



HARDWARE WINNERS

Pictured are Jordan Starkey, Paige Gatter, Jenny Ford, and Kyle Reiling who all won medals in the Sterling Inv.

FRESH/SOPH LEAD LEAFS AT STERLING INVITATIONAL

On Saturday, October 10th Geneseo Traveled to Sterling to participate in the high powered Sterling Invitational. Over 40 teams laced'em up with several state powers in attendance. The team is one week away from Championship Meet Season. Due to a marching band conflict the team was racing without several team members.

On Saturday, October 10th the Leafs traveled to Sterling to participate in the powerful 40 plus team Sterling Invitational. The meet is a monster in regard to state powers.

Leading the Lady Leafs was freshman Emily Ford who placed 31st overall. Emily missed a medal by only one place and ran a tremendous race. Joining Emily in the Lady Leafs scoring top five were Joann Chenoweth, Danielle Dewey, Amy Cosgrove, and Betsy Winberry.

Pacing the Leafs up front were Thomas Sigwalt and Chad Ford who both cracked the top 100 in the loaded field. Rounding out the scoring top 5 were Branden Smith, John Mullin and Paul West.

Leading the Fresh-Soph Lady Leafs were Paige Gatter who ran the race of her life placing 3rd overall. Also join the top 30 medal party was Jenny Ford who ran to a strong 16th place finish. Britta Conrad rounded out the team effort with a solid effort. The Lady Leafs only ran three athletes in the race.

Pacing the Fresh-Soph boys team were Jordan Starkey and Kyle Reiling who ran strong races finishing 2nd and 5th overall. Rounding out the scoring top 5 were Marcus Gagnon, Jesse Mohr and Kyle Parker.

RESULTS

Geneseo CC runners battle at Sterling Invite

By AMY CARTON
Sports Editor

The Geneseo cross country teams battled some tough competition and chilly temps at the 2009 Sterling Cross Country Invitational Oct. 10. The Lady Leafs led the contingent of Geneseo runners with a 10th-place finish, while the Leafs took 23rd overall.

"It was a giant invite with a bunch of suburban schools," said head coach Don Fredericks. "The younger kids' finishes were the highlights of the day. We had a lot of good things happen and hopefully that sets us up for conference this weekend."

Leading the varsity girls' team was Emily Ford with a 31st-place finish with a time of 19 minutes and 57 seconds.

Joann Chenoweth came in 52nd at 20:27, followed by Danielle Dewey in 61st at 20:36 and Amy Cosgrove, 71st in 20:53. Betsy Winberry placed 100th overall in 21:20, while Hilary Lohman took 122nd at 21:46 and Natalie Shipman, 191st in 25:04.

In the freshman/sophomore girls' race, Paige Gatter claimed third place in 19:56, followed by Jenny Ford in 16th with a time of 21:03 and Britta Conrad, 55th in 23:40.

Thomas Sigwalt led the way for the boys' squad with a 45th-place finish in 16:47, followed by Chad Ford in 96th at 17:25.

Branden Smith took 133rd with a time of 18:11, while John Mullin placed 167th in 19:33. Paul West finished in 175th at 20:09,

followed by Andrew Kellogg in 20:13 for 176th and Cameron Hodgson, 184th in 20:50.

Racing in the Open Race were Greg Pemble in 21:01 for 134th, Ethan Koisti, 157th in 21:33; Tom Delleth, 171st in 22:00; and Jacob Carton, 191st in 23:09.

The freshman/sophomore team earned an eighth-place finish with Jordan Starkey and Kyle Reiling leading the pack.

Starkey took second overall in 16:56, followed by Reiling in fifth with a time of 17:08.

Marcus Gagnon placed 40th in 18:25, while Jesse Mohr came in 89th in 19:41; Kyle Parker in 126th at 21:11; Mickey Christensen in 149th in 22:53; and Hunter Kuffel in 152nd place with a time of 23:11.

"The Sterling Invite was a stepping stone towards championship meet season," said Fredericks. "All the racing experience they have acquired up to this point, hopefully they learned something and that experience becomes an arsenal for our runners."

Geneseo will compete for the NCIC title this weekend in Chillicothe at 10 a.m. Oct. 17.

"The Dixon girls are really favored and the boys are also favored," said Fredericks. "Hopefully good things will happen for us to make a run at them. Our goal is to come back with an NCIC championship. I am really excited about the opportunity on Saturday."

Cross Country

2009 Sterling Invitational Team Split Page

- **Date:** 10/10/09
- **Site:** Hoover Park in Sterling
- **Racing Distance:** 3.00 Miles
- **Weather Conditions:** 40 degrees...chilly (wet course)

GIRLS TEAM

Time	Ahtlete	Yr	Place	Race	1-Mile	2-Mile
19:56	Paige Gatter	10	3	F/S	6:29	13:23
19:57	Emily Ford	09	31	Var	6:06	12:58
20:27	Joann Chenoweth	12	52	Var	6:33	13:43
20:36	Danielle Dewey	12	61	Var	6:21	13:29
20:53	Amy Cosgrove	12	71	Var	6:47	13:55
21:03	Jenny Ford	10	15	F/S	6:43	14:00
21:20	Betsy Winberry	12	100	Var	6:45	13:58
21:46	Hilary Lohman	11	122	Var	6:50	14:15
23:40	Britta Conrad	10	55	F/S	7:24	15:59
25:04	Natale Shipman	11	191	Var	7:47	16:42
DNC	Amanda Morse	11				
18:08	Race Leader (Var)	11	1	Var	5:52	12:04
19:53	Race Leader (F/S)	09	1	F/S	6:15	13:15
20:13	Race Leader (Open)	11	1	Open	??	??
	Geneseo Spread 1-5: (1:57) 1-7: (1:24) 1-10: (5:08)					

BOYS TEAM

Time	Ahtlete	Yr	Place	Race	1-Mile	2-Mile
16:47	Thomas Sigwalt	11	45	Var	5:20	11:10

16:56	Jordan Starkey	09	2	F/S	5:26	11:16
17:08	Kyle Reiling	10	5	F/S	5:25	11:17
17:25	Chad Ford	12	96	Var	5:25	11:25
18:11	Branden Smith	11	133	Var	5:51	12:07
18:25	Marcus Gagnon	09	40	F/S	5:42	12:06
19:33	John Mullin	11	167	Var	6:07	13:06
19:41	Jesse Mohr	10	89	F/S	6:08	13:03
20:09	Paul West	12	175	Var	6:23	13:30
20:13	Andrew Kellogg	12	176	Var	6:23	13:30
20:50	Cameron Hodgson	12	184	Var	6:30	13:44
21:01	Greg Pemble	12	134	Open	6:45	14:01
21:11	Kyle Parker	09	126	F/S	6:34	14:04
21:33	Ethan Koisti	12	157	Open	6:43	14:14
22:00	Tom Dellett	11	171	Open	6:49	14:30
22:53	Mickey Christensen	10	149	F/S	6:47	14:55
23:09	Jacob Carton	12	191	Var	7:03	15:06
23:11	Hunter Kuffell	09	152	F/S	7:31	15:23
DNC	Carlisle Evans-Peck	12		-	-	-
	Brandon Oleson	12				
	Alex Strohmeier	12				
	Jay Wilson	09				
15:02	Race Leader (Var)	12	1	Var	4:53	10:03
16:51	Race Leader (F/S)	09	1	F/S	5:16	11:06
16:51	Race Leader (Open)	11	1	Open	5:22	11:16
	Geneseo Spread					
	1-5: (1:24)					
	1-7: (2:46)					
	1-10: (3:26)					

This is a Manila site.

FRESHMAN/SOPHOMORE GIRLS TEAM RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/10/2009 9:00 am Sunny, Dry, 38 degrees
Directed by: Dennis Hartz

1. Iowa City High School
4 7 9 11 13 (26) (33) 44
Courtney Bruns, Jordan Sullivan, Alexandra Tamerius, Lindsey Bruns,
Allison Singlin, Yorik Aguilar-Rosales, Izzy Scoblic
2. Pleasant Valley High School
1 2 15 21 23 (42) (43) 62
Ali Oppel, Brenna German, Anne Leners, Sam Staver, Allison Witters,
Sierra Roberts, Meredith Bruster
3. Fenwick High School
3 6 17 18 25 (34) (39) 69
Rebecca Steinmeyer, Eva Brundage, Madeleine Nicholson, Rachel Lombard,
Theresa Steinmeyer, Sara Pezza, Kelly Showel
4. Schaumburg High School
5 8 19 20 37 89
Hannah Coombs, Jackie Kovar, Grace Haerr, Karyn Baldwin, Maria Barajas
5. Minooka High School
16 27 28 29 38 (52) (59) 138
Lucia Rossi, Taylor Downing, Nicole Johnson, Haille Goodale, Maria Rossi,
Marissa Post, Cecilia Mejia
6. Oswego High School
12 14 32 36 62 (65) 156
Riley Vann, Alexandria Choi, Kendra Hughes, Caroline Skibinski,
Ashley Golembeski, Riley Brown
7. Rockford Boylan
10 22 30 53 56 (60) (61) 171
Mary Helen McQuillan, Bailey Balentyne, Kelly Kazmerski,
Jackie Sreenan-Powell, Taylor Parus, Nicheala Fiorenza, Emily Knuth
8. Sycamore High School
24 45 48 49 50 (57) (58) 216
Kendra Johnson, Jenna Johnson, Caitlyn Sherman, Shekinah Bergmann,
Autumn Shippy, Dana Atkins, Rachael Martin
9. Conant
41 46 47 54 55 (64) 243
Maira Cano-Granada, Caressa Chan, Sophie Huang, Amanda Magyar, Nicole Matej,
Heidi Hutch
10. Sterling High School
31 35 63 66 67 262
Liz Welch, Alayna Wolfe, Erica Salas, Charisma Martinez, Sky Arenz
11. Rockford East High School
40 44 51 68 69 272
Kendall Schneider, Claudia Rangel, Logan Tillmon, Heidi Honaker, Amber Tillman

Oct-10-2009 9:44:50am

FRESHMAN/SOPHOMORE GIRLS RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/10/2009 9:00 am Sunny, Dry, 38 degrees

Directed by: Dennis Hartz

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
1.	794	1	Ali Oppel	*F*	9	Pleasant Valley High School	19:53	6:38
2.	775	2	Brenna German	*F*	9	Pleasant Valley High School	19:54	6:38
3.	331		Paige Gatter	*F*	10	Geneseo High School	19:56	6:39
4.	269	3	Rebecca Steinmeyer	*F*	9	Fenwick High School	19:57	6:39
5.	391	4	Courtney Bruns	*F*	9	Iowa City High School	20:17	6:46
6.	1167	5	Hannah Coombs	*F*	9	Schaumburg High School	20:21	6:47
7.	252	6	Eva Brundage	*F*	9	Fenwick High School	20:23	6:48
8.	444	7	Jordan Sullivan	*F*	10	Iowa City High School	20:30	6:50
9.	1173	8	Jackie Kovar	*F*	9	Schaumburg High School	20:37	6:53
10.	445	9	Alexandra Tamerius	*F*	10	Iowa City High School	20:39	6:53
11.	995	10	Mary Helen McQuillan	*F*	9	Rockford Boylan	20:48	6:56
12.	392	11	Lindsey Bruns	*F*	9	Iowa City High School	20:55	6:59
13.	830		Emma Makransky	*F*	10	Princeton High School	20:56	6:59
14.	681	12	Riley Vann	*F*	10	Oswego High School	21:02	7:01
15.	440	13	Allison Singlin	*F*	9	Iowa City High School	21:02	7:01
16.	330		Jenny Ford	*F*	10	Geneseo High School	21:03	7:01
17.	670	14	Alexandria Choi	*F*	9	Oswego High School	21:09	7:03
18.	785	15	Anne Leners	*F*	9	Pleasant Valley High School	21:16	7:06
19.	591	16	Lucia Rossi	*F*	9	Minooka High School	21:16	7:06
20.	265	17	Madeleine Nicholson	*F*	10	Fenwick High School	21:18	7:06
21.	833		C. J. Rhodes	*F*	10	Princeton High School	21:23	7:08
22.	261	18	Rachel Lombard	*F*	9	Fenwick High School	21:24	7:08
23.	1172	19	Grace Haerr	*F*	10	Schaumburg High School	21:25	7:09
24.	1165	20	Karyn Baldwin	*F*	9	Schaumburg High School	21:26	7:09
25.	806	21	Sam Staver	*F*	10	Pleasant Valley High School	21:32	7:11
26.	971	22	Bailey Balentyne	*F*	10	Rockford Boylan	21:37	7:13
27.	357		Haley Anderson	*F*	9	Hononegah High School	21:37	7:13
28.	813	23	Allison Witters	*F*	10	Pleasant Valley High School	21:39	7:13
29.	1279	24	Kendra Johnson	*F*	10	Sycamore High School	21:40	7:14
30.	270	25	Theresa Steinmeyer	*F*	10	Fenwick High School	21:46	7:16
31.	384	26	Yorik Aguilar-Rosales	*F*	10	Iowa City High School	21:51	7:17
32.	571	27	Taylor Downing	*F*	10	Minooka High School	21:54	7:18
33.	575	28	Nicole Johnson	*F*	10	Minooka High School	22:05	7:22
34.	572	29	Haille Goodale	*F*	9	Minooka High School	22:11	7:24
35.	988	30	Kelly Kazmerski	*F*	10	Rockford Boylan	22:12	7:24
36.	1212	31	Liz Welch	*F*	10	Sterling High School	22:12	7:24
37.	675	32	Kendra Hughes	*F*	10	Oswego High School	22:16	7:26
38.	435	33	Izzy Scoblic	*F*	10	Iowa City High School	22:17	7:26
39.	266	34	Sara Pezza	*F*	9	Fenwick High School	22:19	7:27
40.	1214	35	Alayna Wolfe	*F*	9	Sterling High School	22:26	7:29
41.	196		Allie Royer	*F*	10	Dekalb High School	22:35	7:32
42.	680	36	Caroline Skibinski	*F*	10	Oswego High School	22:38	7:33
43.	381		Sarah Willett	*F*	9	Hononegah High School	22:44	7:35
44.	1166	37	Maria Barajas	*F*	10	Schaumburg High School	22:44	7:35
45.	592	38	Maria Rossi	*F*	10	Minooka High School	23:08	7:43
46.	268	39	Kelly Showel	*F*	9	Fenwick High School	23:12	7:44
47.	1048	40	Kendall Schneider	*F*	10	Rockford East High School	23:13	7:45
48.	189		Janelle Hammack	*F*	10	Dekalb High School	23:23	7:48
49.	129	41	Maira Cano-Granada	*F*	10	Conant	23:25	7:49
50.	801	42	Sierra Roberts	*F*	10	Pleasant Valley High School	23:27	7:49
51.	759	43	Meredith Bruster	*F*	9	Pleasant Valley High School	23:28	7:50
52.	194		Malerie Meares	*F*	9	Dekalb High School	23:31	7:51
53.	1046	44	Claudia Rangel	*F*	9	Rockford East High School	23:32	7:51
54.	1278	45	Jenna Johnson	*F*	10	Sycamore High School	23:35	7:52
55.	326		Britta Conrad	*F*	10	Geneseo High School	23:40	7:54
56.	131	46	Caressa Chan	*F*	9	Conant	23:43	7:55
57.	139	47	Sophie Huang	*F*	10	Conant	23:43	7:55
58.	362		Tessa Farrell	*F*	10	Hononegah High School	23:51	7:57
59.	1295	48	Caitlyn Sherman	*F*	10	Sycamore High School	23:52	7:58
60.	1268	49	Shekinah Bergmann	*F*	9	Sycamore High School	23:53	7:58
61.	1296	50	Autumn Shippy	*F*	10	Sycamore High School	24:00	8:00
62.	1050	51	Logan Tillmon	*F*	9	Rockford East High School	24:01	8:01
63.	586	52	Marissa Post	*F*	9	Minooka High School	24:05	8:02
64.	1005	53	Jackie Sreenan-Powell	*F*	9	Rockford Boylan	24:05	8:02
65.	148	54	Amanda Magyar	*F*	9	Conant	24:08	8:03

