

Cross country teams do battle at Alumni-Open/Sterling Relay

By AMY BOLDT
Sports Editor

The Geneseo cross country teams started off the season with two meets, one against some familiar foes at the Alumni-Open, and the other against new competition at the Grass Relays.

Geneseo at Grass Relays

Both cross country teams came up a little short of victory Aug. 29 at the Sterling Grass Relays, as the Lady Leafs were defeated 17-44 and the boys by one point, 28-29.

"Sterling ran great and we saw some real good things from our runners. It really showed who had a strong summer," Head Coach Don Fredericks said. "It also was fun to have the middle school kids there."

In the girls' competition, the duo of Danielle Dewey and Joann Chenoweth paced the girls, placing fourth with a time of 41 minutes and 27 seconds. Liz Hanford and Nicole Carton followed in eighth, crossing the finish line in 44:52, while Rachel Atwell and Abby Winberry took ninth in 45:03.

Lauren Schroeder and Kate Langdon ended the race with a time of 45:43, followed by Brittney Kajdacs and Kelli

Lawrence in 49:51 and Amber Kajdacs in 51:25.

Racing for the boys was the team of Nate Silver and Dan Chenoweth claiming top honors, taking the tape in 31:09.

Ryan Kotecki and Blake Wyffels took home second in 32:48, while Chad Ford and Josh Lodge finished in 34:35 for fifth place. Carlisle Evans-Peck and Ian Mattan came in 10th in 37:02, while Adam Sheley and Jaran Heaton crossed the finish line in 38:55.

Others racing for the Leafs were Dyson Wake and Eric Windsor in 38:58; Jesse Cross and Erik Kowitz in 40:46; Tom Say and Joe Vasquez, 41:41; Wyatt Pyatt and Kyle DeFauw, 42:30; Cameron Hodgson and Andrew Kellogg, 43:10; and Jon Cybulski and Alex Strohmeier in 49:00.

Alumni-Open

Geneseo's cross country runners started off the season racing against runners of all ages when the squad hosted the 2006 Alumni-Open Aug. 24 at Richmond Hill Park.

D. Chenoweth led the pack placing first with a time of 13:21, followed by Lodge in 13:45 and John Mullin in 14:01.

Kyle Reiling crossed the finish line in 14:02; Amy

Cosgrove, 14:10; Doug Menozi, 14:12; Brian Chenoweth, 14:12; and Kotecki in 14:13.

Ford ended the race in 14:19; J. Chenoweth in 14:21; Dewey, 14:23; Sally Hamer, 14:23; Jenny Ford, 14:24; Chantel Nelson, 14:25; Tanner Piepenbrink, 14:26; Kyle Hirschfelder, 14:29; and Emily Ford, 14:31.

Also, Evans-Peck came in with a time of 14:37; Collin Kowitz, 14:42; Silver, 14:42; Wyffels, 14:44; Mattan, 14:48; Jordan Wildermuth, 14:53; Jordan Etter, 14:59; Rob Brenny, 15:08; Roger Cherry, 15:10; Eliza Cropp, 15:11; Mitchel Kittleson, 15:13; Micky Christenson, 15:20; Andrea Kastorff, 15:21; Cody Robertson, 15:28; and Emily Wake, 15:36.

Other runners included: Tom Mattan, 15:37; Ashley Simmons, 15:43; Rhiannon Anast, 15:44; Hilary Lohman, 15:46; Josh Cocquit, 15:50; Alex Christenson, 15:57; Michael Nelson, 15:58; Alli Rahn, 16:00; Bruce Borkgren, 16:05; Sheley, 16:10; Elora Schwartz, 16:11; Ann Heller, 16:13; Lucas Cropp, 16:18; Dennis Langdon, 16:19; Samantha Borkgren, 16:20; and Justin Trujillo, 16:21.

Mirah Carney finished in

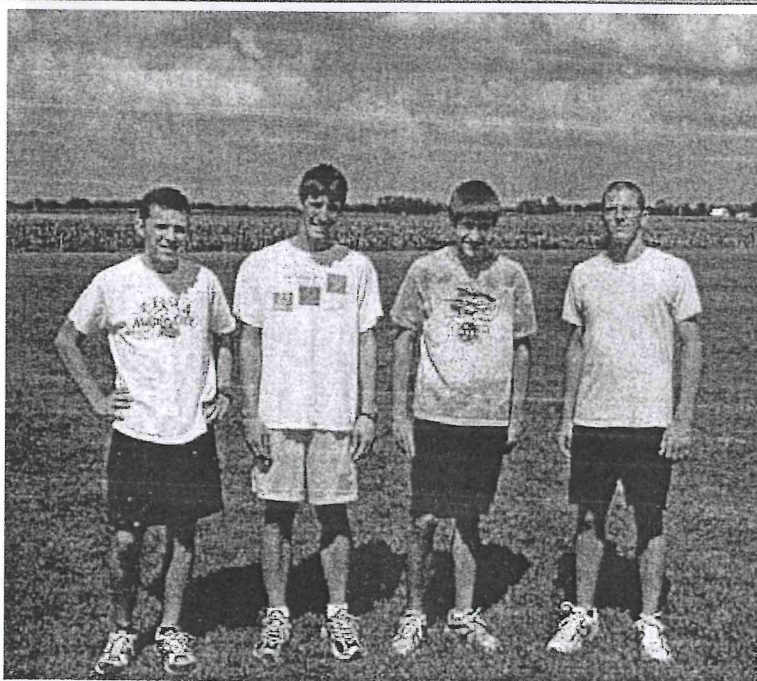
16:22; John Morris, 16:23; Schroeder, 16:27; Langdon, 16:28; Seana Talbert, 16:29; Windsor, 16:33; Atwell, 16:36; Jon Reese, 16:43; Hanford, 16:44; Kellogg, 16:46; Hodgson, 16:48; Colton Boyles, 17:22; DeFauw, 17:23; Chandler Schwartz, 17:24; and Bob Wyffels, 17:28.

