

Geneseo boys' CC takes second at invite



Erik Kowitz, Jesse Cross, Dan Chenoweth, and Lucas Cropp each earned top 5 finishes at Saturday's Freeport Pretzel Invitational on Saturday. The Top 5 finishers in each race received the prestigious "Pretzel Award".

By **AMY BOLDT**
Sports Editor

Geneseo's varsity boys' cross country team raced to a second-place finish in the Freeport Invitational Saturday, Oct. 1, with a combined team score of 62 points.

Leading the charge for the Leafs was Dan Chenoweth running neck-and-neck with winner Jeremy Stevens of Winnebago. Chenoweth crossed the finish line in second place, one second behind Stevens, in 15 minutes and seven seconds. Stevens finished in 15:06.

"Dan Chenoweth ran a great race and he was with Stevens, who is one of the top runners in the state, until the last 100-meters," Head Coach Don Fredericks said. "It was exciting to see him (Dan) hang with him (Stevens)."

Geneseo also had three other

runners break into the top 20. Nate Silver finished the course in 11th place with a time of 16:44.38, followed by Blake Wyffels in 12th, clocking in at 16:45.87 and Ryan Kotecki with a 14th-place finish in a time of 16:52.41.

Pete Nelson added a 23rd-place finish, racing in with a time of 17:27.30, followed by Josh Lodge in 25th at 17:31.14, and Scott Mattan, who ended the race in 31st place at 17:45.34.

"The guys ran great, it was a very respectable field," Fredericks said. "The pack is moving up and that is exciting to see."

On the girls' side, the Lady Leaf varsity squad took seventh place with a team score of 179.

Rachel Wyffels led the Geneseo pack in 12th place with a final time of 19:55.52, while teammate Sally Collis crossed the finish line in 21:31.96, and Abby Winberry, who finished with a time of

21:40.94.

Rachel Atwell finished the race with a final time of 22:14.66, followed by Kayla McViety with a time of 22:56.12 to round out the finishes for the Lady Leafs.

"The girls' team was depleted, we were missing a few girls to injury," Fredericks said. "Basically, that affected us significantly, but the girls ran hard and some good things happened."

The boys' junior varsity team also took second place for Geneseo with 49 team points as four Leafs placed in the top 20.

The trio of Lucas Cropp, Jesse Cross and Erik Kowitz placed third, fourth and fifth, respectively. Cropp took third in 18:10.99, followed by Cross in fourth at 18:21.26 and Kowitz in fifth with a time of 18:25.84. Dyson Wake took 14th place, crossing the finish line in 19:10.28 to break into the top-20 finishers.

Other finishing for the J.V. team

were Zach Saigh in 20:53.11, followed by Caleb Diericx with a final time of 21:56.38, and Zach Griffith, who crossed the finish line in 22:28.14.

In the girls' JV race, the Lady Leafs placed sixth with Nicole Carton leading the squad in 16th place at 22:09.88.

Kate Langdon came in 20th with a final time of 22:20.83, while Liz Hanford completed the course in 24:20.81.

Kelli Lawrence added a final time of 25:02.28, followed by Kirsten Keener in 25:30.27, and Sarah Rudy, who clocked in at 26:17.31.

Others participating in the JV race were Leslie Geffert with a time of 28:09.89, Brittney Kajdacs in 28:15.84, Anne Hiebert with a time of 28:44.37 and Johanna Teague in 34:16.43.

Bryce Borkgren led the Leafs in the boys' freshmen/sophomore race, crossing the finish line in

17:41.23, as the team took eighth place with 184 team points.

Following Borkgren were Eric Windsor with a time of 20:11.81, Jaran Heaton in 20:22.75 and Rob Barton with a time of 20:26.79.

Rounding out the finishes were Jake Rathman in 21:29.48, Chaz Augustine in 21:58.26 and Tom Hiebert, crossing the finish line in 24:55.54.

"We are in the home stretch," Fredericks said. "We are putting the final pieces together and we are real excited.

"The final part comes from the athletes and I have every confidence everything will be in place a week from Saturday," Fredericks said.

Geneseo will be in action this weekend in the Sterling Invite at 9 a.m. Saturday, Oct. 8, followed by the NCIC meet at Rock Falls at 10 a.m., Saturday, Oct. 15.

The teams competing in the Sterling Invite include Alleman, Belvidere, Boylan, Conant, DeKalb, Dixon, Fenwick, Freeport, Galesburg, Geneseo, Hononegah, Iowa City, Kaneland, Lincolnway-Central and Loyola Academy. Also, Neuqua Valley, Newman, Oswego, Pleasant Valley, Princeton, Riverdale, Rochelle, Rock Island, Rockford Christian, Rockford East and Rockford Guilford. Along with, Rockford Jefferson, Schaumburg, Stockton, Sycamore, United Township, Rockford Lutheran, Streator, Sterling and Zion Benton.

"This Saturday, the field is loaded and there are some monster teams," Fredericks said. "This meet is way tougher than our sectional meet and that's great. This will be a great prep for championship meet season."

Lost Spikes a poem by: Dan Chenoweth

This is the second time I have lost my special racing shoes,
If not for Coach Fredericks I would surely be singing the blues.

