

New attitude keys Fluck's run to state

Coach: Geneseo
senior 'has come on
like a freight train'

By Craig DeVrieze
QUAD-CITY TIMES

Kyle Fluck has discovered attitude is more than half the battle in cross country.

"You have to go into a race with a determined attitude, and you have to think to win," the Geneseo senior said. "If you don't think you are going to do that well, you probably won't."

After a largely forgettable first half of the year, the Geneseo runner is fashioning a senior season worth remembering.

In successive weeks, Fluck won the North Central Illinois Conference meet and the Moline Class AA Regional. Last week he finished fourth at the Sterling Sectional, despite battling a cold.

Fluck (pronounced fluke) heads to Saturday's state meet at Peoria's Detweiler Park with his sights set on a Top 25 finish and the all-state honors that would come with that.

At worst, he would like to better the 42nd-place finish and/or the time of 15 minutes, 16 seconds his brother Justin turned in at the 1997 state meet.

To ensure all-state status, Kyle Fluck might have to run a sub-15-minute three miles. He won the regional with a time of 15:22.

"It is a tall order," Leafs coach Don Fredericks said, "but, off of some of the times he has run, he has an outside shot."

Fredericks would not have given Fluck much of a chance to do much a little over a month ago.

"I think it took Kyle awhile to decide how far he wanted to take this," the coach said. "Since he decided to click that switch, he has come on like a freight train."

Fluck conceded his attitude was not all it should have been in

the early part of the season.

"I wasn't taking the season that seriously," he confessed. "So coach got on my case and really chewed me out. That's when I knew I had to get serious."

"It wasn't something that should have happened," he said. "But it happened, and it turned out for the best. I always had kind of a laid-back attitude toward cross country, but I have become more serious and determined."

Fluck's determination has brought a willingness to battle through back pain that has bothered him throughout his running career. He said new orthotics in his running shoes have helped. So has his newfound desire.

"I have gotten used to it," he said of the discomfort. "You have got to suck it up sometimes, especially in big races."

Fluck did that last week in Sterling.

"He went home sick on Thursday and he finished fourth on Saturday," Fredericks said.

After taking off with the lead pack, the cold-addled Fluck said he tired badly during his second mile.

"I was dying," he said.

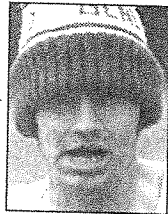
He found new life when Rochelle's Matt Jacobsen — a runner he'd beaten both at the conference meet and regional — passed him. Using his newfound determination, Fluck reached deep and drew the strength to pass both Jacobsen and three other runners in the final mile.

"I don't know where that came from — I surprised myself," said Fluck, who will be joined by teammate Justin Trujillo at state. "Going into that third mile, I knew I needed to go."

"I had just come off winning the regional, and here I was in eighth place — that wasn't acceptable. I really had to dig down to get that kick."

Just like he dug down to kick his senior season into gear.

"I just realized this is my last year of cross country," he said. "I had to make the most of it."



Fluck

ILLINOIS BOYS

CROSS COUNTRY

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Cross country runners ready to take marks; keep eye on Alleman

By Shannon Heaton
Staff sports writer

If they have to carry Moline senior Drew Patterson off the Detweiller Park cross-country course early this afternoon, he'll probably have a smile, albeit a somewhat-dazed one, on his face.

"I hope to be able to run hard enough to finish and just drop to the ground after I finish," Patterson said. "What I want from Saturday is for me and the team to be satisfied with how we ran."

The Maroon boys haven't finished many races with a satisfied feeling. Early in September, at St. Charles, was the first time, and regionals was the second.

That's not a lot of enjoyable moments for a team that had, and still has by coach Jeff Quick's reckoning, the physical ability to place in the top 10 in today's IHSA Class AA state meet (race start time 12:15 p.m.).

Getting the team to believe it has been an altogether different matter.

"If we see that there's somebody out there that isn't doing the job, we can't stop and substitute for them," Quick said. "I think they have the physical ability. They've made the state finals. There's no need to be nervous or uptight (today)."

But there've been any number of little things that, together, have added up to one big mental

block, as far as Quick can see.

There are Patterson's legs, ravaged by stress fractures that are suited more to a middle-distance run, such as 800 or 1,500 meters. Senior Kyle Medinger

admits to having trouble concentrating over three miles.

According to Quick, junior Erik Steffens at times psyches himself out before a big race. Junior Mike Verre falls prey to

mysterious side stitches that take him out of a race before it begins.

And one of the team's big guns early in the year, Alex Hutchins, hasn't run in more

than a month because of a stress fracture, and won't on Saturday.

Altogether, it's been a trying season but one that at least ended with some reward. Only 30 teams statewide make it to

Detweiller, and Quick makes sure that the team is rewarded.

The boys and girls teams went down early to Peoria on Friday, practiced on the Detweiller course and were treated to a pre-race banquet at Jumer's Castle Lodge on Friday night.

"It's an event, something that they'll remember for a long time," Quick said.

The Moline boys and girls aren't the only local competitors in the Class AA field. Geneseo is sending three individual qualifiers to state as well: senior Kyle Fluck, junior Justin Trujillo and freshman Rachel Wyffels.

Although Fluck has closed fast to end his high school career, coach Don Fredericks believes that Trujillo was a strong catalyst in pushing Fluck.

"I believe Justin was the final piece to the puzzle. He really motivated Kyle and pushed him," Fredericks said. "I thought Kyle might just settle into that No. 2 spot, but he's such a ferocious competitor that internally he couldn't allow that to happen. Without each other working together and pushing each other, I'm not sure either would be in the state meet."

Wyffels and the Moline girls will begin racing at 11 a.m. today.

IHSA State Cross Country Meet

■ **Time & place:** Today at Detweiller Park in Peoria. Races begin at 9 a.m. with Class A girls, followed by Class A boys at approximately 10 a.m., Class AA girls at approximately 11 a.m. and Class AA boys at 12:15 p.m.

■ **Directions :** Take I-74 eastbound to Peoria, exit at Adams Street, which is Illinois 29. Follow Adams approximately 5 miles to the park, course is on the west side of the road. Awards later Saturday afternoon are held at the Peoria Civic Center, located on the southbound side of Illinois 29.

■ **Local outlook :** Class A full teams Alleman (boys) and Monmouth-Roseville (girls) have the best chance of finishing in the top five in their races Saturday. The Pioneer boys' best team finish was fourth back in 1987, and this year's team could duplicate it on Saturday on the fast Detweiller Park track. Monmouth-Roseville, too, is a team that will benefit from a fast course, with No. 1 runner Pam Wolf specializing in the 400 meters and No. 3 Sara Ingersoll in the 800 during track season. The team will need No. 5 runner Brenna Kessinger to go well under 21 minutes to have a chance at top-5 standing. Individually, Alleman senior Kile Krol and Monmouth-Roseville's Wolf should make all-state status, if the sectional seedings are any guide.

Don't be surprised, though, if Krol gets in the top 10 and Wolf holds off Rebekah Faber of Princeton and Sarah Selby of Shelbyville for a state title. Look for Alleman sophomore Nathaniel Hird, also, to crack the top 50 in the boys' race.

Sherrard junior Chad Bell and Kewanee sophomore Karyssa Martin and freshman Shea Boehle will also compete as individuals. Moline's boys and girls teams might have a struggle to get into the top 20 in the Class AA races, though the boys could surprise and finish in the top 15.

Individually, Geneseo's Kyle Fluck is seeded 46th in the state in Class AA, but has an outside shot at all-state. His best time of the year, 15:20, was run at Detweiller. Duplicating that time would have seeded him 26th, just one spot out of all-state.

Junior Justin Trujillo, Moline's Kyle Medinger and Leafs freshman Rachel Wyffels could also finish in the top 60 individually.

■ **Statewide outlook:** The Class AA boys team race will be a rematch of last week's sectional battle at Niles West, with La-Grange Lyons battling longtime power Elmhurst York. Lyons has recent history on its side, beating York three out of four times this year, but York has 21 state titles to its credit, the most recent coming in 2000. Individually, look for Edwardsville's Stephen

Pifer, who spent the summer training at altitude in Colorado, to win the individual title. He'll have challenges from Sam Romanoski of Lake Zurich and Matt Withrow of Tinley Park Andrew.

In the girls' AA race, it should be all Orland Park Sandburg, ranked No. 1 all season. Sandburg boasts seven girls that can run three miles in under 19 minutes. By comparison, Geneseo's Wyffels is the only area-wide Class AA runner to go under 19 any time this year.

Look for Sterling Sectional winner Meghan Braffet of Normal West to add on an individual title, though Lisa Bonistalli of Naperville North could challenge her.

In Class A boys, Oregon Sectional winner Winnebago will get a test from Normal University High and Eureka, but the Indians, who ran a tactical race on a slow track and still wound up seeded first, should still win easily. Individually, look for Andy Tremble of Oregon and Dane Zeiler of Metropolis Mas-sac County to battle for first.

The Class A girls race is the most wide open of the lot. Robinson, Stanford Olympia and Normal University High were seeded in virtually a dead heat, but any one of eight other schools, including Monmouth-Roseville, could also figure in with a strong race. Individually, it's a three-way battle between Wolf, Faber and Selby.

— By Shannon Heaton

Geneseo freshman top Q-C finisher in AA

By Bill Barton
Staff sports writer

PEORIA — Geneseo freshman Rachel Wyffels got a glimpse of what it's like to run with the state's elite runners on Saturday, but took a broad perspective on her first-ever race at state.

Wyffels was the highest local finisher at the Class AA girls' state cross country meet, running the three-mile Detweiller Park course in 18:44 and finishing in 92nd place.

"When I see this many good runners, it makes me want to train more this summer, so I can get back here next year," said Wyffels, who ran eight seconds faster than her previous best. "There were so many fast people down here. You have to work hard if you want to get back."

The Moline girls didn't get the payoff they had hoped for all of their hard work this season, finishing 24th as a team.

Brittany Minor posted the best Moline finish. The sophomore finished 126th with a time of 19:01, one second off her previous best. The rest of the Maroons scoring five — Jenna McAdam (19:13), Jessica Griffin

(19:19), Ashley Hartson (19:19) and Anne Gloeckner (19:29) — finished 147th, 154th, 155th, and 178th, respectively.

Wyffels was running in the race as an individual, though her team came down to support her.

"It's a difficult transition," said Geneseo coach Don Fredericks. "She's used to running with her teammates and then all of the sudden she's thrown out there by herself. For just a freshman, she handled the pressure great."

"I can't put a price tag on how valuable this experience is for a young runner. It's extremely important. Hopefully, she'll build on this and I have confidence that she will. I'm hoping this excites all our kids. We have a very young team. We return our

top seven runners next year. I hope this can be a steppingstone for big things in the future."

Only Minor and Hartson, a freshman, return for the Maroons next year. It was their first state runs.

"I didn't really have any expectations coming in," Minor said. "I wanted to have a good time, get a PR (personal record) and get used to the experience. Ever since watching Jill Stefens, I've wanted to be All-State really bad. I hope I can build on this experience."

McAdam, who ran at state as a sophomore, was making her return as a senior.

"To come back senior year was just a dream come true," McAdam said. "If you're not expected to be All-State, just go out and run and have fun."

Class AA Girls

State meet

At Detweiller Park, Peoria
3 miles

Team scores — 1, Wheaton North 87; 2, Elmhurst York 123; 3, Orland Park Sandburg 148; 4, Schaumburg 174; 5, Lisle Benet 217; 6, Palatine 245; 7, Lockport 256; 8, Barrington 260; 9, Naperville Neuqua Valley 262; 10, Hinsdale Central 275; 11, LaGrange Lyons 303; 12, Naperville Central 315; 13, Batavia 367; 14, Winnetka New Trier 370; 15, Naperville North 408; 16, Roselle Lake Park 430; 17, Mt. Vernon 476; 18, Quincy 524; 19, Metamora 544; 20, Oak Park-River Forest 550; 21, Palatine Fremd 552; 22, Chatham Glenwood 562; 23, O'Fallon 569; 24, Moline 570; 25, Carol Stream Glenbard North 583; 26, Mahomet-Seymour 601; 27, Normal West 604; 28, Normal Community 649; 29, East Peoria 662; 30, Minooka 687.

Individual Top 25 (earn All-State honors) — 1, Samantha Pollock, Wheaton North, 17:10; 2, Farah Jadran, Glen Ellyn Glenbard West, 17:26; 3, Caitlin Chrisman, Carbondale, 17:28; 4, Kristin Whitezell, Glenbard North, 17:30; 5, Amanda Domich, Carpentersville Dundee-Crown, 17:31; 6, Laura Pearson, Schaumburg, 17:40; 7, Paulina Garcia, Streamwood, 17:40; 8, Megan Byrne, Des Plaines Maine West, 17:41; 9, Colleen Byrne, Des Plaines Maine West, 17:41; 10, Jessie Morgenthal, Wheeling, 17:43; 11, Summer Owens, Mt. Vernon, 17:44; 12, Kara Henry, Elmhurst York, 17:44; 13, Jacqui Aubert, Crystal Lake South, 17:47; 14, Staci Nelson, Chatham Glenwood, 17:48; 15, Sarah Urbut, Chicago St. Ignatius, 17:48; 16, Lydia Simanek, Naperville Central, 17:49; 17, Kim Archer, Orland Park Sandburg, 17:49; 18, Stephanie Baliga, Rockford Auburn, 17:50; 19, Suzy Turner, Palatine, 17:50; 20, Lisa Bonistalli, Naperville North, 17:51; 21, Lauren Pollock, Wheaton North, 17:52; 22, Sara Covert, Lockport, 17:52; 23, Abbey Hartmann, Lisle Benet, 17:53; 24, Melanie Glander, Orland Park Sandburg, 17:59; 25, Aisha Franklin, East St. Louis, 17:59.

Local results

Moline — 126, Brittany Minor, 19:01; 147, Jenna McAdam, 19:13; 154, Jessica Griffin, 19:19; 155, Ashley Hartson, 19:19; 178, Anne Gloeckner, 19:29; 245, Rachel Michl, 21:08; 246, Erin Duquette, 21:41.

Geneseo — 92, Rachel Wyffels, 18:44.

Wyffels runs at state meet

Freshman picks up valuable experience, motivation in Peoria

BY JASON PEAKE

Republic Sports Editor

Geneseo Maple Leafs freshman Rachel Wyffels left Peoria with two things: a valuable experience and motivation for the future.

Wyffels finished 92nd overall for Geneseo.

Wyffels said that by seeing so many good runners, it makes her want to work hard and get back next year.

"You have to work hard if you want to get back down there," she said.

"She was real happy with



Rachel Wyffels

her race," Geneseo coach Don Fredericks said.

"Her goal was top 100 and she accomplished it," he added.

Fredericks added that he felt Wyffels handled the pressure of running all alone without her teammates well.

"The kid's amazing to me, there was a lot of pressure on Saturday, and nothing seems to rattle her cage," Fredericks said.

"She is very composed for someone so young," he added.

Fredericks continued that

the experience Wyffels picked up is priceless.

"For her to be down there running in the state finals as a freshman--wow," Fredericks said.

"We had quite a few people down there to support the team, and that was good to see, too," Fredericks added.

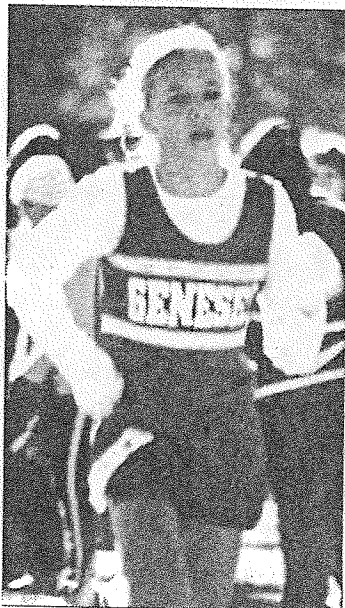
Fredericks also said that he hopes the experience will help the whole team in the future.

"It's my hope that this will help to inspire other kids to train in the off-season," Fredericks added.

Girls Cross Country

Rachel Wyffels ran at the IHSA State Meet last Saturday at Peoria's Detweiller Park.

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Republic file photo

Geneseo's Rachel Wyffels runs at an early season practice. Wyffels ran at the State Finals last weekend in Peoria.

Fluck trips, sprints to personal best

By Shannon Heaton
Staff sports writer

PEORIA — Geneseo senior Kyle Fluck probably will never know for sure how much the brief stumble he took during the running of the IHSA Class AA state boys cross country meet Saturday at Detweiller Park cost him.

But, when he could see the 25th-place runner, the last one to earn All-State honors, just 11 seconds ahead of him, Fluck couldn't help but feel some sense of disappointment.

Still, Fluck's all-out sprint at the finish more than made up for the time lost by the trip, allowing him to cross the finish line in 32nd place, just seven slots shy of All-State, with a personal-best time of 15 minutes, 15 seconds.

"There's 250-plus runners here and everyone's gunning for the same thing I am — the top 25. Sometimes you have to shove a little bit, and sometimes you get shoved," Fluck said of the incident. "I don't think I lost too many places."

Fluck stayed back a ways early, trying to make a late charge while avoiding the in-

evitability of joining the large number of runners who go out too fast.

"He ran a very smart race. That's what I respect most about his running is his race tactics," Geneseo coach Don Fredericks said. "He's an intelligent runner, and that's worth a lot. I'm happy for him. He made top 100, top 50 and his brother (Justin)'s best finish. Those aren't easy goals to attain."

Fluck's strategy would have worked, too, were it not for two factors: the trip, and the pack.

"You really have to be smart when you race here. One crucial mistake, and it's over. The pack thinned out a lot more than I'd hoped, though," Fluck said. "Still, it was a good day. I ran a PR (personal record), placed in the top 35. Eventually, I think I'll be a little more at ease with



Kyle
Fluck

it, but I'm upset (about not making All-State) right now."

Teammate Justin Trujillo was well back in the field, finishing 174th in what, on any other day before state, would be a solid time of 16:26.

"It was so much faster than I ever expected," Trujillo, who also tripped during the race and slightly sprained his ankle, said of the pace of the race. "If I'd done what coach (Fredericks) said I should do during the summer, I probably would have done better today."

Trujillo wasn't the only local with a difficult day. Moline finished 26th out of 30 teams in the field, with a team score of 608 points.

"Here and in Chicago, the attitude toward cross country is all different. People here have a lot of respect for how hard this really is," senior Kyle Medinger, who was the Maroons' first runner to finish, placing 90th, said. "But I feel a lot better about this season than last. I'll be going into track running faster and with more confidence."

Just 54 seconds separated Medinger from No. 5 runner

Ted Nocella, but 111 runners ran between them.

"We have to be on the same page to start (next) season or we won't finish on the same page," junior Erik Steffens, Moline's No. 2 runner on Saturday and one of six returning varsity runners for next year, said. "I have to prepare myself to want to win, and I'm going to make sure (next season) that everyone on the team runs during the summer."

Steffens, a three-time state participant, also agreed with Trujillo's assessment of the pace.

"It was very aggressive, more so than I expected," he said. "I expected more of the field to drop back, because usually there's about 20 guys who kill themselves early. But it just kept going."

Elmhurst York won its 22nd state championship with a score of 125. Only one school in the top 20, seventh-place Edwardsville, was from downstate. Edwardsville's Stephen Pifer was the individual champion, finishing in 14:33.

CROSS COUNTRY

Class AA Boys

State meet

At Detweiller Park, Peoria
3 miles

Team scores — 1, Elmhurst York 125; 2, Lincolnshire Stevenson 198; 3, Glen Ellyn Glenbard South 229; 4, Mt. Prospect 231; 5, Winnetka New Trier 244; 6, Wheeling 247; 7, Edwardsville 247; 8, Wheaton-Warrenville South 256; 9, LaGrange Lyons 261; 10, Oak Park-River Forest 264; 11, Schaumburg 296; 12, Naperville Central 322; 13, Chicago Brother Rice 330; 14, Aurora Waubensie Valley 346; 15, Naperville Neuqua Valley 368; 16, Crystal Lake Central 392; 17, Downers Grove North 398; 18, Naperville North 405; 19, Villa Park Willowbrook 442; 20, Lockport 445; 21, Centralia 472; 22, Quincy 517; 23, Chatham Glenwood 554; 24, Normal Community 579; 25, Belvidere 596; 26, Moline 608; 27, Hoffman Estates Conant 677; 28, Springfield High 680; 29, Rockford Jefferson 700; 30, Rockton Hononegah 727.

Individual top 25 (earn All-State honors) —

1, Stephen Pifer, Edwardsville, 14:33; 2, Matt Withrow, Tinley Park Andrew, 14:38; 3, Sam Romanoski, Lake Zurich, 14:40; 4, Brent Cunningham, Brother Rice, 14:42; 5, Eric MacTaggart, Glenbard South, 14:42; 6, Erik Werden, Charleston, 14:45; 7, Micky Cobrin, Lincolnshire Stevenson, 14:46; 8, Samuel Watson, Oak Park-River Forest, 14:49; 9, Sean Hardy, Naperville Central, 14:51; 10, Brad Topol, LaGrange Lyons, 14:52; 11, Hunter Sheldon, Vernon Hills, 14:53; 12, Michael Dorazil, Barrington, 14:53; 13, Sean McNamara, Elmhurst York, 14:54; 14, Kevin Doran, Murphysboro, 14:54; 15, Matt Czamy, Schaumburg, 14:55; 16, Eric Teitz, Decatur Eisenhower, 14:55; 17, Rey Alvarez, Danville, 14:56; 18, Trent Hoerr, Morton, 14:56; 19, John Mulrow, Glenbard South, 14:56; 20, David Wishart, New Trier, 14:57; 21, Christian Reid, Lansing Thornton Fractional South, 14:58; 22, Dan Stock, Mt. Prospect, 15:01; 23, Adam Manta, Elmhurst York, 15:01; 24, Ben Barron, Neuqua Valley, 15:02; 25, Fernando Carrillo, Wheeling, 15:04.

Local results

Moline — 90, Kyle Medinger, 15:45; 117, Erik Steffens, 15:57; 198, Mike Verre, 16:37; 199, Drew Patterson, 16:38; 201, Ted Nocella, 16:39; 238, Craig Fredericksen, 17:06; 240, Paul Brown, 17:09.
Geneseo — 32, Kyle Fluck, 15:15; 174, Justin Trujillo, 16:26.

Maple Leafs' Fluck finishes with a fury

Geneseo senior
uses strong kick to
finish in 32nd place

By Sean Moeller
QUAD-CITY TIMES

PEORIA, Ill. — Saturday's Illinois Class AA state cross country meet might have provided Geneseo's Kyle Fluck with just enough bragging rights to turn the next family get-together interesting.

The senior finished 32nd at Detweiller Park in Peoria to better older brother Justin's 1997 state finish. He also topped his brother's personal best of 15 minutes, 16 seconds by a single second.

Both of those pre-race goals ran the risk of remaining simply goals as Fluck made the left-hand turn that led to the final 300 meters of course, and he was positioned closer to 60th than 30th.

He closed blazing along the right side of the roped-off path, falling just a couple meters short of capturing the all-state honors that a top-25 finish would have netted him.

