F*	11	Freeport High School	29:45	9:55

OPEN GIRLS RESULTS

2009 Sterling HS XC Invitational

Sterling, IL 10/09/2010 11:00 am Sunny, Dry, 73 degrees

Directed by: Nancy Gehrke

Place	No.	Name	Sex	Yr	Team	TIME	Pace
196.	526	Marissa Gonzalez	*F*	9	Minooka High School	29:20	9:47
197.	434	Megan Ringen	*F*	11	Iowa City High School	29:21	9:47
198.	1129	Michelle Zheng	*F*	11	Rockford Keith High School	29:23	9:48
199.	770	Ellie Sink	*F*	10	Pleasant Valley High School	29:33	9:51
200.	756	Molly Morris	*F*	10	Pleasant Valley High School	29:45	9:55
201.	723	Jacqueline Colarusso	*F*	9	Pleasant Valley High School	29:47	9:56
202.	638	Idalia Cardona	*F*	9	Oswego High School	29:57	9:59
203.	970	Mary Helen McQuillan	*F*	10	Rockford Boylan	30:13	10:05
204.	1105	Michelle Hernandez	*F*	9	Rockford Jefferson	30:33	10:11
205.	988	Mariah Zion	*F*	9	Rockford Boylan	30:41	10:14
206.	726	Mary Cropper	*F*	12	Pleasant Valley High School	30:53	10:18
207.	431	Miranda Reyes	*F*	9	Iowa City High School	30:56	10:19
208.	1145	Abby Esposito	*F*	10	Rockford Luthern High School	31:42	10:34
209.	972	Colleen Morrall	*F*	12	Rockford Boylan	31:52	10:38
210.	655	Halee Janicki	*F*	9	Oswego High School	32:02	10:41
211.	728	Shannon Dougherty	*F*	11	Pleasant Valley High School	32:43	10:55
212.	639	Jessica Catania	*F*	9	Oswego High School	32:49	10:57
213.	753	Gabby McGee	*F*	12	Pleasant Valley High School	32:57	10:59
214.	984	Andrea Valerio	*F*	9	Rockford Boylan	33:25	11:09
215.	432	Stephanie Reyes	*F*	12	Iowa City High School	33:35	11:12
216.	393	Eleanor Cotton	*F*	12	Iowa City High School	34:21	11:27
217.	1128	Anna McCormick	*F*	10	Rockford Keith High School	34:51	11:37
218.	642	Amber Colon	*F*	9	Oswego High School	35:40	11:54
219.	319	Chelsea Rahmus	*F*	11	Geneseo High School	35:55	11:59
Oct-09-2010		12:41:01pm					

FRESHMAN/SOPHOMORE GIRLS RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/09/2010 9:00 am Sunny, Dry, 58 degrees

Directed by: Nancy Gehrke

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
1.	653	1	Kelsey Hjorth	*F*	10	Oswego High School	18:39	6:13
2.	514	2	Kaitlyn Chetney	*F*	9	Minooka High School	19:31	6:30
3.	733	3	Brenna German	*F*	10	Pleasant Valley High School	19:57	6:39
4.	1182	4	Maika Kumamoto	*F*	10	Schaumburg High School	19:58	6:40
5.	289	5	Haley Swords	*F*	9	Freeport High School	19:59	6:40
6.	438	6	Allison Siglin	*F*	10	Iowa City High School	20:06	6:42
7.	387	7	Lindsey Bruns	*F*	10	Iowa City High School	20:11	6:44
8.	641	8	Alex Choi	*F*	10	Oswego High School	20:13	6:45
9.	292	9	Ellie Willging	*F*	9	Freeport High School	20:16	6:46
10.	1173	10	Karyn Baldwin	*F*	10	Schaumburg High School	20:20	6:47
11.	218		Cheyenne Williams	*F*	10	Dixon High School	20:26	6:49
12.	509	11	Caleigh Beverly	*F*	9	Minooka High School	20:32	6:51
13.	423	12	Terra Perez	*F*	10	Iowa City High School	20:32	6:51
14.	217		Whitney Wildman	*F*	9	Dixon High School	20:33	6:51
15.	565	13	Madie Valentino	*F*	9	Minooka High School	20:34	6:52
16.	417	14	Kate Mendenhall	*F*	10	Iowa City High School	20:34	6:52
17.	759	15	Chloe Nelson	*F*	9	Pleasant Valley High School	20:36	6:52
18.	318		Halle Olson	*F*	9	Geneseo High School	20:38	6:53
19.	284	16	Olivia Lloyd	*F*	10	Freeport High School	20:38	6:53
20.	650	17	Ashley Golembeski	*F*	10	Oswego High School	20:40	6:54
21.	529	18	Erin Heide	*F*	9	Minooka High School	20:42	6:54
22.	1220	19	Emily Crossley	*F*	10	Sterling High School	20:43	6:55
23.	1187	20	Sarah Richter	*F*	10	Schaumburg High School	20:45	6:55
24.	424	21	Daniela Perret	*F*	9	Iowa City High School	20:47	6:56
25.	735	22	Maddie Guenzler	*F*	9	Pleasant Valley High School	20:48	6:56
26.	558	23	Lucia Rossi	*F*	10	Minooka High School	20:49	6:57
27.	769	24	Jenna Schulz	*F*	10	Pleasant Valley High School	20:51	6:57
28.	98	25	Stephanie Buga	*F*	9	Conant	20:51	6:57
29.	1224	26	Hannah George	*F*	10	Sterling High School	20:52	6:58
30.	173	27	Danielle Dlabal	*F*	10	Dekalb High School	20:53	6:58
31.	388	28	Gabrielle Bui	*F*	10	Iowa City High School	20:54	6:58
32.	100	29	Emily Day	*F*	10	Conant	20:55	6:59
33.	174	30	Kayla Federici	*F*	9	Dekalb High School	20:57	6:59
34.	551	31	Morgan Phillips	*F*	9	Minooka High School	21:01	7:01
35.	962	32	Elizabeth Hilby	*F*	10	Rockford Boylan	21:03	7:01
36.	515	33	Ashley Clark	*F*	10	Minooka High School	21:13	7:05
37.	651	34	Nina Hauser	*F*	10	Oswego High School	21:17	7:06
38.	647	35	Abby Etheridge	*F*	9	Oswego High School	21:28	7:10
39.	307		Amber Fobert	*F*	10	Geneseo High School	21:32	7:11
40.	645	36	Paige Dodson	*F*	9	Oswego High School	21:34	7:12
41.	1181	37	Jackie Kovar	*F*	10	Schaumburg High School	21:38	7:13
42.	1230	38	Leah Megli	*F*	9	Sterling High School	21:45	7:15
43.	973	39	Grace Moss	*F*	9	Rockford Boylan	21:46	7:16
44.	112	40	Melody Lien	*F*	10	Conant	21:48	7:16
45.	101	41	Elise Debryun	*F*	10	Conant	21:57	7:19
46.	867		Laura Saldana	*F*	9	Rochelle High School	22:01	7:21
47.	428	42	Mary Rethwisch	*F*	9	Iowa City High School	22:02	7:21
48.	243	43	Janeen Latz	*F*	9	Fenwick High School	22:02	7:21
49.	1281		Kylie Ocker	*F*	9	Sycamore High School	22:03	7:21
50.	714	44	Lorraine Arikat	*F*	9	Pleasant Valley High School	22:03	7:21
51.	719	45	Meredith Bruster	*F*	10	Pleasant Valley High School	22:04	7:22
52.	115	46	Brianna Miles	*F*	9	Conant	22:05	7:22
53.	660	47	Lindsay Price	*F*	9	Oswego High School	22:06	7:22
54.	1192	48	Bri Vitacco	*F*	10	Schaumburg High School	22:07	7:23
55.	861		Anai Brizuela	*F*	9	Rochelle High School	22:14	7:25
56.	170	49	Sydney Cordes	*F*	10	Dekalb High School	22:16	7:26
57.	1266		Shekinah Bergmann	*F*	10	Sycamore High School	22:21	7:27
58.	1236	50	Alayna Wolfe	*F*	10	Sterling High School	22:23	7:28
59.	919	51	Chastity Gingry	*F*	9	Rock Island High School	22:30	7:30
60.	99	52	Caressa Chan	*F*	10	Conant	22:30	7:30
61.	974	53	Lauren Nowak	*F*	10	Rockford Boylan	22:34	7:32
62.	738	54	Tessa James	*F*	10	Pleasant Valley High School	22:35	7:32
63.	106	55	Heidi Hutch	*F*	10	Conant	22:39	7:33
64.	216		Kayla White	*F*	9	Dixon High School	22:53	7:38
65.	66		Emily Bradley	*F*	9	Clinton High School	23:08	7:43

FRESHMAN/SOPHOMORE GIRLS RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/09/2010 9:00 am Sunny, Dry, 58 degrees

Directed by: Nancy Gehrke

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
66.	1270		Kelsey Hamil	*F*	10	Sycamore High School	23:20	7:47
67.	968	56	Maribeth Marshall	*F*	9	Rockford Boylan	23:29	7:50
68.	1225	57	Sarah Gunderson	*F*	9	Sterling High School	23:34	7:52
69.	921	58	Deauna Ivy	*F*	10	Rock Island High School	23:45	7:55
70.	913	59	Claire Bacon	*F*	9	Rock Island High School	23:49	7:57
71.	965	60	Emily Knuth	*F*	10	Rockford Boylan	24:01	8:01
72.	242	61	Michaela Hendricks	*F*	9	Fenwick High School	24:06	8:02
73.	1179	62	Christina Knipp	*F*	10	Schaumburg High School	24:07	8:03
74.	235	63	Rachel Clark	*F*	9	Fenwick High School	24:12	8:04
75.	303		Jeni Bergles	*F*	10	Geneseo High School	24:14	8:05
76.	302		Courtney Backes	*F*	9	Geneseo High School	24:34	8:12
77.	954	64	Susanne Chapman	*F*	10	Rockford Boylan	24:41	8:14
78.	1184	65	Tania Manjarrez	*F*	9	Schaumburg High School	24:47	8:16
79.	898		Emily Wyckstandt	*F*	9	Rock Falls High School	25:12	8:24
80.	1083		Sadie Pierce-Mulligan	*F*	9	Rockford Guilford	25:20	8:27
81.	239	66	Emma Gihl	*F*	9	Fenwick High School	25:31	8:31
82.	1253		Paige Anderson	*F*	9	Stockton High School	25:39	8:33
83.	285	67	Megan Mrozek	*F*	10	Freeport High School	25:44	8:35
84.	1073		Megan Benson	*F*	10	Rockford Guilford	25:48	8:36
85.	927	68	Morgan Stoever	*F*	9	Rock Island High School	25:52	8:38
86.	843		Taylor Smith	*F*	10	Princeton High School	25:56	8:39
87.	255	69	Katlyn Wartner	*F*	10	Fenwick High School	25:57	8:39
88.	1275		Concetta Maniaci	*F*	10	Sycamore High School	26:29	8:50
89.	1075		Veronica Creighton-Hill	*F*	9	Rockford Guilford	26:29	8:50
90.	868		Francine Walsh	*F*	9	Rochelle High School	26:30	8:50
91.	250	70	Monica Saavedra	*F*	9	Fenwick High School	26:34	8:52
92.	291	71	Hannah Wilkinson	*F*	9	Freeport High School	26:38	8:53
93.	180	72	Erin McGaughey	*F*	10	Dekalb High School	26:38	8:53
94.	887		Jocelyn Cid	*F*	9	Rock Falls High School	26:52	8:58
95.	842		Aubrey Smith	*F*	10	Princeton High School	26:59	9:00
96.	886		Tracy Bohlken	*F*	10	Rock Falls High School	28:16	9:26
97.	925	73	Isabella Naab	*F*	9	Rock Island High School	28:51	9:37
98.	168	74	Isabella Anderson	*F*	9	Dekalb High School	28:57	9:39
99.	279	75	Callie Arendt	*F*	9	Freeport High School	30:04	10:02