Losing them once is bad, but twice is worse,
I'm afraid someone has put on them a curse.

Track and Cross Country, I've worn them at state,
My special silver shoes with their seven spike plates.

I've written this poem to apologize,

Because I shamefully realize,

There is no excuse for losing them once,
To lose them twice I was quite a dunce.

The first time was at the Alumni run,

Racing in the mud and rain was so much fun,

That I didn't think to retrieve my spikes until later,

Unfortunately they'd already been taken by some seventh grader.

Last Saturday they were with my bag at camp,

And I guess when someone cleared the tarp they put me in quite a cramp,
Because in all the confusion I assumed my spikes were quite safe in my bag,

Instead I had to ask Coach to engage in some phone tag,

But we've located them so everything's okay,

And I will watch them more closely from now on, today.

So if you touch my spikes I might punch you in the face.



Cross Country

Geneseo Team Split Page: Freeport Invitational

- **Date:** 10/01/05
- **Site:** Highland Community College in Freeport
- **Racing Distance:** 2.95 miles
- **Weather Conditions:** 70 and nice

Girls Team Scores

Varsity: 1.) Winnebago 34; 2.) Belvidere 72; 3.) Rockford Boylan 86; 4.) Oregon 120; 5.) Rockford Guilford 134; 6.) Kaneland 153; 7.) Geneseo 179; 8.) Freeport 193; 9.) Stockton 222; 10.) Harlem 226; 11.) Rockford Jefferson 268; 12.) Rockford East 330

Open: 1.) Sterling 46; 2.) Kaneland 59; 3.) Rockford Boylan 85; 4.) Belvidere 98; 5.) Oregon 115; 6.) Geneseo 152; 7.) Freeport 152

Geneseo Girls

Time	Athlete	Place	Race	Mile	2-Mile
19:55	Rachel Wyffels	12	Varsity	6:12	13:44
21:32	Sally Collis	32	Varsity	6:51	14:42
21:40	Abby Winberry	35	Varsity	6:51	14:47
22:09	Nicole Carton	16	Open	7:11	15:19
22:14	Rachel Atwell	45	Varsity	7:00	15:02
22:20	Kate Langdon	20	Open	7:37	15:38
22:56	Kayla McVietty	50	Varsity	7:30	15:52
24:20	Liz Hanford	49	Open	7:28	16:32
25:02	Kelli Lawrence	54	Open	8:02	17:06
25:30	Kirsten Keener	58	Open	8:30	17:37
26:17	Sarah Rudy	66	Open	8:16	17:54
28:09	Leslie Geffert	72	Open	9:35	19:33
28:15	Brittney Kajdaacsi	74	Open	9:35	19:31
28:44	Anne Hiebert	75	Open	9:25	19:35
36:16	Johanna Teague	79	Open	10:30	23:06
DNC	Elaina Boone				
	Eliza Cropp				
	Caitlin Forbes				
	Stephanie Kennett				
	Erika Laingen				
	Ruthie Lile				

18:13	Varsity Leader	1	Varsity	6:01	???
19:39	Open Leader	1	Open	6:15	13:21

Boys Team Scores

Varsity: 1.) Winnebago 30; 2.) Geneseo 62; 3.) Oregon 70; 4.) Kaneland 90; 5.) Rockford Boylan 131; 6.) Freeport 137; 7.) Belvidere 168; 8.) Rockford East 228

Frosh Soph. 1.) Belvidere 44; 2.) Freeport 78; 3.) Rockford Jefferson 83; 4.) Kaneland 83; 5.) Rockford Guilford 159; 6.) Rockford Boylan 173; 7.) Sterling 175; 8.) Geneseo 184; 9.) Harlem 208; 10.) Winnebago 213

Open: 1.) Kaneland 35; 2.) Geneseo 49; 3.) Sterling 74; 4.) Rockford Boylan 110; 5.) Rockford Guilford 112; 6.) Belvidere 134; 7.) Freeport 178

Time	Athlete	Place	Race	Mile	2-Mile
15:07	Dan Chenoweth	2	Varsity	5:08	10:27
16:44	Nate Silver	11	Varsity	5:53	11:35
16:45	Blake Wyffels	12	Varsity	5:53	11:35
16:52	Ryan Kotecki	14	Varsity	5:33	11:32
17:27	Pete Nelson	23	Varsity	5:42	12:00
17:31	Josh Lodge	25	Varsity	5:35	11:56
17:41	Bryce Borkgren	8	Frosh Soph	5:47	12:06
17:45	Scott Mattan	31	Varsity	5:45	12:05
18:10	Lucas Cropp	3	Open	5:55	12:25
18:21	Jesse Cross	4	Open	5:56	12:38
18:25	Erik Kowitz	5	Open	5:51	12:47
19:10	Dyson Wake	14	Open	6:13	13:04
20:11	Eric Windsor	36	Frosh Soph	6:43	14:03
20:22	Jaran Heaton	42	Frosh Soph	6:45	14:08
20:26	Rob Barton	43	Frosh Soph	6:45	14:07
20:53	Zach Saigh	33	Open	6:40	14:12
21:29	Jake Rathman	55	Frosh Soph	7:06	14:55
21:56	Caleb Diericx	49	Open	6:40	14:41
21:58	Chaz Augustine	59	Frosh Soph	7:11	15:07
22:28	Zach Griffith	53	Open	7:00	15:06
24:55	Tom Hiebert	65	Frosh Soph	8:08	17:72
DNC	Jay Bergles Dustin Brewer Justin Heaton Mark Lindell Wes Stahl Jon Thompson John Wulf				
15:06	Varsity Leader	1	5:07	10:27	
16:54	Frosh Soph Leader	1	5:26	11:52	
17:36	Open Leader	1	5:35	12:00	