"I was passing people like they were walking," he said. "I wasn't going to finish having too much left. Not a lot of people out here had that much of a kick left."

Fluck banged through a highly competitive race that took awhile to thin out.

"It's hard getting around the corners because everyone's going for the same thing I am — the top 25," he said. "Sometimes you shove, and sometimes you get shoved."

Edwardsville's Stephen Pifer, third a year ago, won the boys title in 14:33 and withstood a surging Matt Withrow of Tinley Park after leading the entire race.

The Moline Maroons, the only AA team qualifiers from the Quad-Cities, came in with hopes of top-20 finishes and fell a few places short. The girls finished 24th and the boys were 26th.

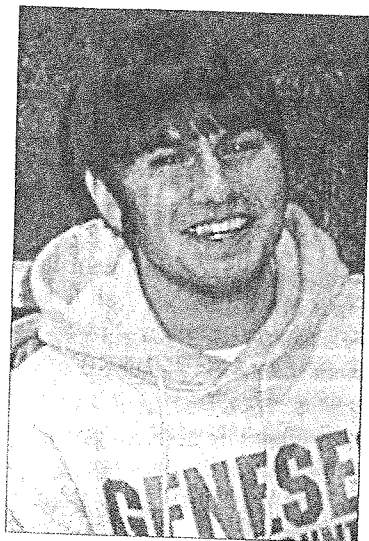
"To judge everything on 15 minutes of running, is that really fair?" Moline coach Jeff Quick said. "There's more to it than just the finish."

"It's typical of our season. We haven't had all five (runners on the boys team) run together in the same meet. It's the only frustrating thing for me. They won't get to see how good they could have been."

Senior Kyle Medinger led the Maroons, crossing the line in 90th, while sophomore Brittany Minor was the first girls finisher at 126th.

"As a team, we had our ups and downs. Everyone had their good and bad days," Minor said. "This was exciting. It gets your adrenaline going, and it makes you want to work harder to get back here next year."

Contact the sports desk at (563) 383-2285
or sports@qctimes.com.



Congratulations to Kyle Fluck on a great High School career!

**Fluck finished with a personal best at
the state meet just missing
All-State status!**

Leafs run at state meet

Fluck leads Geneseo with 32nd place finish

BY JASON PEAKE
Republic Sports Editor

Despite taking a small tumble, Kyle Fluck accomplished two of his goals at the IHSA Class AA State Finals at Peoria's Detweiller Park last Saturday.

Fluck recorded his personal best time of 15:15 and beat his brother Justin's finish by ten spots by placing 32nd.

"It was an awesome experience, especially to go down my senior year," Fluck said.

"The whole crowd there was overwhelming," he added.

Nevertheless, Fluck just missed all-state by seven places.

Fluck said he was a little upset after the race about not making all-state.

Fluck was in about 140th place at the mile mark, he then moved up to 100th at the triangle and was in 60th with 600 meters to go.

At that point, Fluck turned it on.

"He was passing people like crazy," Coach Don Fredericks said.

"He made a mad dash for all-state," he added.

When Fluck was 30 meters from the finish he ran into another athlete.

"He was going so fast, the other kid was going so slow, he ran smack into the back of the other athlete," Fredericks said.

"It was accident, he could have been disqualified, but they both went down," he added.



Fluck said a few guys passed him when he went down.

"I don't where I could have ended up. I think I could have gotten 25th for all-state," Fluck added.

"I'm proud of 32nd, but I really would've liked to reach my goal of all-state," he said.

Fredericks added that he would like this to be a stepping stone future things for Fluck.

"He came so far this year,

but whatever disappointment he feels now when the dust clears, I think he'll find a lot of satisfaction in the entire season," Fredericks said.

"He did accomplish both goals of a personal best time and beating his brother's place," Fredericks added.

Looking back on the season as a whole, Fluck called it a success.

"It was a great season, the team accomplished a lot and we worked as hard as we could," Fluck said.

"Justin was the key factor to helping me this season, I think we helped each other," Fluck continued.

Teammate Justin Trujillo also represented the Leafs at state.

Trujillo finished 174th with a time of 16:26.

"I wanted to break 16 minutes, that didn't happen, so I was kind of disappointed," Trujillo said.

"It was still a good experience, it gives me something to look forward to next year."

According to Fredericks, Trujillo was close to Fluck at

■ Please see Maple Leafs -3B

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Maple Leafs: Fluck, Trujillo run at state

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the mile mark, but fell back.

"Justin had a bad day," Fredericks said.

"He's only a junior, and he's come a long way. His freshman year was his first running cross country," Fredericks said.

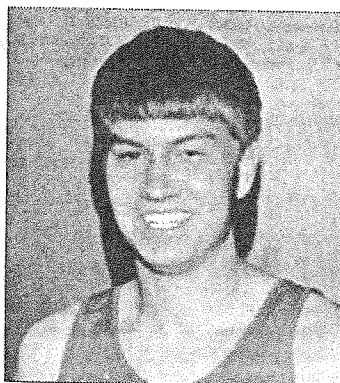
Fredericks also noted that Trujillo was the conference champion as a sophomore, and will use the experience at state as a motivation to keep working hard.

"He wants to get better, he wants to keep training all winter," Fredericks noted.

Fredericks added that the experience of going to state is huge.

"It's hard to put a price tag on how valuable that experience is," Fredericks said.

"I'm very proud of all their



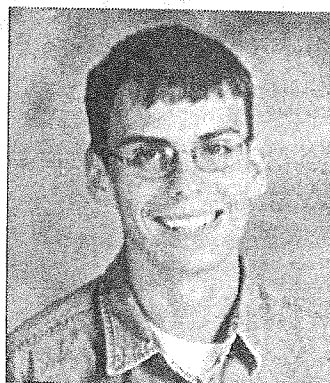
Kyle Fluck

efforts and I'm very excited to see what that experience will do for their careers."

Coach Fredericks also added that he feels that Fluck and Trujillo helped each other along the way this year.

"Early in the year, Trujillo dominated," he said.

"Justin put in 500 miles in



Justin Trujillo

the off-season and that really helped.

"In my opinion though, if Fluck didn't have Trujillo and Trujillo didn't have Fluck, I don't think either of them would have qualified for state.

I think they made the difference for each other. They

pushed each other in practice and were measuring sticks for each other all season," Fredericks said.

Speaking on Fluck's rise to the top, Fredericks commented, "I guess there is something to be said for a senior's pride."

Fredericks also noted that both are looking ahead to track.

"The cross country kids who run track have a lot of exciting possibilities coming up," he added.

Fluck and Trujillo both spoke as highly of Coach Fredericks as he spoke of them.

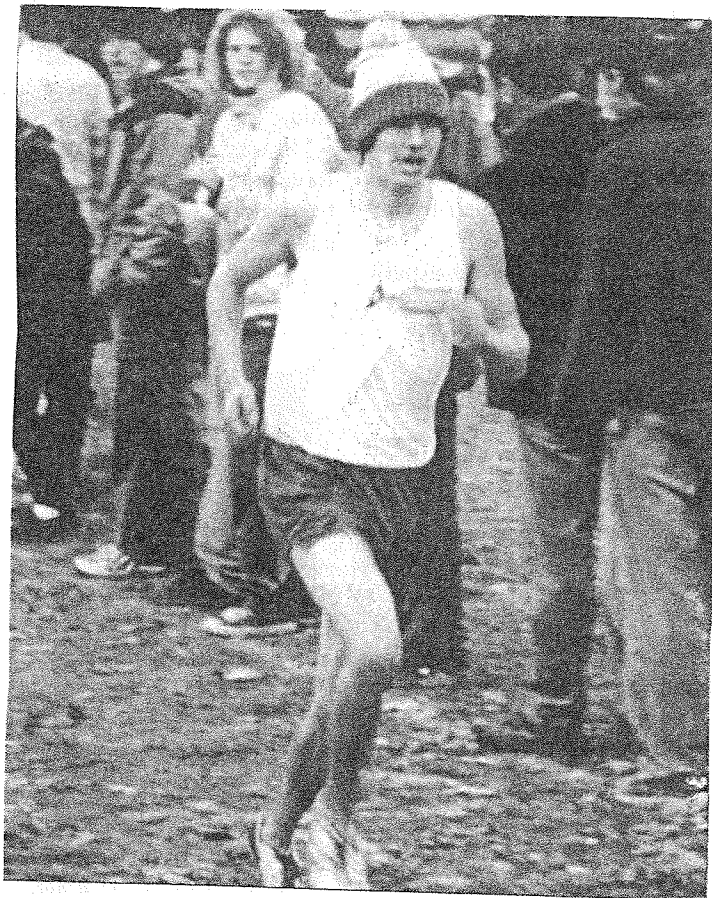
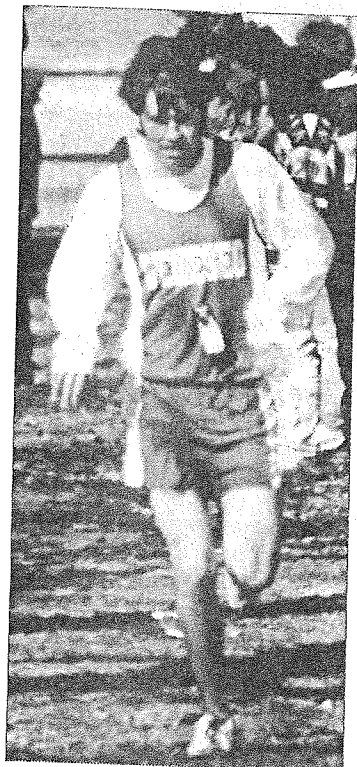
"Coach is the number one factor on us getting to state," Trujillo said.

"Without him, we wouldn't have gotten to where we were," Fluck added.

Boys Cross Country

Kyle Fluck and Justin Trujillo ran at the IHSA Class AA Cross Country State Meet at Peoria's Detweiller Park last Saturday.

Story Page 1, 3B



Republic photo by Jason Peake

Geneseo's Kyle Fluck runs earlier this year.

Alleman senior completes dream season

By Shannon Heaton
Staff sports writer

PEORIA — The perfect recipe for a dream cross country season might include the following:

Fastest runner on the team. Conference champion. Regional champion. All-sectional qualifier. Team goes to state. Earn All-State honors by finishing in the top 25 at state. Set a PR (personal record) at state.

That's the dream recipe that Alleman senior Kile Krol has worked on all season long, and it turned out almost exactly the way he'd hoped. Krol wound up finishing 17th with a time of 15 minutes, 24 seconds. The time was a PR, and put him a comfortable eight positions inside the All-State barrier.

"The only thing I can regret is not getting to this point last year," Krol said. "It was my dream senior year, my dream cross country season."

Krol didn't go with the early leaders, hanging in the top 50 just before the mile mark and sitting on the All-State bubble in the upper 20s at two miles.

"I didn't go out slow; I went out controlled," Krol said. "I had a good sense of where I was at. People all over the course were telling me. When I was on

the bubble, I wasn't feeling good at all, but I didn't see any reason why I can't get in the top 25, so I went after it.

"It was my last race in high school cross country, after all."

Krol's closing kick put him past 10 runners in the last mile.

"You have to have faith and confidence in your last half-mile. You have to know and believe you can do it,"

Krol said. "I made my goal (All-State) and it's a great feeling."

Although the Alleman boys didn't finish as high in the team race as they thought themselves capable, they did improve on last year's finish, taking 10th place with a team score of 268 points.

This despite losing an all-everything runner in Nick Hird to graduation and senior No. 3 runner Matt Graf to injury. Both were in attendance on Saturday.

And, other than Krol, every runner that competed at De-

tweiller Park on Saturday returns for another shot next year.

"It's going to be awesome. This experience was a lot of fun," sophomore Alex Kelly, who started the season seeing cross country only as a tool to get in shape for tennis, and didn't run at all over the summer, said. "I think I might train over the summer (next year) to get ready. I didn't think I'd be in this position (running with the varsity at state) at all."

Now, Kelly, who ran fourth for the Pioneers and 95th overall on Saturday, is considered to be one of the linchpins for the Pioneers' success in 2003.

"I just chilled out there; I let the race come to me," Kelly said. "But everybody's good in this field. They'll all go with you and try to go around you. It was kind of intimidating because it was my first time here."

Compared to Kelly, sophomore and fellow linchpin-to-be Nathaniel Hird gained a great deal of confidence in his second visit to the Detweiller pitch. So, too, did the third sophomore in Alleman's top four, Shane Shemek, who wound up 58th overall.

"I got too excited about last year's race, being a freshman

and everything," Hird, who finished 55th overall in 16:11, said. "Today I ran more relaxed and it showed."

Perhaps the biggest surprise of the day was an outstanding top-50 effort from Sherrard junior Chad Bell, an individual qualifier coming into state.

"I felt pretty fast, but I didn't expect to finish as high as I did," Bell said, commenting that his ability to stay out of bottle-necks helped. "I stayed on the outside, and didn't get caught up in anything in the middle."

Like Alleman, which now expects to go to state every year, Bell hopes to bring his Sherrard teammates to Detweiller next year.

"It's great to run against the best runners in the state and see how I compared with them," Bell said. "I'd like to get the whole team down here (next season)."

Winnebago put every one of its first five runners in the top 50, and that allowed the Indians to edge out Eureka for the team title, 94-100, while Kacey Carr of Downs Tri-Valley was the individual champion in 14:52.



Kile
Krol

Class A Boys

State meet

At Detweiller Park, Peoria
3 miles

Team scores — 1, Winnebago 94; 2, Eureka 100; 3, Normal University High 125; 4, Danville Schlarman 201; 5, Benton 224; 6, Elmwood-Brimfield 231; 7, Kankakee McNamara 238; 8, Wheaton St. Francis 247; 9, Athens 255; 10, Alleman 268; 11, Rochester 273; 12, Dunlap 312; 13, Lebanon 349; 14, Lansing Illiana Christian 387; 15, Sparta 388; 16, Georgetown-Ridge Farm 406; 17, Liberty 409; 18, Rockford Christian 414; 19, Robinson 427; 20, Aurora Central Catholic 429; 21, Sandwich 478; 22, Chicago Luther North 559; 23, Stanford Olympia 565; 24, Breese Mater Dei 566; 25, Westmont 603.

Individual Top 25 (earn All-State honors) — 1, Kacey Carr, Downs Tri-Valley, 14:52; 2, Mike Kelley, Winnebago, 14:56; 3, Dane Zeller, Metropolis Massac County, 15:02; 4, Andy Tremble, Oregon, 15:06; 5, Justin Kunz, Lebanon, 15:08; 6, Chris George, Normal University,

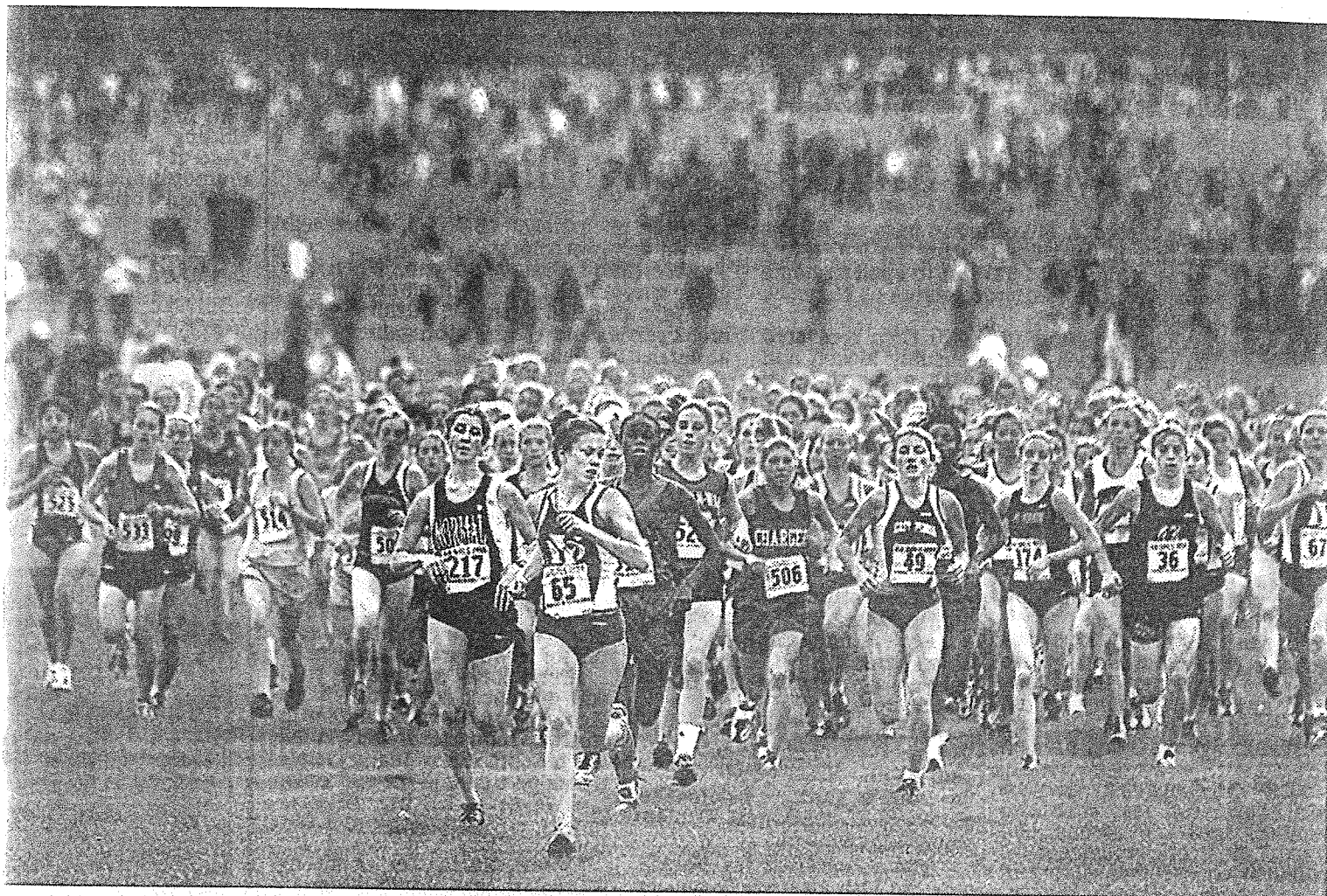
15:09; 7, Brandon Mull, Rockford Christian, 15:10; 8, Eric Oberl, 15:13; 9, Jeremy Kunz, Lebanon, 15:14; 10, Jim Sulzberger, Kankakee McNamara, 15:15; 11, Mike Prince, Athens, 15:17; 12, Sean Houseworth, Eureka, 15:18; 13, Abe Ramirez, Athens, 15:19; 14, Johnny Reel, Eureka, 15:21; 15, Matt Martin, Normal University, 15:22; 16, Andrew Jellema, Illiana Christian, 15:23; 17, Kile Krol, Alleman, 15:24; 18, Austin Power, Wheaton St. Francis, 15:25; 19, Brad Butler, Monticello, 15:26; 20, Jim Kestler, Niles Northridge Prep, 15:27; 21, Michael Uskali, Tolono Unity, 15:28; 22, Chad Zeman, Marengo, 15:30; 23, Andrew Northrup, Elmwood-Brimfield, 15:31; 24, Brian Kelley, Winnebago, 15:31; 25, Dave Guarino, Burlington Central, 15:32.

Local Results

Alleman — 17, Krol, 55; Nathaniel Hird, 16:11; 58, Shane Shemek, 16:12; 95, Alex Kelly, 16:31; 151, Marcel Debieck, 17:08; 177, Andrew Layer, 17:35; 181, Zach Schrader, 17:40. Sherrard — 49, Chad Bell, 16:06.

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Class AA girls



MATT DAYHOFF/Journal Star

Elmhurst York senior Kara Henry (65) steals a glance at the large pack on her tail as she leads the field Saturday

morning down the first quarter mile of the Class AA girls state cross country meet at Detweiller Park in Peoria.

Tactical error wipes out Class AA favorite

Normal West senior runs herself tired, leaving team, individual titles to Wheaton

By JANE MILLER
of the Journal Star

PEORIA — When the gun fired to start the Class AA girls race Saturday at Detweiller Park, Normal West senior Meghan Braffet took off like a shot.

"She went out really fast," said Wheaton North senior Samantha Polock. "It seemed no one was going to be able to catch her."

Braffet, in fact, had run the two fastest 3-mile races of the year at Detweiller, had not lost a race this season and was the overwhelming favorite to win the state title.



Samantha Polock

"There's no way this day could be any better."

Senior Farah Jadran of Glenbard West was second and junior Caitlin Chrisman of Carbondale took third.

Elmhurst York and Orland Park Sandburg were second and third, respec-

tively, in the team standings. But her early pace was a bit too quick and she faded rapidly.

That left the race to Polock, whose team also won the state title. Braffet finished 30th.

"I was more concerned about our team winning than me winning individually," said Polock, who finished in 17:10.

tively, in the team standings.

The Metamora girls, led by junior Laura Cross, were 19th.

"We had a good day," Metamora coach Gene Jones said.

East Peoria's girls came in in 29th. Freshman Jaclyn Williamson was 85th overall but senior Kimber Bivens began getting dehydrated in the late stages and finished 132nd.

"This race shouldn't take anything away from the rest of her season," said EP coach Ed McGraw said of the Mid-Illini Conference and East Peoria Regional champ. "For some inexplicable reason, it didn't work out for her today."

Notre Dame junior Jamie Blakesley was 135th.

"I would have liked to have had a better time," Blakesley said of her 19:06, "but I still had fun."