FRESHMAN/SOPHOMORE GIRLS RESULTS

2009 Sterling HS XC Invitational
 Sterling, IL 10/10/2009 9:00 am Sunny, Dry, 38 degrees
 Directed by: Dennis Hartz

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
66.	193		Erin McGaughey	*F*	9	Dekalb High School	24:14	8:05
67.	149	55	Nicole Matej	*F*	9	Conant	24:14	8:05
68.	999	56	Taylor Parus	*F*	10	Rockford Boylan	24:30	8:10
69.	1266	57	Dana Atkins	*F*	10	Sycamore High School	24:31	8:11
70.	1284	58	Rachael Martin	*F*	10	Sycamore High School	24:47	8:16
71.	581	59	Cecilia Mejia	*F*	9	Minooka High School	24:49	8:17
72.	979	60	Nicheala Fiorenza	*F*	9	Rockford Boylan	25:06	8:22
73.	989	61	Emily Knuth	*F*	9	Rockford Boylan	25:10	8:24
74.	673	62	Ashley Golembeski	*F*	9	Oswego High School	25:32	8:31
75.	1211	63	Erica Salas	*F*	10	Sterling High School	25:36	8:32
76.	140	64	Heidi Hutch	*F*	9	Conant	25:40	8:34
77.	669	65	Riley Brown	*F*	9	Oswego High School	25:43	8:35
78.	1207	66	Charisma Martinez	*F*	10	Sterling High School	25:57	8:39
79.	834		Taylor Smith	*F*	9	Princeton High School	25:57	8:39
80.	219		Marissa Harris	*F*	10	Eastland High School	26:19	8:47
81.	1068		Diane Clauzet	*F*	10	Rockford Guilford	26:22	8:48
82.	1196	67	Sky Arenz	*F*	9	Sterling High School	26:43	8:55
83.	1045	68	Heidi Honaker	*F*	9	Rockford East High School	28:35	9:32
84.	1049	69	Amber Tillman	*F*	9	Rockford East High School	28:54	9:38
85.	1071		Jessy Givens	*F*	9	Rockford Guilford	29:03	9:41
86.	1066		Megan Benson	*F*	9	Rockford Guilford	29:18	9:46
87.	928		Deauna Ivy	*F*	9	Rock Island High School	30:34	10:12
88.	882		Kaylyn Anger	*F*	10	Rock Falls High School	31:16	10:26
89.	892		Karina Nehr Korn	*F*	10	Rock Falls High School	33:15	11:05
90.	223		Cyri Nicols	*F*	11	Eastland High School	48:00	16:00

FRESHMAN/SOPHOMORE BOYS TEAM RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/10/2009 9:30 am Sunny, Dry, 39 degrees
Directed by: Dennis Hartz

1. Normal West High School
1 7 9 14 21 (53) 52
Peyton Scheuermann, Tyler Becker, Eric Gordon, Caleb Wiebenga,
Baylor Wagehoft, Mason Wudtke
2. Kaneland Maple Park
4 6 13 17 31 (33) (44) 71
Clayton Brundige, Nate Rehkopf, Conor Johnson, Billy Hart, John Meisenger,
Devin Swearingen, Brad Kigynos
3. Minooka High School
8 12 22 27 30 (38) (47) 99
Colin Nielsen, Kody Lewan, Alex Hardenbrook, Alex Pierce, Ben Boland,
Cory Raynor, Cody Mart
4. Sycamore High School
3 28 34 35 43 (62) (68) 143
Riley Powers, Zach Aase, Dylan Schmidt, Henry Weberpal, David Emmert,
Nathan Ruetten, Jarrod Wagner
5. Pleasant Valley High School
11 23 25 41 45 (49) (52) 145
Tony Meyer, Levi Moser, Tanner Lafever, Paul Conway, Joe Sink, Mike Brown,
Jake Koellner
6. Schaumburg High School
10 20 37 42 46 (72) (119) 155
Greg Kulasik, Brian Flight, Travis Rauch, Kohsie Yoshimune, Christian Moreno,
Nick Smith, Juan Barajas
7. Conant
19 24 26 32 57 (73) (81) 158
Dominic Massa, Jae Suk Huh, James Weaver, Joe Sulentic, Carter Bryant,
Michael Shoro, Hersh
8. Geneseo High School
2 5 40 86 120 (141) (144) 253
Jordan Starkey, Kyle Reiling, Marcus Gagnon, Jesse Mohr, Kyle Parker,
Mickey Christensen, Hunter Kuffel
9. Farwick High School
16 59 60 77 80 (103) (111) 292
Jack Jacobs, Edward Egan, Ryan Elsey, Brett Sassetti, Joe Ficner,
Blazej Kocon, Matt Dumon
10. Oswego High School
48 51 67 71 91 (102) (138) 328
Brandon Ramsey, Brad Musseiman, Grant Borchelt, Noah Jones, Kyle Grondin,
Dominic Pizzo, Tim Durning
11. Hononegah High School
18 29 76 101 106 (126) (143) 330
Jackson Wells, Phillip Anderson, Jake Dunaway, Jake Koch, Justin Roush,
Drake Menke, Brandon Rosborough
12. Plainfield North High School
36 63 70 75 97 (110) (135) 341
Rich Reylewski, Alex Hish, Sean Bruyere, Justin Smiley, Mike Bittenbinder,
Adam Hernandez, Nick Stubblefield
13. Clinton High School
15 54 66 104 105 (133) (134) 344
Emanuel Marcos-Teles, Jesse Schneeberger, Matthew Boyd, Marquis Estrada,
Jared Cannon, Nolan Kenny, Jason Banker
14. Rockford Boylan
55 56 79 85 93 (98) (100) 368
Ben Black, Austin Angel, Sean Coyle, John McHugh, Nathan Kimbrell,
Christopher Goral, Zachary Satterlee
15. Alleman
50 61 82 84 96 (124) (130) 373
Nate Thomson, Troy Watkins, Brendan Rafferty, Axel Box, Jake Carlin,
Erik Mickiewicz, Emilio Valenzuela
16. Rock Island High School
39 69 83 99 108 (114) (118) 398
Inyase Hakizimana, Paul Sanders, Ethan Henderson, Devontae Young,
Eric Ikundiwo, Charles Emberten, Jordan Stampley
17. Sterling High School
64 65 90 94 123 436
Trevor Johnson, Matt Dirks, Chris Mackey, Wade Steinke, Josh Landis

FRESHMAN/SOPHOMORE BOYS TEAM RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/10/2009 9:30 am Sunny, Dry, 39 degrees
Directed by: Dennis Hartz

18. Dekalb High School
58 88 95 107 127 (146) 475
T.J. Neidel, Justice Magarotto, Colin Martin, Patrick Martin,
Xavier Rodriquez, Ben Meyers
19. Rockford Guilford
87 89 112 121 125 534
Kyle Hagmann, Arron Buck, Mikael Leonhart, Benn Larson, Jordan Swanson
20. United Township High School
74 109 129 137 140 (150) 589
Shawn Kemper, Jacob Smith, Kolton Fisk, Matt Hanson, Gatlin Schreiber,
Aaron Buzard
21. Freeport High School
92 115 117 128 148 600
Andrew McDermott, Zach Topefer, Sam Marshall, Riley Helm, James Priewe
22. Belvidere High School
78 122 132 142 147 621
Christian McCaffrey, Dalton Stokes, Javier Padilla, Steven Caccamise, Tim Sell
23. Rochelle High School
113 116 131 136 139 (145) (149) 635
Bradlee Miller, Frank Huftalin, Kane Carlson, Bart Hansen, Brion Chrisco,
Brandon Jones, John Whitman

Oct-10-2009 10:23:31am

FRESHMAN/SOPHOMORE BOYS RESULTS

2009 Sterling HS XC Invitational
 Sterling, IL 10/10/2009 9:30 am Sunny, Dry, 39 degrees
 Directed by: Dennis Hartz

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
1.	621	1	Peyton Scheuermann	M	9	Normal West High School	16:51	5:37
2.	321	2	Jordan Starkey	M	9	Geneseo High School	16:56	5:39
3.	1254	3	Riley Powers	M	10	Sycamore High School	17:00	5:40
4.	454	4	Clayton Brundige	M	10	Kaneland Maple Park	17:07	5:43
5.	318	5	Kyle Reiling	M	10	Geneseo High School	17:08	5:43
6.	474	6	Nate Rehkopf	M	10	Kaneland Maple Park	17:10	5:44
7.	606	7	Tyler Becker	M	10	Normal West High School	17:11	5:44
8.	547	8	Colin Nielsen	M	10	Minooka High School	17:16	5:46
9.	610	9	Eric Gordon	M	10	Normal West High School	17:21	5:47
10.	1146	10	Greg Kulasik	M	10	Schaumburg High School	17:26	5:49
11.	731	11	Tony Meyer	M	10	Pleasant Valley High School	17:27	5:49
12.	540	12	Kody Lewan	M	10	Minooka High School	17:28	5:50
13.	462	13	Conor Johnson	M	9	Kaneland Maple Park	17:29	5:50
14.	625	14	Caleb Wiebenga	M	10	Normal West High School	17:29	5:50
15.	61	15	Emanuel Marcos-Teles	M	9	Clinton High School	17:33	5:51
16.	240	16	Jack Jacobs	M	10	Fenwick High School	17:34	5:52
17.	459	17	Billy Hart	M	9	Kaneland Maple Park	17:37	5:53
18.	356	18	Jackson Wells	M	10	Hononegah High School	17:38	5:53
19.	103	19	Dominic Massa	M	10	Conant	17:39	5:53
20.	1141	20	Brian Flight	M	10	Schaumburg High School	17:41	5:54
21.	624	21	Baylor Wagehoft	M	9	Normal West High School	17:44	5:55
22.	526	22	Alex Hardenbrook	M	10	Minooka High School	17:46	5:56
23.	733	23	Levi Moser	M	10	Pleasant Valley High School	17:48	5:56
24.	96	24	Jae Suk Huh	M	10	Conant	17:49	5:57
25.	725	25	Tanner Lafever	M	9	Pleasant Valley High School	17:50	5:57
26.	122	26	James Weaver	M	10	Conant	17:52	5:58
27.	552	27	Alex Pierce	M	9	Minooka High School	17:55	5:59
28.	1227	28	Zach Aase	M	10	Sycamore High School	17:56	5:59
29.	337	29	Phillip Anderson	M	10	Hononegah High School	17:56	5:59
30.	513	30	Ben Boland	M	10	Minooka High School	17:59	6:00
31.	467	31	John Meisenger	M	9	Kaneland Maple Park	18:00	6:00
32.	117	32	Joe Sulentic	M	9	Conant	18:12	6:04
33.	478	33	Devin Swearingen	M	10	Kaneland Maple Park	18:14	6:05
34.	1260	34	Dylan Schmidt	M	9	Sycamore High School	18:14	6:05
35.	1264	35	Henry Weberpal	M	10	Sycamore High School	18:15	6:05
36.	691	36	Rich Reylewski	M	9	Plainfield North High School	18:16	6:06
37.	1155	37	Travis Rauch	M	9	Schaumburg High School	18:20	6:07
38.	553	38	Cory Raynor	M	10	Minooka High School	18:24	6:08
39.	908	39	Inyase Hakizimana	M	10	Rock Island High School	18:24	6:08
40.	308	40	Marcus Gagnon	M	9	Geneseo High School	18:25	6:09
41.	708	41	Paul Conway	M	9	Pleasant Valley High School	18:26	6:09
42.	1161	42	Kohsie Yoshimune	M	10	Schaumburg High School	18:26	6:09
43.	1232	43	David Emmert	M	9	Sycamore High School	18:27	6:09
44.	463	44	Brad Kigyos	M	9	Kaneland Maple Park	18:28	6:10
45.	742	45	Joe Sink	M	10	Pleasant Valley High School	18:33	6:11
46.	1149	46	Christian Moreno	M	9	Schaumburg High School	18:37	6:13
47.	542	47	Cody Mart	M	10	Minooka High School	18:38	6:13
48.	664	48	Brandon Ramsey	M	9	Oswego High School	18:42	6:14
49.	705	49	Mike Brown	M	9	Pleasant Valley High School	18:44	6:15
50.	21	50	Nate Thomson	M	10	Alleman	18:45	6:15
51.	662	51	Brad Musselman	M	10	Oswego High School	18:46	6:16
52.	723	52	Jake Koellner	M	10	Pleasant Valley High School	18:48	6:16
53.	626	53	Mason Wudtke	M	10	Normal West High School	18:48	6:16
54.	64	54	Jesse Schneeberger	M	10	Clinton High School	18:50	6:17
55.	937	55	Ben Black	M	10	Rockford Boylan	18:51	6:17
56.	934	56	Austin Angel	M	10	Rockford Boylan	18:51	6:17
57.	79	57	Carter Bryant	M	10	Conant	18:55	6:19
58.	177	58	T.J. Neidel	M	9	Dekalb High School	19:00	6:20
59.	235	59	Edward Egan	M	9	Fenwick High School	19:00	6:20
60.	236	60	Ryan Elsey	M	10	Fenwick High School	19:03	6:21
61.	24	61	Troy Watkins	M	10	Alleman	19:04	6:22
62.	1257	62	Nathan Ruetten	M	10	Sycamore High School	19:04	6:22
63.	686	63	Alex Hish	M	10	Plainfield North High School	19:05	6:22
64.	1187	64	Trevor Johnson	M	10	Sterling High School	19:06	6:22
65.	1186	65	Matt Dirks	M	10	Sterling High School	19:07	6:23

FRESHMAN/SOPHOMORE BOYS RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/10/2009 9:30 am Sunny, Dry, 39 degrees
Directed by: Dennis Hartz

