

Cold day to run

Harriers shiver at Sterling invitational

Jenny Lake of Geneseo finished fourth in the varsity girls cross country race at the Sterling Invitational on Saturday, October 7.

Running in Hoover Park on a cold day (43 degrees) with moderate wind, Geneseo varsity girls placed eighth out of 29 teams.

Lake's time was 14:54. Running with her were Emily Alden, 48th, 16:04; Nicki Sellon, 66th, 16:41; Jann Johnson, 76th, 16:43; Krista Wiedenhoeft, 93rd, 17:10; Emily Rowlands, 115th, 17:31 and Karin Skelton, 116th, 17:37.

The top five finished within 2:16, while all seven had a spread of 2:43.

Geneseo placed fifth out of 29 teams in the junior varsity race.

Lady Leafs were Jessica Lay, 14th, 17:06; Kim Ziegler, 44th, 18:04; Emily Cosgrave, 76th, 18:37; Kari Reagin, 80th, 18:43; Nita Prasad, 142nd, 19:43; Anna Ingebrand, 158th, 20:04 and Sarah Bates, 161st, 20:07.

In the frosh-soph race, Geneseo placed 11th out of 29 teams.

Lady Leafs were Ashley Colo, 12th, 16:31; Kelle Curran, 25th, 17:02; Samantha Daily, 81st,

19:38; Kristin Reagin, 99th, 20:32 and Amber Cashman, 103rd, 21:08.

The varsity boys placed 17th out of 29 teams.

Josh Franks was the top Geneseo runner. He placed 34th with a time of 16:31.

Also scoring were Mike Sunstrom, 59th, 17:01; Jared Betcher, 111th, 18:07; Jeremy Heaton, 116th, 18:15 and Brandon Sandoval, 126th, 18:34.

Rounding out the team were Mike Stone, 147th, 19:42 and Phillip Mason, 154th, 20:37.

The spread for the top five was 2:03 and for all seven, 4:03.

Geneseo finished 13th in the 29-team field for the junior varsity race.

Noel Powers finished 54th at 19:23; Mark Gleason, 91st, 20:16; Josh Watson, 96th, 20:26; Brad Pahlmgren, 99th, 20:32; Will Thompson, 144th, 21:49; Joe Derwin, 146th, 21:52; Adam Kuban, 155th, 22:06; Tim Allison, 178th, 23:27 and Justin Hight, 184th, 24:06.

Geneseo placed eighth out of 29 teams in the frosh-soph race.

Finishers were Justin Trujillo, 12th, 14:03; Kyle Fluck, 24th, 14:22; Christian Rowlands, 47th, 14:54; Andrew Fehlman, 66th, 15:15; Steve Loftus, 81st, 15:38; Brad Matten, 103rd, 16:17 and Cody Haars, 106th, 16:30.

Geneseo Cross-Country Results

Meet: Sterling Invitational

Site: Hoover Park

Date: 10/07/00

Conditions: 43... cold..mild wind

Racing Distance: 2.50 miles (4,000 meters)

Girls' Races

	Name	Place	Race	Time	Splits
1.	Jenny Lake	4.	Var. Girls	14:54	(5:56)
2.	Emily Alden	48.	Var. Girls	16:04	(6:19)
3.	Ashley Colo	12.	F.S. Girls	16:31	(6:29)
4.	Nicki Sellon	66.	Var. Girls	16:41	(6:30)
5.	Jann Johnson	76.	Var. Girls	16:43	(6:30)
6.	Kelle Curran	25.	F.S. Girls	17:02	(6:52)
7.	Jessica Lay	14.	J.V. Girls	17:06	(6:43)
8.	Krista Wiedenhoef	93.	Var. Girls	17:10	(6:43)
9.	Emily Rowlands	115.	Var. Girls	17:31	(6:43)
10.	Karin Skelton	116.	Var. Girls	17:37	(6:43)
11.	Kim Zigler	44.	J.V. Girls	18:04	(7:06)
12.	Emily Cosgrave	76.	J.V. Girls	18:37	(7:06)
13.	Kari Reagin	80.	J.V. Girls	18:43	(7:29)
14.	Samantha Daily	81.	F.S. Girls	19:38	(7:38)
15.	Nita Prasad	142.	J.V. Girls	19:43	(7:35)
16.	Anna Ingebrand	158.	J.V. Girls	20:04	(8:17)
17.	Sarah Bates	161.	J.V. Girls	20:07	(8:17)
18.	Kristen Reagin	99.	F.S. Girls	20:32	(8:03)
19.	Amber Cashman	103.	F.S. Girls	21:08	(8:05)

DNC: Erika Klavon, Irene Knapp, Jenny Mosher, Amanda Pearson

Leader's Splits

Varsity Girls' Race: 5:53

J.V. Girls' Race: 6:19

F.S. Girls' Race: 6:19

Geneseo's Spread

1 through 1:49

1 through 7 2:12

1 through 10 2:33

Team Placings

Varsity Girls: 8th place (out of 29 teams)

Freshman/Sophomore Girls: 11th place (out of 29 teams)

J.V. Girls: 5th place (out of 29 teams)

Solid Efforts Ladies

Great efforts on a cold day.

You've come a long way Ladies. You are ready to make a run at both the Varsity and J.V. NCIC TITLES. Remember, we have no weak links.

Get Ready For Saturday....keep eating the proper nutrients....getting adequate sleep....and watch yourselves fly!

NO EXCUSES, NO RETREATS, NO REGRETS

TOGETHER WE CAN

VS Girls

Winning Time: 14:45

Team Results:

Page 1

Place	Team	Score	Finish Order
-----	-----	-----	-----
1.	Iowa City	44	(2- 6- 9- 12- 15- 20- 35-)
2.	Schaumburg	57	(1- 3- 8- 21- 24- 25- 33-)
3.	Lyons Township High School	71	(7- 13- 16- 17- 18- 36- 45-)
4.	Lincoln-Way	96	(10- 11- 19- 27- 29- 53- 60-)
5.	Conant	155	(14- 23- 34- 41- 43- 58- 77-)
6.	Loyola Academy	242	(32- 40- 52- 56- 62- 70- 71-)
7.	Oswego	269	(22- 26- 39- 78-104-120-121-)
8.	Geneseo	279	(4- 46- 64- 74- 91-113-114-)
9.	Sterling	318	(47- 51- 59- 72- 89-103-112-)
10.	Freeport	336	(5- 49- 55- 96-131-132-136-)
11.	St. Ignatius College Prep	384	(65- 66- 81- 82- 90- 0- 0-)
12.	PV	387	(44- 50- 95- 97-101-105-115-)
13.	Fenwick	388	(54- 67- 68- 99-100-118-137-)
14.	Guilford Rockford	426	(76- 79- 85- 92- 94-140- 0-)
15.	Rochelle	435	(48- 57- 75- 93-162-163- 0-)
16.	Dixon	460	(31- 88-106-108-127-146-154-)
17.	Sycamore	471	(73- 84- 87-102-125-134-145-)
18.	Belvidere	480	(30- 38-122-138-152- 0- 0-)
19.	Rock Island	513	(37- 63-117-143-153- 0- 0-)
20.	Rock Island Alleman	540	(69-107-116-119-129-144-149-)
21.	U.T.H.S	550	(28- 61-142-155-164- 0- 0-)
22.	Kaneland	553	(80-109-110-124-130-139-150-)
23.	Zion-Benton	571	(86- 98-126-128-133-157- 0-)
24.	Boylan	620	(42-123-141-156-158-160-161-)
25.	Mononegah	624	(83-111-135-147-148-151-159-)

VS Girls

Winning Time: 14:45

Individual Results:

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Place	Runner	Team	Time	School
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1.	Donlon	1	14:45	Schaumburg
2.	Nelle Trefz	2	14:47	Iowa City
3.	L. Chlopek	3	14:50	Schaumburg
4.	Jenny Lake	4	14:54	Geneseo
5.	Ashley Merry	5	14:58	Freeport
6.	Karen Johnson	6	15:08	Iowa City
7.	Tristan Rackow	7	15:10	Lyons Township High School
8.	A. Chlopek	8	15:13	Schaumburg
9.	Michelle Lake	9	15:16	Iowa City
10.	Kali Lafferty	10	15:16	Lincoln-Way
11.	Andrea Petty	11	15:17	Lincoln-Way
12.	Caroline Brigham	12	15:18	Iowa City
13.	Maggie Shea	13	15:18	Lyons Township High School
14.	Nicole Ventura	14	15:19	Conant
15.	Betsy Ellsmore	15	15:20	Iowa City
16.	Ilsa Danielson	16	15:21	Lyons Township High School
17.	Maggie Mathieson	17	15:22	Lyons Township High School
18.	Erin Steiner	18	15:23	Lyons Township High School
19.	Katie Krzak	19	15:23	Lincoln-Way
20.	Gianna Maurer	20	15:25	Iowa City
21.	Bearson	21	15:25	Schaumburg
22.	Sam Hibben	22	15:27	Oswego
23.	Melissa Bosslet	23	15:27	Conant
24.	Gallagher	24	15:28	Schaumburg
25.	Mueller	25	15:29	Schaumburg
26.	Casie Simpson	26	15:30	Oswego
27.	Katy Jones	27	15:31	Lincoln-Way
28.	Beth Brorby	28	15:32	U.T.H.S
29.	Lauren Johnston	29	15:35	Lincoln-Way
30.	Brittani Christensen	30	15:37	Belvidere
31.	Jessica Schauff	31	15:39	Dixon
32.	Kelly Ann Smith	32	15:41	Loyola Academy
33.	Zdunek	33	15:41	Schaumburg
34.	Christina Decker	34	15:42	Conant
35.	Brook Brenner	----	15:44	Stockton
36.	Jessie Krueger	35	15:49	Iowa City
37.	Krissy Peters	36	15:50	Lyons Township High School
38.	Erin Copen	37	15:51	Rock Island
39.	Sarah Lotter	38	15:55	Belvidere
40.	Ashly Dahn	39	15:56	Oswego
41.	Trisha Lengfelder	----	15:58	Princeton
42.	Claire Scavuzzo	40	15:59	Loyola Academy
43.	Elizabeth Atchison	41	16:00	Conant
44.	Ellie Pnzarrone	42	16:02	Boylan
45.	Rebecca Diehl	43	16:02	Conant
46.	Nicole Brunsvold	44	16:02	PV
47.	Katie Elwood	45	16:03	Lyons Township High School
48.	Emily Alden	46	16:04	Geneseo
49.	Rachel Vonholten	47	16:06	Sterling
50.	Sarah Bailey	48	16:09	Rochelle
51.	Kim Monigold	49	16:10	Freeport

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VS Girls

Winning Time: 14:45

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Individual Results:

Place	Runner	Team	Time	School
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52.	Jackie Kubik	50	16:10	PV
53.	Jill Norman	51	16:14	Sterling
54.	Mary McGratn	52	16:18	Loyola Academy
55.	Nicole Fritz	53	16:21	Lincoln-Way
56.	Molly Hanrahan	54	16:22	Fenwick
57.	Amanda Eberle	55	16:24	Freeport
58.	Katy Kenney	56	16:26	Loyola Academy
59.	Sara White	57	16:27	Rochelle
60.	Christina Dawson	58	16:29	Conant
61.	Christina Estrada	59	16:30	Sterling
62.	Fatty McGrane	60	16:30	Lincoln-Way
63.	Christine Cooney	61	16:34	U.T.H.S
64.	Katie Seeberg	62	16:36	Loyola Academy
65.	Emily Marquis	63	16:38	Rock Island
66.	Nicki Sellon	64	16:41	Geneseo
67.	Meg Sullivan	65	16:41	St. Ignatius College Prep
68.	Kathleen Noone	66	16:43	St. Ignatius College Prep
69.	Katie Reynolds	67	16:44	Fenwick
70.	Jennifer Krauss	68	16:44	Fenwick
71.	Jaimee Layer	69	16:44	Rock Island Alleman
72.	Sam Lofgren	70	16:45	Loyola Academy
73.	Maria McNulty	71	16:45	Loyola Academy
74.	Emily Wolber	72	16:47	Sterling
75.	Genny Turner	73	16:52	Sycamore
76.	Jann Johnson	74	16:53	Geneseo
77.	Megan Wilkinson	75	16:54	Rochelle
78.	Anne Seever	76	16:55	Guilford Rockford
79.	Jean Quinn	77	16:55	Conant
80.	Amy Lukaszewski	78	16:58	Oswego
81.	Sara Potter	79	17:00	Guilford Rockford
82.	Sarah McKenna	80	17:01	Kaneland
83.	Anne Kadowaki	81	17:01	St. Ignatius College Prep
84.	Katie Wojcicki	82	17:02	St. Ignatius College Prep
85.	Stephanie Pierce	83	17:03	Hononegah
86.	Kristin Wood	84	17:03	Sycamore
87.	Amy Parsons	85	17:04	Guilford Rockford
88.	Lauren Davis	86	17:04	Zion-Benton
89.	Liz Neukirich	87	17:06	Sycamore
90.	Jaci Boss	88	17:06	Dixon
91.	Elizabeth Gehrke	89	17:07	Sterling
92.	Margaret Miller	90	17:08	St. Ignatius College Prep
93.	Krista Wiedenhoeft	91	17:10	Geneseo
94.	Corey Wilson	92	17:13	Guilford Rockford
95.	Lexi Sachs	93	17:14	Rochelle
96.	Jenny Paul	94	17:14	Guilford Rockford
97.	Maggie Schnackel	95	17:14	PV
98.	Angie Drew	96	17:16	Freeport
99.	Christa Rebitzer	97	17:17	PV
100.	Molly Dillon	98	17:17	Zion-Benton
101.	Allison Ember	99	17:18	Fenwick
102.	Maria Romano	100	17:18	Fenwick
103.	Caroline Eckman	101	17:19	PV

VS Girls

Winning Time: 14:45

Individual Results:

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Place	Runner	Team	Time	School
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104.	Trisha Smart	102	17:19	Sycamore
105.	Layla Salazar	103	17:20	Sterling
106.	Erin Boviall	104	17:24	Oswego
107.	Ashly Overturf	105	17:25	PV
108.	Melissa Bally	106	17:26	Dixon
109.	Kelly DeBaene	107	17:26	Rock Island Alleman
110.	Sasha Luse	108	17:26	Dixon
111.	Stephanie Schramer	109	17:27	Kaneland
112.	Karen Alms	110	17:29	Kaneland
113.	Holly Holloway	111	17:29	Hononegah
114.	Amanda Marruffo	112	17:30	Sterling
115.	Emily Rowlands	113	17:31	Geneseo
116.	Karin Kelton	114	17:37	Geneseo
117.	Andrea Rheinhardt	115	17:38	PV
118.	Noreen Hogan	116	17:46	Rock Island Alleman
119.	Holly Etheridge	117	17:46	Rock Island
120.	Jenny Wright	118	17:49	Fenwick
121.	Meghan Trimble	119	17:50	Rock Island Alleman
122.	Julie Carrier	120	17:51	Oswego
123.	Brooke Fanning	----	17:57	Ottawa Township High School
124.	Kristen Shallow	121	18:02	Oswego
125.	Meggan Fiske	122	18:04	Belvidere
126.	Becky DeRango	123	18:05	Boylan
127.	Kristi Reynolds	124	18:06	Kaneland
128.	Sarah Courtney	125	18:07	Sycamore
129.	Tatum Werda	126	18:12	Zion-Benton
130.	Jocelyn Chase	127	18:12	Dixon
131.	Amanda Flores	128	18:14	Zion-Benton
132.	Renee Valliere	129	18:14	Rock Island Alleman
133.	Becky Kasner	130	18:15	Kaneland
134.	Jessi Miller	131	18:15	Freeport
135.	Meryl Shriver-Rice	132	18:16	Freeport
136.	Mary Baxter	133	18:16	Zion-Benton
137.	Julie Strachen	134	18:22	Sycamore
138.	Elicia Grace	135	18:23	Hononegah
139.	Ashley Engle	136	18:25	Freeport
140.	Erin Dolan	137	18:26	Fenwick
141.	Amanda Rodriguez	138	18:27	Belvidere
142.	Tricia Overhaug	139	18:31	Kaneland
143.	Sarah Dewitt	140	18:32	Guilford Rockford
144.	Kate Anderson	141	18:32	Boylan
145.	Shayla Brown	142	18:33	U.T.H.S
146.	Erin Champagne	143	18:35	Rock Island
147.	Amy Brogren	144	18:36	Rock Island Alleman
148.	Beth Kempton	145	18:44	Sycamore
149.	Amber DeLancey	146	18:47	Dixon
150.	Devan Schmidt	147	18:49	Hononegah
151.	Kristy Peterson	148	18:50	Hononegah
152.	Sarah Stiles	149	18:50	Rock Island Alleman
153.	Brianna Musser	150	18:53	Kaneland
154.	Tessa Oberg	151	18:56	Hononegah
155.	Stephanie Schmidt	152	18:58	Belvidere

