

2009 Geneseo Cross Country

VARSITY AWARD WINNERS:

(number of letters earned in cross country)

Seniors

- Joann Chenoweth 4
- Amy Cosgrove 4
- Danielle Dewey 4
- Betsy Winberry 2
- Jacob Carton 1
- Carlisle Evans-Peck 4
- Chad Ford 4
- Cameron Hodgson 1
- Andrew Kellogg 1
- Ethan Koisti 1
- Brandon Oleson 1
- Alex Strohmeier 1
- Paul West 1

Juniors

- Hilary Lohman 2
- Thomas Sigwalt 2
- Branden Smith 3

Sophomres

- Britta Conrad 1
- Jenny Ford 2
- Paige Gatter 2
- Kyle Reiling 2

Freshmen

- Emily Ford 1
- Marcus Gagnon 1
- Jordan Starkey 1

J.V. AWARD WINNERS

Juniors

- Amanda Morse
- Natalie Shipman
- Tom Dellett
- John Mullin
- Greg Pemble

SOPHOMORE AWARD WINNERS

Sophomores

- Mickey Christensen
- Jesse Mohr

Freshman

- none

FRESHMAN AWARD WINNERS

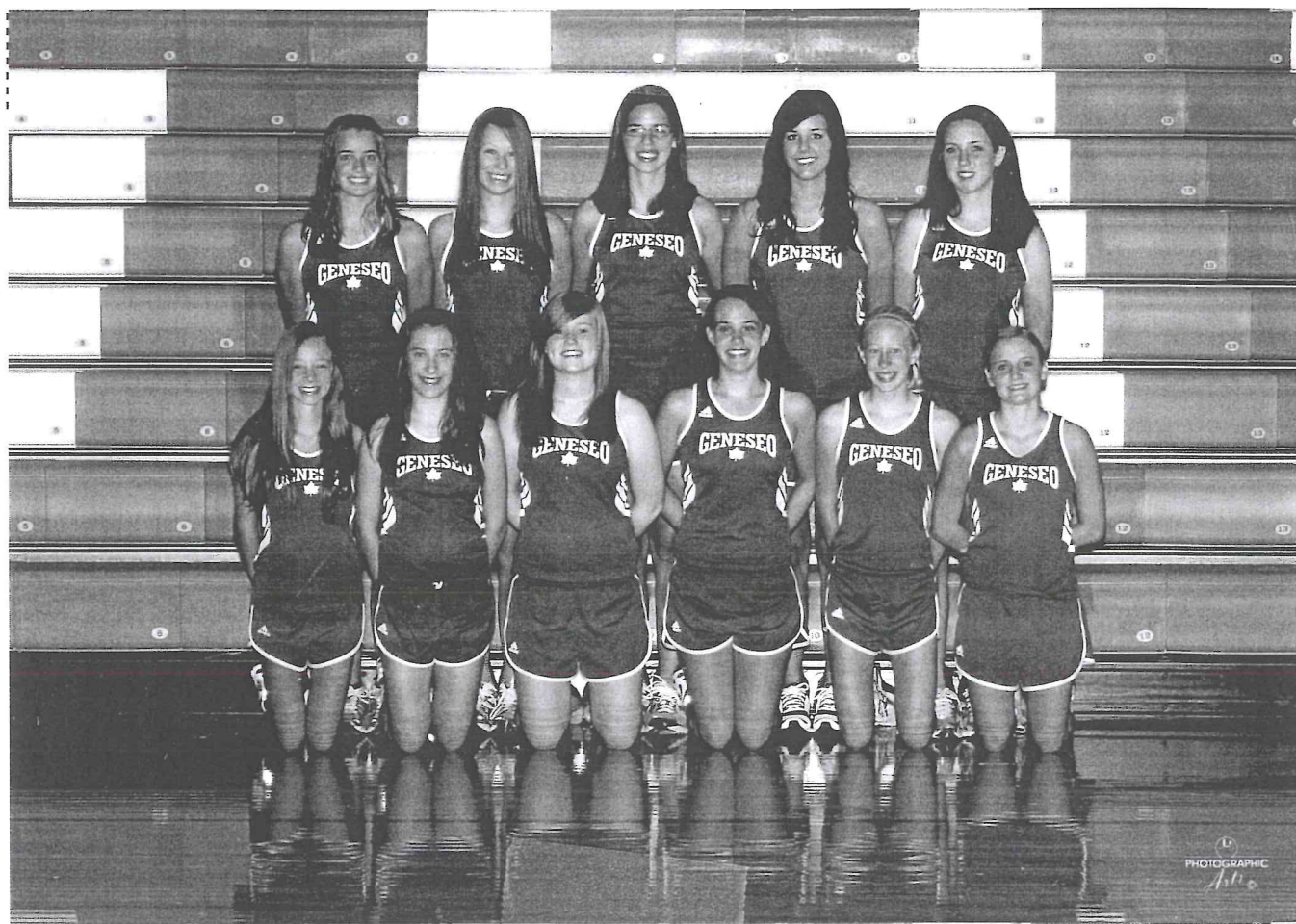
Freshmen

- Hunter Kuffel
- Kyle Parker
- Jay Wilson

MANAGER AWARD WINNERS

- Taylor Cook

2009 GIRLS CROSS COUNTRY TEAM

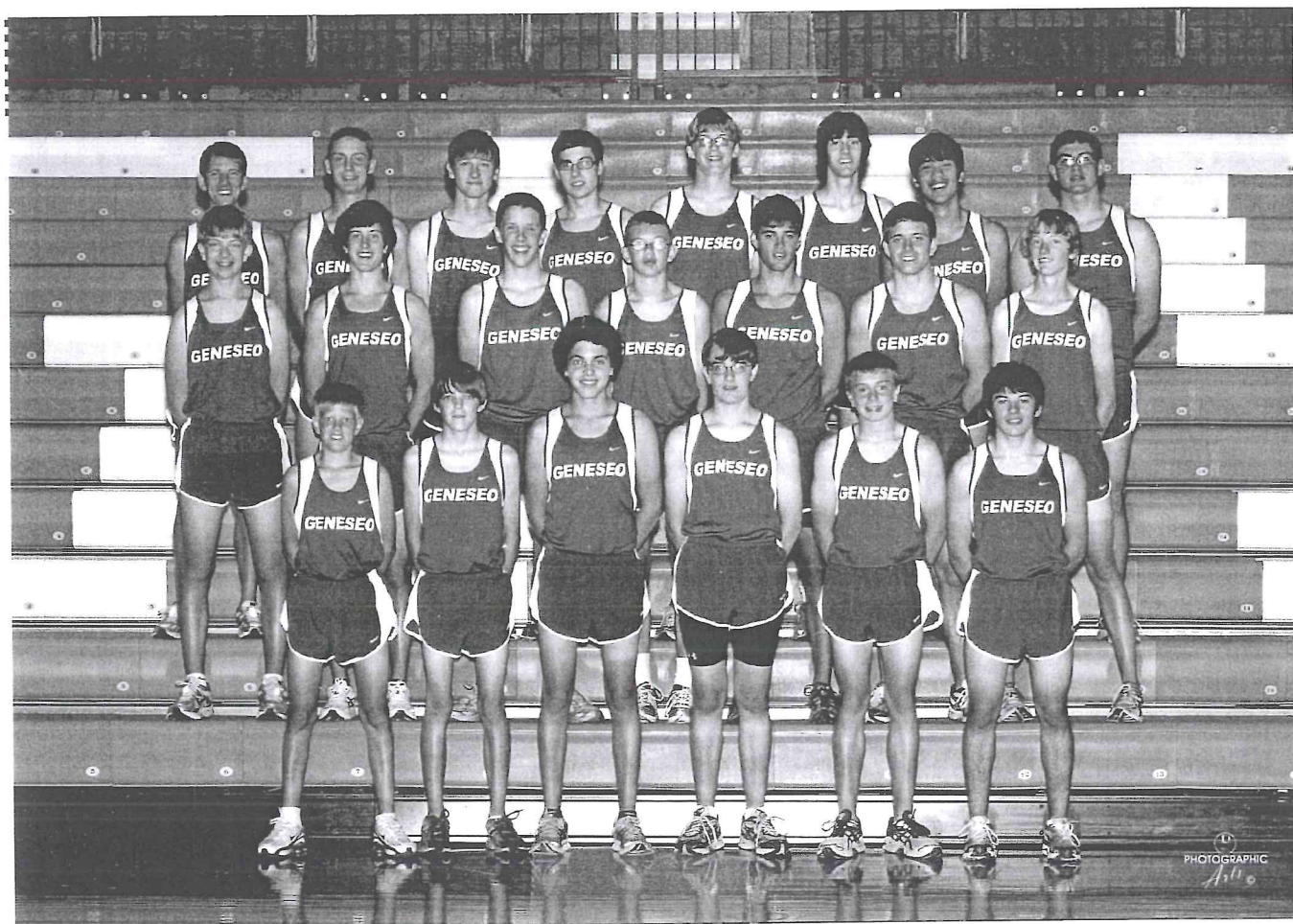


Back Row: Britta Conrad, Danielle Dewey, Hilary Lohman, Natalie Shipman, Joann Chenoweth

Front Row: Paige Gatter, Jenny Ford, Amanda Morse, Betsy Winberry, Emily Ford, Amy Cosgrove