Also, Cody Sheffler, 17:29; Matt Koenig, 18:01; Carton, 18:04; Betsy Winberry, 18:21; Michael Irish, 18:28; Luc Fiedler, 18:29; Lawrence, 18:31; Pyatt, 18:35; A. Kajdacs, 18:37; Kowitz, 19:04; Caleb King, 19:11; Brett Miller, 19:12; and Watkins, 19:19.

Amber Kajdacs finished in 19:26; Patrick Lillis, 19:27; Denny Peck, 19:51; Matt Ulner, 19:57; Strohmeier, 21:18; John Cropp, 21:30; Tony Domino, 21:34; Rosendo Viane, 21:47; Brandon Klavine, 21:48; Jon Cybulski, 21:57; and Carson Cocquit, 22:39.

The Leafs' next meet is scheduled for 9 a.m. this Saturday, Sept. 2, at the Galesburg Invite, followed by a road meet with Moline at 5 p.m. Sept. 5.

"We expect to see great competition and it should be very exciting," Fredericks said.



Dan Chenoweth, Nate Silver, Ryan Kotecki, and Blake Wyffels were the first four finishers in the Second Annual Sterling Grass Relays meet on Tuesday. The team of Nate Silver and Dan Chenoweth finished first with a total time of 31:08 for the six mile race. Placing Second was the team of Ryan Koteck and Blake Wyffels with a total time of 32:48.

Sterling Top Leafs in Grass Relays

On Tuesday afternoon the Leafs traveled to Sterling to participate in the 2nd annual Sterling Grass Relays. This year the high school teams were also joined by the Middle School team. Each high school team of two athletes ran 6 miles of mile repeats (3 each) while the Middle School athletes ran 4 miles (2 each.)

In the High School races Sterling defeated the Lady Leafs 17 to 44 while the Sterling boys came out on top 28-29. The Leafs will next be in action Saturday in the Galesburg Invitational.

Cross Country

2006 Sterling Grass Relays: Girls Split Page

Rank	Name	Mile 1	Mile 2	Mile 3	Average
1	Eliza Cropp 11	6:34	6:51	injury	6:42
2	Danielle Dewey 9	6:34	7:03	6:50	6:50
3	Amy Cosgrove 9	6:39	7:03	7:02	6:54
4	Joann Chenoweth 9	6:39	7:03	7:14	6:58
5	Rachel Atwell 11	6:45	7:17	7:14	7:05
6	Nicole Carton 12	7:17	7:20	7:36	7:24
7	Liz Handord 10	7:18	7:23	7:49	7:30
8	Kate Langdon 10	7:24	7:24	7:57	7:35
9	Lauren Schroeder 10	7:21	7:39	7:58	7:39
10	Abby Winberry 12	7:10	8:13	8:25	7:56
11	Kelli Lawrence 12	7:53	8:12	8:30	8:11
12	Betsy Winberry 9	7:41	8:19	8:42	8:14
13	Brittney Kajdacs 12	8:15	8:25	8:36	8:25
14	Amber Kajdacs 9	8:16	8:45	9:42	8:54
15	Kearisten Ranney 9	9:30			9:30
DNC	none				

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Cross Country

2006 Sterling Grass Relays: Girls Results

- Date: 8/29/06
- Participating Schools: Sterling & Geneseo
- Site: Woodlawn School
- Conditions: 75 and nice (ground soft from several days of rain)
- Racing Distance: 1 mile loop (3 times)