State Finals Enrollments

Girls AA Division

<u>School</u>	<u>Enrollment</u>
1. Wheaton (North)	2097
2. Elmhurst (York)	2295
3. Orland Park (Sandburg)	3269
4. Schaumburg	2610
5. Lisle (Benet Academy)	1281
6. Palatine H.S.	2488
7. Lockport (Twp.)	3007
8. Barrington	2468
9. Naperville (Neuqua Valley)	2969
10. Hinsdale (Central)	2321
11. LaGrange (Lyons)	3434
12. Naperville (Central)	2878
13. Batavia	1640
14. Winnetka (New Trier)	3747
15. Naperville (North)	2939
16. Roselle (Lake Park)	2770
17. Mt. Vernon	1517
18. Quincy	2068 (3)
19. Metamora	878
20. Oak Park (O.P.-River Forest)	2921
21. Palatine (Fremd)	2714
22. Chatham (Glenwood)	1250
23. O'Fallon	2069
24. Moline	2321
25. Carol Stream (Glenbard North)	2774
26. Mahomet (M.-Seymour)	841
27. Normal (Comm. West)	1372
28. Normal (Comm.)	1440
29. East Peoria	1174
30. Minooka	1378

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1 Wheaton (North)	1 11 21 26 28 (61)(121) = 87
2 Elmhurst (York)	5 24 25 29 40 (73)(76) = 123
3 Orland Park (Sandburg)	8 14 15 53 58 (142)(153) = 148
4 Schaumburg	3 30 33 42 66 (128)(165) = 174
5 Lisle (Benet Academy)	13 46 49 50 59 (75)(114) = 217
6 Palatine (H.S.)	9 27 55 67 87 (89)(139) = 245
7 Lockport (Twp.)	12 23 57 63 101 (119)(162) = 256
8 Barrington	17 20 52 80 91 (150)(184) = 260
9 Naperville (Neuqua Valley)	16 22 51 81 92 (169)(198) = 262
10 Hinsdale (Central)	34 47 48 68 78 (108)(174) = 275
11 LaGrange (Lyons)	35 39 69 77 83 (88)(148) = 303
12 Naperville (Central)	7 37 56 103 112 (118)(147) = 315
13 Batavia	18 32 86 98 133 (160)(206) = 367
14 Winnetka (New Trier)	41 43 79 100 107 (161)(189) = 370
15 Naperville (North)	10 64 71 131 132 (140)(155) = 408
16 Roselle (Lake Park)	45 82 93 95 115 (127)(181) = 430
17 Mt. Vernon	4 36 111 129 196 (199)(202) = 476
18 Quincy (Sr.)	44 70 123 141 146 (167)(187) = 524
19 Metamora	72 99 113 125 135 (159)(194) = 544
20 Oak Park (O.P.-River Forest)	62 74 122 138 154 (163)(186) = 550
21 Palatine (Fremd)	38 97 104 156 157 (177)(190) = 552
22 Chatham (Glenwood)	6 31 166 168 191 (197)(207) = 562
23 O'Fallon	54 94 106 151 164 (182)(200) = 569
24 Moline	90 110 116 117 137 (204)(205) = 570
25 Carol Stream (Glenbard North)	2 124 143 144 170 (188)(195) = 583
26 Mahomet (M.-Seymour)	102 109 120 134 136 (193)(203) = 601
27 Normal (Community West)	19 105 126 176 178 (180)(192) = 604
28 Normal (Community)	84 85 145 152 183 (185)(201) = 649
29 East Peoria	60 96 158 173 175 (209) = 662
30 Minooka	65 130 149 171 172 (179)(208) = 687

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PLACE	TmPI	NAME	CL	SCHOOL	TIME	PACE	Leader
=====	=====	=====	=====	=====	=====	=====	5:23 / 11:37
1	1	Samantha Polock	Sr	Wheaton (North)	17:10	5:44	
2		Farah Jadran	Sr	Glen Ellyn (Glenbard West)	17:26	5:49	
3		Caitlin Chrisman	Jr	Carbondale	17:28	5:50	
4	2	Kristin Whitezell	Sr	Carol Stream (Glenbard North)	17:30	5:50	
5		Amanda Domich	Sr	Carpentersville (Dundee-Crow)	17:31	5:51	
6	3	Laura Pearson	Jr	Schaumburg	17:40	5:54	
7		Paulina Garcia	Fr	Streamwood	17:40	5:54	
8		Megan Byrne	Sr	Des Plaines (Maine West)	17:41	5:54	
9		Collen Byrne	Sr	Des Plaines (Maine West)	17:41	5:54	
10		Jessie Morgenthal	So	Wheeling	17:43	5:55	
11	4	Summer Owens	Jr	Mt. Vernon	17:44	5:55	
12	5	Kara Henry	Sr	Elmhurst (York)	17:44	5:55	
13		Jacqui Aubert	Jr	Crystal Lake (South)	17:47	5:56	
14	6	Staci Nelson	Fr	Chatham (Glenwood)	17:48	5:56	
15		Sarah Urbut	So	Chicago (St. Ignatius)	17:48	5:56	
16	7	Lydia Simanek	Fr	Naperville (Central)	17:49	5:57	
17	8	Kim Archer	Jr	Orland Park (Sandburg)	17:49	5:57	
18		Stephanie Baliga	Fr	Rockford (Auburn)	17:50	5:57	
19	9	Suzy Turner	Jr	Palatine (H.S.)	17:50	5:57	
20	10	Lisa Bonistalli	Jr	Naperville (North)	17:51	5:57	
21	11	Lauren Polock	Fr	Wheaton (North)	17:52	5:58	
22	12	Sara Covert	Sr	Lockport (Twp.)	17:52	5:58	
23	13	Abbey Hartmann	Jr	Lisle (Benet Academy)	17:53	5:58	
24	14	Melanie Glander	Fr	Orland Park (Sandburg)	17:59	6:00	
25		Aisha Franklin	Sr	East St. Louis (Sr.)	17:59	6:00	
26	15	Maureen Nelligan	Sr	Orland Park (Sandburg)	18:01	6:01	
27	16	Amanda Mirochna	Fr	Naperville (Neuqua Valley)	18:02	6:01	
28	17	Christina Fiduccia	Jr	Barrington	18:02	6:01	
29	18	Lisa Phillips	Sr	Batavia	18:04	6:02	
30	19	Meghan Braffet	Sr	Normal (Community West)	18:04	6:02	
31		Elizabeth Carrillo	Sr	Chicago (Kennedy)	18:05	6:02	
32	20	Erin Partridge	Jr	Barrington	18:06	6:02	
33	21	Jenna Cerone	Fr	Wheaton (North)	18:07	6:03	
34	22	Alyssa Heyden	Sr	Naperville (Neuqua Valley)	18:10	6:04	
35	23	Rachel Covert	Sr	Lockport (Twp.)	18:11	6:04	
36	24	Vanessa Pfafflin	Jr	Elmhurst (York)	18:11	6:04	
37	25	Christine Kotarba	Sr	Elmhurst (York)	18:12	6:04	
38		Kristina Donash	So	Geneva	18:12	6:04	
39		Brandy Buss	Jr	Champaign (Centennial)	18:13	6:05	
40	26	Julie Minch	So	Wheaton (North)	18:13	6:05	
41		Carrie Moffett	Sr	Lake Zurich	18:14	6:05	
42		Jessica Schauff	Sr	Dixon	18:15	6:05	
43	27	Amy Laskowske	Fr	Palatine (H.S.)	18:16	6:06	
44	28	Amanda Laesch	Fr	Wheaton (North)	18:18	6:06	
45	29	Heidi Tucker	Fr	Elmhurst (York)	18:19	6:07	
46		Brittany Carpenter	So	East St. Louis (Sr.)	18:20	6:07	
47	30	Jackie Peterson	So	Schaumburg	18:20	6:07	
48	31	Jenna Kruse	Fr	Chatham (Glenwood)	18:21	6:07	
49	32	Morgan Spencer	Fr	Batavia	18:21	6:07	
50		Lauren Johnston	Sr	Frankfort (Lincoln-Way East)	18:21	6:07	
51		Amanda Dahlseng	So	Algonquin (Jacobs)	18:21	6:07	
52		Nayomi Hourigan	So	Frankfort (Lincoln-Way East)	18:22	6:08	

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PLACE	TmPl	NAME	CL	SCHOOL	TIME	PACE
=====	=====	=====	==	=====	=====	=====
53	33	Amy Mueller	Sr	Schaumburg	18:22	6:08
54	34	Mandy Letizia	Jr	Hinsdale (Central)	18:24	6:08
55	35	Lisa Bokios	So	LaGrange (Lyons)	18:24	6:08
56		Whitney Mays	Jr	Bloomington (H.S.)	18:26	6:09
57		Ashley Rittenbacher	So	New Lenox (Lincoln-Way Centr	18:26	6:09
58	36	Lindsay Wagner	Sr	Mt. Vernon	18:27	6:09
59	37	Megan Marini	So	Naperville (Central)	18:27	6:09
60		Jeanna Helton	So	Waterloo (H.S.)	18:28	6:10
61	38	Jessica Chalmers	Jr	Palatine (Fremd)	18:29	6:10
62	39	Ilsa Danielson	Sr	LaGrange (Lyons)	18:29	6:10
63	40	Shannon Tucker	Jr	Elmhurst (York)	18:29	6:10
64	41	Kelly Lehmann	Fr	Winnetka (New Trier)	18:30	6:10
65		Stephanie Sorn	Jr	Summit (Argo)	18:31	6:11
66	42	Kelly Gallagher	Jr	Schaumburg	18:33	6:11
67	43	Elizabeth Finn	So	Winnetka (New Trier)	18:33	6:11
68	44	Kristin Williams	So	Quincy (Sr.)	18:34	6:12
69	45	Elizabeth Pike	So	Roselle (Lake Park)	18:35	6:12
70	46	Colleen Hillgard	So	Lisle (Benet Academy)	18:35	6:12
71	47	Jordan Laney	Sr	Hinsdale (Central)	18:36	6:12
72	48	Danyelle Somerfield	So	Hinsdale (Central)	18:36	6:12
73		Sarah Rinker	Sr	Pontiac	18:37	6:13
74	49	Jeanine Bentley	Fr	Lisle (Benet Academy)	18:37	6:13
75	50	Ruth Swedler	Jr	Lisle (Benet Academy)	18:37	6:13
76	51	Marisa Mele	Jr	Naperville (Neuqua Valley)	18:38	6:13
77	52	Erin Frommeyer	Jr	Barrington	18:38	6:13
78	53	Michelle Janosz	Fr	Orland Park (Sandburg)	18:39	6:13
79	54	Kaitlyn Riley	Fr	O'Fallon	18:39	6:13
80	55	Stephanie Abram	Jr	Palatine (H.S.)	18:39	6:13
81	56	Christina Beaird	So	Naperville (Central)	18:40	6:14
82	57	Kelly Flounders	Jr	Lockport (Twp.)	18:41	6:14
83	58	Meghan McGrenera	So	Orland Park (Sandburg)	18:41	6:14
84	59	Juliann Szablewski	Sr	Lisle (Benet Academy)	18:42	6:14
85	60	Jaclyn Williamson	Fr	East Peoria	18:42	6:14
86		Shelby Brice	Jr	Troy (Triad)	18:42	6:14
87		Jessica Blondell	So	Downers Grove (North)	18:43	6:15
88	61	Rachel Benson	Fr	Wheaton (North)	18:43	6:15
89		Cailley Chakeen	So	Oak Park (Fenwick)	18:43	6:15
90	62	Jane Weber	Sr	Oak Park (O.P.-River Forest)	18:44	6:15
91	63	Nicole Flounders	Sr	Lockport (Twp.)	18:44	6:15
92		Rachel Wyffels	Fr	Geneseo (Darnall)	18:44	6:15
93	64	Shannon Phelan	Fr	Naperville (North)	18:46	6:16
94	65	Erica Norton	Jr	Minooka	18:47	6:16
95	66	Laura Zdunek	Sr	Schaumburg	18:48	6:16
96	67	Stephanie Riemer	Jr	Palatine (H.S.)	18:48	6:16
97		Colleen Donovan	Fr	Mundelein (Carmel)	18:48	6:16
98		Liz Labuz	So	Wilmette (Regina)	18:49	6:17
99	68	Margaret Barr	Jr	Hinsdale (Central)	18:49	6:17
100	69	Lauren Clark	Fr	LaGrange (Lyons)	18:49	6:17
101	70	Dana Griffin	Jr	Quincy (Sr.)	18:50	6:17
102		Mellissa Malter	Sr	Downers Grove (South)	18:50	6:17
103	71	Carrie Draper	Fr	Naperville (North)	18:51	6:17
104	72	Laura Cross	Jr	Metamora	18:51	6:17

5:54 / 12:30

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PLACE	TmPI	NAME	CL	SCHOOL	TIME	PACE
=====	=====	=====	=====	=====	=====	=====
105		Danielle Mutters	Fr	Darien (Hinsdale South)	18:51	6:17
106	73	Allison Billhardt	Sr	Elmhurst (York)	18:52	6:18
107	74	Jenny Donley	Fr	Oak Park (O.P.-River Forest)	18:52	6:18
108	75	Sara Cline	Fr	Lisle (Benet Academy)	18:52	6:18
109	76	Molly Sullivan	Fr	Elmhurst (York)	18:53	6:18
110		Susana Martinez	Sr	Chicago (Maria)	18:53	6:18
111		Emily Katalinich	Fr	Springfield (H.S.)	18:53	6:18
112	77	Maggie Mathieson	Sr	LaGrange (Lyons)	18:54	6:18
113	78	Jessica Roper	So	Hinsdale (Central)	18:54	6:18
114	79	Kelsey Weaver	Fr	Winnetka (New Trier)	18:54	6:18
115	80	Whitney Laurence	Jr	Barrington	18:55	6:19
116		Tracy Lotter	Fr	Belvidere	18:55	6:19
117	81	Sarah Radostits	Jr	Naperville (Neuqua Valley)	18:56	6:19
118	82	Maddie Macejik	Fr	Roselle (Lake Park)	18:57	6:19
119	83	Jessica Lee	Fr	LaGrange (Lyons)	18:57	6:19
120	84	Katie Nelson	Fr	Normal (Community)	18:57	6:19
121	85	Katie Ringelestein	Sr	Normal (Community)	18:58	6:20
122	86	Kristina Dredge	Sr	Batavia	18:58	6:20
123	87	Cheryl Briggs	Sr	Palatine (H.S.)	18:59	6:20
124	88	Tristan Rackow	Sr	LaGrange (Lyons)	19:00	6:20
125	89	Laura Boruta	Fr	Palatine (H.S.)	19:01	6:21
126	90	Brittany Minor	So	Moline	19:01	6:21
127	91	Elizabeth Julian	So	Barrington	19:02	6:21
128	92	Andrea Kruszk	So	Naperville (Neuqua Valley)	19:03	6:21
129	93	Sara Macejik	Fr	Roselle (Lake Park)	19:03	6:21
130	94	Tricia Davis	Fr	O'Fallon	19:04	6:22
131	95	Alison Braun	Jr	Roselle (Lake Park)	19:04	6:22
132	96	Kimber Bivens	Sr	East Peoria	19:05	6:22
133	97	Lisa Van Houten	Sr	Palatine (Fremd)	19:05	6:22
134	98	Courtney Landem	Sr	Batavia	19:05	6:22
135		Jamie Blakesley	Jr	Peoria (Notre Dame)	19:06	6:22
136	99	Sarah Schierer	Jr	Metamora	19:07	6:22
137	100	Elizabeth Weissberg	So	Winnetka (New Trier)	19:07	6:23
138	101	Kerry Herdman	Sr	Lockport (Twp.)	19:07	6:23
139	102	Mary Scott	Jr	Mahomet (M.-Seymour)	19:08	6:23
140	103	Maureen Mohan	Jr	Naperville (Central)	19:08	6:23
141	104	Bethany Yarosz	Sr	Palatine (Fremd)	19:08	6:23
142	105	Megan Sanders	Jr	Normal (Community West)	19:09	6:23
143	106	Kim Kurtz	Sr	O'Fallon	19:09	6:23
144	107	Zoe Ray	Jr	Winnetka (New Trier)	19:09	6:23
145	108	Meghan Bates	Jr	Hinsdale (Central)	19:10	6:24
146	109	Megan Scott	Jr	Mahomet (M.-Seymour)	19:12	6:24
147	110	Jenna McAdam	Sr	Moline	19:13	6:25
148	111	Jordan Boles	So	Mt. Vernon	19:14	6:25
149	112	Amy Mengel	Jr	Naperville (Central)	19:15	6:25
150	113	Kelsey Holsapple	Fr	Metamora	19:16	6:26
151		Ashley Johnson	So	Romeoville	19:17	6:26
152	114	Lisa Schroeck	Jr	Lisle (Benet Academy)	19:18	6:26
153	115	Tara Noworul	Jr	Roselle (Lake Park)	19:18	6:26
154	116	Jessica Griffin	Sr	Moline	19:19	6:27
155	117	Ashley Hartson	Fr	Moline	19:19	6:27
156	118	Lisa Gistis	Sr	Naperville (Central)	19:20	6:27

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PLACE	TmPI	NAME	CL	SCHOOL	TIME	PACE
157	119	Nicole Montagno	Sr	Lockport (Twp.)	19:21	6:27
158		Jenny Czarlinski	Jr	Palos Hills (Stagg)	19:21	6:27
159	120	Jennifer Fall	Fr	Mahomet (M.-Seymour)	19:22	6:28
160	121	Ashely Bucher	Jr	Wheaton (North)	19:22	6:28
161	122	Lisa Furchtgott	Sr	Oak Park (O.P.-River Forest)	19:23	6:28
162	123	Christina Winkeljohn	Sr	Quincy (Sr.)	19:23	6:28
163	124	Natalie Pawlowicz	Jr	Carol Stream (Glenbard North)	19:24	6:28
164	125	Mallory Schlink	Fr	Metamora	19:24	6:28
165	126	Jenny Nichols	Jr	Normal (Community West)	19:24	6:28
166	127	Kavita Hardy	Jr	Roselle (Lake Park)	19:25	6:29
167	128	Heather Rutz	So	Schaumburg	19:25	6:29
168	129	Amanda Speidel	Jr	Mt. Vernon	19:25	6:29
169	130	Kim Mason	Fr	Minooka	19:26	6:29
170		Rebecca Much	Jr	Chicago (St. Ignatius)	19:26	6:29
171	131	Alli Grissom	So	Naperville (North)	19:26	6:29
172	132	Marie Thomas	Sr	Naperville (North)	19:27	6:29
173	133	Stephanie Dredge	So	Batavia	19:27	6:29
174	134	Kristin Norris	Sr	Mahomet (M.-Seymour)	19:28	6:30
175	135	Amanda Knussman	Jr	Metamora	19:28	6:30
176		Elizabeth Ambrus	Sr	Rolling Meadows	19:28	6:30
177	136	Shaina Masso	So	Mahomet (M.-Seymour)	19:29	6:30
178	137	Anne Gloeckner	Sr	Moline	19:29	6:30
179	138	Lauren Ciechanowski	Sr	Oak Park (O.P.-River Forest)	19:30	6:30
180	139	Shane Evans	Sr	Palatine (H.S.)	19:30	6:30
181	140	Jen Thomas	Fr	Naperville (North)	19:31	6:31
182	141	Courtney Schulz	Fr	Quincy (Sr.)	19:31	6:31
183	142	Kerry Brennan	Jr	Orland Park (Sandburg)	19:32	6:31
184	143	Stacey Rosch	Jr	Carol Stream (Glenbard North)	19:32	6:31
185	144	Kourtnie Vandersnick	Jr	Carol Stream (Glenbard North)	19:32	6:31
186	145	Stacey Turilli	So	Normal (Community)	19:33	6:31
187	146	Heather Walton	So	Quincy (Sr.)	19:34	6:32
188	147	Amanda Somers	So	Naperville (Central)	19:34	6:32
189	148	Emily Turk	So	LaGrange (Lyons)	19:35	6:32
190	149	Katie Hofer	Jr	Minooka	19:36	6:32
191	150	Erin Robertson	So	Barrington	19:36	6:32
192	151	Amber Reber	Sr	O'Fallon	19:37	6:33
193	152	Shannon Butler	Sr	Normal (Community)	19:37	6:33
194	153	Amanda Janosz	Fr	Orland Park (Sandburg)	19:38	6:33
195	154	Laura Bach	Fr	Oak Park (O.P.-River Forest)	19:38	6:33
196	155	Kate Prazak	So	Naperville (North)	19:39	6:33
197	156	Jill Declerck	Jr	Palatine (Fremd)	19:39	6:33
198	157	Lisa Rohrer	Sr	Palatine (Fremd)	19:40	6:34
199	158	Kim Densberger	Jr	East Peoria	19:40	6:34
200	159	Colleen Eckstein	Sr	Metamora	19:41	6:34
201	160	Lauren Landem	Fr	Batavia	19:41	6:34
202	161	Christine Schlickman	Jr	Winnetka (New Trier)	19:41	6:34
203	162	Shannon Stoffey	Sr	Lockport (Twp.)	19:42	6:34
204	163	Leslie Robertson	Fr	Oak Park (O.P.-River Forest)	19:42	6:34
205	164	Mallory Kimme	Fr	O'Fallon	19:42	6:34
206	165	Kathleen Gummerson	So	Schaumburg	19:43	6:35
207	166	Michelle McMahon	So	Chatham (Glenwood)	19:43	6:35
208	167	Jessica Riggs	So	Quincy (Sr.)	19:43	6:35

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PLACE	TmPI	NAME	CL	SCHOOL	TIME	PACE
209	168	Katie Adams	Fr	Chatham (Glenwood)	19:44	6:35
210	169	Erin Fortin	Jr	Naperville (Neuqua Valley)	19:44	6:35
211	170	Dee Kaiser	So	Carol Stream (Glenbard North)	19:45	6:35
212	171	Shalini Gogawale	Sr	Minooka	19:46	6:36
213	172	Maegan Zarley	Jr	Minooka	19:47	6:36
214	173	Rachel Underwood	Fr	East Peoria	19:49	6:37
215	174	Alaina Lasinski	So	Hinsdale (Central)	19:50	6:37
216	175	Jennifer Jeffers	Jr	East Peoria	19:50	6:37
217	176	Kat McKean	Jr	Normal (Community West)	19:50	6:37
218	177	Alexandra Lentz	Sr	Palatine (Fremd)	19:51	6:37
219	178	Megan Zitting	Jr	Normal (Community West)	19:59	6:40
220	179	Angie Chignoli	Sr	Minooka	20:00	6:40
221	180	Mary Kenney	So	Normal (Community West)	20:00	6:40
222	181	Aubrie Hatzold	So	Roselle (Lake Park)	20:01	6:41
223	182	Chelsea Lee	Fr	O'Fallon	20:02	6:41
224	183	Kristin Wall	So	Normal (Community)	20:02	6:41
225	184	Sarah Arnberger	Fr	Barrington	20:03	6:41
226	185	Anne Marie Hardy	Sr	Normal (Community)	20:05	6:42
227	186	Margaret Stansbury	So	Oak Park (O.P.-River Forest)	20:06	6:42
228	187	Allison Schutte	Sr	Quincy (Sr.)	20:08	6:43
229	188	Joy Falson	Jr	Carol Stream (Glenbard North)	20:09	6:43
230	189	Kate Mayerfeld	Jr	Winnetka (New Trier)	20:09	6:43
231	190	Kendall Grady	Jr	Palatine (Fremd)	20:10	6:44
232	191	Bethany Rose	Fr	Chatham (Glenwood)	20:14	6:45
233	192	Julia Wehrenberg	So	Normal (Community West)	20:19	6:47
234	193	Breanne Huddleston	Sr	Mahomet (M.-Seymour)	20:26	6:49
235	194	Megan Boyd	Sr	Metamora	20:27	6:49
236	195	Nicole Veverka	Jr	Carol Stream (Glenbard North)	20:27	6:49
237	196	Ashleigh Flagg	Sr	Mt. Vernon	20:30	6:50
238	197	Caitlin Pyle	Jr	Chatham (Glenwood)	20:33	6:51
239	198	Tristin Kellogg	Sr	Naperville (Neuqua Valley)	20:34	6:52
240	199	Andrea Hoy	Jr	Mt. Vernon	20:41	6:54
241	200	Andrea Bonner	Sr	O'Fallon	20:48	6:56
242	201	Angela Whalen	Jr	Normal (Community)	20:49	6:57
243	202	Katie Wagner	So	Mt. Vernon	20:56	6:59
244	203	Melody Smith	Sr	Mahomet (M.-Seymour)	21:08	7:03
245	204	Rachel Michl	Sr	Moline	21:08	7:03
246	205	Erin Duquette	Jr	Moline	21:41	7:14
247	206	Lindsey Johnson	Sr	Batavia	21:50	7:17
248	207	Ruth Seitz	Fr	Chatham (Glenwood)	22:05	7:22
249	208	Stephanie Pieczynski	Fr	Minooka	23:11	7:44
250	209	Rachel Minter	So	East Peoria	24:52:00	8:18

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GIRLS CLASS AA STATE REVIEW

There was little question going into the state meet as to who the favorite was and who the team favorite was. Meghan Braffet (Normal West) and Sandurg were the two favorites. Individually, Samantha Polock (Wheaton North), Jessie Morgenthal (Wheeling) and Caitlin Chrisman (Carbondale) were three other individuals who were supposed to challenge Braffet, while Wheaton North, Schaumburg, Barrington and York were supposed to challenge Sandburg. Things sure did change though.

