



CC and Ditka Fredericks are ready for the Alumni-Open Race on Thursday. They are modeling shirts to be donated to the "T-Shirts Awards Table".

Maple Leafs Set to Host Alumni-Open Race

For Thursday's Alumni-Open Race, a handicapping format will be used with each group starting at thirty second intervals. The sequence will be: Freshman Girls, Sophomore Girls, Junior Girls, Senior Girls, Freshman Boys, Sophomore Boys, Junior Boys, Senior Boys. Alumni runners, parents and others who wish to participate may begin with whichever group they'd like. Middle School athletes and younger runners will start at the one-mile mark seven minutes after the race has begun. Each participant is asked to bring a t-shirt for the Awards Table and three canned goods to be donated to the Geneseo Food Pantry.

The Alumni-Open Race begins promptly at 6:00 p.m. H.S. athletes are to be at the park between 4:45 - 5:00. M.S. athletes should arrive by 5:30 p.m.

Let's Hurt Those Hills



Pictured are this year's participants in the Tour de Atkinson

On Saturday, August 26th a large group of cross-country athletes took off via bike in search of the neighboring town of Atkinson with freshly baked muffins and fruit juice, courtesy of Mrs. Ann Heller (Betsy & Abby Winberry's mom.) The nourishment was following an additional stop at Casey's, the group headed back on the 13-mile return trip. Despite two wipeouts (Carlisle Ev Borkgren) and big-time rain, the group successfully returned to the Maple City.



Pictured are the Middle School Cross Country Team who grabbed 10 of the top places in the 2006 Alumni-Open Race.

Chenoweths and Middle Schoolers Dominate Alumni-Open

On Thursday evening at 6 pm the annual alumni-open race was contested. Welcome to "Hot Lanta" as the Leafs were treated to Atlanta type weather conditions (hills, heat, & humidity) as the race-time temperature was 92 degrees with high humidity and high pollen counts. The imperfect handicapping model of 30-second staggers between each class was utilized. The Middle School athletes ran the 2nd half of the race (1-mile) and jumped in at the 7:30 mark.

The race was dominated the Chenoweth Family (3 in the top 10) and the Middle School Team (10 in the top 20.) The J.V. soccer team also joined the fun in addition to several parents and Geneseo residents. Congratulations to all competitors. Long may you run.

Complete Results
HS Girls Team Ranking
HS Boys Team Ranking
Middle School Team Ranking

"Only those who risk going too far can possibly find out how far they can go." T.S. Elliott

Cross Country

2006 Alumni-Open Results

- Date: 8/24
- Site: Richmond Hill Park in Geneseo
- Racing Distance: 2 Miles
- Weather Conditions: Hot and Humid. 92 Degrees with a slight breeze

Pl.	Name	Group	Time/Actual Time
1.	Dan Chenoweth	8	13:21 / 9:51
2.	Josh Lodge	6	13:45 / 11:15
3.	John Mullin	0	14:01 / 6:31
4.	Kyle Reiling	0	14:02 / 6:32
5.	Amy Cosgrove	1	14:10 / 14:10
6.	Doug Menozi	0	14:12 / 6:42
7.	Brian Chenoweth	8	14:12 / 10:42
8.	Ryan Kotecki	7	14:13 / 11:13
9.	Chad Ford	5	14:19 / 12:19
10.	Joann Chenoweth	1	14:21 / 14:21
11.	Danielle Dewey	1	14:23 / 14:23
12.	Sally Hamer	0	14:23 / 6:53
13.	Jenny Ford	0	14:24 / 6:54
14.	Chantel Nelson	0	14:25 / 6:55
15.	Tanner Piepenbrink	0	14:26 / 6:56
16.	Kyle Hirschfelder	0	14:29 / 6:59
17.	Emily Ford	0	14:31 / 7:01
18.	Carlisle Evan-Peck	5	14:37 / 12:37
19.	Collin Kowitz	0	14:42 / 7:12
20.	Nate Silver	8	14:42 / 11:12
21.	Blake Wyffels	8	14:44 / 11:14
22.	Ian Mattan	5	14:48 / 12:48
23.	Jordan Wildermuth	8	14:53 / 11:23
24.	Jordan Etter	0	14:59 / 7:29
25.	Rob Brenny	7	15:08 / 12:08
26.	Roger Cherry	5	15:10 / 13:10
27.	Eliza Cropp	3	15:11 / 14:11