~~MEET Conference~~ Cross Country MeetFreeport High School - ~~10/1/2004~~

Results

Event 4 Boys 3 Mile Run CC Junior Varsity

Name	Year	School	Finals	Points
1 Hannemann, Ken	11	Kaneland Hgh School	17:36.37	1
2 Corentinne, Custinne	12	Jefferson	17:48.55	
3 Cropp, Lucas	11	Geneseo High School	18:10.99	2
4 Cross, Jesse	11	Geneseo High School	18:21.26	3
5 Kowitz, Erik	11	Geneseo High School	18:25.84	4
6 Pilkin, Jordan	11	Sterling	18:27.73	5
7 Stone, Drew	11	Kaneland Hgh School	18:28.20	6
8 Murphy, Kevin	12	Kaneland Hgh School	18:38.88	7
9 Riley, Taylor	11	Winnebago	18:42.32	
10 Patterman, Will	12	Kaneland Hgh School	18:48.86	8
11 Kremer, Jordan	09	Belvidere	19:00.13	9
12 Dohm, Jake	12	Boylan	19:02.66	10
13 Urbelis, Aaron	10	Boylan	19:08.89	11
14 Wake, Dyson	11	Geneseo High School	19:10.28	12
15 Green, Kevin	10	Kaneland Hgh School	19:10.55	13
16 Garza, Andrew	12	Guilford	19:18.09	14
17 Wolber, Scotty	11	Sterling	19:18.52	15
18 Shihey, Phil	11	Sterling	19:25.78	16
19 Saavedra, Esteban	12	Guilford	19:26.33	17
20 Drew, Joshua	12	Sterling	19:38.58	18
21 Malone, Joe	11	Boylan	19:44.57	19
22 Long, Tim	11	Sterling	20:10.85	20
23 Wagner, Ryan	11	Kaneland Hgh School	20:12.72	21
24 Kempel, Zack	09	Pearl City	20:19.41	
25 Yemm, Steve	11	Sterling	20:23.52	22
26 Sieberns, David	11	Freeport	20:24.02	23
27 Johnson, Matt	11	Guilford	20:24.80	24
28 Bley, Patrick	11	Sterling	20:36.68	25
29 Loduha, Philip	09	Guilford	20:45.64	26
30 Turner, Trae	12	Harlem High School	20:49.20	
31 Blotch, Nick	12	Harlem High School	20:49.88	
32 King, Chris	10	Belvidere	20:50.30	27
33 Saigh, Zach	11	Geneseo High School	20:53.11	28
34 Fermanich, Steve	09	Belvidere	20:55.33	29
35 Olsen, Brian	12	Boylan	20:59.82	30
36 Peerboom, Phillip	11	Guilford	21:15.23	31
37 Diaz, Willie	09	Belvidere	21:20.25	32
38 Vasquez, Joseph	11	Sterling	21:21.20	
39 Andrews, Mike	09	Guilford	21:22.48	33
40 Schubert, Dustin	10	Freeport	21:29.36	34
41 Myers, David	09	Freeport	21:29.96	35
42 Linden, Andrew	11	Guilford	21:36.22	36
43 Copeland, Sean	09	Guilford	21:38.44	
44 Humphrey, Will	10	Belvidere	21:50.86	37
45 Eck, Andrew	09	Belvidere	21:52.25	38
46 Aragon, Alan	10	Belvidere	21:52.68	39
47 Moore, Andy	12	Boylan	21:54.36	40
48 Krumwiede, Cort	10	Belvidere	21:55.43	
49 Dierix, Caleb	12	Geneseo High School	21:56.38	41
50 Holloway, Zach	09	Freeport	22:15.58	42
51 Samfield, Tim	11	Jefferson	22:23.17	
52 Jordan, Zach	09	Belvidere	22:27.65	

~~Freeport High School~~ Conference Cross Country MeetFreeport High School ~~Results~~