It was an amazing start, and very interesting. It looked as though they started all the teams in three groups. There was a far left group, middle group and a far right group. They were all spaced out by 10 meters or so. It was interesting to see. Through the first turn Kara Henry (York) led the race, with Braffet right on her shoulder. Most of the top girls were right in the lead pack. As they went around the first turn it already started to space out. York had the best team start, while Sandburg seemed to be far back already in the beginning.

Coming around to the first mile Braffet had a lead with Henry right behind, as they passed the mile in 5:26. Henry passed in 5:33, and already looked very tired from a lightning quick start. A pack of about 15 girls passed the mile mark at 5:38, so as you can see it was a quick start and there were a lot of girls in the race. Sandburg had three up front, but their 4-5 were pretty far back. York and Wheaton North on the other hand had nice packs a little farther back than Sandburg's, but they were still in it.

The leaders went into the back loop in 6:23. Coming out of the back loop Braffet's lead had become smaller, as Chrisman and Polock had pulled away from the chase pack and were working up to catch Braffet. Also, Farah Jadran (Glenbard West) started to move up and really surprise some people. At the two mile mark Braffet passed in 11:34, with Chrisman and Polock right on her shoulder.

Up by the 2.25 mile mark Polock passed Braffet first, and then Chrisman did as well. Braffet seemed to really give up at this point in the race and dropped all the way back to 30th place in less than a mile. She is much better than what she showed this past weekend. Polock kept rolling, as once she passed Braffet she put in a surge to drop Chrisman as well. Jadran was right behind Chrisman and ran on her shoulder until the final 600 meters.

With 600 meters, Polock looked like she wasn't even tired, as she was running strong. Jadran, the surprise of the meet, passed Chrisman and put some ground on her to finish second, while Chrisman ran strong to finish up third. Polock really impressed and earned her first state cross country title.

The team title was hard to tell. Sandburg had three up front, while York also had a nice pack. It was hard to tell where Wheaton North's fifth runner was. Wheaton North really ran well, and surprised everyone, taking the team title, while York also ran great races to get second. Sandburg earned third and was very disappointed. You could see it around their camp after the race. The worst part about the whole race was the back up. Backed up girls were up to 40 yards away from the finish line as they finished the race. It was a great weekend.

Class AA boys York wins despite its 'leadership'

Senior goes out too fast,
as does Morton's Hoerr,
who guts one out for 18th

By KIRK WESSLER
of the Journal Star

PEORIA — For Trent Hoerr, 18th place in the Class AA boys state cross country meet Saturday at Detweiller Park was a big disappointment.

"I went out too fast," the Morton senior said. "That'll probably haunt me the rest of my life."

Hoerr set a blistering pace, leading the pack of 252 runners for most of the first mile. But he felt good, and didn't realize how fast he was going until he passed the first mile in 4:39 — 6 to 8 seconds faster than he had planned.

About that time, Stephen Pifer of Edwardsville made his own move, put all his eggs in a second-mile basket to take an insurmountable lead and won the individual title, covering the windblown three-mile course in 14:33.



Stephen Pifer

Elmhurst York won its record 22nd boys team championship, with 125 points, easily besting Lincolnshire Stevenson (198).

"I made my move when I needed to, to win the race," said Pifer, who was fading fast at the end. He held off hard-charging Matt Withrow of Tinley Park Andrew by five seconds. It was suggested to Pifer that had the race been 5,000 meters — another tenth of a mile — he likely would have lost.

"If this had been a 5K, I'd have run it differently," said Pifer.

Hoerr had been hoping for a top-five finish, but that didn't materialize. Still, for a runner making his state-meet debut, he ran a gutsy race, battling to a time of 14:56 and never giving up.

"I figured I'd get them back at the end, but I just never did," he said.

Pekin junior Andy Bloom was also disappointed in his 79th-place finish.

"Horrible," he said.

But it was an improvement on the 113 he placed a year ago, and coach Don Merrick noted that Bloom's time, 15:40, was faster than his previous postseason races — Mid-State 6 Conference, regionals and sectionals.

And York survived its usual No. 1 runner, senior Adam Manta, going out almost as fast as Hoerr, to the dismay of coach Joe Newton.

"Twenty-five (seconds) flat at the 220, 60 flat first quarter," Newton cried. "He was in oxygen debt by the half-mile."

Manta collapsed meters from the finish line, crawled to his feet and staggered to 23rd place and an all-state ranking. Four Dukes finished in the top 50 to cement another title for their 73-year-old coach, who parted the awards stand with a vow and a smile:

"See ya'll next year."

Morton senior Trent Hoerr runs down the home stretch Saturday during the Class AA boys state cross country meet at Detweiller Park in Peoria. Hoerr earned all-state honors with an 18th-place finish.



MATT DAYHOFF
Journal Star

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Warning to AA: York coach having too much fun

By JANE MILLER
and KIRK WESSLER

of the Journal Star

PEORIA — First, it was the pursuit of a 20th state championship that caused Joe Newton to delay his retirement from coaching boys cross country at Elmhurst York. Then it was a promise to the underclassmen on that 20th title team to go for one more.

And now that No. 22 is safely in hand? "I'm shooting for 25," Newton, 73, said Saturday as kids young enough to be his great-grandchildren showed off the Class AA trophy they won at Detweiller Park. "I'm hoping I can make it."

Last year the Dukes left Peoria without a trophy, finishing fourth.

"But fourth was a master achievement for those guys," Newton said.

This year? Well, York got beat in the sectional-qualifying meet last weekend, but came back Saturday with an easy, 73-point win over second-place Lincolnshire Stevenson. The Dukes did it with one senior, one junior, one sophomore and two freshmen doing the scoring.

And Newton will be back for more.

"When you're having fun," he said with a huge smile, "why stop?"

Top-notch hosts: This was the 33rd year the meet has been run at Detweiller and hosted by Peoria High School. This is the third year Jim Flynn has been the meet administrator from the sponsoring Illinois High School Association.

"This is the best state meet in the country," Flynn said, singling out PHS assistant principal Chris Perry and cross country coach Dave Poehls for their work coordinating the meet.

"When you do something as long as they have, it's easy to become complacent. But they're never complacent. They always want to be cutting edge, and that's why this meet has the reputation of being the great event it is."

Perry and Poehls credit an extraordinary army of volunteers: about 50 PHS faculty and staff members, 60 students from the cross country team, student council and Key Club, a dozen or so alumni, and another three dozen parents from the booster club and parent-teacher organization.

"And the Striders," Perry added, noting the work force provided by the Illinois Valley Striders running club, which enjoys a national reputation for its organizational skills.

How close? Eureka, which was beaten for the Class A boys title by six points, came this close to winning its fifth consecutive championship:

When Class A boys champion Kacey Carr's father was transferred by Sears to Bloomington/Normal from California in March, the family looked at houses in Eureka, among other places.

"The first thing I did when I knew my dad had to come here was look on the Internet to see what places had good cross country programs," he said. "I saw Eureka, Winnebago and York."

Carr's brother had already come to Illinois visiting schools and took a liking to Tri-Valley in Downs, so the family moved there instead.

Top grade: Metropolis Mass County sophomore Dane Zeiler was the top Class A finisher in his grade for the second year in a row.

Last year, Zeiler took 19th in his first state meet. This year, Zeiler took a big leap and finished third behind Carr and Mike Kelley of Winnebago, both seniors.

"Everything went as planned," said Zeiler. "I had to take it out fast to get position."

But that fast start came back to haunt him later.

"After two miles I started to hurt but I knew I could gut it out to the finish," he said. "Coming up the last hill, a guy passed me because I felt like my legs were about to fall off."

She said it: Sarah Selby on the possibility that not winning a state title in her senior year at Shelbyville motivated her to catch Stephanie Simms Gardner-South Wilmington at the end of the Class A girls race:

"It was just a winning thing, it was a competition thing. I wanted competition this whole year and finally when I get I'm not doing a good race. So I thought, 'What am I doing? I want to have fun. I don't want to regret this moment.' And so I don't regret it. I just kind of regret that I probably could have got a court record if I had pushed it in the middle."

BOYS CLASS AA STATE REVIEW

Coming into the Class AA boys race, there was no question that the individual race would most likely be a three man race, while the team title was a two team race. Individually, Stephen Pifer (Edwardsville), Matt Withrow (Andrew) and Sam Romanoski (Lake Zurich) were the three favorites. Team wise York and Lyons Twp. had positioned themselves for the top two spots heading into Peoria. Here is how the race panned out.

The gun went off, and the race got out maybe too fast. Unofficial time at the 800 for the leaders was 2:06. All the top runners were in the lead pack at the first turn, except Romanoski, who got boxed in very bad and was about 30 meters back from the leaders for most of the first mile. Trent Hoerr (Morton) led the blazing pace, while Withrow was right on his shoulder.

Pifer made his move toward the mile mark to start to pull away from the field, as himself and Hoerr ran threw the mile in 4:35! There was a large pack of about 20 about five meters back, so the top 25 or so got out very, very fast. Romanoski was still trying to catch up at the mile, as he moved to the outside of the main chase pack towards the road and tried to move up that way. York looked solid at the mile, with a great pack, while Lyons Twp. was right on their shoulder.

Going into the back loop it was very exciting because there were thousands of people standing right by the entrance being so loud. You could get chills from the excitement. Right when Pifer entered the back loop he put in a surge to drop Hoerr, and put about 10 meters on Withrow. When Pifer came out of the back loop it was obvious that he was in control. Pifer made his push in the quite part of the course and it paid off. Pifer came through the two mile in 9:31, about 75 meters ahead of Romanoski, who had finally caught up, and Withrow.

Up by the start line one of Pifer's coaches, Coach Flamer, was yelling out instructions to Pifer to relax his form and roll. Pifer seemed to be relaxed but was starting to slow. Also, up by the turn at the starting line onto the back stretch a new second place runner emerged in Micky Cobrin (Stevenson). Micky was running strong and moved past Withrow at this point. York and Lyons Twp. both looked strong in their packs at this point in the race.

With a half mile to go it looked as if Pifer was just backing off of his pace and looking to just win the race. Going into the final 400 meters Pifer had a lead of 10-12 meters over Romanoski and Withrow who had gapped themselves in the final 800 meters from the chase pack. But when Pifer finished he only had a five second lead. Pifer ran strong from start to finish and had the best race of everyone in the field, winning his first cross country state championship. Withrow, who is only a junior, kicked in strong for second, while Romanoski finished third. Both Brent Cunningham (Brother Rice) and Eric MacTaggart (Glenbard South) both finished awesome, as they finished 4-5.

Team wise it was confusing. The finish chute started to back up right when the top 25 started to finish. It was very disappointing to see that the IHSA can't handle running a meet this big. They have a lot of things to discuss because the finish problems, especially in the AA races, were abysmal. York had a quality pack finish, while Lyons also did, but for some reason it was only good for ninth. Stevenson was the suprise of the meet, as they finished second. Being around their camp when they found out, it was obvious that they did not even think they finished in the top five, as they were questioning when people were coming up to them saying they finished second. Glenbard South impressed as they got third, while York won yet again. It was exciting for yet another year. Lyons finished a disappointing ninth.

State Finals Enrollments

Boys AA Division

<u>School</u>	<u>Enrollment</u>
1. Elmhurst York	2295
2. Lincolnshire (Stevenson)	4137
3. Glen Ellyn (Glenbard South)	1423
4. Mt. Prospect (Prospect)	1895
5. Winnetka (New Trier)	3747
6. Wheeling	1811
7. Edwardsville	2168
8. Wheaton (W-Warrenville South)	2436
9. LaGrange (Lyons)	3434
10. Oak Park (O.P.-River Forest)	2921
11. Schaumburg	2610
12. Naperville (Central)	2878
13. Chicago (Brother Rice)	2362 (B)
14. Aurora (Waubonsie Valley)	2752
15. Naperville (Neuqua Valley)	2969
16. Crystal Lake (Central)	1332
17. Downers Grove (North)	2098
18. Naperville (North)	2939
19. Villa Park (Willowbrook)	2084
20. Lockport (Twp)	3007
21. Centralia	1098
22. Quincy	2068 (3)
23. Chatham (Glenwood)	1250
24. Normal (Comm)	1440
25. Belvidere	1990
26. Moline	2321
27. Hoffman Estates (Conant)	2727
28. Springfield (H.S.)	1444
29. Rockford (Jefferson)	1787
30. Rochton (Hononegah)	1744

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1 Elmhurst (York)	8 13 28 30 46 (59)(74) = 125
2 Lincolnshire (Stevenson)	4 23 35 65 71 (125)(155) = 198
3 Glen Ellyn (Glenbard South)	3 10 66 72 78 (162)(163) = 229
4 Mt. Prospect (Prospect)	12 19 50 67 83 (146)(171) = 231
5 Winnetka (New Trier)	11 20 37 79 97 (112)(150) = 244
6 Wheeling	15 22 49 70 91 (145)(170) = 247
7 Edwardsville (H.S.)	1 32 39 62 113 (201)(210) = 247
8 Wheaton (W. Warrenville South)	27 38 44 58 89 (98)(100) = 256
9 LaGrange (Lyons)	7 21 24 101 108 (119)(147) = 261
10 Oak Park (O.P.-River Forest)	5 31 45 90 93 (109)(158) = 264
11 Schaumburg	9 16 33 105 133 (182)(187) = 296
12 Naperville (Central)	6 29 54 102 131 (135)(193) = 322
13 Chicago (Brother Rice)	2 25 52 122 129 (168)(188) = 330
14 Aurora (Waubonsie Valley)	41 42 53 95 115 (149)(176) = 346
15 Naperville (Neuqua Valley)	14 18 87 121 128 (132)(175) = 368
16 Crystal Lake (Central)	26 61 75 114 116 (126)(134) = 392
17 Downers Grove (North)	51 55 73 82 137 (165)(177) = 398
18 Naperville (North)	36 57 68 104 140 (141)(144) = 405
19 Villa Park (Willowbrook)	40 69 84 96 153 (167)(184) = 442
20 Lockport (Twp.)	17 48 88 123 169 (178)(203) = 445
21 Centralia	34 81 85 111 161 (191)(202) = 472
22 Quincy (Sr.)	60 77 86 142 152 (181)(206) = 517
23 Chatham (Glenwood)	43 47 143 148 173 (197)(199) = 554
24 Normal (Community)	63 99 107 118 192 (195)(200) = 579
25 Belvidere	76 103 130 136 151 (183)(190) = 596
26 Moline	56 80 156 157 159 (196)(198) = 608
27 Hoffman Estates (Conant)	106 117 120 160 174 (185)(186) = 677
28 Springfield (H.S.)	92 110 127 172 179 (189)(207) = 680
29 Rockford (Jefferson)	94 124 138 164 180 (194)(205) = 700
30 Rockton (Hononegah)	64 139 154 166 204 (208)(209) = 727

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PLACE	TmPI	NAME	CL	SCHOOL	TIME	PACE	Leader
=====	=====	=====	==	=====	=====	=====	
1	1	Stephen Pifer	Sr	Edwardsville (H.S.)	14:33	4:51	4:37 / 9:33
2		Matt Withrow	Jr	Tinley Park (Andrew)	14:38	4:53	
3		Sam Romanoski	Sr	Lake Zurich	14:40	4:54	
4	2	Brent Cunningham	Sr	Chicago (Brother Rice)	14:42	4:54	
5	3	Eric MacTaggart	Jr	Glen Ellyn (Glenbard South)	14:42	4:54	
6		Erik Werden	Sr	Charleston	14:45	4:55	
7	4	Micky Cobrin	Sr	Lincolnshire (Stevenson)	14:46	4:56	
8	5	Samuel Watson	Sr	Oak Park (O.P.-River Forest)	14:49	4:57	
9	6	Sean Hardy	Sr	Naperville (Central)	14:51	4:57	
10	7	Brad Topol	Jr	LaGrange (Lyons)	14:52	4:58	
11		Hunter Sheldon	Sr	Vernon Hills	14:53	4:58	
12		Michael Dorazil	Sr	Barrington	14:53	4:58	
13	8	Sean McNamara	So	Elmhurst (York)	14:54	4:58	
14		Kevin Doran	Sr	Murphysboro	14:54	4:58	
15	9	Matt Czarny	Jr	Schaumburg	14:55	4:59	
16		Eric Teitz	Sr	Decatur (Eisenhower)	14:55	4:59	
17		Rey Alvarez	Sr	Danville (H.S.)	14:56	4:59	
18		Trent Hoerr	Sr	Morton	14:56	4:59	
19	10	John Mulrow	Jr	Glen Ellyn (Glenbard South)	14:56	4:59	
20	11	David Wishart	Sr	Winnetka (New Trier)	14:57	4:59	
21		Christian Reid	Sr	Lansing (Thornton Fractional)	14:58	5:00	
22	12	Dan Stock	Sr	Mt. Prospect (Prospect)	15:01	5:01	
23	13	Adam Manta	Sr	Elmhurst (York)	15:01	5:01	
24	14	Ben Barron	Sr	Naperville (Neuqua Valley)	15:02	5:01	
25	15	Fernando Carrillo	Sr	Wheeling	15:04	5:02	
26	16	Devin Anderson	Sr	Schaumburg	15:06	5:02	
27		Andy Napier	Jr	Antioch	15:08	5:03	
28	17	Michael Skinner	Jr	Lockport (Twp.)	15:09	5:03	
29	18	Nick Dunn	Jr	Naperville (Neuqua Valley)	15:13	5:05	
30	19	Ed Murray	Sr	Mt. Prospect (Prospect)	15:14	5:05	
31	20	Alex Mahoney	Jr	Winnetka (New Trier)	15:14	5:05	
32		Kyle Fluck	Sr	Geneseo (Darnall)	15:15	5:05	4:59 / 10:20
33	21	Ryan Kuphall	So	LaGrange (Lyons)	15:15	5:05	
34	22	Michael Burke	Sr	Wheeling	15:16	5:06	
35		Tim Kelly	Sr	Orland Park (Sandburg)	15:16	5:06	
36		Sinan Khamo	Jr	Des Plaines (Maine West)	15:17	5:06	
37	23	Dan Goldman	Sr	Lincolnshire (Stevenson)	15:19	5:06	
38	24	Jon Ruud	Sr	LaGrange (Lyons)	15:19	5:07	
39		Jose Muneton	Sr	Bensenville (Fenton)	15:19	5:07	
40		Roenen Ben-Ami	Sr	Skokie (Niles North)	15:20	5:07	
41	25	Joe King	Sr	Chicago (Brother Rice)	15:20	5:07	
42		Kyle Mikowski	Jr	Lisle (Benet Academy)	15:21	5:07	
43	26	Drake Ballew	Jr	Crystal Lake (Central)	15:22	5:08	
44	27	Michael Popejoy	Jr	Wheaton (W. Warrenville South)	15:23	5:08	
45	28	Matt Montgomery	Jr	Elmhurst (York)	15:23	5:08	
46	29	Jack Susin	Jr	Naperville (Central)	15:24	5:08	
47	30	Eric Dettman	Fr	Elmhurst (York)	15:24	5:08	
48	31	Evan Jacobson	Jr	Oak Park (O.P.-River Forest)	15:24	5:08	
49	32	Brad Middleton	Jr	Edwardsville (H.S.)	15:25	5:09	
50		Edgar Ramirez	Sr	Carpentersville (Dundee-Crown)	15:25	5:09	
51		Patrick Greene	So	Plainfield (South)	15:25	5:09	
52	33	Brian Lesiewicz	Jr	Schaumburg	15:26	5:09	

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PLACE	TmPI	NAME	CL	SCHOOL	TIME	PACE
=====	=====	=====	==	=====	=====	=====
53		Matt Jacobson	Sr	Rochelle		
54		Dan Raleigh	Sr	Rolling Meadows	15:27	5:09
55	34	Brad DeMattei	Sr	Centralia	15:28	5:10
56	35	David Traphagen	Jr	Lincolnshire (Stevenson)	15:29	5:10
57	36	Dan Curran	Jr	Naperville (North)	15:29	5:10
58	37	Matt Kieffer	Sr	Winnetka (New Trier)	15:29	5:10
59	38	John McHale	Sr	Wheaton (W. Warrenville South)	15:30	5:10
60		Eric Brechtel	Sr	Bartlett	15:30	5:10
61	39	Josh Hurford	So	Edwardsville (H.S.)	15:30	5:10
62	40	Daniel Klatt	So	Villa Park (Willowbrook)	15:31	5:11
63	41	Mike Huhtala	Sr	Aurora (Waubonsie Valley)	15:31	5:11
64	42	Durrell Williams	So	Aurora (Waubonsie Valley)	15:31	5:11
65	43	Paul Rollet	Sr	Chatham (Glenwood)	15:32	5:11
66	44	William Dickinson	Jr	Wheaton (W. Warrenville South)	15:32	5:11
67		Anthony Becknek	Sr	Glen Ellyn (Glenbard West)	15:34	5:12
68	45	Brandon Lathon	So	Oak Park (O.P.-River Forest)	15:34	5:12
69		John Krumsee	Jr	Chicago (North Lawndale Colle	15:35	5:12
70	46	Matt Dettman	Fr	Elmhurst (York)	15:35	5:12
71	47	Matt Flaherty	Sr	Chatham (Glenwood)	15:35	5:12
72		Eric Koslowski	Sr	Summit (Argo)	15:36	5:12
73	48	Kyle Saginus	Jr	Lockport (Twp.)	15:36	5:12
74	49	Adrian Velasquez	Sr	Wheeling	15:37	5:13
75	50	Mike Anczyk	Sr	Mt. Prospect (Prospect)	15:37	5:13
76		Bob Benck	Sr	New Lenox (Providence Catholi	15:38	5:13
77		Alan Jackson	Sr	Hinsdale (Central)	15:38	5:13
78	51	Andrew Kupisch	So	Downers Grove (North)	15:39	5:13
79		Andy Bloom	Jr	Pekin	15:39	5:13
80		Matt Dunham	Sr	Pontiac	15:40	5:13
81	52	Brian Hague	Sr	Chicago (Brother Rice)	15:40	5:14
82		Andrew Brenner	Sr	Rockford (Guilford)	15:40	5:14
83		Scott LoBianco	Sr	Wilmette (Loyola Academy)	15:41	5:14
84		Tony Williams	Jr	Cary (C.-Grove)	15:41	5:14
85		Chris Baldwin	Sr	Highland Park	15:42	5:14
86		Ricky Alvarez	Sr	Danville (H.S.)	15:42	5:14
87	53	Kevin Chow	Sr	Aurora (Waubonsie Valley)	15:43	5:15
88	54	Kirk DeBuck	Sr	Naperville (Central)	15:43	5:15
89	55	Jack Ryan	Sr	Downers Grove (North)	15:44	5:15
90	56	Kyle Medinger	Sr	Moline	15:44	5:15
91	57	Joe Curran	Jr	Naperville (North)	15:45	5:15
92	58	Gary Pfennig	Sr	Wheaton (W. Warrenville South)	15:45	5:15
93	59	Mike Corry	Sr	Elmhurst (York)	15:46	5:16
94	60	John Haines	Sr	Quincy (Sr.)	15:46	5:16
95	61	Nick Fuhs	Sr	Crystal Lake (Central)	15:46	5:16
96	62	Bryan Garrison	Sr	Edwardsville (H.S.)	15:47	5:16
97	63	Steven Hurth	So	Normal (Community)	15:47	5:16
98	64	Justin Aronson	Sr	Rockton (Hononegah)	15:48	5:16
99		Nathan Kennedy	Jr	Bolingbrook	15:48	5:16
100		Mike White	Jr	New Lenox (Lincoln-Way Centra	15:49	5:17
101	65	Michael Wilkinson	So	Lincolnshire (Stevenson)	15:49	5:17
102	66	Chris Honig	Jr	Glen Ellyn (Glenbard South)	15:50	5:17
103	67	Peter Garde	Jr	Mt. Prospect (Prospect)	15:50	5:17
104	68	George Kline	Jr	Naperville (North)	15:51	5:17