28.	Mitchel Kittleson	0	15:13 / 7:43
29.	Micky Christensen	0	15:20 / 7:50
30.	Andrea Kastorff	0	15:21 / 7:51
31.	Cody Robertson	0	15:28 / 7:58
32.	Emily Wake	0	15:36 / 8:06
33.	Tom Mattan	5	15:37 / 13:37
34.	Ashley Simmons	0	15:43 / 8:13
35.	Rhiannon Anast	0	15:44 / 8:14
36.	Hilary Lohman	0	15:46 / 8:16
37.	Josh Cocquit	0	15:50 / 8:20
38.	Alex Christenson	0 (4th gr)	15:57 / 8:27
39.	Michael Nelson	0 (3rd gr)	15:58 / 8:28
40.	Alli Rahn	0 (6th gr)	16:00 / 8:30
41.	Bruce Borkgren	5	16:05 / 14:05
42.	Adam Sheley	6	16:10 / 13:40
43.	Elora Schwartz	0 (5th gr)	16:11 / 8:41
44.	Ann Heller	0	16:13 / 8:43
45.	Lucas Cropp	8	16:18 / 12:48
46.	Dennis Langdon	5	16:19 / 14:19
47.	Samantha Borkgren	0 (6th gr)	16:20 / 8:50
48.	Justin Trujillo	8	16:21 / 12:51
49.	Mirah Carney	0	16:22 / 8:52
50.	John Morris	0	16:23 / 8:53
51.	Lauren Schroeder	2	16:27 / 15:57
52.	Kate Langdon	2	16:28 / 15:58
53.	Seana Talbert	0	16:29 / 8:59
54.	Eric Windsor	7	16:33 / 13:33
55.	Rachel Atwell	3	16:36 / 15:36
56.	Jon Reese	6	16:43 / 14:13
57.	Liz Hanford	2	16:44 / 16:14
58.	Andrew Kellogg	5	16:46 / 14:46
59.	Cameron Hodgson	5	16:48 / 14:48
60.	Colton Boyles	6	17:22 / 14:52
61.	Kyle DeFauw	5	17:23 / 15:23
62.	Chandler Schwartz	0 (2nd gr)	17:24 / 9:54
63.	Bob Wyffels	5	17:28 / 15:28
64.	Cody Sheffler	6	17:29 / 14:59
65.	Matt Koenig	6	18:01 / 15:31

66.	Nicole Carton	4	18:04 / 16:34
67.	Betsy Winberry	1	18:21 / 18:21
68.	Michael Irish	8	18:28 / 14:58
69.	Luc Fiedler	8	18:29 / 14:59
70.	Kelli Lawrence	4	18:31 / 17:01
71.	Wyatt Pyatt	8	18:35 / 15:05
72.	Brittany Kajdacs	4	18:37 / 17:07
73.	Erik Kowitz	8	19:04 / 15:34
74.	Caleb King	6	19:11 / 16:41
75.	Brett Miller	6	19:12 / 16:42
76.	Jesse Watkins	7	19:19 / 16:19
77.	Amber Kajdacs	1	19:26 / 19:26
78.	Patrick Lillis	6	19:27 / 16:57
79.	Denny Peck	5	19:51 / 17:51
80.	Matt Ulner	6	19:57 / 17:27
81.	Alex Strohmeier	5	21:18 / 19:18
82.	John Cropp	5	21:30 / 19:30
83.	Tony Domino	6	21:34 / 19:04
84.	Rosendo Viane	8	21:47 / 18:17
85.	Brandon Klavine	6	21:48 / 19:18
86.	Jon Cybulski	7	21:57 / 18:57
87.	Carson Cocquit	0 (kind)	22:39 / 15:09

This is a Manila site.

Cross Country

Alumni-Open Girls Team Rankings

PL	Name	Grade	Time
1	Rachel Wyffels	12	13:46
2	Eliza Cropp	10	14:03
3	Sally Collis	12	14:42
4	Elaina Boone	12	14:49
5	Rachel Atwell	10	14:52
6	Abby Winberry	11	15:06
7	Stephanie Kennett	9	15:27
8	Kayla McVetty	12	15:28
9	Lauren Schroeder	9	15:47
10	Kelli Lawrence	11	16:37
11	Liz Hanford	9	16:42
12	Sarah Rudy	10	17:41
13	Kirsten Kenner	10	18:03
14	Erika Laingen	12	18:10
15	Leslie Geffert	11	19:09
16	Brittney Kajdacsi	11	19:19
DNC	Nicole Carton	11	
	Anne Hiebert	9	
	Ruthie Lile	9	

This is a Manila site.

Cross Country

Alumni-Open Boys Team Rankings

PL	Name	Grade	Time
1	Dan Chenoweth	11	10:27
2	Nate Silver	11	11:38
3	Ryan Kotecki	10	11:41
4	Blake Wyffels	11	11:44
5	Josh Lodge	9	12:02
6	Pete Nelson	12	12:22
7	Bryce Borkgren	10	12:26
8	Lucas Cropp	11	12:45
9	Jesse Cross	11	12:51
10	Scott Mattan	12	12:55
11	Erik Kowitz	11	12:58
12	Eric Windsor	10	13:09
13	Justin Heaton	12	13:11
14	Caleb Diericx	12	13:15
15	Jaran Heaton	10	13:39
16	Jake Rathman	9	13:49
17	Dyson Wake	11	13:58
18	Zach Saigh	11	14:59
19	Jon Thompson	11	15:21
20	Corey Hall	10	16:04
21	Zach Griffith	11	16:28
22	Tom Hiebert	9	17:14

This is a [Manila](#) site.

Cross country teams do battle at Alumni-Open/Sterling Relay

By AMY BOLDT
Sports Editor

The Geneseo cross country teams started off the season with two meets, one against some familiar foes at the Alumni-Open, and the other against new competition at the Grass Relays.