Results

....Event 4 Boys 3 Mile Run CC Junior Varsity

53	Griffith, Zach	11	Geneseo High School	22:28.14	43
54	Keeting, Nathaniel	11	Winnebago	22:34.50	
55	Phillipon, Andre	12	Freeport	22:38.04	44
56	Sands, Kyle	11	Freeport	22:58.93	45
57	Schmitt, Zachary	09	Boylan	23:11.26	46
58	Weickert, Nathaniel	09	Boylan	23:40.16	47
59	Oxley, Ron	09	Freeport	23:44.38	48
60	Revis, Eddie	11	Boylan	24:00.27	
61	Cruz, Alejandro	09	Boylan	24:29.89	
62	Miller, Matt	11	Sterling	24:36.63	
63	Selander, Andrew	10	Guilford	24:51.77	
64	Edwards, Cody	09	Guilford	25:00.12	
65	Erdene-Ochair, Enkbataar	09	East	25:55.18	
66	Cook, Seth	11	Guilford	26:52.63	
67	Anderson, Jacob	10	Winnebago	27:15.62	
68	Downs, Zach	09	Winnebago	28:10.62	
69	Virgilio, Jaime	9	Boylan	39:06.00	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Kaneland Hgh School	35	1	6	7	8	13	21			
	Total Time: 1:32:42.86										
	Average: 18:32.58										
2	Geneseo High School	49	2	3	4	12	28	41	43		
	Total Time: 1:35:01.48										
	Average: 19:00.30										
3	Sterling High School	74	5	15	16	18	20	22	25		
	Total Time: 1:37:01.46										
	Average: 19:24.30										
4	Rockford Boylan High Scho	110	10	11	19	30	40	46	47		
	Total Time: 1:40:50.30										
	Average: 20:10.06										
5	Rockford Guilford High Sc	112	14	17	24	26	31	33	36		
	Total Time: 1:41:10.09										
	Average: 20:14.02										
6	Belvidere High School	134	9	27	29	32	37	38	39		
	Total Time: 1:43:56.87										
	Average: 20:47.38										
7	Freeport High School	178	23	34	35	42	44	45	48		
	Total Time: 1:48:16.96										
	Average: 21:39.40										

Cross Country Meet

Freeport High School -
Results

Event 2 Boys 3 Mile Run CC Varsity

Name	Year School	Finals	Points
1 Stevens, Jeremy	12 Winnebago	15:06.00	1
2 Chenoweth, Dan	11 Geneseo High School	15:07.00	2
3 Tedrick, Trenton	10 Winnebago	15:40.64	3
4 Riley, Zach	12 Winnebago	15:51.91	4
5 Whildin, Michael	12 Kaneland Hgh School	16:12.34	5
6 Newcomer, Nick	10 Winnebago	16:21.43	6
7 Hoffman, Eli	12 Oregon High Schocol	16:32.70	7
8 Carlson, Trace	10 Oregon High Schocol	16:36.18	8
9 Peterson, Randall	11 Oregon High Schocol	16:41.39	9
10 Stroffregen, Brandon	12 Boylan	16:43.55	10
11 Silver, Nate	11 Geneseo High School	16:44.38	11
12 Wyffels, Blake	11 Geneseo High School	16:45.87	12
13 Anderson, Ricky	11 Kaneland Hgh School	16:49.33	13
14 Kotecki, Ryan	10 Geneseo High School	16:52.41	14
15 Jungles, Luke	11 Freeport	16:53.67	15
16 Cammody, Sean	11 Winnebago	16:54.54	16
17 Portugal, Tony	12 Oregon High Schocol	16:59.91	17
18 Hatch, Mason	12 Kaneland Hgh School	17:03.45	18
19 Huml, Kevin	10 Kaneland Hgh School	17:06.36	19
20 Schmitt, Benjamin	11 Boylan	17:16.87	20
21 Clinite, Matt	11 Winnebago	17:18.44	21
22 Julius, Matthew	12 Freeport	17:19.22	22
23 Nelson, Pete	12 Geneseo High School	17:27.30	23
24 Elliott, Brian	12 Freeport	17:29.58	24
25 Lodge, Josh	09 Geneseo High School	17:31.14	25
26 Beardsley, Trevor	11 Belvidere	17:33.77	26
27 Johnson, Jake	11 Winnebago	17:36.61	27
28 Gloria, Abinadi	12 Belvidere	17:38.07	28
29 Peters, Luke	09 Oregon High Schocol	17:41.42	29
30 Kallstrom, Drew	12 Boylan	17:43.09	30
31 Mattan, Scott	12 Geneseo High School	17:45.34	31
32 Castro, Jon	12 Belvidere	17:51.70	32
33 Trainor, Martin	12 Freeport	18:01.01	33
34 Caron, Kyle	11 Boylan	18:03.32	34
35 Snyder, Brett	12 Kaneland Hgh School	18:06.38	35
36 Stone, Derek	11 Belvidere	18:07.83	36
37 Winn, Kevin	11 Boylan	18:16.99	37
38 Schmitt, Charlie	12 Boylan	18:20.67	38
39 O'Grady, Kellen	11 Boylan	18:22.21	39
40 Baker, Kaleb	09 Oregon High Schocol	18:33.82	40
41 Mahlberg, Johanes	10 East	18:50.27	41
42 Erdene-Ochir, Sannaa	11 East	18:59.31	42
43 Bonvillian, Shawn	12 Freeport	19:14.49	43
44 McNeely, Robert	12 East	19:21.31	44
45 Crawford, Maison	09 Oregon High Schocol	19:58.66	45
46 Page, Shane	12 Belvidere	20:03.01	46
47 Myers, Mike	11 Freeport	20:04.61	47
48 Lower, Aaron	11 Freeport	20:23.72	48
49 King, Larry	11 Belvidere	21:33.05	49
50 Naveroski, John	12 East	22:57.92	50
51 Gomez, Derriel	09 East	23:01.68	51