OPEN GIRLS RESULTS

2009 Sterling HS XC Invitational

Sterling, IL 10/09/2010 11:00 am Sunny, Dry, 73 degrees

Directed by: Nancy Gehrke

Place	No.	Name	Sex	Yr	Team	TIME	Pace
1.	1178	Grace Haerr	*F*	11	Schaumburg High School	19:52	6:38
2.	496	Siohban Cooney	*F*	12	Loyola Academy	20:08	6:43
3.	385	Anna Bruns	*F*	12	Iowa City High School	20:20	6:47
4.	747	Kera Linn	*F*	12	Pleasant Valley High School	20:30	6:50
5.	500	Rose McBride	*F*	10	Loyola Academy	20:33	6:51
6.	441	Alexandra Tamerius	*F*	11	Iowa City High School	20:34	6:52
7.	771	Sam Staver	*F*	11	Pleasant Valley High School	20:37	6:53
8.	377	Katherine Arch	*F*	11	Iowa City High School	20:49	6:57
9.	507	Stephanie Scherer	*F*	12	Loyola Academy	20:50	6:57
10.	414	Lori Lines	*F*	12	Iowa City High School	20:55	6:59
11.	498	Maady Fassett	*F*	10	Loyola Academy	20:57	6:59
12.	778	Allison Witters	*F*	11	Pleasant Valley High School	21:00	7:00
13.	729	Onna Drake	*F*	12	Pleasant Valley High School	21:04	7:02
14.	439	Emily Sotelo	*F*	12	Iowa City High School	21:05	7:02
15.	649	Alyson Fisher	*F*	12	Oswego High School	21:09	7:03
16.	532	Nicole Johnson	*F*	11	Minooka High School	21:13	7:05
17.	504	Rachel Meller	*F*	12	Loyola Academy	21:16	7:06
18.	712	Laura Alper	*F*	12	Pleasant Valley High School	21:16	7:06
19.	716	Mimi Barney	*F*	11	Pleasant Valley High School	21:17	7:06
20.	534	Lauren Jonen	*F*	11	Minooka High School	21:20	7:07
21.	384	Kennedy Bodnarek	*F*	12	Iowa City High School	21:21	7:07
22.	240	Mary Rita Grace	*F*	12	Fenwick High School	21:27	7:09
23.	1174	Maria Barajas	*F*	11	Schaumburg High School	21:28	7:10
24.	755	Mary Kate Misak	*F*	12	Pleasant Valley High School	21:31	7:11
25.	1	Mary Adlfinger	*F*	11	Alleman	21:33	7:11
26.	741	Lindsey Jipp	*F*	12	Pleasant Valley High School	21:40	7:14
27.	422	Cassie Pantel	*F*	11	Iowa City High School	21:41	7:14
28.	516	Nancy Clark	*F*	9	Minooka High School	21:43	7:15
29.	1354	Alyssa Campbell-Sawyer	*F*	11	Zion Benton High School	21:44	7:15
30.	419	Sara Mildenstein	*F*	10	Iowa City High School	21:49	7:17
31.	539	Madison Leatherwood	*F*	10	Minooka High School	21:54	7:18
32.	452	Arianna Espino	*F*	12	Kaneland Maple Park	21:57	7:19
33.	547	Sarah Olin	*F*	12	Minooka High School	22:00	7:20
34.	766	Sierra Roberts	*F*	11	Pleasant Valley High School	22:01	7:21
35.	426	Breanne Peterson	*F*	12	Iowa City High School	22:03	7:21
36.	1102	Syndia Delgado	*F*	10	Rockford Jefferson	22:04	7:22
37.	521	Taylor Downing	*F*	11	Minooka High School	22:05	7:22
38.	894	Megan Leaf	*F*	11	Rock Falls High School	22:05	7:22
39.	456	Anna Piazza	*F*	9	Kaneland Maple Park	22:07	7:23
40.	767	Laura Rodriguez	*F*	12	Pleasant Valley High School	22:08	7:23
41.	540	Sahsa Litt	*F*	12	Minooka High School	22:12	7:24
42.	1363	Madison Thompson	*F*	11	Zion Benton High School	22:14	7:25
43.	405	Nora Holman	*F*	10	Iowa City High School	22:15	7:25
44.	980	Jackie Sreenan-Powell	*F*	10	Rockford Boylan	22:17	7:26
45.	548	Danielle Orihuela	*F*	12	Minooka High School	22:26	7:29
46.	314	Hilary Lohman	*F*	12	Geneseo High School	22:29	7:30
47.	985	Cristal Virgilio	*F*	11	Rockford Boylan	22:30	7:30
48.	376	Amel Ali	*F*	10	Iowa City High School	22:31	7:31
49.	411	Hailey Klabo	*F*	11	Iowa City High School	22:33	7:31
50.	397	Elena Foster	*F*	9	Iowa City High School	22:34	7:32
51.	443	Sumba Traore	*F*	9	Iowa City High School	22:35	7:32
52.	977	Kasha Romanowski	*F*	12	Rockford Boylan	22:38	7:33
53.	40	Melody Mercado	*F*	10	Belvidere High School	22:41	7:34
54.	763	Sanjana Ramesh	*F*	12	Pleasant Valley High School	22:43	7:35
55.	110	Alyssa Lane	*F*	12	Conant	22:44	7:35
56.	538	Courtney Kenyon	*F*	10	Minooka High School	22:45	7:35
57.	304	Britta Conrad	*F*	11	Geneseo High School	22:50	7:37
58.	253	Theresa Steinmeyer	*F*	11	Fenwick High School	22:51	7:37
59.	120	Courtney Sherman	*F*	9	Conant	22:52	7:38
60.	461	Carolina Tovar	*F*	11	Kaneland Maple Park	22:56	7:39
61.	715	Erika Baker	*F*	11	Pleasant Valley High School	23:01	7:41
62.	375	Yorik Aguilar-Rosales	*F*	11	Iowa City High School	23:04	7:42
63.	1152	Sheridan Jones	*F*	9	Rockford Lutheran High School	23:04	7:42
64.	313	Kelsey Klein	*F*	12	Geneseo High School	23:07	7:43
65.	1353	Becca Battisfore	*F*	12	Zion Benton High School	23:12	7:44

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OPEN GIRLS RESULTS

2009 Sterling HS XC Invitational

Sterling, IL 10/09/2010 11:00 am Sunny, Dry, 73 degrees

Directed by: Nancy Gehrke

Place	No.	Name	Sex	Yr	Team	TIME	Pace
66.	522	Payton Downing	*F*	9	Minooka High School	23:13	7:45
67.	721	Katie Burke	*F*	11	Pleasant Valley High School	23:19	7:47
68.	981	Kirsten Sympson	*F*	11	Rockford Boylan	23:19	7:47
69.	378	Maria Aumueler	*F*	12	Iowa City High School	23:19	7:47
70.	1356	Maggie Holland	*F*	12	Zion Benton High School	23:20	7:47
71.	241	Luzmaria Guzman	*F*	12	Fenwick High School	23:21	7:47
72.	118	Mary Piltaver	*F*	12	Conant	23:23	7:48
73.	437	Izzy Scoblic	*F*	11	Iowa City High School	23:24	7:48
74.	740	Ashley Jipp	*F*	12	Pleasant Valley High School	23:25	7:49
75.	543	Katelyn McAuley	*F*	9	Minooka High School	23:26	7:49
76.	117	Ami Nakrani	*F*	9	Conant	23:27	7:49
77.	957	Jena Davis	*F*	11	Rockford Boylan	23:27	7:49
78.	396	Maddie Finely	*F*	11	Iowa City High School	23:28	7:50
79.	746	Kayla Lindstrom	*F*	11	Pleasant Valley High School	23:30	7:50
80.	975	Taylor Parus	*F*	10	Rockford Boylan	23:34	7:52
81.	395	Amber Eggers	*F*	10	Iowa City High School	23:38	7:53
82.	744	Kathryn Leidahl	*F*	10	Pleasant Valley High School	23:39	7:53
83.	178	Jade Kleckner	*F*	11	Dekalb High School	23:40	7:54
84.	564	Geraldine Torres	*F*	10	Minooka High School	23:42	7:54
85.	399	Emma Greiman	*F*	9	Iowa City High School	23:43	7:55
86.	382	Ellie Benson	*F*	9	Iowa City High School	23:44	7:55
87.	950	Krista Bjork	*F*	9	Rockford Boylan	23:46	7:56
88.	1287	Cait Sherman	*F*	11	Sycamore High School	23:47	7:56
89.	644	Blair Diemer	*F*	10	Oswego High School	23:47	7:56
90.	717	Katelynn Bell	*F*	11	Pleasant Valley High School	23:48	7:56
91.	442	Katie Titus	*F*	12	Iowa City High School	23:49	7:57
92.	550	Paige Perez	*F*	9	Minooka High School	23:49	7:57
93.	445	Juju Wang	*F*	10	Iowa City High School	23:53	7:58
94.	425	Oli Peters	*F*	9	Iowa City High School	23:53	7:58
95.	737	Gracie Herr	*F*	12	Pleasant Valley High School	23:57	7:59
96.	546	Haley Nichols	*F*	9	Minooka High School	23:57	7:59
97.	245	Anna Mariani	*F*	12	Fenwick High School	23:58	8:00
98.	5	Mary Dodson	*F*	11	Alleman	24:01	8:01
99.	1282	Kelli Phelan	*F*	11	Sycamore High School	24:10	8:04
100.	409	Ellen Kealey	*F*	11	Iowa City High School	24:12	8:04
101.	1228	Charisma Martinez	*F*	11	Sterling High School	24:16	8:06
102.	512	Alex Casserly	*F*	9	Minooka High School	24:28	8:10
103.	662	Emma Sullivan	*F*	9	Oswego High School	24:29	8:10
104.	889	Paige Crow	*F*	12	Rock Falls High School	24:36	8:12
105.	379	Sarah Baker	*F*	11	Iowa City High School	24:40	8:14
106.	1227	Molly Kunde	*F*	12	Sterling High School	24:45	8:15
107.	403	Leah Hoelscher	*F*	9	Iowa City High School	24:45	8:15
108.	1280	Brie Morreale	*F*	12	Sycamore High School	24:46	8:16
109.	648	Beth Figgins	*F*	9	Oswego High School	24:48	8:16
110.	1226	Emma Haak	*F*	12	Sterling High School	24:49	8:17
111.	760	Tori Nelson	*F*	10	Pleasant Valley High School	24:54	8:18
112.	545	Kianne Medina	*F*	11	Minooka High School	24:58	8:20
113.	774	Taylor Venhorst	*F*	11	Pleasant Valley High School	25:03	8:21
114.	643	Lisa Dano	*F*	9	Oswego High School	25:04	8:22
115.	402	Elizabeth Heasley	*F*	12	Iowa City High School	25:07	8:23
116.	1265	Dana Atkins	*F*	11	Sycamore High School	25:08	8:23
117.	764	Angela Rauwolf	*F*	9	Pleasant Valley High School	25:11	8:24
118.	390	Isabelle Carman	*F*	11	Iowa City High School	25:14	8:25
119.	559	Maria Rossi	*F*	11	Minooka High School	25:16	8:26
120.	70	Brittany Lehman	*F*	11	Clinton High School	25:20	8:27
121.	404	Ana Hollander	*F*	10	Iowa City High School	25:22	8:28
122.	658	Krissy Klingbeil	*F*	9	Oswego High School	25:23	8:28
123.	657	Addison Keenith	*F*	9	Oswego High School	25:26	8:29
124.	111	Raven Leflore	*F*	9	Conant	25:27	8:29
125.	391	Liliana Coelho	*F*	10	Iowa City High School	25:28	8:30
126.	418	Emily Mendoza	*F*	12	Iowa City High School	25:29	8:30
127.	560	Kayla Ruettiger	*F*	12	Minooka High School	25:36	8:32
128.	1278	Megan Mollman	*F*	11	Sycamore High School	25:40	8:34
129.	410	Mary Kelly	*F*	9	Iowa City High School	25:41	8:34
130.	416	MacKenzie Mead	*F*	12	Iowa City High School	25:43	8:35

