



### LADY LEAFS UPSET DUKES TO WIN NCIC WHILE BOYS 2ND

On Saturday, October 17th the Leafs traveled to Sterling for the NCIC. This officially opened Championship Meet Season. The Leafs toed the line seeded 2nd to Dixon in both the girls and boys races. An added note of interest is this was the final NCIC that Geneseo will participate in since we are leaving (with the entire Reagan side) to form the new Northern Illinois Big 12 starting next fall. Geneseo has been a member of the NCIC for over 60 years. Those teams will include DeKalb, Dixon, Geneseo, Kaneland, LaSalle-Peru, Morris, Ottawa, Rochelle, Sterling, Streator, Sycamore, Yorkville.

The Fresh-Soph girls got things rolling at 10:00 am. Britta Conrad was our only entry in that race and she put forth a tremendous effort. Britta wasn't feeling 100 percent but ran a strong race to grab 3rd overall. Her kick from 300 meters out.....running side by side with a young lady from Hall was amazing. It was truly one of the highlights of the day. Britta didn't just talk the talk....she walked the walk. Great job Britta.

The Fresh-Soph boys were up next. Marcus Gagnon exploded off the line and shot right into the lead. He may have gone out a bit too fast but the look of concentration on his face was inspiring. The rest of the team got out nicely also. When the dust had settled (or should we say mud) the Leafs had lost a very heated battle with LaSalle-Peru losing a by a close 26 to 29 score. Marcus Gagnon led the way with a runner-up finish in the Reagan Division. Jesse Mohr was close behind with a strong 4th place showing also earning First Team All-Conference Honors (Top 7.) Mickey Christensen, Kyle Parker, and Hunter Kuffel also cracked the top 15 earning 2nd team All-Conference Honors with their 9th, 10th, and 13th place finishes. Jay Wilson, who returned to action after taking some time off due to a leg injury and ran to a 16th place finish.

The Varsity Girls toed the line at 11:30 and were taking on the state ranked Dixon Dukes. Never underestimate senior pride. When the gun sounded the Lady Leafs shot off the line and took it out aggressively. Danielle Dewey and Emily Ford settled into 2nd and 3rd and held it the entire race leading the Leafs to the title. Joann Chenoweth exploded out of the woods and kicked down two of the Dixon girls to grab 4th overall. The girl was ~~fin~~g. Danielle, Emily and Joann all earned 1st team All-Conference Honors. Pauge Gatter, Betsy Winberry, and Jenny Ford all cracked the top 15 to earn 2nd team All-Conference Honors. Hilary Lohman, Amy Cosgrove, Amanda Morse, and Natalie Shipman also contributed to the team effort.

Emotions were high when the Varsity Boys toed the line at 12:15 PM. The team put forth a strong effort which ended up 9 points more than the Dixon Dukes. Thomas Sigwalt and Jordan Starkey led the Leaf attack with strong 3rd and 5th place finishes. Both men earned 1st Team All-Conference Honors. Carlisle Evans-Peck, Kyle Reiling, and Chad Ford weren't far behind as their 9th, 10th, and 13th place finishes earned 2nd Team All-Conference Honors. Branden Smith, Andrew Kellogg, Paul West, Branden Oleson, Greg Pemble, Alx Strohmeier, Tom Dellelt, and Jacob Carton all contributed to the team effort.

### RESULTS

# Lady Leafs upset Dixon for title

By AMY CARTON  
*Sports Editor*

The Lady Leafs knocked off state-ranked and favorite Dixon to claim the final NCIC conference championship Oct. 17, while the boys' squad finished second in the conference to the Dukes.

"An upset for the girls it certainly was," said head coach Don Fredericks. "Dixon had a tough day and our girls had a great day. Dixon's girls realized it was not happening for them and their legs got heavy, while the opposite happened with our girls, they just flew and it was phenomenal to watch. It was a very exciting day."

Leading the pack were Danielle Dewey, Emily Ford and Joann Chenoweth placing second, third and fourth. Dewey nabbed second with a time of 19 minutes and 34 seconds, followed by Emily Ford in third at 19:41 and Chenoweth in fourth at 19:46.

Paige Gatter and Betsy Win-

berry also cracked the top 10 — Gatter in eight with a time of 20:16 and Winberry, 10th at 20:39.

"Danielle and Emily ran second and third the whole race and Joann threw down a monster kick to beat two Dixon girls for fourth," said Fredericks. "And Betsy ran head and shoulders above what she has done before. She ran a tremendous race."

Jenny Ford ended the race in 15th with a time of 21:16, while Hilary Lohman came in 18th at 21:32. Amy Cosgrove placed 23rd in 22:22, followed by Amanda Morse in 35th at 25:19 and Natalie Shipman, 36th at 26:02.

Britta Conrad represented Geneseo in the freshman/sophomore race and took third overall with a time of 23:55.

Dewey, Emily Ford and Chenoweth earned first-team All-Conference honors, while Gatter, Winberry and Jenny Ford were named second-team All-Conference.

In the boys' race, four Leaf

runners finished in the top 10, including two that reached the top 5.

"The boys team put forth a great effort," said Fredericks. "Thomas Sigwalt was explosive and is really on a roll.

"I am happy with how they

finished and they laid it all out there."

Sigwalt raced to a third-place finish as he crossed the finish line in 16:33, while Jordan Starkey placed fifth in 16:43.

Carlisle Evans-Peck finished

in ninth place in 17:09, followed by Kyle Reiling in 10th with a time of 17:12.

