

10/21

|                                                                       |                       |                       |  |  |  |
|-----------------------------------------------------------------------|-----------------------|-----------------------|--|--|--|
| <b>STERLING HIGH SCHOOL<br/>CROSS COUNTRY</b>                         | <b>Teams</b>          | <b>Freshmen Girls</b> |  |  |  |
| <b>Teams:</b> Rock Falls Ottawa<br>Sterling, Geneseo, Dixon, Rochelle | <b>1</b>              |                       |  |  |  |
| <b>Held at</b><br>Hoover Park, Sterling                               | <b>2</b>              |                       |  |  |  |
| <b>Division</b> <b>Freshmen Girls</b>                                 | <b>3</b>              |                       |  |  |  |
| <b>Date:</b><br>October 21, 2003                                      | <b>4</b>              |                       |  |  |  |
| <b>Course Length</b><br>3.0 Miles                                     | <b>5</b>              |                       |  |  |  |
| <b>Weather Conditions</b><br>Overcast, 70's                           | <b>Team<br/>Score</b> |                       |  |  |  |

(No Team Scores)

(No Complete Team)

| P<br>L | NAME            | SCHL | TIME  | P<br>L | NAME | SCHL | TIME |
|--------|-----------------|------|-------|--------|------|------|------|
| 1      | Katie Cowley    | Roch | 21:10 | 23     |      |      |      |
| 2      | Kelli Lawrence  | GEN  | 21:46 | 24     |      |      |      |
| 3      | Nicole Cartow   | GEN  | 23:05 | 25     |      |      |      |
| 4      | Amanda Anderson | OTT  | 23:25 | 26     |      |      |      |
| 5      | Sarah Wawerski  | OTT  | 23:59 | 27     |      |      |      |
| 6      | Ashley Mendoza  | Sier | 25:03 | 28     |      |      |      |
| 7      | Lisa Gillette   | OTT  | 26:29 | 29     |      |      |      |
| 8      | Nikki Mitchem   | R.F. | 26:46 | 30     |      |      |      |
| 9      | Kalli Martin    | OTT  | 28:07 | 31     |      |      |      |
| 10     |                 |      |       | 32     |      |      |      |
| 11     |                 |      |       | 33     |      |      |      |
| 12     |                 |      |       | 34     |      |      |      |
| 13     |                 |      |       | 35     |      |      |      |
| 14     |                 |      |       | 36     |      |      |      |
| 15     |                 |      |       | 37     |      |      |      |
| 16     |                 |      |       | 38     |      |      |      |
| 17     |                 |      |       | 39     |      |      |      |
| 18     |                 |      |       | 40     |      |      |      |
| 19     |                 |      |       | 41     |      |      |      |
| 20     |                 |      |       | 42     |      |      |      |
| 21     |                 |      |       | 43     |      |      |      |
| 22     |                 |      |       | 44     |      |      |      |

10/21

# Freshman Boys

## STERLING HIGH SCHOOL CROSS COUNTRY

**Teams:** Rock Falls Ottawa  
Sterling, Geneseo, Dixon, Rochelle

**Held at**  
Hoover Park, Sterling

**Division**

Freshman Boys

**Date:**  
October 21, 2003

**Course Length**  
3.0 Miles

**Weather Conditions**  
Overcast, 70's

Teams

Gen

Rochelle

(Mother Fall teams)