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
66.	51	66	Matthew Boyd	M	10	Clinton High School	19:08	6:23
67.	650	67	Grant Borchelt	M	9	Oswego High School	19:09	6:23
68.	1263	68	Jarrold Wagner	M	9	Sycamore High School	19:09	6:23
69.	917	69	Paul Sanders	M	9	Rock Island High School	19:10	6:24
70.	683	70	Sean Bruyere	M	9	Plainfield North High School	19:12	6:24
71.	656	71	Noah Jones	M	9	Oswego High School	19:12	6:24
72.	1157	72	Nick Smith	M	9	Schaumburg High School	19:13	6:25
73.	114	73	Michael Shoro	M	10	Conant	19:13	6:25
74.	1308	74	Shawn Kemper	M	10	United Township High School	19:15	6:25
75.	693	75	Justin Smiley	M	10	Plainfield North High School	19:19	6:27
76.	342	76	Jake Dunaway	M	10	Hononegah High School	19:19	6:27
77.	1033		Finley John	M	9	Rockford East High School	19:20	6:27
78.	246	77	Brett Sassetti	M	12	Fenwick High School	19:23	6:28
79.	881		Colin Wykstandt	M	9	Rock Falls High School	19:24	6:28
80.	1342	78	Christian McCaffrey	M	9	Belvidere High School	19:24	6:28
81.	941	79	Sean Coyle	M	10	Rockford Boylan	19:25	6:29
82.	237	80	Joe Ficner	M	9	Fenwick High School	19:26	6:29
83.	1380	81	Hersh	M		Conant	19:32	6:31
84.	16	82	Brendan Rafferty	M	10	Alleman	19:33	6:31
85.	910	83	Ethan Henderson	M	10	Rock Island High School	19:33	6:31
86.	3	84	Axel Box	M	9	Alleman	19:34	6:32
87.	955	85	John McHugh	M	9	Rockford Boylan	19:39	6:33
88.	1032		Fuentes Eric	M	10	Rockford East High School	19:40	6:34
89.	313	86	Jesse Mohr	M	10	Geneseo High School	19:41	6:34
90.	1055	87	Kyle Hagmann	M	9	Rockford Guilford	19:41	6:34
91.	169	88	Justice Magarotto	M	10	Dekalb High School	19:42	6:34
92.	1051	89	Arron Buck	M	9	Rockford Guilford	19:43	6:35
93.	1190	90	Chris Mackey	M	9	Sterling High School	19:47	6:36
94.	652	91	Kyle Grondin	M	10	Oswego High School	19:48	6:36
95.	278	92	Andrew McDermott	M	10	Freeport High School	19:49	6:37
96.	949	93	Nathan Kimbrell	M	9	Rockford Boylan	19:52	6:38
97.	1192	94	Wade Steinke	M	10	Sterling High School	19:54	6:38
98.	171	95	Colin Martin	M	9	Dekalb High School	19:54	6:38
99.	5	96	Jake Carlin	M	10	Alleman	20:02	6:41
100.	682	97	Mike Bittenbinder	M	10	Plainfield North High School	20:12	6:44
101.	946	98	Christopher Goral	M	10	Rockford Boylan	20:13	6:45
102.	921	99	Devontae Young	M	10	Rock Island High School	20:16	6:45
103.	960	100	Zachary Satterlee	M	10	Rockford Boylan	20:16	6:46
104.	346	101	Jake Koch	M	10	Hononegah High School	20:17	6:46
105.	663	102	Dominic Pizzo	M	9	Oswego High School	20:18	6:46
106.	242	103	Blazej Kocon	M	9	Fenwick High School	20:20	6:47
107.	56	104	Marquis Estrada	M	9	Clinton High School	20:20	6:47
108.	52	105	Jared Cannon	M	10	Clinton High School	20:21	6:47
109.	351	106	Justin Roush	M	10	Hononegah High School	20:22	6:48
110.	172	107	Patrick Martin	M	9	Dekalb High School	20:24	6:48
111.	911	108	Eric Ikundiro	M	9	Rock Island High School	20:27	6:49
112.	1314	109	Jacob Smith	M	10	United Township High School	20:29	6:50
113.	685	110	Adam Hernandez	M	9	Plainfield North High School	20:30	6:50
114.	234	111	Matt Dumon	M	9	Fenwick High School	20:30	6:50
115.	1057	112	Mikael Leonhart	M	9	Rockford Guilford	20:31	6:51
116.	848	113	Bradlee Miller	M	9	Rochelle High School	20:33	6:51
117.	904	114	Charles Emberten	M	9	Rock Island High School	20:34	6:52
118.	220		Reid Lessman	M	11	Eastland High School	20:36	6:52
119.	872		Charlie Gilkey	M	10	Rock Falls High School	20:41	6:54
120.	216		Jake Dickman	M	9	Eastland High School	20:49	6:57
121.	285	115	Zach Topefer	M	10	Freeport High School	20:50	6:57
122.	844	116	Frank Huftalin	M	10	Rochelle High School	20:54	6:58
123.	277	117	Sam Marshall	M	10	Freeport High School	20:54	6:58
124.	918	118	Jordan Stampley	M	9	Rock Island High School	21:04	7:02
125.	1139	119	Juan Barajas	M	9	Schaumburg High School	21:08	7:03
126.	316	120	Kyle Parker	M	9	Geneseo High School	21:11	7:04
127.	1056	121	Benn Larson	M	9	Rockford Guilford	21:12	7:04
128.	1343	122	Dalton Stokes	M	9	Belvidere High School	21:13	7:05
129.	1189	123	Josh Landis	M	10	Sterling High School	21:14	7:05
130.	12	124	Erik Mickiewicz	M	9	Alleman	21:21	7:07

VARSITY GIRLS TEAM RESULTS

2009 Sterling HS XC Invitational
 Sterling, IL 10/10/2009 10:00 am Sunny, Dry, 40 degrees
 Directed by: Dennis Hartz

1. Schaumburg High School
 1 2 3 8 15 (22) (43) 29
 Colette Falsey, Britten Petrey, Karen Lesiewicz, Jordan Wagner, Nora Ferguson,
 Kelsey Steenstrup, Lizzie Tapia
2. Iowa City High School
 4 9 13 17 18 (39) 61
 Rebecca Rethwisch, Cassidy White, Melanie Holman, Emily Fagan, Harper Beasley,
 Anna Bruns
3. Loyola Academy
 6 23 24 37 53 (74) (81) 143
 Natalie Kaminski, Ann Marie McGuire, Rachel Price, Siobhan Cooney,
 Michelle McGuire, Emily Blabolil, Rose McBride
4. Bettendorf
 5 14 28 58 65 (121) (125) 170
 Anna Peer, Mahnee Watts, Megan Nickles, Dana Ewan, Solveig Entwistle,
 Arianna Schabilion, Bricelyn Schultz
5. Minooka High School
 25 32 44 47 51 (73) (113) 199
 Kiley Saunders, Laura Simon, Maddie Simon, Alex Szymanski, Allie Rossi,
 Devin Doran, Rachel Morman
6. Dixon High School
 12 33 45 50 79 (104) 219
 Haley Thorpe, Megan Burger, Tiara Sondgeroth, Chelsea Sondgeroth,
 Liz Hilliard, Kate Johnson
7. Zion Benton High School
 11 16 55 69 70 (105) (108) 221
 Bailey Lippeth, Lorie Reid, Rachel Armstrong, Shannon Lauret,
 Kristen Whiteside, Christina Rojas, Lisa Fitzgibbons
8. Kaneland Maple Park
 21 48 54 56 59 (75) (124) 238
 Andie Strang, Abby Dodis, Kelly Evers, Lisa Roberson, Maggie Brundige,
 Kris Bowen, Shelby Koester
9. Normal West High School
 26 34 49 67 88 (93) (112) 264
 Hannah Magnuson, Bailey Kerschietter, Taryn Basting, Michaela Fowler,
 Bekka Reed, Megan Kaiser, Jaci Clark
10. Geneseo High School
 31 52 61 71 99 (120) (186) 314
 Emily Ford, Joann Chenoweth, Danielle Dewey, Amy Cosgrove, Betsy Winberry,
 Hilary Lohmn, Natalie Shipman
11. Sycamore High School
 60 62 63 64 66 (132) (151) 315
 Tessa Strack, Nicole O'Connor, Amanda Hurst, Emma Grandgeorge, Lexie Millberg,
 Marisa Tolzin, Jordan Mottet
12. Hononegah High School
 10 38 87 91 95 (97) (165) 321
 Rachel MacDowell, Laska Kelsey, Alicia Limberg, Natalie Prescott,
 Claire Warren, Carson Sedivy, Samantha Bartlett
13. Rockford Boylan
 20 35 57 117 122 (126) (129) 351
 Ava Lowry, Kayla Droessler, Rebekah Hilby, Suzy Broski, Sally Leaf,
 Katie Beckett, Lauren Furguele
14. Sterling High School
 76 77 78 85 100 (110) (145) 416
 Mary Rose Dukelow, Brittany Ellis, Carissa Apperson, Carrie McPherson,
 Stephanie Echebarria, Hannah George, Kaylen Palmer
15. Rock Falls High School
 42 72 82 111 115 (133) (143) 422
 Savannah Davis, Lindsey Crow, Aubree Johnson, Paige Last, Cynthia Vazquez,
 Maryssa Nusbaum, Tracy Bohlken
16. Conant
 27 89 96 119 142 (146) (150) 473
 Becky Sulentic, Rebecca Moore, Daisy Robles, Melody Lien, Emily Day,
 Anna Costanza, Tulsu Joshi
17. Alleman
 68 86 98 106 116 (123) (140) 474
 Sallie Doak, Mary Adlfinger, Ally Braet, Andria Mendoza, Dani Schroeder,
 Josie Beckwith, Carrie Hoepfner

VARSITY GIRLS TEAM RESULTS

2009 Sterling HS XC Invitational
 Sterling, IL 10/10/2009 10:00 am Sunny, Dry, 40 degrees
 Directed by: Dennis Hartz

18. Dekalb High School	36	84	92	138	149	(164)	(167)	499
	Danielle Dlabal, Irisa Hescott, Christin Bothe, Alex Wade, Marissa Maeder, Jade Kleckner, Sydney Cordes							
19. Rockford Luthern High School	41	101	103	114	144	(158)	(168)	503
	Julie Buzzard, Miranda Lofgren, Beth Gustafson, Stephanie Jones, Sarah Volkert, Meghan Bradley, Callie Rezin							
20. Rochelle High School	7	46	118	160	177			508
	Michelle Dobbs, Cambrai Hull, Nicki Thorpe, Becky Zilis, Shannon Bowers							
21. Fenwick High School	29	102	107	134	155	(184)		527
	Vanessa Righeimer, Erin Wilson, Anna Mariani, Caitlyn Katsis, Luzmaria Guzman, Angela Escanilla							
22. Rockford Guilford	40	90	139	147	153	(156)	(193)	569
	Lauren Buck, Ellie Anderson, Siena Peterson, Audrey Gilfillan, Anastasia Benson, Lauren Delaney, Alyssa Gyorkos							
23. Clinton High School	19	136	170	172	173			670
	Grace Shemwell, Meggie Buikema, Sarah Marston, Kathleen Marston, Courtney Kohl							
24. United Township High School	94	109	128	159	194			684
	Amanda Pease, Autumn Vergeyle, Cassondra Billingsley, Kelsey Winter, Callie Woodard							
25. Oswego High School	30	152	166	175	181			704
	Alyson Fisher, Jessica Seeger, Tatiana Anaya, Alicia Hughes, Hilary Etheridge							
26. Belvidere High School	130	135	137	161	178	(183)		741
	Becka McCarty, Melody Mercado, Melissa Schwartz, Ashley Delreal, Amanda Delacy, Meghan Schwebke							
27. Rockford Christian High School	83	127	171	185	187	(189)	(190)	753
	Alex Childs, Abby Combs, Stephanie Sprecher, Heather Johnson, Emily Geddes, Sarah Manke, Victoria Doiel							
28. Stockton High School	80	148	169	180	182	(191)	(195)	759
	Brittni Cahill, Carly Kupersmith, Ashlynn Wampfler, Emily Dufford, Kalli Schamberger, Courtney Schamberger, Taylor Townsend							
29. Freeport High School	131	141	162	163	176	(192)		773
	Hope Stayer, Lauren Bonvillain, Katie Simler, Elizabeth Mrozek, Emily Roth, Jazmyn Welch							
30. Rockford Christian Life	154	157	174	179	188			852
	Chloe Brynteson, Angie Tompkins, Jasmine Jordan, Elizabeth McGraw, Victoria McGraw							