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OPEN GIRLS RESULTS

2009 Sterling HS XC Invitational

Sterling, IL 10/09/2010 11:00 am Sunny, Dry, 73 degrees

Directed by: Nancy Gehrke

Place	No.	Name	Sex	Yr	Team	TIME	Pace
131.	752	Kelly McElhiney	*F*	12	Pleasant Valley High School	25:45	8:35
132.	413	Erin Laughlin	*F*	12	Iowa City High School	25:46	8:36
133.	316	Brittany Mielke	*F*	11	Geneseo High School	25:47	8:36
134.	948	Bryn Bauling	*F*	12	Rockford Boylan	25:50	8:37
135.	656	Erin Janusz	*F*	11	Oswego High School	25:52	8:38
136.	725	Kenzie Coopman	*F*	12	Pleasant Valley High School	25:53	8:38
137.	731	Sydney Even	*F*	9	Pleasant Valley High School	25:53	8:38
138.	768	Colleen Rolland	*F*	12	Pleasant Valley High School	25:57	8:39
139.	1151	Sam Holen	*F*	12	Rockford Luthern High School	25:58	8:40
140.	1028	Maddy Gill	*F*	9	Rockford Christian High Scho	25:58	8:40
141.	554	Kirsten Raether	*F*	11	Minooka High School	26:00	8:40
142.	748	Emily Lohmann	*F*	10	Pleasant Valley High School	26:02	8:41
143.	772	Tristan Thompson	*F*	10	Pleasant Valley High School	26:09	8:43
144.	966	Lexi Kohout	*F*	9	Rockford Boylan	26:09	8:43
145.	6	Kelsey Ethington	*F*	10	Alleman	26:10	8:44
146.	7	Macy Hoskins	*F*	10	Alleman	26:11	8:44
147.	1026	Samantha Ellis	*F*	12	Rockford Christian High Scho	26:12	8:44
148.	777	Audrey Wiese	*F*	12	Pleasant Valley High School	26:21	8:47
149.	730	Christina Ehlers	*F*	12	Pleasant Valley High School	26:22	8:48
150.	722	Theja Chitneni	*F*	11	Pleasant Valley High School	26:22	8:48
151.	955	Lizzy Chiodini	*F*	9	Rockford Boylan	26:23	8:48
152.	37	Luisa Hernandez	*F*	9	Belvidere High School	26:23	8:48
153.	238	Angela Escanilla	*F*	12	Fenwick High School	26:27	8:49
154.	946	Marisol Alcantara	*F*	12	Rockford Boylan	26:29	8:50
155.	967	Erin Konicek	*F*	11	Rockford Boylan	26:30	8:50
156.	895	Karina Nehrkorn	*F*	11	Rock Falls High School	26:33	8:51
157.	517	Kassandra Contreras	*F*	9	Minooka High School	26:39	8:53
158.	743	Gen Kwan	*F*	10	Pleasant Valley High School	26:40	8:54
159.	983	Erika Valerio	*F*	11	Rockford Boylan	26:40	8:54
160.	949	Karly Bergstrom	*F*	10	Rockford Boylan	26:44	8:55
161.	1148	Jaclyn Guth	*F*	12	Rockford Luthern High School	26:47	8:56
162.	541	Sam Maher	*F*	11	Minooka High School	26:48	8:56
163.	1022	Krista Anderson	*F*	10	Rockford Christian High Scho	26:52	8:58
164.	518	Lexie Dames	*F*	10	Minooka High School	26:56	8:59
165.	776	Sarah Vlasic	*F*	10	Pleasant Valley High School	26:57	8:59
166.	444	Katherine Vanderwoude	*F*	11	Iowa City High School	26:58	9:00
167.	951	Danielle Bjork	*F*	12	Rockford Boylan	26:59	9:00
168.	528	Victoria Goodale	*F*	12	Minooka High School	27:00	9:00
169.	986	Ana Weickert	*F*	9	Rockford Boylan	27:03	9:01
170.	1277	Kelcee Miller	*F*	12	Sycamore High School	27:16	9:06
171.	953	Abby Budd	*F*	9	Rockford Boylan	27:30	9:10
172.	317	Amanda Morse	*F*	12	Geneseo High School	27:31	9:10
173.	727	Jamie Dougherty	*F*	9	Pleasant Valley High School	27:38	9:13
174.	401	Kara Hartley	*F*	10	Iowa City High School	27:45	9:15
175.	519	Carley Deddo	*F*	9	Minooka High School	27:48	9:16
176.	49	Rachael Slack	*F*	12	Belvidere High School	27:51	9:17
177.	11	Jenna Smith	*F*	11	Alleman	27:52	9:18
178.	734	Sydney Good	*F*	11	Pleasant Valley High School	27:54	9:18
179.	533	Jordan Johnson	*F*	9	Minooka High School	27:57	9:19
180.	1106	Yesenia Santacruz	*F*	11	Rockford Jefferson	28:05	9:22
181.	775	Rachel Vens	*F*	12	Pleasant Valley High School	28:07	9:23
182.	552	Aurora Pieprzak	*F*	9	Minooka High School	28:08	9:23
183.	742	Morgan Kennedy	*F*	11	Pleasant Valley High School	28:13	9:25
184.	400	Liz Grosse	*F*	12	Iowa City High School	28:14	9:25
185.	436	Lexine Schumm	*F*	9	Iowa City High School	28:27	9:29
186.	736	Kelly Hering	*F*	12	Pleasant Valley High School	28:30	9:30
187.	713	Alison Aquino	*F*	12	Pleasant Valley High School	28:36	9:32
188.	392	Jackie Cook	*F*	11	Iowa City High School	28:38	9:33
189.	383	Gabrielle Bizzocchi	*F*	12	Iowa City High School	28:39	9:33
190.	435	Emma Schmoll	*F*	12	Iowa City High School	28:55	9:39
191.	1103	Gema Delgado	*F*	12	Rockford Jefferson	28:59	9:40
192.	42	Vanessa Moya	*F*	11	Belvidere High School	28:59	9:40
193.	963	Kayla Hughes	*F*	11	Rockford Boylan	29:03	9:41
194.	739	Haley Jewell	*F*	10	Pleasant Valley High School	29:14	9:45
195.	46	Jessica Santiago	*F*	12	Belvidere High School	29:17	9:46

Oct-09-2010 12:41:01pm

OPEN GIRLS RESULTS

2009 Sterling HS XC Invitational

Sterling, IL 10/09/2010 11:00 am Sunny, Dry, 73 degrees

Directed by: Nancy Gehrke

Place	No.	Name	Sex	Yr	Team	TIME	Pace
196.	526	Marissa Gonzalez	*F*	9	Minooka High School	29:20	9:47
197.	434	Megan Ringen	*F*	11	Iowa City High School	29:21	9:47
198.	1129	Michelle Zheng	*F*	11	Rockford Keith High School	29:23	9:48
199.	770	Ellie Sink	*F*	10	Pleasant Valley High School	29:33	9:51
200.	756	Molly Morris	*F*	10	Pleasant Valley High School	29:45	9:55
201.	723	Jacqueline Colarusso	*F*	9	Pleasant Valley High School	29:47	9:56
202.	638	Idalia Cardona	*F*	9	Oswego High School	29:57	9:59
203.	970	Mary Helen McQuillan	*F*	10	Rockford Boylan	30:13	10:05
204.	1105	Michelle Hernandez	*F*	9	Rockford Jefferson	30:33	10:11
205.	988	Mariah Zion	*F*	9	Rockford Boylan	30:41	10:14
206.	726	Mary Cropper	*F*	12	Pleasant Valley High School	30:53	10:18
207.	431	Miranda Reyes	*F*	9	Iowa City High School	30:56	10:19
208.	1145	Abby Esposito	*F*	10	Rockford Luthern High School	31:42	10:34
209.	972	Colleen Morrall	*F*	12	Rockford Boylan	31:52	10:38
210.	655	Halee Janicki	*F*	9	Oswego High School	32:02	10:41
211.	728	Shannon Dougherty	*F*	11	Pleasant Valley High School	32:43	10:55
212.	639	Jessica Catania	*F*	9	Oswego High School	32:49	10:57
213.	753	Gabby McGee	*F*	12	Pleasant Valley High School	32:57	10:59
214.	984	Andrea Valerio	*F*	9	Rockford Boylan	33:25	11:09
215.	432	Stephanie Reyes	*F*	12	Iowa City High School	33:35	11:12
216.	393	Eleanor Cotton	*F*	12	Iowa City High School	34:21	11:27
217.	1128	Anna McCormick	*F*	10	Rockford Keith High School	34:51	11:37
218.	642	Amber Colon	*F*	9	Oswego High School	35:40	11:54
219.	319	Chelsea Rahmus	*F*	11	Geneseo High School	35:55	11:59
Oct-09-2010		12:41:01pm					

VARSITY BOYS TEAM RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/09/2010 10:30 am Sunny, Dry, 70 degrees
Directed by: Nancy Gehrke

Place Score Team (Total, Average, Pack Times)

1. 73 Schaumburg High School (1:17:58, 15:35.60, 0:37)
5 10 13 20 25 (39) (40)
Travis Morrison, Evan Prizy, Tyler Anderson, Pat Swiech, Pat O'Connell,
Brian Flight, Juan Barajas
2. 73 Minooka High School (1:17:44, 15:32.63, 1:09)
1 11 16 17 28 (51) (60)
Joe McAsey, Danny Bahret, Joey Santillo, Dan Popek, Chris Patterson,
Ben Heide, Ben Boland
3. 156 Pleasant Valley High School (1:20:22, 16:04.38, 1:21)
4 26 37 44 45 (52) (57)
Tyler Meseke, Caleb Drake, Tony Meyer, Johnathon Creighton, Joe Conway,
Safwan Elkhatib, Evan Schommer
4. 161 Conant (1:20:37, 16:07.20, 1:08)
8 31 32 41 49 (50) (81)
Troy Cunningham, Alexander Miller, Joe Sulentic, James Weaver,
Tyler Schneider, Steve Sarver, Jae Suk Huh
5. 198 Oswego High School (1:21:08, 16:13.58, 1:15)
12 27 33 61 65 (102)
Caleb Beck, Zack Kingsbury, Nick Couch, Christian Bartell, Aam Lowry,
Desmond Meyer
6. 216 Plainfield North High School (1:21:42, 16:20.30, 1:23)
9 35 38 64 70 (126) (141)
Andrew Sandoval, Dan Wooldridge, Steven Wilder, Mark Wooldridge, Jon Price,
Alex Hish, Rich Rysiewicz
7. 223 Fenwick High School (1:21:24, 16:16.76, 1:30)
15 19 21 79 89 (98) (105)
Ian Barnett, Steve Blazer, Ryan Clardy, Pat Terkes, Brixton Rill, Ed Egan,
Jack Jacobs
8. 253 Dixon High School (1:22:38, 16:31.57, 1:17)
14 47 58 59 75 (118) (131)
Simon Thorpe, Aaron Grady, Skylar Mitchell, Roy Hummel, Keanen Corning,
Cody Sondgeroth, Dylan Nutt
9. 322 Rockford Boylan (1:23:38, 16:43.46, 1:24)
23 62 66 83 88 (97) (101)
Matt Melloch, Kyle Beckett, Jack Reichardt, Alec Filak, Ben Black, Al Snyder,
David Lynch
10. 328 Hononegah High School (1:24:11, 16:50.13, 0:48)
43 54 67 72 92 (129) (143)
Josh Harp, Tyler Randolph, Jackson Wells, Nick Schuck, Zac Dougherty,
Phil Anderson, Jake Koch
11. 348 Geneseo High School (1:24:08, 16:49.41, 1:50)
24 36 69 107 112 (142) (179)
Jordan Starkey, Kyle Reiling, Thomas Sigwalt, Branden Smith, Marcus Gagnon,
Daniel Hanford, Tyler Rusk
12. 362 Alleman (1:24:19, 16:51.68, 2:20)
30 34 76 78 144 (150) (167)
Matt Billingsley, Ethan Adlfinger, Joe McLaughlin, Liam Otto,
Michael Westbrooks, Brandon Debruine, Brendan Rafferty
13. 367 Bettendorf (1:24:28, 16:53.40, 2:33)
6 55 74 104 128 (133) (158)
Matt Butler, Brian Thomas, Alex Cantu, Mitch Parker, Ian Francis,
Tyler Henson, Carter York
14. 371 Kaneland Maple Park (1:24:27, 16:53.30, 1:33)
22 82 86 87 94 (106) (111)
Trevor Holm, Nate Rehkopf, Clayton Brundige, Grant Alef, Jake Ginther,
Tommy Whittaker, Devin Swearingen

