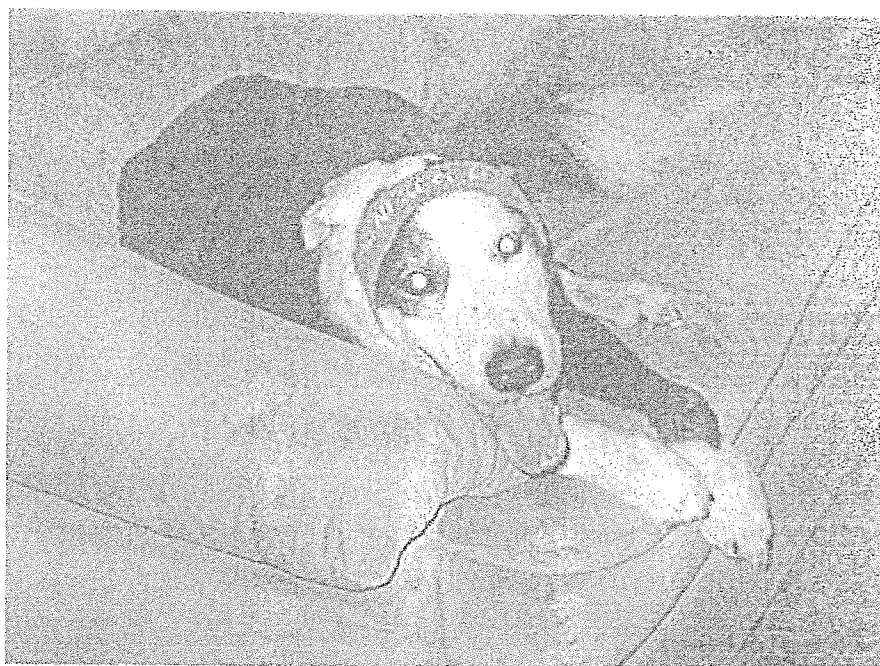




Ditka Fredericks proudly displays the headband he wears as an honorary member of the Geneseo Cross Country Team. Word has it that he still has some eligibility and might be lining up in the boys' race sometime soon.

"Leafs Run Strong at Sterling Freshman/JV Invite"

On Tuesday night, the Leafs traveled to Sterling for the Sterling Freshman & J.V. Invite. The unique format allowed one last race for most of the team as we have now entered the I.H.S.A. Series (only our top 7 runners are allowed to run.) The Leafs didn't waste this last competitive opportunity as 15 Maple Leafs brought home medals out of a possible 30.

Leading the Leafs in the Freshman race were Ryan Kotecki (1st);, Cliff Hight (4th); and Jaran Heaton (5th.)

Pacing the Open race efforts were the following award winners:

Girls: Abby Winberry (1st); Alexis Minnaert (2nd); Nicole Carton (5th); and Kelli Lawrence (9th.)

Boys: Pete Nelson (1st); David Cross (2nd); Tony Lyttles (3rd); Caleb Diericx (5th); Lucas Cropp (6th); Dustin Brewer (7th); Jesse Cross (9th); and Dan Morgan (10th.)

Cross Country

Geneseo Team Split Page: Sterling 09/JV Invite

Date: 10/19/04

Site: Hoover Park in Sterling

Racing Distance: 3.00 Miles

Weather Conditions: 58 Degrees (damp, cold, & FAST)

Girls Team

Time	Athlete	Race	Place	1-Mile	2-Mile
21:33	Abbey Winberry	Open	1	6:56	14:11
21:49	Alexis Minnaert	Open	2	6:57	14:17
22:10	Nicole Carton	Open	5	6:57	14:26
22:21	Kelli Lawrence	Open	9	6:58	14:40
21:33	Open Leader	Open	1	6:56	14:11
21:29	Freshman Leader	09	1	?	?

Boys Team

Time	Athlete	Race	Place	1-Mile	2-Mile
17:42	Pete Nelson	Open	1	5:38	11:34
18:02	David Cross	Open	2	5:38	11:49
18:02	Ryan Kotecki	09	1	5:36	11:47
18:20	Tony Lyttles	Open	3	5:38	11:59
18:58	Caleb Diericx	Open	5	5:57	12:29
18:59	Lucas Cropp	Open	6	6:33	12:43
18:59	Dustin Brewer	Open	7	6:32	12:45
19:02	Jesse Cross	Open	9	6:02	12:34
19:05	Dan Morgan	Open	10	6:06	12:36
19:09	Ben Arnett	Open	11	5:54	12:20
19:21	Justin Heaton	Open	12	6:07	12:51
19:25	Tom Menendez	Open	13	6:22	12:52
19:28	Dyson Wake	Open	14	6:22	12:53
19:30	Wes Stahl	Open	15	6:15	13:15
19:47	Cliff Hight	09	4	6:08	12:55
19:50	Jaran Heaton	09	5	6:21	13:12
20:48	Joe Rudy	Open	32	6:08	13:33

21:11	Mark Lindell	Open	34	6:10	13:37
21:26	Rob Eberhardt	09	39	6:42	13:57
23:56	Brandon Huttenlocher	09	14	7:32	15:43
17:42	Open Leader	Open	1	5:38	11:34
18:02	09 Leader	09	1	5:36	11:47

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Cross Country

Sterling 09/JV Invitational: Freshman Girls Results

Date: 10/19/04

Site: Hoover Park in Sterling

Racing Distance: 3.00 Miles

Weather Conditions: 58 (cool, damp, & fast)