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PLACE	TmPI	NAME	CL	SCHOOL	TIME	PACE
=====	=====	=====	==	=====	=====	=====
105		Eric Comiskey	Sr	South Holland (Thornwood)	15:51	5:17
106	69	Arthur Klatt	Jr	Villa Park (Willowbrook)	15:52	5:18
107	70	Julio Perez	Jr	Wheeling	15:53	5:18
108	71	Keith Schmerer	Sr	Lincolnshire (Stevenson)	15:53	5:18
109	72	Bruce MacTaggart	Fr	Glen Ellyn (Glenbard South)	15:53	5:18
110	73	Pat Duke	Jr	Downers Grove (North)	15:54	5:18
111	74	Josh Sharko	Jr	Elmhurst (York)	15:54	5:18
112	75	Joe Schaumann	Sr	Crystal Lake (Central)	15:55	5:19
113	76	Ken Beever	Sr	Belvidere	15:56	5:19
114	77	Lane Coonrod	Jr	Quincy (Sr.)	15:56	5:19
115	78	Kyle Nugent	Jr	Glen Ellyn (Glenbard South)	15:56	5:19
116	79	Jason Brown	Jr	Winnetka (New Trier)	15:57	5:19
117	80	Eric Steffens	Jr	Moline	15:57	5:19
118	81	Phil Pierjok	Sr	Centralia	15:58	5:20
119	82	Nate Crider	Jr	Downers Grove (North)	15:59	5:20
120	83	Mark Nowell-Phil	Sr	Mt. Prospect (Prospect)	15:59	5:20
121	84	Jessie Luciano	Fr	Villa Park (Willowbrook)	16:00	5:20
122	85	Brad Sanders	So	Centralia	16:00	5:20
123	86	Erik Saka	So	Quincy (Sr.)	16:01	5:21
124	87	David Krist	Jr	Naperville (Neuqua Valley)	16:01	5:21
125	88	Jeremy Williams	Sr	Lockport (Twp.)	16:02	5:21
126	89	Patrick Parish	Sr	Wheaton (W. Warrenville South)	16:02	5:21
127	90	Roderic Fleming	Sr	Oak Park (O.P.-River Forest)	16:03	5:21
128	91	Gerardo Herrera	Sr	Wheeling	16:03	5:21
129		David Stouffer	Jr	Maple Park (Kaneland)	16:04	5:22
130	92	Kurtis Klay	Sr	Springfield (H.S.)	16:04	5:22
131	93	Michael Ptack	Jr	Oak Park (O.P.-River Forest)	16:05	5:22
132	94	Sean Rutchik	Sr	Rockford (Jefferson)	16:06	5:22
133	95	Brent Carius	Fr	Aurora (Waubonsie Valley)	16:06	5:22
134	96	Stephen Jackson	Jr	Villa Park (Willowbrook)	16:07	5:23
135	97	Matt Elliott	Sr	Winnetka (New Trier)	16:07	5:23
136	98	Paul Fortunato	Sr	Wheaton (W. Warrenville South)	16:08	5:23
137	99	Steve Hanley	Jr	Normal (Community)	16:08	5:23
138	100	Jonathan Popejoy	Fr	Wheaton (W. Warrenville South)	16:09	5:23
139	101	Alex Yount	Sr	LaGrange (Lyons)	16:09	5:23
140	102	Erik Lentzkow	Sr	Naperville (Central)	16:10	5:24
141	103	Shea Maudsley	Jr	Belvidere	16:10	5:24
142	104	Kirk Baleskie	Jr	Naperville (North)	16:11	5:24
143	105	Martin Aburto	Sr	Schaumburg	16:11	5:24
144	106	Jon Hicks	Sr	Hoffman Estates (Conant)	16:12	5:24
145	107	Josh Bronke	So	Normal (Community)	16:12	5:24
146	108	Mike Jeter	Jr	LaGrange (Lyons)	16:13	5:25
147	109	Spencer Kirk	Sr	Oak Park (O.P.-River Forest)	16:13	5:25
148	110	Phil Harless	Sr	Springfield (H.S.)	16:14	5:25
149	111	Kevin Backs	Sr	Centralia	16:14	5:25
150	112	Bill Kennedy	Sr	Winnetka (New Trier)	16:15	5:25
151	113	Terrance Evans	Sr	Edwardsville (H.S.)	16:15	5:25
152	114	Russ Barron	Sr	Crystal Lake (Central)	16:16	5:26
153	115	Adam Yost	Jr	Aurora (Waubonsie Valley)	16:16	5:26
154	116	Justin Fuhs	Fr	Crystal Lake (Central)	16:17	5:26
155		Michael Lynch	Jr	Mt. Vernon	16:17	5:26
156	117	Ryan Giuliano	Sr	Hoffman Estates (Conant)	16:17	5:26

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PLACE	TmPI	NAME	CL	SCHOOL	TIME	PACE
=====	=====	=====	=====	=====	=====	=====
157	118	Ben Love	Jr	Normal (Community)	16:18	5:26
158	119	Eugene Marino	Sr	LaGrange (Lyons)	16:18	5:26
159	120	Mike Reddington	Jr	Hoffman Estates (Conant)	16:19	5:27
160	121	Will Fortin	Sr	Naperville (Neuqua Valley)	16:19	5:27
161		Joe Karas	So	Plainfield (H.S.)	16:20	5:27
162	122	Dan Dunne	Jr	Chicago (Brother Rice)	16:20	5:27
163	123	Alex Mauritz	Jr	Lockport (Twp.)	16:21	5:27
164	124	Nickolas Dimitt	Sr	Rockford (Jefferson)	16:21	5:27
165	125	Ben Smith	Jr	Lincolnshire (Stevenson)	16:22	5:28
166	126	Kevin Clarke	Jr	Crystal Lake (Central)	16:22	5:28
167	127	Brian Frieze	So	Springfield (H.S.)	16:23	5:28
168	128	Bryan Kruszka	Sr	Naperville (Neuqua Valley)	16:23	5:28
169	129	Kevin Deegan	Jr	Chicago (Brother Rice)	16:24	5:28
170	130	Dan Myers	So	Belvidere	16:24	5:28
171	131	Eric Bernardi	Sr	Naperville (Central)	16:25	5:29
172	132	Dan Box	Jr	Naperville (Neuqua Valley)	16:25	5:29
173	133	Matt Gebhardt	Sr	Schaumburg	16:26	5:29
174		Justin Trujillo	Jr	Geneseo (Darnall)	16:26	5:29
175	134	Ryan Fuhs	So	Crystal Lake (Central)	16:26	5:29
176	135	Will Gommel	Sr	Naperville (Central)	16:27	5:29
177	136	Eric Gritzmacher	Sr	Belvidere	16:27	5:29
178	137	Mark Zycinski	So	Downers Grove (North)	16:27	5:29
179	138	Marc Corcoran	So	Rockford (Jefferson)	16:28	5:30
180	139	Greg McKiski	So	Rockton (Hononegah)	16:29	5:30
181		Britt Fuiten	Sr	Decatur (MacArthur)	16:29	5:30
182	140	Brian Dyer	Sr	Naperville (North)	16:30	5:30
183	141	Brent Rochambeau	Sr	Naperville (North)	16:30	5:30
184	142	Carson Smith	Jr	Quincy (Sr.)	16:31	5:31
185	143	Daniel Rollet	Sr	Chatham (Glenwood)	16:31	5:31
186	144	Dan Walters	Jr	Naperville (North)	16:31	5:31
187	145	Cesar Del Rio	Jr	Wheeling	16:32	5:31
188	146	Ryan Craven	Fr	Mt. Prospect (Prospect)	16:32	5:31
189	147	Colin Warren	Sr	LaGrange (Lyons)	16:33	5:31
190	148	Brent Vance	Sr	Chatham (Glenwood)	16:33	5:31
191	149	Kevin Mahoney	Sr	Aurora (Waubonsie Valley)	16:34	5:32
192	150	Eamon Monaghan	Jr	Winnetka (New Trier)	16:34	5:32
193	151	Alan Beardsley	Sr	Belvidere	16:35	5:32
194	152	Isaiah Robbins	Fr	Quincy (Sr.)	16:35	5:32
195	153	Brett Ellsworth	So	Villa Park (Willowbrook)	16:36	5:32
196	154	Jeff Daily	Jr	Rockton (Hononegah)	16:36	5:32
197	155	Ben Prendergast	Sr	Lincolnshire (Stevenson)	16:37	5:33
198	156	Mike Verre	Jr	Moline	16:37	5:33
199	157	Drew Patterson	Sr	Moline	16:38	5:33
200	158	Adam Webber	Jr	Oak Park (O.P.-River Forest)	16:38	5:33
201	159	Ted Nocella	Jr	Moline	16:39	5:33
202	160	Matt Janiga	Sr	Hoffman Estates (Conant)	16:39	5:33
203	161	Blake Marcum	Sr	Centralia	16:40	5:34
204	162	Mike Adduci	Jr	Glen Ellyn (Glenbard South)	16:40	5:34
205	163	Derek Nathan	Jr	Glen Ellyn (Glenbard South)	16:41	5:34
206	164	Stephen Brown	Sr	Rockford (Jefferson)	16:41	5:34
207	165	Jim Bonfield	Sr	Downers Grove (North)	16:41	5:34
208	166	Eric Maffei	Jr	Rockton (Hononegah)	16:42	5:34

5:02 / 10:53

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209	167	Vince Bruno	Jr	Villa Park (Willowbrook)	16:42	5:34
210	168	Pat Dosпой	Sr	Chicago (Brother Rice)	16:43	5:35
211	169	Dwayne Vera	So	Lockport (Twp.)	16:43	5:35
212	170	Nick Rotizza	Jr	Wheeling	16:44	5:35
213	171	Mark Laurenz	Sr	Mt. Prospect (Prospect)	16:44	5:35
214	172	Joe Cotner	Jr	Springfield (H.S.)	16:44	5:35
215	173	Praveen Martinez-Si	Fr	Chatham (Glenwood)	16:45	5:35
216	174	John Atchison	Sr	Hoffman Estates (Conant)	16:45	5:35
217	175	Rob Long	Sr	Naperville (Neuqua Valley)	16:46	5:36
218	176	Jamie De Paepe	Sr	Aurora (Waubonsie Valley)	16:46	5:36
219	177	Mykel Griseta	Jr	Downers Grove (North)	16:47	5:36
220	178	Frank Cappocia	Jr	Lockport (Twp.)	16:47	5:36
221	179	Aaron Iau	Fr	Springfield (H.S.)	16:48	5:36
222	180	Joseph Kleczkowski	Fr	Rockford (Jefferson)	16:48	5:36
223	181	Jacob Zimmerman	Jr	Quincy (Sr.)	16:49	5:37
224	182	Dylan Lau	Jr	Schaumburg	16:49	5:37
225	183	Aric Romriell	So	Belvidere	16:50	5:37
226	184	Joe Cassidy	So	Villa Park (Willowbrook)	16:50	5:37
227	185	Jim Barr	Jr	Hoffman Estates (Conant)	16:51	5:37
228	186	Andres Ardila	Sr	Hoffman Estates (Conant)	16:51	5:37
229	187	Chris Kelly	Jr	Schaumburg	16:52	5:38
230	188	Tim Liston	Jr	Chicago (Brother Rice)	16:53	5:38
231	189	Ben Kramer	So	Springfield (H.S.)	16:54	5:38
232	190	Don Penny	Sr	Belvidere	16:54	5:38
233	191	Hiroki Kotani	Jr	Centralia	16:55	5:39
234	192	Shawn Finlen	Jr	Normal (Community)	16:58	5:40
235	193	Jonathan Lin	Sr	Naperville (Central)	17:00	5:40
236	194	Christopher Pollare	Jr	Rockford (Jefferson)	17:03	5:41
237	195	Jared Starnes	Fr	Normal (Community)	17:04	5:42
238	196	Craig Frederickse	Jr	Moline	17:06	5:42
239	197	Brian Wilmarth	Jr	Chatham (Glenwood)	17:06	5:42
240	198	Paul Brown	Fr	Moline	17:09	5:43
241	199	Adam Biggs	Jr	Chatham (Glenwood)	17:09	5:43
242	200	Chris Zook	Fr	Normal (Community)	17:09	5:43
243	201	Adam Mestemacher	Fr	Edwardsville (H.S.)	17:12	5:44
244	202	Drew Casseday	Sr	Centralia	17:15	5:45
245	203	Jeff Williams	So	Lockport (Twp.)	17:16	5:46
246	204	Zach Albright	Jr	Rockton (Hononegah)	17:26	5:49
247	205	Lee Aschim	Jr	Rockford (Jefferson)	17:38	5:53
248	206	Andrew Crane	Fr	Quincy (Sr.)	17:57	5:59
249	207	Kyle Wood	Sr	Springfield (H.S.)	17:59	6:00
250	208	Ben Patterson	Sr	Rockton (Hononegah)	18:08	6:03
251	209	Luke Pattarozzi	Jr	Rockton (Hononegah)	18:23	6:08
252	210	Chad Kornick	Sr	Edwardsville (H.S.)	19:58	6:40

STATE REVIEW & THOUGHTS

The 2002 IHSA State Cross Country Meet was a great meet, and Illinois Runner would like to congratulate everyone who participated in this years event. A lot of things happened at the meet. Most were suprising, some inspirational, and some werent so good. We have gathered a collection of thoughts that we wish to share. Here is what we have to say:

Braffet Update

Word out of **Meghan Braffet's** camp is that she was sick the week of state. When Polock and Chrisman caught up to her she just didn't have the energy to go with them. Braffet will be healthy hopefully by this weekend as she is to compete at the Mideast Meet of Champions Meet out in Ohio, and after that she will compete at Footlocker Midwest. Best of luck to her.

Suprise Team of the Meet

Obviously the biggest suprise of the entire meet was that of **Stevenson High School's** second place finish. Major props to them! They had been running strong for most of the year, but just hadn't put together that one great meet yet. Well it looks like it finally came together at the state meet. This team put in their first summer of training ever and look what happened. Congrats to not only the athletes but the coaches that got them to this point as well. A hard summer of training early in the morning sure did pay off and these guys deserve all the credit in the world.

Other Suprise Teams

Another team that suprised at state was **Prospect**. They came through with a great fourth place finish at state in AA Boys, and were only two points out of getting the third place team trophy. Great job guys. Other teams that deserve some huge recognition for running well at state are: **Benet Academy (Class AA Girls)**, **Danville Schlarman (Class A Boys)**, and **Stanford-Olympia (Class A Girls)**. All of these teams surpassed all the expectations they had and people had on them. Great job to all of these suprise teams.

Shout out to the Winners

The winners of each race deserve so much credit. **Sarah Selby (Shelbyville)** for the third time in her high school career went out in a blaze of glory, as she won yet again in Class A Girls. Selby has had a stellar prep career, and we can't wait to see how she does in post season meets and her track season next year. **Kacey Carr (Tri-Valley)** ran with guts and determination. He moved here from California last year, put in a great summer and now he is the Class A Boys Champion. It would have been interesting to see where he would have placed in the Class AA race. **Samantha Polock (Wheaton North)** not only won the individual crown, but helped guide her team to the team title as well. It must have been just the perfect day for the Wheaton North fans and parents. **Stephen Pifer (Edwardsville)** proved that he was the toughest runner in Illinois on the day that counted most. He took the lead from the mile mark on and led the rest of the race. He looked strong and we can't wait to see how he does at Footlocker Midwest. Great things are going to happen, we can just feel it.

Biggest Suprises of the Meet:

Pam Wolf (Monmouth Coop.) - While we knew she was good, we should mention that this is Wolf's first year in the sport of cross country. The state runner-up in the Class A girls 400 meters last spring decided the first day of school to go out and run cross country and quit her volleyball team. She made a wise choice, as she now has garnered some attention from some top schools.

Farah Jadran (Glenbard West) - Did anyone have her in their top ten predictions even, because we sure didn't. Jadran suprised everyone when she picked up a third place finish at state. She had been running well all year, but not third place well. It was obvious that she wanted to do great things, and it looks as though she peaked just right for the race.

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Hunter Sheldon (Vernon Hills) - It looks like this guys hard work paid off for him. While we knew Sheldon was good, we didn't know he was this good. An 11th place effort at the state meet is huge, and could be an early indicator as to what this miler can do. He proved himself in a big time race, great job!

Biggest Kick

Mike Dorazil (Barrington) - When we counted it off with 600 meters to go, Dorazil was in 27th place. Over the final 500 meters Dorazil outkicked 15 of the state's best runners to end up in 12th place. While his team didn't make it Dorazil represented Barrington so well, having the highest finish by a Barrington boy since his brother R.J. finished 19th in 14:56 in 1996.

Proved us Wrong

Brent Cunningham (Brother Rice) - Yes, we did leave this kid off of our top 20 list. Yes, we were wrong and we admit it. We overlooked Brent a lot this season, but he proved us wrong. His fourth place finish is simply amazing. He has come so far over the past season. After the horrific incident at the state meet last spring, where he got tripped up during warm-ups and sustained a concussion, he has proven himself to be one of the state's toughest and best runners. Great job Brent!

Best Overall Team of the Meet

Winnebago High School - They won both the boys and girls races in Class A. They have been in the shadow of Eureka for the past few years, and this year they proved they are one of the best programs in the state. Everyone stepped up big for both their squads when it mattered most. Great job!

Biggest Disappointment

The IHSA does put on a decent meet, however there are some problems. We criticized the IHSA before, but we are changing our stance. We apologize if we offended the IHSA, but here is what we think needs to happen. Chip timing needs to be implimented. There are a variety of ways to raise money for this, and we will discuss that in a later article.

To all of those fans with concerns, email Jim Flynn (the IHSA man that is in charge of track and CC) and express to him your thoughts. His email is: flynn@ihsa.org. Or email the head of the IHSA, Marty Hickman: hickman@ihsa.org.

That is our review of the meet. Once again great job to everyone that competed. You represented yourself, your team, your school and your state with great pride. You should all be proud. We can't wait till next year.

Show girl is crazy like a Wolf

Her strategy was crazy. "My goal was to follow the fastest people and not think about being tired until the end," Pam Wolf said.

Why crazy?

This was the Illinois high school state championship cross country meet Wolf was talking about. And her approach took the naive sound of a person who had spent her previous autumns playing volleyball. Or of a sprinter, whose longest race — 400 meters — is over in less than a minute.

Of course, Wolf was a volleyball player until this fall. And she is a sprinter in track.

So, crazy is as crazy does.

But this was beyond crazy:

Pam Wolf, a Roseville High School senior who had never even ventured on a training jog as long as three miles until she entered the Good Hope Sod-buster Days 5K this summer, placed third in the Class A girls meet Saturday at Detweiller Park. And

her time of 17:35 over a windy three miles was good enough to have placed sixth in the AA race, so that put her among the 10 fastest distance runners in Illinois on this Indian Summer day.

Tactics? What tactics?

Experience? Reputation?

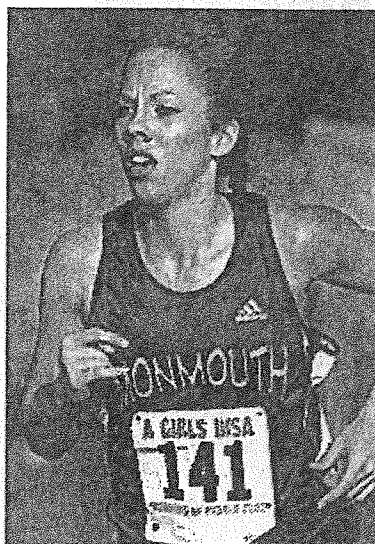
Expectation?

Are you kidding?

"I knew she'd be a good distance runner," said her boyfriend, Bryan Pratt, a freshman hurdler at the University of Illinois. Boyfriends, of course, are supposed to be supportive and say stuff like that.

"But I didn't think she'd be *this* good."

College coaches go goo-goo over runners like Wolf.



MATT DAYHOFF/Journal Star

Monmouth/Roseville senior Pam Wolf runs to a third-place finish in the Class A girls state cross country meet

She has run barely enough miles to light a flame of desire for distance running, so she can't be burned out. She's fast, having placed second in the state in the 400 meters and anchored the Roseville/Yorkwood co-op 800 relay team to a state title in track. Endurance plus speed equals big-time potential.

And after the way she chased three-time champ Sarah Selby and Stephanie Simms around the park Saturday — the three of them ran away from everyone else after the first mile — you know Wolf is tenacious. So now you also know why the Fighting Illini cross country team surrounded her after the race and made big-time nice.

"You've got to visit us!"

"Yes, you must!"

"Call us!"

"Yes, call us!"

Now, Wolf has some decisions to make.

The only reason she even took up cross country this fall is because the new coach of the Roseville volleyball team moved her from the setter position she played last year and, well, that didn't set well.

Wolf thought running cross country might help her track career, especially since she had designs on stepping up to the 800 next spring.

So she joined Roseville classmate Carissa Young on the Monmouth/Roseville co-op cross country team.

"It was a little weird at first," said Jessica Hart, a Monmouth junior who had been the Zippers' No. 1 runner before Wolf showed up. "I didn't know where I'd fit in."

Then Wolf placed fourth in her first big race, and being No. 2 was just fine with Hart.