Cross Country Meet
Freeport High School
Results

....Event 2 Boys 3 Mile Run CC Varsity**Team Scores**

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Winnebago High School	30	1	3	4	6	16	21	27		
	Total Time: 1:19:54.52										
	Average: 15:58.91										
2	Geneseo High School	62	2	11	12	14	23	25	31		
	Total Time: 1:22:56.96										
	Average: 16:35.40										
3	Oregon High Schocol	70	7	8	9	17	29	40	45		
	Total Time: 1:24:31.60										
	Average: 16:54.32										
4	Kaneland Hgh School	90	5	13	18	19	35				
	Total Time: 1:25:17.86										
	Average: 17:03.58										
5	Rockford Boylan High Scho	131	10	20	30	34	37	38	39		
	Total Time: 1:28:03.82										
	Average: 17:36.77										
6	Freeport High School	137	15	22	24	33	43	47	48		
	Total Time: 1:28:57.97										
	Average: 17:47.60										
7	Belvidere High School	168	26	28	32	36	46	49			
	Total Time: 1:31:14.38										
	Average: 18:14.88										
8	Rockford East High Scool	228	41	42	44	50	51				
	Total Time: 1:43:10.49										
	Average: 20:38.10										

Cross Country Meet

Freeport High School

Results

Event 1 Girls 3 Mile Run CC Varsity

Name	Year	School	Finals	Points
1 Thomas, Hayley	09	Winnebago	18:13.00	1
2 Lotter, Tracy	12	Winnebago	18:46.95	2
3 Hilby, Sarah	12	Boylan	19:05.28	3
4 Brown, Kim	12	Oregon High Schocol	19:11.13	4
5 Williams, Hannah	09	Guilford	19:12.31	5
6 Peterson, Kristen	11	Boylan	19:19.21	6
7 Gortowski, Rachel	11	Winnebago	19:21.07	7
8 Melin, Heather	09	Winnebago	19:22.49	8
9 Boisvert, Kim	10	Belvidere	19:27.12	9
10 Switzer, Amanda	12	Harlem High School	19:40.01	10
11 Doane, Kelly	11	Belvidere	19:43.24	11
12 Wyffels, Rachel	12	Geneseo High School	19:55.52	12
13 Shold, Britta	11	Boylan	19:58.80	13
14 Williams, Lauren	09	Guilford	20:03.91	14
15 Paul, Megan	10	Belvidere	20:04.24	15
16 Skaggs, Meg	09	Winnebago	20:09.08	16
17 Kaluzinski, Elizabeth	09	Belvidere	20:12.22	17
18 Filak, Erin	11	Boylan	20:13.58	18
19 Peters, Sara	11	Oregon High Schocol	20:27.93	19
20 Thompson, Jamie	09	Belvidere	20:39.70	20
21 Cinto, Megan	12	Kaneland Hgh School	20:45.17	21
22 Patterson, Kelli	09	Kaneland Hgh School	20:50.39	22
23 Ditzler, Sara	12	Freeport	20:52.76	23
24 Waggoner, Megan	11	Winnebago	20:53.45	24
25 Cahill, Jackie	09	Stockton	20:54.55	25
26 Troutman, Mary	11	Oregon High Schocol	20:55.67	26
27 Wilson, Hope	11	Stockton	21:09.13	27
28 Etnyre, Robin	09	Oregon High Schocol	21:13.79	28
29 Grove, Rachel	12	Belvidere	21:21.59	29
30 Wells, Emily	11	Freeport	21:23.03	30
31 Stupka, Erin	12	Jefferson	21:31.50	31
32 Collis, Sally	12	Geneseo High School	21:32.96	32
33 Swiech, Kristen	11	Kaneland Hgh School	21:37.35	33
34 Krauss, Alyssa	10	Guilford	21:38.90	34
35 Winberry, Abby	11	Geneseo High School	21:40.94	35
36 Gabriel, Ashley	12	Freeport	21:43.05	36
37 Larsen, Natalie	12	Guilford	21:49.74	37
38 Stouffer, Katie	12	Kaneland Hgh School	21:50.87	38
39 Castravillo, Melissa	10	Kaneland Hgh School	21:51.25	39
40 Arnold, Vanessa	11	Stockton	21:57.41	40
41 Pillow, Ashley	10	Harlem High School	21:59.86	41
42 Hicks, Amber	11	Belvidere	22:02.40	42
43 Hunter, Breanne	09	Oregon High Schocol	22:02.96	43
44 Reiter, Courtney	12	Guilford	22:11.04	44
45 Atwell, Rachel	10	Geneseo High School	22:14.66	45
46 Rucks, Jessica	11	Boylan	22:23.20	46
47 Nelsen, Brierly	12	East	22:25.89	47
48 Stupka, Kristin	12	Jefferson	22:27.83	48
49 Duffey, Marissa	11	Kaneland Hgh School	22:35.69	49
50 Mapes, Kelsey	12	Guilford	22:41.64	50
51 Mills, Caitlyn	11	Freeport	22:42.28	51
52 Procopio, Angela	11	Harlem High School	22:42.94	52