Oct-09-2010

11:10:19am

181

VARSITY BOYS TEAM RESULTS

2009 Sterling HS XC Invitational
 Sterling, IL 10/09/2010 10:30 am Sunny, Dry, 70 degrees
 Directed by: Nancy Gehrke

Place	Score	Team	(Total, Average, Pack Times)
15.	425	Rock Falls High School	(1:25:54, 17:10.67, 1:16)
	46 68 91 99 121 (136) (138)	Jose Hernandez, Zach Billings, Chris Denning, Chris Gallegos, Brandt Cole, Brok Lewis, Colin Wyckstandt	
16.	429	Sterling High School	(1:25:38, 17:07.57, 2:04)
	18 56 116 117 122 (151) (185)	Jacob Landis, Dylan Harkness, Josh Landis, Aaron Brenner, Trevor Johnson, Matt Dirks, Robert Clifton	
17.	449	Clinton High School	(1:26:32, 17:18.23, 1:56)
	42 48 85 127 147 (149) (164)	Evan Tuisl, Emanuel Marcos-Teles, Andrew Tuisl, Rg Genko, Hunter Genko, Robbie Thacker, Kyle Norman	
18.	457	Rockford Christian High School	(1:25:49, 17:09.74, 3:25)
	3 73 108 125 148 (171) (174)	Justin Rehfeldt, Chris Donovan, Tyler Menge, Eric Vermillion, Ethan Anderson, Matt Bates, Evan Patchin	
19.	466	Dekalb High School	(1:26:22, 17:16.35, 2:06)
	29 95 100 110 132 (137) (155)	Marc Dubrick, Colin Martin, Dalton Bates, Chris Meyers, Matt Phanenbecker, Tj Neidel, Jordan Wellman	
20.	522	Rockford Jefferson	(1:27:40, 17:31.99, 1:55)
	63 84 90 124 161 (197)	Jason Reynolds, Remaxy Ponchol, Gerardo Castillo, Tim Brown, Aaron Minniefield, Pavee Sati	
21.	531	Princeton High School	(1:28:03, 17:36.41, 2:14)
	53 96 103 113 166 (177) (184)	Quintin Puebla, Zach Kieffer, Jacob Mead, Zach Holmbeck, Ryan Arndt, Kyle Arnett, Joe Biggs	
22.	542	United Township High School	(1:29:46, 17:57.01, 5:47)
	2 7 163 183 187 (189) (190)	Cody Webster, Kieth Sands, Conner Scott, Omar Raya, Nichalar Mends, Curtis Newberry, Kolton Fisk	
23.	543	Rock Island High School	(1:27:59, 17:35.74, 1:21)
	77 93 109 119 145 (181) (188)	Dominic Leone, Cameron Leiby, Denzel Gay, Inyase Hazikimana, Josh Downing, Garry Allbritton, Charlie Arteaga	
24.	659	Sycamore High School	(1:30:02, 18:00.30, 0:39)
	115 123 135 140 146 (162) (170)	David Jacob, Jason Chyson, Andrew Hamil, John Mathey, Henry Weberpal, Steven Grimson, Nathan Ruetten	
25.	697	Rochelle High School	(1:31:26, 18:17.17, 2:14)
	80 130 154 160 173 (180)	Kevin Smith, Frank Huftalin, Josh Williams, Joe Torres, Danny Walsh, Israel Belmonte	
26.	707	Rockford Luthern High School	(1:31:55, 18:22.91, 2:35)
	71 152 153 156 175 (176) (191)	Ian Lofgren, Greg Harris, Matthew Gustafson, Mike Stone, Danny Berg, Jason Kerestes, Michael Atteberry	
27.	755	Rockford Guilford	(1:32:58, 18:35.42, 2:03)
	114 139 159 165 178 (186) (193)	Cameron Smith, Kyle Haggman, Jamid Rodriguez, Khusrav Makhkamov, Chris Goral, Bryan Buck, Scott Groom	
28.	835	Freeport High School	(1:37:29, 19:29.64, 4:07)
	134 168 169 172 192 (196)	Nick Morwood, Aj Simmons, Steffa Brentner, Collin McKinney, Sam Marshall, James Prieue	

VARSIY BOYS TEAM RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/09/2010 10:30 am Sunny, Dry, 70 degrees
Directed by: Nancy Gehrke

Place Score Team (Total, Average, Pack Times)

29. 848 Rockford East High School (1:44:07, 20:49.30, 6:11)
120 157 182 194 195
Kaharee Hasaan, Matt Friberg, Tyler Randels, Eric Rinehart, Davon Granderson
Oct-09-2010 11:10:19am

VARSITY BOYS RESULTS

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Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
1.	604	1	Joe McAsey	M	12	Minooka High School	14:47	4:56
2.	1351	2	Cody Webster	M	12	United Township High School	14:48	4:56
3.	1046	3	Justin Rehfeldt	M	12	Rockford Christian High Scho	15:02	5:01
4.	811	4	Tyler Meseke	M	12	Pleasant Valley High School	15:11	5:04
5.	1203	5	Travis Morrison	M	12	Schaumburg High School	15:13	5:05
6.	59	6	Matt Butler	M	11	Bettendorf	15:24	5:08
7.	1348	7	Kieth Sands	M	11	United Township High School	15:25	5:09
8.	130	8	Troy Cunningham	M	12	Conant	15:29	5:10
9.	708	9	Andrew Sandoval	M	12	Plainfield North High School	15:30	5:10
10.	1206	10	Evan Prizy	M	10	Schaumburg High School	15:34	5:12
11.	569	11	Danny Bahret	M	12	Minooka High School	15:34	5:12
12.	667	12	Caleb Beck	M	10	Oswego High School	15:36	5:12
13.	1194	13	Tyler Anderson	M	11	Schaumburg High School	15:38	5:13
14.	230	14	Simon Thorpe	M	9	Dixon High School	15:39	5:13
15.	257	15	Ian Barnett	M	12	Fenwick High School	15:43	5:15
16.	620	16	Joey Sanfillo	M	10	Minooka High School	15:44	5:15
17.	613	17	Dan Popek	M	11	Minooka High School	15:45	5:15
18.	1243	18	Jacob Landis	M	12	Sterling High School	15:45	5:15
19.	276	19	Steve Blazer	M	12	Fenwick High School	15:46	5:16
20.	1212	20	Pat Swiech	M	11	Schaumburg High School	15:46	5:16
21.	261	21	Ryan Clardy	M	11	Fenwick High School	15:47	5:16
22.	474	22	Trevor Holm	M	12	Kaneland Maple Park	15:47	5:16
23.	1009	23	Matt Melloch	M	12	Rockford Boylan	15:48	5:16
24.	349	24	Jordan Starkey	M	10	Geneseo High School	15:49	5:17
25.	1204	25	Pat O'Connell	M	12	Schaumburg High School	15:49	5:17
26.	790	26	Caleb Drake	M	10	Pleasant Valley High School	15:51	5:17
27.	682	27	Zack Kingsbury	M	11	Oswego High School	15:55	5:18
28.	610	28	Chris Patterson	M	12	Minooka High School	15:56	5:19
29.	187	29	Marc Dubrick	M	10	Dekalb High School	15:57	5:19
30.	14	30	Matt Billingsley	M	12	Alleman	15:58	5:20
31.	147	31	Alexander Miller	M	11	Conant	16:02	5:21
32.	164	32	Joe Sulentic	M	10	Conant	16:03	5:21
33.	670	33	Nick Couch	M	10	Oswego High School	16:03	5:21
34.	13	34	Ethan Adlfinger	M	10	Alleman	16:09	5:23
35.	710	35	Dan Wooldridge	M	11	Plainfield North High School	16:12	5:24
36.	343	36	Kyle Reiling	M	11	Geneseo High School	16:16	5:26
37.	812	37	Tony Meyer	M	11	Pleasant Valley High School	16:21	5:27
38.	709	38	Steven Wilder	M	12	Plainfield North High School	16:21	5:27
39.	1196	39	Brian Flight	M	11	Schaumburg High School	16:23	5:28
40.	1195	40	Juan Barajas	M	10	Schaumburg High School	16:27	5:29
41.	166	41	James Weaver	M	11	Conant	16:28	5:30
42.	96	42	Evan Tuisi	M	12	Clinton High School	16:30	5:30
43.	364	43	Josh Harp	M	10	Hononegah High School	16:30	5:30
44.	788	44	Johnathon Creighton	M	12	Pleasant Valley High School	16:31	5:31
45.	786	45	Joe Conway	M	12	Pleasant Valley High School	16:31	5:31
46.	907	46	Jose Hernandez	M	12	Rock Falls High School	16:33	5:31
47.	222	47	Aaron Grady	M	12	Dixon High School	16:35	5:32
48.	88	48	Emanuel Marcos-Teles	M	10	Clinton High School	16:36	5:32
49.	156	49	Tyler Schneider	M	11	Conant	16:36	5:32
50.	155	50	Steve Sarver	M	11	Conant	16:37	5:33
51.	586	51	Ben Heide	M	11	Minooka High School	16:37	5:33
52.	791	52	Safwan Elkhatib	M	12	Pleasant Valley High School	16:38	5:33
53.	855	53	Quintin Puebla	M	12	Princeton High School	16:39	5:33
54.	368	54	Tyler Randolph	M	12	Hononegah High School	16:40	5:34
55.	64	55	Brian Thomas	M	11	Bettendorf	16:40	5:34
56.	1241	56	Dylan Harkness	M	11	Sterling High School	16:41	5:34
57.	822	57	Evan Schommer	M	12	Pleasant Valley High School	16:42	5:34
58.	226	58	Skylar Mitchell	M	9	Dixon High School	16:44	5:35
59.	224	59	Roy Hummel	M	10	Dixon High School	16:45	5:35
60.	571	60	Ben Boland	M	11	Minooka High School	16:46	5:36
61.	666	61	Christian Bartell	M	10	Oswego High School	16:46	5:36
62.	992	62	Kyle Beckett	M	11	Rockford Boylan	16:48	5:36
63.	1121	63	Jason Reynolds	M	10	Rockford Jefferson	16:49	5:37
64.	711	64	Mark Wooldridge	M	12	Plainfield North High School	16:49	5:37
65.	684	65	Aam Lowry	M	11	Oswego High School	16:50	5:37

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Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
66.	1016	66	Jack Reichardt	M	11	Rockford Boylan	16:50	5:37
67.	374	67	Jackson Wells	M	11	Hononegah High School	16:51	5:37
68.	899	68	Zach Billings	M	12	Rock Falls High School	16:52	5:38
69.	345	69	Thomas Sigwalt	M	12	Geneseo High School	16:52	5:38
70.	704	70	Jon Price	M	12	Plainfield North High School	16:52	5:38
71.	1166	71	Ian Lofgren	M	12	Rockford Lutheran High School	16:53	5:38
72.	371	72	Nick Schuck	M	12	Hononegah High School	16:54	5:38
73.	1040	73	Chris Donovan	M	12	Rockford Christian High Scho	16:55	5:39
74.	60	74	Alex Cantu	M	12	Bettendorf	16:56	5:39
75.	221	75	Keanen Corning	M	12	Dixon High School	16:56	5:39
76.	26	76	Joe McLaughlin	M	11	Alleman	16:57	5:39
77.	940	77	Dominic Leone	M	12	Rock Island High School	16:59	5:40
78.	28	78	Liam Otto	M	10	Alleman	16:59	5:40
79.	278	79	Pat Terkes	M	10	Fenwick High School	16:59	5:40
80.	879	80	Kevin Smith	M	11	Rochelle High School	17:00	5:40
81.	141	81	Jae Suk Huh	M	11	Conant	17:01	5:41
82.	489	82	Nate Rehkopf	M	11	Kaneland Maple Park	17:02	5:41
83.	1000	83	Alec Filak	M	12	Rockford Boylan	17:02	5:41
84.	1120	84	Remaxy Ponchol	M	11	Rockford Jefferson	17:04	5:42
85.	95	85	Andrew Tuisl	M	12	Clinton High School	17:07	5:43
86.	467	86	Clayton Brundige	M	11	Kaneland Maple Park	17:09	5:43
87.	465	87	Grant Alef	M	12	Kaneland Maple Park	17:11	5:44
88.	993	88	Ben Black	M	11	Rockford Boylan	17:11	5:44
89.	277	89	Brixton Rill	M	9	Fenwick High School	17:12	5:44
90.	1114	90	Gerardo Castillo	M	9	Rockford Jefferson	17:15	5:45
91.	902	91	Chris Denning	M	12	Rock Falls High School	17:17	5:46
92.	360	92	Zac Dougherty	M	12	Hononegah High School	17:18	5:46
93.	939	93	Cameron Leiby	M	12	Rock Island High School	17:19	5:47
94.	472	94	Jake Ginther	M	11	Kaneland Maple Park	17:20	5:47
95.	193	95	Colin Martin	M	10	Dekalb High School	17:21	5:47
96.	853	96	Zach Kieffer	M	12	Princeton High School	17:22	5:48
97.	1019	97	Al Snyder	M	12	Rockford Boylan	17:23	5:48
98.	265	98	Ed Egan	M	10	Fenwick High School	17:25	5:49
99.	903	99	Chris Gallegos	M	12	Rock Falls High School	17:26	5:49
100.	186	100	Dalton Bates	M	11	Dekalb High School	17:27	5:49
101.	1005	101	David Lynch	M	12	Rockford Boylan	17:29	5:50
102.	687	102	Desmond Meyer	M	9	Oswego High School	17:30	5:50
103.	854	103	Jacob Mead	M	12	Princeton High School	17:32	5:51
104.	63	104	Mitch Parker	M	10	Bettendorf	17:33	5:51
105.	269	105	Jack Jacobs	M	11	Fenwick High School	17:34	5:52
106.	492	106	Tommy Whittaker	M	12	Kaneland Maple Park	17:34	5:52
107.	347	107	Branden Smith	M	12	Geneseo High School	17:34	5:52
108.	1043	108	Tyler Menge	M	11	Rockford Christian High Scho	17:35	5:52
109.	935	109	Denzel Gay	M	12	Rock Island High School	17:37	5:53
110.	197	110	Chris Meyers	M	11	Dekalb High School	17:37	5:53
111.	491	111	Devin Swearingen	M	11	Kaneland Maple Park	17:38	5:53
112.	328	112	Marcus Gagnon	M	10	Geneseo High School	17:38	5:53
113.	852	113	Zach Holmbeck	M	11	Princeton High School	17:39	5:53
114.	1099	114	Cameron Smith	M	9	Rockford Guilford	17:40	5:54
115.	1366	115	David Jacob	M	12	Sycamore High School	17:42	5:54
116.	1244	116	Josh Landis	M	11	Sterling High School	17:42	5:54
117.	1238	117	Aaron Brenner	M	11	Sterling High School	17:43	5:55
118.	229	118	Cody Sondgeroth	M	9	Dixon High School	17:46	5:56
119.	936	119	Inyase Hazikimana	M	11	Rock Island High School	17:48	5:56
120.	1064	120	Kaharee Hasaan	M	10	Rockford East High School	17:48	5:56
121.	901	121	Brandt Cole	M	10	Rock Falls High School	17:48	5:56
122.	1242	122	Trevor Johnson	M	11	Sterling High School	17:49	5:57
123.	1364	123	Jason Chyson	M	12	Sycamore High School	17:50	5:57
124.	1112	124	Tim Brown	M	10	Rockford Jefferson	17:52	5:58
125.	1048	125	Eric Vermillion	M	12	Rockford Christian High Scho	17:54	5:58
126.	703	126	Alex Hish	M	11	Plainfield North High School	17:54	5:58
127.	83	127	Rg Genko	M	12	Clinton High School	17:55	5:59
128.	61	128	Ian Francis	M	11	Bettendorf	17:57	5:59
129.	353	129	Phil Anderson	M	11	Hononegah High School	17:57	5:59
130.	874	130	Frank Huftalin	M	11	Rochelle High School	17:59	6:00