1

1

7

2

2

8

3

3

11

4

4

12

5

13

17

Team  
Score

23

50

| P<br>L | NAME            | SCHL | TIME  | P<br>L | NAME | SCHL | TIME |
|--------|-----------------|------|-------|--------|------|------|------|
| 1      | Justin Goodrich | Gen  | 17:08 | 23     |      |      |      |
| 2      | Nate Silver     | Gen  | 17:52 | 24     |      |      |      |
| 3      | Blake Wyffels   | Gen  | 18:21 | 25     |      |      |      |
| 4      | Erik Kowitz     | Gen  | 18:42 | 26     |      |      |      |
| 5      | Reese Stevens   | RF   | 18:46 | 27     |      |      |      |
| 6      | Jared Caciullo  | RF   | 19:05 | 28     |      |      |      |
| 7      | Anthony Zillis  | Rock | 19:11 | 29     |      |      |      |
| 8      | Shane Truelsen  | Rock | 19:20 | 30     |      |      |      |
| 9      | Steve Yenn      | Ster | 19:47 | 31     |      |      |      |
| 10     | Cody Gridley    | RF   | 19:52 | 32     |      |      |      |
| 11     | Chris James     | Rock | 20:14 | 33     |      |      |      |
| 12     | Jared McCaffrey | Rock | 20:22 | 34     |      |      |      |
| 13     | Tom Menendez    | Gen  | 20:33 | 35     |      |      |      |
| 14     | Wyatt Pyatt     | Gen  | 20:51 | 36     |      |      |      |
| 15     | Phil Burdette   | Ot.  | 21:08 | 37     |      |      |      |
| 16     | Tim Stezak      | Dix  | 22:27 | 38     |      |      |      |
| 17     | Brent Russel    | Rock | 23:04 | 39     |      |      |      |
| 18     |                 |      |       | 40     |      |      |      |
| 19     |                 |      |       | 41     |      |      |      |
| 20     |                 |      |       | 42     |      |      |      |
| 21     |                 |      |       | 43     |      |      |      |
| 22     |                 |      |       | 44     |      |      |      |

10/21

## J.V. Girls

| STERLING HIGH SCHOOL<br>CROSS COUNTRY                          | Teams         | Gen  | Ster | Dixon            |  |  |
|----------------------------------------------------------------|---------------|------|------|------------------|--|--|
| Teams: Rock Falls Ottawa<br>Sterling, Geneseo, Dixon, Rochelle | 1             | 1    | 6    | 11               |  |  |
| Held at<br>Hoover Park, Sterling                               | 2             | 2    | 7    | 24 <del>13</del> |  |  |
| Division<br><b>JV GIRLS</b>                                    | 3             | 3    | 8    | 25               |  |  |
| Date:<br>October 21, 2003                                      | 4             | 4    | 9    | 26               |  |  |
| Course Length<br>3.0 Miles                                     | 5             | 5    | 13   | 27               |  |  |
| Weather Conditions<br>Overcast, 70's                           | Team<br>Score | (15) | 43   | 99               |  |  |

(No other  
Fall teams)

| P<br>L | NAME              | SCHL | TIME  | P<br>L | NAME                | SCHL | TIME  |
|--------|-------------------|------|-------|--------|---------------------|------|-------|
| 1      | Kayla McViethy    | Gen  | 20:35 | (23)   | STEPHANIE ROBERTSON | DIX  | 26:35 |
| 2      | Abbey Schindler   | Gen  | 21:06 | (24)   | Emily Gospodarczyk  | DIX  | 29:47 |
| 3      | Erin Browne       | Gen  | 21:09 | (25)   | LESLIE RUSSELL      | DIX  | 27:08 |
| 4      | Megan Matyas      | Gen  | 21:17 | (26)   | STEPHANIE ROBERTSON | DIX  | 26:35 |
| 5      | Sally Colli's     | Gen  | 21:20 | (27)   | LESLIE RUSSELL      | DIX  | 27:00 |
| 6      | Brittney Jacobs   | Ster | 21:21 | (28)   | Emily Gospodarczyk  | DIX  | 29:47 |
| 7      | Amanda Maruffo    | Ster | 21:35 | 29     |                     |      |       |
| 8      | Jesse Perz        | Ster | 22:03 | 30     |                     |      |       |
| 9      | Stephanie Spitzer | Ster | 22:23 | 31     |                     |      |       |
| 10     | Kelli Curran      | Gen  | 22:42 | 32     |                     |      |       |
| 11     | Rose Devine       | DIX  | 22:51 | 33     |                     |      |       |
| 12     | Alison Curran     | Gen  | 22:55 | 34     |                     |      |       |
| 13     | Malory Breed      | Ster | 23:16 | 35     |                     |      |       |
| 14     | Cassie Bardette   | OTT  | 23:20 | 36     |                     |      |       |
| 15     | Erica Bowman      | OTT  | 23:24 | 37     |                     |      |       |
| 16     | Alyshia Steck     | RF   | 24:35 | 38     |                     |      |       |
| 17     | Colleen Heshman   | OTT  | 24:47 | 39     |                     |      |       |
| 18     | Sarah Dullin      | OTT  | 24:57 | 40     |                     |      |       |
| 19     | Whitni Gene       | RF   | 25:01 | 41     |                     |      |       |
| 20     | Hilary Klamann    | RF   | 25:09 | 42     |                     |      |       |
| 21     | Alexis Martin     | RF   | 25:15 | 43     |                     |      |       |
| 22     | Eryn McNeill      | RF   | 25:39 | 44     |                     |      |       |

