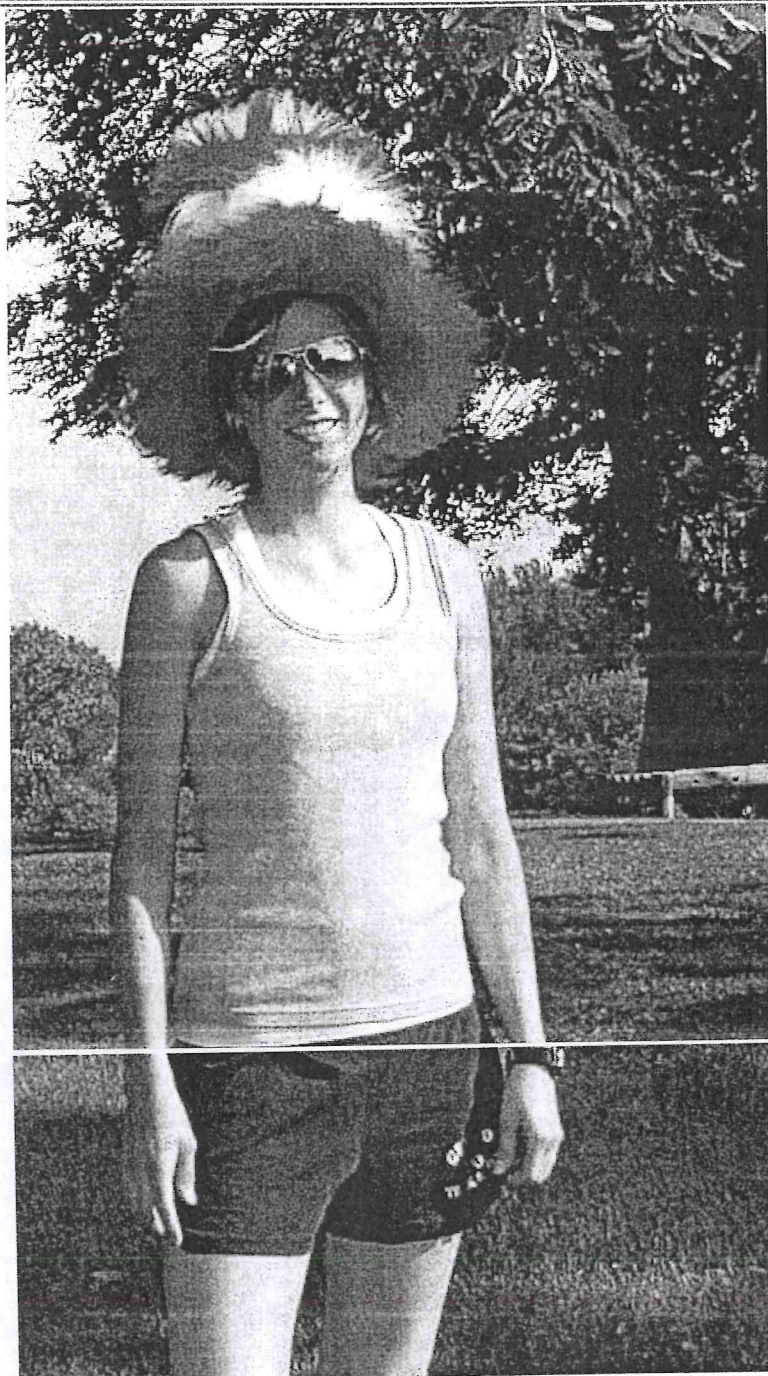




Tri-Captain Nicole Carton Message to the Leaf Effort in Tuesday's Quintangular was: Great Efforts Team. Championship Meet Season is just around the corner.

Leafs Travel to Dixon to Participate in Quintangular

On Tuesday, September 26th the Leafs traveled to Sauk Valley College to participate in a 5-team PRE-NCIC race allowing each team to become more familiar with this year's NCIC host site. The weather was wonderful as the race time temperature was 75 degrees with low humidity. Participating teams included: Dixon, Geneseo, Hall, Princeton, & Rock Falls.

Pacing the girls squad to a 3 and 1 dual meet day were Danielle Dewey (2nd), Joann Chenoweth (4th), Amy Cosgrove (10th), Rachel Atwell (14th), and Nicole Carton (15th.)

Leading the boys team to a 4-0 afternoon of competition were Dan Chenoweth (1st), Ryan Kotecki (3rd), Josh Lodge (7th), Nate Silver (9th), and Blake Wyffels (10th.)

