

2008 Geneseo Cross Country

VARSITY AWARD WINNERS:

(number of letters earned in cross country)

Seniors

- Stephanie Kennett 2
- Claire Wiese 1
- Jon Aper 1
- Chris Bisom 2
- A.J. Kellogg 1
- Josh Lodge 4

Juniors

- Joann Chenoweth 3
- Amy Cosgrove 3
- Danielle Dewey 3
- Carlisle Evans-Peck 3
- Chad Ford 3
- Anthony Iron Thunder 1
- Ian Mattan 2
- Tyler Timmerman 2

Sophomres

- Hilary Lohman 1
- Thomas Sigwalt 1
- Branden Smith 2

Freshmen

- Jenny Ford 1
- Paige Gatter 1
- Kyle Reiling 1

J.V. AWARD WINNERS

Juniors

- Taylor Cook
- Jacob Carton
- Cameron Hodgson
- Andrew Kellogg
- Ethan Koisti
- Alex Strohmeier

SOPHOMORE AWARD WINNERS

Sophomores

- Mariah Carney
- Amanda Morse
- Tom Dellett
- John Mullin
- Greg Pemble

Freshman

- Britta Conrad

FRESHMAN AWARD WINNERS

Freshmen

- Mickey Christensen
- Jesse Mohr

MANAGER AWARD WINNERS

- Betsy Winberry

2008

Girls Cross Country Team



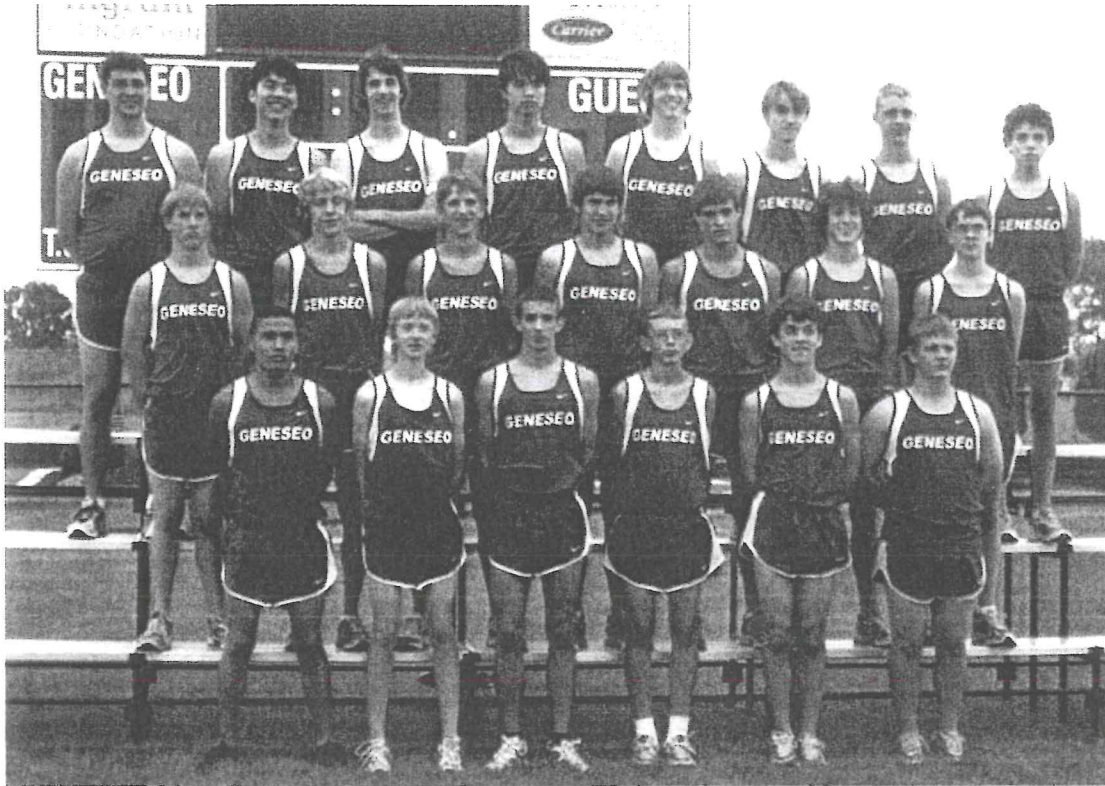
Back Row: Britta Conrad, Danielle Dewey, Hilary Lohman, Claire Weise, Joann Chenoweth

Front Row: Amy Cosgrove, Jenny Ford, Taylor Cooke, Mariah Carney, Paige Gatter

Missing from photo: Stephanie Kennett, Amanda Morse, Betsy Winberry (Manager)

2008

Boys Cross Country Team



Back Row: John Mullin, Andrew Kellogg, Alex Strohmeier, AJ Kellogg, Jacob Carton, Greg Pemble, Thomas Sigwalt, Carlisle Evans-Peck

Middle Row: Ian Mattan, Chris Bisom, Branden Smith, Tyler Timmerman, Ethan Koisti, Chad Ford, Mickey Christensen

Front Row: Anthony Iron Thunder, Kyle Reiling, Josh Lodge, Jesse Mohr, Tom Dellett, Ben Lodge

Missing

from photo: Jon Aper, Cameron Hodgson, Betsy Winberry (Manager)

2008

Cross Country

What was your favorite course?

