

Award Winners

VARSTIY AWARD WINNERS

Freshmen

- Nicole Carton
- Justin Goodrich
- Kelli Lawrence
- Nate Silver
- Abby Winberry
- Blake Wyffels

Sophomores (# of letters in CC)

- Erin Browne (2)
- Sally Collis (1)
- Scott Mattan (1)
- Kayla McVetty (2)
- Pete Nelson (2)
- Abby Schlindwein (2)
- Rachel Wyffels (2)

Juniors (# of letters in CC)

- Bill Barton (2)
- Erica Brenny (2)
- Alison Curran (2)
- Katie Croegaert (3)
- Tony Lyttles (2)
- Alexis Minnaert (3)
- Justin Ogilvie (2)
- Nathan Schlindwein (3)
- Jordan Wildermuth (2)

Seniors (# of letters in CC)

- Tim Allison (1)
- Kelle Curran (4)
- Andrew Fehlman (3)
- Tim Holevoet (2)
- Becky Johnson (3)
- Brad Mattan (3)
- Megan Matyasse (2)
- Amanda Pearson (3)
- Christian Rowlands (4)
- Justin Trujillo (4)
- Jon Weiser (1)

MANAGER AWARD WINNERS

- Kayla Kaiser
- Colleen McGruder

J.V. AWARD WINNERS

Juniors (# of letters in CC)

- Doug Adams
- David Cross
- Joe Rudy

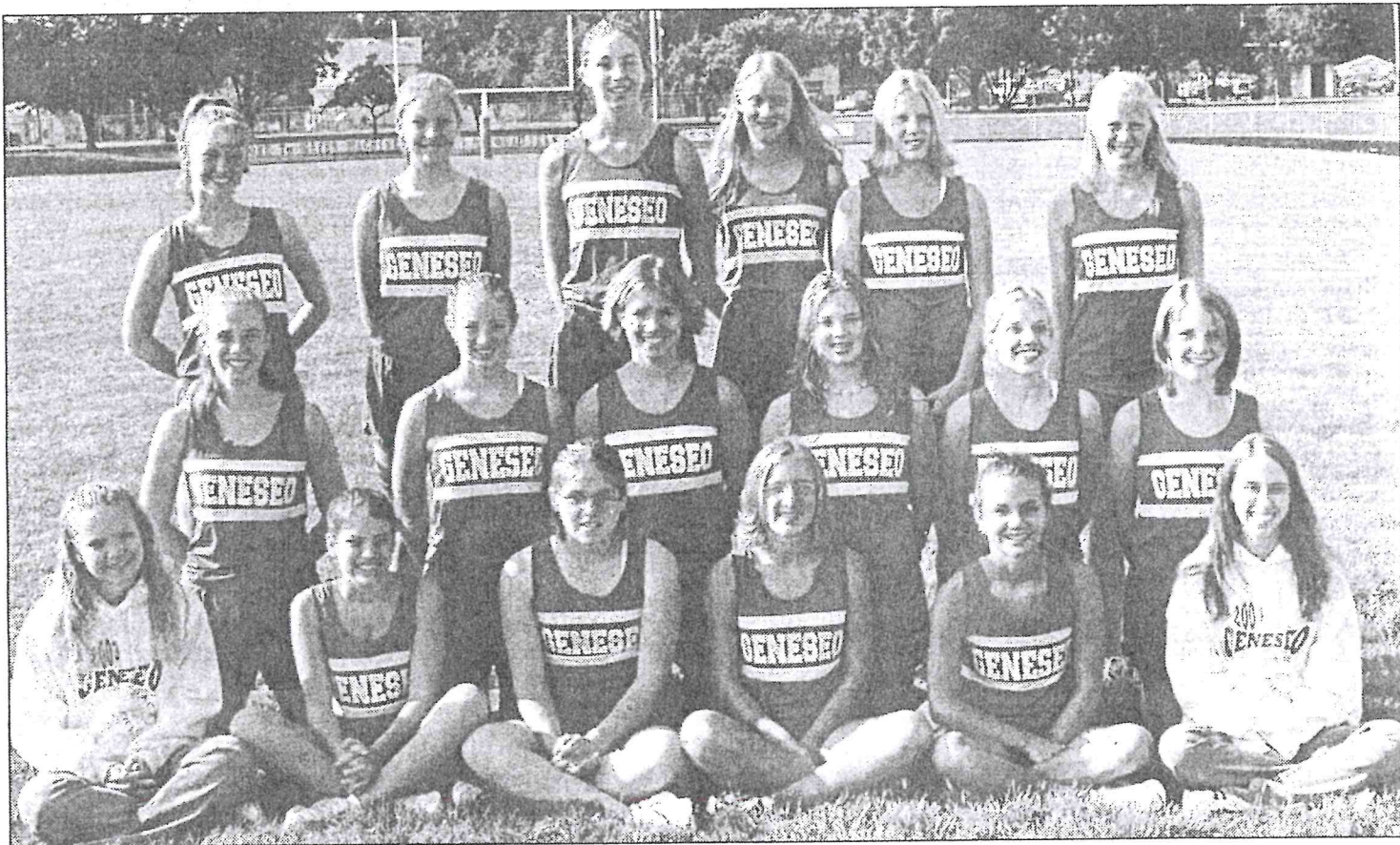
SOPHOMORE AWARD WINNERS

Sophomores (# of letters in CC)