Geneseo at Grass Relays

Both cross country teams came up a little short of victory Aug. 29 at the Sterling Grass Relays, as the Lady Leafs were defeated 17-44 and the boys by one point, 28-29.

"Sterling ran great and we saw some real good things from our runners. It really showed who had a strong summer," Head Coach Don Fredericks said. "It also was fun to have the middle school kids there."

In the girls' competition, the duo of Danielle Dewey and Joann Chenoweth paced the girls, placing fourth with a time of 41 minutes and 27 seconds. Liz Hanford and Nicole Carton followed in eighth, crossing the finish line in 44:52, while Rachel Atwell and Abby Winberry took ninth in 45:03.

Lauren Schroeder and Kate Langdon ended the race with a time of 45:43, followed by Brittney Kajdacs and Kelli

Lawrence in 49:51 and Amber Kajdacs in 51:25.

Racing for the boys was the team of Nate Silver and Dan Chenoweth claiming top honors, taking the tape in 31:09.

Ryan Kotecki and Blake Wyffels took home second in 32:48, while Chad Ford and Josh Lodge finished in 34:35 for fifth place. Carlisle Evans-Peck and Ian Mattan came in 10th in 37:02, while Adam Sheley and Jaran Heaton crossed the finish line in 38:55.

Others racing for the Leafs were Dyson Wake and Eric Windsor in 38:58; Jesse Cross and Erik Kowitz in 40:46; Tom Say and Joe Vasquez, 41:41; Wyatt Pyatt and Kyle DeFauw, 42:30; Cameron Hodgson and Andrew Kellogg, 43:10; and Jon Cybulski and Alex Strohmeier in 49:00.

Alumni-Open

Geneseo's cross country runners started off the season racing against runners of all ages when the squad hosted the 2006 Alumni-Open Aug. 24 at Richmond Hill Park.

D. Chenoweth led the pack placing first with a time of 13:21, followed by Lodge in 13:45 and John Mullin in 14:01.

Kyle Reiling crossed the finish line in 14:02; Amy

Cosgrove, 14:10; Doug Menozi, 14:12; Brian Chenoweth, 14:12; and Kotecki in 14:13.

Ford ended the race in 14:19; J. Chenoweth in 14:21; Dewey, 14:23; Sally Hamer, 14:23; Jenny Ford, 14:24; Chantel Nelson, 14:25; Tanner Piepenbrink, 14:26; Kyle Hirschfelder, 14:29; and Emily Ford, 14:31.

Also, Evans-Peck came in with a time of 14:37; Collin Kowitz, 14:42; Silver, 14:42; Wyffels, 14:44; Mattan, 14:48; Jordan Wildermuth, 14:53; Jordan Etter, 14:59; Rob Brenny, 15:08; Roger Cherry, 15:10; Eliza Cropp, 15:11; Mitchel Kittleson, 15:13; Micky Christenson, 15:20; Andrea Kastorff, 15:21; Cody Robertson, 15:28; and Emily Wake, 15:36.

Other runners included: Tom Mattan, 15:37; Ashley Simmons, 15:43; Rhiannon Anast, 15:44; Hilary Lohman, 15:46; Josh Cocquit, 15:50; Alex Christenson, 15:57; Michael Nelson, 15:58; Alli Rahn, 16:00; Bruce Borkgren, 16:05; Sheley, 16:10; Elora Schwartz, 16:11; Ann Heller, 16:13; Lucas Cropp, 16:18; Dennis Langdon, 16:19; Samantha Borkgren, 16:20; and Justin Trujillo, 16:21.

Mirah Carney finished in

16:22; John Morris, 16:23; Schroeder, 16:27; Langdon, 16:28; Seana Talbert, 16:29; Windsor, 16:33; Atwell, 16:36; Jon Reese, 16:43; Hanford, 16:44; Kellogg, 16:46; Hodgson, 16:48; Colton Boyles, 17:22; DeFauw, 17:23; Chandler Schwartz, 17:24; and Bob Wyffels, 17:28.

Also, Cody Sheffler, 17:29; Matt Koenig, 18:01; Carton, 18:04; Betsy Winberry, 18:21; Michael Irish, 18:28; Luc Fiedler, 18:29; Lawrence, 18:31; Pyatt, 18:35; A. Kajdacs, 18:37; Kowitz, 19:04; Caleb King, 19:11; Brett Miller, 19:12; and Watkins, 19:19.

Amber Kajdacs finished in 19:26; Patrick Lillis, 19:27; Denny Peck, 19:51; Matt Ulner, 19:57; Strohmeier, 21:18; John Cropp, 21:30; Tony Domino, 21:34; Rosendo Viane, 21:47; Brandon Klavine, 21:48; Jon Cybulski, 21:57; and Carson Cocquit, 22:39.

The Leafs' next meet is scheduled for 9 a.m. this Saturday, Sept. 2, at the Galesburg Invite, followed by a road meet with Moline at 5 p.m. Sept. 5.

"We expect to see great competition and it should be very exciting," Fredericks said.