Clare Wiese - Sterling. I like running through the woods.

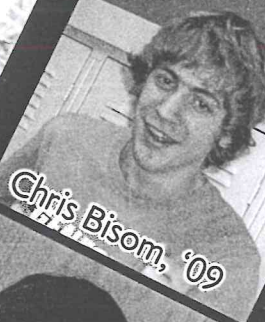
Chris Bisom - Sterling. Its a very diverse course. Lots of obstacles. I did really well there, too.

AJ Kellogg - Peoria, because after the race, Cam and I ran to get Yugioh cards at Target.

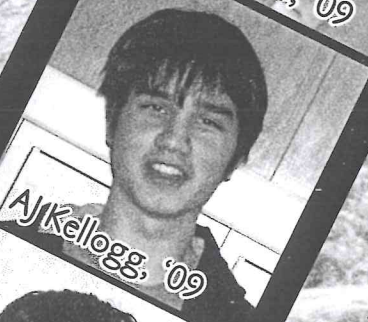
John Mullin - Peoria. It was a pouring rain. I ran in three inches of mud. It was so fun!



Claire Wiese, '09



Chris Bisom, '09



AJ Kellogg, '09



John Mullin, '11

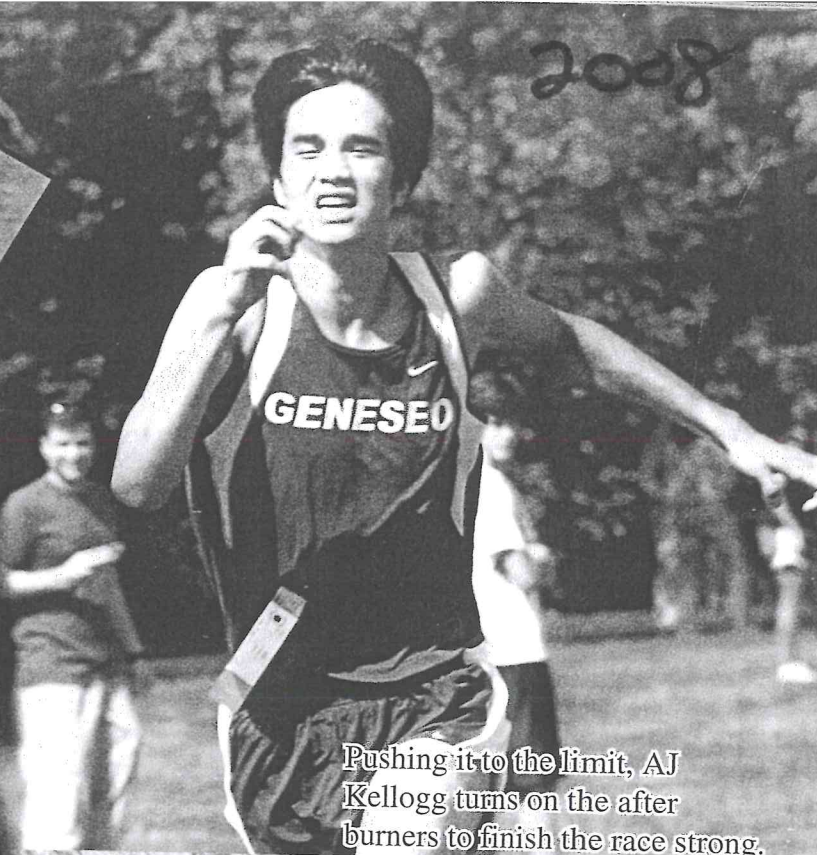
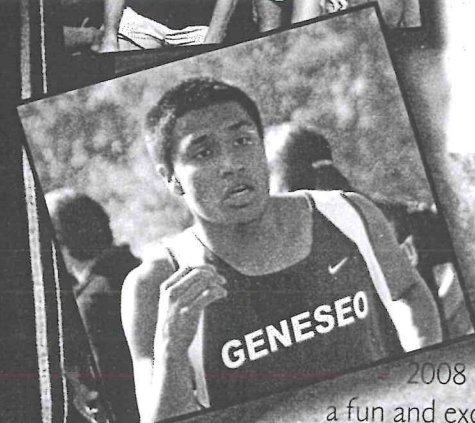
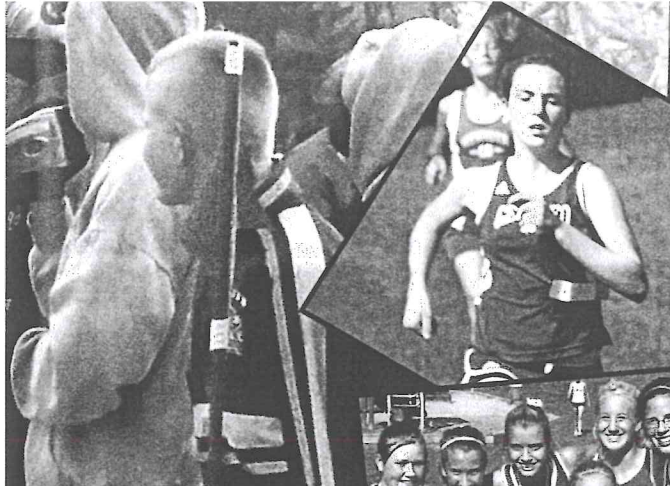