Suddenly, Hart said, "We had somebody up where we hadn't had anybody before. We knew that could give us a better chance of making it at state."

All season long, Wolf kept placing high in big meets. And in the postseason, she started winning.

"She's awesome," Hart said. "And she's always positive and always smiling."

What's not to smile about?

Wolf got third in her only state cross country meet. Her team was a strong fifth. And she has choices to make.

Where to go to college? What to major in? What to run? What college coach to make very happy?

Life is good.

Especially if it's a little crazy.

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Class A girls Three-time champion saves best for last of last

Shelbyville's Selby outkicks her rival; Olympia girls second

By JANE MILLER

The Journal Star

as a team.
"Before the race, my strategy was to take it where Simms actually did today," said Selby.



Sarah Selby

She changed her plans a bit on race morning because of the gusty wind, but Simms, who had run with Selby many times over the years, anticipated her strategy and countered.

"I just couldn't stay with her," said Selby, "and I started getting disheartened."

Then Selby noticed Simms begin to fall off the pace. "I started getting my heart back into it," Selby said. "I found my kick at the end."

So much kick, in fact, that

Selby collapsed at the finish for the first time in her career.

"This (race) today was probably the best of my high school cross country career," said Selby. "One, because Stephanie pushed me real hard and two, because I tried my hardest at the end."

Wolf, in her first year of cross country after playing volleyball the previous three fall seasons, was ecstatic with her finish.

"I felt really good running and that was my best time (17:35)," said Wolf. "Everything went better than I could have expected. The only thing different today was I had to get out faster."

The Zippers finished fifth as a team in coach Jody Chapman's final year as a coach. Chapman already is teaching in Galesburg.

"Pam is just so mentally tough," said Chapman, "and all the girls ran really well."

Olympia's runner-up finish, with 179 points to Winnebago's

114, was a bit unexpected by everyone but the Spartans.

"We thought it was wide open," Oly coach Mike Neisler said. "We just didn't want to get fourth."

It was much better than that.

"Three of us saw the finish first and we just started screaming," said freshman Christa Juell.

Junior Jill Floyd was the Spartans' No. 1 runner in 29th.

"My finish was good," she said. "I got a personal record and everyone on the team ran their best."

West Chicago Wheaton Academy finished third.

Wolf was one of seven area runners to earn all-state honors.

Southern freshman Theresa Brokaw was fifth and Princeton senior Rebekah Faber, second last year, finished in sixth.

"I went out with the pace and was feeling all right," Faber said, "but after about a mile and a half, I was exhausted. My body just wouldn't go."

Eureka senior Abby Heinold was 10th after finishing eighth a year ago when the distance was 2 1/4 miles.

"My goal was to get somewhere around what I did last year," said Heinold. "I felt like it was a tougher field this year but I did my best and that was my goal."

Bureau Valley senior Deborah Anne finished her career in 11th. She had been injured a year ago and came in 29th.

"This year I wanted to come back," she said. "I finished about where I thought I would. I just wanted to be in the top 15."

Tremont freshman Trisha Humphrey was 14th, so she didn't get her top 10 finish but more than met her expectations on time, with an 18:35. Delavan junior Triffane York also earned all-state honors in 16th.

Other team finishes included Eureka in 10th, Princeton 13th, Dunlap 17th, Elmwood 18th and Bureau Valley 18th.

PEORIA — Sarah Selby's dream of a third Class A girls state championship was fading Saturday morning, going into the final half-mile of the 3-mile race at Detweiler Park.

But then leader Stephanie Simms of Gardner-South Williamson began a fade of her own and Selby started to pick up her pace.

The Shelbyville senior, the Class A champion in 1999 and 2001, soon had the lead and crossed the finish line 12 seconds ahead of Simms, in 17:16.

Monmouth/Roseville senior Pam Wolf finished third in her first state meet.

Winnebago won both the boys and girls Class A titles, and the Olympia girls were second

Cross country rookie takes 3rd at state meet

By Bill Barton
Staff sports writer

PEORIA — Monmouth-Roseville senior Pam Wolf didn't so much reinvent herself this fall, as tap into the potential she never knew existed.

In her first-ever season running cross country, Wolf captured third place at the Class A state cross country meet on Saturday. Wolf covered the three-mile course at Detweiller Park in 17:35, powering Monmouth-Roseville to a fifth-place team finish (225).

Shelbyville's Sarah Selby took first-place, running 17:16. Winnebago won the team title with a team-low 114 points. Though Wolf finished third overall, she placed first in the team race.

For Monmouth-Roseville, it was the program's best-ever individual and team result and capped a stunning rise to prominence for Wolf, who didn't even decide to run cross country until nearly a week before the season started.

Wolf's decision to run cross country wasn't a complete whim. She had experience running, only it was as a sprinter on the Roseville track team. Until this year, she played volleyball in the fall, figuring she couldn't hold up over longer distances.

"I'm totally overwhelmed," Wolf said after the race, during which she posted a time 13 seconds faster than her previous best. "I never expected this when I went out for cross country. I just wanted to help myself for track. I didn't know what to expect because I was a sprinter and I didn't know how well I would do. I never knew what I had in me until the meets started going really well."

"People think it's crazy that I've been able to run this well at long distances. They ask me, 'Do you realize how fast you're running?' I guess I didn't have enough experience to know any better."

Running without expectations for most of the season, Wolf began to dominate locally early in the season and continued to run strong even as expectations increased. Wolf won the Elmwood Sectional and entered the state meet with the third fastest qualifying time.

Wolf was in contact with Selby the entire race, but

couldn't quite close the gap when Selby opened a slight advantage over the last mile.

"With as many as people that are at the state meet, and all the pressure, kids tend to make mistakes, particularly if they've never run in it before," said Monmouth-Roseville coach Jody Chapman. "They go out too fast or don't focus on their pace. But Pam is so mentally tough, she's able to maintain her focus. In fact, she keeps me mentally focused. She likes to say 'if your legs are tired, think about your arms.'"

'People think it's crazy that I've been able to run this well at long distances. They ask me, "Do you realize how fast you're running?" I guess I didn't have enough experience to know better.'

Pam Wolf,
Monmouth-Roseville senior

Wolf has had experience in big meets before. She was part of Roseville's first-place 800 medley relay team at last spring's Class A state track meet. She anchored the relay, running the final 400 leg. Wolf also took fifth-place in the open 400.

Still, Chapman spent most of the week trying to focus her team on running a controlled race with hopes of a top-10 team finish.

"The past three weeks all the girls have just kept raising their level," Chapman said. "I thought someone on the team would have the race of their life. It turned out they all did."

All five Monmouth-Roseville runners, Wolf, Jessica Hart, Sara Ingersoll, Cameo Losey and Brenna Kesinger, set personal bests. Hart finished 34th overall and 17th in the team race, running 19:04, 44 seconds better than her previous best. Ingersoll (19:40), Losey (19:58) and Kesinger (21:08), finished 62/38, 85/57 and 145/112, respectively.

"This is Jody's last year as coach, so we wanted it to be a special final meet," Ingersoll said. "We wanted her to go out on a good note."

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TEAM SCORES PEORIA, ILLINOIS NOVEMBER 9, 2002

1 Winnebago	8 9 16 25 56 (101)(148) = 114
2 Stanford (Olympia)	14 15 24 29 97 (116)(155) = 179
3 West Chicago (Wheaton Academy)	3 30 39 49 62 (75) = 183
4 Robinson	10 13 20 88 91 (100)(135) = 222
5 Monmouth (H.S.)	1 17 38 57 112 (159)(173) = 225
6 Athens	32 33 36 45 83 (151)(161) = 229
7 Normal (University)	19 35 47 66 67 (90)(109) = 234
8 Elmhurst (Timothy Christian)	26 48 52 59 72 (80)(152) = 257
9 Wheaton (St. Francis)	40 44 69 78 85 (143)(168) = 316
10 Eureka	4 55 70 99 102 (118)(127) = 330
11 Freeburg	34 51 74 81 95 (105)(140) = 335
12 Breese (Mater Dei)	27 41 82 92 96 (113)(115) = 338
13 Princeton	2 28 42 129 139 (165)(171) = 340
14 Chicago (The Latin School)	21 23 68 107 126 (136)(158) = 345
15 Toledo (Cumberland)	18 22 58 122 132 (145)(147) = 352
16 Monticello	43 64 77 79 108 (111)(149) = 371
17 Dunlap	46 60 86 87 94 (128)(137) = 373
18 Elmwood	31 53 63 106 124 (133)(166) = 377
19 Manlius (Bureau Valley)	5 71 93 98 141 (142)(144) = 408
20 Sparta	7 37 73 146 157 (162)(172) = 420
21 Huntley	11 61 76 123 153 (164)(170) = 424
22 Rochester	12 50 119 120 134 (156) = 435
23 Oregon	54 65 84 110 131 (138)(150) = 444
24 Kankakee (McNamara)	6 89 104 121 125 (154)(160) = 445
25 Pinckneyville	103 114 117 130 163 (167)(169) = 627

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PEORIA, ILLINOIS NOVEMBER 9, 2002

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PLACE	TmPI	NO.	NAME	CL	SCHOOL	TIME	PACE
=====	=====	=====	=====	=====	=====	=====	=====
1		429	Sarah Selby	Sr	Shelbyville	17:16	5:46
2		410	Stephanie Simms	Sr	Gardner (G.-South Wilmington)	17:28	5:50
3	1	141	Pam Wolf	Sr	Monmouth (H.S.)	17:35	5:52
4		425	Andrea Edgar	Sr	Quincy (Notre Dame)	17:59	6:00
5		432	Theresa Brokaw	Fr	Stronghurst (Southern)	18:01	6:01
6	2	195	Rebekah Faber	Sr	Princeton	18:17	6:06
7		403	Dina Nacey	Jr	Braidwood (Reed-Custer)	18:21	6:07
8	3	270	Elisabeth Frusti	Jr	West Chicago (Wheaton Academy)	18:26	6:09
9		428	Marlana Haefelin	Fr	Sandwich	18:27	6:09
10	4	76	Abby Heinold	Sr	Eureka	18:29	6:10
11	5	122	Deborah Amrein	Sr	Manlius (Bureau Valley)	18:30	6:10
12		407	Becky Levine	Sr	Chicago (University)	18:32	6:11
13		404	Lindsey Glass	So	Byron	18:35	6:12
14		434	Trisha Humphrey	Fr	Tremont	18:35	6:12
15	6	109	Taylor Bennett	Fr	Kankakee (McNamara)	18:36	6:12
16		409	Tiffanie York	Jr	Delavan	18:37	6:13
17		424	Sara Brauer	Fr	Petersburg (PORTA)	18:37	6:13
18		431	Brooke Brenner	Sr	Stockton	18:38	6:13
19	7	233	Brittni Peck	So	Sparta	18:39	6:13
20		422	Clair Sack	So	Mendota	18:42	6:14
21		418	Colleen Detjens	Sr	Lisle (Sr.)	18:43	6:15
22	8	290	Praise Cowman	Sr	Winnebago	18:43	6:15
23	9	297	Lauren Thomas	Fr	Winnebago	18:46	6:16
24	10	213	Tiffany Pinkston	So	Robinson	18:46	6:16
25	11	97	Bekah Aavang	Jr	Huntley	18:47	6:16
26		420	Maggie Novotny	So	Lombard (Montini)	18:48	6:16
27	12	224	Abby Shunk	Fr	Rochester	18:51	6:17
28	13	211	Emily Phillippe	Fr	Robinson	18:58	6:20
29	14	242	Jill Floyd	Jr	Stanford (Olympia)	18:59	6:20
30		401	Stephanie Briggs	So	Argenta (A.-Oreana)	18:59	6:20
31		414	Heather Elders	Sr	Herrin	19:00	6:20
32	15	248	Christa Juell	Fr	Stanford (Olympia)	19:01	6:21
33	16	296	Rachel Tedrick	Sr	Winnebago	19:02	6:21
34	17	137	Jessica Hart	Jr	Monmouth (H.S.)	19:04	6:22
35		415	Dessa Guyer	Sr	Hutsonville	19:06	6:22
36	18	257	Chandel Ray	Jr	Toledo (Cumberland)	19:08	6:23
37	19	159	Jessica Glass	Fr	Normal (University)	19:08	6:23
38	20	205	Hilary Cloe	Fr	Robinson	19:09	6:23
39	21	25	Alice Baumgartner	Fr	Chicago (The Latin School)	19:10	6:24
40	22	256	Cazi Nelson	So	Toledo (Cumberland)	19:11	6:24
41	23	34	Lisey Waters	Fr	Chicago (The Latin School)	19:11	6:24
42		417	Karyssa Martin	So	Kewanee (H.S.)	19:12	6:24
43	24	244	Kate Freshour	So	Stanford (Olympia)	19:12	6:24
44	25	292	Allison Johnson	Jr	Winnebago	19:12	6:24
45	26	58	Jenny Zylstra	Jr	Elmhurst (Timothy Christian)	19:13	6:25
46		426	Marissa Clapp	So	Rossville (R.-Alvin)	19:13	6:25
47	27	21	Jamie Kuhl	So	Breese (Mater Dei)	19:15	6:25
48	28	194	Megan Birkey	Sr	Princeton	19:17	6:26
49	29	249	Tiffany Prager	Jr	Stanford (Olympia)	19:19	6:27
50		430	Shay Hyland	Sr	Sidell (Jamaica)	19:20	6:27
51	30	266	Carrie Clousing	Sr	West Chicago (Wheaton Academy)	19:20	6:27
52		408	Lindsay Moore	Fr	Decatur (St. Teresa)	19:21	6:27
53	31	63	Maggie Carroll	Jr	Elmwood	19:23	6:28

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PLACE	TmPI	NO.	NAME	CL	SCHOOL	TIME	PACE
54		413	Brianna Mueller	Fr	Harvard	19:25	6:29
55	32	1	Liz Chandler	Sr	Athens	19:26	6:29
56	33	8	Chelsey Patterson	So	Athens	19:27	6:29
57		406	Britta Helwig	Fr	Chicago (Luther North)	19:29	6:30
58	34	96	Brenda Whitworth	Fr	Freeburg	19:33	6:31
59	35	157	Rebekah Clay	So	Normal (University)	19:34	6:32
60	36	2	Katelyn Davis	So	Athens	19:36	6:32
61	37	229	Katrina Bockhorn	Sr	Sparta	19:39	6:33
62	38	138	Sara Ingersoll	Sr	Monmouth (H.S.)	19:40	6:34
63	39	265	Anne Baltes	So	West Chicago (Wheaton Academy)	19:40	6:34
64		421	Kolette Rutledge	Sr	Macomb	19:41	6:34
65	40	284	Meg Rigney	Sr	Wheaton (St. Francis)	19:42	6:34
66	41	18	Sara Huelsmann	So	Breese (Mater Dei)	19:43	6:35
67	42	196	Justine Kinsman	So	Princeton	19:45	6:35
68		405	Juli Koenegstein	So	Chester	19:46	6:36
69	43	152	Lindsay Rhodes	Sr	Monticello	19:46	6:36
70	44	279	Molly Cosgrove	Jr	Wheaton (St. Francis)	19:47	6:36
71	45	5	Ivy Ingram	Fr	Athens	19:49	6:37
72	46	41	Colleen Ferguson	Fr	Dunlap	19:51	6:37
73	47	167	Jennifer Witte	Fr	Normal (University)	19:51	6:37
74		419	Amy Kassebaum	Jr	Litchfield	19:53	6:38
75	48	54	Danielle Riley	So	Elmhurst (Timothy Christian)	19:53	6:38
76	49	268	Katie Fichera	Sr	West Chicago (Wheaton Academy)	19:54	6:38
77	50	222	Becky Requarth	So	Rochester	19:54	6:38
78	51	90	Bethany Jennings	So	Freeburg	19:55	6:39
79	52	57	Tami Wieringa	So	Elmhurst (Timothy Christian)	19:55	6:39
80		402	Jenny Coronelli	Fr	Braidwood (Reed-Custer)	19:56	6:39
81	53	67	Jill Kennelly	So	Elmwood	19:56	6:39
82	54	172	Kim Brown	Fr	Oregon	19:56	6:39
83	55	81	Sheryl Selvey	Sr	Eureka	19:57	6:39
84	56	293	Erin Rehfeldt	Jr	Winnebago	19:57	6:39
85	57	140	Carneo Losey	Jr	Monmouth (H.S.)	19:58	6:40
86	58	260	Amanda Wolke	Fr	Toledo (Cumberland)	19:59	6:40
87	59	49	Ashley Afman	Sr	Elmhurst (Timothy Christian)	20:00	6:40
88		411	Megan Binney	Sr	Gillespie	20:00	6:40
89	60	43	Courtney Gilles	Fr	Dunlap	20:01	6:41
90		423	Molli Springer	Fr	Minonk (Fieldcrest)	20:02	6:41
91	61	101	Leah Coleman	Fr	Huntley	20:03	6:41
92	62	267	Britta Erickson	Jr	West Chicago (Wheaton Academy)	20:05	6:42
93	63	61	Lori Barrow	So	Elmwood	20:06	6:42
94	64	150	Bridget McLeese	Sr	Monticello	20:10	6:44
95	65	174	Erica Kopp	Sr	Oregon	20:12	6:44
96		416	Shea Boehle	Fr	Kewanee (H.S.)	20:13	6:45
97	66	164	Janelle Totterer	Jr	Normal (University)	20:14	6:45
98	67	168	Kate Zimmerman	Jr	Normal (University)	20:15	6:45
99	68	31	Megan Nash	So	Chicago (The Latin School)	20:16	6:46
100	69	283	MaryKate Polzin	So	Wheaton (St. Francis)	20:16	6:46
101	70	75	Hannah Ehrenhardt	Fr	Eureka	20:18	6:46
102	71	124	Jill Arnold	Fr	Manlius (Bureau Valley)	20:18	6:46
103	72	56	Jodi Verlare	So	Elmhurst (Timothy Christian)	20:20	6:47
104	73	235	Ashley Robison	Jr	Sparta	20:20	6:47
105	74	95	Heather Sternau	Jr	Freeburg	20:21	6:47
106	75	274	Alice Shepro	Jr	West Chicago (Wheaton Academy)	20:21	6:47

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PLACE	TmPI	NO.	NAME	CL	SCHOOL	TIME	PACE
107	76	100	Jamie Carter	Jr	Huntley	20:22	6:48
108	77	145	Jessica Bailey	Sr	Monticello	20:22	6:48
109	78	278	Catie Buresh	So	Wheaton (St. Francis)	20:23	6:48
110	79	155	Rebekah Warner	Fr	Monticello	20:24	6:48
111	80	53	Jenny Loerop	Jr	Elmhurst (Timothy Christian)	20:25	6:49
112	81	85	Erin Anderson	Sr	Freeburg	20:31	6:51
113	82	22	Abbey Quilmeyer	Jr	Breese (Mater Dei)	20:33	6:51
114	83	3	Emily DeLong	Fr	Athens	20:34	6:52
115	84	175	Erica Nelson	Jr	Oregon	20:35	6:52
116	85	285	Jenny Sarna	Sr	Wheaton (St. Francis)	20:36	6:52
117	86	40	Samantha Conlee	Fr	Dunlap	20:37	6:53
118	87	46	Veronica Sparks	So	Dunlap	20:37	6:53
119	88	206	Andrea Earnest	Sr	Robinson	20:38	6:53
120	89	110	Tiffany Ciaccio	Jr	Kankakee (McNamara)	20:40	6:54
121		412	Heather Mitchell	So	Harrisburg	20:42	6:54
122	90	162	Abby Meisner	So	Normal (University)	20:42	6:54
123	91	214	Emily Schrey	So	Robinson	20:43	6:55
124	92	23	Jenna Toennies	Jr	Breese (Mater Dei)	20:43	6:55
125	93	127	Janelle Danielson	Jr	Manlius (Bureau Valley)	20:44	6:55
126	94	37	Becky Bargfrede	So	Dunlap	20:45	6:55
127	95	86	Ashley Bauer	Jr	Freeburg	20:48	6:56
128	96	13	Kristen Detmer	Jr	Breese (Mater Dei)	20:48	6:56
129	97	251	Kristin Seggerman	Jr	Stanford (Olympia)	20:49	6:57
130	98	132	Jennifer Stone	So	Manlius (Bureau Valley)	20:50	6:57
131	99	83	Kasey Vanscyoc	So	Eureka	20:51	6:57
132	100	207	Nicole Grimm	Jr	Robinson	20:52	6:58
133	101	294	Mallory Spencer	Jr	Winnebago	20:56	6:59
134	102	73	Samantha Christie	Jr	Eureka	20:57	6:59
135	103	183	Brittany Lee	Sr	Pinckneyville	20:58	7:00
136	104	116	Becky Rivard	Sr	Kankakee (McNamara)	20:59	7:00
137	105	92	Sara Randle	Jr	Freeburg	20:59	7:00
138	106	66	Jennifer Kennelly	Sr	Elmwood	21:04	7:02
139	107	26	Emma Baumgartner	Jr	Chicago (The Latin School)	21:05	7:02
140	108	154	Emily Willis	Fr	Monticello	21:05	7:02
141		435	Wendy Colona	Sr	Wood River (East Alton-W.R.)	21:06	7:02
142	109	166	Betsy Ummel	Jr	Normal (University)	21:07	7:03
143	110	180	Molly Ulferts	Jr	Oregon	21:07	7:03
144	111	148	Merry Lanker	Jr	Monticello	21:07	7:03
145	112	139	Brenna Kesinger	Fr	Monmouth (H.S.)	21:08	7:03
146	113	16	Kara Goesten Kors	Jr	Breese (Mater Dei)	21:08	7:03
147	114	187	Kathy Vanderjack	Fr	Pinckneyville	21:09	7:03
148	115	19	Aften Jansen	Jr	Breese (Mater Dei)	21:13	7:05
149	116	245	Becky Hieser	Jr	Stanford (Olympia)	21:14	7:05
150	117	186	Heather Theobald	Sr	Pinckneyville	21:14	7:05
151	118	82	Jill Swanson	Sr	Eureka	21:16	7:06
152	119	223	Sarah Ryan	Fr	Rochester	21:17	7:06
153	120	217	Rachel Damery	Jr	Rochester	21:18	7:06
154		427	Rebecca Peach	Jr	Roxana	21:19	7:07
155	121	118	Lindsey Sulzberger	So	Kankakee (McNamara)	21:21	7:07
156	122	255	Jennifer Markwell	Sr	Toledo (Cumberland)	21:24	7:08
157	123	104	Katy Evert	Jr	Huntley	21:25	7:09
158	124	69	Jamie Rogers	Jr	Elmwood	21:27	7:09
159		433	Beth Schumacher	Sr	Teutopolis	21:27	7:09

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ILLINOIS HIGH SCHOOL ASSOCIATION
GIRLS CLASS A STATE CROSS COUNTRY CHAMPIONSHIP
PEORIA, ILLINOIS NOVEMBER 9, 2002

