



### **FASTEST LEAF ON HOME COURSE IN SCHOOL HISTORY**

Pictured are Emily Ford and several teammates.

Emily ran the fastest time in school history on our home course Tuesday.

### **FORD RUNS WILD IN WIND TO LEAD LADY LEAFS TO WIN**

On Tuesday, September 7th, the Leafs played host to Moline, Rock Island Alleman, and United Township. To say the least the competition was intense with a loaded field in the quadrangular. Adding to the challenge were winds of 35 to 40 miles per hour. The meet consisted of two races (Girls followed by Boys.)

Emily Ford exploded off the line and never looked back as she ROARED to the fastest time ever run by a Maple Leaf on our home course. The fact that she accomplished this in 35 to 40 mile per hour winds is SCARY. Emily led a 1-2-3-4 Lady Leaf sweep as Paige Gatter, Jessa Coulter, and Jenny Ford each ran tough races in the wind. Morgan Kelly and Dani Manna came in in 6th and 7th to help the Lady Leafs grab 6 of the top 7 places. Very impressive running. It should be noted that Moline held out several of their top runners to rest up for Saturday's Peoria Woodruff Invitational. The Lady Leafs scored only 16 points to win the meet missing a perfect score by only 1 point.

Pacing the Varsity boys were Jordan Starkey, Thomas Sigwalt, Kyle Reiling, Branden Smith, and Marcus Gagnon who ran to 3rd, 7th, 11th, 12th, and 21st places respectfully. Starkey, in particular, continued to show the benefits of some solid off-season mileage (a new experiment for him which appears to be working.) The race included several all-staters and state ranked teams. Each team was racing a bit tired following strong efforts on Saturday. It should also be noted that Moline held out several of their top runners to rest up for Saturday's powerful Peoria Woodruff Invitational on Saturday.



# GHS runners place first, third at Richmond Hill

By AMY CARTON  
*Sports Editor*

The Geneseo High School cross country season is underway with the GHS runners keeping in stride with some of the top runners in the area.

## **Geneseo vs. Alleman, Moline, UT**

The Lady Leaf runners used their home course to their advantage Sept. 7 as the girls snagged the top four spots on their way to a first-place finish over Alleman, Moline and UT at Richmond Hill.

Emily Ford led the Geneseo pack in first place, taking the tape in 19 minutes and 43.33 seconds, followed by Paige Gatter in

second with a time of 21:08.36. Jessa Coulter took third place in 21:45.08, while Jenny Ford placed fourth with a time of 21:46.28.

"The girls took advantage of their home course and the conditions were brutal with huge wind gusts," said head coach Don Fredericks. "And Emily Ford ran the fastest time any girl has on the Geneseo course."

Morgan Kelly and Dani Manna rounded out the top 10 for Geneseo with Kelly in sixth at 22:08.75 and Manna, seventh with a time of 22:15.05.

"Dani Manna, Wow!" said Fredericks. "The first time ever running cross country and she was our

sixth runner."

Hilary Lohman placed 15th in 24:01.63, followed by Brita Conrad, 17th, 24:13.20; Kelsey Klein, 18th, 24:50.97; Sarah Dellett, 19th, 24:52.50; Amber Fobert, 20th, 24:53.70; Cortney Backes, 22nd, 25:23.87; Jeni Bergles, 23rd, 25:30.31; and Halle Olson, 24th, 25:43.27.

"The girls team is a very dangerous team and it is going to be a lot of fun to see how they can progress," said Fredericks. "There is a lot of talent on the team and they have a great work ethic."

The boys' team had two runners place in the top 10 as the Leafs finished third on their home course to UT and Alleman.

"The guys field was loaded even with just four teams," said Fredericks. "And I am pleased with the overall team performance. We are trying to develop depth and the key is closing the gap."

Jordan Starkey paced the Leaf runners, placing third overall with a time of 17:02.00, while Thomas Sigwalt came in seventh at 17:48.00.

