



The Leafs before the start of the JV race demonstrating outstanding team spirit

STERLING 09/JV INVITE

On Tuesday, October 20th the Leafs traveled to Sterling to participate in the Sterling 09/JV invitational. The team was treated to wonderful racing conditions. The race was the last competitive effort for many of the team and they didn't waste the opportunity as a plethora of Leafs ran lifetime bests. Ironically, due to a scheduling quirk, the team was racing on the Sterling course for the 3rd time in the last 11 days.

The team was led via Senior Amy Cosgrove's individual championship in the JV girls division. Medals were awarded to the top 5 finishers in the freshmen race and top 10 finishers in the JV race for both girls and boys. Also bagging medals for the girls were Britta Conrad (5th) and Amanda Morse (9th.)

Leading the boys efforts were Seniors Cameron Hodgson and Andrew Kellogg who placed 7th and 8th overall in the JV race. Also joining in on the medals was junior John Mullin who ran to a strong 9th place finish. In the freshman race Kyle Parker nailed down a strong 4th place finish with the best race of his life. Great efforts were turned in by the entire team.

Cross Country

2009 STERLING 09/JV INVITE: TEAM SPLIT PAGE

- **Date:** 10/20/09
- **Site:** Hoover Park in Sterling
- **Racing Distance:** 3.00 Miles
- **Weather Conditions:** 60 degrees...nice (course still a bit wet in woods)

GIRLS TEAM

Time	Ahtlete	Yr	Place	Race	1-Mile	2-Mile
21:12	Amy Cosgrove	12	1	JV	6:37	14:04
23:01	Britta Conrad	10	5	JV	7:00	15:00
23:38	Amanda Morse	11	9	JV	7:20	15:35
24:49	Natalie Shipman	11	13	JV	7:39	16:26
DNC	none					
21:12	Race Leader (JV)	12	1	JV	6:37	14:04
22:54	Race Leader (09)	09	1	09	??	??
	Geneseo Spread 1-5: (only 4 runners) 1-7: (only 4 runners) 1-10: (only 4 runners)					

BOYS TEAM

Time	Ahtlete	Yr	Place	Race	1-Mile	2-Mile
18:53	Cameron Hodgson	12	7	JV	5:57	12:26
18:59	Andrew Kellogg	12	8	JV	5:45	12:25
19:03	John Mullin	11	9	JV	5:43	12:33
20:02	Jesse Mohr	10	16	JV	6:06	13:12
20:14	Kyle Parker	09	4	09	6:16	13:21
20:21	Greg Pemble	11	19	JV	6:54	13:31
20:23	Alex Strohmeier	12	20	JV	6:54	13:42
20:26	Brandon Oleson	12	22	JV	6:08	13:31



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Cross Country

2009 STERLING 09/JV INVITE: 09 RACE

Date: 10/20/09

Site: Woodlawn Park in Sterling

Racing Distance: 3.00 Miles

Weather Conditions: 61 Degrees & calm wind

Team Scores: None

Girls Race

Pl	Athlete	Yr	School	Time
1	Angela Wolfe	9	Sterling	22:54
2	Taylor Smith	9	Princeton	26:40
3	Sky Arenz	9	Sterling	27:22

Boys Race

Pl	Athlete	Yr	School	Time
1	Taylor Postula	9	LaSalle-Peru	18:34
2	Bradlee Miller	9	Rochelle	19:32
3	Chris Mackey	9	Sterling	19:46
4	Kyle Parker	9	Geneseo	20:14
5	Doug Devers	9	Rock Falls	20:40
6	Drew Bacidore	9	LaSalle-Peru	21:32
7	Tom Geer	9	Rochelle	21:48
8	Hunter Kuffel	9	Geneseo	21:59
9	Brandon Jones	9	Rochelle	22:06
10	Andrew Birkey	9	Princeton	22:07
11	Jay Wilson	9	Geneseo	23:40
12	Collin Schertz	9	Princeton	23:35
13	Tiernan Ebener	9	LaSalle-Peru	25:42
14	Chandler Allen	9	Sterling	25:52

20:54	Ethan Koisti	12	28	JV	6:30	13:47
21:30	Tom Dellett	11	31	JV	6:54	14:02
21:56	Jacob Carton	12	35	JV	6:50	14:28
21:59	Hunter Kuffel	09	8	09	7:08	14:47
23:40	Jay Wilson	09	11	09	7:13	15:35
25:01	Mickey Christensen	10	40	JV	6:13	14:55
DNC	none	12		-	-	-
18:01	Race Leader (JV)	12	1	JV	5:35	11:51
18:34	Race Leader (09)	09	1	09	5:41	12:08
	Geneseo Spread 1-5: (1:21) 1-7: (1:30) 1-10: (2:01)					



Senior Amy Cosgrove moments before the gun. Amy ran to Geneseo's only gold medal performance of the night.

RESULTS

4	Vincent Walker	??	LaSalle-Peru	18:16
5	Hunk MacPortland	??	Rochelle	18:41
6	Nile Baker	12	Dixon	18:51
7	Cameron Hodgson	12	Geneseo	18:53
8	Andrew Kellogg	12	Geneseo	18:59
9	John Mullin	11	Geneseo	19:03
10	Frank Huflalin	??	Rochelle	19:07
11	Matt Dirks	??	Sterling	19:18
12	Randall Moss	??	Rochelle	19:21
13	Tyler Carber	??	Rock Falls	19:21
14	Danza Walsh	??	Rochelle	19:33
15	Brad Watkins	??	Dixon	19:42
16	Jesse Mohr	10	Geneseo	20:02
17	Chris Haan	??	Rock Falls	20:03
18	Garrett Carlson	??	Rochelle	20:20
19	Greg Pemble	11	Geneseo	20:21
20	Alex Strohmeier	12	Geneseo	20:23
21	Israel Belmonte	??	Rochelle	20:25
22	Brandon Oleson	12	Geneseo	20:26
23	Wade Steinke	??	Sterling	20:27
24	Brett Cover	??	Rock Falls	20:32
25	Sam Twining	??	Sterling	20:39
26	Charlie Gilly	??	Rock Falls	20:42
27	Joey Hines	??	LaSalle-Peru	20:53
28	Ethan Koisti	12	Geneseo	20:54
29	Bart Hansen	??	Rochelle	21:19
30	Josh Landis	??	Sterling	21:27
31	Tom Delleff	11	Geneseo	21:30
32	Kane Carlson	??	Rochelle	21:31
33	Scott Anderson	??	Rochelle	21:31
34	Luke Elmons	??	LaSalle-Peru	21:56
35	Jacob Carton	12	Geneseo	21:56
36	Brian Chrisco	??	Rochelle	22:31
37	Sam Smith	??	Princeton	22:35
38	Jesse Fitch	??	Rochelle	22:52
39	Parker Watson	??	Rock Falls	23:18
40	Mickey Christensen	10	Geneseo	25:01
41	Andrew Swiftly	??	Rochelle	25:03
42	Andrew Cain	??	Rock Falls	25:22
43	Chase Gridley	??	Rock Falls	25:23
44	Quannell Reid	??	Rock Falls	25:23