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PLACE	TmPI	NO.	NAME	CL	SCHOOL	TIME	PACE
=====	=====	=====	=====	=====	=====	=====	=====
160	125	113	Molly Hermes	Sr	Kankakee (McNamara)	21:28	7:10
161	126	28	Jordy Feiger	So	Chicago (The Latin School)	21:31	7:11
162	127	74	April Ehling	Jr	Eureka	21:33	7:11
163	128	39	Amanda Carroll	Sr	Dunlap	21:35	7:12
164	129	198	Laura Luloff	Jr	Princeton	21:41	7:14
165	130	182	Nicole Kuhnert	Sr	Pinckneyville	21:42	7:14
166	131	169	Emily Afflerbaugh	Sr	Oregon	21:42	7:14
167	132	258	Ciara Robinson	Fr	Toledo (Cumberland)	21:44	7:15
168	133	65	Liz Harlan	Jr	Elmwood	21:46	7:16
169	134	218	Katie Huffman	Jr	Rochester	21:47	7:16
170	135	216	Ashley Woodard	Sr	Robinson	21:50	7:17
171	136	35	Liz Waugh	Sr	Chicago (The Latin School)	21:52	7:18
172	137	45	Amanda Renner	So	Dunlap	21:55	7:19
173	138	171	Kayla Bennett	Sr	Oregon	21:56	7:19
174	139	201	Jenna Underwood	So	Princeton	21:57	7:19
175	140	88	Lauren Douglass	Sr	Freeburg	21:59	7:20
176	141	131	Jessica Ries	Fr	Manlius (Bureau Valley)	22:01	7:21
177	142	123	Paige Andersen	So	Manlius (Bureau Valley)	22:01	7:21
178	143	287	Gilly Sollenberger	Sr	Wheaton (St. Francis)	22:02	7:21
179	144	130	Erin Nichols	So	Manlius (Bureau Valley)	22:02	7:21
180	145	254	Chelsea Carlen	So	Toledo (Cumberland)	22:10	7:24
181	146	232	Sasha Kiner	Fr	Sparta	22:12	7:24
182	147	259	Lacey Wellbaum	So	Toledo (Cumberland)	22:14	7:25
183	148	295	Dana Symonds	Sr	Winnebago	22:17	7:26
184	149	146	Rachel Baker	Jr	Monticello	22:18	7:26
185	150	170	Emily Bauer	So	Oregon	22:20	7:27
186	151	7	Margie Mathewson	So	Athens	22:24	7:28
187	152	52	Stefanie LeRoy	Jr	Elmhurst (Timothy Christian)	22:26	7:29
188	153	107	Kristen Oakes	Fr	Huntley	22:28	7:30
189	154	112	Amanda Gossage	Sr	Kankakee (McNamara)	22:31	7:31
190	155	243	Britt Fredricks	Jr	Stanford (Olympia)	22:33	7:31
191	156	221	Rebekah Petrone	So	Rochester	22:35	7:32
192	157	234	Chelsea Peck	So	Sparta	22:37	7:33
193	158	30	Karen Hastings	Jr	Chicago (The Latin School)	22:47	7:36
194	159	133	Kelly Bresnahan	Sr	Monmouth (H.S.)	22:55	7:39
195	160	115	Andrea Pitts	Jr	Kankakee (McNamara)	22:59	7:40
196	161	6	Jenny Killian	Fr	Athens	23:04	7:42
197	162	231	Teri Jeffers	Jr	Sparta	23:08	7:43
198	163	181	Talitha Engelhardt	Jr	Pinckneyville	23:15	7:45
199	164	108	Becky Reynolds	Sr	Huntley	23:15	7:45
200	165	199	Sarah Luloff	Fr	Princeton	23:18	7:46
201	166	62	Becky Carroll	Jr	Elmwood	23:19	7:47
202	167	188	Staci Vanderjack	Sr	Pinckneyville	23:20	7:47
203	168	281	Callie Paulson	Fr	Wheaton (St. Francis)	23:31	7:51
204	169	184	Becky Majewski	So	Pinckneyville	23:34	7:52
205	170	98	Emma Aavang	Sr	Huntley	23:51	7:57
206	171	193	Kacie Arkels	So	Princeton	24:46:00	8:16
207	172	230	Cheryl Cascio	Jr	Sparta	24:51:00	8:17
208	173	142	Carissa Young	Sr	Monmouth (H.S.)	25:01:00	8:21

GIRLS CLASS A STATE REVIEW

Going into the state meet there were two things that people were talking about for Class A girls. Those two things were Sarah Selby (Shelbyville) and Wheaton Academy. Selby, already had two past titles, and was looking for her third for sure. Selby dominated the Class A scene all year, and some even considered her the top girl in the state. Wheaton Academy was also favored to win. While other teams showed they could contend, many figured they couldn't handle the pack from Wheaton Academy.

As the gun went off on the beautiful, but windy, day, the runners raced down to the first turn forming a "V" shape. The pace truck led the way. Coming into the first turn Selby was right on the leaders shoulder. She obviously had a race plan. A group of about 12 girls pulled away early in the race at the 2:50 mark. All the top contenders, like Rebekah Faber (Princeton), Stephanie Simms (G.South-Wilmington), Andrea Edgar (Quincy Notre Dame) and Theresa Brokaw (Southern) were all in the pack.

Going into the first mile the whole pack was together, as they passed through 5:39. Simms and Selby were shoulder and shoulder in the lead, with Wolf right behind them. The girls raced down towards the back loop, as the first group of ten disappeared into the back loop.

Every year a lot happens in the back loop. Very few people are back there, and many people decide to make their move in that area. As the runners emerged from the back loop Simms had a slight lead over Selby, while Wolf had also pulled away from the pack. It looked as if Simms was trying to make a move to drop Selby and at the two mile mark it started to work.

Simms crossed the two mile mark at 10:38, with Selby about two seconds back. Wolf was really running by herself, which I am sure made it hard, but she was hanging tough and not giving up in her first state cross country meet. In the next few spots were Faber, Edgar, and the freshman Brokaw. All three were running in a pack, but it was evident that Faber was tiring.

At the 13:30 mark, which was on the back straight, Simms' lead had grown to about 30 meters ahead of a chasing Selby. Wolf was about ten meters back, while the group of three had dropped to two, with Edgar and Brokaw about 100 meters back from Wolf.

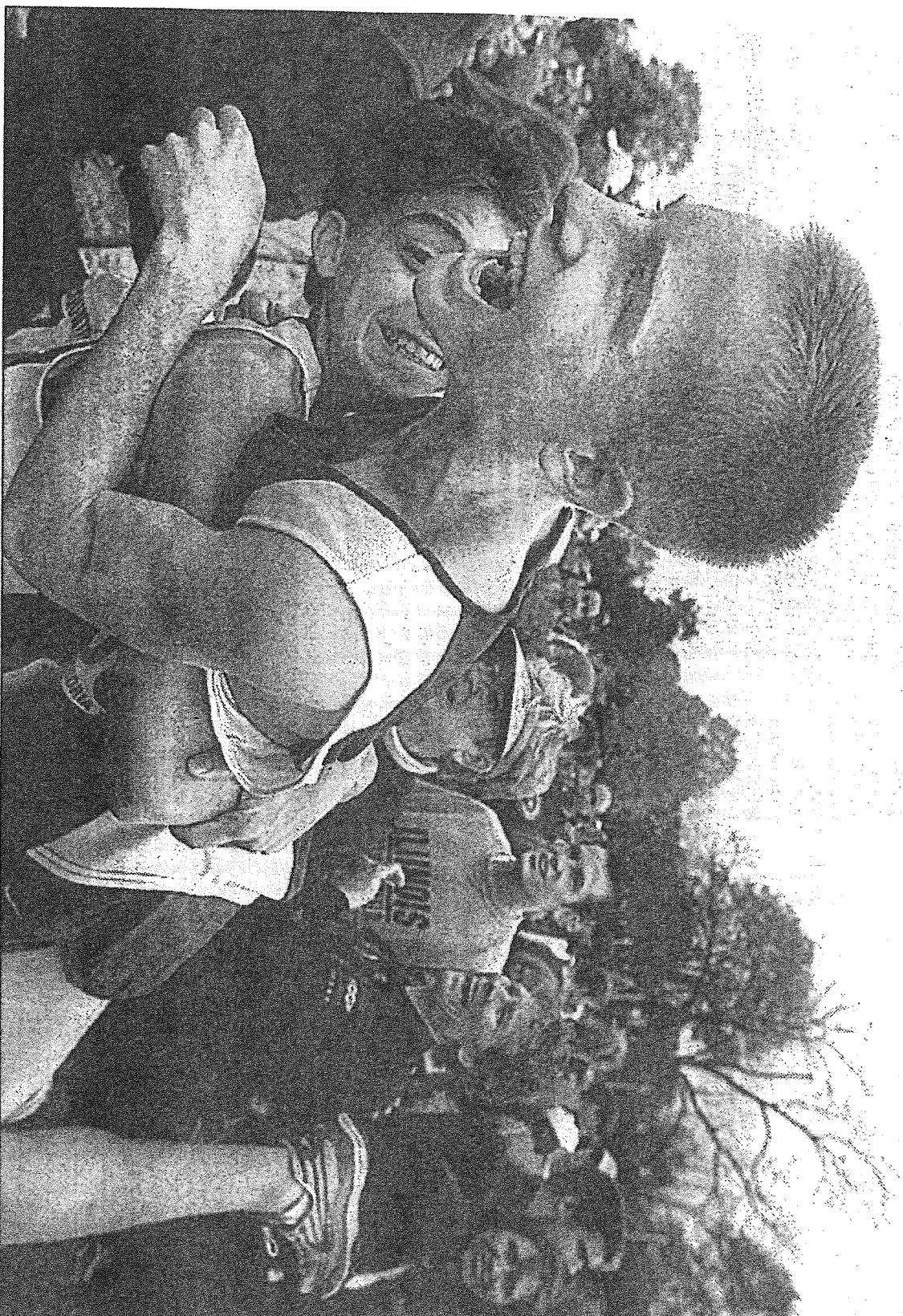
At the fifteen minute mark Simms' lead started to shrink, as Selby was closing fast, and was only twenty meters back. The crowd was starting to get excited as well on the final straight as the announcer was saying that Selby was closing fast and going for her second straight state championship. With 600 meters to go Simms and Selby were neck and neck, but you could tell that Simms was out of gas. Selby started to pull away. In the last 200 meters Selby dropped a vicious kick and strided in for a great win. The crowd gave her a great round of applause as she neared the shoot.

Simms ran tough and showed true guts, hanging on for second, while Wolf ran a great race as well getting third place. Edgar outkicked Brokaw for fourth place, with a huge kick in the last 100 meters. Faber, who was the race time favorite to upset Selby, finished sixth, and it was obvious as she came out of the shoot that she was disappointed.

In the team race, it was incredibly hard to tell who was making the most noise. So many individuals made it hard to pick out certain teams. Unlike the other races, there wasn't just one or two teams you needed to look for, there were about five. Winnebago, in the end, pulled it off with two all state runners and a great pack in their third and fourth spots. Stanford-Olympia ran great as well, and picked up the second place team title, with a slightly better score than Wheaton Academy. While Wheaton Academy was the team favorite, they just didn't have enough, even though their top girl Elisabeth Frusti ran great. They finished third.

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STATE CROSS COUNTRY



Eureka sophomores Sean Houseworth (top) and Jason Beer celebrate after their run Saturday morning in the Class A boys state cross country meet at Detweiler Park in Peoria. The de-

fending four-time champions placed second. Among those watching the celebration is Houseworth's brother, Jon (in Illinois sweatshirt), a member of last year's championship team.

MATT DAYHOFF/Journal Star

Instead of a 5th, a

Winnebago ends Eureka's title streak, but Hornets still excel

By JANE MILLER
of the Journal Star

PEORIA — If Eureka had to give up its dream of a fifth Class A boys state cross country championship, the Hornets were not going to do it without a fight.

Despite running its best race of the year Saturday at Detweiller Park, Eureka fell just short of its fifth title.

Winnebago took home the first-place trophy with 94 points to Eureka's 100.

"It was a situation where I knew we ran well and it looked like we got it," said Eureka coach Brett Charlton, who greeted his runners with bear hugs and shouts of "awesome race" as they finished.

"Coming in, we knew we wanted them to run the best possible races they could and they did that."

Winnebago runners finished



Kacey Carr

first, 17th, 22nd, 24th and 30th in team placement to Eureka's 9th, 11th, 21st, 23rd and 36th.

Normal U-High, which beat Eureka last weekend at the Paxton Sec-

tional, finished third.

Senior Kacey Carr of Downs Tri-Valley took the individual title. The Hornets' Sean Houseworth was the top area individual in 12th.

Carr moved to Downs from California in March after his father was transferred by Sears.

"I never made it to state in California," said Carr, "but I wasn't as good then as I am now. I ran 600 miles over the summer."

Carr beat Winnebago senior Mike Kelly 14:52 to 14:56. Metropolis Massac County sophomore Dane Zeiler was third.

Winnebago, which also won the girls title Saturday, won a boys state title in 1978 and girls titles in 1993, '94, '95, '99 and 2000.

"This is very, very exciting," said Winnebago coach Roger Fredrickson. "But it's no surprise it was as close as it was."

Charlton said Eureka's second-place finish in its sectional meet helped pave the way for Saturday's big finish.

"The best thing that could have happened was for U-High to beat us," he said. "They obviously came in a little more relaxed and that allowed us to step up."

And step up they did.

"In four years of coaching, we've had four state championships," said Charlton, "but to me, today was one of the most exciting moments I've had as a coach. The team we had today would have won every state championship that we've won the last four years — that's how sound Winnebago was."

"They beat us by 40-some points two months ago (in the

Please see **A BOYS**, Page D3

A BOYS

Woodruff Invitational) and I knew to beat them today we were going to have to have the race of our lives and we did that."

Houseworth, who earned all-state honors along with sophomore teammate Johnny Reel (14th overall), knew the Hornets had done something special.

"Everybody gave their best effort today," he said.

Reel came out for the team this fall after a successful track season.

"This was one of the hardest races I've ever had," said Reel, who said he felt tired during the race. "I couldn't let my team down. I just felt like I had to keep going."

Elmwood/Brimfield finished sixth in the team standings and

junior Andrew Northrup earned all-state honors with a 23rd-place finish.

Dunlap was 12th, led by senior Bernie Heine, and Olympia took 23rd.

A reception to honor the Hornets is scheduled for 6 p.m. today at the high school gym.

"You can't end the season any better," said Charlton. "Last week, losing the sectional, was a bad feeling. You go in there and

you basically get beat and get beat good and you don't want to end the season like that. This week, we came in and got beat but we had the best possible races we could run."

And, since many of the Hornets are sophomores, a new streak may begin as early as next year.

"We'll be back," said Charlton. "We've got two of the best teams still to come."

2nd

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ILLINOIS HIGH SCHOOL ASSOCIATION
BOYS A CROSS COUNTRY CHAMPIONSHIP
TEAM SCORES PEORIA, ILLINOIS NOVEMBER 9, 2002

1 Winnebago	1 17 22 24 30 (55)(98) = 94
2 Eureka	9 11 21 23 36 (60)(76) = 100
3 Normal (University)	3 12 29 39 42 (44)(155) = 125
4 Danville (Schlarman)	26 31 43 48 53 (107)(148) = 201
5 Benton	19 47 50 52 56 (109)(117) = 224
6 Elmwood	16 34 57 61 63 (115)(144) = 231
7 Kankakee (McNamara)	7 18 28 84 101 (133)(172) = 238
8 Wheaton (St. Francis)	15 25 38 74 95 (112)(114) = 247
9 Athens	8 10 65 80 92 (100)(113) = 255
10 Rock Island (Alleman)	14 35 37 66 116 (142)(146) = 268
11 Rochester	20 45 51 72 85 (110)(137) = 273
12 Dunlap	33 41 67 82 89 (103)(134) = 312
13 Lebanon	2 6 91 111 139 (143)(150) = 349
14 Lansing (Illiana Christian)	13 46 93 97 138 (161)(168) = 387
15 Sparta	58 73 75 83 99 (156)(171) = 388
16 Georgetown (G.-Ridge Farm)	40 62 86 88 130 (135)(175) = 406
17 Liberty	5 71 81 125 127 (170)(173) = 409
18 Rockford (R. Christian)	4 68 94 108 140 (151)(158) = 414
19 Robinson	32 69 77 121 128 (129)(154) = 427
20 Aurora (Central Catholic)	49 78 79 104 119 (141)(145) = 429
21 Sandwich	27 64 120 131 136 (149)(163) = 478
22 Chicago (Luther North)	54 90 96 157 162 (166)(167) = 559
23 Stanford (Olympia)	70 106 118 124 147 (152)(164) = 565
24 Breese (Mater Dei)	87 102 122 123 132 (159)(169) = 566
25 Westmont	59 105 126 153 160 (165)(174) = 603

ILLINOIS HIGH SCHOOL ASSOCIATION
BOYS A CROSS COUNTRY CHAMPIONSHIP
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PLACE	TmPI	NO.	NAME	CL	SCHOOL	TIME	PACE
1		445	Kacey Carr	Sr	Downs (Tri-Valley)	14:52	4:58
2	1	292	Mike Kelley	Sr	Winnebago	14:56	4:59
3		461	Dane Zeiler	So	Metropolis (Massac County)	15:02	5:01
4		467	Andy Tremble	Sr	Oregon	15:06	5:02
5	2	148	Justin Kunz	Sr	Lebanon	15:08	5:03
6	3	173	Chris George	Jr	Normal (University)	15:09	5:03
7	4	227	Brandon Mull	Jr	Rockford (R. Christian)	15:10	5:04
8	5	161	Eric Obert	Fr	Liberty	15:13	5:05
9	6	147	Jeremy Kunz	Sr	Lebanon	15:14	5:05
10	7	131	Jim Sultzberger	Sr	Kankakee (McNamara)	15:15	5:05
11	8	8	Mike Prince	Jr	Athens	15:17	5:06
12	9	100	Sean Houseworth	So	Eureka	15:18	5:06
13	10	9	Abe Ramirez	Sr	Athens	15:19	5:07
14	11	105	Johnny Reel	So	Eureka	15:21	5:07
15	12	175	Matt Martin	Sr	Normal (University)	15:22	5:08
16	13	137	Andrew Jellema	So	Lansing (Illiana Christian)	15:23	5:08
17	14	211	Kile Krol	Sr	Rock Island (Alleman)	15:24	5:08
18	15	285	Austin Power	Jr	Wheaton (St. Francis)	15:25	5:09
19		462	Brad Butler	Jr	Monticello	15:26	5:09
20		466	Jim Kestler	Sr	Niles (Northridge Prep)	15:27	5:09
21		474	Michael Uskali	Sr	Tolono (Unity)	15:28	5:10
22		460	Chad Zeman	Jr	Marengo	15:30	5:10
23	16	92	Andrew Northrup	Jr	Elmwood	15:31	5:11
24	17	291	Brian Kelley	Sr	Winnebago	15:31	5:11
25		443	Dave Guarino	Jr	Burlington (Central)	15:32	5:11
26	18	125	Matt Larson	Sr	Kankakee (McNamara)	15:36	5:12
27	19	30	Trevor Saunders	Sr	Benton	15:41	5:14
28		471	Matt Repking	Jr	Teutopolis	15:43	5:15
29		441	Justin Stevens	Sr	Auburn	15:44	5:15
30		472	Josh Schumacher	So	Teutopolis	15:45	5:15
31	20	196	Ryan Canny	Sr	Rochester	15:46	5:16
32		444	Robert Miner	Sr	Chicago (The Latin School)	15:46	5:16
33		456	Ryan Riggins	Jr	Macomb	15:46	5:16
34	21	102	Kevin Martin	So	Eureka	15:48	5:16
35	22	300	Jeremy Stevens	Fr	Winnebago	15:48	5:16
36	23	99	Alex Gerber	So	Eureka	15:51	5:17
37		464	Curtis Flake	Sr	Neoga	15:54	5:18
38		463	Eric Deters	So	Neoga	15:55	5:19
39	24	294	Kraig Laurence	Sr	Winnebago	15:56	5:19
40		473	Kyle Cash	So	Toledo (Cumberland)	15:57	5:19
41	25	281	Dave Jaeger	So	Wheaton (St. Francis)	15:58	5:20
42		446	Kent Worries	Jr	Edwardsville (Metro-East Luth	15:59	5:20
43		468	Jonathon Martin	Sr	Rock Falls	15:59	5:20
44	26	62	Aaron Golden	Fr	Danville (Schlarman)	16:00	5:20
45	27	234	Travis Shephard	Jr	Sandwich	16:02	5:21
46	28	121	Nate Bell	Jr	Kankakee (McNamara)	16:04	5:22
47	29	171	Jarell Chavers	Jr	Normal (University)	16:04	5:22
48	30	295	Tim Melin	Jr	Winnebago	16:05	5:22
49		469	Chad Bell	Jr	Sherrard	16:06	5:22
50	31	61	Anthony Atchison	Jr	Danville (Schlarman)	16:06	5:22
51		448	Ben West	Sr	Franklin	16:07	5:23
52	32	189	Robert Trimble	Jr	Robinson	16:07	5:23
53	33	78	Bernie Heine	Sr	Dunlap	16:09	5:23

