

Boys' CC places first, girls finish second

By AMY BOLDT
Sports Editor

The Geneseo cross country teams were off and running Sept. 2 in their first meet of the season. The Geneseo squads traveled to Sterling for the Grass Relays where the boys' team came out on top with an 18-43 victory, while the girls came in second to Sterling, 23-33.

"I classify it as a success, but it was brutal with 93 degree temperatures and a heat index over 100," said head coach Don Fredericks. "The kids were not really ready for that. All in all it was a great lead into the season."

Pacing the boys' race was Geneseo grabbing the top three places. Chad Ford and Josh Lodge nabbed first-place honors with a combined time of 32 minutes and 43.5 seconds, followed by Kyle Reiling and Carlisle Evans-Peck in second at 34:57.1. Chris Bisom and Tom Sigwalt placed third for the Leafs with a time of

35:01.8.

"The boys team was the opposite of the girls, we have the depth," said Fredericks. "It was exciting to see our boys team really come together and they are working hard to make a run."

The duo of Ian Mattan and Branden Smith came in fifth with a time of 36:33.1, followed by Tyler Timmerman and Jon Aper in seventh in 40:12.4.

In eighth place was A. J. Kellogg and Andrew Kellogg with a time of 40:28.5, while teammates Ethan Koisti and Cameron Hodgson took ninth in 40:35.5.

Rounding out the effort were Alex Strohmeier and Greg Pemble in 41:55.2, Tom DeNett and Mickey Christenson, 13th in 44:36.4 and Ben Lodge and Jacob Carton, 15th in 46:04.4.

On the girls' side, Stephanie Kennett and Joann Chenoweth captured first place for the Lady Leafs, crossing the finish line in 39:56.5. Amy Cosgrove and

Danielle Dewey finished in fourth place with a time of 42:05.7, while Hilary Lohman and Claire Wiese took eighth in 46:44.6.

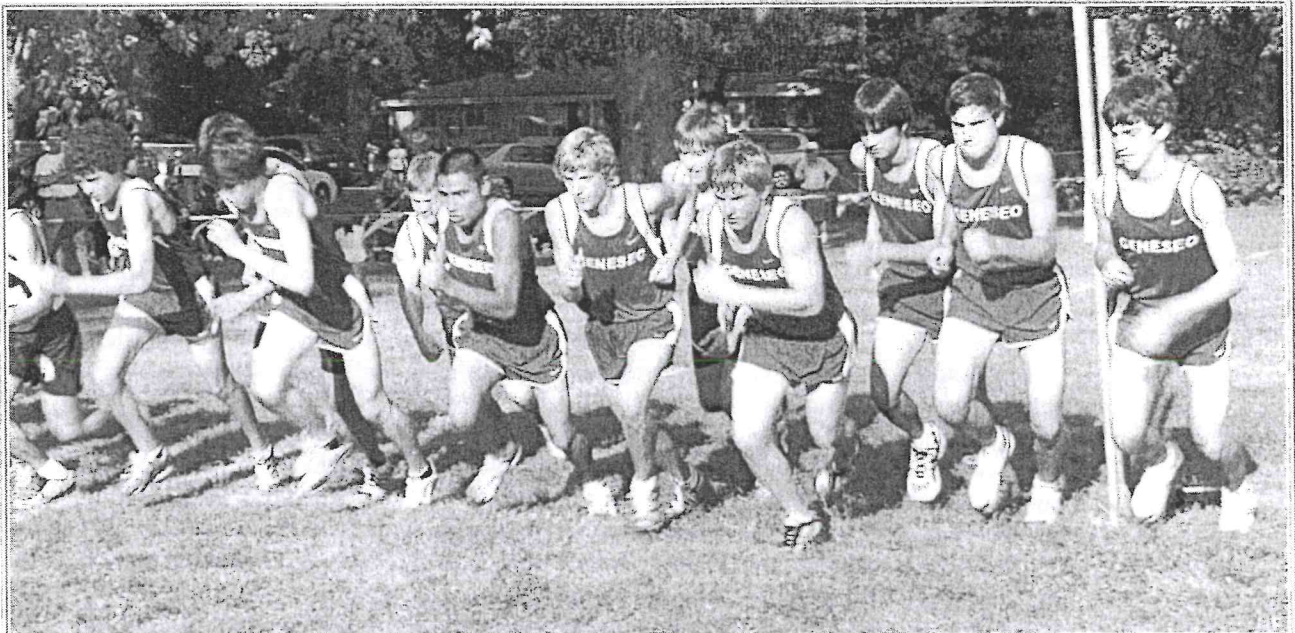
Others contributing for the Lady Leafs were Paige Gatter and Jenny Ford in ninth place with a time of 47:29.3 and Taylor Cook and Mariah Carney in 11th at 49:32.9.