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Winning Time: 14:45

Individual Results:

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Place	Runner	Team	Time	School
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56.	Tara Franck	153	18:59	Rock Island
57.	Amber Crossen	154	19:09	Dixon
58.	Brooke Ramos	155	19:16	U.T.H.S
59.	Mary Phillips	156	19:21	Boylan
60.	Beth Tomkowiak	157	19:26	Zion-Benton
61.	Sarah Boreen	158	19:38	Boylan
62.	Kate Dibbin	159	19:56	Hononegah
63.	Caroline Rohner	160		Boylan
64.	Sara Terry	----		Ottawa Township High School
65.	Stefanie Timpe	161		Boylan
66.	Kristin Abbot	----		Jefferson
67.	Betty Perez	----		Ottawa Township High School
68.	Danielle Craker	162		Rochelle
69.	Katelind Mortimer	163		Rochelle
70.	Katie Zmuda	164		U.T.H.S
71.	Meghan Reha	----		Princeton

Team Results:

Page 1

Place	Team	Score	Finish Order
1.	Iowa City	50	(3- 7- 9- 11- 20- 22- 24-)
2.	Lyons Township High School	53	(2- 5- 8- 13- 25- 35- 37-)
3.	Conant	133	(15- 28- 29- 30- 31- 49- 59-)
4.	U.T.H.S	167	(6- 12- 39- 45- 65- 89- 0-)
5.	Rock Island	177	(17- 27- 36- 47- 50- 56- 0-)
6.	Princeton	202	(4- 18- 21- 79- 80- 0- 0-)
7.	Freeport	203	(23- 26- 41- 42- 71- 77- 0-)
8.	Boylan	211	(14- 16- 55- 57- 69- 90- 92-)
9.	PV	238	(32- 33- 48- 61- 64- 72- 82-)
10.	Sterling	246	(34- 38- 54- 58- 62- 88- 0-)
11.	Geneseo	277	(10- 19- 70- 87- 91- 0- 0-)
12.	Rock Island Alleman	285	(43- 44- 63- 67- 68- 83- 85-)
13.	Guilford Rockford	285	(40- 46- 52- 73- 74- 0- 0-)
14.	Jefferson	354	(1- 78- 86- 94- 95- 0- 0-)
15.	Oswego	357	(53- 60- 66- 81- 97- 0- 0-)
16.	Kaneland	379	(51- 75- 76- 84- 93- 96- 0-)

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Individual Results:

Place Runner

-----	Team	Time	School
-----	-----	-----	-----
1. Natalie Aschim	1	15:56	Jefferson
2. Jessica Kelly	2	16:01	Lyons Township High School
3. Elizabeth Vanderah	3	16:16	Iowa City
4. Rebehak Faber	4	16:17	Princeton
5. Sarah Andrysiak	5	16:18	Lyons Township High School
6. Kelly Champion	6	16:19	U.T.H.S
7. Susan Yagia	7	16:20	Iowa City
8. Alison Christen	8	16:25	Lyons Township High School
9. Abby Hall	9	16:27	Iowa City
10. DeCamp	----	16:27	Schaumburg
11. Melanie Monninger	----	16:30	Lincoln-Way
12. Ashley Colo	10	16:31	Geneseo
13. Terea Schussler	----	16:36	Loyola Academy
14. Brianna Rodriguez	11	16:37	Iowa City
15. Laura Navarre	----	16:45	Loyola Academy
16. April Archilbald	12	16:49	U.T.H.S
17. Jenny Kogut	13	16:51	Lyons Township High School
18. Mary Fisher	14	16:52	Boylan
19. Kellianne Semro	15	16:54	Conant
20. Molly Oliver	----	16:55	Loyola Academy
21. Abby Hilby	16	16:56	Boylan
22. Brittany Duggan	----	16:56	Ottawa Township High School
23. Carmin Green	17	16:57	Rock Island
24. Megan Birkey	18	16:59	Princeton
25. Kelle Curran	19	17:02	Geneseo
26. Kelly Schulz	----	17:08	Loyola Academy
27. Laura Newton	20	17:10	Iowa City
28. Laura Luloff	21	17:12	Princeton
29. Monica Mims	22	17:14	Iowa City
30. Hillary Young	23	17:18	Freeport
31. Kara Evans	24	17:21	Iowa City
32. Marissa Krupowicz	25	17:39	Lyons Township High School
33. Lindsey Harris	26	17:40	Freeport
34. Lara VandeMoortel	27	17:40	Rock Island
35. Emily Lush	28	17:41	Conant
36. Sarah Morgan	29	17:42	Conant
37. Megan Allen	30	17:43	Conant
38. Julie Tomlinson	31	17:44	Conant
39. Jackie Wickham	----	17:48	Lincoln-Way
40. Kathy Wuorinen	32	17:51	PV
41. Padma Rajednran	33	17:52	PV
42. Abigail McMillin	34	17:53	Sterling
43. Allison Valenta	35	17:54	Lyons Township High School
44. Jacqueline Menke	36	17:55	Rock Island
45. Lisa Petty	37	17:56	Lyons Township High School
46. Rebecca Krause	38	17:57	Sterling
47. Katie Garner	39	17:58	U.T.H.S
48. Jen Ellison	40	18:00	Guilford Rockford
49. Toni Cannova	41	18:00	Freeport
50. Mary Dale	42	18:02	Freeport
51. Devon Garcia	43	18:05	Rock Island Alleman

Individual Results:

Place Runner	Team	Time	School
-----	----	----	-----
. Emily Sylvia	44	18:06	Rock Island Alleman
. Lori Larrison	45	18:08	U.T.H.S
. Katie Rowley	46	18:09	Guilford Rockford
. Ashley Heimback	47	18:13	Rock Island
. Jessica Meyer	48	18:14	PV
. Bridget Nora	49	18:15	Conant
. Leanna McEvoy	50	18:17	Rock Island
. Mary Chris Zielinski	51	18:21	Kaneland
. Alison Phillips	52	18:23	Guilford Rockford
. Catie Carlson	53	18:25	Oswego
. Michelle King	54	18:28	Sterling
. Lindsey McCormick	55	18:32	Boylan
. Cambria Cook	56	18:37	Rock Island
. Kristin Bandurski	----	18:38	Lincoln-Way
. Haley Frampton	57	18:52	Boylan
. Elizabeth Hofreiter	58	18:53	Sterling
. Jane Kim	59	18:57	Conant
. Nicole Starkovich	60	18:59	Oswego
. Liz Heard	61	19:00	PV
. Mallory Breed	62	19:03	Sterling
. Megal Murphy	63	19:05	Rock Island Alleman
. Balk	----	19:06	Schaumburg
. Hidalgo	----	19:08	Schaumburg
. Kristi Wuorinen	64	19:18	PV
. Danielle Robinson	65	19:22	U.T.H.S
. Cheryl Carlson	66	19:24	Oswego
. Ashley Hoogerwerf	67	19:28	Rock Island Alleman
. Erin Vanopdorp	68	19:29	Rock Island Alleman
. Melissa Jones	69	19:35	Boylan
. Samantha Daily	70	19:38	Geneseo
. Karissa McDermott	71	19:41	Freeport
. Angela Brogman	72	19:41	PV
. Caroline Culich	73	19:42	Guilford Rockford
. Mandie Briggs	74	19:44	Guilford Rockford
. Lindsey Cotton	75	19:45	Kaneland
. Amanda Bus	76	19:47	Kaneland
. Kevia Rhyne	77	19:51	Freeport
. Sarah Reese	78	19:56	Jefferson
. Amy Baumgartner	79	19:57	Princeton
. Julie Luloff	80	19:57	Princeton
. Isabel Pena	81	20:00	Oswego
. Sarah Ganslein	82	20:01	PV
. Sarah Vize	83	20:04	Rock Island Alleman
. Rachelle Domke	----	20:05	Belvidere
. Sadie Anderson	84	20:06	Kaneland
. Anna-Kathryn Coyle	85	20:09	Rock Island Alleman
. Bethany Crocker	86	20:14	Jefferson
. Kristen Reagin	87	20:32	Geneseo
. Kristina Gehrke	88	20:47	Sterling
. Johnna Boore	89	20:59	U.T.H.S
. Kim Burke	90	21:04	Boylan
. Amber Cushman	91	21:08	Geneseo