Oct-10-2009 11:05:55am

2009 Sterling HS XC Invitational
 Sterling, IL 10/10/2009 10:00 am Sunny, Dry, 40 degrees
 Directed by: Dennis Hartz

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
1.	1168	1	Colette Falsey	*F*	11	Schaumburg High School	18:08	6:03
2.	1177	2	Britten Petrey	*F*	11	Schaumburg High School	18:08	6:03
3.	1174	3	Karen Lesiewicz	*F*	11	Schaumburg High School	18:12	6:04
4.	429	4	Rebecca Rethwisch	*F*	11	Iowa City High School	18:42	6:14
5.	46	5	Anna Peer	*F*	9	Bettendorf	18:42	6:14
6.	498	6	Natalie Kaminski	*F*	11	Loyola Academy	18:42	6:14
7.	860	7	Michelle Dobbs	*F*	9	Rochelle High School	18:53	6:18
8.	1182	8	Jordan Wagner	*F*	11	Schaumburg High School	18:57	6:19
9.	450	9	Cassidy White	*F*	12	Iowa City High School	18:59	6:20
10.	369	10	Rachel MacDowell	*F*	11	Hononegah High School	19:00	6:20
11.	1329	11	Bailey Lippeth	*F*	10	Zion Benton High School	19:01	6:21
12.	214	12	Haley Thorpe	*F*	10	Dixon High School	19:02	6:21
13.	404	13	Melanie Holman	*F*	12	Iowa City High School	19:04	6:22
14.	48	14	Mahnee Watts	*F*	9	Bettendorf	19:07	6:23
15.	1169	15	Nora Ferguson	*F*	12	Schaumburg High School	19:11	6:24
16.	1333	16	Lorie Reid	*F*	11	Zion Benton High School	19:11	6:24
17.	395	17	Emily Fagan	*F*	12	Iowa City High School	19:16	6:26
18.	386	18	Harper Beasley	*F*	10	Iowa City High School	19:19	6:27
19.	75	19	Grace Shemwell	*F*	12	Clinton High School	19:24	6:28
20.	994	20	Ava Lowry	*F*	12	Rockford Boylan	19:27	6:29
21.	491	21	Andie Strang	*F*	11	Kaneland Maple Park	19:28	6:30
22.	1180	22	Kelsey Steenstrup	*F*	10	Schaumburg High School	19:33	6:31
23.	500	23	Ann Marie McGuire	*F*	11	Loyola Academy	19:33	6:31
24.	504	24	Rachel Price	*F*	11	Loyola Academy	19:35	6:32
25.	594	25	Kiley Saunders	*F*	10	Minooka High School	19:37	6:33
26.	638	26	Hannah Magnuson	*F*	10	Normal West High School	19:45	6:35
27.	134	27	Becky Sulentic	*F*	12	Conant	19:46	6:36
28.	45	28	Megan Nickles	*F*	9	Bettendorf	19:50	6:37
29.	267	29	Vanessa Righeimer	*F*	12	Fenwick High School	19:53	6:38
30.	672	30	Alyson Fisher	*F*	11	Oswego High School	19:54	6:38
31.	329	31	Emily Ford	*F*	9	Geneseo High School	19:57	6:39
32.	595	32	Laura Simon	*F*	9	Minooka High School	19:59	6:40
33.	209	33	Megan Burger	*F*	11	Dixon High School	19:59	6:40
34.	635	34	Bailey Kerschietter	*F*	10	Normal West High School	20:00	6:40
35.	978	35	Kayla Droessler	*F*	11	Rockford Boylan	20:02	6:41
36.	188	36	Danielle Diabai	*F*	9	Dekalb High School	20:07	6:43
37.	496	37	Siohban Cooney	*F*	11	Loyola Academy	20:07	6:43
38.	366	38	Laska Kelsey	*F*	12	Hononegah High School	20:08	6:43
39.	390	39	Anna Bruns	*F*	11	Iowa City High School	20:08	6:43
40.	1067	40	Lauren Buck	*F*	12	Rockford Guilford	20:09	6:43
41.	1122	41	Julie Buzzard	*F*	9	Rockford Luthern High School	20:10	6:44
42.	887	42	Savanah Davis	*F*	10	Rock Falls High School	20:11	6:44
43.	1181	43	Lizzie Tapia	*F*	11	Schaumburg High School	20:11	6:44
44.	596	44	Maddie Simon	*F*	11	Minooka High School	20:13	6:45
45.	213	45	Tiara Sondgeroth	*F*	10	Dixon High School	20:13	6:45
46.	861	46	Cambrai Hull	*F*	11	Rochelle High School	20:15	6:45
47.	599	47	Alex Szymanski	*F*	12	Minooka High School	20:21	6:47
48.	485	48	Abby Dodis	*F*	9	Kaneland Maple Park	20:23	6:48
49.	627	49	Taryn Basting	*F*	11	Normal West High School	20:24	6:48
50.	212	50	Chelsea Sondgeroth	*F*	11	Dixon High School	20:26	6:49
51.	590	51	Allie Rossi	*F*	11	Minooka High School	20:27	6:49
52.	325	52	Joann Chenoweth	*F*	12	Geneseo High School	20:27	6:49
53.	501	53	Michelle McGuire	*F*	9	Loyola Academy	20:28	6:50
54.	486	54	Kelly Evers	*F*	10	Kaneland Maple Park	20:28	6:50
55.	1325	55	Rachel Armstrong	*F*	12	Zion Benton High School	20:29	6:50
56.	489	56	Lisa Roberson	*F*	12	Kaneland Maple Park	20:29	6:50
57.	984	57	Rebekah Hilby	*F*	11	Rockford Boylan	20:32	6:51
58.	44	58	Dana Ewan	*F*	10	Bettendorf	20:34	6:52
59.	482	59	Maggie Brundige	*F*	9	Kaneland Maple Park	20:35	6:52
60.	1298	60	Tessa Strack	*F*	10	Sycamore High School	20:36	6:52
61.	328	61	Danielle Dewey	*F*	12	Geneseo High School	20:36	6:52
62.	1289	62	Nicole O'Connor	*F*	12	Sycamore High School	20:36	6:52
63.	1277	63	Amanda Hurst	*F*	11	Sycamore High School	20:39	6:53
64.	1272	64	Emma Grandgeorge	*F*	12	Sycamore High School	20:40	6:54
65.	43	65	Solveig Entwistle	*F*	12	Bettendorf	20:42	6:54

VARSITY GIRLS RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/10/2009 10:00 am Sunny, Dry, 40 degrees
Directed by: Dennis Hartz

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
66.	1285	66	Lexie Millberg	*F*	12	Sycamore High School	20:45	6:55
67.	632	67	Michaela Fowler	*F*	10	Normal West High School	20:47	6:56
68.	30	68	Sallie Doak	*F*	9	Alleman	20:48	6:56
69.	1328	69	Shannon Lauret	*F*	11	Zion Benton High School	20:52	6:58
70.	1335	70	Kristen Whiteside	*F*	12	Zion Benton High School	20:53	6:58
71.	327	71	Amy Cosgrove	*F*	12	Geneseo High School	20:53	6:58
72.	885	72	Lindsey Crow	*F*	9	Rock Falls High School	20:53	6:58
73.	570	73	Devin Doran	*F*	9	Minooka High School	20:55	6:58
74.	492	74	Emily Blabolil	*F*	12	Loyola Academy	20:55	6:59
75.	481	75	Kris Bowen	*F*	11	Kaneland Maple Park	20:56	6:59
76.	1200	76	Mary Rose Dukelow	*F*	12	Sterling High School	20:57	6:59
77.	1202	77	Brittany Ellis	*F*	11	Sterling High School	20:58	7:00
78.	1195	78	Carissa Apperson	*F*	12	Sterling High School	21:00	7:00
79.	210	79	Liz Hilliard	*F*	12	Dixon High School	21:00	7:00
80.	1217	80	Brittni Cahill	*F*	12	Stockton High School	21:01	7:01
81.	499	81	Rose McBride	*F*	9	Loyola Academy	21:02	7:01
82.	889	82	Aubree Johnson	*F*	9	Rock Falls High School	21:05	7:02
83.	1023	83	Alex Childs	*F*	9	Rockford Christian High Scho	21:06	7:02
84.	826		Alix Forristall	*F*	11	Princeton High School	21:07	7:03
85.	190	84	Irisa Hescott	*F*	10	Dekalb High School	21:07	7:03
86.	1208	85	Carrie McPherson	*F*	10	Sterling High School	21:07	7:03
87.	25	86	Mary Adlfinger	*F*	10	Alleman	21:08	7:03
88.	367	87	Alicia Limberg	*F*	11	Hononegah High School	21:08	7:03
89.	641	88	Bekka Rood	*F*	9	Normal West High School	21:09	7:03
90.	150	89	Rebecca Moore	*F*	10	Conant	21:09	7:03
91.	1064	90	Ellie Anderson	*F*	10	Rockford Guilford	21:10	7:04
92.	375	91	Natalie Prescott	*F*	9	Hononegah High School	21:10	7:04
93.	186	92	Christin Bothe	*F*	9	Dekalb High School	21:13	7:05
94.	633	93	Megan Kaiser	*F*	9	Normal West High School	21:16	7:06
95.	1319	94	Amanda Pease	*F*	12	United Township High School	21:17	7:06
96.	379	95	Claire Warren	*F*	10	Hononegah High School	21:17	7:06
97.	158	96	Daisy Robles	*F*	11	Conant	21:18	7:06
98.	377	97	Earson Sedivy	*F*	10	Hononegah High School	21:18	7:06
99.	27	98	Ally Braet	*F*	11	Alleman	21:20	7:07
100.	335	99	Betsy Winberry	*F*	12	Geneseo High School	21:20	7:07
101.	1201	100	Stephanie Echebarria	*F*	11	Sterling High School	21:22	7:08
102.	1133	101	Miranda Lofgren	*F*	12	Rockford Lutheran High School	21:23	7:08
103.	271	102	Erin Wilson	*F*	12	Fenwick High School	21:24	7:08
104.	923		Jessica Bacon	*F*	11	Rock Island High School	21:25	7:09
105.	1128	103	Beth Gustafson	*F*	12	Rockford Lutheran High School	21:26	7:09
106.	211	104	Kate Johnson	*F*	10	Dixon High School	21:28	7:10
107.	1334	105	Christina Rojas	*F*	11	Zion Benton High School	21:29	7:10
108.	35	106	Andria Mendoza	*F*	11	Alleman	21:29	7:10
109.	262	107	Anna Mariani	*F*	11	Fenwick High School	21:30	7:10
110.	1326	108	Lisa Fitzgibbons	*F*	12	Zion Benton High School	21:30	7:10
111.	1322	109	Autumn Vergeyle	*F*	10	United Township High School	21:30	7:10
112.	1203	110	Hannah George	*F*	9	Sterling High School	21:31	7:11
113.	890	111	Paige Last	*F*	11	Rock Falls High School	21:31	7:11
114.	629	112	Jaci Clark	*F*	11	Normal West High School	21:33	7:11
115.	583	113	Rachel Morman	*F*	12	Minooka High School	21:35	7:12
116.	1131	114	Stephanie Jones	*F*	9	Rockford Lutheran High School	21:37	7:13
117.	896	115	Cynthia Vazquez	*F*	12	Rock Falls High School	21:39	7:13
118.	36	116	Dani Schroeder	*F*	11	Alleman	21:41	7:14
119.	974	117	Suzu Broski	*F*	11	Rockford Boylan	21:41	7:14
120.	863	118	Nicki Thorpe	*F*	12	Rochelle High School	21:45	7:15
121.	147	119	Melody Lien	*F*	9	Conant	21:46	7:15
122.	332	120	Hilary Lohmn	*F*	11	Geneseo High School	21:46	7:16
123.	47	121	Arianna Schabillon	*F*	11	Bettendorf	21:47	7:16
124.	993	122	Sally Leaf	*F*	12	Rockford Boylan	21:47	7:16
125.	26	123	Josie Beckwith	*F*	10	Alleman	21:48	7:16
126.	488	124	Shelby Koester	*F*	12	Kaneland Maple Park	21:51	7:17
127.	41	125	Bricelyn Schultz	*F*	9	Bettendorf	21:55	7:19
128.	973	126	Katie Beckett	*F*	12	Rockford Boylan	21:56	7:19
129.	1024	127	Abby Combs	*F*	11	Rockford Christian High Scho	22:00	7:20
130.	1318	128	Cassondra Billingsley	*F*	12	United Township High School	22:02	7:21

VARSITY GIRLS RESULTS

2009 Sterling HS XC Invitational
 Sterling, IL 10/10/2009 10:00 am Sunny, Dry, 40 degrees
 Directed by: Dennis Hartz

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
131.	981	129	Lauren Furguele	*F*	12	Rockford Boylan	22:03	7:21
132.	1354	130	Becka McCarty	*F*	10	Belvidere High School	22:04	7:22
133.	300	131	Hope Stayer	*F*	12	Freeport High School	22:08	7:23
134.	1300	132	Marisa Tolzin	*F*	12	Sycamore High School	22:10	7:24
135.	894	133	Maryssa Nusbaum	*F*	11	Rock Falls High School	22:13	7:25
136.	260	134	Caitlyn Katsis	*F*	12	Fenwick High School	22:17	7:26
137.	1358	135	Melody Mercado	*F*	9	Belvidere High School	22:19	7:27
138.	68	136	Meggie Buikema	*F*	10	Clinton High School	22:20	7:27
139.	1347	137	Melissa Schwartz	*F*	11	Belvidere High School	22:23	7:28
140.	197	138	Alex Wade	*F*	11	Dekalb High School	22:24	7:28
141.	1075	139	Siena Peterson	*F*	9	Rockford Guilford	22:24	7:28
142.	33	140	Carrie Hoepfner	*F*	10	Alleman	22:25	7:29
143.	288	141	Lauren Bonvillain	*F*	12	Freeport High School	22:26	7:29
144.	135	142	Emily Day	*F*	9	Conant	22:26	7:29
145.	883	143	Tracy Bohlken	*F*	9	Rock Falls High School	22:27	7:29
146.	1136	144	Sarah Volkert	*F*	11	Rockford Luthern High School	22:28	7:30
147.	1209	145	Kaylen Palmer	*F*	11	Sterling High School	22:30	7:30
148.	132	146	Anna Costanza	*F*	12	Conant	22:34	7:32
149.	1070	147	Audrey Gilfillan	*F*	9	Rockford Guilford	22:35	7:32
150.	1220	148	Carly Kupersmith	*F*	11	Stockton High School	22:38	7:33
151.	192	149	Marissa Maeder	*F*	9	Dekalb High School	22:40	7:34
152.	143	150	Tulsi Joshi	*F*	10	Conant	22:44	7:35
153.	836		Molly Stephens	*F*	12	Princeton High School	22:49	7:37
154.	1288	151	Jordan Mottet	*F*	12	Sycamore High School	22:53	7:38
155.	679	152	Jessica Seeger	*F*	12	Oswego High School	22:53	7:38
156.	1065	153	Anastasia Benson	*F*	11	Rockford Guilford	22:54	7:38
157.	1370	154	Chloe Brynteson	*F*	11	Rockford Christian Life	22:55	7:39
158.	258	155	Luzmaria Guzman	*F*	11	Fenwick High School	22:55	7:39
159.	1069	156	Lauren Delaney	*F*	12	Rockford Guilford	22:56	7:39
160.	1369	157	Angie Tompkins	*F*	11	Rockford Christian Life	22:58	7:40
161.	1121	158	Meghan Bradley	*F*	12	Rockford Luthern High School	22:58	7:40
162.	1323	159	Kelsey Winter	*F*	12	United Township High School	22:59	7:40
163.	864	160	Becky Zilis	*F*	12	Rochelle High School	23:00	7:40
164.	1356	161	Ashley Delreal	*F*	9	Belvidere High School	23:03	7:41
165.	927		MacKenzie Heriford	*F*	11	Rock Island High School	23:03	7:41
166.	299	162	Katie Simler	*F*	10	Freeport High School	23:05	7:42
167.	295	163	Elizabeth Mrozek	*F*	12	Freeport High School	23:22	7:48
168.	191	164	Jade Kleckner	*F*	10	Dekalb High School	23:23	7:48
169.	358	165	Samantha Bartlett	*F*	11	Hononegah High School	23:26	7:49
170.	668	166	Tatiana Anaya	*F*	11	Oswego High School	23:29	7:50
171.	187	167	Sydney Cordes	*F*	9	Dekalb High School	23:32	7:51
172.	1135	168	Callie Rezin	*F*	11	Rockford Luthern High School	23:36	7:52
173.	1225	169	Ashlynn Wampfler	*F*	11	Stockton High School	23:38	7:53
174.	74	170	Sarah Marston	*F*	11	Clinton High School	23:41	7:54
175.	1030	171	Stephanie Sprecher	*F*	12	Rockford Christian High Scho	23:46	7:56
176.	73	172	Kathleen Marston	*F*	9	Clinton High School	23:48	7:56
177.	72	173	Courtney Kohl	*F*	11	Clinton High School	23:51	7:57
178.	1375	174	Jasmine Jordan	*F*	12	Rockford Christian Life	23:56	7:59
179.	674	175	Alicia Hughes	*F*	11	Oswego High School	24:06	8:02
180.	298	176	Emily Roth	*F*	12	Freeport High School	24:08	8:03
181.	859	177	Shannon Bowers	*F*	9	Rochelle High School	24:14	8:05
182.	1350	178	Amanda Delacy	*F*	11	Belvidere High School	24:34	8:12
183.	1368	179	Elizabeth McGraw	*F*	11	Rockford Christian Life	24:44	8:15
184.	929		Ariana Jakobsen	*F*	11	Rock Island High School	24:49	8:17
185.	1219	180	Emily Dufford	*F*	10	Stockton High School	24:53	8:18
186.	671	181	Hilary Etheridge	*F*	11	Oswego High School	24:54	8:18
187.	1222	182	Kalli Schamberger	*F*	11	Stockton High School	24:56	8:19
188.	1345	183	Meghan Schwebke	*F*	12	Belvidere High School	24:57	8:19
189.	256	184	Angela Escanilla	*F*	11	Fenwick High School	24:59	8:20
190.	1027	185	Heather Johnson	*F*	12	Rockford Christian High Scho	25:03	8:21
191.	334	186	Natalie Shipman	*F*	11	Geneseo High School	25:04	8:22
192.	1379	187	Emily Geddes	*F*	10	Rockford Christian High Scho	25:24	8:28
193.	835		Trisha Smith	*F*	11	Princeton High School	25:37	8:33
194.	1367	188	Victoria McGraw	*F*	11	Rockford Christian Life	25:37	8:33
195.	1028	189	Sarah Manke	*F*	12	Rockford Christian High Scho	25:47	8:36