Chad Ford ended the competition in 13th at 17:23, while Branden Smith placed 16th in

Please see ■ NCIC, B3



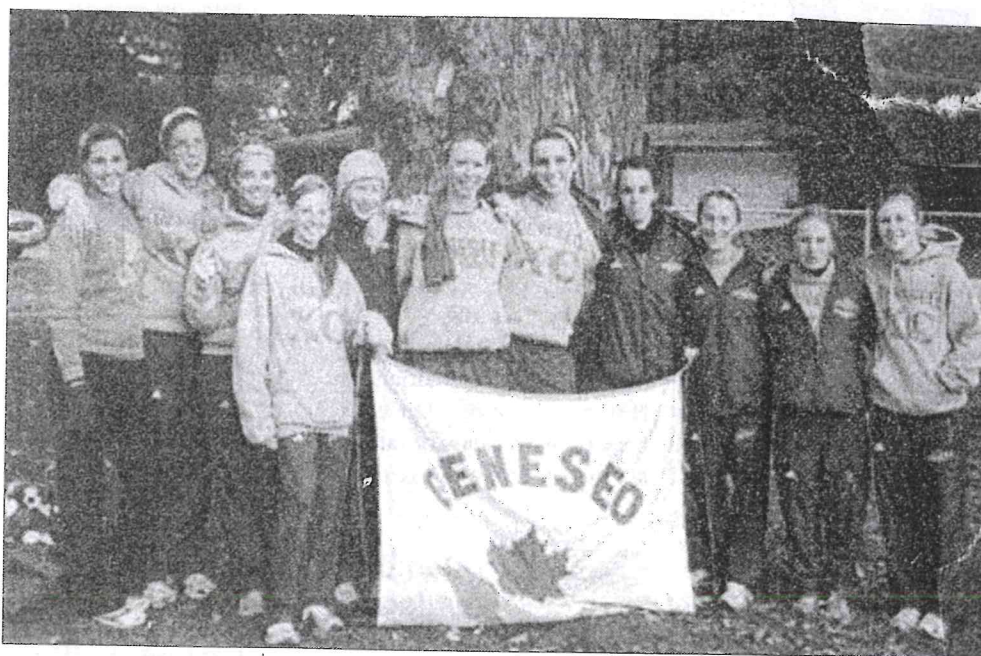


Photo courtesy of the GHS Cross Country Web site

**NCIC CHAMPIONS** from left: Natalie Shipman, Hilary Lohman, Britta Conrad, Paige Gatter, Emily Ford, Danielle Dewey, Joann Chenoweth, Betsy Winberry, Jenny Ford, Amy Cosgrove and Amanda Morse.

## NCIC: GHS runners prepare for first postseason test Oct. 24

■ From Page B1

17:41. Andrew Kellogg took 29th in 19:06; Paul West, 33rd in 19:39; and Brandon Oleson, 36th in 20:16.

Others contributing to the second-place finish were Greg Pemble, 41st in 21:00; Alex Strohmeyer, 42nd in 21:27; Tom Dellett, 43rd in 21:51; Jacob Carton, 44th in 22:33; and John Mullin, 45th in 22:54.

In the boys' freshman/sophomore race, Geneseo also took home second-place honors.

Jesse Mohr led the team in fourth place at 20:17, followed by Mickey Christensen in ninth at 20:58 and Kyle Parker, 10th in 21:11. Hunter Kuffel placed 13th in 22:49 and Jay Wilson, 16th in 24:10.

Sigwalt and Starkey earned first-team All-Conference honors, while Evans-Peck, Reiling and Chad Ford received second-team All-Conference recognition.

### Sterling Freshman/JV Invite

A strong contingent of Geneseo runners represented GHS in Tuesday's Sterling Freshman/JV Invite Oct. 20 with Cosgrove nabbing the top spot in the JV girls race to lead the pack.

Cosgrove raced to a first-place finish in the JV race, crossing the finish line in 21:12, while

Conrad also made it into the top 5 with a fifth-place finish in 23:01. Morse ended the race in ninth place in 23:38, followed by Shipman in 13th with a time of 24:49.

In the boys' JV race, three Leaf runners cracked the top 10 with seventh through ninth-place finishes.

Cameron Hodgson took seventh in 18:53, followed by Kellogg in eighth in 18:59 and Mullin in ninth at 19:03. Mohr finished the race in 16th place at 20:02, while Pemble came in 19th in 20:21 and Strohmeyer, 20th with a time of 20:23.

Others competing for the Leafs were Oleson, 22nd in 20:26; Ethan Koisti, 28th in 20:54; Dellett, 31st in 21:30; Carton, 35th in 21:56; and Christensen, 40th in 25:01.

The Leaf runners competed in the freshman boys' race Tuesday night — Parker, fourth in 20:14; Kuffel, eighth in 21:59; and Wilson, 11th in 23:40.

Geneseo will begin postseason action at 10:30 a.m. Oct. 24 in the IHSA Galesburg Regional.

"Our No. 1 goal is to advance and I think we are in a position to do that," said Fredericks. "We are in a respectable regional, but we are certainly in the hunt."

## Prep girls' cross country

**Geneseo wins last NCIC meet:** The Maple Leafs had five runners place in the top 10, allowing them to win the final NCIC Reagan meet in Sterling. Geneseo had 27 points, nine ahead of runner-up Dixon.

"To be quite honest, we're ecstatic," Geneseo coach Don Fredericks said. "It was an upset victory. The bottom line is, the Maple Leafs put forth a tremendous effort. They ran with a passion and purpose."

Danielle Dewey (19:34) was second, Emily Ford (19:41) was third, Joann Chenoweth (19:46) was fourth, Paige Gatter (20:16) was eighth and Betsy Winberry (20:56) took 10th.

## Prep boys' cross country

**Geneseo second at NCIC meet:** Led by Thomas Sigwalt's third-place finish, Geneseo finished second in the NCIC Reagan meet in Sterling with 40 points. Defending Class 2A state champion Dixon earned the team title. Sigwalt completed the

course in 16:33, 10 seconds ahead of teammate Jordan Starkey, who was fifth. Carlisle Evans-Peck (17:09) was ninth, Kyle Reiling (17:12) was 10th and Chad Ford (17:23) took 13th.