10/21

| STERLING HIGH SCHOOL<br>CROSS COUNTRY                          |  | Teams         | Gen  | Ster | Ottawa |  |  |
|----------------------------------------------------------------|--|---------------|------|------|--------|--|--|
| Teams: Rock Falls Ottawa<br>Sterling, Geneseo, Dixon, Rochelle |  | 1             | 1    | 4    | 9      |  |  |
| Held at<br>Hoover Park, Sterling                               |  | 2             | 2    | 6    | 14     |  |  |
| Division <b>JV BOYS</b>                                        |  | 3             | 3    | 7    | 15     |  |  |
| Date:<br>October 21, 2003                                      |  | 4             | 5    | 18   | 20     |  |  |
| Course Length<br>3.0 Miles                                     |  | 5             | 8    | 21   | 30     |  |  |
| Weather Conditions<br>Overcast, 70's                           |  | Team<br>Score | (19) | 56   | 88     |  |  |

| P<br>L | NAME                     | SCHL           | TIME     | P<br>L | NAME              | SCHL | TIME    |
|--------|--------------------------|----------------|----------|--------|-------------------|------|---------|
| 1      | Brend Mattman            | Gen            | 17:35    | 23     | Justin Heston     | Gen  | 20:28   |
| 2      | Tony Lyttle              | Gen            | 17:39    | 24     | Pete Nelson       | Gen  | 20:30   |
| 3      | Justin Ogilvie           | Gen            | 18:18.8  | 25     | DAN Mallory       | Roch | 20:31.9 |
| 4      | Tyler ZUELLER            | STER           | 18:31.9  | 26     | Jeremy WASILEWSKI | OTT  | 20:34.7 |
| 5      | Scott Mattman            | Gen            | 18:37    | 27     | Zach RIVERA       | RF   | 20:58.2 |
| 6      | Stuart GREENLEE          | STER           | 18:38.9  | 28     | NATHAN BEHMLANDER | RF   | 21:05.8 |
| 7      | MIKE MOORE               | STER           | 18:48.0  | 29     | JEN JAMES         | Roch | 21:18.8 |
| 8      | Jan Weber                | Gen            | 18:50.50 | 30     | JASON NOREM       | OTT  | 21:21.1 |
| 9      | Quincy Mitchell          | OTT            | 18:52.5  | 31     | Tyler Ammi        | OTT  | 21:29.7 |
| 10     | David Cross              | Gen            | 19:01.01 | 32     | Wes Stahl         | Gen  | 22:38.8 |
| 11     | Tim Heston               | Gen            | 19:06    | 33     |                   |      |         |
| 12     | Andrew Feldman           | Gen            | 19:11.7  | 34     |                   |      |         |
| 13     | Ben Arnett               | Gen            | 19:30    | 35     |                   |      |         |
| 14     | Cody GAUL                | OTT            | 19:51.8  | 36     |                   |      |         |
| 15     | EVAN ROSSITER            | OTT            | 19:54.4  | 37     |                   |      |         |
| 16     | Sean Smith               | DIX            | 19:58.3  | 38     |                   |      |         |
| 17     | Tim Allison              | Gen            | 20:00    | 39     |                   |      |         |
| 18     | TREVOR CLIFTON           | STER           | 20:04.1  | 40     |                   |      |         |
| 19     | Doug Adams               | Gen            | 20:05    | 41     |                   |      |         |
| 20     | Tom Sloboda              | OTT            | 20:18.2  | 42     |                   |      |         |
| 21     | DENN Myron               | STER           | 20:18.6  | 43     |                   |      |         |
| 22     | <del>Justin Heston</del> | <del>Gen</del> | 20:19.0  | 44     |                   |      |         |

Chris Moss

DIX