VARSITY GIRLS RESULTS

2009 Sterling HS XC Invitational

Sterling, IL 10/10/2009 10:00 am Sunny, Dry, 40 degrees

Directed by: Dennis Hartz

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
196.	1025	190	Victoria Doiel	*F*	12	Rockford Christian High Scho	25:56	8:39
197.	1221	191	Courtney Schamberger	*F*	12	Stockton High School	26:37	8:53
198.	302	192	Jazmyn Welch	*F*	12	Freeport High School	26:56	8:59
199.	824		Hannah Bachman	*F*	12	Princeton High School	27:19	9:07
200.	1073	193	Alyssa Gyorkos	*F*	10	Rockford Guilford	27:20	9:07
201.	1324	194	Callie Woodard	*F*	10	United Township High School	27:45	9:15
202.	926		Vikki Heiman	*F*	11	Rock Island High School	28:21	9:27
203.	1224	195	Taylor Townsend	*F*	11	Stockton High School	29:37	9:53

VARSITY BOYS TEAM RESULTS

2009 Sterling HS XC Invitational
 Sterling, IL 10/10/2009 10:30 am Sunny, Dry, 41 degrees
 Directed by: Dennis Hartz

1. Fenwick High School	2	8	15	20	26	(30)	(39)	71
Martin Grady, Bill Toohey, Steve Blazer, Matt Shannon, Ian Barnett, Ryan Clardy, Dan Yerkes								
2. Minooka High School	11	17	18	21	36	(55)	(107)	103
Kyle Smith, Joe Santillo, Sean Coyle, Joe McAsey, Andrew Carpenter, Danny Bahret, Ben Heide								
3. Schaumburg High School	1	22	27	37	41	(66)	(82)	128
Pat Lesiewicz, Pat O'Connell, Mike Perry, Tyler Anderson, Connor Prizy, Pat Swiech, Evan Prizy								
4. Pleasant Valley High School	6	10	13	52	64	(74)	(91)	145
Tyler Meseke, Cody Doughan, Austin O'Brien, Evan Schommer, Trevor Johnson, Johnathon Creighton, Danny Herzberg								
5. Hononegah High School	5	19	23	48	56	(72)	(114)	151
Kevin Jacobs, Ryan Ballard, Dragan Simic, Jacob Schof, Blake Miglin, Tyler Randolph, Cody Anderson								
6. Conant	12	25	31	43	73	(98)	(131)	184
Muhammad Tayyab, Sean Chaudhari, Alexander Miller, Troy Cunningham, Nikhil Byanna, Yoshiaki Takahashi, Tyler Schneider								
7. Kaneland Maple Park	14	34	35	46	61	(87)	(88)	190
Trevor Holm, Matt Reusche, Dominic Furco, Logan Markuson, Edgar Valle, Joe Levita, Grant Alef								
8. Normal West High School	7	16	28	68	84	(106)	(134)	203
Drew Kerschieter, Bryce Basting, Hayden Ringer, Roman Endrizzi, Jeremy Kemp, Adam Augspurger, Austin Baer								
9. Sycamore High School	9	47	51	57	63	(78)	(83)	227
Tyson Kinsley, Mitchell Aase, Aaron Klein, Brett Harto, Steven Konwinski, Ryan Fraedrich, Aaron Pasch								
10. Dixon High School	29	33	54	71	89	(93)	(95)	276
Zach Payne, Ross Kavanagh, Roy Hummel, Spencer Hill, Brock Mayberry, Aaron Grady, Keanen Corning								
11. Alleman	58	62	67	69	128	(144)	(150)	384
Matt Billingsley, Austin Teel, Liam Otto, Ethan Adlfinger, Joe McLaughlin, Topher Carton, Blake Larsen								
12. Rock Falls High School	42	60	80	102	112	(121)	(170)	396
Zach Billings, Nathan Hudson, Chris Gallegos, Brandt Cole, Sean Leaf, Brok Lewis, Tyler Carber								
13. Rockford Boylan	38	70	99	108	109	(132)	(141)	424
Matthew Melloch, David Bohn, David Lynch, Mark Chapman, Alec Filak, Austin Walsh, Al Snyder								
14. Rockford Christian High School	3	45	115	127	137	(147)	(148)	427
Justin Rehfeldt, Ryan Jepson, Eric Vermillion, Gabe Orem, Chris Donovan, Tyler Menge, Brandon Robyn								
15. Oswego High School	65	79	90	105	113	(118)	(129)	452
Jared Konrardy, Zack Kingsbury, Caleb Beck, Adam Lowry, Troy Schwerin, Adam Hiemenz, Rj Salerno								
16. Freeport High School	40	59	85	124	153	(159)	(169)	461
Bj Smith, Nick Morwood, Jimmy Glynn, Chris Gabriel, Raghav Saini, Steffa Brentner, Collin McKinney								
17. Rock Island High School	75	81	92	100	125	(140)	(145)	473
Aubrey Barnes, Tyler Wagener, Dakota Beavers, Dominic Leone, Denzel Gay, Marcus Gaffney, Josh Downing								

VARSITY BOYS TEAM RESULTS

2009 Sterling HS XC Invitational
 Sterling, IL 10/10/2009 10:30 am Sunny, Dry, 41 degrees
 Directed by: Dennis Hartz

18. Plainfield North High School
 53 77 104 122 133 (152) (157) 489
 Austin Stone, John Price, Jake Dembroski, Mike Meridith, Avery Peterson,
 Mark Wooldridge, Tyler Visek
19. Rockford East High School
 76 96 97 103 123 (156) (174) 495
 Gomez Spooky, Larson Nick, Tillman Matt, Mackey Austin, Randels Tyler,
 Friberg Matthew, Porter Term
20. Clinton High School
 49 101 111 117 119 (126) (139) 497
 Evan Tuisl, Andrew Tuisl, Sean Determan, Emanuel Marcos-Teles,
 Blake Tinderholt, Rg Genko, Franklin Bark
21. Rochelle High School
 32 86 135 142 161 (162) (171) 556
 Tim White, Kevin Smith, Tyler Rivera, John Wendling, Kyle Swezey,
 Randall Moss, Danza Walsh
22. Dekalb High School
 24 116 120 143 158 (163) (166) 561
 Nick Schrader, Dalton Bates, Matt Shamuluas, Jordan Wellman, Chris Meyers,
 Danny Wilson, Matt Pharienbecker
23. Geneseo High School
 44 94 130 160 167 (168) (173) 595
 Thomas Sigwalt, Chad Ford, Branden Smith, John Mullin, Paul West,
 Andrew Kellogg, Cameron Hodgson
24. Rockford Luthern High School
 50 110 138 146 154 (155) (165) 598
 Ian Lofgren, Zach Dougherty, Matt Lenser, Jaden Stigman, Matthew Gustafson,
 Greg Harris, Martin Dobler
25. United Township High School
 4 151 177 178 179 689
 Cody Webster, Carl Woodard, William Myers, Mitch Ballegeer, Tyler Willis
26. Rockford Guilford
 136 149 164 172 175 (176) 796
 Jamid Rodriguez, Benn Claussen, Nick Moallem, Scott Groom, Taylor Norris,
 Bryan Buck

Oct-10-2009 11:30:42am

VARSITY BOYS RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/10/2009 10:30 am Sunny, Dry, 41 degrees
Directed by: Dennis Hartz

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
1.	1147	1	Pat Lesiewicz	M	12	Schaumburg High School	15:02	5:01
2.	238	2	Martin Grady	M	12	Fenwick High School	15:06	5:02
3.	1018	3	Justin Rehfeldt	M	11	Rockford Christian High Scho	15:33	5:11
4.	1315	4	Cody Webster	M	11	United Township High School	15:33	5:11
5.	345	5	Kevin Jacobs	M	12	Hononegah High School	15:40	5:14
6.	730	6	Tyler Meseke	M	11	Pleasant Valley High School	15:48	5:16
7.	615	7	Drew Kerschier	M	11	Normal West High School	15:50	5:17
8.	250	8	Bill Toohey	M	12	Fenwick High School	15:59	5:20
9.	1245	9	Tyson Kinsley	M	12	Sycamore High School	16:01	5:21
10.	711	10	Cody Doughan	M	12	Pleasant Valley High School	16:02	5:21
11.	559	11	Kyle Smith	M	10	Minooka High School	16:04	5:22
12.	119	12	Muhammad Tayyab	M	12	Conant	16:05	5:22
13.	736	13	Austin O'Brien	M	12	Pleasant Valley High School	16:07	5:23
14.	460	14	Trevor Holm	M	11	Kaneland Maple Park	16:08	5:23
15.	228	15	Steve Blazer	M	11	Fenwick High School	16:08	5:23
16.	605	16	Bryce Basting	M	11	Normal West High School	16:10	5:24
17.	557	17	Joe Santillo	M	9	Minooka High School	16:11	5:24
18.	517	18	Sean Coyle	M	12	Minooka High School	16:13	5:25
19.	338	19	Ryan Ballard	M	12	Hononegah High School	16:15	5:25
20.	247	20	Matt Shannon	M	12	Fenwick High School	16:16	5:26
21.	544	21	Joe McAsey	M	11	Minooka High School	16:17	5:26
22.	1151	22	Pat O'Connell	M	11	Schaumburg High School	16:18	5:26
23.	354	23	Dragan Simic	M	10	Hononegah High School	16:20	5:27
24.	181	24	Nick Schrader	M	12	Dekalb High School	16:22	5:28
25.	83	25	Sean Chaudhari	M	12	Conant	16:23	5:28
26.	226	26	Ian Barnett	M	11	Fenwick High School	16:24	5:28
27.	1152	27	Mike Perry	M	12	Schaumburg High School	16:24	5:28
28.	619	28	Hayden Ringer	M	12	Normal West High School	16:25	5:29
29.	206	29	Zach Payne	M	10	Dixon High School	16:26	5:29
30.	230	30	Ryan Clardy	M	10	Fenwick High School	16:27	5:29
31.	106	31	Alexander Miller	M	10	Conant	16:28	5:30
32.	1188		Jacob Landis	M	11	Sterling High School	16:31	5:31
33.	856	32	Tim White	M	12	Rochelle High School	16:31	5:31
34.	204	33	Ross Kavanagh	M	12	Dixon High School	16:35	5:32
35.	475	34	Matt Reusche	M	12	Kaneland Maple Park	16:35	5:32
36.	456	35	Dominic Furco	M	12	Kaneland Maple Park	16:37	5:33
37.	515	36	Andrew Carpenter	M	10	Minooka High School	16:38	5:33
38.	1138	37	Tyler Anderson	M	10	Schaumburg High School	16:39	5:33
39.	957	38	Matthew Melloch	M	11	Rockford Boylan	16:40	5:34
40.	251	39	Dan Yerkes	M	12	Fenwick High School	16:41	5:34
41.	284	40	Bj Smith	M	9	Freeport High School	16:44	5:35
42.	1153	41	Connor Prizy	M	11	Schaumburg High School	16:44	5:35
43.	865	42	Zach Billings	M	11	Rock Falls High School	16:46	5:36
44.	85	43	Troy Cunningham	M	11	Conant	16:47	5:36
45.	319	44	Thomas Sigwalt	M	11	Geneseo High School	16:47	5:36
46.	1014	45	Ryan Jepson	M	12	Rockford Christian High Scho	16:49	5:37
47.	466	46	Logan Markuson	M	12	Kaneland Maple Park	16:49	5:37
48.	1226	47	Mitchell Aase	M	12	Sycamore High School	16:49	5:37
49.	352	48	Jacob Schof	M	12	Hononegah High School	16:50	5:37
50.	67	49	Evan Tuisl	M	11	Clinton High School	16:50	5:37
51.	1116	50	Ian Lofgren	M	11	Rockford Lutheran High School	16:50	5:37
52.	1246	51	Aaron Klein	M	12	Sycamore High School	16:52	5:38
53.	741	52	Evan Schommer	M	11	Pleasant Valley High School	16:54	5:38
54.	694	53	Austin Stone	M	12	Plainfield North High School	16:54	5:38
55.	203	54	Roy Hummel	M	9	Dixon High School	16:55	5:39
56.	511	55	Danny Bahret	M	11	Minooka High School	16:55	5:39
57.	348	56	Blake Miglin	M	12	Hononegah High School	16:56	5:39
58.	1239	57	Brett Harto	M	12	Sycamore High School	16:56	5:39
59.	2	58	Matt Billingsley	M	11	Alleman	16:56	5:39
60.	280	59	Nick Morwood	M	11	Freeport High School	16:57	5:39
61.	876	60	Nathan Hudson	M	11	Rock Falls High School	16:57	5:39
62.	479	61	Edgar Valle	M	12	Kaneland Maple Park	16:59	5:40
63.	19	62	Austin Teel	M	11	Alleman	17:00	5:40
64.	1247	63	Steven Konwinski	M	12	Sycamore High School	17:00	5:40
65.	720	64	Trevor Johnson	M	10	Pleasant Valley High School	17:01	5:41

VARSITY BOYS RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/10/2009 10:30 am Sunny, Dry, 41 degrees
Directed by: Dennis Hartz