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ILLINOIS HIGH SCHOOL ASSOCIATION
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PLACE	TmPI	NO.	NAME	CL	SCHOOL	TIME	PACE
54	34	86	Drew Cisel	Jr	Elmwood	16:10	5:24
55	35	208	Nathaniel Hird	So	Rock Island (Alleman)	16:11	5:24
56		458	Darrin Van Nattan	Sr	Manito (Midwest Central)	16:11	5:24
57	36	106	David Schertz	Sr	Eureka	16:12	5:24
58	37	215	Shane Shemek	So	Rock Island (Alleman)	16:12	5:24
59	38	288	Bill Travis	So	Wheaton (St. Francis)	16:12	5:24
60	39	178	Nick Shaver	Jr	Normal (University)	16:13	5:25
61		470	Matt Thompson	Jr	Sullivan	16:13	5:25
62	40	111	Seth Pearson	Jr	Georgetown (G.-Ridge Farm)	16:13	5:25
63		447	Sam DuBose	Fr	Elgin (Fox Valley Lutheran)	16:14	5:25
64	41	84	Kyle Smith	Sr	Dunlap	16:14	5:25
65	42	176	Ben Reeser	So	Normal (University)	16:14	5:25
66	43	66	Jeff Miller	So	Danville (Schlarman)	16:15	5:25
67	44	177	Collin Reeser	So	Normal (University)	16:16	5:26
68	45	198	Jared Cullen	Jr	Rochester	16:18	5:26
69	46	143	Joel Zandstra	Jr	Lansing (Illiana Christian)	16:18	5:26
70	47	33	Ryan Taylor	So	Benton	16:18	5:26
71	48	65	Matt Lindsey	So	Danville (Schlarman)	16:19	5:27
72		451	Jordan Lambert	Sr	Harrisburg	16:19	5:27
73	49	13	Nick Aloisio	Jr	Aurora (Central Catholic)	16:21	5:27
74	50	26	Anthony Eubanks	Sr	Benton	16:22	5:28
75		442	Brad Graham	Sr	Braidwood (Reed-Custer)	16:22	5:28
76		457	James Taylor	Jr	Manito (Midwest Central)	16:22	5:28
77	51	197	Patrick Capps	So	Rochester	16:23	5:28
78	52	32	Bart Smith	Jr	Benton	16:23	5:28
79	53	63	Scott Krapf	Fr	Danville (Schlarman)	16:24	5:28
80	54	56	Josh Muench	Jr	Chicago (Luther North)	16:24	5:28
81	55	298	Ryan Richardson	Sr	Winnebago	16:25	5:29
82	56	35	Aaron Walton	Jr	Benton	16:25	5:29
83	57	89	Donovan Hill	Sr	Elmwood	16:26	5:29
84	58	250	Eric North	Jr	Sparta	16:26	5:29
85		452	Kirk Atwater	So	Havana	16:27	5:29
86		449	Randall Stateler	Sr	Freeburg	16:27	5:29
87	59	266	Jeff Dvorak	Sr	Westmont	16:28	5:30
88	60	97	Jason Beer	So	Eureka	16:28	5:30
89		450	Brandon Hii	Jr	Gardner (G.-South Wilmington)	16:29	5:30
90	61	90	Eddie Klumb	Sr	Elmwood	16:29	5:30
91	62	112	Tom Rhoden	Sr	Georgetown (G.-Ridge Farm)	16:29	5:30
92	63	91	Joe Klumb	So	Elmwood	16:30	5:30
93	64	230	Randy Klinger	Jr	Sandwich	16:30	5:30
94	65	5	Dan Dick	Sr	Athens	16:30	5:30
95	66	210	Alex Kelly	So	Rock Island (Alleman)	16:31	5:31
96		455	Andy Thomack	Sr	Litchfield	16:31	5:31
97	67	74	Brock Buttrick	So	Dunlap	16:32	5:31
98	68	220	Gusser Carter	Jr	Rockford (R. Christian)	16:34	5:32
99	69	192	Lyndell Wright	Sr	Robinson	16:35	5:32
100	70	262	John Neisler	Fr	Stanford (Olympia)	16:36	5:32
101	71	163	Mark Obert	Sr	Liberty	16:37	5:33
102	72	203	Ryan Nowakowski	Jr	Rochester	16:40	5:34
103	73	244	Jeff Baird	Fr	Sparta	16:40	5:34
104	74	279	Colin Diamond	So	Wheaton (St. Francis)	16:41	5:34
105		475	Andrew Finch	Sr	West Chicago (Wheaton Academy)	16:41	5:34
106	75	252	Travis Stephens	Sr	Sparta	16:42	5:34

ILLINOIS HIGH SCHOOL ASSOCIATION
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PLACE	TmPI	NO.	NAME	CL	SCHOOL	TIME	PACE
=====	=====	=====	=====	=====	=====	=====	=====
107	76	103	Clayton Monfre	Sr	Eureka	16:42	5:34
108	77	187	Steven Otey	So	Robinson	16:42	5:34
109		459	Gene Kostman	Jr	Manlius (Bureau Valley)	16:43	5:35
110	78	16	Saul Bustamante	Sr	Aurora (Central Catholic)	16:43	5:35
111	79	14	Matt Anaya	Jr	Aurora (Central Catholic)	16:43	5:35
112		465	Luke Zwilling	Sr	Newton	16:44	5:35
113		453	Brennan O'Connor	So	Herscher	16:44	5:35
114	80	7	Philip Draughan	Jr	Athens	16:45	5:35
115	81	160	Brian Johnson	Jr	Liberty	16:45	5:35
116		454	Greg Peebles	Sr	Lisle (Sr.)	16:46	5:36
117	82	81	Joe Meginnes	Sr	Dunlap	16:46	5:36
118	83	245	Matt Blair	Sr	Sparta	16:46	5:36
119	84	122	Scott Chandler	Sr	Kankakee (McNamara)	16:47	5:36
120	85	204	Jason Petit	Sr	Rochester	16:47	5:36
121	86	113	John Rogers	Sr	Georgetown (G.-Ridge Farm)	16:49	5:37
122	87	41	Devin Heckenkemper	So	Breese (Mater Dei)	16:49	5:37
123	88	114	Jeff Taylor	Jr	Georgetown (G.-Ridge Farm)	16:50	5:37
124	89	80	Seth Leitner	Jr	Dunlap	16:50	5:37
125	90	49	Jeff Franklin	Jr	Chicago (Luther North)	16:51	5:37
126	91	153	Brandon Stoddard	Sr	Lebanon	16:52	5:38
127	92	10	Max Schmidt	Sr	Athens	16:52	5:38
128	93	142	Ryan Swanson	Sr	Lansing (Illiana Christian)	16:53	5:38
129	94	222	John Deery	Jr	Rockford (R. Christian)	16:53	5:38
130	95	277	Mike Brown	So	Wheaton (St. Francis)	16:55	5:39
131	96	50	Craig Gehrke	So	Chicago (Luther North)	16:55	5:39
132	97	133	Dan De Young	Jr	Lansing (Illiana Christian)	16:56	5:39
133	98	297	Alan Pollard	Sr	Winnebago	16:56	5:39
134	99	243	Greg Baird	Jr	Sparta	16:57	5:39
135	100	6	Andrew Draughan	Sr	Athens	16:57	5:39
136	101	129	Roland Rodriguez	Sr	Kankakee (McNamara)	16:57	5:39
137	102	48	Luke Winkeler	Sr	Breese (Mater Dei)	16:58	5:40
138	103	79	Nathan Holzinger	Jr	Dunlap	17:00	5:40
139	104	17	Amador Contreras	Sr	Aurora (Central Catholic)	17:00	5:40
140	105	269	Rick Kmak	Jr	Westmont	17:00	5:40
141	106	261	Vince McClain	Sr	Stanford (Olympia)	17:02	5:41
142	107	69	Jacob Trimble	Fr	Danville (Schlarman)	17:02	5:41
143	108	225	Mark Konkol	Sr	Rockford (R. Christian)	17:03	5:41
144	109	36	Brice Wilson	Jr	Benton	17:03	5:41
145	110	195	Nick Blough	So	Rochester	17:04	5:42
146	111	151	Joe Missey	Sr	Lebanon	17:04	5:42
147	112	278	Jason Coons	Sr	Wheaton (St. Francis)	17:05	5:42
148	113	3	Tyler Casson	Sr	Athens	17:05	5:42
149	114	282	Bob Marek	Sr	Wheaton (St. Francis)	17:06	5:42
150	115	93	Kenneth Schultz	Sr	Elmwood	17:08	5:43
151	116	206	Marcel DeBlieck	Jr	Rock Island (Alleman)	17:08	5:43
152	117	27	Daniel Fairchild	Fr	Benton	17:09	5:43
153	118	255	Caleb Dietrich	Jr	Stanford (Olympia)	17:11	5:44
154	119	20	Danny Hernandez	Sr	Aurora (Central Catholic)	17:14	5:45
155	120	236	Steven Siftt	So	Sandwich	17:15	5:45
156	121	186	Miles McCracken	Fr	Robinson	17:15	5:45
157	122	47	Keith Varel	Jr	Breese (Mater Dei)	17:16	5:45
158	123	44	Mark McNamara	Sr	Breese (Mater Dei)	17:17	5:46
159	124	263	Jason Springer	Fr	Stanford (Olympia)	17:18	5:46

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ILLINOIS HIGH SCHOOL ASSOCIATION
BOYS A CROSS COUNTRY CHAMPIONSHIP
PEORIA, ILLINOIS NOVEMBER 9, 2002

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PLACE	TmPl	NO.	NAME	CL	SCHOOL	TIME	PACE
=====	=====	=====	=====	==	=====	=====	=====
160	125	164	Jared Schmidt	So	Liberty	17:18	5:46
161	126	274	Phil Siwinski	So	Westmont	17:19	5:47
162	127	158	Jason Clow	Sr	Liberty	17:19	5:47
163	128	185	Devon Llewellyn	Sr	Robinson	17:20	5:47
164	129	191	Jason Woodard	Sr	Robinson	17:21	5:47
165	130	110	Alex Mills	Jr	Georgetown (G.-Ridge Farm)	17:22	5:48
166	131	235	Justin Shopinski	So	Sandwich	17:24	5:48
167	132	42	Joel Koentz	Jr	Breese (Mater Dei)	17:24	5:48
168	133	123	Stan Czajkowski	Sr	Kankakee (McNamara)	17:25	5:49
169	134	82	Matt Moehn	Jr	Dunlap	17:25	5:49
170	135	109	wes hornback	So	Georgetown (G.-Ridge Farm)	17:26	5:49
171	136	231	James Merkel	Fr	Sandwich	17:28	5:50
172	137	199	Jonathan Damery	Fr	Rochester	17:30	5:50
173	138	144	Rob Zandstra	Sr	Lansing (Illiana Christian)	17:31	5:51
174	139	154	Robert White	Jr	Lebanon	17:32	5:51
175	140	224	Jordan Groh	So	Rockford (R. Christian)	17:33	5:51
176	141	18	Mike Estrada	So	Aurora (Central Catholic)	17:34	5:52
177	142	212	Andrew Layer	Jr	Rock Island (Alleman)	17:35	5:52
178	143	156	Dustin Witty	Sr	Lebanon	17:36	5:52
179	144	87	Andrew Cote	Jr	Elmwood	17:36	5:52
180	145	21	Ryan Horner	Sr	Aurora (Central Catholic)	17:37	5:53
181	146	214	Zach Schrader	Sr	Rock Island (Alleman)	17:40	5:54
182	147	259	Cody Lingle	Sr	Stanford (Olympia)	17:42	5:54
183	148	64	Joe Larson	Sr	Danville (Schlarman)	17:44	5:55
184	149	237	Brent Skorup	Jr	Sandwich	17:44	5:55
185	150	149	Justin Lamar	Fr	Lebanon	17:45	5:55
186	151	228	Ned Wright	Jr	Rockford (R. Christian)	17:47	5:56
187	152	256	Robert Dudgeon	Sr	Stanford (Olympia)	17:51	5:57
188	153	272	Frank Nese	Fr	Westmont	17:52	5:58
189	154	183	Daniel Dix	Sr	Robinson	17:54	5:58
190	155	169	Brett Barbour	Sr	Normal (University)	17:56	5:59
191	156	248	Noah Finley	Jr	Sparta	18:01	6:00
192	157	53	David Heppner	Sr	Chicago (Luther North)	18:03	6:01
193	158	219	Jared Carlson	Fr	Rockford (R. Christian)	18:04	6:02
194	159	37	Jared Brinker	So	Breese (Mater Dei)	18:08	6:03
195	160	270	Jesse Lin	Jr	Westmont	18:10	6:04
196	161	138	Anthony Kmetz	So	Lansing (Illiana Christian)	18:11	6:04
197	162	52	Billy Grunde	Jr	Chicago (Luther North)	18:13	6:05
198	163	238	Jarrett Skorup	So	Sandwich	18:15	6:05
199	164	253	Andy Behrens	Jr	Stanford (Olympia)	18:19	6:07
200	165	275	Pat Widrlechner	Sr	Westmont	18:21	6:07
201	166	57	Dale Palermo	Jr	Chicago (Luther North)	18:24	6:08
202	167	54	Rich Huy	Jr	Chicago (Luther North)	18:29	6:10
203	168	139	Keith Koopmans	Sr	Lansing (Illiana Christian)	18:30	6:10
204	169	43	Zack Lammers	Jr	Breese (Mater Dei)	18:54	6:18
205	170	157	Justin Carl	Fr	Liberty	19:00	6:20
206	171	246	Nathan Claycomb	Fr	Sparta	19:13	6:25
207	172	127	James Mahoney	Sr	Kankakee (McNamara)	19:30	6:30
208	173	162	Justin Obert	Fr	Liberty	19:44	6:35
209	174	273	Dan Scanlan	Jr	Westmont	20:12	6:44
210	175	116	Kevin Wright	Jr	Georgetown (G.-Ridge Farm)	20:54	6:58

BOYS CLASS A STATE REVIEW

Going into the state meet for Class A Boys there were a bunch of favorites for the individual title, but only two for the team title. Individually Kacey Carr (Tri-Valley), Andy Tremble (Oregon), Mike Kelley (Winnebago), Dane Zeiler (Massac County), and Abe Ramirez (Athens) all were considered favorites for the individual crown. Winnebago and Eureka were the co-favorites to win the team title, although Normal U-High had been running very well the last few weeks, including a win over Eureka at sectionals. This race was set up to be fast and exciting, and the Class A boys did not disappoint.

Right from the gun, Chris George and Matt Martin (both of Normal U-High) grabbed the lead and showed that if people were going to beat them they would have to go out fast as well. Going into the first turn, George, Martin, Carr, Mike Prince (Athens) and Ramirez were all up in the top pack fighting for position. It looked like it would be a great race from that point, with such a large pack up front. Eureka got out fast and for the first mile they had a huge lead over every other team in how the teams looked.

Going into the first mile, the top pack of about 12 guys hit the mile in 4:45. Ramirez led everyone, while Tremble, Carr, Zeiler, and the Normal U-High boys all followed right on his shoulder. Eureka had the easy team advantage at this point, while most of the Winnebago guys ran the first mile easy, passing in 5:10 for their main pack of guys. Normal U-High looked strong at this point as well with three guys in the top 15.

Going into the back loop there were still 15 guys all fighting it out for the top spot, but when they came out the whole story had changed. Carr came out with a solid lead of about 30 meters and only kept gapping the field. He came out of the back loop around 7:45. Carr looked like he was running smooth, as he put 60 meters on the chase pack by 3000 meters. Carr hit 9:50 at the two mile mark with an enormous lead.

A group of about ten chased Carr, that included: Mike Kelley, Martin, George, Tremble, Zeiler, Ramirez, and Prince, along with a few more great runners. Carr kept running strong, as he led by 15 meters at 2.25 miles. A surprise runner up with the top guys at this mark was Eric Obert of Liberty. Obert is only a frosh, and has proved himself to possibly be the best young gun in the state this year on the frosh level.

With a half mile to go Carr was at 12:12 and running with no pressure on him from behind. Carr finished strong and ran a great race, obviously the class of Class A on the day. Tremble and Zieler both looked very strong as they entered the shoot, as did Mike Kelley, who really proved himself getting a great second place. Eric Obert ran strong finishing 8th.

The team race was probably the most exciting. Winnebago and Eureka went back and fourth. Winnebago had the first finisher, while Eureka had the next two. It went back and fourth like that until Winnebago's fifth guy finished strong to close their team scoring. Winnebago pulled off the team win to end Eureka's four year winning streak at the state meet. Great job by all!

Off-Season Miles
Bring
In-Season Smiles

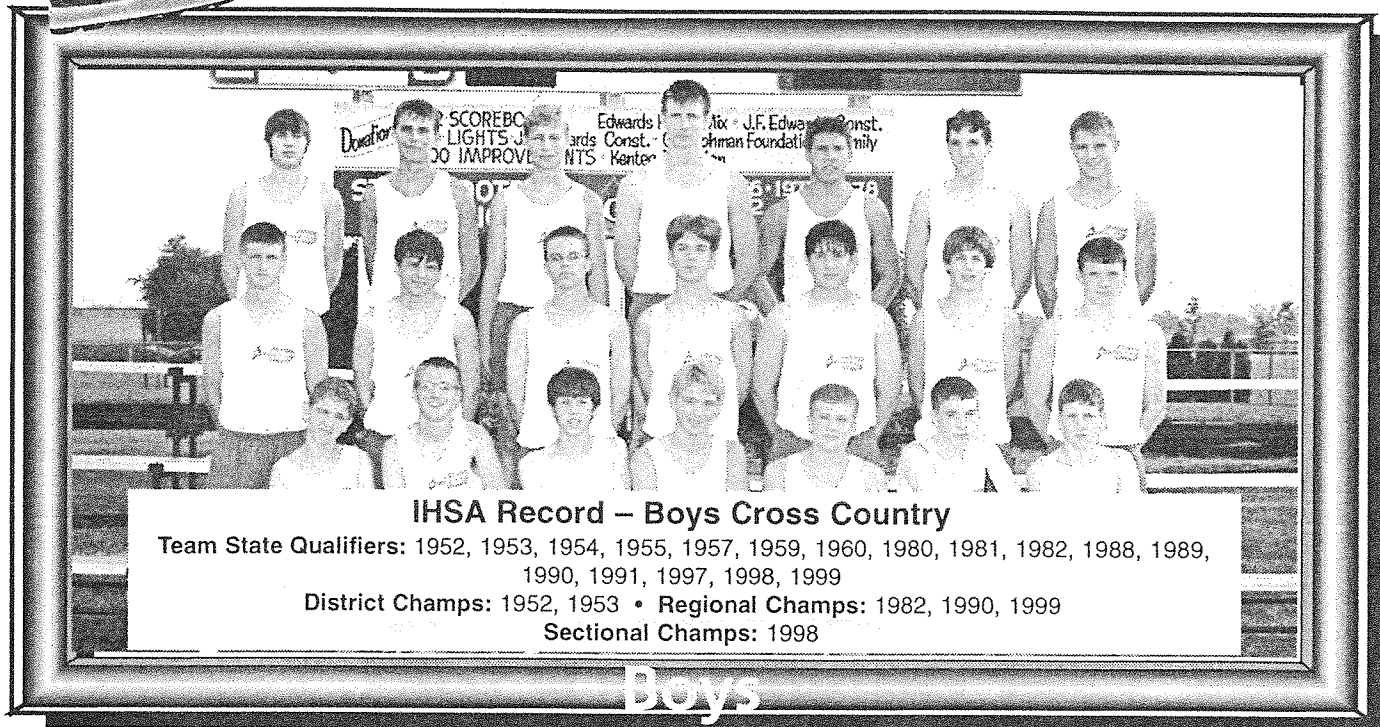
500 Miles

400 Miles

300 Miles

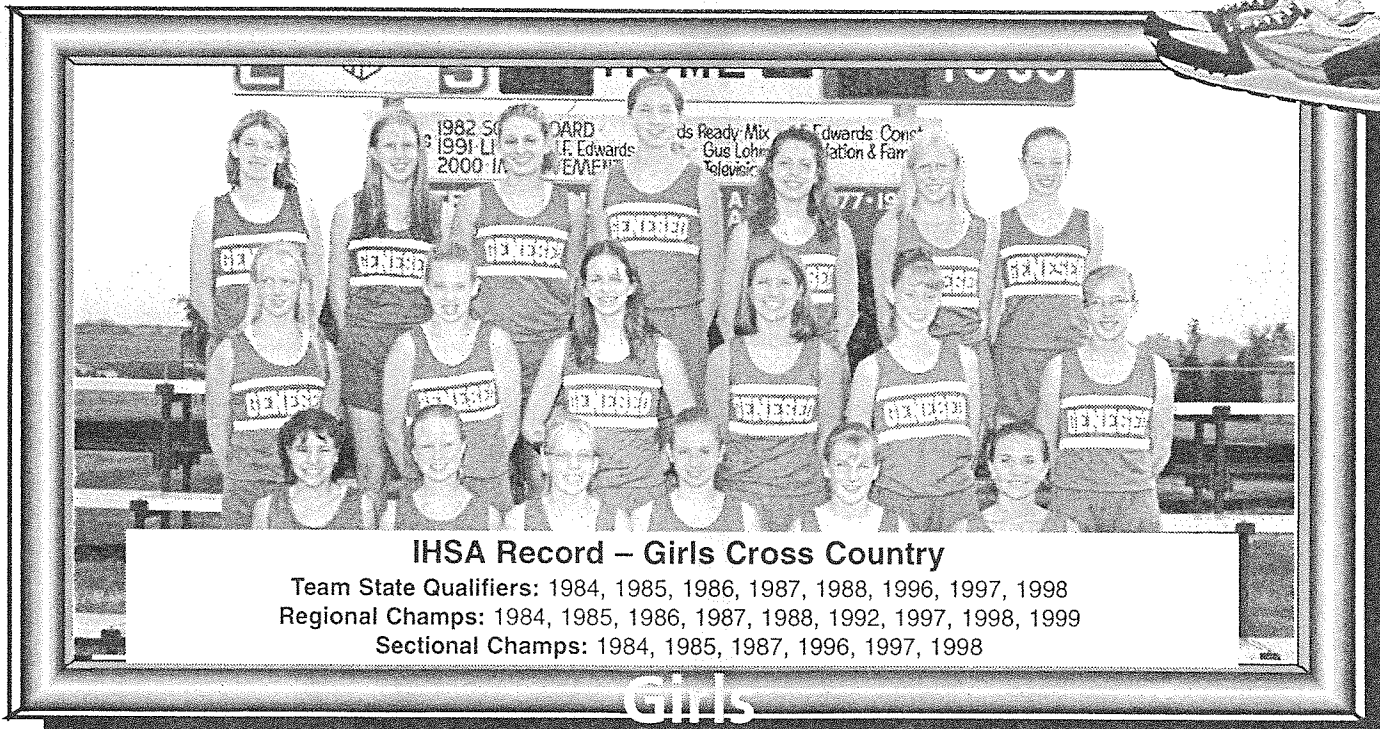
*“The will to win
means nothing
without the will to
prepare”*

Cross Country



Boys

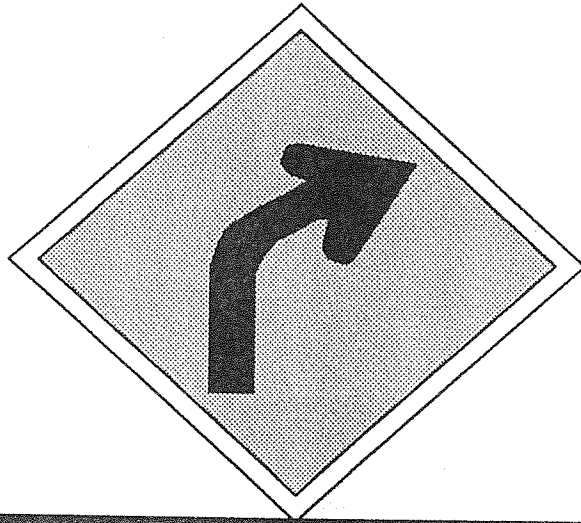
Front row, left to right: Scott Mattan, Jordan Wildermuth, Nathan Schlindwein, Brad Mattan, Jon Weiser, T. J. Lyttles, Jeff Williams; **second row:** Doug Adams, Ben Arnett, Tim Holevoet, David Cross, Tim Allison, Justin Ogilvie, Steve Loftus; **back row:** Kyle Fluck, Justin Trujillo, Joe Rudy, Justin Nowland, Andrew Fehlman, Bill Barton, Christian Rowlands.



Girls

Front row, left to right: Abbey Schlindwein, Ashley Colo, Rachel Wyffels, Holly Hanson, Erin Browne, Allie Minnaert; **second row:** Amanda Hoste, Kayla McVetty, Paige Cybulski, Megan Matyasse, Amanda Pearson, Becky Johnson; **back row:** Valerie Arkell, Allison Curran, Stefany Reese, Erica Brenny, Robin Werling, Kelle Curran, Katie Croegaert.

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Detweiller Park
500 Miles