Individual Results:

Place	Runner	Team	Time	School
-----	-----	-----	-----	-----
04.	Kate Maloney	92	21:19	Boylan
05.	Margo Griffth	93	21:34	Kaneland
06.	Kari Stupka	94	22:21	Jefferson
07.	Jami Wold	95	22:31	Jefferson
08.	Anna Jennings	----	22:50	Belvidere
09.	Melanie Geiger	96	23:09	Kaneland
10.	Kaplan	----	24:10	Schaumburg
11.	Kelly Shallow	97	24:35	Oswego

Place Team	Score	Finish Order
-----	-----	-----
1. Iowa City	18	(1- 2- 4- 5- 6- 8- 9-)
2. Lyons Township High School	63	(3- 10- 15- 17- 18- 19- 21-)
3. St. Ignatius College Prep	84	(11- 13- 16- 20- 24- 25- 32-)
4. Conant	124	(14- 22- 23- 31- 34- 35- 37-)
5. Geneseo	170	(12- 26- 38- 39- 55- 61- 63-)
6. Fenwick	177	(27- 30- 33- 42- 45- 73- 0-)
7. Schaumburg	189	(7- 36- 47- 49- 50- 0- 0-)
8. Sterling	258	(28- 29- 46- 75- 80- 85- 0-)
9. Guilford Rockford	274	(41- 51- 54- 59- 69- 76- 0-)
10. Dixon	286	(40- 43- 57- 72- 74- 81- 83-)
11. Sycamore	307	(44- 53- 58- 68- 84- 0- 0-)
12. Hononegah	311	(48- 60- 65- 67- 71- 78- 0-)
13. Boylan	314	(52- 62- 64- 66- 70- 77- 79-)
14. Streator	399	(56- 82- 86- 87- 88- 0- 0-)

Individual Results:

Place	Runner	Team	Time	School
-----		----	----	-----
1.	Kirsty Moreno	1	15:52	Iowa City
2.	Meggan Reed	2	16:05	Iowa City
3.	Melissa Wilken	3	16:07	Lyons Township High School
4.	Laurie Heckman	4	16:23	Iowa City
5.	Erilynn Russo	5	16:27	Iowa City
6.	Jaclyn Wegner	----	16:28	Lincoln-Way
7.	Sarah Hoefner	6	16:31	Iowa City
8.	Koswatta	7	16:36	Schaumburg
9.	Amber Maske	8	16:48	Iowa City
10.	Maya Monitto-Webber	9	16:56	Iowa City
11.	Susan Keller	10	17:00	Lyons Township High School
12.	Erin Rickelman	11	17:03	St. Ignatius College Prep
13.	Rachel Manuel	----	17:05	Iowa City
14.	Jessica Lay	12	17:06	Geneseo
15.	Mara Terras	13	17:08	St. Ignatius College Prep
16.	Michelle Everson	14	17:10	Conant
17.	Abby Kruèger	----	17:11	Iowa City
18.	Emily Lafferty	----	17:19	Lincoln-Way
19.	Staphanie Dattilo	15	17:24	Lyons Township High School
20.	Elizabeth Donnelly	16	17:24	St. Ignatius College Prep
21.	Lindsey Caplice	17	17:24	Lyons Township High School
22.	Kelly Sherry	----	17:25	Iowa City
23.	Leslie O'Neil	18	17:28	Lyons Township High School
24.	Rose McAndrew	----	17:29	Iowa City
25.	Maureen Tabor	----	17:29	Iowa City
26.	Jessica Tomaszewski	19	17:30	Lyons Township High School
27.	Julie Otter	20	17:34	St. Ignatius College Prep
28.	Bridget Brown	21	17:35	Lyons Township High School
29.	Lara Voight	----	17:38	Iowa City
30.	Whitney Bakker	----	17:43	Lyons Township High School
31.	Rebecca Mager	22	17:44	Conant
32.	Courtney Sauser	----	17:46	Iowa City
33.	Alysa Lane	----	17:48	Iowa City
34.	Kathryn Carden	23	17:50	Conant
35.	Sara Brabec	24	17:50	St. Ignatius College Prep
36.	Mary Phillipp	----	17:50	Lyons Township High School
37.	Erica Olson	----	17:52	Iowa City
38.	Bridget LeClair	25	17:55	St. Ignatius College Prep
39.	Jenny Bozzetti	----	17:55	Lincoln-Way
40.	Liz Austermuehle	----	17:57	Lyons Township High School
41.	Dana Logdsen	----	17:58	Iowa City
42.	Jenny Banaszak	----	17:58	Lyons Township High School
43.	Lauren Gress	----	18:04	Lyons Township High School
44.	Kim Zigler	26	18:04	Geneseo
45.	Amy Cronin	----	18:05	Lyons Township High School
46.	Kathrine Ozog	----	18:07	Lyons Township High School
47.	Megan Doherty	27	18:08	Fenwick
48.	Dawn Wills	28	18:10	Sterling
49.	Mandy Voss	----	18:11	Iowa City
50.	Paula Banser	----	18:12	Lyons Township High School
51.	Kelly Ramboldt	----	18:12	Iowa City

Individual Results:

Place	Runner	Team	Time	School
-----	-----	-----	-----	-----
2.	Rachael Marruffo	29	18:12	Sterling
3.	Maggie McKinley	30	18:13	Fenwick
4.	Ama Wilkinson	----	18:13	Iowa City
5.	Gina Corrado	31	18:14	Conant
6.	Caitlin Ludden	32	18:15	St. Ignatius College Prep
7.	Grace Brookfield	----	18:16	Iowa City
8.	Samantha Christopher	----	18:17	St. Ignatius College Prep
9.	Ericka Kouba	----	18:17	Lyons Township High School
10.	Leah Miller	----	18:18	Iowa City
11.	Debbie Hendrick	----	18:19	Lyons Township High School
12.	Sarah Wilson	----	18:20	Iowa City
13.	Erica Halleran	33	18:20	Fenwick
14.	Leah Kream	34	18:22	Conant
15.	Margaret Caspers	----	18:24	Lyons Township High School
16.	Molly Zurkowski	----	18:25	St. Ignatius College Prep
17.	Becky Evenson	35	18:27	Conant
18.	Carolyn Granieri	----	18:29	Lyons Township High School
19.	Rynott	36	18:31	Schaumburg
20.	Sarah Frey	----	18:32	Lyons Township High School
21.	Rachel Gannon	----	18:35	Iowa City
22.	Laura Kelleher	----	18:35	St. Ignatius College Prep
23.	Valerie Cobb	----	18:35	Iowa City
24.	Payal Sanghani	37	18:36	Conant
25.	Justine Giacchetti	----	18:37	Conant
26.	Emily Cosgrare	38	18:37	Geneseo
27.	Jennifer Plusy	----	18:39	Lyons Township High School
28.	Lesley Keely	----	18:40	Iowa City
29.	Julie Penrod	----	18:41	Lyons Township High School
30.	Kari Reagin	39	18:43	Geneseo
31.	Brittany Casos	----	18:45	Iowa City
32.	Laura Harrison	40	18:45	Dixon
33.	Renee Aurand	41	18:45	Guilford Rockford
34.	Adrienne Mejia	42	18:46	Fenwick
35.	Edna Beltran	----	18:48	Lyons Township High School
36.	Maggie Ford	----	18:48	Lyons Township High School
37.	Sara Mahoney	----	18:49	Lyons Township High School
38.	Lindsey Levan	43	18:49	Dixon
39.	Cassie Reuter	----	18:50	Freeport
40.	Genny Countryman	----	18:51	Iowa City
41.	Ashley Calkins	----	18:51	Iowa City
42.	Sarah Maddrell	----	18:53	Lyons Township High School
43.	Cara Gross	----	18:54	Lyons Township High School
44.	Nicki Sass	----	18:55	Lyons Township High School
45.	Ashley Zuffrano	----	18:55	Lyons Township High School
46.	Svetlana Dordevic	----	18:56	Lyons Township High School
47.	Amy Padera	----	18:59	Lyons Township High School
48.	Amy Placek	----	18:59	Lyons Township High School
49.	Danelle Kocher	44	19:00	Sycamore
50.	Jocelyn Berbaum	----	19:00	Iowa City
51.	Katie Hall	----	19:01	Iowa City
52.	Mary Kate Driscoll	----	19:01	Lyons Township High School
53.	Kate Rathwisch	----	19:02	Iowa City