Place	No.	TmPI	Name	Sex	Yr	Team	TIME	Pace
66.	658	65	Jared Konrardy	M	10	Oswego High School	17:02	5:41
67.	1158	66	Pat Swiech	M	10	Schaumburg High School	17:02	5:41
68.	14	67	Liam Otto	M	9	Alleman	17:03	5:41
69.	609	68	Roman Endrizzi	M	11	Normal West High School	17:03	5:41
70.	1	69	Ethan Adlfinger	M	9	Alleman	17:04	5:42
71.	938	70	David Bohn	M	12	Rockford Boylan	17:04	5:42
72.	202	71	Spencer Hill	M	12	Dixon High School	17:06	5:42
73.	349	72	Tyler Randolph	M	11	Hononegah High School	17:06	5:42
74.	80	73	Nikhil Byanna	M	11	Conant	17:07	5:43
75.	710	74	Johnathon Creighton	M	11	Pleasant Valley High School	17:09	5:43
76.	900	75	Aubrey Barnes	M	12	Rock Island High School	17:10	5:44
77.	1040	76	Gomez Spooky	M	11	Rockford East High School	17:11	5:44
78.	689	77	John Price	M	11	Plainfield North High School	17:12	5:44
79.	1234	78	Ryan Fraedrich	M	12	Sycamore High School	17:13	5:45
80.	657	79	Zack Kingsbury	M	10	Oswego High School	17:14	5:45
81.	1336		Josh Pedroza	M	11	Belvidere High School	17:14	5:45
82.	871	80	Chris Gallegos	M	11	Rock Falls High School	17:15	5:45
83.	920	81	Tyler Wagener	M	12	Rock Island High School	17:16	5:46
84.	1154	82	Evan Prizy	M	9	Schaumburg High School	17:16	5:46
85.	1253	83	Aaron Pasch	M	12	Sycamore High School	17:18	5:46
86.	614	84	Jeremy Kemp	M	11	Normal West High School	17:18	5:46
87.	274	85	Jimmy Glynn	M	10	Freeport High School	17:18	5:46
88.	851	86	Kevin Smith	M	10	Rochelle High School	17:19	5:47
89.	465	87	Joe Levita	M	12	Kaneland Maple Park	17:19	5:47
90.	453	88	Grant Alef	M	11	Kaneland Maple Park	17:20	5:47
91.	205	89	Brock Mayberry	M	12	Dixon High School	17:21	5:47
92.	649	90	Caleb Beck	M	9	Oswego High School	17:21	5:47
93.	718	91	Danny Herzberg	M	11	Pleasant Valley High School	17:24	5:48
94.	901	92	Dakota Beavers	M	12	Rock Island High School	17:24	5:48
95.	200	93	Aaron Grady	M	11	Dixon High School	17:24	5:48
96.	307	94	Chad Ford	M	12	Geneseo High School	17:25	5:49
97.	199	95	Keanen Corning	M	11	Dixon High School	17:28	5:49
98.	1038	96	Larson Nick	M	10	Rockford East High School	17:28	5:50
99.	1036	97	Tillman Matt	M	11	Rockford East High School	17:33	5:51
100.	118	98	Yoshiaki Takahashi	M	12	Conant	17:33	5:51
101.	952	99	David Lynch	M	11	Rockford Boylan	17:35	5:52
102.	914	100	Dominic Leone	M	11	Rock Island High School	17:35	5:52
103.	66	101	Andrew Tuisi	M	11	Clinton High School	17:37	5:53
104.	868	102	Brandt Cole	M	9	Rock Falls High School	17:38	5:53
105.	1031	103	Mackey Austin	M	10	Rockford East High School	17:40	5:54
106.	684	104	Jake Dembroski	M	11	Plainfield North High School	17:41	5:54
107.	660	105	Adam Lowry	M	10	Oswego High School	17:42	5:54
108.	603	106	Adam Augspurger	M	12	Normal West High School	17:43	5:55
109.	528	107	Ben Heide	M	10	Minooka High School	17:44	5:55
110.	940	108	Mark Chapman	M	12	Rockford Boylan	17:45	5:55
111.	945	109	Alec Filak	M	11	Rockford Boylan	17:45	5:55
112.	1110	110	Zach Dougherty	M	11	Rockford Lutheran High School	17:46	5:56
113.	54	111	Sean Determan	M	12	Clinton High School	17:46	5:56
114.	877	112	Sean Leaf	M	12	Rock Falls High School	17:49	5:57
115.	667	113	Troy Schwerin	M	10	Oswego High School	17:49	5:57
116.	336	114	Cody Anderson	M	11	Hononegah High School	17:50	5:57
117.	1021	115	Eric Vermillion	M	11	Rockford Christian High Scho	17:51	5:57
118.	165	116	Dalton Bates	M	10	Dekalb High School	17:53	5:58
119.	61	117	Emanuel Marcos-Teles	M	9	Clinton High School	17:53	5:58
120.	1191		Andrew McCormick	M	12	Sterling High School	17:54	5:58
121.	655	118	Adam Hiemenz	M	12	Oswego High School	17:56	5:59
122.	65	119	Blake Tinderholt	M	10	Clinton High School	17:59	6:00
123.	182	120	Matt Shamulus	M	10	Dekalb High School	18:00	6:00
124.	878	121	Brok Lewis	M	11	Rock Falls High School	18:02	6:01
125.	687	122	Mike Meridith	M	12	Plainfield North High School	18:02	6:01
126.	1042	123	Randels Tyler	M	11	Rockford East High School	18:03	6:01
127.	273	124	Chris Gabriel	M	12	Freeport High School	18:03	6:01
128.	907	125	Denzel Gay	M	11	Rock Island High School	18:05	6:02
129.	57	126	Rg Genko	M	11	Clinton High School	18:05	6:02
130.	1017	127	Gabe Orem	M	12	Rockford Christian High Scho	18:06	6:02

VARSITY BOYS RESULTS

2009 Sterling HS XC Invitational
 Sterling, IL 10/10/2009 10:30 am Sunny, Dry, 41 degrees
 Directed by: Dennis Hartz

Place	No.	TmPl	Name	Sex	Yr	Team	TIME	Pace
131.	11	128	Joe McLaughlin	M	10	Alleman	18:07	6:03
132.	665	129	Rj Salerno	M	10	Oswego High School	18:09	6:03
133.	320	130	Branden Smith	M	11	Geneseo High School	18:11	6:04
134.	113	131	Tyler Schneider	M	10	Conant	18:12	6:04
135.	968	132	Austin Walsh	M	12	Rockford Boylan	18:20	6:07
136.	688	133	Avery Peterson	M	12	Plainfield North High School	18:21	6:07
137.	604	134	Austin Baer	M	12	Normal West High School	18:23	6:08
138.	850	135	Tyler Rivera	M	9	Rochelle High School	18:25	6:09
139.	1062	136	Jamid Rodriquez	M	10	Rockford Guilford	18:27	6:09
140.	1013	137	Chris Donovan	M	11	Rockford Christian High Scho	18:31	6:11
141.	1115	138	Matt Lenser	M	9	Rockford Luthern High School	18:34	6:12
142.	818		Jacob Mead	M	11	Princeton High School	18:36	6:12
143.	50	139	Franklin Bark	M	11	Clinton High School	18:38	6:13
144.	906	140	Marcus Gaffney	M	11	Rock Island High School	18:40	6:14
145.	964	141	Al Snyder	M	11	Rockford Boylan	18:40	6:14
146.	855	142	John Wendling	M	12	Rochelle High School	18:41	6:14
147.	184	143	Jordan Wellman	M	11	DeKalb High School	18:43	6:15
148.	6	144	Topher Carton	M	10	Alleman	18:45	6:15
149.	903	145	Josh Downing	M	11	Rock Island High School	18:47	6:16
150.	1119	146	Jaden Stigman	M	9	Rockford Luthern High School	18:49	6:17
151.	1016	147	Tyler Menge	M	10	Rockford Christian High Scho	18:52	6:18
152.	819		Greg Musselman	M	11	Princeton High School	18:56	6:19
153.	1019	148	Brandon Robyn	M	12	Rockford Christian High Scho	18:57	6:19
154.	1053	149	Benn Claussen	M	11	Rockford Guilford	18:58	6:20
155.	10	150	Blake Larsen	M	11	Alleman	19:00	6:20
156.	1317	151	Carl Woodard	M	12	United Township High School	19:02	6:21
157.	699	152	Mark Wooldridge	M	11	Plainfield North High School	19:05	6:22
158.	282	153	Raghav Saini	M	12	Freeport High School	19:07	6:23
159.	1112	154	Matthew Gustafson	M	9	Rockford Luthern High School	19:07	6:23
160.	1113	155	Greg Harris	M	11	Rockford Luthern High School	19:08	6:23
161.	1184		Robert Clifton	M	11	Sterling High School	19:15	6:25
162.	1037	156	Friberg Matthew	M	11	Rockford East High School	19:18	6:26
163.	696	157	Tyler Visek	M	11	Plainfield North High School	19:20	6:27
164.	175	158	Chris Meyers	M	10	Dekalb High School	19:21	6:27
165.	272	159	Steffa Brentner	M	10	Freeport High School	19:22	6:28
166.	1194		Travis Waldschmidt	M	11	Sterling High School	19:32	6:31
167.	314	160	John Mullin	M	11	Geneseo High School	19:33	6:31
168.	852	161	Kyle Swezey	M	10	Rochelle High School	19:34	6:32
169.	1338		Kirk Johnston	M	11	Belvidere High School	19:38	6:33
170.	849	162	Randall Moss	M	12	Rochelle High School	19:39	6:33
171.	185	163	Danny Wilson	M	12	Dekalb High School	19:41	6:34
172.	1059	164	Nick Moallem	M	10	Rockford Guilford	19:46	6:36
173.	1109	165	Martin Dobler	M	12	Rockford Luthern High School	19:48	6:36
174.	179	166	Matt Phanenbecker	M	11	Dekalb High School	20:06	6:42
175.	323	167	Paul West	M	12	Geneseo High School	20:09	6:43
176.	310	168	Andrew Kellogg	M	12	Geneseo High School	20:13	6:45
177.	279	169	Collin McKinney	M	10	Freeport High School	20:13	6:45
178.	820		Cody Schertz	M	11	Princeton High School	20:18	6:46
179.	814		Ryan Arndt	M	11	Princeton High School	20:19	6:47
180.	867	170	Tyler Carber	M	11	Rock Falls High School	20:21	6:47
181.	1339		Joe Williams	M	10	Belvidere High School	20:23	6:48
182.	854	171	Danza Walsh	M	11	Rochelle High School	20:28	6:50
183.	1054	172	Scott Groom	M	10	Rockford Guilford	20:39	6:53
184.	309	173	Cameron Hodgson	M	12	Geneseo High School	20:50	6:57
185.	1041	174	Porter Term	M	12	Rockford East High School	20:55	6:59
186.	1061	175	Taylor Norris	M	10	Rockford Guilford	20:57	6:59
187.	1052	176	Bryan Buck	M	11	Rockford Guilford	21:54	7:18
188.	1310	177	William Myers	M	12	United Township High School	21:58	7:20
189.	1303	178	Mitch Ballegeer	M	10	United Township High School	22:22	7:28
190.	1337		Hunter Anderson	M	11	Belvidere High School	23:13	7:45
191.	1316	179	Tyler Willis	M	11	United Township High School	23:38	7:53

OPEN GIRLS RESULTS

19 Sterling HS XC Invitational
 0/2009 11:00 am Sunny, Dry, 43 degrees
 Directed by: Dennis Hartz

			Sex	Yr	Team	TIME	Pace
1.	808	Laura Thomsen	*F*	11	Pleasant Valley High School	20:13	6:44
2.	397	Ashley Fuller	*F*	11	Iowa City High School	20:27	6:49
3.	407	Danielle Hudachek	*F*	11	Iowa City High School	20:37	6:53
4.	415	Maggie Mahaffa	*F*	11	Iowa City High School	20:41	6:54
5.	421	Britney Opheim	*F*	12	Iowa City High School	20:43	6:55
6.	493	Amanda Bombard	*F*	9	Loyola Academy	20:45	6:55
7.	505	Sarah Ryan	*F*	12	Loyola Academy	20:50	6:57
8.	437	Izzy Shinnick-Gordon	*F*	12	Iowa City High School	21:07	7:03
9.	497	Rachel Dolan	*F*	12	Loyola Academy	21:15	7:05
10.	495	Lauren Composto	*F*	10	Loyola Academy	21:15	7:05
11.	566	Sara Castle	*F*	11	Minooka High School	21:17	7:06
12.	1105	Sam Stephenson	*F*	12	Rockford Keith High School	21:17	7:06
13.	506	Stephanie Scherer	*F*	11	Loyola Academy	21:20	7:07
14.	771	Onna Drake	*F*	12	Pleasant Valley High School	21:28	7:10
15.	1332	Katie Parker	*F*	11	Zion Benton High School	21:29	7:10
16.	383	Alice Agassandian	*F*	11	Iowa City High School	21:34	7:12
17.	413	Lori Lines	*F*	11	Iowa City High School	21:41	7:14
18.	647	Jessica Wanthall	*F*	12	Normal West High School	21:48	7:16
19.	452	Taylor Wolf	*F*	12	Iowa City High School	21:54	7:18
20.	576	Megan Kelly	*F*	11	Minooka High School	21:56	7:19
21.	424	Terra Perez	*F*	9	Iowa City High School	21:57	7:19
22.	800	Sanjana Ramesh	*F*	11	Pleasant Valley High School	21:57	7:19
23.	388	Kennedy Bodnarek	*F*	11	Iowa City High School	21:58	7:20
24.	441	Emily Sotelo	*F*	11	Iowa City High School	22:01	7:21
25.	1371	Maelyn Galen	*F*	9	Rockford Christian Life	22:08	7:23
26.	1081	Amy Trostel	*F*	9	Rockford Jefferson	22:10	7:24
27.	364	Cori Giacalone	*F*	12	Hononegah High School	22:18	7:26
28.	502	Rachel Meller	*F*	11	Loyola Academy	22:20	7:27
29.	642	Rebecca Rupard	*F*	9	Normal West High School	22:22	7:28
30.	372	Ally Morrow	*F*	11	Hononegah High School	22:23	7:28
31.	1175	Melinda McMahon	*F*	11	Schaumburg High School	22:30	7:30
32.	38	Emily Thomson	*F*	12	Alleman	22:32	7:31
33.	425	Breanne Peterson	*F*	11	Iowa City High School	22:34	7:32
34.	508	Carolyn Wambach	*F*	12	Loyola Academy	22:41	7:34
35.	28	Morgan Campbell	*F*	12	Alleman	22:42	7:34
36.	760	Chiara Buchignani	*F*	11	Pleasant Valley High School	22:44	7:35
37.	195	Christy Reyes	*F*	11	Dekalb High School	22:47	7:36
38.	503	Emma Orr	*F*	12	Loyola Academy	22:48	7:36
39.	494	Margaret Callaghan	*F*	12	Loyola Academy	22:50	7:37
40.	777	Judith Hagedorn	*F*	12	Pleasant Valley High School	22:52	7:37
41.	451	Ashley Wilkinson	*F*	12	Iowa City High School	22:54	7:38
42.	1134	Rachel Meinert	*F*	11	Rockford Luthern High School	22:56	7:39
43.	1293	Corinne Ruff	*F*	11	Sycamore High School	23:01	7:41
44.	1199	Sayra Contreras	*F*	11	Sterling High School	23:02	7:41
45.	1197	Kaitlyn Bradley	*F*	11	Sterling High School	23:03	7:41
46.	640	Emily Peacock	*F*	9	Normal West High School	23:06	7:42
47.	805	Abby Sperry	*F*	11	Pleasant Valley High School	23:08	7:43
48.	1103	Jessica Ross	*F*	12	Rockford Keith High School	23:12	7:44
49.	752	Mimi Barney	*F*	10	Pleasant Valley High School	23:19	7:47
50.	507	Clarie Vasiljevich	*F*	12	Loyola Academy	23:36	7:52
51.	1006	Catherine Tenney	*F*	11	Rockford Boylan	23:38	7:53
52.	130	Emily Cerier	*F*	12	Conant	23:39	7:53
53.	646	Emily Stockweather	*F*	11	Normal West High School	23:39	7:53
54.	1000	Julia Popp	*F*	12	Rockford Boylan	23:40	7:54
55.	31	Mary Dodson	*F*	10	Alleman	23:43	7:55
56.	802	Laura Rodriguez	*F*	11	Pleasant Valley High School	23:50	7:57
57.	888	Haylea Ehredt	*F*	11	Rock Falls High School	23:50	7:57
58.	412	Erin Laughlin	*F*	11	Iowa City High School	23:54	7:58
59.	1132	Morgan Kammer	*F*	12	Rockford Luthern High School	23:55	7:59
60.	645	Mychelle Stevens	*F*	10	Normal West High School	23:58	8:00
61.	1008	Cristal Virgilio	*F*	10	Rockford Boylan	24:01	8:01
62.	797	Emily Prais	*F*	12	Pleasant Valley High School	24:06	8:02
63.	895	Bre Richardson	*F*	11	Rock Falls High School	24:10	8:04
64.	584	Sara Olin	*F*	11	Minooka High School	24:14	8:05
65.	402	Elizabeth Heasley	*F*	11	Iowa City High School	24:18	8:06