## Prep boys

### NCIC Reagan Meet

**Team results:** 1, Dixon 31; 2, Geneseo 40; 3, Morris 88; 3, Sterling 88; 5, Streator 88.  
**Top 10:** 1, Zach Payne, D, 16:19; 2, Jacob Landis, S, 16:29; 3, Thomas Sigwalt, G, 16:33; 4, Ross Kavanagh, D, 16:34; 5, Jordan Starkey, G, 16:43; 6, Heath Hougas, M, 16:51; 7, Roy Hummel, D, 16:57; 8, Aaron Grady, D, 17:03; 9, Carlisle Evans-Peck, G, 17:09; 10, Kyle Reiling, G, 17:12.

**Geneseo:** 3, Sigwalt; 5, Starkey; 9, Evans-Peck; 10, Reiling; 13, Chad Ford, 17:23.

### NCIC Lincoln Meet

**Team results:** 1, Rock Falls 30; 2, Spring Valley Hall 45; 3, Princeton 97; 4, Kewanee 101; 5, Chillicothe IVC 105; 6, Mendota 130.

**Top 10:** 1, Scott Janusick, SVH, 16:12; 2, T.J. Moshback, SVH, 16:31; 3, Chris Gallegos, RF, 16:38; 4, Nathan Hudson, RF, 16:39; 5, Zach Billings, RF, 16:54; 6, David Weber, IVC, 17:07; 7, Jason Henkins, K, 17:18; 8, Sean Leaf, RF, 17:21; 9, Allen Nelson, K, 17:33; 10, Brok Lewis, RF, 17:36.

**Kewanee:** 7, Henkins; 9, Nelson, 19, Traven Wetzell, 18:12; 30, Arturo Hernandez, 20:05; 36, Kyle Lunghofer 22:55.

## Prep girls

### NCIC Reagan Meet

**Team results:** 1, Geneseo 27; 2, Dixon 36; 3, Sterling 68; 4, Morris 97.

**Top 10:** 1, Haley Thorpe, D, 19:13; 2, Danielle Dewey, G, 19:34; 3, Emily Ford, G, 19:41; 4, Joann Chenoweth, G, 19:46; 5, Chelsea Sondgeroth, D, 19:53; 6, Megan Burger, D, 20:06; 7, Kelly Schwantner, M, 20:07; 8, Paige Gatter, G, 20:16; 9, Carissa Apperson, S, 20:24; 10, Betsy Winberry, G, 20:56.

**Geneseo:** 2, Dewey; 3, Ford; 4, Chenoweth; 8, Gatter; 10, Winberry.

### NCIC Lincoln Meet

**Team results:** 1, Rock Falls 28; 2, Princeton 47; 3, Chillicothe IVC 74; 4, Mendota 93.

**Top 10:** 1, Haley Sack, M, 19:48; 2, Savannah Davis, RF, 19:55; 3, Aubree Johnson, RF, 20:02; 4, Elizabeth Mosbach, SVH, 20:11; 5, Emma Makransky, P, 20:14; 6, C.J. Rhodes, P, 20:36; 7, Lindsey Crow, RF, 20:37; 8, Alix Forristall, P, 20:53; 9, Tracy Bohlken, RF, 21:02; 10, Maryssa Nusbaum, RF, 21:29.

**Kewanee:** 38, Andrew Nyert, 29:17.

# Cross Country

## 2009 NCIC: GENESEO TEAM SPLIT PAGE

- **Date:** 10/17/09
- **Site:** Hoover Park in Sterling
- **Racing Distance:** 3.00 Miles
- **Weather Conditions:** 50 degrees...nice (wet course in woods)

### GIRLS TEAM

Time	Ahtlete	Yr	Place	Race	1-Mile	2-Mile
19:34	Danielle Dewey	12	2	Var	6:04	12:58
19:41	Emily Ford	09	3	Var	6:02	12:57
19:46	Joann Chenoweth	12	4	Var	6:16	13:13
20:16	Paige Gatter	10	8	Var	6:21	13:21
20:39	Betsy Winberry	12	10	Var	6:31	13:41
21:16	Jenny Ford	10	15	Var	6:37	14:00
21:32	Hilary Lohman	11	18	Var	6:43	14:14
22:22	Amy Cosgrove	12	23	Var	6:36	14:46
23:55	Britta Conrad	10	3	F/S	7:22	15:53
25:19	Amanda Morse	11	35	Var	8:01	16:45
26:02	Natalie Shipman	11	36	Var	7:51	17:20
DNC	none					
18:08	Race Leader (Var)	11	1	Var	5:57	12:36
19:53	Race Leader (F/S)	09	1	F/S	6:55	14:50
	Geneseo Spread 1-5: (1:05) 1-7: (1:58) 1-10: (5:45)					

### BOYS TEAM

Time	Ahtlete	Yr	Place	Race	1-Mile	2-Mile
16:33	Thomas Sigwalt	11	3	Var	5:13	11:05



16:43	Jordan Starkey	09	5	Var	5:13	11:05
17:09	Carlisle Evans-Peck	12	9	Var	5:16	11:18
17:12	Kyle Reiling	10	10	Var	5:17	11:19
17:23	Chad Ford	12	13	Var	5:16	11:20
17:41	Branden Smith	11	16	Var	5:31	11:45
18:31	Marcus Gagnon	09	2	F/s	5:39	12:11
19:06	Andrew Kellogg	12	29	Var	5:59	12:36
19:39	Paul West	12	33	Var	6:15	13:15
20:16	Brandon Oleson	12	36	Var	6:15	13:17
20:17	Jesse Mohr	10	4	F/S	6:20	13:31
20:58	Mickey Christensen	10	9	F/S	6:20	13:38
21:00	Greg Pemble	11	41	Var	6:36	14:01
21:11	Kyle Parker	09	10	F/S	6:37	13:58
21:27	Alex Strohmeyer	12	42	Var	6:43	14:15
21:51	Tom Dellett	11	43	Var	6:43	14:24
22:33	Jacob Caron	12	44	Var	6:53	14:37
22:49	Hunter Kuffel	09	13	F/S	7:09	15:11
22:54	John Mullin	11	45	Var	5:59	???
24:10	Jay Wilson	09	16	F/S	7:20	15:37
DNC	Cameron Hodgson	12		-	-	-
	Ethan Koisti	12				
15:02*	Race Leader (Var)	12	1	Var	5:10	10:50
16:51	Race Leader (F/S)	09	1	F/S	5:37	11:47
	Geneseo Spread					
	1-5: (0:50)					
	1-7: (1:58)					
	1-10: (3:53)					

This is a Manila site.