VARSITY BOYS RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/09/2010 10:30 am Sunny, Dry, 70 degrees
Directed by: Nancy Gehrke

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
131.	227	131	Dylan Nutt	M	10	Dixon High School	18:01	6:01
132.	201	132	Matt Phandenbecker	M	12	Dekalb High School	18:02	6:01
133.	62	133	Tyler Henson	M	9	Bettendorf	18:03	6:01
134.	297	134	Nick Morwood	M	12	Freeport High School	18:03	6:01
135.	1367	135	Andrew Hamil	M	12	Sycamore High School	18:04	6:02
136.	908	136	Brok Lewis	M	12	Rock Falls High School	18:05	6:02
137.	199	137	Tj Neidel	M	10	Dekalb High School	18:06	6:02
138.	910	138	Colin Wyckstandt	M	13	Rock Falls High School	18:06	6:02
139.	1092	139	Kyle Haggman	M	10	Rockford Guilford	18:07	6:03
140.	1306	140	John Mathey	M	11	Sycamore High School	18:08	6:03
141.	707	141	Rich Rysiewiz	M	10	Plainfield North High School	18:08	6:03
142.	331	142	Daniel Hanford	M	11	Geneseo High School	18:09	6:03
143.	365	143	Jake Koch	M	11	Hononegah High School	18:13	6:05
144.	33	144	Michael Westbrooks	M	12	Alleman	18:18	6:06
145.	934	145	Josh Downing	M	12	Rock Island High School	18:19	6:07
146.	1320	146	Henry Weberpal	M	11	Sycamore High School	18:20	6:07
147.	82	147	Hunter Genko	M	9	Clinton High School	18:25	6:09
148.	1038	148	Ethan Anderson	M	10	Rockford Christian High Scho	18:26	6:09
149.	94	149	Robbie Thacker	M	9	Clinton High School	18:29	6:10
150.	19	150	Brandon Debruine	M	12	Alleman	18:29	6:10
151.	1240	151	Matt Dirks	M	11	Sterling High School	18:30	6:10
152.	1163	152	Greg Harris	M	12	Rockford Luthern High School	18:31	6:11
153.	1162	153	Matthew Gustafson	M	10	Rockford Luthern High School	18:32	6:11
154.	885	154	Josh Williams	M	10	Rochelle High School	18:33	6:11
155.	206	155	Jordan Wellman	M	12	Dekalb High School	18:33	6:11
156.	1172	156	Mike Stone	M	10	Rockford Luthern High School	18:34	6:12
157.	1060	157	Matt Friberg	M	12	Rockford East High School	18:35	6:12
158.	65	158	Carter York	M	11	Bettendorf	18:37	6:13
159.	1098	159	Jamid Rodriguez	M	11	Rockford Guilford	18:40	6:14
160.	880	160	Joe Torres	M	12	Rochelle High School	18:42	6:14
161.	1119	161	Aaron Minniefield	M	9	Rockford Jefferson	18:43	6:15
162.	1365	162	Steven Grimson	M	12	Sycamore High School	18:45	6:15
163.	1349	163	Conner Scott	M	12	United Township High School	18:47	6:16
164.	91	164	Kyle Norman	M	12	Clinton High School	18:48	6:16
165.	1095	165	Khusrav Makhkamov	M	11	Rockford Guilford	18:49	6:17
166.	847	166	Ryan Arndt	M	12	Princeton High School	18:53	6:18
167.	29	167	Brendan Rafferty	M	11	Alleman	18:54	6:18
168.	299	168	Aj Simmons	M	12	Freeport High School	19:03	6:21
169.	293	169	Steffa Brentner	M	11	Freeport High School	19:03	6:21
170.	1313	170	Nathan Ruetten	M	11	Sycamore High School	19:08	6:23
171.	1039	171	Matt Bates	M	12	Rockford Christian High Scho	19:08	6:23
172.	296	172	Collin McKinney	M	11	Freeport High School	19:12	6:24
173.	883	173	Danny Walsh	M	12	Rochelle High School	19:14	6:25
174.	1045	174	Evan Patchin	M	12	Rockford Christian High Scho	19:23	6:28
175.	1158	175	Danny Berg	M	9	Rockford Luthern High School	19:27	6:29
176.	1164	176	Jason Kerestes	M	10	Rockford Luthern High School	19:28	6:30
177.	848	177	Kyle Arnett	M	11	Princeton High School	19:40	6:34
178.	1090	178	Chris Goral	M	11	Rockford Guilford	19:43	6:35
179.	344	179	Tyler Rusk	M	11	Geneseo High School	19:45	6:35
180.	870	180	Israel Belmonte	M	12	Rochelle High School	19:50	6:37
181.	931	181	Garry Allbritton	M	11	Rock Island High School	19:58	6:40
182.	1068	182	Tyler Randels	M	12	Rockford East High School	20:00	6:40
183.	1347	183	Omar Raya	M	9	United Township High School	20:13	6:45
184.	849	184	Joe Biggs	M	11	Princeton High School	20:21	6:47
185.	1239	185	Robert Clifton	M	12	Sterling High School	20:29	6:50
186.	1088	186	Bryan Buck	M	12	Rockford Guilford	20:33	6:51
187.	1344	187	Nichalar Mends	M	9	United Township High School	20:34	6:52
188.	932	188	Charlie Arteaga	M	12	Rock Island High School	20:35	6:52
189.	1345	189	Curtis Newberry	M	10	United Township High School	20:38	6:53
190.	1338	190	Kolton Fisk	M	10	United Township High School	20:52	6:58
191.	1157	191	Michael Atteberry	M	11	Rockford Luthern High School	21:52	7:18
192.	295	192	Sam Marshall	M	11	Freeport High School	22:10	7:24
193.	1091	193	Scott Groom	M	11	Rockford Guilford	22:10	7:24
194.	1069	194	Eric Rinehart	M	12	Rockford East High School	23:47	7:56
195.	1063	195	Davon Granderson	M	11	Rockford East High School	23:59	8:00

VARSITY BOYS RESULTS

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Sterling, IL 10/09/2010 10:30 am Sunny, Dry, 70 degrees

Directed by: Nancy Gehrke

Place	No.	TmPI	Name	Sex	Yr	Team	TIME	Pace
196.	298	196	James Priewe	M	11	Freeport High School	24:04	8:02
197.	1123	197	Pavee Sati	M	12	Rockford Jefferson	26:21	8:47

FRESHMAN/SOPHOMORE BOYS TEAM RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/09/2010 9:30 am Sunny, Dry, 64 degrees
Directed by: Nancy Gehrke

Place	Score	Team	(Total, Average, Pack Times)
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1. 65 Minooka High School (1:26:16, 17:15.17, 0:47)
5 10 13 18 19 (22) (30)
Alex Pierce, Donaven Paramo, Tommy Coyle, Dan Ruettiger, Erik Brick,
Will O'Connell, Steve Szymanski
2. 70 Pleasant Valley High School (1:26:34, 17:18.73, 0:39)
8 9 14 16 23 (29) (55)
Elliott Klauer, Tanner Lafever, Ben Stelk, Chris Best, Kevin Li, Joey Schuler,
Nick McMillan
3. 86 United Township High School (1:26:51, 17:22.16, 1:29)
2 6 11 33 34 (68) (92)
Tyler Rasso, Pauly Boore, Austin Webster, Bruce Taylor, Sergio Lopez,
Matt Hanson, Sean Dopler
4. 98 Kaneland Maple Park (1:27:49, 17:33.60, 0:59)
7 15 20 25 31 (32) (35)
Conor Johnson, John Meisenger, Kyle Carter, Brandon Huber, Luis Acosta,
Ryan Paulson, Ryan Bower
5. 158 Oswego High School (1:29:42, 17:56.23, 1:08)
12 24 38 40 44 (56) (71)
Brandon Ramsey, Noah Jones, Chase Hall, Tom Mereness, Dominic Pizzo,
Jake Jones, Reese Jubic
6. 224 Dekalb High School (1:31:39, 18:19.78, 1:48)
21 26 37 57 83 (84) (107)
Patrick Martin, Isaac Hietanen, Ben Nelson, Tyler Greenwood, Jordan Steffa,
Jacob Marx, Willy Lenz
7. 226 Sycamore High School (1:31:19, 18:15.64, 2:33)
3 17 53 72 81 (117)
Mark Stice, David Emmert, Shawn Wolf, Kyle Love, John Guss, Alex Taylor
8. 226 Schaumburg High School (1:33:02, 18:36.31, 5:12)
4 27 28 49 118
Mikias Tibebe, Stephen Piller, Nick Smith, Dhruvil Shah, Kayne Jackson
9. 268 Hononegah High School (1:33:01, 18:36.04, 1:04)
41 46 48 51 82 (105) (115)
Joe Avery, Cole Brandt, Pj Graham, Mark Drydahl, Andy Madura,
Tristian Lewandowski, Joel Visperas
10. 290 Geneseo High School (1:33:43, 18:44.54, 1:32)
39 43 45 70 93 (99) (104)
Mitchell Lamb, Mitchell Lawson, Tony Gatter, Chaise Blakley, Kyle Parker,
Bryce Gramling, Evan Koisti
11. 320 Fenwick High School (1:34:39, 18:55.66, 1:55)
36 47 63 73 101 (114) (116)
Matt Dumon, Blazej Kocon, Joe Ficner, Sean Green, Tom Keegan, Connor Murray,
Kevin Copp
12. 354 Clinton High School (1:35:36, 19:07.02, 1:34)
42 66 75 76 95 (106) (124)
Bret Determan, Marquis Estrada, Andre Dunlap, Jeremy Mooney, Robbie Keller,
Curtis Ilg, Jeremy Regenwether
13. 357 Conant (1:35:27, 19:05.31, 0:47)
58 61 64 85 89 (97) (108)
Alex Thiede, James Fisher, Scott Eilrich, Russell Eilrich, Justin Bowers,
Matt Andress, Robert Smolik
14. 359 Rockford Boylan (1:35:38, 19:07.42, 1:14)
52 60 65 88 94 (98) (110)
Jonah Neidermeier, Ryan Moore, Derek Droessler, Jamie Laga, Blake Balentyne,
Thomas Burke, Jake Ciaccio
15. 373 Rockford Guilford (1:37:35, 19:30.97, 3:36)
50 59 67 78 119 (120)
Mikael Leonhardt, Arron Buck, Jordan Swanson, Ben Larson, Elias Matsakis,
Evan Frank