OPEN GIRLS RESULTS

2009 Sterling HS XC Invitational

Sterling, IL 10/10/2009 11:00 am Sunny, Dry, 43 degrees

Directed by: Dennis Hartz

Place	No.	Name	Sex	Yr	Team	TIME	Pace
66.	37	Jenna Smith	*F*	10	Alleman	24:21	8:07
67.	648	Stephanie Woith	*F*	10	Normal West High School	24:21	8:07
68.	127	Erin Berg	*F*	12	Conant	24:24	8:08
69.	1123	Jillian Davenport	*F*	12	Rockford Luthern High School	24:25	8:09
70.	893	Linda Ngai	*F*	11	Rock Falls High School	24:25	8:09
71.	976	Jena Davis	*F*	10	Rockford Boylan	24:26	8:09
72.	1276	Holly Hunt	*F*	11	Sycamore High School	24:26	8:09
73.	886	Paige Crow	*F*	11	Rock Falls High School	24:28	8:10
74.	580	Kianne Medina	*F*	10	Minooka High School	24:31	8:11
75.	378	Kaitlyn Vanderwaal	*F*	12	Hononegah High School	24:39	8:13
76.	986	Beth Horihan	*F*	12	Rockford Boylan	24:40	8:14
77.	796	Kari Paul	*F*	12	Pleasant Valley High School	24:41	8:14
78.	565	Maggie Cain	*F*	12	Minooka High School	24:41	8:14
79.	766	Kenzie Coopman	*F*	11	Pleasant Valley High School	24:42	8:14
80.	884	Marina Cervantes	*F*	12	Rock Falls High School	24:43	8:15
81.	416	MacKenzie Mead	*F*	11	Iowa City High School	24:44	8:15
82.	786	Kayla Lindstrom	*F*	10	Pleasant Valley High School	24:45	8:15
83.	1170	Ellen Finneran	*F*	11	Schaumburg High School	24:46	8:16
84.	772	Christina Ehlers	*F*	11	Pleasant Valley High School	24:46	8:16
85.	1283	Keiley Leach	*F*	10	Sycamore High School	24:47	8:16
86.	897	Olivia Watson	*F*	11	Rock Falls High School	24:48	8:16
87.	428	Nadia Razavi	*F*	12	Iowa City High School	24:49	8:17
88.	419	Claire Myers	*F*	12	Iowa City High School	24:50	8:17
89.	448	Katherine Vanderwoude	*F*	10	Iowa City High School	24:52	8:18
90.	636	Cristi Killingsworth	*F*	12	Normal West High School	24:53	8:18
91.	809	Taylor Venhorst	*F*	10	Pleasant Valley High School	24:54	8:18
92.	290	Kadie Dirksen	*F*	12	Freeport High School	24:55	8:19
93.	1378	Holly Koehler	*F*	11	Rockford Christian Life	24:55	8:19
94.	792	Emily Misak	*F*	12	Pleasant Valley High School	25:00	8:20
95.	34	Taylor Johnson	*F*	10	Alleman	25:03	8:21
96.	1374	Alina Holiday	*F*	10	Rockford Christian Life	25:04	8:22
97.	1271	Nekoda Garbes	*F*	11	Sycamore High School	25:10	8:24
98.	1359	Molly Perez	*F*	9	Belvidere High School	25:14	8:25
99.	1287	Brie Morreale	*F*	11	Sycamore High School	25:14	8:25
100.	141	Josie Hutch	*F*	12	Conant	25:16	8:26
101.	784	Renee Lefrentz	*F*	12	Pleasant Valley High School	25:20	8:27
102.	1346	Jessica Santiago	*F*	11	Belvidere High School	25:21	8:27
103.	287	Kelsey Arendt	*F*	11	Freeport High School	25:21	8:27
104.	778	Alicia Huegel	*F*	11	Pleasant Valley High School	25:23	8:28
105.	1292	Kaytie Rivkin	*F*	10	Sycamore High School	25:23	8:28
106.	568	Alyssa Clodi	*F*	12	Minooka High School	25:24	8:28
107.	1373	Sarah Caraotta	*F*	12	Rockford Christian Life	25:24	8:28
108.	998	Lauren Nowak	*F*	9	Rockford Boylan	25:32	8:31
109.	1124	Cahlee Denny	*F*	12	Rockford Luthern High School	25:35	8:32
110.	1002	Allyson Satterlee	*F*	12	Rockford Boylan	25:37	8:33
111.	972	Bryn Bauling	*F*	11	Rockford Boylan	25:37	8:33
112.	992	Taylor Lambdin	*F*	10	Rockford Boylan	25:38	8:33
113.	1273	Kelsey Hamil	*F*	9	Sycamore High School	25:39	8:33
114.	128	Iolanda Bertacchi	*F*	12	Conant	25:41	8:34
115.	1010	Christine White	*F*	9	Rockford Boylan	25:45	8:35
116.	418	Emily Mendoza	*F*	9	Iowa City High School	25:46	8:36
117.	1286	Megan Mollman	*F*	10	Sycamore High School	25:47	8:36
118.	1352	Carolina Escobar	*F*	10	Belvidere High School	25:48	8:36
119.	1218	Kierra Canier	*F*	12	Stockton High School	25:49	8:37
120.	434	Magill Schumm	*F*	10	Iowa City High School	25:50	8:37
121.	767	Erin Cornfield	*F*	12	Pleasant Valley High School	25:51	8:37
122.	1372	Bethany Caraotta	*F*	10	Rockford Christian Life	25:52	8:38
123.	753	Audra Bates	*F*	12	Pleasant Valley High School	25:52	8:38
124.	1349	Jaclynn Leveille	*F*	11	Belvidere High School	25:54	8:38
125.	1126	Annika Ewaldz	*F*	12	Rockford Luthern High School	25:57	8:39
126.	807	Tristan Thompson	*F*	9	Pleasant Valley High School	26:02	8:41
127.	990	Erin Konicek	*F*	10	Rockford Boylan	26:10	8:44
128.	765	Katie Cleppe	*F*	12	Pleasant Valley High School	26:11	8:44
129.	1164	Hanan Aquil	*F*	11	Schaumburg High School	26:18	8:46
130.	1127	Sarah Field	*F*	12	Rockford Luthern High School	26:22	8:48

OPEN GIRLS RESULTS

2009 Sterling HS XC Invitational

Sterling, IL 10/10/2009 11:00 am Sunny, Dry, 43 degrees

Directed by: Dennis Hartz

Place	No.	Name	Sex	Yr	Team	TIME	Pace
131.	644	Tyraina Schupbach	*F*	9	Normal West High School	26:23	8:48
132.	983	Ellen Herkert	*F*	12	Rockford Boylan	26:24	8:48
133.	762	Ali Carpenter	*F*	12	Pleasant Valley High School	26:26	8:49
134.	1080	Ciara Marquardt	*F*	10	Rockford Jefferson	26:27	8:49
135.	779	Taylor Irwin	*F*	10	Pleasant Valley High School	26:27	8:49
136.	39	Sabrina Torres	*F*	11	Alleman	26:28	8:50
137.	447	Elizabeth Triplett	*F*	12	Iowa City High School	26:31	8:51
138.	1281	Kelsey Kendall	*F*	9	Sycamore High School	26:43	8:55
139.	803	Natalie Rolland	*F*	10	Pleasant Valley High School	26:45	8:55
140.	1178	Luaren Ramsey	*F*	12	Schaumburg High School	26:56	8:59
141.	970	Marisol Alcantara	*F*	11	Rockford Boylan	26:57	8:59
142.	393	Isabel Carman	*F*	10	Iowa City High School	26:58	9:00
143.	1129	Jaclyn Guth	*F*	11	Rockford Lutheran High School	27:00	9:00
144.	991	Rebecca Konicek	*F*	12	Rockford Boylan	27:04	9:02
145.	1348	Rachael Slack	*F*	11	Belvidere High School	27:09	9:03
146.	643	Bethany Salm	*F*	11	Normal West High School	27:14	9:05
147.	1074	Alisa Johnson	*F*	12	Rockford Guilford	27:17	9:06
148.	1269	Emily Comer	*F*	9	Sycamore High School	27:18	9:06
149.	773	Emily Garman	*F*	12	Pleasant Valley High School	27:20	9:07
150.	795	Jeni Park	*F*	12	Pleasant Valley High School	27:21	9:07
151.	289	Emily Bowen	*F*	10	Freeport High School	27:26	9:09
152.	600	Geraldine Torres	*F*	9	Minooka High School	27:31	9:11
153.	433	Megan Ringen	*F*	10	Iowa City High School	27:36	9:12
154.	420	Sophie Neems	*F*	10	Iowa City High School	27:51	9:17
155.	573	Aseaul Hamoudeh	*F*	12	Minooka High School	27:54	9:18
156.	757	Holly Bozman	*F*	9	Pleasant Valley High School	27:55	9:19
157.	812	Audrey Wiese	*F*	11	Pleasant Valley High School	27:57	9:19
158.	749	Jonelle Addabbo	*F*	12	Pleasant Valley High School	28:10	9:24
159.	630	Chelsea Dyer	*F*	12	Normal West High School	28:11	9:24
160.	1406	Michelle Zheng	*F*	10	Rockford Keith High School	28:21	9:27
161.	1351	Vanessa Moya	*F*	10	Belvidere High School	28:25	9:29
162.	1301	Amanda Vidales	*F*	10	Sycamore High School	28:26	9:29
163.	1270	Emma Floit	*F*	10	Sycamore High School	28:29	9:30
164.	1216	Ellen Bonvillain	*F*	10	Stockton High School	28:32	9:31
165.	1007	Erika Valerio	*F*	10	Rockford Boylan	28:35	9:32
166.	1029	Lizzie Sosnowski	*F*	11	Rockford Christian High Scho	28:35	9:32
167.	597	McKenna Smith	*F*	12	Minooka High School	29:10	9:44
168.	891	Miew Lorwachirawat	*F*	12	Rock Falls High School	29:26	9:49
169.	1275	Paige Herrmann	*F*	12	Sycamore High School	29:29	9:50
170.	69	Abigail Jergenson	*F*	12	Clinton High School	29:36	9:52
171.	589	Michel Renteria	*F*	10	Minooka High School	29:54	9:58
172.	1282	Samantha Kevin	*F*	11	Sycamore High School	30:03	10:01
173.	987	Kayla Hughes	*F*	10	Rockford Boylan	30:07	10:03
174.	563	Joanna Barajas	*F*	9	Minooka High School	30:13	10:05
175.	588	Rayna Ramirez	*F*	9	Minooka High School	30:19	10:07
176.	975	Maureen Brown	*F*	12	Rockford Boylan	31:05	10:22
177.	430	Stephanie Reyes	*F*	11	Iowa City High School	31:24	10:28
178.	770	Shannon Dougherty	*F*	10	Pleasant Valley High School	32:48	10:56
179.	1022	Liz Brundrige	*F*	12	Rockford Christian High Scho	37:03	12:21

Oct-10-2009

11:50:34am

OPEN BOYS RESULTS

2009 Sterling HS XC Invitational
Sterling, IL 10/10/2009 11:30 am Sunny, Dry, 44 degrees

Directed by: Dennis Hartz

Place	No.	Name	Sex	Yr	Team	TIME	Pace
1.	225	Mateo Alvarado	M	11	Fenwick High School	16:51	5:37
2.	1364	Dan Hittenmiller	M	12	Rockford Christian Life	16:59	5:40
3.	707	Joe Conway	M	11	Pleasant Valley High School	17:07	5:43
4.	241	Matt Jakubisin	M	11	Fenwick High School	17:08	5:43
5.	549	Chris Patterson	M	11	Minooka High School	17:14	5:45
6.	620	Wade Rupard	M	12	Normal West High School	17:23	5:48
7.	531	Alex Hoshell	M	11	Minooka High School	17:24	5:48
8.	516	David Cobb	M	11	Minooka High School	17:30	5:50
9.	713	Safwan Elkhatib	M	11	Pleasant Valley High School	17:46	5:56
10.	1244	Kristian Kates	M	12	Sycamore High School	17:55	5:59
11.	1236	Stephen Grimson	M	11	Sycamore High School	17:56	5:59
12.	744	John Sokolik	M	11	Pleasant Valley High School	18:09	6:03
13.	1361	Brice Sheehan	M	11	Rockford Christian Life	18:11	6:04
14.	239	Matt Hipkind	M	12	Fenwick High School	18:12	6:04
15.	524	Devon French	M	12	Minooka High School	18:14	6:05
16.	747	Matt Wheat	M	11	Pleasant Valley High School	18:15	6:05
17.	480	Tommy Whittaker	M	11	Kaneland Maple Park	18:18	6:06
18.	532	Erick Karwat	M	10	Minooka High School	18:19	6:07
19.	703	John Beck	M	11	Pleasant Valley High School	18:20	6:07
20.	339	Brandon Beilfuss	M	12	Hononegah High School	18:21	6:07
21.	201	Dexter Hill	M	11	Dixon High School	18:23	6:08
22.	464	Stelios Lekkas	M	10	Kaneland Maple Park	18:24	6:08
23.	243	Tom Logue	M	11	Fenwick High School	18:26	6:09
24.	746	Nic Weaver	M	12	Pleasant Valley High School	18:26	6:09
25.	1237	Andrew Hamil	M	11	Sycamore High School	18:28	6:10
26.	1145	Zack Johnson	M	11	Schaumburg High School	18:29	6:10
27.	1148	Zach Maa	M	11	Schaumburg High School	18:30	6:10
28.	1162	Kohsuke Yoshimune	M	11	Schaumburg High School	18:30	6:10
29.	198	Nile Baker	M	12	Dixon High School	18:32	6:11
30.	738	Tor Peterson	M	11	Pleasant Valley High School	18:33	6:11
31.	653	Jake Hampson	M	11	Oswego High School	18:35	6:12
32.	1160	Kohshin Yoshimune	M	10	Schaumburg High School	18:38	6:13
33.	461	Tyler Howland	M	12	Kaneland Maple Park	18:39	6:13
34.	231	Reilly Cleal	M	11	Fenwick High School	18:39	6:13
35.	719	Raymond Hildebran	M	11	Pleasant Valley High School	18:44	6:15
36.	951	Ben Logli	M	12	Rockford Boylan	18:47	6:16
37.	555	Danny Ruettiger	M	9	Minooka High School	18:49	6:17
38.	534	Sean Kenny	M	12	Minooka High School	18:52	6:18
39.	561	Steve Szymanski	M	9	Minooka High School	19:00	6:20
40.	1360	Ben Holiday	M	12	Rockford Christian Life	19:01	6:21
41.	100	Paul Komis	M	11	Conant	19:03	6:21
42.	969	Piotr Zaschny	M	11	Rockford Boylan	19:05	6:22
43.	207	Jake Primrose	M	12	Dixon High School	19:06	6:22
44.	535	Cam Knudsen	M	9	Minooka High School	19:06	6:22
45.	1249	Matt Loellke	M	12	Sycamore High School	19:07	6:23
46.	514	Eric Brick	M	9	Minooka High School	19:08	6:23
47.	471	Jemmar Parrenas	M	12	Kaneland Maple Park	19:09	6:23
48.	355	Jack Termuhlen	M	11	Hononegah High School	19:09	6:23
49.	546	Cam Newberry	M	11	Minooka High School	19:10	6:24
50.	1156	Emmanuel Rinkema	M	12	Schaumburg High School	19:11	6:24
51.	522	Alex Forgue	M	10	Minooka High School	19:11	6:24
52.	116	Alec Snaer	M	11	Conant	19:12	6:24
53.	548	Zach Olson	M	12	Minooka High School	19:13	6:25
54.	111	Matthew Rajewski	M	11	Conant	19:14	6:25
55.	1143	Brian Hruda	M	11	Schaumburg High School	19:16	6:26
56.	728	Keenan McLaughlin	M	12	Pleasant Valley High School	19:17	6:26
57.	690	Jacob Reedy	M	11	Plainfield North High School	19:18	6:26
58.	899	Charles Artega	M	11	Rock Island High School	19:18	6:26
59.	109	Ravi Patel	M	11	Conant	19:19	6:27
60.	1088	Matt Greer	M	9	Rockford Keith High School	19:19	6:27
61.	1362	Steven Smrt	M	9	Rockford Christian Life	19:20	6:27
62.	521	Andrew Finney	M	9	Minooka High School	19:21	6:27
63.	1144	Mohammed Ilyas	M	11	Schaumburg High School	19:24	6:28
64.	602	Trevor Arbogast	M	9	Normal West High School	19:25	6:29
65.	915	Arius Montjoy	M	11	Rock Island High School	19:27	6:29