Cross Country

Geneseo Team Split Page: Dixon Quintangular

- **Date:** 9/26/06
- **Site:** Sauk Valley Community College
- **Racing Distance:** 3.00 Miles...rough ground
- **Weather Conditions:** 76 degrees

Girls Varsity

Rank	Time	Athelte	Place	1-Mile	2-Mile
1	20:36	Danielle Dewey	2	6:34	13:38
2	21:01	Joann Chenoweth	4	6:53	14:08
3	21:56	Amy Cosgrove	10	6:34	14:28
4	22:08	Rachel Atwell	14	7:05	14:39
5	22:09	Nicole Carton	15	7:05	14:31
6	22:21	Kate Langdon	18	7:15	14:58
7	23:08	Lauren Schroeder	20	7:15	15:07
8	23:36	Abby Winberry	25	7:13	15:32
9	24:45	Liz Hanford	31	7:31	16:09
10	24:56	Kelli Lawrence	35	7:46	16:16
	DNC	Eliza Cropp Amber Kajdacs Brittney Kajdacs Kearisten Ranney Nina Schouten Betsy Winberry			
1	19:31	Race Leader	1	?	12:50

Boys Varsity

Rank	Time	Athelte	Place	1-Mile	2-Mile
1	15:38	Dan Chenoweth	1	5:19	10:27
2	16:22	Ryan Kotecki	3	5:19	10:51
3	17:07	Josh Lodge	7	5:23	11:19
4	17:24	Nate Silver	9	5:47	11:37
5	17:31	Blake Wyffels	10	5:42	11:37

6	18:34	Rob Brenny	18	5:51	12:13
7	18:36	Chad Ford	19	5:52	12:15
8	18:52	Carlisle Evans-Peck	21	6:08	12:29
9	18:59	Lucas Cropp	22	6:11	12:28
10	19:10	Ian Mattan	24	6:17	12:47
11	19:30	Dyson Wake	27	6:17	12:55
12	20:17	Eric Windsor	39	6:17	13:16
13	20:24	Andrew Kellogg	40	6:30	13:28
14	21:06	Erik Kowitz	45	6:46	14:00
15	21:07	Wyatt Pyatt	46	6:40	14:00
16	21:56	Alex Strohmeier	53	7:10	14:32
17	22:26	Kyle DeFauw	55	7:13	14:54
18	26:32	Jon Cybulski	62	8:14	17:29
	DNC	Bryce Borkgren Jesse Cross Jaran Heaton Cameron Hodgson Sammy Reyes Adam Sheley Jesse Watkins			
1	15:38	Race Leader	1	5:19	10:27

This is a Manila site.

Cross Country

2006 Dixon Quintangular Results: Girls

Date: 9/26/06

Site: Sauk Valley Community College

Racing Distance: 3.00 Miles (very rough ground)

Weather Conditions: 76 with 12 mph winds

• **Team Scores**

- Geneseo 24; Dixon 33
- Geneseo 15; Hall 50
- Geneseo 15; Princeton 49
- Geneseo 34; Rock Falls 23

Pl.	Athlete	School	Time
1	Victoria Castenda	Rock Falls	19:31
2	Danielle Dewey	Geneseo	20:36
3	Brianna Brevitt	Dixon	20:52
4	Joann Chenoweth	Geneseo	21:01
5	Kerstyn Richard	Rock Falls	21:06
6	Kate Siedschlag	Dixon	21:11
7	Jessica Davis	Rock Falls	21:15
8	Jackie Cadillo	Rock Falls	21:41
9	Ehreed	Rock Falls	21:55
10	Amy Cosgrove	Geneseo	21:56
11	Whitney Didier	Dixon	22:00
12	Vasquez	Rock Falls	22:05
13	Hacker	Rock Falls	22:06
14	Rachel Atwell	Geneseo	22:08
15	Nicole Carton	Geneseo	22:09
16	Davey	Dixon	22:09
17	Genevine McBride	Dixon	22:18
18	Kate Langdon	Geneseo	22:21
19	Aly Marti	Princeton	22:52
20	Lauren Schroeder	Geneseo	23:08
21	Miranda Brockman	Rock Falls	23:14
22	Gridley	Rock Falls	23:17
23	Miranda Teller	Dixon	23:23
24	Lindsey Toth	Princeton	23:34