dividual Results:

ace Runner	Team	Time	School
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4. Meghan Natziger	45	19:02	Fenwick
5. Molly Countryman	----	19:05	Iowa City
6. Abby Geering	46	19:06	Sterling
7. Deanne Bowermaster	----	19:07	Lyons Township High School
8. Molly McElherne	----	19:08	Lyons Township High School
9. Jenna Rochan	----	19:08	Lyons Township High School
0. Rebeck	47	19:10	Schaumburg
1. Heather Holloway	48	19:11	Hononegah
2. Legner	49	19:12	Schaumburg
3. Rachel Steely	----	19:13	Rockford Christian
4. Amanda Brown	----	19:14	Kaneland
5. Maggie Spencer	----	19:15	Iowa City
6. Kosiek	50	19:16	Schaumburg
7. Aimee Ozog	----	19:17	Conant
8. Katelyn Kerstetter	----	19:18	Iowa City
9. Stacey Compton	----	19:19	Conant
0. Kristen Hannel	----	19:22	PV
1. Valerie Moreno	----	19:24	Conant
2. Meghan Drake	----	19:25	Lyons Township High School
3. Kim Fanone	----	19:27	Lyons Township High School
4. Brittany Zimmerman	----	19:28	Iowa City
5. Drew Di Santo	----	19:28	Lyons Township High School
6. Amanda Crowley	----	19:28	Iowa City
7. Terri Brewer	----	19:29	Lyons Township High School
8. Hannah Holmes	----	19:30	Lyons Township High School
9. Megan Schmidt	51	19:31	Guilford Rockford
0. Haley Downing	----	19:32	Freeport
1. Lindsay Boland	----	19:33	Lyons Township High School
2. Mindy Patterson	52	19:34	Boylan
3. Ashley Hofer	53	19:36	Sycamore
4. Katie Hill	----	19:37	Iowa City
5. Stephanie Hill	----	19:38	Lyons Township High School
6. Gwen Hill	----	19:39	Iowa City
7. Sarah Magin	----	19:39	Lyons Township High School
8. Lisa Hoover	----	19:40	Lyons Township High School
9. Gina Rallo	----	19:42	Conant
0. Christy Stroud	54	19:42	Guilford Rockford
1. Guin Houtekier	----	19:43	Rock Island Alleman
2. Nita Prasad	55	19:43	Geneseo
3. Sarah Berg	56	19:44	Streator
4. Nicole Wylie	----	19:46	St. Ignatius College Prep
5. Valerie Foster	----	19:49	Lyons Township High School
6. Jacki Dominguez	----	19:49	Lyons Township High School
7. Lindsay Olson	----	19:50	Lyons Township High School
8. Aleksandra Florek	----	19:51	Conant
9. Ellen Magin	----	19:52	Lyons Township High School
0. Kayla Gallagher	57	19:55	Dixon
1. Leslie Blaszak	----	19:56	Lyons Township High School
2. Natalie Sgarlata	58	19:57	Sycamore
3. Amy Lambert	59	19:57	Guilford Rockford
4. Laura Davis	60	20:01	Hononegah
5. Zoe Piaugher	----	20:01	Iowa City

Individual Results:

Place	Runner	Team	Time	School
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56.	Ashley Ator	----	20:03	PV
57.	Maureen Faydash	----	20:03	Lyons Township High School
58.	Anna Ingebrand	61	20:04	Geneseo
59.	Kelly James	----	20:05	Lyons Township High School
60.	Suzie Poorsatter	62	20:07	Boylan
61.	Sarah Bates	63	20:07	Geneseo
62.	Arin Sternbaur	----	20:08	Conant
63.	Jessica Grenis	----	20:09	Lyons Township High School
64.	Lauren Ferguson	----	20:10	Lyons Township High School
65.	Laura Ferguson	64	20:11	Boylan
66.	Brenda Giovanelli	----	20:16	Iowa City
67.	Corie Bednar	----	20:18	Lyons Township High School
68.	Larissa Kaminski	----	20:19	Lyons Township High School
69.	Sarah Conant	65	20:20	Hononegah
70.	Mari Hashimoto	----	20:22	Iowa City
71.	Christine Leick	66	20:25	Boylan
72.	Lauren Bouchard	----	20:27	Lyons Township High School
73.	Briana Powers	67	20:30	Hononegah
74.	Jenna Wildenradt	68	20:30	Sycamore
75.	Stephanie Johnson	69	20:31	Guilford Rockford
76.	Anna Kudsk	----	20:33	Iowa City
77.	Legha Collins	----	20:34	Iowa City
78.	Shannon Veatch	----	20:34	Iowa City
79.	Christina Jurasek	----	20:35	Rock Island Alleman
80.	Sarah Bowden	----	20:36	Freeport
81.	Laura Miller	----	20:37	Lyons Township High School
82.	Holly Thaiken	----	20:38	Iowa City
83.	Helen Franzen	70	20:39	Boylan
84.	Jennifer Coileman	----	20:39	Conant
85.	Erin Lynch	----	20:45	Lyons Township High School
86.	Monica Thoms	----	20:45	Lyons Township High School
87.	Rosie Pontarelli	----	20:46	Iowa City
88.	Kim Nguyen	----	20:46	Iowa City
89.	Elise Bailey	----	20:48	Lyons Township High School
90.	Karah Simonson	71	20:48	Hononegah
91.	Stacey Bouzios	----	20:49	Lyons Township High School
92.	Sarah Duffy	72	20:49	Dixon
93.	Melissa Talley	----	20:52	Lyons Township High School
94.	Rupa Sanghani	----	20:52	Conant
95.	Marisol Trevino	----	20:54	Rock Island Alleman
96.	Marin Swesey	----	20:59	Iowa City
97.	Marissa Cwik	73	20:59	Fenwick
98.	Beata Kowalik	----	21:00	Lyons Township High School
99.	Erin White	----	21:01	Lincoln-Way
100.	Jen Pratt	74	21:02	Dixon
101.	Calistra Alba	75	21:06	Sterling
102.	Christina Berger	76	21:07	Guilford Rockford
103.	Rachel Ecklung	----	21:10	Iowa City
104.	Melissa Avitia	----	21:10	Lyons Township High School
105.	Anupa Patel	----	21:11	Lyons Township High School
106.	Darlene Vinicky	----	21:13	Lyons Township High School
107.	Sandy Thoms	----	21:16	Lyons Township High School

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Girls Open

Winning Time: 15:52

Individual Results:

Page 5

Place	Runner	Team	Time	School
-----	-----	----	----	-----
208.	Anna Ludeke	77	21:16	Boylan
209.	Brin Harper	----	21:19	Conant
210.	Amy Ziegler	----	21:21	Lyons Township High School
211.	Stafanie Branham	----	21:27	Lyons Township High School
212.	Megan Hare	78	21:30	Hononegah
213.	Shannon Brown	79	21:31	Boylan
214.	Jamie Marple	----	21:33	Conant
215.	Allison Blunk	----	21:34	PV
216.	Katie Murray	----	21:47	Iowa City
217.	Melissa Vandruska	----	21:54	Lyons Township High School
218.	Emily Adamek	----	21:55	Iowa City
219.	Lauren Terlecki	----	21:57	Conant
220.	Amy Smessaert	----	22:00	Lyons Township High School
221.	Ashley Flom	----	22:03	Boylan
222.	Niccole Kleeman	----	22:07	Conant
223.	Kristina Gehrke	80	22:10	Sterling
224.	Kathleen Tysiak	----	22:12	Lyons Township High School
225.	Emily Fuger	81	22:16	Dixon
226.	Kelly O'Boyle	----	22:20	Lyons Township High School
227.	Emma Duer	----	22:25	Iowa City
228.	Catherine Reed	82	22:31	Streator
229.	Jacqueline Puoci	----	22:43	Conant
230.	Karen Brunso	----	22:44	PV
231.	Stephanie Partman	----	22:46	Conant
232.	Stacy Blatner	----	22:48	Kaneland
233.	Elizabeth Pedziwiatr	----	22:49	Lyons Township High School
234.	Stephanie Petrie	83	22:52	Dixon
235.	Ashleigh Braun	84	22:53	Sycamore
236.	Lauren Zieglar	----	23:01	Lyons Township High School
237.	Nichole Styczyski	85	23:24	Sterling
238.	Kelly Acks	----	23:35	Conant
239.	Heather Broad	86	23:44	Streator
240.	Elizabeth Jones	----	23:48	Boylan
241.	Kristen Grimms	----	23:52	Lyons Township High School
242.	Sarah Pilaszewski	----	24:00	Rock Island Alleman
243.	Ann DeWaters	----	24:47	Boylan
244.	Kristen Mazan	----	24:54	Conant
245.	Marlaina Sedlock	87	27:22	Streator
246.	Hillary Gammic	88	??:??	Streator

Geneseo Cross-Country Results

Meet: STERLING Invitational

Site: Hoover Park

Date: 10/07/00

Conditions: 43... cold.moderate wind

Racing Distance: 3.0 miles

Boys' Races

	Name	Place	Race	Time	Splits
1.	Josh Franks	34.	Var. Boys	16:31	(5:20)
2.	Mike Sunstrom	59.	Var. Boys	17:01	(5:20)
3.	Jared Betcher	111.	Var. Boys	18:07	(5:40)
4.	Jeremy Heaton	116.	Var. Boys	18:15	(5:48)
5.	Brandon Sandoval	126.	Var. Boys	18:34	(5:51)
6.	Noel Powers	54.	J.V. Boys	19:23	(6:00)
7.	Mike Stone	147.	Var. Boys	19:42	(6:05)
8.	Mark Gleason	91.	J.V. Boys	20:16	(6:34)
9.	Josh Watson	96.	J.V. Boys	20:26	(6:34)
10.	Brad Pahlmgren	99.	J.V. Boys	20:32	(6:30)
10.	Phillip Mason	154.	Var. Boys	20:37	(6:16)
11.	Will Thompson	144.	J.V. Boys	21:49	(6:30)
12.	Joe Derwin	146.	J.V. Boys	21:52	(6:48)
13.	Adam Kuban	155.	J.V. Boys	22:06	(6:45)
14.	Tim Allison	178.	J.V. Boys	23:27	(7:26)
15.	Justin Hight	184.	J.V. Boys	24:06	(7:56)

DNC: Bill Bean, Cody Lichthardt, Kyle Lichthardt

Leader:

Varsity Boys' Race: 5:04

J.V. Boys 5:15

Frosh/Soph Boys 5:20

Geneseo's Spread

1 through 2:03

1 through 7 3:11

1 through 10 4:01

23c

Team Placings

Varsity Boys: 17th place (out of 29 teams)

Freshman/Sophomore Boys: 8th place (out of 29 teams)

J.V. Boys: 13th place (out of 29 teams)

A very tough field gentlemen

**Get ready to get after the NCIC Finals in
Dixon on Saturday!**

Pack it up and HANG ON DUDES

**We need to
remember**

"The Man in the Glass".

**Be proud of your efforts following your race and
hold your head high with pride**

K.I.P. IT and chase some NCIC Hardware.

NO EXCUSES, NO RETREATS, NO REGRETS

Go Get'em Leafs

Geneseo Cross-Country Results

Meet: STERLING Invitational

Site: Hoover Park

Date: 10/07/00

Conditions: 43... cold.moderate wind

Racing Distance: 2.5 miles

Boys' Races

Name	Place	Race	Time	Splits
1. Justin Trujillo	12.	F.S. Boys	14:03	(5:30)
2. Kyle Fluck	24.	F.S. Boys	14:22	(5:43)
3. Christian Rowlands	47.	F.S. Boys	14:54	(5:50)
4. Andrew Fehlman	66.	F.S. Boys	15:15	(5:56)
5. Steve Loftus	81.	F.S. Boys	15:38	(6:25)
6. Brad Matten	103.	F.S. Boys	16:17	(6:15)
7. Cody Haars	106.	F.S. Boys	16:30	(6:24)

Leader:

Frosh/Soph Boys 5:20

Geneseo's Spread

1 through 1:35

1 through 7 2:27

Team Placings

Freshman/Sophomore Boys: 8th place (out of 29 teams)

Way to go "Young Guns"

Get ready for some Rochelle, etc... Paybacks

Pack it up and HANG ON DUDES

Go Get'em Leafs

VS Boys

Winning Time: 15:30

Team Results:

Page 1

Place	Team	Score	Finish Order
-----	-----	-----	-----
1.	City High	62	(3- 12- 14- 15- 18- 19- 24-)
2.	Schaumburg	83	(1- 2- 10- 23- 47- 62- 68-)
3.	Loyola Academy	150	(6- 16- 25- 51- 52- 85- 96-)
4.	Fenwick	167	(20- 26- 29- 36- 56- 63- 72-)
5.	Rochelle	171	(9- 28- 39- 46- 49- 57- 64-)
6.	Thomas Jefferson	197	(17- 31- 41- 53- 55- 88-100-)
7.	Conant	246	(7- 32- 44- 54-109- 0- 0-)
8.	Guilford	261	(8- 33- 50- 67-103-104-116-)
9.	Kaneland	269	(13- 22- 71- 76- 87-107-108-)
10.	Pleasant Valley	279	(27- 40- 66- 69- 77- 95-106-)
11.	Rock Island Alleman	282	(5- 38- 74- 81- 84- 91-114-)
12.	Rock Island	290	(4- 43- 45- 93-105-118-143-)
13.	Belvidere	308	(30- 37- 78- 80- 83-101-129-)
14.	Hononegah	330	(35- 48- 61- 73-113-127-140-)
15.	U.T.H.S	340	(11- 58- 70- 82-119-122-151-)
16.	Dixon	386	(21- 60- 86- 89-130-148-154-)
17.	Geneseo	444	(34- 59-111-115-125-145-152-)
18.	Sycamore	519	(65- 97-102-123-132- 0- 0-)
19.	Oswego	552	(79- 92-117-131-133-155-157-)
20.	Freeport	554	(94- 98- 99-121-142- 0- 0-)
21.	Boylan	561	(75- 90-126-134-136-138-147-)
22.	Rockford Christian	588	(42-128-135-137-146-149-150-)
23.	Sterling	626	(110-112-124-139-141- 0- 0-)
24.	Ottawa	731	(120-144-153-156-158-159- 0-)

S Boys

Winning Time: 15:30

Individual Results:

Page 1

Place	Runner	Team	Time	School
---	-----	----	-----	-----
1.	Rizzo	1	15:30	Schaumburg
2.	Baker	2	15:31	Schaumburg
3.	Jon Lamb	3	15:38	City High
4.	Boomer Creger	4	15:40	Rock Island
5.	Nick Hird	5	15:45	Rock Island Alleman
6.	Jesus Manteca	6	15:49	Loyola Academy
7.	Ryan Giuliano	7	15:50	Conant
8.	Kelly Korevec	8	15:56	Guilford
9.	David Bergeson	9	15:57	Rochelle
10.	Kaplan, M	10	15:58	Schaumburg
11.	Brian Taghon	11	16:00	U.T.H.S
12.	Mark Kresowik	12	16:02	City High
13.	Henry Norris	13	16:03	Kaneland
14.	Quincy Ely-Cate	14	16:04	City High
15.	Pat Snyder	15	16:05	City High
16.	Jimmy Hickey	16	16:05	Loyola Academy
17.	Eldridge Gilbert	17	16:09	Thomas Jefferson
18.	Bo Rydze	18	16:10	City High
19.	Jeremy Mims	19	16:11	City High
20.	Tom Halleran	20	16:11	Fenwick
21.	Paul Kuhn	21	16:17	Dixon
22.	Chris Clark	22	16:19	Kaneland
23.	Mariano	23	16:20	Schaumburg
24.	James Croker	24	16:21	City High
25.	Brian Donottoe	25	16:22	Loyola Academy
26.	John Wilkens	26	16:23	Fenwick
27.	Alex Beecher	27	16:25	Pleasant Valley
28.	Josh McKinney	28	16:28	Rochelle
29.	Scott Reynolds	29	16:29	Fenwick
30.	Andy Enright	30	16:29	Belvidere
31.	Jeff Schoon	31	16:29	Thomas Jefferson
32.	Martin Aburto	32	16:30	Conant
33.	Justin Johnson	33	16:30	Guilford
34.	Josh Franks	34	16:31	Geneseo
35.	Tom Balsley	35	16:33	Hononegah
36.	Chris Lukenow	36	16:34	Fenwick
37.	Brian Carlson	37	16:35	Belvidere
38.	Kile Krol	38	16:35	Rock Island Alleman
39.	Kyle Nass	39	16:36	Rochelle
40.	Nate Tindall	40	16:38	Pleasant Valley
41.	Ryan Garnhart	41	16:40	Thomas Jefferson
42.	Mike Fusco	42	16:40	Rockford Christian
43.	Jerrold Roessler	43	16:41	Rock Island
44.	Dan Eller	44	16:42	Conant
45.	Keith Moroni	45	16:42	Rock Island
46.	Mark Rainwater	46	16:43	Rochelle
47.	Tillstrom	47	16:43	Schaumburg
48.	Luchy Wolfegang	48	16:45	Hononegah
49.	Phil Ginn	49	16:45	Rochelle
50.	Elliott Farr	50	16:45	Guilford
51.	Chris Amato	51	16:46	Loyola Academy

VS Boys

Winning Time: 15:30

Individual Results:

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Place	Runner	Team	Time	School
-----	-----	-----	-----	-----
52.	Jim Binsfeld	52	16:46	Loyola Academy
53.	Jeremy Ranger	53	16:50	Thomas Jefferson
54.	Matthew Cambell	54	16:52	Conant
55.	Travis Perkins	55	16:56	Thomas Jefferson
56.	Mark Donovan	56	16:59	Fenwick
57.	Dale Bergeson	57	17:00	Rochelle
58.	Ammon Paquette	58	17:00	U.T.H.S
59.	Mike Sunstrom	59	17:01	Geneseo
60.	Jeff Fotts	60	17:02	Dixon
61.	Matt Mortellaro	61	17:03	Hononegah
62.	Czarny	62	17:04	Schaumburg
63.	Nick Timmons	63	17:05	Fenwick
64.	Ben Rand	64	17:06	Rochelle
65.	Brian Horst	65	17:06	Sycamore
66.	Rob Kline	66	17:06	Pleasant Valley
67.	Banum Abbott	67	17:08	Guilford
68.	Kaplan, B	68	17:09	Schaumburg
69.	Andrew Doyle	69	17:10	Pleasant Valley
70.	Steve Gates	70	17:11	U.T.H.S
71.	Scott Walgamotte	71	17:11	Kaneland
72.	Chris Pezza	72	17:12	Fenwick
73.	Joe Courchane	73	17:13	Hononegah
74.	Eric Vandevoorde	74	17:13	Rock Island Alleman
75.	Chris Kight	75	17:15	Boylan
76.	Dustin Long	76	17:16	Kaneland
77.	Brad Spinsby	77	17:17	Pleasant Valley
78.	Justin Suhomel	78	17:19	Belvidere
79.	Justin Toohey	79	17:20	Oswego
80.	Russ Moore	80	17:21	Belvidere
81.	Corey Cameroon	81	17:26	Rock Island Alleman
82.	David Brown	82	17:27	U.T.H.S
83.	Tim Baker	83	17:31	Belvidere
84.	Aaron Graf	84	17:31	Rock Island Alleman
85.	Chais Reynolds	85	17:32	Loyola Academy
86.	Kel Bond	86	17:33	Dixon
87.	Jonathan Keckert	87	17:34	Kaneland
88.	Greg Yokley	88	17:35	Thomas Jefferson
89.	Chad Ross	89	17:35	Dixon
90.	Mike Schoening	90	17:35	Boylan
91.	Zack Cornelis	91	17:36	Rock Island Alleman
92.	Drew Freeman	92	17:36	Oswego
93.	Dana Glenn	93	17:36	Rock Island
94.	Austin Smith	94	17:37	Freeport
95.	Dave Miller	95	17:38	Pleasant Valley
96.	Peter Sweeney	96	17:38	Loyola Academy
97.	Andy Koehring	97	17:39	Sycamore
98.	Irin Pruitt	98	17:39	Freeport
99.	Sam Wallace	99	17:40	Freeport
100.	Kyle Schoembs	100	17:42	Thomas Jefferson
101.	Travis Huff	101	17:45	Belvidere
102.	Justin Garrity	102	17:45	Sycamore
103.	Dan Beeman	103	17:46	Guilford

VS Boys

Winning Time: 15:30

Individual Results:

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Place	Runner	Team	Time	School
-----	-----	-----	-----	-----
104.	James Erickson	104	17:51	Guilford
105.	Harry Cleaveland	105	17:56	Rock Island
106.	Dave Huhn	106	18:00	Pleasant Valley
107.	Mike Eck	107	18:02	Kaneland
108.	Mike Clark	108	18:03	Kaneland
109.	Corey Brown	109	18:04	Conant
110.	Troy Munson	110	18:06	Sterling
111.	Jared Betcher	111	18:07	Geneseo
112.	Michael Commisso	112	18:08	Sterling
113.	Ryan Bebej	----	18:08	Princeton
114.	Jon Gentry	113	18:10	Hononegah
115.	Patrick O'Hearn	114	18:14	Rock Island Alleman
116.	Jeremy Heaton	115	18:15	Geneseo
117.	Ben Loduha	116	18:18	Guilford
118.	Jeremy Ekren	117	18:21	Oswego
119.	Mike Tischer	118	18:23	Rock Island
120.	Jason Gavin	119	18:28	U.T.H.S
121.	Brian Caba	120	18:28	Ottawa
122.	Devin Schubert	121	18:29	Freeport
123.	Manny Guillen	122	18:30	U.T.H.S
124.	David Adamkiewicz	123	18:32	Sycamore
125.	Jacob Blum	124	18:32	Sterling
126.	Brandon Sandoual	125	18:34	Geneseo
127.	Seth Niemuth	----	18:37	Princeton
128.	Greg Green	126	18:39	Boylan
129.	Brett Carroll	127	18:43	Hononegah
130.	Joel Nava	128	18:45	Rockford Christian
131.	Nick Vanevera	129	18:51	Belvidere
132.	Chris Bishop	130	18:52	Dixon
133.	Brandon Ekren	131	18:53	Oswego
134.	Erik Kummer	132	18:57	Sycamore
135.	Greg McClure	133	18:58	Oswego
136.	Mike Spencer	134	19:00	Boylan
137.	Andrew Fitzgerald	135	19:00	Rockford Christian
138.	Grant Franke	136	19:01	Boylan
139.	Josh Steely	137	19:05	Rockford Christian
140.	Mike Wedwick	138	19:13	Boylan
141.	Paul Yemm	139	19:13	Sterling
142.	Charley Kurlinkus	140	19:22	Hononegah
143.	David Cluver	141	19:30	Sterling
144.	Stephen Bowden	142	19:40	Freeport
145.	Mike Kinney	143	19:40	Rock Island
146.	Alex Marsh	144	19:41	Ottawa
147.	Mike Stone	145	19:42	Geneseo
148.	Gusser Carter	146	19:44	Rockford Christian
149.	Joe Sharp	147	19:48	Boylan
150.	Brad Bishop	148	19:51	Dixon
151.	Mark Konkol	149	19:59	Rockford Christian
152.	Ned Wright	150	20:23	Rockford Christian
153.	Dan Hawson	151	20:36	U.T.H.S
154.	Phillip Mason	152	20:37	Geneseo
155.	Art Riewaldt	153	20:56	Ottawa