OPEN BOYS RESULTS

2009 Sterling HS XC Invitational

Sterling, IL 10/10/2009 11:30 am Sunny, Dry, 44 degrees

Directed by: Dennis Hartz

Place	No.	Name	Sex	Yr	Team	TIME	Pace
66.	472	Ryan Paulson	M	9	Kaneland Maple Park	19:27	6:29
67.	8	Brandon Debruine	M	11	Alleman	19:29	6:30
68.	23	John Vandemoortel	M	12	Alleman	19:30	6:30
69.	735	William Nestel	M	9	Pleasant Valley High School	19:33	6:31
70.	477	Gus Stott	M	9	Kaneland Maple Park	19:33	6:31
71.	110	Steven Piraino	M	12	Conant	19:34	6:32
72.	53	Nick Dash	M	12	Clinton High School	19:36	6:32
73.	4	Ryan Bush	M	11	Alleman	19:36	6:32
74.	838	Garrett Carlson	M	12	Rochelle High School	19:37	6:33
75.	525	Sam Froemel	M	10	Minooka High School	19:39	6:33
76.	530	Adam Holstine	M	9	Minooka High School	19:40	6:34
77.	283	Aj Simmons	M	11	Freeport High School	19:41	6:34
78.	509	Colin Armstrong	M	10	Minooka High School	19:41	6:34
79.	1242	David Jacob	M	11	Sycamore High School	19:41	6:34
80.	1233	Jeff Flanigan	M	11	Sycamore High School	19:42	6:34
81.	1228	Aaron Brancato	M	10	Sycamore High School	19:42	6:34
82.	104	Joseph Mazurkewitz	M	12	Conant	19:43	6:35
83.	727	Ian McGee	M	9	Pleasant Valley High School	19:45	6:35
84.	1163	Taha Zaffar	M	11	Schaumburg High School	19:47	6:36
85.	734	Joe Mueller	M	10	Pleasant Valley High School	19:49	6:37
86.	912	Jerraco Johnson	M	12	Rock Island High School	19:50	6:37
87.	743	Mat Smith	M	10	Pleasant Valley High School	19:50	6:37
88.	1365	Jarrod Fry	M	11	Rockford Christian Life	19:51	6:37
89.	353	Nick Schuck	M	11	Hononegah High School	19:51	6:37
90.	94	Kevin Hartsfeld	M	11	Conant	19:51	6:37
91.	847	Hank McPartland	M	12	Rochelle High School	19:52	6:38
92.	245	James McGuire	M	11	Fenwick High School	19:54	6:38
93.	520	Kevin Dorenkamper	M	11	Minooka High School	19:55	6:39
94.	740	Jimmy Roth-Roffy	M	12	Pleasant Valley High School	19:56	6:39
95.	229	Jack Cavanaugh	M	11	Fenwick High School	19:57	6:39
96.	125	Austin Zang	M	10	Conant	19:57	6:39
97.	473	Kelvin Peterson	M	10	Kaneland Maple Park	19:59	6:40
98.	916	Owen Pomije	M	12	Rock Island High School	19:59	6:40
99.	554	Jayne Roberts	M	11	Minooka High School	20:00	6:40
100.	457	Frankie Furco	M	10	Kaneland Maple Park	20:02	6:41
101.	714	Avery Engle	M	11	Pleasant Valley High School	20:03	6:41
102.	1250	John Mathey	M	10	Sycamore High School	20:05	6:42
103.	60	Dexter Klaes	M	11	Clinton High School	20:06	6:42
104.	1238	Chris Handel	M	12	Sycamore High School	20:07	6:42
105.	519	Bryan Dorenkamper	M	11	Minooka High School	20:09	6:43
106.	1012	Ethan Anderson	M	9	Rockford Christian High Scho	20:12	6:44
107.	1248	Adam Loellke	M	9	Sycamore High School	20:14	6:45
108.	1084	Julio Carreno	M	12	Rockford Keith High School	20:16	6:46
109.	944	Lucas Evett	M	12	Rockford Boylan	20:17	6:46
110.	706	Adam Cline	M	9	Pleasant Valley High School	20:18	6:46
111.	244	Mike Mahoney	M	9	Fenwick High School	20:20	6:47
112.	208	Brad Watkins	M	12	Dixon High School	20:21	6:47
113.	704	Chris Best	M	9	Pleasant Valley High School	20:22	6:48
114.	98	Lucas Jahnke	M	10	Conant	20:23	6:48
115.	168	Vincent Lorenzo	M	11	Dekalb High School	20:23	6:48
116.	536	Chase Kohlmeyer	M	10	Minooka High School	20:25	6:49
117.	953	Tommy Lynch	M	9	Rockford Boylan	20:29	6:50
118.	962	Ben Schultz	M	11	Rockford Boylan	20:29	6:50
119.	9	John Kerch	M	11	Alleman	20:31	6:51
120.	1241	Connor Hickey	M	10	Sycamore High School	20:33	6:51
121.	845	Israel Belmonte	M	11	Rochelle High School	20:38	6:53
122.	176	Kinch Mizell	M	11	Dekalb High School	20:41	6:54
123.	869	Brett Cover	M	12	Rock Falls High School	20:46	6:56
124.	1118	Jacob Robinson	M	9	Rockford Lutheran High School	20:46	6:56
125.	608	Caleb Buckley	M	10	Normal West High School	20:48	6:56
126.	7	Tim Cornelis	M	11	Alleman	20:50	6:57
127.	1231	Tim Cooper	M	10	Sycamore High School	20:51	6:57
128.	1229	Jacob Brundies	M	10	Sycamore High School	20:52	6:58
129.	1142	Tommy Hand	M	10	Schaumburg High School	20:53	6:58
130.	1159	Soichiro Yamashita	M	9	Schaumburg High School	20:55	6:59

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Sterling, IL 10/10/2009 11:30 am Sunny, Dry, 44 degrees

Directed by: Dennis Hartz

Place	No.	Name	Sex	Yr	Team	TIME	Pace
131.	550	Michael Pazely	M	11	Minooka High School	20:56	6:59
132.	469	John Michek	M	10	Kaneland Maple Park	20:57	6:59
133.	76	Brian Banks	M	10	Conant	21:00	7:00
134.	317	Greg Pemble	M	11	Geneseo High School	21:01	7:01
135.	1255	Vince Reiter	M	10	Sycamore High School	21:02	7:01
136.	276	Josh Kerr	M	11	Freeport High School	21:03	7:01
137.	167	Tom Johnson	M	11	Dekalb High School	21:03	7:01
138.	13	Wil Olvera	M	12	Alleman	21:04	7:02
139.	468	Nick Messina	M	9	Kaneland Maple Park	21:08	7:03
140.	1265	Shawn Wolf	M	9	Sycamore High School	21:08	7:03
141.	1193	Sam Twining	M	12	Sterling High School	21:09	7:03
142.	950	Michael Koscak	M	11	Rockford Boylan	21:10	7:03
143.	947	Ben Grygiel	M	9	Rockford Boylan	21:11	7:04
144.	909	Corey Henderson	M	9	Rock Island High School	21:12	7:04
145.	722	Pj Kedilaya	M	9	Pleasant Valley High School	21:13	7:04
146.	1251	Mitchell Meerman	M	12	Sycamore High School	21:14	7:05
147.	1366	Nick Rhodes	M	11	Rockford Christian Life	21:14	7:05
148.	1098	Ben Ross	M	9	Rockford Keith High School	21:15	7:05
149.	86	Jeremy Detzner	M	11	Conant	21:16	7:06
150.	1089	Jack Hall	M	12	Rockford Keith High School	21:18	7:06
151.	286	Alex Zigler	M	11	Freeport High School	21:26	7:09
152.	15	Keith Pohlman	M	11	Alleman	21:26	7:09
153.	93	Robert Harmon	M	10	Conant	21:27	7:09
154.	1108	Michael Atteberry	M	10	Rockford Lutheran High School	21:29	7:10
155.	1117	Zac Poltisch	M	10	Rockford Lutheran High School	21:30	7:10
156.	1114	Jason Kerestes	M	9	Rockford Lutheran High School	21:31	7:11
157.	311	Ethan Koisti	M	12	Geneseo High School	21:33	7:11
158.	666	Nick Savides	M	12	Oswego High School	21:36	7:12
159.	476	Nick Sinon	M	12	Kaneland Maple Park	21:37	7:13
160.	18	Humberto Rodriguez	M	12	Alleman	21:39	7:13
161.	63	Kyle Norman	M	11	Clinton High School	21:43	7:15
162.	518	Tommy Coyle	M	9	Minooka High School	21:45	7:15
163.	1099	Sven Stellar	M	12	Rockford Keith High School	21:46	7:16
164.	1096	Josh Pelayo	M	12	Rockford Keith High School	21:48	7:16
165.	529	Jacob Hofer	M	11	Minooka High School	21:48	7:16
166.	942	Ryan Daly	M	10	Rockford Boylan	21:49	7:17
167.	558	Mike Schauer	M	11	Minooka High School	21:51	7:17
168.	78	Justin Bowers	M	9	Conant	21:56	7:19
169.	77	Benjamin Bowers	M	10	Conant	21:57	7:19
170.	905	Kole Frank	M	9	Rock Island High School	21:58	7:20
171.	305	Tom Dellett	M	11	Geneseo High School	22:00	7:20
172.	966	Kyle Trent	M	9	Rockford Boylan	22:17	7:26
173.	537	Chris Lara	M	11	Minooka High School	22:20	7:27
174.	939	Marty Cepeda	M	11	Rockford Boylan	22:23	7:28
175.	837	Scott Anderson	M	11	Rochelle High School	22:24	7:28
176.	874	Chase Gridley	M	12	Rock Falls High School	22:27	7:29
177.	623	John Thornton	M	12	Normal West High School	22:28	7:30
178.	344	Ben Friske	M	12	Hononegah High School	22:33	7:31
179.	1086	Carter Davis	M	9	Rockford Keith High School	22:34	7:32
180.	527	Brett Hasler	M	11	Minooka High School	22:36	7:32
181.	943	John Derry	M	11	Rockford Boylan	22:36	7:32
182.	729	Jason Meighan	M	9	Pleasant Valley High School	22:38	7:33
183.	654	Sharif Hannin	M	12	Oswego High School	22:39	7:33
184.	739	Sean Phelan	M	9	Pleasant Valley High School	22:44	7:35
185.	341	Andrew Davis	M	11	Hononegah High School	22:46	7:36
186.	1243	Zach Johnson	M	11	Sycamore High School	22:55	7:39
187.	232	Matt Conroy	M	10	Fenwick High School	22:56	7:39
188.	841	Jessie Fitch	M	10	Rochelle High School	23:05	7:42
189.	1235	Michael Graham	M	9	Sycamore High School	23:06	7:42
190.	853	Andrew Swift	M	12	Rochelle High School	23:08	7:43
191.	303	Jacob Carton	M	12	Geneseo High School	23:09	7:43
192.	737	Brian Paul	M	10	Pleasant Valley High School	23:11	7:44
193.	523	Eric Forgue	M	10	Minooka High School	23:16	7:46
194.	622	Thurston Stevenson	M	12	Normal West High School	23:17	7:46
195.	1256	Connor Roesch	M	9	Sycamore High School	23:19	7:47

OPEN BOYS RESULTS

2009 Sterling HS XC Invitational

Sterling, IL 10/10/2009 11:30 am Sunny, Dry, 44 degrees

Directed by: Dennis Hartz

Place	No.	Name	Sex	Yr	Team	TIME	Pace
196.	1091	Jared Jang	M	12	Rockford Keith High School	23:20	7:47
197.	541	Ryan MacDowell	M	9	Minooka High School	23:27	7:49
198.	935	Christopher Bartel	M	9	Rockford Boylan	23:28	7:50
199.	963	Jamie Simonovich	M	11	Rockford Boylan	23:33	7:51
200.	1111	Alex Easton	M	11	Rockford Luthern High School	23:36	7:52
201.	959	Tyler Ruf	M	11	Rockford Boylan	23:43	7:55
202.	933	Aaron Angel	M	9	Rockford Boylan	23:49	7:57
203.	958	Charlie Popp	M	10	Rockford Boylan	23:53	7:58
204.	948	Michael Hauge	M	12	Rockford Boylan	23:54	7:58
205.	866	Andrew Cain	M	12	Rock Falls High School	23:57	7:59
206.	965	Patrick Sudderberg	M	11	Rockford Boylan	24:01	8:01
207.	545	Mark Mullane	M	9	Minooka High School	24:08	8:03
208.	873	Jory Gould	M	11	Rock Falls High School	24:29	8:10
209.	1258	Owen Ruff	M	9	Sycamore High School	24:48	8:16
210.	99	Michael Kim	M	9	Conant	24:49	8:17
211.	1083	Andres Caicedo	M	12	Rockford Keith High School	25:34	8:32
212.	1094	Bruno Oliveira	M	12	Rockford Keith High School	25:57	8:39
213.	1183	Chandler Allen	M	9	Sterling High School	26:06	8:42
214.	1090	Jacob Jang	M	9	Rockford Keith High School	28:39	9:33
215.	1185	Matt Delacruz	M	11	Sterling High School	28:46	9:36
216.	956	Sean McNealy	M	10	Rockford Boylan	28:47	9:36