25	Abby Winberry	Geneseo	23:36
26	Casard	Rock Falls	23:42
27	Desiree Dhesse	Hall	24:06
28	fAllyssa Turpen	Hall	24:13
29	Lindy Brevitt	Dixon	24:24
30	Carlie Capesius	Dixon	24:39
31	Liz Hanford	Geneseo	24:45
32	Lauran Roth	Dixon	24:48
33	Cayla Savage	Princeton	24:51
34	Melissa Zehr	Princeton	24:52
35	Kelli Lawrence	Geneseo	24:56
36	Tiffany Golden	Hall	25:01
37	Burgess	Rock Falls	25:10
38	Abby Lennoy	Dixon	25:17
39	Emily Lang	Dixon	25:36
40	Lauren Nelson	Princeton	25:40
41	Amber Devers	Rock Falls	25:52
42	Abby Beneke	Princeton	26:26
43	Jenna Wolber	Rock Falls	26:33
44	Alyssa Donner	Princeton	26:46
45	Megan Johnson	Rock Falls	27:07
46	Knolls	Rock Falls	27:26
47	Acanovic	Hall	27:32
48	Jacobson	Princeton	29:09
49	Dhesse	Hall	30:22

This is a Manila site.

Cross Country

2006 Dixon Quintangular Results: Boys

Date: 9/26/06

Site: Sauk Valley Community College

Racing Distance: 3.00 Miles (very rough ground)

Weather Conditions: 76 with 12 mph winds

• Team Scores

- Geneseo 18; Dixon 37
- Geneseo 18; Hall 45
- Geneseo 19; Princeton 42
- Geneseo 20; Rock Falls 39

Pl.	Athlete	School	Time
1	Dan Chenoweth	Geneseo	15:38
2	Colin Mickow	Princeton	16:20
3	Ryan Kotecki	Geneseo	16:22
4	Mickey Miroux	Hall	16:29
5	Kyle Boone	Dixon	16:40
6	Ratliff	Rock Falls	16:53
7	Josh Lodge	Geneseo	17:07
8	Nick McFadden	Rock Falls	17:23
9	Nate Silver	Geneseo	17:24
10	Blake Wyffels	Geneseo	17:31
11	Nate Jones	Dixon	17:49
12	Clary	Princeton	17:52
13	Hugh Bratt	Dixon	17:59
14	Joe Roth	Dixon	18:01
15	Ben Dempsey	Dixon	18:02
16	Chris Greenwalt	Dixon	18:03
17	Davis	Rock Falls	18:03
18	Rob Brenny	Geneseo	18:34
19	Chad Ford	Geneseo	18:36
20	John Davenport	Dixon	18:51
21	Carlisle Evans-Peck	Geneseo	18:52
22	Lucas Cropp	Geneseo	18:59
23	Cody Lahey	Dixon	19:09
24	Ian Mattan	Geneseo	19:10

25	Cody Gridley	Rock Falls	19:11
26	Ross Kavanaugh	Dixon	19:16
27	Dyson Wake	Geneseo	19:30
28	Kyle Miroux	Hall	19:31
29	Perez	Rock Falls	19:32
30	Travis Mosbach	Hall	19:47
31	Travis Dethridge	Dixon	19:55
32	Neil Smith	Dixon	19:56
33	Murray	Rock Falls	19:57
34	Seitz	Hall	20:00
35	Johnson	Rock Falls	20:01
36	Bowman	Princeton	20:02
37	Holland	Princeton	20:11
38	Josue	Rock Falls	20:11
39	Eric Windsor	Geneseo	20:17
40	Andrew Kellogg	Geneseo	20:24
41	Hofreiter	Hall	20:42
42	Dorathy	Rock Falls	20:45
43	Vasquez	Rock Falls	20:50
44	Mike Nicholson	Dixon	20:59
45	Erik Kowitz	Geneseo	21:06
46	Wyatt Pyatt	Geneseo	21:07
47	Cover	Rock Fall	21:09
48	Dan Denis	Hall	21:10
49	Spencer Hill	Dixon	21:11
50	Lebarron	Rock Falls	21:22
51	Kingry	Hall	21:34
52	Gittleson	Dixon	21:55
53	Alex Strohmeier	Geneseo	21:56
54	Souza	Hall	22:23
55	Kyle DeFauw	Geneseo	22:26
56	Ben Miclarvic	Hall	22:54
57	Cain	Rock Falls	23:13
58	Nile Baker	Dixon	23:23
59	Pat Sutton	Dixon	23:36
60	Mark Tucker	Dixon	24:10
61	Gridley	Rock Falls	25:32
62	Jon Cybulski	Geneseo	26:32