Cross Country Meet

Freeport High School

Results

....Event 1 Girls 3 Mile Run CC Varsity

53	Prasse, Sarah	12	Freeport	22:44.86	53
54	Hansen, Lindy	10	Guilford	22:52.62	54
55	McVietty, Kayla	12	Geneseo High School	22:56.12	55
56	Walther, Amanda	12	Freeport	23:06.81	56
57	Luensman, Courtney	10	Freeport	23:10.95	57
58	Defenbaugh, Kristin	12	Jefferson	23:17.06	58
59	Pearson, Morgan	12	Stockton	23:32.73	59
60	Troutman, Sarah	12	Oregon High Schocol	23:37.40	60
61	Coffman, Kirsten	10	Harlem High School	23:40.33	61
62	Johnson, Bethany	12	Harlem High School	24:19.40	62
63	Wood, Brittany	11	Harlem High School	24:27.02	63
64	Angeles, Veronica	11	Harlem High School	24:28.32	64
65	Finato, Jessica	10	Jefferson	24:53.03	65
66	Edwards, Trisha	12	Jefferson	24:56.58	66
67	Rinehart, Judith	09	East	25:17.90	67
68	Kennedy, Lindsay	11	Boylan	25:56.99	68
69	Gomez, Analisa	12	East	26:02.52	69
70	Herkert, Stephanie	11	Boylan	26:09.07	70
71	Hawley, Bridget	10	Stockton	27:13.98	71
72	Bonvillain, Leigh Ann	09	Stockton	28:06.68	72
73	Krampota, Karey	10	East	28:20.42	73
74	Ponte, Amanda	09	East	33:12.94	74

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Winnebago High School	34	1	2	7	8	16	24			
	Total Time: 1:35:52.59										
	Average: 19:10.52										
2	Belvidere High School	72	9	11	15	17	20	29	42		
	Total Time: 1:40:06.52										
	Average: 20:01.31										
3	Rockford Boylan High Scho	86	3	6	13	18	46	68	70		
	Total Time: 1:41:00.07										
	Average: 20:12.02										
4	Oregon High Schocol	120	4	19	26	28	43	60			
	Total Time: 1:43:51.48										
	Average: 20:46.30										
5	Rockford Guilford High Sc	134	5	14	34	37	44	50	54		
	Total Time: 1:44:55.90										
	Average: 20:59.18										
6	Kaneland Hgh School	153	21	22	33	38	39	49			
	Total Time: 1:46:55.03										
	Average: 21:23.01										
7	Geneseo High School	179	12	32	35	45	55				
	Total Time: 1:48:20.20										
	Average: 21:40.04										

Cross Country Meet

Freeport High School - ~~Results~~

Results

....Event 1 Girls 3 Mile Run CC Varsity

8	Freeport High School	193	23	30	36	51	53	56	57
	Total Time: 1:49:25.98								
	Average: 21:53.20								
9	Stockton High School	222	25	27	40	59	71	72	
	Total Time: 1:54:47.80								
	Average: 22:57.56								
10	Harlem High School	226	10	41	52	61	62	63	64
	Total Time: 1:52:22.54								
	Average: 22:28.51								
11	Rockford Jefferson High S	268	31	48	58	65	66		
	Total Time: 1:57:06.00								
	Average: 23:25.20								
12	Rockford East High School	330	47	67	69	73	74		
	Total Time: 2:15:19.67								
	Average: 27:03.94								