Missing From Photo: Taylor Cooke (Manager)

2009 BOYS CROSS COUNTRY TEAM



Back Row: Branden Smith, Thomas Sigwalt, Greg Pemble, Cameron Hodgson, Jacob Carton, Alex Strohmeyer, Andrew Kellogg, John Mullin

Row Two: Hunter Kuffel, Chad Ford, Paul West, Jesse Mohr, Ethan Koisti, Brandon Oleson, Kyle Reiling

Front Row: Kyle Parker, Jay Wilson, Carlisle Evans-Peck, Mickey Christensen, Jordan Starkey, Marcus Gagnon

Missing From Photo: Tom Dellett

(H.S. Yearbook)

2009

Cross Country

The Truth is You Can
Always Run Faster

Jenny Ford

Being a member of the boys' Cross Country team has been a **terrific** experience. The team's success is due to how tightly packed we run together. Our top 5 runners were able to stay close **together**, pushing each other to run that extra mile and run faster. This helped our team with the Rock Island Invitational, finish 2nd at Conference, and qualify for Sectionals. I am **looking forward** to next year's Cross Country season and the experiences it will bring.

by Thomas Sigwalt

Danielle Dewey

Cross country is a sport that will get to you in every possible way. It will **physically** wear you down to nothing, mentally have you going crazy, and will emotionally take over your life to make it seem, well, as if you **don't** have one. But for some reason something got us all out for this rewarding sport. It is a sport that can be one of the most individual sports there is, but this team was just the opposite. The close **unit** this team formed was remarkable. They found a way to fill in gaps for one another and pick each other up. The Lady Leafs continuously turned heads as the seasons **progressed**. They shocked other teams by winning Conference and Regionals. Lady Leafs came out with a strong third place finish in a stacked Sectionals. With a fourth place **finish** at the State Finals, they marked themselves in history. Geneseo Girl's Cross Country had never placed this high in the State Meet. The hard work that each individual put in was **obvious** and it paid off. Though it's hard for this season to come to an end we have some great memories, lasting friendships, and

accomplishments to look back on. To next year's runners: keep on pushing, be the difference, and Good Luck!

BE STRONG!