- Ben Arnett (2)
- Justin Heaton
- Wes Stahl

Freshmen

- Erik Kowitz
- Tom Menendez
- Wyatt Pyatt



Republic photo by Jason Randall

2003 Girls Cross Country Team

Front Row, left to right: Mgr. Colleen MacGruder, Abbey Schlindwein, Kelli Lawrence, Becky Johnson, Alexis Minnaert, Mgr. Kayla Kaiser

Second Row: Abby Winberry, Katie Croegaert, Megan Matyas, Kayla McVetty, Rachel Wyffels, Erin Browne

Back Row: Amanda Pearson, Nicole Carton, Erica Brenny, Sally Collis, Alison Curran, Kelle Curran



Republic photo by Jason Randall

2003 Boys Cross Country Team

Front Row, left to right: Erik Kowitz, Justin Goodrich, Blake Wyffels, Doug Adams, Tom Menendez, Jordan Wildermuth, Tony Lyttles

Second Row: Mgr. Colleen MacGruder, Nathan Schlindwein, Jon Weiser, Nate Silver, David Cross, Tim Allison, Tim Holevoet, Adam Roesner

Back Row: Mgr. Kayla Kaiser, Bill Barton, Andrew Fehlman, Pete Nelson, Justin Heaton, Joe Rudy, Justin Trujillo, Christian Rowlands

Not pictured: Brad Mattan, Justin Ogilvie, Ben Arnell, Scott Mattan, Tim Dobbels, Wyatt Pyatt, Wes Steff



i run 2003

Cross country

I decided to join cross country over soccer mainly because Mr. Fredericks, the cross country coach, personally approached me and asked me to join. If he would take that much effort, then why shouldn't I give it a try? Cross country ended up being a sport that taught me values such as self-discipline and teamwork. All four of my years in cross country ended up being awesome, and I haven't ever regretted the decision I made. The team experience was great, and I am glad that I was able to be part of such a hard-working and dedicated team.

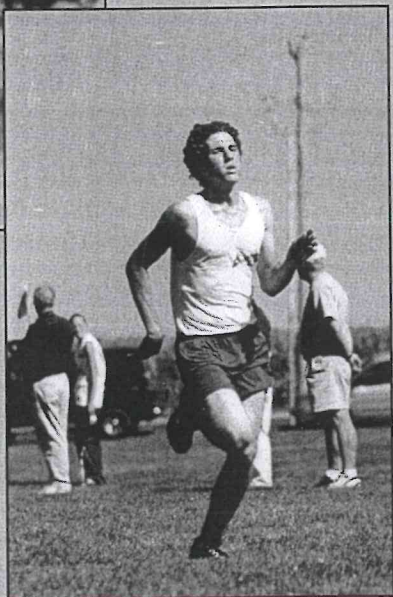
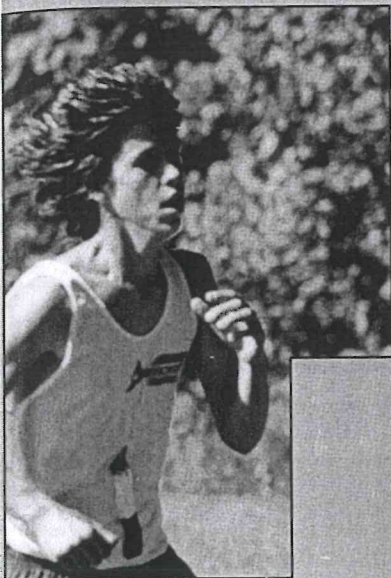
Christian Rowlands ('04)

{ H.S.
Yearbook }

2003 Cross Country

Left: Top dog of the Junior class, Nathan Schlindwein ('05), keeps up the pace in his three mile race.

Bottom: Exhausted from the hot sun, Bill Barton ('05) persistently pushes forward to help his team win the meet.



SCOREBOARD

Dual Meets

Girls V. 12-0

Boys F/S 4-3

Boys V. 8-4

N.C.I.C.

Girls V. 4th

Girls JV 2nd

Boys JV 1st

Boys V. 1st

Boys F/S 1st

Regional Meet

Girls 5th

Boys 3rd

Sectional Meet

Girls 7th

Boys 8th

Say "Geneseo Cross Country" and several things come to mind. Since 1980, the girls' team has won 14 conference titles, 9 regional titles, 6 sectional titles, and have had 3 individuals win All-state honors. The boys' team has won 16 conference titles, 3 regional titles, 1 sectional title, and have had 4 individuals win All-state honors. That is quite impressive.

The cross country team logged nearly 5,000 miles during the summer. That would stretch from the Pacific to the Atlantic Ocean. Wow! No wonder this team is for real!

Cross Country is the only sport at J.D. Darnall High School that is co-ed. Boys and girls don't race against each other, of course, but they do support each other as teammates. Relationships do happen and CCR's (Cross Country Romances) are a happening thing.

Our team is truly like a family. In fact, during one extremely fatiguing work-out this season, one of the athletes mistakenly called coach "Dad." As brothers, sisters, moms and dads, we are all part of the cross country family.

Left: The cross country boys start off the Freeport race with a valiant effort.

Bottom: By thinking, talking or praying, the cross country girls mentally prepare for their big race.



Center Left: State qualifier, Rachel Wyffels ('06), is at it again, blowing away the competition at a Saturday meet.

Bottom Left: Erin Browne ('06) and Sally Collis ('06), pair up to take over their competition at the Sterling Invite.