## 2009 NCIC XC Conference Female Team Results

Girls-Teams Girls-Finishers Boys-Teams Boys-Finishers

### FEMALE VARSITY LINCOLN CONFERENCE TEAM RESULTS

2009 NCIC Girls Cross Country

Sterling, IL 10/17/2009 11:30 am Sunny, 45 degrees

Directed by: Dennis Hartz

1. Rock Falls High School  
 2 3 6 8 9 (10) (11) = 28  
 Savannah Davis, Aubree Johnson, Lindsey Crow, Tracy Bohlken,  
 Maryssa Nusbaum, Cynthia Vazquez, Paige Last
2. Princeton High School  
 4 5 7 13 18 (21) (23) = 47  
 Emma Makransky, C.J. Rhodes, Alix Forristall, Laura Nelson,  
 Nicole Kerr, Trisha Smith, Hannah Bachman
3. Ivc  
 12 14 15 16 17 (20) (24) = 74  
 Marci Furuholmen, Lindsey Whalen, Sara James, Shay Burger,  
 Bethany Espinosa, Stephany Johnson, Jessica Owdom
4. Mendota High School  
 1 19 22 25 26 = 93  
 Haley Sack, Abigael Morris, Lauren Becker, Madeline Piller,  
 Rebekah Herbert

### FEMALE VARSITY REAGAN CONFERENCE TEAM RESULTS

2009 NCIC Girls Cross Country

Sterling, IL 10/17/2009 11:30 am Sunny, 45 degrees

Directed by: Dennis Hartz

1. Geneseo High School  
 2 3 4 8 10 (15) (18) = 27  
 Danielle Dewey, Emily Ford, Joann Chenoweth, Paige Gatter,  
 Betsy Winberry, Jenny Ford, Hilary Lohman
2. Dixon High School  
 1 5 6 11 13 (27) = 36  
 Haley Thorpe, Chelsea Sondgeroth, Megan Burger, Kate Johnson,  
 Liz Hilliard, Justeen Payne
3. Sterling High School  
 9 12 14 16 17 (19) (20) = 68  
 Carissa (Red) Apperson, Carolyn McPherson, Mary Rose (Spon Dukelow,  
 Stephanie Echebarria, Hannah George, Brittany Ellis, Kaylen Palmer
4. Morris High School  
 7 21 22 23 24 (25) (26) = 97  
 Kelly Schwantner, Anna Burbank, Mallory Runion, Anna Pfaff,  
 Maddy Pfaff, Katie Thayer, Amy Wilson

Timing/Scoring done by:

Alan Avery

# 2009 NCIC XC Conference Female Results

Girls-Teams Girls-Finishers Boys-Teams Boys-Finishers

## FEMALE VARSITY LINCOLN CONFERENCE RESULTS

2009 NCIC Girls Cross Country  
Sterling, IL 10/17/2009 11:30 am Sunny, 45 degrees  
Directed by: Dennis Hartz

Place	No.	TmPl	First	Last	S Team	TIME	Pace
=====	=====	=====	=====	=====	=====	=====	=====
1.	49	1	Haley	Sack	F Mendota High School	19:48	6:36
2.	96	2	Savanah	Davis	F Rock Falls High School	19:55	6:38
3.	98	3	Aubree	Johnson	F Rock Falls High School	20:02	6:41
4.	128		Elizabeth	Mosbach	F Spring Valley Hall	20:11	6:44
5.	73	4	Emma	Makransky	F Princeton High School	20:14	6:45
6.	76	5	C.J.	Rhodes	F Princeton High School	20:36	6:52
7.	94	6	Lindsey	Crow	F Rock Falls High School	20:37	6:53
8.	69	7	Alix	Forristall	F Princeton High School	20:53	6:58
9.	92	8	Tracy	Bohlken	F Rock Falls High School	21:02	7:01
10.	103	9	Maryssa	Nusbaum	F Rock Falls High School	21:29	7:10
11.	105	10	Cynthia	Vazquez	F Rock Falls High School	21:50	7:17
12.	124		Daniela	Acamovic	F Spring Valley Hall	22:01	7:21
13.	99	11	Paige	Last	F Rock Falls High School	22:03	7:21
14.	4	12	Marci	Furuholmen	F Ivc	22:21	7:27
15.	75	13	Laura	Nelson	F Princeton High School	22:30	7:30
16.	11	14	Lindsey	Whalen	F Ivc	22:35	7:32
17.	6	15	Sara	James	F Ivc	22:52	7:38
18.	97		Haylea	Ehredt	F Rock Falls High School	22:55	7:39
19.	2	16	Shay	Burger	F Ivc	23:10	7:44
20.	3	17	Bethany	Espinosa	F Ivc	23:47	7:56
21.	106		Olivia	Watson	F Rock Falls High School	23:57	7:59
22.	104		Bre	Richardson	F Rock Falls High School	24:03	8:01
23.	71	18	Nicole	Kerr	F Princeton High School	24:14	8:05
24.	95		Paige	Crow	F Rock Falls High School	24:14	8:05
25.	102		Linda	Ngai	F Rock Falls High School	24:49	8:17
26.	93		Marina	Cervantes	F Rock Falls High School	24:56	8:19
27.	46	19	Abigael	Morris	F Mendota High School	25:10	8:24
28.	7	20	Stephany	Johnson	F Ivc	25:18	8:26
29.	126		Gabby	Dhesse	F Spring Valley Hall	25:42	8:34
30.	78	21	Trisha	Smith	F Princeton High School	26:06	8:42
31.	40	22	Lauren	Becker	F Mendota High School	26:14	8:45
32.	67	23	Hannah	Bachman	F Princeton High School	26:36	8:52
33.	9	24	Jessica	Owdom	F Ivc	26:39	8:53
34.	48	25	Madeline	Piller	F Mendota High School	27:08	9:03
35.	68		Caitlyn	Branske	F Princeton High School	27:14	9:05
36.	44	26	Rebekah	Herbert	F Mendota High School	27:20	9:07
37.	70		Kelsey	Gorman	F Princeton High School	27:48	9:16
38.	27		Andrea	Nyert	F Kewanee High School	29:17	9:46
39.	100		Miew	Lorwachirawat	F Rock Falls High School	31:20	10:27