NCHSAA Cross Country Meet

Freeport High School -

Results

Event 3 Girls 3 Mile Run CC Junior Varsity

Name	Year	School	Finals	Points
1 Thomas, Lauren	12	Winnebago	19:39.28	
2 Tripp, Andrea	10	Belvidere	20:39.15	1
3 Kittoe-DeBoer, Heather	09	Freeport	20:56.78	2
4 Deligianis, Laney	09	Kaneland Hgh School	21:02.23	3
5 Zielinski, Joanna	09	Kaneland Hgh School	21:04.97	4
6 Viands, Brittany	10	Boylan	21:16.44	5
7 Clark, Gabriel		Sterling	21:19.82	6
8 Scanlan, Kelsey		Sterling	21:29.21	7
9 Benassi, Isabella	10	Winnebago	21:32.26	
10 Bielskis, Gina	12	Winnebago	21:33.27	
11 Haak, Abby		Sterling	21:51.66	8
12 Huml, Mallory	09	Kaneland Hgh School	21:53.93	9
13 Dzielak, Katy Sue	10	Boylan	21:57.36	10
14 Peterson, Cecelia		Sterling	21:58.91	11
15 Glessner, Angela	09	Oregon High Schocol	22:03.61	12
16 Carton, Nicole	11	Geneseo High School	22:09.88	13
17 Finney, Ariel		Sterling	22:11.51	14
18 Manis, Crystin	11	Oregon High Schocol	22:12.06	15
19 Venghaus, Stefanie		Sterling	22:15.35	16
20 Langdon, Kate	09	Geneseo High School	22:20.83	17
21 Popp, Teresa	10	Boylan	22:24.96	18
22 Johnson, Amy	09	Guilford	22:34.60	
23 Hoit, Katie	09	Belvidere	22:36.71	19
24 Clinton, Ashley	10	Kaneland Hgh School	22:42.02	20
25 Story, Rachel	09	Oregon High Schocol	22:47.31	21
26 McManus, Courtney	9	Jefferson	22:49.74	
27 Drew, Jesse		Sterling	22:52.54	22
28 Gruenke, Lindsey	10	Kaneland Hgh School	22:56.79	23
29 McHugh, Hanna	10	Boylan	23:02.76	24
30 Kirshbaum, Jessica	11	Belvidere	23:06.41	25
31 Monaghan, Brianna	09	Belvidere	23:10.34	26
32 Rasp, Rachel	09	Belvidere	23:16.86	27
33 Cascio, Theresa	09	Boylan	23:22.68	28
34 Deligianis, Anastasia	11	Kaneland Hgh School	23:25.22	29
35 Stilwell, Hannah	09	Belvidere	23:26.63	30
36 Williams, Rachel	11	Guilford	23:31.27	
37 Moore, Kaitlin	11	Oregon High Schocol	23:37.01	31
38 Traynor, McKayla	09	Belvidere	23:38.45	32
39 Ross, Emily	10	Boylan	23:43.97	33
40 Polsean, Katelin	09	Freeport	23:45.48	34
41 Montiel, Erica		Sterling	23:47.24	
42 Tomita, Jessica	11	Freeport	23:56.18	35
43 Roe, Kahley		Sterling	24:00.19	
44 Sciacero, Constance		Sterling	24:08.08	
45 Sheidegger, Molly		Sterling	24:10.44	
46 Donahue, Beth	10	Oregon High Schocol	24:11.27	36
47 Coil, Jessica	09	Oregon High Schocol	24:15.55	37
48 Salazar, Tori		Sterling	24:19.57	
49 Hanford, Liz	09	Geneseo High School	24:20.81	38
50 Tregloan, Megan	11	Freeport	24:26.24	39
51 Hernandez, Anjelica	9	Jefferson	24:40.42	
52 Manis, Chelsea	11	Oregon High Schocol	24:45.17	40

53	Martinson, Sam	10	Belvidere	24:48.98	
54	Lawrence, Kelli	11	Geneseo High School	25:02.28	41
55	Fay, Kelsey	10	Winnebago	25:16.87	
56	Elliott, Korrie	09	Belvidere	25:26.00	
57	Harbach, Hope	09	Freeport	25:28.16	42
58	Keener, Kirsten	10	Geneseo High School	25:30.27	43
59	Cascio, Stephanie	11	Guilford	25:40.67	
60	Artz, Brittany	10	Harlem High School	25:42.25	
61	Krumwiede, Kate	10	Belvidere	25:46.50	
62	Linden, Grace	09	Boylan	25:48.33	44
63	Hutmacher, Sam	09	Boylan	25:49.84	
64	Johnston, Melissa	09	Belvidere	25:53.81	
65	Cicero, Kristina	9	Jefferson	26:16.25	
66	Rudy, Sarah	10	Geneseo High School	26:17.31	45
67	Kastning, Lindsey	12	Freeport	26:35.97	46
68	Klotz, Elspeth	12	Kaneland Hgh School	26:36.91	47
69	Anderson, Chelsea	10	Harlem High School	27:10.92	
70	Ross, Robin	09	Kaneland Hgh School	27:42.46	
71	Smith, Jackie	10	Kaneland Hgh School	28:02.73	
72	Geffert, Leslie	11	Geneseo High School	28:09.89	48
73	Miles, Jessie	11	Kaneland Hgh School	28:10.22	
74	Kajdacsi, Brittney	11	Geneseo High School	28:15.84	
75	Hiebert, Anne	09	Geneseo High School	28:44.37	
76	Bruns, Emily	11	Oregon High Schocol	29:55.28	
77	McGuire, Olivia	9	Jefferson	30:33.72	
78	Mathieu, Vickie	10	Kaneland Hgh School	31:09.84	
79	Teague, Johanna	9	Geneseo High School	34:16.43	

[illegible]