Kyle Reiling took 11th with a time of 18:00.00, followed by Branden Smith in 12th place at 18:10.00 and Marcus Gagnon, 21st in 18:49.01.

Daniel Hanford finished the race in 30th place in 19:36.00, followed by Mitchell Lamb, 31st, 19:37.00 and Tony Gatter, 32nd, 19:38.00.

Others contributing to the effort were Chaise Blakley, 37th, 20:29.00; Kyle Parker, 41st, 20:45.01; Jesse Mohr, 47th, 21:29.00; Bryce Gramling, 51st,

22:00.00; and John Mullin, 54th, 22:13.00.

Also, Tyler Rusk, 60th, 22:38.00; Seth Stewart, 61st, 22:44.00; Evan Koisti, 62nd, 22:55.00; Austin Frank, 65th, 23:11.01; Josh Lawson, 69th, 24:01.00; Tom Dellett, 71st, 24:17.00; Brian Bordwell, 74th, 24:32.00; Alec Damitz, 76th, 24:43.00; Hunter Kuffel, 78th, 24:44.01; Jay Wilson, 80th, 27:51.00; and Michael Neuwohner, 81st, 32:19.00.



## 2010 Geneseo Quadrangular - 9/7/2010

Geneseo, IL

## Rankings

## Event 1 Girls 3 Mile Run CC

Name	Year	School	Finals	Points
1 #21 Ford, Emily	10	Geneseo High School	19:43.33	1
2 #23 Gatter, Paige	11	Geneseo High School	21:08.36	2
3 #18 Coulter, Jessa	09	Geneseo High School	21:45.08	3
4 #22 Ford, Jenny	11	Geneseo High School	21:46.28	4
5 #14 Wetherell, Anna	09	Alleman High School	21:54.32	5
6 #24 Kelly, Morgan	09	Geneseo High School	22:08.75	6
7 #101 Manna, Dani	10	Geneseo High School	22:15.05	7
8 #10 Mendoza, Andria	12	Alleman High School	22:16.91	8
9 #30 Almanza, Brisa	09	Moline High School	22:23.85	9
10 #56 Torres, Crystal	12	UT	22:38.50	10
11 #57 Vergeyle, Autumn	11	UT	22:47.24	11
12 #11 O'Hanlon, Kevan	09	Alleman High School	22:56.35	12
13 #4 Doak, Sallie	10	Alleman High School	23:44.88	13
14 #37 Rosales, Andrea	09	Moline High School	23:45.35	14
15 #26 Lohman, Hilary	12	Geneseo High School	24:01.63	15
16 #46 Esparza, Alora	10	UT	24:03.92	16
17 #17 Conrad, Brita	11	Geneseo High School	24:13.20	
18 #25 Klein, Kelsey	12	Geneseo High School	24:50.97	
19 #19 Dellett, Sarah	09	Geneseo High School	24:52.50	
20 #20 Fobert, Amber	10	Geneseo High School	24:53.70	
21 #33 Castro, Sarahy	11	Moline High School	25:13.76	17
22 #15 Backes, Courtney	09	Geneseo High School	25:23.87	
23 #16 Bergles, Jeni	10	Geneseo High School	25:30.91	
24 #29 Olson, Halle	09	Geneseo High School	25:43.27	
25 #5 Dodson, Mary	11	Alleman High School	25:52.07	18
26 #34 Dawkins, Jennifer	10	Moline High School	26:29.07	19
27 #51 McLaughlin, Kyleigh	10	UT	26:56.52	20
28 #39 Schaefer, Megan	10	Moline High School	27:46.10	21
29 #47 Hamilton, Branes	11	UT	28:55.35	22
30 #55 Tidwell, Kaitlyn	11	UT	29:03.39	23
31 #36 Pinc, Gabrielle	09	Moline High School	29:04.01	24
32 #31 Babcock, Katelynn	09	Moline High School	29:09.32	25
33 #50 McGehee, Courtney	09	UT	29:11.81	26
34 #54 Thorngren, Cassandr	11	UT	29:18.24	
35 #40 Timm, Morgan	10	Moline High School	29:29.72	
36 #32 Baugher, Natalie	12	Moline High School	32:34.63	

## Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Geneseo High School	16	1	2	3	4	6	7	15		
	Total Time: 1:46:31.80										
	Average: 21:18.36										
2	Alleman High School	56	5	8	12	13	18				
	Total Time: 1:56:44.53										
	Average: 23:20.91										
3	United Township H. S.	79	10	11	16	20	22	23	26		
	Total Time: 2:05:21.53										
	Average: 25:04.31										
4	Moline High School	80	9	14	17	19	21	24	25		
	Total Time: 2:05:38.13										
	Average: 25:07.63										

## 2010 Geneseo Quadrangular - 9/7/2010

Geneseo, IL

## Rankings

## Event 2 Boys 3 Mile Run CC

Name	Year	School	Finals	Points
1 #302 Webster, Cody	12	UT	16:52.71	1
2 #299 Sands, Keith	11	UT	16:54.00	2
3 #247 Starkey, Jordan	10	Geneseo High School	17:02.00	3
4 #201 Adlfinger, Ethan	10	Alleman High School	17:13.00	4
5 #216 Otto, Liam	10	Alleman High School	17:19.00	5
6 #202 Billingsley, Matt	12	Alleman High School	17:24.00	6
7 #244 Sigwalt, Thomas	12	Geneseo High School	17:48.00	7
8 #279 Tuttle-Timm, Matt	10	Moline High School	17:55.00	8
9 #214 McGlaughlin, Joe	11	Alleman High School	17:56.00	9
10 #281 Williams, Seth	12	Moline High School	17:58.00	10
11 #242 Reiling, Kyle	11	Geneseo High School	18:00.00	11
12 #246 Smith, Branden	12	Geneseo High School	18:10.00	12
13 #297 Rasso, Tyler	09	UT	18:11.00	13
14 #286 Boore, Pauly	09	UT	18:14.00	14
15 #301 Webster, Austin	09	UT	18:24.00	15
16 #261 Frieden, Elliot	12	Moline High School	18:28.00	16
17 #252 Babcock, Andrew	12	Moline High School	18:41.00	17
18 #277 Stewart, Parker	11	Moline High School	18:43.00	18
19 #292 Kemper, Shawn	11	UT	18:44.00	19
20 #267 Lucas, Alex	12	Moline High School	18:49.00	20
21 #229 Gagnon, Marcus	10	Geneseo High School	18:49.01	21
22 #221 Thompson, Nate	10	Alleman High School	18:54.00	22
23 #207 DeBruine, Brandon	12	Alleman High School	18:55.00	23
24 #287 Connor, Scott	12	UT	19:10.00	24
25 #276 Starr, Nick	12	Moline High School	19:10.01	25
26 #294 Luken, Bryce	09	UT	19:16.00	
27 #262 Gray, Zach	09	Moline High School	19:24.00	
28 #293 Lopez, Sergio	09	UT	19:29.00	
29 #257 Dockery, Sam	11	Moline High School	19:35.00	
30 #232 Hanford, Daniel	11	Geneseo High School	19:36.00	26
31 #235 Lamb, Mitchell	09	Geneseo High School	19:37.00	27
32 #230 Gatter, Tony	09	Geneseo High School	19:38.00	
33 #300 Taylor, Bruce	09	UT	20:05.00	
34 #217 Rafferty, Brendan	11	Alleman High School	20:15.00	28
35 #253 Barr, Jake	09	Moline High School	20:18.00	
36 #295 Martines, Manual	11	UT	20:28.00	
37 #223 Blakley, Chaise	09	Geneseo High School	20:29.00	
38 #274 Slagel, Christian	11	Moline High School	20:33.00	
39 #291 Hanson, Matt	10	UT	20:42.00	
40 #212 Larsen, Blake	12	Alleman High School	20:45.00	
41 #241 Parker, Kyle	10	Geneseo High School	20:45.01	
42 #203 Box, Axel	10	Alleman High School	20:46.00	
43 #205 Carlin, Jake	11	Alleman High School	20:50.00	
44 #268 Martinez, Benito	10	Moline High School	21:00.00	
45 #204 Bush, Ryan	12	Alleman High School	21:00.01	
46 #211 Kerch, John	12	Alleman High School	21:02.00	
47 #238 Mohr, Jesse	11	Geneseo High School	21:29.00	
48 #218 Rosas, Andres	09	Alleman High School	21:35.00	
49 #285 Bickford, Tyler	09	UT	21:36.00	
50 #402 Thomson, Nate	11	Alleman High School	21:40.00	
51 #231 Gramling, Bryce	09	Geneseo High School	22:00.00	
52 #206 Cornelis, Tim	12	Alleman High School	22:05.00	