## FEMALE VARSITY REAGAN CONFERENCE RESULTS

2009 NCIC Girls Cross Country



Sterling, IL 10/17/2009 11:30 am Sunny, 45 degrees

Directed by: Dennis Hartz

Place	No.	TmPl	First	Last	S Team	TIME	Pace
1.	156	1	Haley	Thorpe	F Dixon High School	19:13	6:25
2.	171	2	Danielle	Dewey	F Geneseo High School	19:34	6:32
3.	172	3	Emily	Ford	F Geneseo High School	19:41	6:34
4.	168	4	Joann	Chenoweth	F Geneseo High School	19:46	6:36
5.	154	5	Chelsea	Sondgeroth	F Dixon High School	19:53	6:38
6.	151	6	Megan	Burger	F Dixon High School	20:06	6:42
7.	225	7	Kelly	Schwantner	F Morris High School	20:07	6:43
8.	174	8	Paige	Gatter	F Geneseo High School	20:16	6:46
9.	267	9	Carissa (Red)	Apperson	F Sterling High School	20:24	6:48
10.	178	10	Betsy	Winberry	F Geneseo High School	20:39	6:53
11.	153	11	Kate	Johnson	F Dixon High School	20:56	6:59
12.	279	12	Carolyn	McPherson	F Sterling High School	21:03	7:01
13.	152	13	Liz	Hilliard	F Dixon High School	21:09	7:03
14.	271	14	Mary Rose (Spon	Dukelow	F Sterling High School	21:13	7:05
15.	173	15	Jenny	Ford	F Geneseo High School	21:16	7:06
16.	272	16	Stephanie	Echebarria	F Sterling High School	21:31	7:11
17.	274	17	Hannah	George	F Sterling High School	21:31	7:11
18.	175	18	Hilary	Lohman	F Geneseo High School	21:32	7:11
19.	273	19	Brittany	Ellis	F Sterling High School	21:38	7:13
20.	280	20	Kaylen	Palmer	F Sterling High School	21:57	7:19
21.	214	21	Anna	Burbank	F Morris High School	22:03	7:21
22.	224	22	Mallory	Runion	F Morris High School	22:06	7:22
23.	170		Amy	Cosgrove	F Geneseo High School	22:22	7:28
24.	220	23	Anna	Pfaff	F Morris High School	22:25	7:29
25.	269		Kaitlyn	Bradley	F Sterling High School	22:29	7:30
26.	221	24	Maddy	Pfaff	F Morris High School	22:32	7:31
27.	226	25	Katie	Thayer	F Morris High School	22:52	7:38
28.	227	26	Amy	Wilson	F Morris High School	23:07	7:43
29.	212		Teesha	Benson	F Morris High School	23:08	7:43
30.	217		Katie	Kreig	F Morris High School	23:09	7:43
31.	219		Breanna	McGarvey	F Morris High School	23:09	7:43
32.	270		Kairee	Brown	F Sterling High School	23:47	7:56
33.	298		Fatima	Chavez	F Streator High School	24:05	8:02
34.	228		Taylor	Wolfer	F Morris High School	25:03	8:21
35.	176		Amanda	Morse	F Geneseo High School	25:19	8:27
36.	177		Natalie	Shipman	F Geneseo High School	26:02	8:41
37.	276		Molly	Kunde	F Sterling High School	26:21	8:47
38.	297		Whitney	Cameron	F Streator High School	26:28	8:50
39.	316	27	Justeen	Payne	F Dixon High School	27:16	9:06
40.	223		Hayley	Robinson	F Morris High School	27:23	9:08

## FEMALE FROSH/SOPH LINCOLN CONFERENCE RESULTS

2009 NCIC Girls Cross Country

Sterling, IL 10/17/2009 10:00 am Sunny, 43 degrees

Directed by: Dennis Hartz

Place	No.	TmPl	First	Last	S Team	TIME	Pace
1.	25		Amber	Jordan	F Kewanee High School	22:40	7:34
2.	26		Rosamaria	Lopez	F Kewanee High School	23:02	7:41
3.	127		Amber	Huffaker	F Spring Valley Hall	23:23	7:48
4.	28		Abbie	Wieser	F Kewanee High School	23:29	7:50
5.	129		Xuxa	Piotrowski	F Spring Valley Hall	23:54	7:58

6.	45	Stephanie	McDowell	F Mendota High School	24:43	8:15
7.	125	Kristina	Acamovic	F Spring Valley Hall	25:15	8:25
8.	47	Hannah	Morris	F Mendota High School	25:50	8:37
9.	130	Angela	Pouk	F Spring Valley Hall	28:04	9:22
10.	42	Cera	Donahue	F Mendota High School	28:18	9:26
11.	91	Kaylyn	Anger	F Rock Falls High School	30:09	10:03
12.	101	Karina	Nehrkorn	F Rock Falls High School	30:35	10:12