Senior captain Josh Lodge hustles down a trail at the meet. Decked out in Under Armor to protect against cold, he burns ahead for a solid finish.

Running With the Big Dog

Three Captains qualified for the Class 2A State Championship meet this year. Joann Chenoweth placed 28th with a time of 18:38. Following just behind was Stephanie Kennett in 30th with a time of 18:39. In boys' race Josh Lodge ran a 16:01 race and finished 60th overall.

2008



Pushing it to the limit, AJ Kellogg turns on the after burners to finish the race strong.

Cross Country is a difficult sport, and often even the runners themselves wonder if they are crazy for putting on a pair of spikes and pushing themselves until it hurts - and then harder. However, experiences like the 2008 Cross Country season make it all worthwhile. It was simply a fun and exciting year. The team worked together, practiced hard, and made great things happen from Runstock and summer training all the way to the state meet. Even Coach Fredericks and Coach Timmerman were surprised about the overwhelming positive attitude of the team and the striking chemistry between the teammates. Everyone got along and helped each other through difficulties, and deep friendships were grown. Being together was always interesting: whether we were talking too much during stretches, running workouts on the track, playing volleyball or basketball, eating supper, creating imaginary superheroes with pointless powers, or shouting "I love you!" to the nameless passerby, we had a lot of fun doing it.

There were a bunch of mavericks on this team, and their hard work showed. Both the boys' and girls' team qualified for sectionals. There, in an amazing and unprecedented feat, every runner had his or her season-best time. In addition, three runners qualified for the state meet after great individual races: Joann Chenoweth, Stephanie Kennett, and Josh Lodge, three of the four captains. The leadership was strong, the memories were unforgettable, and the seniors didn't want it to end. But for next year's runners, good luck. You have a chance to do something truly remarkable, and have solid leadership to guide you. Work hard, believe in yourselves, and most importantly, be there for each other. Keep the optimism up and running--pun intended.

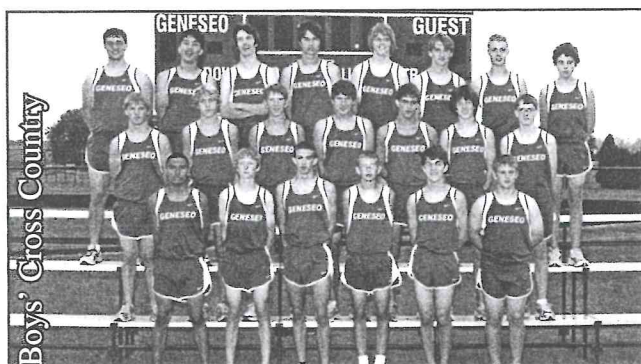
And remember: BELIEVE IN YOURSELF!

- Chris Bisom



Stephanie Kennett and Joanne Chenoweth.

2008



1st Row: Anthony Iron Thunder, Kyle Reiling, Josh Lodge, Jesse Mohr, Tom Dellett, Ben Lodge. 2nd Row: Ian Mattan, Chris Bisom, Branden Smith, Tyler Timmerman, Ethan Koisti, Chad Ford, Mickey Christensen. 3rd Row: John Mullin, Andrew Kellogg, Alex Strohmeier, A.J. Kellogg, Jacob Carton, Greg Pemble, Thomas Sigwalt, Carlisle Evans-Peck.



1st Row: Amy Cosgrove, Jenny Ford, Taylor Cook, Mariah Carney, Paige Gatter. 2nd Row: Britta Conrad, Danielle Dewey, Hilary Lohman, Claire Wiese, Joann Chenoweth

08/09