FRESHMAN/SOPHOMORE BOYS TEAM RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/09/2010 9:30 am Sunny, Dry, 64 degrees
Directed by: Nancy Gehrke

Place	Score	Team	(Total, Average, Pack Times)
16.	381	Rock Island High School	(1:41:48, 20:21.58, 10:41)
	1 74 90 91 125		
		Eric Inkunidrio, Paul Sanders, Jordan Stampley, Thomas Ramirez, Andrew Calder	
17.	405	Rochelle High School	(1:37:16, 19:27.09, 1:44)
	54 62 86 100 103 (121) (123)		
		Brad Miller, Joe Goshko, Quinten Vardman, Jeff Board, Tom Geer, John Whitman, Matt Kinske	
Oct-09-2010	10:12:43am		

FRESHMAN/SOPHOMORE BOYS TEAM RESULTS

2009 Sterling HS XC Invitational

Sterling, IL 10/09/2010 9:30 am Sunny, Dry, 64 degrees

Directed by: Nancy Gehrke

Place	Score	Team	(Total, Average, Pack Times)
18.	456	Rockford East High School	(1:39:28, 19:53.52, 1:52)
	69	79 87 109 112 (122)	
		John Finley, Yiovonn Martinez, Josh Chavez, Jason Berg, Dontre Gary, Scott Sybers	
19.	466	Alleman	(1:39:39, 19:55.68, 1:39)
	77	80 96 102 111 (113)	
		Axel Box, Zach Hird, Alec Ewers, Peter Stock, Garrett Larsen, Erik Mickiewicz	
Oct-09-2010		10:12:43am	

FRESHMAN/SOPHOMORE BOYS RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/09/2010 9:30 am Sunny, Dry, 64 degrees

Directed by: Nancy Gehrke

Place	No.	TmPI	Name	Sex	Yr	Team	TIME	Pace
1.	300		Bj Smith	M	10	Freeport High School	16:11	5:24
2.	938	1	Eric Inkunidrio	M	10	Rock Island High School	16:27	5:29
3.	1346	2	Tyler Rasso	M	9	United Township High School	16:36	5:32
4.	1315	3	Mark Stice	M	9	Sycamore High School	16:46	5:36
5.	1213	4	Mikias Tibebe	M	10	Schaumburg High School	16:47	5:36
6.	612	5	Alex Pierce	M	10	Minooka High School	16:48	5:36
7.	1335	6	Pauly Boore	M	9	United Township High School	17:00	5:40
8.	476	7	Conor Johnson	M	10	Kaneland Maple Park	17:04	5:42
9.	803	8	Elliott Klauer	M	9	Pleasant Valley High School	17:05	5:42
10.	805	9	Tanner Lafever	M	10	Pleasant Valley High School	17:06	5:42
11.	609	10	Donaven Paramo	M	10	Minooka High School	17:09	5:43
12.	1352	11	Austin Webster	M	9	United Township High School	17:09	5:43
13.	694	12	Brandon Ramsey	M	10	Oswego High School	17:11	5:44
14.	575	13	Tommy Coyle	M	10	Minooka High School	17:12	5:44
15.	827	14	Ben Stelk	M	9	Pleasant Valley High School	17:14	5:45
16.	480	15	John Meisenger	M	10	Kaneland Maple Park	17:19	5:47
17.	782	16	Chris Best	M	10	Pleasant Valley High School	17:27	5:49
18.	1297	17	David Emmert	M	10	Sycamore High School	17:32	5:51
19.	619	18	Dan Ruettiger	M	10	Minooka High School	17:34	5:52
20.	572	19	Erik Brick	M	10	Minooka High School	17:35	5:52
21.	468	20	Kyle Carter	M	9	Kaneland Maple Park	17:36	5:52
22.	194	21	Patrick Martin	M	10	Dekalb High School	17:36	5:52
23.	608	22	Will O'Connell	M	10	Minooka High School	17:37	5:53
24.	699		Zac Berndle	M	9	Plainfield North High School	17:38	5:53
25.	806	23	Kevin Li	M	10	Pleasant Valley High School	17:44	5:55
26.	679	24	Noah Jones	M	10	Oswego High School	17:47	5:56
27.	475	25	Brandon Huber	M	10	Kaneland Maple Park	17:50	5:57
28.	190	26	Isaac Hietanen	M	9	Dekalb High School	17:51	5:57
29.	1205	27	Stephen Piller	M	10	Schaumburg High School	17:53	5:58
30.	1211	28	Nick Smith	M	10	Schaumburg High School	17:56	5:59
31.	823	29	Joey Schuler	M	9	Pleasant Valley High School	18:01	6:01
32.	626	30	Steve Szymanski	M	10	Minooka High School	18:02	6:01
33.	463	31	Luis Acosta	M	9	Kaneland Maple Park	18:02	6:01
34.	486	32	Ryan Paulson	M	10	Kaneland Maple Park	18:03	6:01
35.	1350	33	Bruce Taylor	M	9	United Township High School	18:03	6:01
36.	1341	34	Sergio Lopez	M	9	United Township High School	18:05	6:02
37.	466	35	Ryan Bower	M	9	Kaneland Maple Park	18:07	6:03
38.	264	36	Matt Dumon	M	10	Fenwick High School	18:08	6:03
39.	200	37	Ben Nelson	M	9	Dekalb High School	18:08	6:03
40.	675	38	Chase Hall	M	9	Oswego High School	18:13	6:05
41.	334	39	Mitchell Lamb	M	9	Geneseo High School	18:15	6:05
42.	686	40	Tom Mereness	M	9	Oswego High School	18:15	6:05
43.	355	41	Joe Avery	M	9	Hononegah High School	18:17	6:06
44.	79	42	Bret Determan	M	10	Clinton High School	18:18	6:06
45.	336	43	Mitchell Lawson	M	10	Geneseo High School	18:18	6:06
46.	692	44	Dominic Pizzo	M	10	Oswego High School	18:18	6:06
47.	329	45	Tony Gatter	M	9	Geneseo High School	18:20	6:07
48.	356	46	Cole Brandt	M	9	Hononegah High School	18:25	6:09
49.	272	47	Blazej Koon	M	10	Fenwick High School	18:26	6:09
50.	363	48	Pj Graham	M	9	Hononegah High School	18:28	6:10
51.	1210	49	Dhruvil Shah	M	9	Schaumburg High School	18:29	6:10
52.	1094	50	Mikael Leonhardt	M	10	Rockford Guilford	18:30	6:10
53.	362	51	Mark Drydahl	M	10	Hononegah High School	18:33	6:11
54.	1013	52	Jonah Neidermeier	M	10	Rockford Boylan	18:36	6:12
55.	1322	53	Shawn Wolf	M	10	Sycamore High School	18:37	6:13
56.	877	54	Brad Miller	M	10	Rochelle High School	18:37	6:13
57.	810	55	Nick McMillan	M	9	Pleasant Valley High School	18:40	6:14
58.	680	56	Jake Jones	M	9	Oswego High School	18:41	6:14
59.	188	57	Tyler Greenwood	M	10	Dekalb High School	18:42	6:14
60.	165	58	Alex Thiede	M	9	Conant	18:43	6:15
61.	1087	59	Arron Buck	M	10	Rockford Guilford	18:44	6:15
62.	1011	60	Ryan Moore	M	10	Rockford Boylan	18:47	6:16
63.	137	61	James Fisher	M	10	Conant	18:52	6:18
64.	873	62	Joe Goshko	M	9	Rochelle High School	18:54	6:18
65.	267	63	Joe Ficner	M	10	Fenwick High School	18:56	6:19

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10:12:43am

FRESHMAN/SOPHOMORE BOYS RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/09/2010 9:30 am Sunny, Dry, 64 degrees

Directed by: Nancy Gehrke

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
66.	135	64	Scott Eilrich	M	10	Conant	19:00	6:20
67.	999	65	Derek Droessler	M	9	Rockford Boylan	19:00	6:20
68.	81	66	Marquis Estrada	M	10	Clinton High School	19:01	6:21
69.	1100	67	Jordan Swanson	M	10	Rockford Guilford	19:02	6:21
70.	1339	68	Matt Hanson	M	10	United Township High School	19:02	6:21
71.	1059	69	John Finley	M	10	Rockford East High School	19:03	6:21
72.	1245		Chris Mackey	M	10	Sterling High School	19:04	6:22
73.	321	70	Chaise Blakley	M	9	Geneseo High School	19:06	6:22
74.	681	71	Reese Jubie	M	9	Oswego High School	19:07	6:23
75.	1305	72	Kyle Love	M	9	Sycamore High School	19:08	6:23
76.	268	73	Sean Green	M	9	Fenwick High School	19:09	6:23
77.	1133		Matt Greer	M	10	Rockford Keith High School	19:10	6:24
78.	944	74	Paul Sanders	M	10	Rock Island High School	19:11	6:24
79.	80	75	Andre Dunlap	M	9	Clinton High School	19:14	6:25
80.	89	76	Jeremy Mooney	M	10	Clinton High School	19:15	6:25
81.	15	77	Axel Box	M	10	Alleman	19:15	6:25
82.	1093	78	Ben Larson	M	10	Rockford Guilford	19:16	6:26
83.	1067	79	Yiovonn Martinez	M	9	Rockford East High School	19:17	6:26
84.	21	80	Zach Hird	M	9	Alleman	19:18	6:26
85.	1299	81	John Guss	M	10	Sycamore High School	19:19	6:27
86.	367	82	Andy Madura	M	9	Hononegah High School	19:20	6:27
87.	231		Austin Trevino	M	9	Dixon High School	19:22	6:28
88.	205	83	Jordan Steffa	M	9	Dekalb High School	19:23	6:28
89.	195	84	Jacob Marx	M	10	Dekalb High School	19:24	6:28
90.	134	85	Russell Eilrich	M	10	Conant	19:24	6:28
91.	882	86	Quinten Vardman	M	9	Rochelle High School	19:24	6:28
92.	1058	87	Josh Chavez	M	9	Rockford East High School	19:26	6:29
93.	1003	88	Jamie Laga	M	10	Rockford Boylan	19:26	6:29
94.	127	89	Justin Bowers	M	10	Conant	19:30	6:30
95.	945	90	Jordan Stampley	M	10	Rock Island High School	19:31	6:31
96.	942	91	Thomas Ramirez	M	9	Rock Island High School	19:34	6:32
97.	1337	92	Sean Dopler	M	9	United Township High School	19:43	6:35
98.	341	93	Kyle Parker	M	10	Geneseo High School	19:47	6:36
99.	989	94	Blake Balentyne	M	9	Rockford Boylan	19:49	6:37
100.	86	95	Robbie Keller	M	9	Clinton High School	19:51	6:37
101.	20	96	Alec Ewers	M	9	Alleman	19:56	6:39
102.	123	97	Matt Andress	M	10	Conant	19:58	6:40
103.	995	98	Thomas Burke	M	9	Rockford Boylan	19:58	6:40
104.	330	99	Bryce Gramling	M	9	Geneseo High School	20:00	6:40
105.	871	100	Jeff Board	M	9	Rochelle High School	20:02	6:41
106.	271	101	Tom Keegan	M	9	Fenwick High School	20:02	6:41
107.	31	102	Peter Stock	M	9	Alleman	20:19	6:47
108.	872	103	Tom Geer	M	10	Rochelle High School	20:21	6:47
109.	332	104	Evan Koisti	M	10	Geneseo High School	20:23	6:48
110.	366	105	Tristian Lewandowski	M	9	Hononegah High School	20:24	6:48
111.	85	106	Curtis Ilg	M	9	Clinton High School	20:31	6:51
112.	219		Alec Bonnewell	M	9	Dixon High School	20:34	6:52
113.	1252		Hunter Wolfe	M	9	Sterling High School	20:39	6:53
114.	191	107	Willy Lenz	M	9	Dekalb High School	20:45	6:55
115.	850		Andrew Birkey	M	10	Princeton High School	20:47	6:56
116.	162	108	Robert Smolik	M	9	Conant	20:48	6:56
117.	1057	109	Jason Berg	M	9	Rockford East High School	20:50	6:57
118.	996	110	Jake Ciaccio	M	9	Rockford Boylan	20:51	6:57
119.	25	111	Garrett Larsen	M	10	Alleman	20:53	6:58
120.	1061	112	Dontre Gary	M	9	Rockford East High School	20:55	6:59
121.	27	113	Erik Mickiewicz	M	10	Alleman	20:55	6:59
122.	275	114	Connor Murray	M	9	Fenwick High School	20:56	6:59
123.	1132		Carter Davis	M	10	Rockford Keith High School	20:59	7:00
124.	301		Christian Wilks	M	9	Freeport High School	21:11	7:04
125.	373	115	Joel Visperas	M	10	Hononegah High School	21:16	7:06
126.	263	116	Kevin Copp	M	9	Fenwick High School	21:25	7:09
127.	1318	117	Alex Taylor	M	9	Sycamore High School	21:27	7:09
128.	846		Patrick Arabia	M	9	Princeton High School	21:29	7:10
129.	1200	118	Kayne Jackson	M	10	Schaumburg High School	21:59	7:20
130.	1096	119	Elias Matsakis	M	9	Rockford Guilford	22:06	7:22