Cross Country Meet

Freeport High School

Results

Event 5 Boys 3 Mile Run CC Frosh/Soph

Name	Year	School	Finals	Points
1 Kleczkowski, Aaron	10	Jefferson	16:54.37	1
2 Laseman, Cody	09	Belvidere	17:18.68	2
3 Stralka, Jeff	10	Kaneland Hgh School	17:24.20	3
4 Mathews, Ben	09	Freeport	17:26.03	4
5 Behling, Chris	09	Harlem High School	17:35.12	5
6 Trainor, Damon	10	Freeport	17:36.23	6
7 Ryman, Scott	10	Belvidere	17:38.87	7
8 Borkgren, Bryce	10	Geneseo High School	17:41.23	8
9 Mariani, John	09	Belvidere	17:51.28	9
10 Killeen, Aaron	10	Belvidere	17:52.65	10
11 Towell, David	10	Kaneland Hgh School	17:56.48	11
12 Murphy-Culvey, Treven	10	Jefferson	18:05.90	12
13 Brown, Aaron	09	Winnebago	18:07.79	13
14 Franz, Keldrin	09	Freeport	18:08.42	14
15 DeLaFuente, Michael	09	Sterling	18:21.59	15
16 Maurice, Jordan	10	Belvidere	18:24.67	16
17 Maggio, Matt	09	Guilford	18:26.77	17
18 Johnson, Matt	10	Jefferson	18:27.75	18
19 Shambo, Cody	09	Belvidere	18:28.89	19
20 Evola, Kyle	10	Kaneland Hgh School	18:32.24	20
21 Winger, Kevin	10	Jefferson	18:35.03	21
22 Martin, Eric	10	Freeport	18:36.56	22
23 Brown, Ben	09	Kaneland Hgh School	18:51.64	23
24 Kolk, Chris	10	Belvidere	18:54.51	24
25 Hutcheson, Jason	09	Harlem High School	18:56.80	25
26 Allen, Jason	09	Kaneland Hgh School	19:13.52	26
27 Palmer, Seth	10	Boylan	19:20.59	27
28 Lenz, Sam	09	Guilford	19:29.15	28
29 O'Hara, Greg	09	Boylan	19:34.87	29
30 Castillo, Nathan	09	Sterling	19:36.38	30
31 Nunez, Mike	9	Jefferson	19:36.79	31
32 Jungles, Paul	09	Freeport	19:41.77	32
33 McGarry, Michael	09	Boylan	19:42.17	33
34 Riley, Jared	9	Jefferson	20:02.22	34
35 Pease, Eric	09	Sterling	20:07.26	35
36 Windsor, Eric	10	Geneseo High School	20:11.81	36
37 Solonynko, Vasyl	10	Guilford	20:16.74	37
38 Cornejo, Mychall	09	Guilford	20:17.70	38
39 Lundin, Kyle	09	Guilford	20:18.63	39
40 May, Joseph	10	Boylan	20:19.50	40
41 Say, Thomas	10	Sterling	20:20.32	41
42 Heaton, Jaran	10	Geneseo High School	20:22.75	42
43 Barton, Rob	09	Geneseo High School	20:26.79	43
44 Derry, Danny	10	Boylan	20:28.82	44
45 Lloyd, Robby	10	Freeport	20:30.92	45
46 Allen, Kyle	09	Winnebago	20:32.34	46
47 Gortowski, Keith	09	Winnebago	20:32.74	47
48 Graham, Geoff	09	Freeport	20:34.99	48
49 Fuller, Gene	09	Winnebago	20:40.27	49
50 Brown, Andrew	9	Jefferson	20:40.89	50
51 Nierzwicki, Paul	09	Guilford	21:03.75	51
52 Steidinger, Lucas	09	Harlem High School	21:05.91	52

Freeport High School Results

53	Licari, Michael	10	Boylan	21:23.32	53
54	Knutsen, Nick	09	Sterling	21:28.56	54
55	Rathman, Jake	09	Geneseo High School	21:29.48	55
56	Gloria, Gabriel	09	Sterling	21:35.55	56
57	Seck, David	09	Boylan	21:36.94	57
58	Boeke, Louis	09	Winnebago	21:46.26	58
59	Augustine, Chaz	10	Geneseo High School	21:58.26	59
60	Evans, Daniel	09	Sterling	22:02.84	60
61	Shreve, Mitchell	09	Harlem High School	22:26.45	61
62	Swenson, Devin	09	Guilford	23:00.66	62
63	Trevino, Brad	09	Sterling	23:42.92	
64	Johnson, Graham	10	Winnebago	23:54.23	63
65	Hiebert, Tom	09	Geneseo High School	24:55.54	64
66	Watters, Ryan	09	Harlem High School	25:38.87	65

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Belvidere High School Total Time: 1:29:06.15 Average: 17:49.23	44	2	7	9	10	16	19	24		
2	Freeport High School Total Time: 1:31:29.01 Average: 18:17.81	78	4	6	14	22	32	45	48		
3	Rockford Jefferson High S Total Time: 1:31:39.84 Average: 18:19.97	83	1	12	18	21	31	34	50		
4	Kaneland Hgh School Total Time: 1:31:58.08 Average: 18:23.62	83	3	11	20	23	26				
5	Rockford Guilford High Sc Total Time: 1:38:48.99 Average: 19:45.80	159	17	28	37	38	39	51	62		
6	Rockford Boylan High Scho Total Time: 1:39:25.95 Average: 19:53.19	173	27	29	33	40	44	53	57		
7	Sterling High School Total Time: 1:39:54.11 Average: 19:58.83	175	15	30	35	41	54	56	60		
8	Geneseo High School Total Time: 1:40:12.06 Average: 20:02.42	184	8	36	42	43	55	59	64		
9	Harlem High School Total Time: 1:45:43.15 Average: 21:08.63	208	5	25	52	61	65				
10	Winnebago High School Total Time: 1:41:39.40 Average: 20:19.88	213	13	46	47	49	58	63			