## FEMALE FROSH/SOPH REAGAN CONFERENCE RESULTS

2009 NCIC Girls Cross Country  
Sterling, IL 10/17/2009 10:00 am Sunny, 43 degrees  
Directed by: Dennis Hartz

Place	No.	TmPl	First	Last	S Team	TIME	Pace
=====	=====	=====	=====	=====	=	=====	=====
1.	283		Elisabeth	Welch	F Sterling High School	22:38	7:33
2.	284		Alayna	Wolfe	F Sterling High School	22:47	7:36
3.	169		Britta	Conrad	F Geneseo High School	23:55	7:59
4.	278		Charisma	Martinez	F Sterling High School	25:30	8:30
5.	216		Hannah	Hesslau	F Morris High School	26:23	8:48
6.	268		Sky	Arenz	F Sterling High School	26:40	8:54
7.	299		Alivea	Cline	F Streator High School	28:11	9:24

**Timing/Scoring done by:**  
**Alan Avery**  
**Elvish Consulting**  
**1408 Noble Ave**  
**Springfield, IL 62704-3450**  
**Phone: 217.698.8600**  
**email: [alan@timingiseverything.com](mailto:alan@timingiseverything.com)**  
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[Girls-Teams](#) [Girls-Finishers](#) [Boys-Teams](#) [Boys-Finishers](#)

## 2009 NCIC XC Conference Male Team Results

Girls-Teams Girls-Finishers Boys-Teams Boys-Finishers

### MALE VARSITY LINCOLN CONFERENCE TEAM RESULTS

2009 NCIC Boys Cross Country

Sterling, IL 10/17/2009 12:15 am Sunny, 46 degrees

Directed by: Dennis Hartz

1. Rock Falls High School  
3 4 5 8 10 (23) (27) = 30  
Chris Gallegos, Nathan Hudson, Zach Billings, Sean Leaf, Brok Lewis,  
Colin Wykstandt, Tyler Carber
2. Spring Valley Hall  
1 2 11 14 17 (21) (22) = 45  
Scott Janusick, T.J. Mosbach, Austin Pelszynski, Brandon Allen,  
Juan Vera, Brett Herrmann, Nathaniel Kingry
3. Princeton High School  
13 15 16 25 28 (37) = 97  
Jacob Mead, Zach Kieffer, Greg Musselman, Ryan Arndt, Cody Schertz,  
Sam Smith
4. Kewanee High School  
7 9 19 30 36 (38) = 101  
Jason Henkins, Allen Nelson, Traven Wetzal, Arturo Hernandez,  
Kyle Lunghofer, Brooks Bullock
5. Ivc  
6 20 24 26 29 (32) (33) = 105  
David Weber, Ryan Greskoviak, Corey Gondeck, Drew Zadrzynski,  
Dusty Seckler, Caleb Bjerk, Evan Schultz
6. Mendota High School  
12 18 31 34 35 (39) (40) = 130  
Adam Weeks, Ian Richardson, Ben Farris, Logan Vanrheenen,  
Jared Allen, Isaac Piller, Stephen Prescott

### MALE VARSITY REAGAN CONFERENCE TEAM RESULTS

2009 NCIC Boys Cross Country

Sterling, IL 10/17/2009 12:15 am Sunny, 46 degrees

Directed by: Dennis Hartz

1. Dixon High School  
1 4 7 8 11 (12) (15) = 31  
Zach Payne, Ross Kavanagh, Roy Hummel, Aaron Grady, Spencer Hill,  
Brock Mayberry, Keanen Corning
2. Geneseo High School  
3 5 9 10 13 (16) (26) = 40  
Thomas Sigwalt, Jordan Starkey, Carlisle Evans-Peck, Kyle Reiling,  
Chad Ford, Branden Smith, Andrew Kellogg
3. Morris High School  
6 18 19 22 23 (28) (33) = 88  
Heath Hougas, Jordan Walker, Mike Molaschi, Ryley Steele,  
Nathaniel Hunnewell, Trevor Boers, Chris Gallick
4. Sterling High School



- 2 17 20 24 25 (29) (31) = 88  
Jacob Landis, Andrew McCormick, Matt Dirks, Trevor Johnson,  
Travis Waldschmidt, Chris Mackey, Wade Steinke
5. Streator High School  
14 21 27 30 32 = 124  
Cristian Martinez, Willie Clark, Tre Wade, Mike Tafoya, Carl McDonald

## MALE FROSH/SOPH LINCOLN CONFERENCE TEAM RESULTS

2009 NCIC Boys Cross Country  
Sterling, IL 10/17/2009 10:45 am Sunny, 44 degrees  
Directed by: Dennis Hartz

1. Mendota High School  
1 2 3 4 5 (6) (7) = 15  
Jacob Weeks, Ethan Sack, Collin Reeder, Nolan Schuhler,  
Grant Bodmer, Griffin Anderson, Justin Askins

## MALE FROSH/SOPH REAGAN CONFERENCE TEAM RESULTS

2009 NCIC Boys Cross Country  
Sterling, IL 10/17/2009 10:45 am Sunny, 44 degrees  
Directed by: Dennis Hartz

1. Lasalle-Peru  
1 3 5 8 9 (11) = 26  
Vincent Wlker, Taylor Postola, Joey Hines, Drew Bacidore,  
Lucas Elmore, Tiernan Ebener
2. Geneseo High School  
2 4 6 7 10 (12) = 29  
Marcus Gagnon, Jesse Mohr, Mickey Christensen, Kyle Parker,  
Hunter Kuffel, Jay Wilson

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Timing/Scoring done by:  
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Elvish Consulting  
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[Girls-Teams](#) [Girls-Finishers](#) [Boys-Teams](#) [Boys-Finishers](#)

