

2010 Geneseo Cross Country

VARSDITY AWARD WINNERS:

(number of letters earned in cross country)

Seniors

- Kelsey Klein 1
- Hilary Lohman 3
- Amanda Morse 1

- Tom Dellett 1
- John Mullin 1
- Thomas Sigwalt 3
- Branden Smith 4

Juniors

- Britta Conrad 2
- Jenny Ford 3
- Paige Gatter 3

- Daniel Hanford 1
- Kyle Reiling 3

Sophomres

- Amber Fobert 1
- Emily Ford 2
- Dani Manna 1

- Marcus Gagnon 2
- Jordan Starkey 2

Freshmen

- Jessa Coulter 1
- Sarah Dellett 1
- Morgan Kelly 1
- Halle Olson 1

- Tony Gatter 1
- Mitchell Lamb 1

J.V. AWARD WINNERS

Seniors

- Josh Lawson

Juniors

- Haley Henderson
- Brittany Mielke

- Mickey Christensen
- Jesse Mohr
- Tyler Rusk
- Trevor Specht

SOPHOMORE AWARD WINNERS

Sophomores

- Jeni Bergles
- Jenna Whipple

- Alec Damitz
- Austin Frank
- Evan Koisti
- Hunter Kuffel
- Mitchell Lawson
- Michael Neuwohner
- Kyle Parker
- Jay Wilson

