



Photo courtesy of the Geneseo High School Cross Country Web site

FIRST-PLACE FINISHERS at the Aug. 28 Sterling Grass Relays are from left: Danielle Dewey, Eliza Cropp, Ryan Kotecki and Josh Lodge.

First-place finishes pace Geneseo CC

By AMY BOLDT
Sports Editor

The Geneseo cross country team started off the season on the right foot Aug. 28 despite battling the humid conditions, the boys' and girls' teams both came away with victories at the Sterling Grass Relays.

"We got some early season feedback, but in some brutal 97 to 98 degree heat and the course was also very soft," head coach Don Fredericks said. "It was a fun meet and we saw some good things."

The Lady Leafs finished 11 points ahead of host Sterling for a 22-33 win. Leading the way for Geneseo were the team of Danielle Dewey and Eliza Cropp, nabbing first place with a combined time of 41 minutes and 36 seconds, while Joann Chenoweth and Amy Cosgrove were close behind in second place at 41:49.

Geneseo's team of Stephanie Kennett and Lauren Schroeder took fourth place with a time of 42:39, followed by Liz Hanford and Kate Langdon in seventh at 45:53. The final Geneseo team to finish were Rachel Atwell and Betsy Winberry in 47:34.

"Our girls had a great start to the season," Fredericks said. "We have three girls in the same position (Chenoweth, Dewey and Cosgrove) who all are very close to each other (in times). Amy had a little trouble in the third repeat with the heat and Danielle ran a tremendous race. It is great to watch the girls go after it and race each other. We are young but gained plethora of experience."

In the boys' race, Ryan Kotecki and Josh Lodge combined for a time of 33:24 to take first-place honors in the Leafs' 22-37 win over Sterling.

"The boys' team has exploded number-wise and we have a lot of first time runners this year, which is exciting for the future," Fredericks said. "And we had some new faces show some potential Tuesday night. Josh and Ryan have definitely separated themselves as our top runners and I expect them to be running side by side this year."

Robbie Brenny and Chad Ford raced to a third-place finish in 35:15, followed by Eric Windsor and Carlisle Evans-Peck in fourth at 36:30. Ian Mattan and Tyler Timmerman placed sixth overall with a time of 36:40, while Brandon Smith and Micah Stewart came in eighth at 39:00.

The team of Chris Bisom and Adam Sheley finished with a combined time of 39:18 for ninth place and Cameron Hodgson and Andrew Kellogg took 10th at 39:56. Bryce Borkgren and John Mullin came in 11th with a time of 40:04, while Jon Fleming and Brandon Meeks took 12th at 42:01.

"(For the boys and the girls) those who trained in the heat this summer really reaped the benefits Tuesday night," Fredericks said. "And we will take what we got."

Cross Country: Geneseo ready to compete in Galesburg Invite

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Jaran Heaton and Kevin Ko came in 13th at 43:14, followed by Cole Barrett and Greg Pemble in 14th in 44:24. In 15th place was Jesse Watkins and A. J. Kellogg with a time of 44:36, followed by Tom Dellett and Ethan Koisti in 17th at 48:55.

Rounding out the effort

was Alex Strohmeier and Mitchell Kittelson in 18th at 49:08 and Kyle DeFauw and Ben Lodge in 20th with a final time of 52:03.

The Leaf and Lady Leaf squads will be competing this weekend in the Galesburg Invite at 9 a.m. Sept. 1, followed by a 5 p.m. meet Sept. 4 at Moline High School.

"This will be the first time running the three mile distance and we are excited to see how the runners respond," Fredericks said. "We are very anxious to see how they handle the challenge and we will be able to get more feedback after Saturday's meet. Everyone is working hard and we are very excited."

Sterling Grass Relays

Last night the Leafs traveled to Sterling to participate in the 3rd annual Sterling Grass Relays. Two person teams completed six miles alternating turns. Each athlete ran 3 one mile loops. The Leafs came out on top in both the girls and boys races and were led by the first place teams of Danielle Dewey & Eliza Cropp in the Girls race and Josh Lodge and Ryan Kotecki in the boys race. The Leafs will next be in action this Saturday when they travel to Galesburg to participate in the high-powered Galesburg Invite.

RESULTS

Cross Country

2007 STERLING GRASS RELAYS: Team Split Page

GIRLS (Boys Team Listed Below)

Rank	Name	Mile 1	Mile 2	Mile 3	Average
1	Danielle Dewey 10	6:32	6:42	6:59	6:44
2	Joann Chenoweth 10	6:32	6:53	6:57	6:47
3	Stephanie Kennett 11	6:36	6:51	7:05	6:51
4	Eliza Cropp 12	6:49	7:14	7:20	7:07
5	Amy Cosgrove 10	6:32	7:20	7:34	7:08
6	Lauren Schroeder 11	7:06	7:30	7:31	7:22
7	Liz Handford 11	7:14	7:29	7:36	7:26
8	Elaine Orendorff 12	7:24	7:53	8:24	7:54
9	Rachel Atwell 12	7:41	8:00	8:16	7:59
9	Betsy Winberry 10	7:25	8:09	8:22	7:59
11	Kate Langdon 11	7:55	8:20	8:59	8:28
12	Hilary Lohman 09	8:19	9:08	9:54	9:04
13	Mariah Carney 09	9:57	9:16	9:22	9:32