Team Scores: No Team Scoring

Freshman Girls Results

Place	Name	School	Time
1	Emily Naakteboren	Bureau Valley	21:29
2	Kayla Jakobs	Sterling	22:38
3	Kahley Roe	Sterling	23:54
4	Constance Sciacero	Sterling	24:05
5	Lauren McMillin	Sterling	24:14
6	Laura Vanous	Rochelle	25:16
7	Danille Wiberg	Ottawa	26:04
8	Kaitlyn Rumbolb	Bureau Valley	29:17

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Cross Country

Sterling 09/J.V. Invitational: Freshman Boys Results

Date: 10/19/04

Site: Hoover Park in Sterling

Racing Distance: 3.00 Miles

Weather Conditions: 58 (cool, damp, & fast)

Team Scores: No Team Scoring

Freshman Boys Results

Place	Name	School	Time
1	Ryan Kotecki	Geneseo	18:02
2	Clayton Ankney	Dixon	19:07
3	Patrick Clark	Dixon	19:25
4	Cliff Hight	Geneseo	19:47
5	Jaran Heaton	Geneseo	19:50
6	Jacob Foulke	Bureau Valley	19:55
7	Zach Jacobson	Bureau Valley	20:32
8	Gentry Nordstrom	Dixon	21:46
9	Mike Nicholson	Dixon	21:53
10	Eric Scarlot	Ottawa	22:04
11	Kevin Lucas	Sterling	22:27
12	Cruz Macias	Rochelle	22:40
13	Austin Gillette	Rock Falls	22:55
14	Brandon Huttenlocher	Geneseo	23:56
15	Patrick Sutton	Dixon	26:04

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Cross Country

Sterling 09/J.V. Invitational: Open Girls Results

Date: 10/19/04

Site: Hoover Park in Sterling

Racing Distance: 3.00 Miles

Weather Conditions: 58 (cool, damp, & fast)

Team Scores: No Team Scoring

Open Girls Results

Place	Name	School	Time
1	Abby Winberry	Geneseo	21:33
2	Alexis Minnaert	Geneseo	21:49
3	Miranda James	Rochelle	21:52
4	Nicole Williams	Sterling	22:03
5	Nicole Carton	Geneseo	22:10
6	Stephanie Harrod	Bureau Valley	22:12
7	Abby Hawk	Sterling	22:15
8	Stephanie Spitzer	Sterling	22:17
9	Kelli Lawrence	Geneseo	22:21
10	Kari Naaktgeboren	Bureau Valley	22:50
11	Mallory Jordal	Rochelle	23:11
12	Sarah Lowery	Rochelle	23:18
13	Marla Jennings	Rochelle	23:24
14	Sarah Jawerski	Ottawa	24:20
15	Nicole Somental	Rochelle	24:53
16	Christine Cuchiara	Ottawa	25:53
17	Kayla Blonclenburg	Sterling	26:45
18	Hillary Kломann	Rock Falls	27:21
19	Anna Schaffer	Bureau Valley	27:23
20	Rachel Bloom	Sterling	???

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Cross Country

Sterling 09/J.V. Invitational: Open Boys Results

Date: 10/19/04

Site: Hoover Park in Sterling

Racing Distance: 3.00 Miles

Weather Conditions: 58 (cool, damp, & fast)

Team Scores: No Team Scoring

Open Boy Results

Place	Name	School	Time
1	Pete Nelson	Geneseo	17:42
2	David Cross	Geneseo	18:02
3	Tony Lyttles	Geneseo	18:20
4	Mike Lamb	Ottawa	18:41
5	Caleb Diericx	Geneseo	18:58
6	Lucas Cropp	Geneseo	18:59
7	Dustin Brewer	Geneseo	18:59
8	Christopher James	Rochelle	19:00
9	Jesse Cross	Geneseo	19:02
10	Dan Morgan	Geneseo	19:05
11	Ben Arnett	Geneseo	19:09
12	Justin Heaton	Geneseo	19:21
13	Tom Menendez	Geneseo	19:25
14	Dyson Wake	Geneseo	19:28
15	Wes Stahl	Geneseo	19:30
16	Alex Schmidt	Bureau Valley	19:32
17	Trevor Clifton	Sterling	19:37
18	Cody Gridley	Rock Falls	19:38
19	Josh Baker	Dixon	19:42
20	Jordan Baiz	Ottawa	19:56
21	Phil Burdette	Ottawa	20:16
22	Paul Slezak	Dixon	20:18
23	Ricky Copulos	Dixon	20:24
24	Grant Carmichael	Rochelle	20:26
25	Joe Spagnolia	Dixon	20:29
26	Neal Smith	Dixon	20:29

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27	Jason Norem	Ottawa	20:31
28	Ray Smith	Rochelle	20:37
29	Matt Miller	Sterling	20:41
30	Tim Slezak	Dixon	20:43
31	Tim Fleenor	Rochelle	20:44
32	Joe Rudy	Geneseo	20:48
33	Justin Bertrand	Sterling	21:07
34	Mark Lindell	Geneseo	21:11
35	Andrew Tillman	Sterling	21:15
36	Quinn Myers	Ottawa	21:15
37	Dustin Wolf	Rock Falls	21:20
38	Joe Vasquez	Sterling	21:29
39	Rob Eberhardt	Geneseo	21:26
40	Danny Devenney	Bureau Valley	21:45
41	Todd Svoboda	Ottawa	22:03
42	Tyler Amm	Ottawa	22:09
43	Zach Saigh	Geneseo	22:37
44	Tyler Johnson	Sterling	24:50

This is a Manila site.