Freshman

- Cortney Backes

- Chaise Blakley
- Bryce Gramling
- Jon Sisson

FRESHMAN AWARD WINNERS

Freshmen

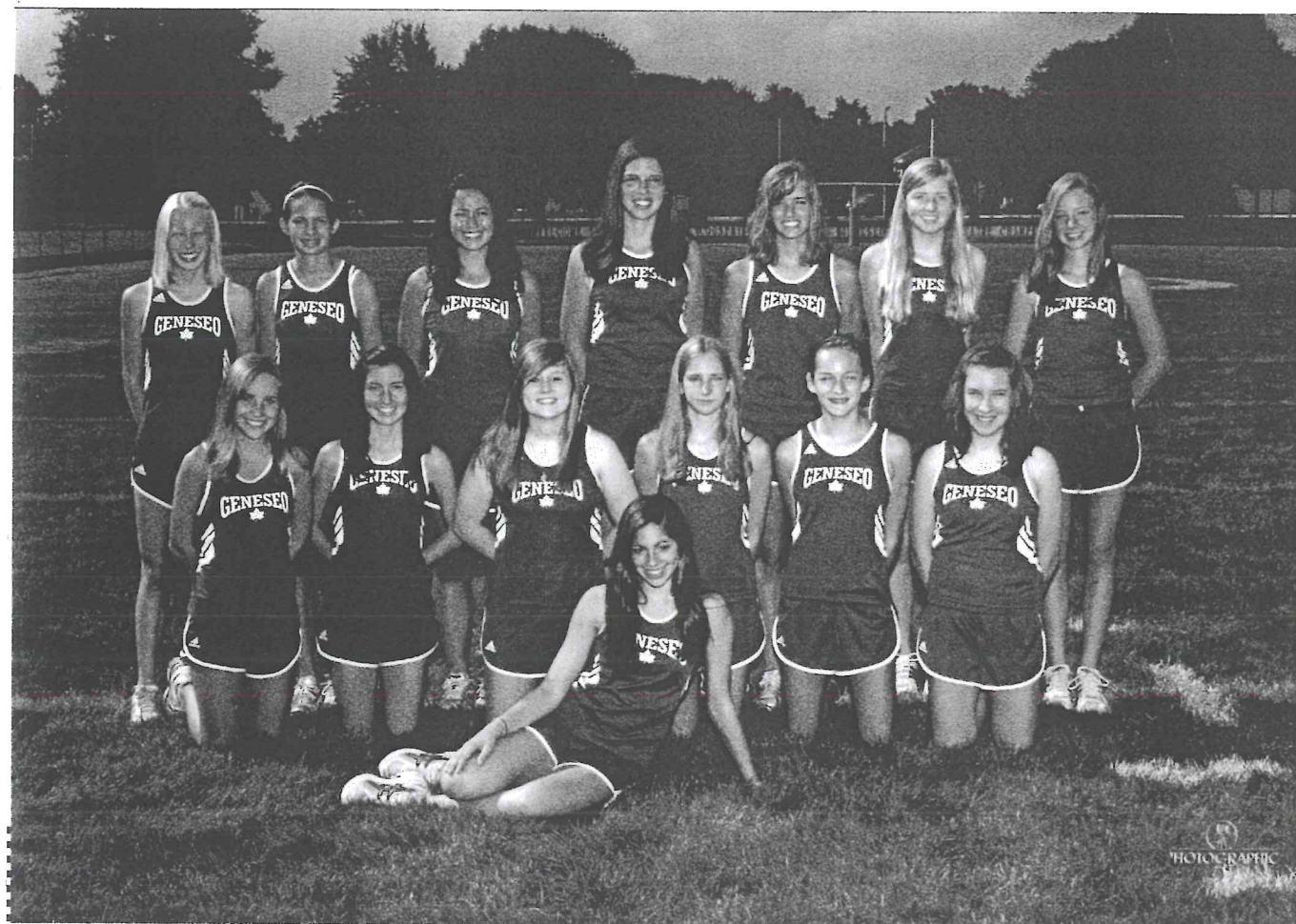
- Brian Bordwell

MANAGER AWARD WINNERS

- none

2010

GIRLS CROSS COUNTRY TEAM



1st Row: Cortney Backes

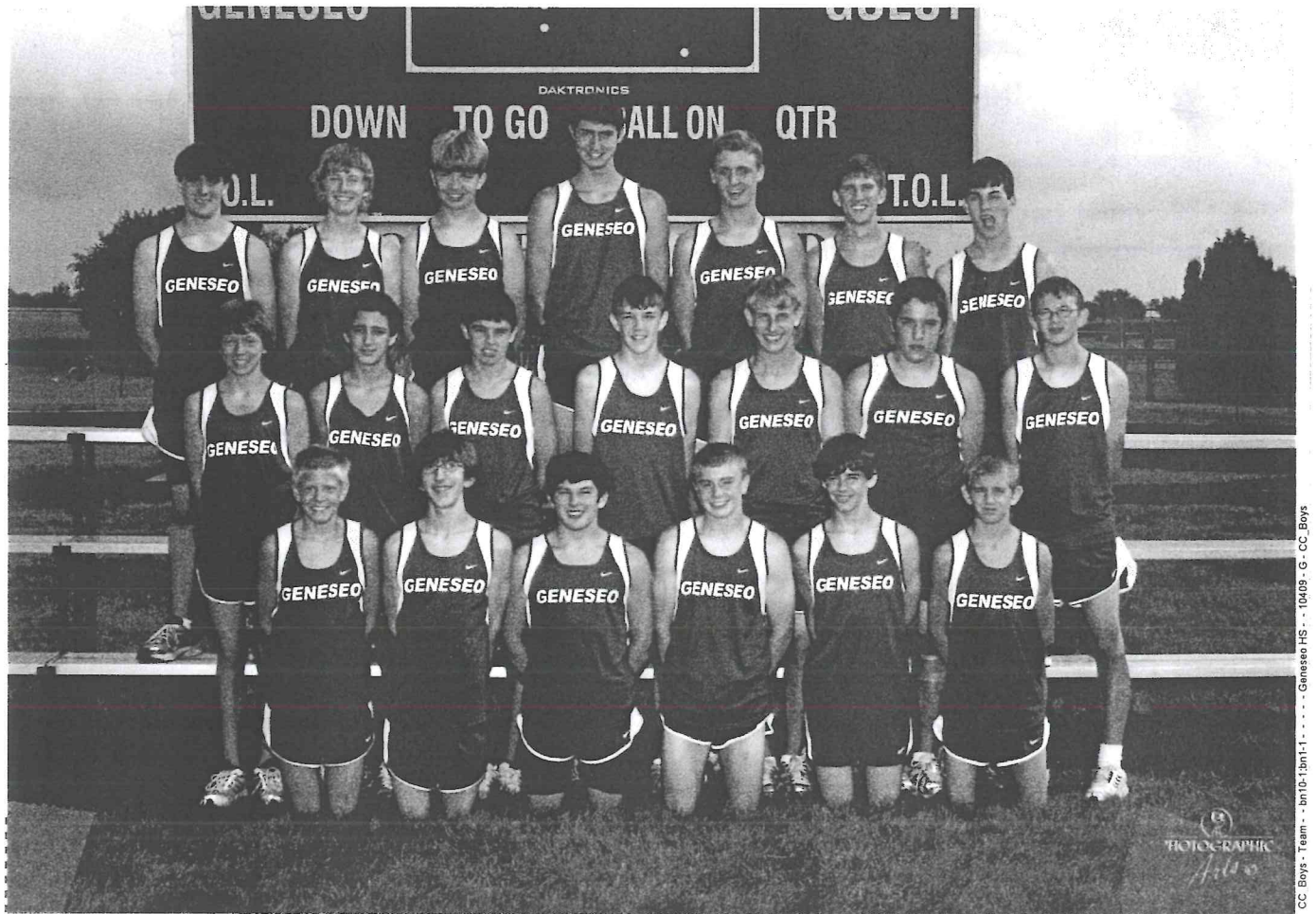
2ND Row: Jessa Coulter, Morgan Kelly, Amanda Morse, Amber Fobert, Sarah Dellett, Jenny Ford