Oct-09-2010

10:12:43am

FRESHMAN/SOPHOMORE BOYS RESULTS

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2009 Sterling HS XC Invitational
Sterling, IL 10/09/2010 9:30 am Sunny, Dry, 64 degrees
Directed by: Nancy Gehrke

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
131.	1140		Ben Ross	M	10	Rockford Keith High School	22:06	7:22
132.	1089	120	Evan Frank	M	9	Rockford Guilford	22:08	7:23
133.	857		Collin Schertz	M	11	Princeton High School	22:29	7:30
134.	884	121	John Whitman	M	10	Rochelle High School	22:53	7:38
135.	1070	122	Scott Sybers	M	9	Rockford East High School	22:57	7:39
136.	220		Trenton Brinkmeier	M	9	Dixon High School	22:58	7:40
137.	225		Calvin Jensen	M	9	Dixon High School	22:59	7:40
138.	1135		Edward Hall	M	9	Rockford Keith High School	23:28	7:50
139.	909		Dalton Steinhagen	M	9	Rock Falls High School	23:43	7:55
140.	294		Robert Hull	M	9	Freeport High School	23:45	7:55
141.	875	123	Matt Kinske	M	10	Rochelle High School	24:22	8:08
142.	92	124	Jeremy Regenwether	M	9	Clinton High School	24:26	8:09
143.	1250		Dustin Stoudt	M	9	Sterling High School	24:38	8:13
144.	1237		Chandler Allen	M	10	Sterling High School	24:50	8:17
145.	933	125	Andrew Calder	M	9	Rock Island High School	27:08	9:03
ct-09-2010			10:12:43am					

OPEN BOYS RESULTS

2009 Sterling HS XC Invitational

Sterling, IL 10/09/2010 11:30 am Sunny, Dry, 76 degrees

Directed by: Nancy Gehrke

Place	No.	Name	Sex	Yr	Team	TIME	Pace
1.	1207	Connor Prizy	M	12	Schaumburg High School	16:29	5:30
2.	1202	Greg Kulasik	M	11	Schaumburg High School	16:49	5:37
3.	145	Dominic Massa	M	11	Conant	16:58	5:40
4.	574	David Cobb	M	12	Minooka High School	17:01	5:41
5.	160	Michael Shoro	M	11	Conant	17:03	5:41
6.	129	Nikhil Byanna	M	12	Conant	17:05	5:42
7.	1197	Tommy Hand	M	11	Schaumburg High School	17:07	5:43
8.	592	Alex Hoshell	M	12	Minooka High School	17:09	5:43
9.	813	Adonis Mikos	M	12	Pleasant Valley High School	17:20	5:47
10.	128	Ryan Brushaber	M	12	Conant	17:20	5:47
11.	602	Cody Mart	M	11	Minooka High School	17:22	5:48
12.	607	Colin Nielsen	M	11	Minooka High School	17:24	5:48
13.	568	Mike Atra	M	11	Minooka High School	17:26	5:49
14.	599	Kody Lewan	M	11	Minooka High School	17:29	5:50
15.	615	Chris Rench	M	11	Minooka High School	17:30	5:50
16.	584	Alex Hardenbrook	M	11	Minooka High School	17:31	5:51
17.	1201	Zack Johnson	M	12	Schaumburg High School	17:32	5:51
18.	623	Evan Slabaugh	M	11	Minooka High School	17:34	5:52
19.	1198	Brian Hruda	M	12	Schaumburg High School	17:37	5:53
20.	266	Ryan Elsey	M	11	Fenwick High School	17:39	5:53
21.	1216	Kohsuke Yoshimune	M	12	Schaumburg High School	17:47	5:56
22.	614	Cory Raynor	M	11	Minooka High School	17:49	5:57
23.	706	Kenny Richards	M	12	Plainfield North High School	17:50	5:57
24.	832	Tyler Willers	M	11	Pleasant Valley High School	17:52	5:58
25.	1199	Mohamed Ilyas	M	12	Schaumburg High School	17:53	5:58
26.	583	Sam Froemel	M	11	Minooka High School	17:54	5:58
27.	676	Jacob Hampson	M	12	Oswego High School	17:55	5:59
28.	593	Eric Karwat	M	11	Minooka High School	17:56	5:59
29.	795	Tyler French	M	11	Pleasant Valley High School	18:00	6:00
30.	139	Kevin Hartsfeld	M	12	Conant	18:01	6:00
31.	611	Mike Pazely	M	12	Minooka High School	18:01	6:01
32.	262	Reilly Cleal	M	12	Fenwick High School	18:03	6:01
33.	1021	Piotr Zasadny	M	12	Rockford Boylan	18:04	6:02
34.	1214	Kohsei Yoshimune	M	11	Schaumburg High School	18:09	6:03
35.	826	John Sokolik	M	12	Pleasant Valley High School	18:11	6:04
36.	274	Tom Logue	M	12	Fenwick High School	18:12	6:04
37.	814	Levi Moser	M	11	Pleasant Valley High School	18:15	6:05
38.	689	Mike Morrell	M	11	Oswego High School	18:18	6:06
39.	149	Ravi Patel	M	12	Conant	18:18	6:06
40.	591	Adam Holstine	M	10	Minooka High School	18:20	6:07
41.	580	Andrew Finney	M	10	Minooka High School	18:22	6:08
42.	24	Blake Larsen	M	12	Alleman	18:26	6:09
43.	617	Jayme Roberts	M	12	Minooka High School	18:29	6:10
44.	1215	Kohshin Yoshimune	M	11	Schaumburg High School	18:30	6:10
45.	581	Alex Forgue	M	11	Minooka High School	18:38	6:13
46.	705	Jake Ready	M	12	Plainfield North High School	18:39	6:13
47.	132	Nandish Desai	M	11	Conant	18:41	6:14
48.	490	Gus Stott	M	10	Kaneland Maple Park	18:42	6:14
49.	799	Raymond Hildebran	M	12	Pleasant Valley High School	18:44	6:15
50.	163	Alec Snaer	M	12	Conant	18:44	6:15
51.	152	Matthew Rajewski	M	12	Conant	18:47	6:16
52.	630	Cesar Villalobos	M	12	Minooka High School	18:50	6:17
53.	23	John Kerch	M	12	Alleman	18:51	6:17
54.	352	Cody Anderson	M	12	Hononegah High School	18:53	6:18
55.	700	Mike Bittenbinder	M	11	Plainfield North High School	18:53	6:18
56.	820	Daniel Rodriguez	M	9	Pleasant Valley High School	19:01	6:21
57.	1368	Chris Kerwin	M	12	Sycamore High School	19:03	6:21
58.	577	Bryan Dorenkamper	M	12	Minooka High School	19:04	6:22
59.	696	Troy Schwerin	M	11	Oswego High School	19:04	6:22
60.	674	Kyle Grondin	M	11	Oswego High School	19:06	6:22
61.	627	Joey Teresi	M	9	Minooka High School	19:07	6:23
62.	815	Joe Mueller	M	11	Pleasant Valley High School	19:09	6:23
63.	821	Adam Sargeant	M	9	Pleasant Valley High School	19:10	6:24
64.	1018	Ben Schultz	M	12	Rockford Boylan	19:13	6:25
65.	906	Chris Haan	M	12	Rock Falls High School	19:15	6:25

OPEN BOYS RESULTS

2009 Sterling HS XC Invitational

Sterling, IL 10/09/2010 11:30 am Sunny, Dry, 76 degrees

Directed by: Nancy Gehrke

Place	No.	Name	Sex	Yr	Team	TIME	Pace
66.	223	Dexter Hill	M	12	Dixon High School	19:15	6:25
67.	830	Karl Weaver	M	10	Pleasant Valley High School	19:22	6:28
68.	1296	Jacob Brundies	M	11	Sycamore High School	19:23	6:28
69.	1301	Connor Hickey	M	11	Sycamore High School	19:24	6:28
70.	801	Brandon Kane	M	11	Pleasant Valley High School	19:24	6:28
71.	625	Cody Sterkowicz	M	10	Minooka High School	19:25	6:29
72.	1165	Matthew Kortze	M	9	Rockford Lutheran High School	19:27	6:29
73.	1047	Ben Thor	M	12	Rockford Christian High Scho	19:28	6:30
74.	590	Jake Hofer	M	12	Minooka High School	19:28	6:30
75.	597	Chase Kohlmeyer	M	11	Minooka High School	19:29	6:30
76.	570	Kyle Bailey	M	10	Minooka High School	19:29	6:30
77.	632	Adam Walker	M	12	Minooka High School	19:32	6:31
78.	606	Cam Newberry	M	12	Minooka High School	19:32	6:31
79.	794	Ian Fowler	M	9	Pleasant Valley High School	19:34	6:32
80.	802	Jordan Kitzman	M	11	Pleasant Valley High School	19:35	6:32
81.	1017	Zach Satterlee	M	11	Rockford Boylan	19:36	6:32
82.	16	Ryan Bush	M	12	Alleman	19:38	6:33
83.	487	Kelvin Peterson	M	11	Kaneland Maple Park	19:39	6:33
84.	779	Josh Andringa	M	12	Pleasant Valley High School	19:40	6:34
85.	1248	Alex Rodriguez	M	11	Sterling High School	19:42	6:34
86.	702	Jake Dembroski	M	12	Plainfield North High School	19:43	6:35
87.	573	Clay Charland	M	10	Minooka High School	19:44	6:35
88.	825	Mat Smith	M	11	Pleasant Valley High School	19:45	6:35
89.	578	Kevin Dorenkamper	M	12	Minooka High School	19:47	6:36
90.	997	Sean Coyle	M	11	Rockford Boylan	19:48	6:36
91.	138	Robert Harmon	M	11	Conant	19:52	6:38
92.	693	Nick Radacovich	M	9	Oswego High School	19:57	6:39
93.	900	Tyler Carber	M	12	Rock Falls High School	19:57	6:39
94.	481	Nick Messina	M	10	Kaneland Maple Park	19:59	6:40
95.	785	Adam Cline	M	10	Pleasant Valley High School	19:59	6:40
96.	576	Augustin Diaz, Jr.	M	12	Minooka High School	20:00	6:40
97.	1249	Wade Steinke	M	11	Sterling High School	20:03	6:41
98.	464	Nick Albano	M	10	Kaneland Maple Park	20:04	6:42
99.	470	Phil Cutsinger	M	9	Kaneland Maple Park	20:05	6:42
100.	594	Ryan Kelly	M	10	Minooka High School	20:05	6:42
101.	1010	Mark Miller	M	11	Rockford Boylan	20:07	6:43
102.	84	Tyler Hemingway	M	11	Clinton High School	20:08	6:43
103.	603	Shane Mart	M	9	Minooka High School	20:08	6:43
104.	483	John Michek	M	11	Kaneland Maple Park	20:09	6:43
105.	698	Spencer Teiken	M	12	Oswego High School	20:13	6:45
106.	622	Jacob Sipla	M	10	Minooka High School	20:13	6:45
107.	998	Ryan Daly	M	11	Rockford Boylan	20:14	6:45
108.	800	Karl Jaeschke	M	9	Pleasant Valley High School	20:16	6:46
109.	478	Dylan Kuipers	M	9	Kaneland Maple Park	20:17	6:46
110.	816	William Nestel	M	10	Pleasant Valley High School	20:17	6:46
111.	339	John Mullin	M	12	Geneseo High School	20:19	6:47
112.	1042	Johnathan Mattison	M	10	Rockford Christian High Scho	20:20	6:47
113.	471	Frankie Furco	M	11	Kaneland Maple Park	20:22	6:48
114.	1303	Ian Kidd Kidd	M	9	Sycamore High School	20:26	6:49
115.	567	Colin Armstrong	M	11	Minooka High School	20:34	6:52
116.	628	Charles Tierney	M	10	Minooka High School	20:40	6:54
117.	688	Jake Molina	M	10	Oswego High School	20:41	6:54
118.	260	Jack Cavanaugh	M	12	Fenwick High School	20:42	6:54
119.	338	Jesse Mohr	M	11	Geneseo High School	20:45	6:55
120.	1293	Aaron Brancato	M	11	Sycamore High School	20:46	6:56
121.	146	Nicolas McCarty	M	11	Conant	20:48	6:56
122.	994	Cormac Brown	M	10	Rockford Boylan	20:50	6:57
123.	77	Jared Cannon	M	11	Clinton High School	20:53	6:58
124.	370	Rodrigo Rosales	M	9	Hononegah High School	20:55	6:59
125.	600	Alex Lewan	M	10	Minooka High School	20:56	6:59
126.	796	Kevin Garter	M	10	Pleasant Valley High School	20:57	6:59
127.	804	Jake Koellner	M	11	Pleasant Valley High School	20:58	7:00
128.	793	Kyle Forgie	M	9	Pleasant Valley High School	20:59	7:00
129.	618	Lucas Roberts	M	11	Minooka High School	21:00	7:00
130.	829	Brian Walker	M	9	Pleasant Valley High School	21:04	7:02