## 2010 Geneseo Quandrangular - 9/7/2010

## Geneseo, IL

## Rankings

## ....Event 2 Boys 3 Mile Run CC

53 #208 Ewers, Alec	09 Alleman High School	22:12.00
54 #239 Mullin, John	12 Geneseo High School	22:13.00
55 #250 Andon, Daniel	11 Moline High School	22:15.00
56 #298 Raya, Omar	09 UT	22:18.00
57 #265 Larson, Jared	10 Moline High School	22:19.00
58 #296 Newberry, Curtis	10 UT	22:23.00
59 #289 Dopler, Sean	09 UT	22:25.00
60 #243 Rusk, Tyler	11 Geneseo High School	22:38.00
61 #248 Stewart, Seth	10 Geneseo High School	22:44.00
62 #233 Koisti, Evan	10 Geneseo High School	22:55.00
63 #260 Ewert, Alex	09 Moline High School	23:09.00
64 #283 Znanlecki, Kieffer	09 Moline High School	23:11.00
65 #228 Frank, Austin	10 Geneseo High School	23:11.01
66 #213 Larsen, Garrett	10 Alleman High School	23:17.00
67 #251 Atkinson, Garret	09 Moline High School	23:18.00
68 #284 Ballegeer, Mitchell	11 UT	23:41.00
69 #236 Lawson, Josh	12 Geneseo High School	24:01.00
70 #401 Mends, Nicholar	9 UT	24:03.00
71 #227 Dellett, Tom	12 Geneseo High School	24:17.00
72 #290 Fisk, Kolton	10 UT	24:26.00
73 #210 Keim, Jeremy	09 Alleman High School	24:27.00
74 #224 Bordwell, Brian	09 Geneseo High School	24:32.00
75 #266 Lasley, Charles	12 Moline High School	24:39.00
76 #226 Damitz, Alec	10 Geneseo High School	24:43.00
77 #282 Zankferd, Seth	12 Moline High School	24:44.00
78 #234 Kuffel, Hunter	10 Geneseo High School	24:44.01
79 #259 Eades, Evan	09 Moline High School	26:32.00
80 #249 Wilson, Jay	10 Geneseo High School	27:51.00
81 #240 Neuwohner, Michael	10 Geneseo High School	32:19.00

## Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	United Township H. S.	45	1	2	13	14	15	19	24		
	Total Time: 1:28:35.71										
	Average: 17:43.15										
2	Alleman High School	46	4	5	6	9	22	23	28		
	Total Time: 1:28:46.00										
	Average: 17:45.20										
3	Geneseo High School	54	3	7	11	12	21	26	27		
	Total Time: 1:29:49.01										
	Average: 17:57.81										
4	Moline High School	69	8	10	16	17	18	20	25		
	Total Time: 1:31:45.00										
	Average: 18:21.00										