# 2009 NCIC XC Conference Male Results

Girls-Teams Girls-Finishers Boys-Teams Boys-Finishers

## MALE VARSITY LINCOLN CONFERENCE RESULTS

2009 NCIC Boys Cross Country

Sterling, IL 10/17/2009 12:15 am Sunny, 46 degrees

Directed by: Dennis Hartz

Place	No.	TmPl	First	Last	S Team	TIME	Pace
1.	134	1	Scott	Janusick	M Spring Valley Hall	16:12	5:24
2.	137	2	T.J.	Mosbach	M Spring Valley Hall	16:31	5:31
3.	113	3	Chris	Gallegos	M Rock Falls High School	16:38	5:33
4.	118	4	Nathan	Hudson	M Rock Falls High School	16:39	5:33
5.	107	5	Zach	Billings	M Rock Falls High School	16:54	5:38
6.	23	6	David	Weber	M Ivc	17:07	5:43
7.	32	7	Jason	Henkins	M Kewanee High School	17:18	5:46
8.	119	8	Sean	Leaf	M Rock Falls High School	17:21	5:47
9.	37	9	Allen	Nelson	M Kewanee High School	17:33	5:51
10.	120	10	Brok	Lewis	M Rock Falls High School	17:36	5:52
11.	139	11	Austin	Pelszynski	M Spring Valley Hall	17:37	5:53
12.	64	12	Adam	Weeks	M Mendota High School	17:43	5:55
13.	85	13	Jacob	Mead	M Princeton High School	17:52	5:58
14.	131	14	Brandon	Allen	M Spring Valley Hall	17:54	5:58
15.	84	15	Zach	Kieffer	M Princeton High School	17:56	5:59
16.	86	16	Greg	Musselman	M Princeton High School	18:01	6:01
17.	140	17	Juan	Vera	M Spring Valley Hall	18:06	6:02
18.	60	18	Ian	Richardson	M Mendota High School	18:08	6:03
19.	39	19	Traven	Wetzel	M Kewanee High School	18:12	6:04
20.	18	20	Ryan	Greskoviak	M Ivc	18:22	6:08
21.	133	21	Brett	Herrmann	M Spring Valley Hall	18:32	6:11
22.	135	22	Nathaniel	Kingry	M Spring Valley Hall	18:37	6:13
23.	123	23	Colin	Wykstandt	M Rock Falls High School	18:45	6:15
24.	17	24	Corey	Gondeck	M Ivc	19:05	6:22
25.	80	25	Ryan	Arndt	M Princeton High School	19:15	6:25
26.	24	26	Drew	Zadrzynski	M Ivc	19:29	6:30
27.	109	27	Tyler	Carber	M Rock Falls High School	19:41	6:34
28.	87	28	Cody	Schertz	M Princeton High School	19:44	6:35
29.	111		Brett	Cover	M Rock Falls High School	19:59	6:40
30.	21	29	Dusty	Seckler	M Ivc	20:03	6:41
31.	33	30	Arturo	Hernandez	M Kewanee High School	20:05	6:42
32.	54	31	Ben	Farris	M Mendota High School	20:14	6:45
33.	132		Matt	Eilers	M Spring Valley Hall	20:41	6:54
34.	14	32	Caleb	Bjerk	M Ivc	20:45	6:55
35.	20	33	Evan	Schultz	M Ivc	20:50	6:57
36.	13		Franklin	Barrett	M Ivc	21:02	7:01
37.	22		Zach	Switzer	M Ivc	21:05	7:02
38.	117		Chris	Haan	M Rock Falls High School	21:07	7:03
39.	63	34	Logan	Vanrheenen	M Mendota High School	21:14	7:05
40.	50	35	Jared	Allen	M Mendota High School	21:20	7:07
41.	136		Silas	Kleinau	M Spring Valley Hall	21:36	7:12
42.	116		Chase	Gridley	M Rock Falls High School	22:01	7:21
43.	121		Quannell	Reid	M Rock Falls High School	22:14	7:25
44.	36	36	Kyle	Lunghofer	M Kewanee High School	22:55	7:39
45.	89	37	Sam	Smith	M Princeton High School	23:00	7:40

46.	30	38 Brooks	Bullock	M Kewanee High School	23:07	7:43
47.	108	Andrew	Cain	M Rock Falls High School	23:20	7:47
48.	115	Jory	Gould	M Rock Falls High School	23:29	7:50
49.	57	39 Isaac	Piller	M Mendota High School	23:52	7:58
50.	58	40 Stephen	Prescott	M Mendota High School	26:33	8:51
51.	16	Alex	Dunn	M Ivc	26:43	8:55
52.	66	Evan	Wixom	M Mendota High School	27:56	9:19