by Dani Dewey

Carlisle Evans-Deck

Joan Chenoweth

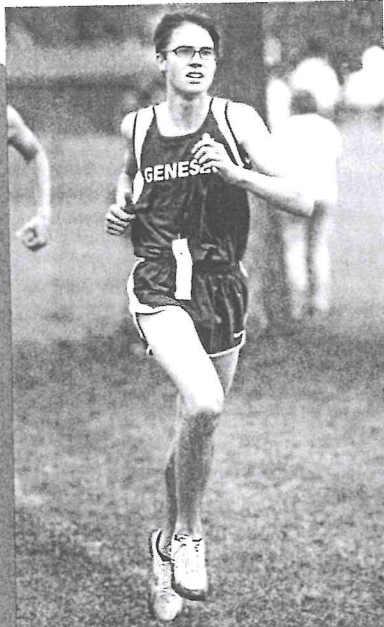
WE ARE THE CROSS COUNTRY TEAM

09/10

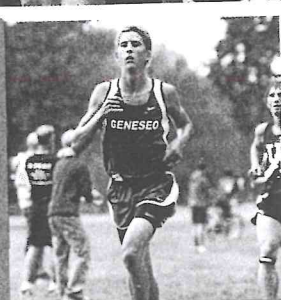
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Paige Gatter



Cameron Hodgson



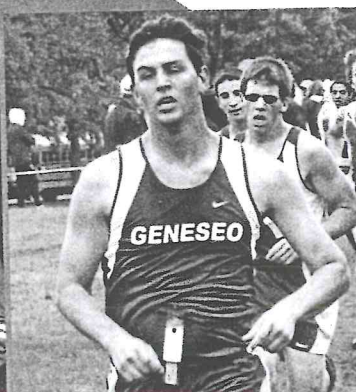
Branden Smith



Britta Conrad



Brandon Oleson



John Mullin



Betsy Winberry



Paul West and Andrew Kellogg



Thomas Sigwalt and Kyle Reiling

WE ARE THE CROSS COUNTRY TEAM

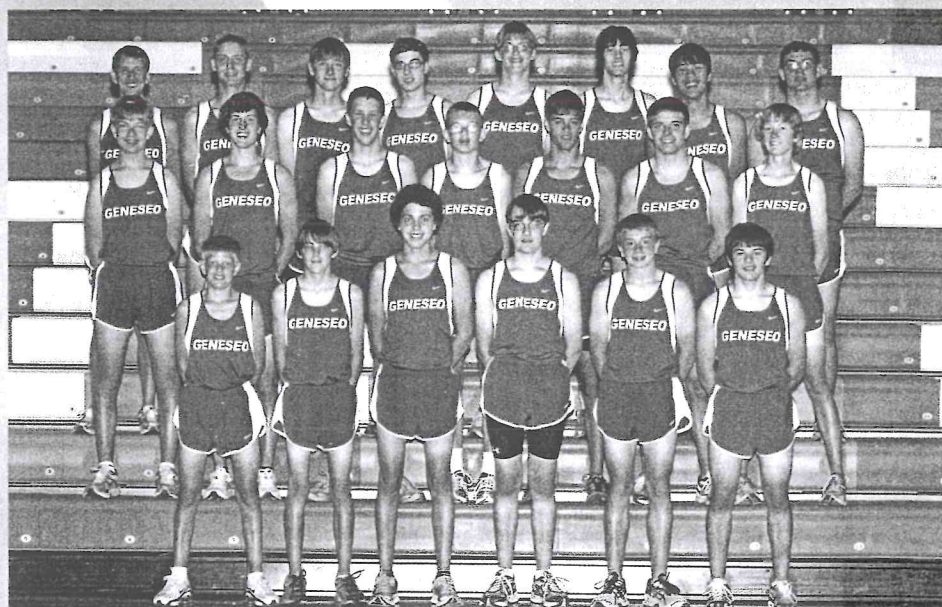
2009

Front row: Paige Gatter, Jenny Ford, Amanda Morse, Betsy Winberry, Emily Ford and Amy Cosgrove. Back row: Britta Conrad, Danielle Dewey, Hilary Lohman, Natalie Shipman and Joann Chenoweth.



Girls Cross Country

Front row: Kyle Parker, Jay Wilson, Carlisle Evans-Peck, Mickey Christensen, Jordan Starkey and Marcus Gagnon. Second row: Hunter Kuffel, Chad Ford, Paul Vest, Jesse Mohr, Ethan Koisti, Brandon Olson and Kyle Reiling. Back row: Branden Smith, Thomas Sigwalt, Greg Pemble, Cameron Hodgson, Jacob Carton, Alex Strohmeier, Andrew Kellogg and John Mullin.



Boys Cross Country

09/10