# Cross Country

## 2010 GENESEO TEAM SPLIT PAGE: Geneseo Quad

- Date: 9/07/10
- Site: Richmond Hill Park in Geneseo
- Racing Distance: 3.00 Miles
- Weather Conditions: 71 degrees...WINDY (35-40 MPH WINDS)
- Team Scores: 1.) Geneseo 16; 2.) Alleman 56; 3.) United Township 79; 4.) Moline 80
- (Double Dual Format)
  - Geneseo 15; Moline 48
  - Geneseo 16; Alleman 44
  - Geneseo 15; United Township 48

### GIRLS TEAM

Time	Athlete	Yr	Place	Race	1-Mile	2-Mile
19:43	Emily Ford	10	1	Var	6:14	13:01
21:08	Paige Gatter	11	2	Var	6:47	14:03
21:45	Jessa Coulter	09	3	Var	6:44	14:16
21:46	Jenny Ford	11	4	Var	6:52	14:28
22:08	Morgan Kelly	09	6	Var	7:05	14:48
22:15	Dani Manna	10	7	Var	6:53	14:43
24:01	Hilary Lohamn	12	15	Var	7:42	15:59
24:13	Britta Conrad	11	17	Var	7:27	16:13
24:50	Kelsey Klein	12	18	Var	7:58	16:27
24:52	Sarah Dellett	09	19	Var	7:39	16:40
24:53	Amber Fobert	10	20	Var	7:59	16:35
25:23	Cortney Backes	09	22	Var	8:03	16:49
25:30	Jeni Bergles	10	23	Var	8:15	16:53
25:43	Halle Olson	09	24	Var	7:37	15:57
DNC	Haley Henderson Brittany Mielke Amanda Morse Chelsea Rahmus	11 12 12 11				
19:43	Race Leader (Var)	10	1	Var	6:14	13:01
	Geneseo Spread 1-5: (2:25) 1-7: (4:18) 1-10: (5:09)					

### BOYS TEAM

Time	Athlete	Yr	Place	Race	1-Mile	2-Mile
17:02	Jordan Starkey	10	3	Var	5:45	11:35
17:48	Thomas Sigwalt	12	7	Var	5:45	11:59
18:00	Kyle Reiling	11	11	Var	5:45	11:46
18:10	Brandon Smith	12	12	Var	5:57	12:12



18:49	Marcus Gagnon	10	21	Var	6:00	12:24
19:36	Daniel Hanford	11	30	Var	6:23	13:14
19:37	Mitchell Lamb	09	31	Var	6:23	13:14
19:38	Tony Gatter	09	32	Var	6:23	13:14
20:29	Chaise Blakley	09	37	Var	6:29	13:33
20:45	Kyle Parker	10	41	Var	6:29	13:33
21:29	Jesse Mohr	11	47	Var	6:43	14:06
22:00	Bryce Gramling	09	51	Var	7:02	14:28
22:13	John Mullin	12	54	Var	6:57	14:41
22:38	Tyler Rusk	11	60	Var	6:23	13:30
22:44	Seth Stewart	10	61	Var	7:31	15:08
22:55	Evan Koisti	09	62	Var	7:27	15:04
23:11	Austin Frank	10	65	Var	7:02	15:08
24:01	Josh Lawson	12	69	Var	7:53	15:58
24:17	Tom Dellett	12	71	Var	7:31	15:36
24:32	Brian Bordwell	09	74	Var	8:05	16:41
24:43	Alec Damitz	10	76	Var	8:08	16:37
24:44	Hunter Kuffel	10	78	Var	8:08	16:37
27:51	Jay Wilson	10	80	Var	8:08	17:53
32:19	Michael Neuwohner	10	81	Var	10:13	21:17
DNC	Mickey Christensen Mitchell Lawson	10 10		-	-	-
16:52	Race Leader (Var)	12	1	Var	???	???
	Geneseo Spread 1-5: (1:47) 1-7: (2:35) 1-10: (3:43)					

Jon Sperry?

This is a Manila site.