BOYS

Rank	Name	Mile 1	Mile 2	Mile 3	Average
1	Josh Lodge 11	5:11	5:29	5:27	5:22
2	Ryan Kotecki 12	5:18	5:51	6:06	5:45
3	Chad Ford 10	5:31	5:48	6:03	5:47
4	Robbie Brenny 12	5:29	5:53	6:31	5:57
5	Ian Mattan 10	5:49	6:00	6:05	5:58
6	Carlisle Evans-Peck 10	5:52	6:06	6:14	6:04
7	Eric Windsor 12	6:07	6:03	6:08	6:06
8	Tyler Timmerman 10	6:03	6:16	6:27	6:15
9	Micah Stewart 09	5:51	6:24	6:46	6:20

10	John Fleming 12	5:56	6:09	7:22	6:29
11	Adam Sheley 11	6:13	6:37	6:48	6:32
12	Chris Bisom 11	6:18	6:30	6:53	6:33
13	Cameron Hodgson 10	6:12	6:37	6:54	6:34
14	Bryce Borkgren 12	6:18	7:00	6:30	6:36
15	Branden Smith 09	6:15	6:47	6:57	6:39
16	Andrew Kellogg 10	6:08	6:46	7:19	6:44
17	John Mullin 09	6:14	7:04	6:58	6:45
18	Kevin Ko 12	6:26	6:57	7:17	6:53
19	Jesse Watkins 12	6:31	7:06	7:20	6:59
20	Brandon Meeks 10	6:22	7:11	8:01	7:11
21	Cole Barrett 10	6:28	7:16	8:24	7:22
22	Greg Pemble 09	6:52	7:30	7:54	7:25
23	Ethan Koisti 10	7:05	7:46	8:08	7:39
23	Alex Strohmeier 10	7:26	7:58	7:35	7:39
25	Jaran Heaton 12	7:20	8:23	7:37	7:46
26	A.J. Kellogg 11	7:02	8:18	8:19	7:53
27	Kyle DeFauw 10	8:15	8:47	8:51	8:37
28	Tom Dellett 09	7:42	8:47	9:26	8:38
29	Mitchell Kittelson 09	8:30	9:31	8:07	8:42
30	Ben Lodge 09	7:20	9:12	9:38	8:43
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Cross Country

2007 STERLING GRASS RELAYS: Girls Results

- Date: 8/28/07
- Participating Schools: Sterling & Geneseo
- Site: Woodlawn School
- Conditions: 93 and HOT (ground soft from several days of rain)
- Racing Distance: 1 mile loop (3 times)

Varsity Girls Race

Team Scores: Geneseo 22 Sterling 33

	Name	School	Total Time
1	Danielle Dewey 10 Eliza Cropp 12	Geneseo	41:36
2	Joann Chenoweth 10 Amy Cosgrove 10	Geneseo	41:49
3	Kathryn Gehrke 11 Carissa Apperson 10	Sterling	42:12
4	Stephanie Kennett 11 Lauren Schroeder 11	Geneseo	42:39
5	C. Campos ? C. Peterson ?	Sterling	44:42
6	E. Montiel ? Mary Rose Duketow 10	Sterling	45:33
7	Liz Hanford 11 Kate Langdon 11	Geneseo	45:53
8	Rachel Atwell 12 Betsy Winberry 10	Geneseo	47:34
9	B. Ellis ? K. Palmer ?	Sterling	47:55
10	K. Brown ? A. Say ?	Sterling	48:36
11	? ?	Sterling	50:30
12	? ?	Sterling	51:03

Cross Country

2007 STERLING GRASS RELAYS: Boys Results

- Date: 8/28/07
- Participating Schools: Sterling & Geneseo
- Site: Woodlawn School
- Conditions: 93 and HOT (grass a bit soft from 3 days of rain)
- Racing Distance: 1 mile loop (3 times))

Varsity Boys Race

Team Scores: Geneseo 22; Sterling 37

	Name	School	Total Time
1	Ryan Kotecki 12 Josh Lodge 11	Geneseo	33:24
2	Ben Schott 12 Jacob Landis ?	Sterling	34:29
3	Robbie Brenny 12 Chad Ford 10	Geneseo	35:15
4	Eric Windsor 12 Carlisle Evans-Peck 10	Geneseo	36:30
5	Nathan Coasillo ? Andrew McCormick	Sterling	36:39
6	Ian Mattan 10 Tyler Timmerman 10	Geneseo	36:40
7	Brad Triveno ? Tom Say ?	Sterling	38:12
8	Brandon Smith 09 Micah Stewart 09	Geneseo	39:00
9	Chris Bisorn 11 Adam Sheley 11	Geneseo	39:18
10	Cameron Hodgson 10 Andrew Kellogg 10	Geneseo	39:56
11	Bryce Borkgren 12 John Mullin 09	Geneseo	40:04
12	John Fleming 12 Brandon Meeks 10	Geneseo	42:01
13	Jaran Heaton 12 Kevin Ko 12	Geneseo	43:14

14	Cole Barrett 10 Greg Pemble 09	Geneseo	44:24
15	Jesse Watkins 12 A.J. Kellogg 11	Geneseo	44:36
16	Sam Twining ? Eric Pease ?	Sterling	47:18
17	Tom Dellett 09 Ethan Koisti 10	Geneseo	48:55
18	Alex Strohmeier 10 Mitchell Kittelson 09	Geneseo	49:08
19	Cody Bryant ? Travis Waldsmidt ?	Sterling	49:42
20	Kyle DeFauw 10 Ben Lodge 09	Geneseo	52:03

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