"We need 10 athletes for five scoring teams so this was a real challenge for the girls. The runners are paired up with a teammate and each runner runs three miles for a total of six miles," said Fredericks. "This meet certainly rewards depth and it is not a luxury we have for our girls."

"We know on paper our strength is our top four, but we are seeing encouraging signs for the top 7."

The cross country teams next will travel to Galesburg for the 9 a.m. Sept. 6 Galesburg Invite.

"The Galesburg Invite is going to be a great early season challenge," said Fredericks. "There are some big teams there and it will be a good early season test to see where we are."



The 08 Season is off and running. Come on out and BACK DA LEAFS

STERLING GRASS RELAYS

On Tuesday afternoon, Geneseo traveled to Sterling's Hoover Park to participate in a dual meet with the Sterling Golden Warriors. The meet format is a bit unusual as teammates are paired together alternating in one mile segments until the team has run a total of 6 miles (each athlete runs 3 1-mile repeats.) This has been the traditional season opener for the Leafs for several years now and the teams were greeted with sweltering heat and humidity. The temperature soared above 90 degrees and the heat index was pushed into triple digits. OUCH!

The Lady Leafs placed 2nd to Sterling by a score of 23 to 33. The meet design rewards team depth and that is not a luxury that the Lady Leafs possess this season. Strong efforts were turned in by the entire team. Stephanie Kennett and Joann Chenoweth led the charge with their gold medal performance. Scoring 2nd for the Lady Leafs were the team of Danielle Dewey and Amy Cosgrove who placed 4th.

Pacing the boys team to a win over Sterling (18-43) were the championship pair of Chad Ford and Josh Lodge. The Leafs took the top 3 team positions showing good depth as Kyle Reiling and Carlise Evans-Peck took 2nd and Chris Bisom and Thomas Sigwalt placed 3rd.

The Leafs will next be in action on Saturday as they participate in the powerful 16-team Galesburg Invitational.

RESULTS

Cross Country

2008 STERLING GRASS RELAYS: Team Split Page

GIRLS (Boys Team Listed Below)

Rank	Name	Mile 1	Mile 2	Mile 3	Average
1	Joann Chenoweth 11	6:19	6:39	6:49	6:35
2	Danielle Dewey 11	6:20	6:49	6:49	6:39
3	Stephanie Kennett 12	6:13	6:48	7:08	6:43
4	Paige Gatter 09	7:17	7:11	7:37	7:21
5	Amy Cosgrove 11	6:55	7:26	7:47	7:22
6	Britta Conrad 09	7:30	-	-	7:30
7	Claire Weise 12	7:12	7:34	7:48	7:31
8	Hilary Lohman 10	7:20	8:20	8:30	8:03
9	Mariah Carney 10	7:41	8:15	8:31	8:11
9	Taylor Cook 11	7:38	8:35	8:44	8:19
11	Jenny Ford 09	7:29	9:17	7:37	8:28
DNC	None				

BOYS

Rank	Name	Mile 1	Mile 2	Mile 3	Average
1	Josh Lodge 12	5:09	5:14	5:22	5:15
2	Anthony Iron Thunder 11	5:09	5:50	5:39	5:32
3	Chad Ford 11	5:20	5:44	5:54	5:39
4	Kyle Reiling 09	5:43	5:47	5:42	5:44
5	Carlisle Evans-Peck 11	5:42	5:51	5:54	5:49
6	Chris Bisom 12	5:38	5:57	5:57	5:50
	Thomas Sigwalt 10	5:47	5:46	5:57	5:50
8	Branden Smith 10	6:16	6:03	5:54	6:04
9	Ian Mattan 11	5:59	6:00	6:21	6:06
10	Tyler Timmerman 11	6:06	6:34	6:38	6:24
11	A.J. Kellogg 12	6:08	6:54	6:54	6:38
12	Cameron Hodgson 11	6:25	6:47	6:58	6:43
13	Ethan Koisti 11	6:28	6:57	7:02	6:49
14	Andrew Kellogg 11	6:10	7:08	7:14	6:50
15	Greg Pemble 10	6:28	7:01	7:11	6:53