OPEN BOYS RESULTS

2009 Sterling HS XC Invitational

Sterling, IL 10/09/2010 11:30 am Sunny, Dry, 76 degrees

Directed by: Nancy Gehrke

Place	No.	Name	Sex	Yr	Team	TIME	Pace
131.	598	Chris Lara	M	12	Minooka High School	21:04	7:02
132.	1012	Nick Moore	M	11	Rockford Boylan	21:05	7:02
133.	697	Nick Sefranic	M	9	Oswego High School	21:05	7:02
134.	335	Josh Lawson	M	12	Geneseo High School	21:07	7:03
135.	904	Charlie Gilkey	M	11	Rock Falls High School	21:07	7:03
136.	189	Troy Harness	M	10	Dekalb High School	21:08	7:03
137.	126	Benjamin Bowers	M	11	Conant	21:09	7:03
138.	671	Mike Dolenak	M	9	Oswego High School	21:10	7:04
139.	818	Alex Ocel	M	9	Pleasant Valley High School	21:14	7:05
140.	673	Christian Fay	M	9	Oswego High School	21:22	7:08
141.	1167	Michael Martin	M	9	Rockford Lutheran High School	21:28	7:10
142.	1169	Adrian Radabaugh	M	9	Rockford Lutheran High School	21:30	7:10
143.	828	Alexander Wade	M	11	Pleasant Valley High School	21:31	7:11
144.	324	Alec Damitz	M	10	Geneseo High School	21:31	7:11
145.	258	Matt Birmingham	M	11	Fenwick High School	21:36	7:12
146.	990	Chris Bartel	M	10	Rockford Boylan	21:37	7:13
147.	605	Mark Mullane	M	10	Minooka High School	21:40	7:14
148.	1291	Nick Aase	M	9	Sycamore High School	21:47	7:16
149.	1015	Charlie Popp	M	11	Rockford Boylan	21:47	7:16
150.	595	Malik Knack	M	10	Minooka High School	21:53	7:18
151.	1311	Jordan Peterson	M	9	Sycamore High School	21:55	7:19
152.	18	Tim Cornelis	M	12	Alleman	21:57	7:19
153.	780	Alex Andringa	M	9	Pleasant Valley High School	21:58	7:19
154.	369	Josh Reblak	M	9	Hononegah High School	22:01	7:21
155.	596	Cam Knudsen	M	10	Minooka High School	22:03	7:21
156.	784	Ben Claeys	M	11	Pleasant Valley High School	22:06	7:22
157.	858	Zach Schultz	M	11	Princeton High School	22:11	7:24
158.	819	Brian Paul	M	11	Pleasant Valley High School	22:13	7:25
159.	333	Hunter Kuffel	M	10	Geneseo High School	22:14	7:25
160.	1294	Michael Brill	M	9	Sycamore High School	22:17	7:26
161.	348	Trevor Specht	M	11	Geneseo High School	22:21	7:27
162.	1006	Thomas Lynch	M	10	Rockford Boylan	22:23	7:28
163.	1246	Doug Mikan	M	11	Sterling High School	22:23	7:28
164.	484	Garrett Patterson	M	9	Kaneland Maple Park	22:24	7:28
165.	325	Tom Dellett	M	12	Geneseo High School	22:26	7:29
166.	876	Robby Lang	M	12	Rochelle High School	22:33	7:31
167.	1309	Steven Novak	M	9	Sycamore High School	22:33	7:31
168.	150	James Pesce	M	9	Conant	22:37	7:33
169.	566	John Anians	M	9	Minooka High School	22:39	7:33
170.	582	Eric Foruge	M	11	Minooka High School	22:43	7:35
171.	1317	Jordan Swedberg	M	11	Sycamore High School	22:49	7:37
172.	631	Marco Villalobos	M	9	Minooka High School	22:53	7:38
173.	1001	Robert Gorsaline	M	9	Rockford Boylan	22:57	7:39
174.	158	Edgardo Serbia	M	9	Conant	22:58	7:40
175.	322	Brian Bordwell	M	9	Geneseo High School	23:00	7:40
176.	1168	Zac Politsch	M	11	Rockford Lutheran High School	23:06	7:42
177.	204	Jake Sommer	M	11	Dekalb High School	23:07	7:43
178.	1310	Justin Painter	M	9	Sycamore High School	23:07	7:43
179.	136	Matt Feng	M	10	Conant	23:15	7:45
180.	585	Brett Hasler	M	12	Minooka High School	23:16	7:46
181.	485	Austin Paulson	M	11	Kaneland Maple Park	23:18	7:46
182.	824	Joe Sink	M	11	Pleasant Valley High School	23:24	7:48
183.	482	Aaron Michek	M	9	Kaneland Maple Park	23:33	7:51
184.	1002	Alex Hoffman	M	9	Rockford Boylan	23:37	7:53
185.	323	Mickey Christensen	M	11	Geneseo High School	23:50	7:57
186.	125	David Bell	M	9	Conant	23:53	7:58
187.	1304	Michael Koeplin	M	9	Sycamore High School	23:59	8:00
188.	629	Patrick Tribe	M	11	Minooka High School	24:02	8:01
189.	1316	Bryce Strand	M	11	Sycamore High School	24:20	8:07
190.	1300	Devin Hanks	M	9	Sycamore High School	24:30	8:10
191.	1014	Graham Partridge	M	9	Rockford Boylan	24:48	8:16
192.	131	Victor Dasilva	M	9	Conant	24:59	8:20
193.	1302	Cameron Kelley	M	9	Sycamore High School	25:44	8:35
194.	1160	Jake Ellenberger	M	12	Rockford Lutheran High School	26:05	8:42
195.	808	Gavin Lockard	M	9	Pleasant Valley High School	26:29	8:50

OPEN BOYS RESULTS

2009 Sterling HS XC Invitational

Sterling, IL 10/09/2010 11:30 am Sunny, Dry, 76 degrees

Directed by: Nancy Gehrke

Place	No.	Name	Sex	Yr	Team	TIME	Pace
196.	1020	Andrew Stuckey	M	10	Rockford Boylan	26:36	8:52
197.	579	Brad Earl	M	9	Minooka High School	26:59	9:00
198.	678	Matt Hughes	M	9	Oswego High School	27:58	9:20
199.	588	Sam Hilke	M	9	Minooka High School	27:59	9:20
200.	340	Michael Neuwohner	M	10	Geneseo High School	28:00	9:20
201.	1008	Sean McNealy	M	11	Rockford Boylan	29:45	9:55
202.	357	Rocky Chen	M	12	Hononegah High School	33:18	11:06
203.	361	Mitch Drydahl	M	11	Hononegah High School	33:18	11:06
204.	669	Jacob Catania	M	10	Oswego High School	37:00	12:20

2010 STERLING INVITATIONAL: Team Split Page

- Date: 10/09/10
- Site: Woodlawn School in Sterling
- Racing Distance: 3.00 Miles
- Weather Conditions: 87 degrees...hot!!!

GIRLS TEAM

Time	Ahtlete	Yr	Place	Race	1-Mile	2-Mile
18:15	Emily Ford	10	9	Var	5:42	12:00
19:11	Paige Gatter	11	32	Var	6:00	12:38
19:47	Jessa Coulter	09	54	Var	6:11	13:05
20:22	Morgan Kelly	09	76	Var	6:22	13:24
20:38	Halle Olsen	09	18	F/S	6:22	13:34
20:47	Dani Manna	10	91	Var	6:37	13:43
20:48	Sarah Dellelt	09	92	Var	6:37	13:47
21:10	Jenny Ford	11	110	Var	6:35	13:50
21:32	Amber Fobert	10	39	F/S	6:39	14:11
22:29	Hilary Lohman	12	46	Open	6:49	14:40
22:50	Britta Conrad	11	57	Open	6:57	14:55
23:07	Kelsey Klein	12	64	Open	6:50	15:00
24:14	Jeni Bergles	10	75	F/S	7:38	16:05
24:34	Cortney Backes	09	76	F/S	7:29	15:59
25:47	Brittany Mielke	11	133	Open	8:23	17:10
27:31	Amanda Morse	12	172	Open	8:27	18:00
35:55	Chelsea Rahmus	11	219	Open	9:00	22:18
DNC	Haley Henderson Jenna Whipple	11 10				
17:33	Race Leader (Var)	12	1	Var	5:35	11:52
18:39	Race Leader (F/S)	10	1	F/S	5:58	12:24
19:52	Race Leader (Open)	11	1	Open	6:21	13:05
	Geneseo Spread 1-5: (2:23) 1-7: (2:33) 1-10: (4:14)					

BOYS TEAM

Time	Ahtlete	Yr	Place	Race	1-Mile	2-Mile
15:49	Jordan Starkey	10	24	Var	4:55	10:22
16:16	Kyle Reiling	11	36	Var	4:57	10:34
16:52	Thomas Sigwalt	12	69	Var	5:12	11:08
17:34	Branden Smith	12	107	Var	5:34	11:39

17:38	Marcus Gagnon	10	112	Var	5:35	11:39
18:09	Daniel Hanford	11	142	Var	5:43	12:04
18:15	Mitchell Lamb	09	41	F/S	5:38	12:00
18:18	Mitchell Lawson	10	45	F/S	5:48	12:02
18:20	Tony Gatter	09	47	F/S	5:38	12:00
19:06	Chaise Blakley	09	73	F/S	6:02	12:37
19:45	Tyler Rusk	11	179	Var	5:43	12:44
19:47	Kyle Parker	10	98	F/S	6:11	13:13
20:00	Bryce Gramling	09	104	F/S	5:42	13:05
20:19	John Mullin	12	111	Open	6:11	13:37
20:23	Evan Koisti	10	109	F/S	6:18	13:20
20:45	Jesse Mohr	11	119	Open	6:11	13:22
21:07	Josh Lawson	12	134	Open	6:36	13:48
21:31	Alec Damitz	10	144	Open	7:14	14:40
22:14	Hunter Kuffel	10	159	Var	7:14	14:48
22:21	Trevor Specht	11	161	Open	7:08	14:53
22:26	Tom Dellett	12	165	Open	6:55	14:40
23:00	Brian Bordwell	09	175	Open	7:09	15:02
23:50	Mickey Christensen	11	185	Open	7:14	15:40
28:00	Michael Neuwhoner	10	200	Open	8:45	18:37
DNC	Kyle Freebern Austin Frank Ethan Radue Jon Sisson Seth Stewart Jay Wilson	09 10 09 09 10 10				
14:47	Race Leader (Var)	12	1	Var	4:45	9:57
16:11	Race Leader (F/S)	10	1	F/S	5:00	10:40
16:29	Race Leader (Open)	12	1	Open	5:11	10:55
	Geneseo Spread 1-5: (1:49) 1-7: (2:26) 1-10: (3:17)					

This is a Manila site.