3rd Row: Emily Ford, Halle Olson, Kelsey Klein, Hilary Lohman, Britta Conrad, Jeni Bergles, Paige Gatter

Missing From Photo: Haley Henderson, Dani Manna, Brittany Mielke, Jenna Whipple

2010

BOYS CROSS COUNTRY TEAM



1st Row: Kyle Parker, Mitchell Lamb, Marcus Gagnon, Jordan Starkey, Evan Koisti, Chaise Blakley

2ND Row: Tony Gatter, Jon Sisson, Bryce Gramling, Jay Wilson, Daniel Hanford, Brian Bordwell, Jesse Mohr

3rd Row: Mickey Christensen, Kyle Reiling, Hunter Kuffel, Austin Frank, Thomas Sigwalt, Branden Smith, Tom Dellett

Missing From Photo: Alec Demitz, Josh Lawson, Mitchell Lawson, John Mullin, Michael Neuhowner, Tyler Rusk, Trevor Specht

Cross Country.

This is a sport that most people would say you would have to be crazy to participate in. Why, then, are there students who decide to pour all of their energy into it? Part of it, I think, is the camaraderie. We are all friends and always had so much fun together. The other part is the feeling of accomplishment.

While there may not be too many people who truly love to run, the feeling you get after finishing a race is very fulfilling.

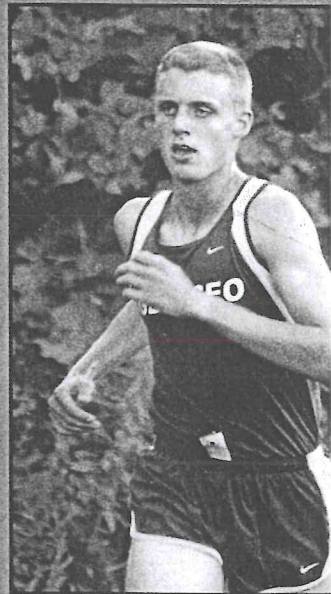
“The feeling you get after finishing a race is very fulfilling.”

That, I think, is why people go out for this sport. That feeling is also what pushed our team on to its many successes which all lead up to Paige Gatter and Emily Ford running like crazy at state. Without this feeling of accomplishment and our team, we would not have been able to compete like we did.