16	Jon Aper 12	6:08	7:32	7:12	6:57
17	Ben Lodge 10	6:50	6:55	7:12	6:59
18	Alex Strohmeyer 11	6:50	7:02	7:23	7:05
19	Tom Dellett 10	6:46	7:33	7:28	7:15
20	John Mullin 10	6:46	8:11	7:07	7:20
21	Mickey Christensen 09	7:45	8:05	7:09	7:39
22	Jacob Carton 11	8:10	8:28	8:29	8:22
DNC	Jesse Mohr 09				

This is a Manila site.

2008 STERLING GRASS RELAYS: Girls Results

- Date: 9/02/08
- Participating Schools: Sterling & Geneseo
- Site: Woodlawn School
- Conditions: 93 and HOT (heat index over 100 degrees)
- Racing Distance: 1 mile loop (3 times)

- **TEAM SCORES:** 1.) Sterling 23; 2.) Geneseo 33

Varsity Girls Race

	Name	School	Total Time
1	Stephanie Kennett 12 Joann Chenoweth 11	Geneseo	39:56
2	Kaylen Palmer 10 Carissa Apperson 11	Sterling	40:38
3	Mary Rose Dukelow 11 Carrie McPherson 9	Sterling	41:39
4	Amy Cosgrove 11 Danielle Dewey 11	Geneseo	42:05
5	Erica Montiel 12 Kathryn Gehrke 12	Sterling	43:23
6	Gwen Sword 11 Kelsey Scanlan 12	Sterling	44:25
7	Stephanie Echiabarria 10 Cecelia Peterson 12	Sterling	44:49
8	Hilary Lohman 10 Clair Weise 12	Geneseo	46:44
9	Paige Gatter 9 Jenny Ford 9	Geneseo	47:29
10	Ceara Campas 12 Gabi Clark 12	Sterling	49:29
11	Taylor Cook 11 Mariah Carney 10	Geneseo	49:32
12	Tori Salazar 12 Ann Say 12	Sterling	49:39
13	Kairee Brown 11 Erica Salas 9	Sterling	52:57
14	Charis Foust 11 Charisma Martinez 9	Sterling	54:50
15	Abby Gritmacker 9 Emma Haak 10	Sterling	55:55
16	Anna Grobe 9 Molly Kunde 10	Sterling	N.T.

2008 STERLING GRASS RELAYS: Boys Results

- Date: 9/02/08
- Participating Schools: Sterling & Geneseo
- Site: Woodlawn School
- Conditions: 93 and HOT (heat index over 100)
- Racing Distance: 1 mile loop (3 times))
- Team Scores: 1.) Geneseo 18; 2.) Sterling 43

Varsity Boys Race

	Name	School	Total Time
1	Chad Ford 11 Josh Lodge 12	Geneseo	32:43
2	Kyle Reiling 9 Carlisle Evans-Peck 11	Geneseo	34:57
3	Chris Bissom 12 Thomas Sigwalt 10	Geneseo	35:01
4	Nathan Costillo 12 Jacob Landis 10	Sterling	35:14
5	Ian Mattan 11 Branden Smith 10	Geneseo	36:33
6	Eric Pease 12 Andrew McCormick 11	Sterling	38:19
7	Tyler Timmerman 11 Jon Aper 12	Geneseo	40:12
8	A.J. Kellogg 12 Alex Kellogg 11	Geneseo	40:28
9	Ethan Koisti 11 Cameron Hodgson 11	Geneseo	40:35
10	Trevor Johnson 9 Brad Trevino 12	Sterling	41:02
11	Alex Strohmeier 11 Greg Pemble 10	Geneseo	41:55
12	Brennen Dir 11 Travis Waldeschmidt 10	Sterling	42:28
13	Tom Dellett 10 Mickey Christensen 9	Geneseo	44:36
14	Matt Dirks 9 Sam Twining 11	Sterling	44:55
15	Ben Lodge 10 Jacob Carton 11	Geneseo	46:04
16	Cody Bryant 11 Josh Landis 9	Sterling	49:12