Varsity Girls Race

Team Scores: Sterling 17; Geneseo 44

	Name	School	Total Time
1	Kathryn Gehrke 10 Devon Carbaugh 12	Sterling	39:07
2	Jackie Sciacero 12 Tasha Ramano 12	Sterling	39:43
3	Abby Haak ? Carissa Apperson	Sterling	40:53
4	Danielle Dewey 9 Joann Chenoweth 9	Geneseo	41:27
5	Erika Montel ? Ceara Campos ?	Sterling	41:51
6	Kesley Scanlan 10 Kayla Jacobs 11	Sterling	42:00
7	Mary Rose Dukelau 9 Molly Schneidegger 10	Sterling	44:38
8	Liz Hanford 10 Nicole Carton 12	Geneseo	44:52
9	Rachel Atwell 11 Abby Winberry 12	Geneseo	45:03
10	Kaley Roe 11 Connie Sciacero 11	Sterling	45:20
11	Lauren Schroeder 10 Kate Langdon 10	Geneseo	45:43
12	C.J. Foust 9 Tori Salazar 10	Sterling	48:29
13	Lizzie Hamilton 12 Jesse Drew 10	Sterling	49:18

14	Brittney Kajdacs 12 Kelli Lawrence 12	Geneseo	49:51
15	Amber Kajdacs 9	Geneseo	51:25
DNF	Eliza Cropp 11 Amy Cosgrove 9 Kearisten Ranney 9	Geneseo	Injury (ran 2) Ran all 3 Ran 1

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Cross Country

2006 Sterling Grass Relays: Boys Split Page

Rank	Name	Mile 1	Mile 2	Mile 3	Average
1	Dan Chenwoeth 12	4:56	4:56	4:50	4:54
2	Ryan Kotecki 11	5:14	5:30	5:34	5:26
3	Nate Silver 12	5:22	5:32	5:29	5:27
4	Blake Wyffels 12	5:21	5:27	5:42	5:30
5	Josh Lodge 10	5:32	5:39	5:33	5:34
6	Chad Ford 9	5:46	5:59	6:08	5:57
7	Ian Mattan 9	6:07	6:00	6:14	6:07
8	Carlisle Evans-Peck 9	6:06	6:09	6:25	6:13
9	Dyson Wake 12	6:27	6:27	6:10	6:21
10	Jaran Heaton 11	6:13	6:37	6:22	6:24
11	Adam Sheley 10	6:03	6:31	6:59	6:31
12	Eric Windsor 11	6:46	6:39	6:29	6:38
13	Jesse Cross 12	6:27	6:46	6:51	6:41
14	Wyatt Pyatt 12	6:25	6:47	6:59	6:43
15	Erik Kowitz 12	7:02	6:55	6:49	6:55
16	Andrew Kellogg 9	6:48	7:06	7:47	7:13
17	Kyle DeFauw 9	7:17	7:24	7:34	7:25
18	Cameron Hodgson 9	6:53	7:46	7:46	7:28
19	Alex Strohmeier 9	7:44	8:18	8:31	8:11
20	Jon Cybulski 11	7:26	8:30	8:49	8:15
DNC	Rob Barton 10 Bryce Borkgren 11 Rob Brenny 11 Lucas Cropp 12 Tyler Toom 11 Jesse Watkins 11				

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- Participating Schools: Sterling & Geneseo
- Site: Woodlawn School
- Conditions: 75 and nice (grass a bit soft from 3 days of rain)
- Racing Distance: 1 mile loop (3 times)

Varsity Boys Race

Team Scores: Sterling 28; Geneseo 29

	Name	School	Total Time
1	Nate Silver 12 Dan Chenoweth 12	Geneseo	31:09
2	Ryan Kotecki 11 Blake Wyffels 12	Geneseo	32:48
3	Ben Schott 11 Drew Roe 12	Sterling	33:15
4	Dane Sty 12 Jordan Pitkin 12	Sterling	34:13
5	Chad Ford 9 Josh Lodge 10	Geneseo	34:35
6	Tim Noll 12 Sam Megli 12	Sterling	34:50
7	Ryan Dietz 11 Nathan Castillo ??	Sterling	35:54
8	Scott Wolber 12 Michael DeLaFuent 12	Sterling	36:46
9	Tim Long 12 Phil Shipley 12	Sterling	36:56
10	Carlisle Evans-Peck 9 Ian Mattan 9	Geneseo	37:02
11	Adam Sheley 10 Jaran Heaton 11	Geneseo	38:55
12	Dyson Wake 12 Eric Windsor 11	Geneseo	38:58
13	Jesse Cross 12 Erik Kowitz 12	Geneseo	40:46

14	Tom Say 11 Joe Vasquez 12	Geneseo	41:41
15	Wyatt Pyatt 12 Kyle DeFauw 9	Geneseo	42:30
16	Cameron Hodgson 9 Andrew Kellogg 9	Geneseo	43:10
17	Brad Travion 11 Gabe Gloria 10	Sterling	43:40
18	Eric Pease 10 Daniel Evans 10	Sterling	44:02
19	Pat Bley 12 Cody Bryant 9	Sterling	45:44
20	Jon Cybulski 11 Alex Strohmeyer 9	Geneseo	49:00
DNC	Rob Barton 10 Bryce Borkgren 11 Rob Brenny 11 Lucas Cropp 12 Tyler Toom 11 Jesse Watkins 11	Geneseo Geneseo Geneseo Geneseo Geneseo Geneseo	Injured Injured Family Conflict Injured Newby Physical

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