## MALE VARSITY REAGAN CONFERENCE RESULTS

### 2009 NCIC Boys Cross Country

Sterling, IL 10/17/2009 12:15 am Sunny, 46 degrees

Directed by: Dennis Hartz

Place	No.	TmPl	First	Last	S Team	TIME	Pace
1.	165	1	Zach	Payne	M Dixon High School	16:19	5:27
2.	290	2	Jacob	Landis	M Sterling High School	16:29	5:30
3.	195	3	Thomas	Sigwalt	M Geneseo High School	16:33	5:31
4.	163	4	Ross	Kavanagh	M Dixon High School	16:34	5:32
5.	197	5	Jordan	Starkey	M Geneseo High School	16:43	5:35
6.	232	6	Heath	Hougas	M Morris High School	16:51	5:37
7.	162	7	Roy	Hummel	M Dixon High School	16:57	5:39
8.	159	8	Aaron	Grady	M Dixon High School	17:03	5:41
9.	182	9	Carlisle	Evans-Peck	M Geneseo High School	17:09	5:43
10.	194	10	Kyle	Reiling	M Geneseo High School	17:12	5:44
11.	161	11	Spencer	Hill	M Dixon High School	17:14	5:45
12.	164	12	Brock	Mayberry	M Dixon High School	17:15	5:45
13.	183	13	Chad	Ford	M Geneseo High School	17:23	5:48
14.	308	14	Cristian	Martinez	M Streator High School	17:30	5:50
15.	158	15	Keanen	Corning	M Dixon High School	17:38	5:53
16.	196	16	Branden	Smith	M Geneseo High School	17:41	5:54
17.	293	17	Andrew	McCormick	M Sterling High School	17:53	5:58
18.	237	18	Jordan	Walker	M Morris High School	18:14	6:05
19.	235	19	Mike	Molaschi	M Morris High School	18:21	6:07
20.	288	20	Matt	Dirks	M Sterling High School	18:22	6:08
21.	304	21	Willie	Clark	M Streator High School	18:30	6:10
22.	160		Dexter	Hill	M Dixon High School	18:32	6:11
23.	157		Nile	Baker	M Dixon High School	18:34	6:12
24.	236	22	Ryley	Steele	M Morris High School	18:40	6:14
25.	233	23	Nathaniel	Hunnewell	M Morris High School	18:48	6:16
26.	166		Jake	Primrose	M Dixon High School	18:53	6:18
27.	289	24	Trevor	Johnson	M Sterling High School	18:59	6:20
28.	296	25	Travis	Waldschmidt	M Sterling High School	19:01	6:21
29.	186	26	Andrew	Kellogg	M Geneseo High School	19:06	6:22
30.	313	27	Tre	Wade	M Streator High School	19:26	6:29
31.	230	28	Trevor	Boers	M Morris High School	19:28	6:30
32.	292	29	Chris	Mackey	M Sterling High School	19:36	6:32
33.	199		Paul	West	M Geneseo High School	19:39	6:33
34.	311	30	Mike	Tafoya	M Streator High School	19:46	6:36
35.	294	31	Wade	Steinke	M Sterling High School	20:02	6:41
36.	191		Brandon	Oleson	M Geneseo High School	20:16	6:46
37.	309	32	Carl	McDonald	M Streator High School	20:20	6:47
38.	231	33	Chris	Gallick	M Morris High School	20:36	6:52
39.	167		Brad	Watkins	M Dixon High School	20:55	6:59
40.	295		Sam	Twining	M Sterling High School	20:57	6:59
41.	193		Greg	Pemble	M Geneseo High School	21:00	7:00
42.	198		Alex	Strohmeyer	M Geneseo High School	21:27	7:09
43.	181		Tom	Dellett	M Geneseo High School	21:51	7:17
44.	179		Jacob	Carton	M Geneseo High School	22:33	7:31



45.	190	John	Mullin	M Geneseo High School	22:54	7:38
46.	287	Matt	Delacruz	M Sterling High School	26:44	8:55
47.	234	Alex	Immel	M Morris High School	33:23	11:08

## MALE FROSH/SOPH LINCOLN CONFERENCE RESULTS

2009 NCIC Boys Cross Country  
Sterling, IL 10/17/2009 10:45 am Sunny, 44 degrees  
Directed by: Dennis Hartz

Place	No.	TmPl	First	Last	S Team	TIME	Pace
=====	=====	=====	=====	=====	=====	=====	=====
1.	65	1	Jacob	Weeks	M Mendota High School	17:44	5:55
2.	61	2	Ethan	Sack	M Mendota High School	18:30	6:10
3.	29		Mark	Breedlove	M Kewanee High School	18:43	6:15
4.	81		Kyle	Arnett	M Princeton High School	18:53	6:18
5.	59	3	Collin	Reeder	M Mendota High School	19:20	6:27
6.	34		Cristian	Hernandez	M Kewanee High School	19:30	6:30
7.	62	4	Nolan	Schuhler	M Mendota High School	19:39	6:33
8.	53	5	Grant	Bodmer	M Mendota High School	20:06	6:42
9.	112		Doug	Devers	M Rock Falls High School	20:15	6:45
10.	51	6	Griffin	Anderson	M Mendota High School	20:19	6:47
11.	114		Charlie	Gilkey	M Rock Falls High School	20:24	6:48
12.	90		Victor	Wolsfeld	M Princeton High School	21:04	7:02
13.	35		David	Hood	M Kewanee High School	21:32	7:11
14.	88		Collin	Schertz	M Princeton High School	22:00	7:20
15.	52	7	Justin	Askins	M Mendota High School	22:03	7:21
16.	38		Austin	Siscoe	M Kewanee High School	22:20	7:27
17.	82		Andrew	Birkey	M Princeton High School	22:31	7:31
18.	122		Parker	Watson	M Rock Falls High School	23:31	7:51
19.	55		Michael	Furar	M Mendota High School	27:13	9:05

## MALE FROSH/SOPH REAGAN CONFERENCE RESULTS

2009 NCIC Boys Cross Country  
Sterling, IL 10/17/2009 10:45 am Sunny, 44 degrees  
Directed by: Dennis Hartz

Place	No.	TmPl	First	Last	S Team	TIME	Pace
=====	=====	=====	=====	=====	=====	=====	=====
1.	211	1	Vincent	Wlker	M Lasalle-Peru	18:14	6:05
2.	184	2	Marcus	Gagnon	M Geneseo High School	18:31	6:11
3.	209	3	Taylor	Postola	M Lasalle-Peru	18:59	6:20
4.	189	4	Jesse	Mohr	M Geneseo High School	20:17	6:46
5.	238		Blake	Wilhelmsen	M Morris High School	20:29	6:50
6.	291		Josh	Landis	M Sterling High School	20:39	6:53
7.	208	5	Joey	Hines	M Lasalle-Peru	20:43	6:55
8.	229		Brian	Bernier	M Morris High School	20:50	6:57
9.	180	6	Mickey	Christensen	M Geneseo High School	20:58	7:00
10.	192	7	Kyle	Parker	M Geneseo High School	21:11	7:04
11.	204	8	Drew	Bacidore	M Lasalle-Peru	21:34	7:12
12.	206	9	Lucas	Elmore	M Lasalle-Peru	21:44	7:15
13.	188	10	Hunter	Kuffel	M Geneseo High School	22:49	7:37
14.	205	11	Tiernan	Ebener	M Lasalle-Peru	23:48	7:56
15.	240		Josh	Wren	M Morris High School	23:57	7:59
16.	200	12	Jay	Wilson	M Geneseo High School	24:10	8:04
17.	285		Chandler	Allen	M Sterling High School	26:21	8:47