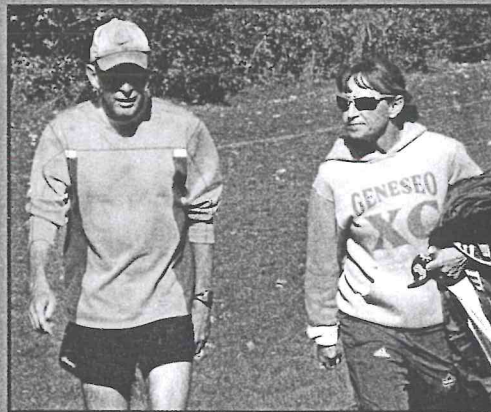
-Hilary Lohman



Hilary Lohman



Thomas Sigwalt



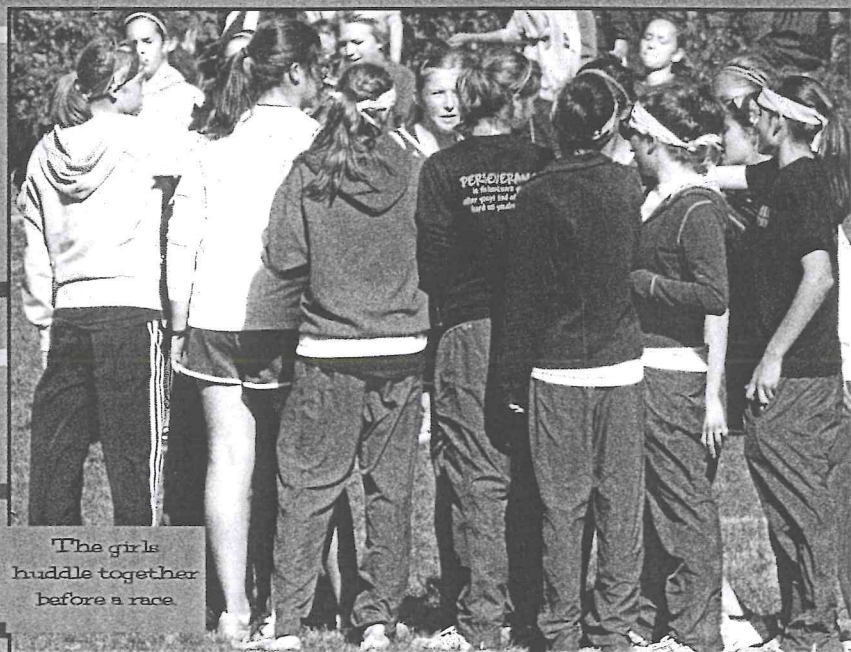
Coach Fredericks and Coach Timmerman



Paige Gatter



Emily Ford



The girls huddle together before a race.

Cross Country

You Can Always Run Faster

This cross country season, in my opinion, is the best I have ever been a part of. Although only two of us made it to state, we still had a great run at sectionals and many of us ran personal records. I am very proud of this year's team. We came together better than ever before. The cross country team has always been more like a family than a team, and this season we definitely continued that tradition. We probably spent more time together than with anyone else and not just at practice. We had a lot of good times getting together on weekends just to hang out too. This bonding is what makes our team so strong and allows us to advance in the championship season each year.

We drive each other to keep pushing no matter how bad it hurts. This is evident at every single meet. At meets, everyone who is not racing at the time cheers for the runners

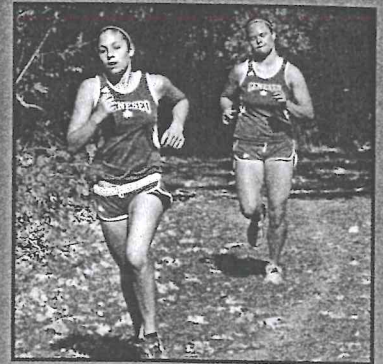
“This is beyond team spirit.

This is what a true team does.”

who are racing, down to the last Geneseo runner no matter who it is. This is beyond team

spirit. This is what a true team does. We truly care about one another. That is why we are one of the most accomplished teams in this high school. As a senior captain, I am going to be very sad to not be a part of it next year.

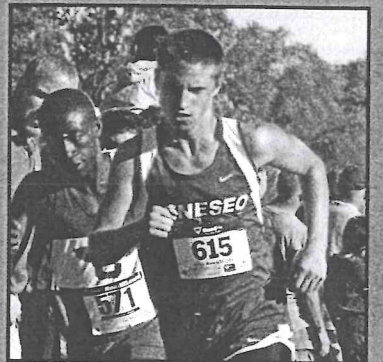
-Branden Smith



Cortney Backes and Brittany Mielke



Amber Fobert



Tyler Rusk



Kyle Reiling

Cross Country

Girls



Front Row: Corney Backes
 Second Row: Jessa Coulter,
 Morgan Kelly, Amanda
 Morse, Amber Fobert, Sarah
 Dellett, Jenny Ford
 Back Row: Emily Ford, Halle
 Olson, Kelsey Klein, Hilary
 Lohman, Britta Conrad, Jeni
 Bergles, Paige Gatter
 Not Pictured: Hayley
 Henderson, Danielle Manna,
 Brittany Mielke, Chelsea
 Rahmus, & Jenna Whipple

Boys

Front Row: Kyle Parker, Mitchell Lamb,
 Marcus Gagnon, Jordan Starkey, Evan
 Koisti, Chaise Blakley
 Second Row: Tony Gatter, Jon Sisson,
 Bryce Gramling, Jay Wilson, Daniel Hanford,
 Brian Bordwell, Jesse Mohr
 Back Row: Mickey Christensen, Kyle
 Relling, Hunter Kuffel, Austin Frank, Thomas
 Sigwalt, Branden Smith, Tom Dellett
 Not Pictured: Alec Damitz, Kyle Freeborn,
 Drew Humphrey, Josh Lawson, Mitchell
 Lawson, Jordan Mielke, John Mullin,
 Michael Neuwohner, Ethan Radue, Tyler
 Rusk, Trevor Specht, & Seth Stewart