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VS Boys

Winning Time: 15:30

Individual Results:

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Place	Runner	Team	Time	School
-----	-----	-----	-----	-----
156.	Jesey Nicholson	154	21:15	Dixon
157.	Austin Smith	155	21:16	Oswego
158.	John Lamb	156	21:18	Ottawa
159.	Greg Clodfelter	----	22:00	Princeton
160.	Ronnie Lewis	157	22:09	Oswego
161.	David Sharpe	158	22:26	Ottawa
162.	Gavin Youngstrum	159	23:15	Ottawa

Team Results:

Page 1

Place	Team	Score	Finish Order
-----	-----	-----	-----
1.	Conant	86	(2- 5- 16- 31- 32- 45- 52-)
2.	Kaneland	100	(7- 9- 20- 29- 35- 50- 89-)
3.	Belvidere	104	(4- 13- 17- 21- 49- 72- 90-)
4.	City High	108	(6- 18- 19- 27- 38- 41- 51-)
5.	Rochelle	148	(8- 10- 15- 37- 78-102-121-)
6.	Schaumburg	175	(3- 14- 47- 48- 63- 71- 87-)
7.	Sycamore	188	(1- 22- 43- 55- 67-108-114-)
8.	Geneseo	226	(12- 23- 46- 65- 80-101-104-)
9.	Rock Island	232	(25- 30- 36- 53- 88-118- 0-)
10.	Hononegah	248	(11- 44- 57- 59- 77- 79-105-)
11.	Boylan	255	(26- 40- 54- 62- 73- 76- 91-)
12.	Pleasant Valley	282	(39- 42- 58- 60- 83- 94- 99-)
13.	Thomas Jefferson	296	(28- 34- 69- 70- 95-103-106-)
14.	Guilford	323	(24- 33- 74- 85-107-115-124-)
15.	Ottawa	399	(56- 64- 66-100-113-116-126-)
16.	Sterling	452	(61- 82- 86-111-112-122-130-)
17.	Oswego	482	(68- 92- 96-109-117-132- 0-)
18.	Rock Island Alleman	502	(75- 84- 93-119-131- 0- 0-)
19.	U.T.H.S	562	(81-110-120-123-128- 0- 0-)
20.	Streator	576	(97- 98-125-127-129- 0- 0-)

Individual Results:

Place	Runner	Team	Time	School
-----	-----	-----	-----	-----
1.	Brad Trott	1	13:34	Sycamore
2.	John Atchison	2	13:34	Conant
3.	Anderson D.	3	13:37	Schaumburg
4.	Shea Maudsley	4	13:40	Belvidere
5.	Jonathan Hicks	5	13:45	Conant
6.	Dan Groepper	6	13:46	City High
7.	Aaron Ethienne	7	13:56	Kaneland
8.	Mike Schummer	8	13:58	Rochelle
9.	Dave Stouffer	9	13:58	Kaneland
10.	Matt Jacobson	10	14:01	Rochelle
11.	Justin Aronson	11	14:02	Hononegah
12.	Justin Trujillo	12	14:03	Geneseo
13.	Don Penny	13	14:04	Belvidere
14.	Laramie Storm	----	14:05	Princeton
15.	Gebhardt, M	14	14:10	Schaumburg
16.	Dustin Bell	15	14:12	Rochelle
17.	David Torpe	16	14:12	Conant
18.	Ken Beever	17	14:13	Belvidere
19.	Mark Reisinger	18	14:13	City High
20.	Luke Bross	19	14:14	City High
21.	Keith Krigistein	20	14:15	Kaneland
22.	Alan Beardsley	21	14:16	Belvidere
23.	Josh Malmassari	22	14:19	Sycamore
24.	Kyle Fluck	23	14:22	Geneseo
25.	Dustin Goodman	24	14:23	Guilford
26.	Will Moeller	25	14:24	Rock Island
27.	Patrick Karceski	26	14:24	Boylan
28.	Dirk Marple	27	14:25	City High
29.	Aaron Ranger	28	14:27	Thomas Jefferson
30.	Brian Long	29	14:30	Kaneland
31.	Troy Whitcanack	30	14:31	Rock Island
32.	Michael Reddington	31	14:32	Conant
33.	Jim Barr	32	14:34	Conant
34.	Ercik Goodman	33	14:34	Guilford
35.	Lee Aschim	34	14:40	Thomas Jefferson
36.	Nathan Schieve	35	14:41	Kaneland
37.	Chris Pearson	36	14:43	Rock Island
38.	Nate Baker	37	14:43	Rochelle
39.	Justin Knickrehm	38	14:44	City High
40.	Steve Ingleby	39	14:45	Pleasant Valley
41.	David Wedwick	40	14:47	Boylan
42.	Scott Garvey	41	14:48	City High
43.	Eric Kroul	42	14:48	Pleasant Valley
44.	Nick Courtney	43	14:51	Sycamore
45.	Zach Albright	44	14:52	Hononegah
46.	Andres Ardila	45	14:53	Conant
47.	Christian Rowlands	46	14:54	Geneseo
48.	Macnider	47	14:55	Schaumburg
49.	Minow	48	14:55	Schaumburg
50.	Aaron Nettgen	49	14:56	Belvidere
51.	Jeff Jendrzejczyk	50	14:56	Kaneland

Individual Results:

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Place	Runner	Team	Time	School
-----	-----	-----	-----	-----
52.	Jon Stensvaag	51	14:58	City High
53.	Michael Schwartz	52	14:59	Conant
54.	Ryan Cruse	53	15:00	Rock Island
55.	Michael Larson	54	15:01	Boylan
56.	Kris Barringer	55	15:03	Sycamore
57.	Ben Huebner	56	15:04	Ottawa
58.	Ben Patterson	57	15:04	Hononegah
59.	Bob Bunch	58	15:07	Pleasant Valley
60.	Jeff Daily	59	15:09	Hononegah
61.	Justin Piasecki	60	15:10	Pleasant Valley
62.	David Schafer	61	15:10	Sterling
63.	Andy May	62	15:13	Boylan
64.	Rachal	63	15:14	Schaumburg
65.	Cory Tiffin	64	15:15	Ottawa
66.	Andrew Fehlman	65	15:15	Geneseo
67.	Brent Ahern	66	15:16	Ottawa
68.	Brian Taylor	67	15:22	Sycamore
69.	William Csendes	68	15:23	Oswego
70.	Steve Brown	69	15:26	Thomas Jefferson
71.	Anthony Elling	70	15:26	Thomas Jefferson
72.	Cassata	71	15:27	Schaumburg
73.	Brandon Wilson	72	15:27	Belvidere
74.	Dan Rappa	73	15:30	Boylan
75.	Erik Reiter	74	15:32	Guilford
76.	Patrick Cameron	75	15:33	Rock Island Alleman
77.	Nick Fulton	76	15:34	Boylan
78.	Eric Maffei	77	15:34	Hononegah
79.	Richard Bryne	78	15:35	Rochelle
80.	Ryne Alsip	79	15:37	Hononegah
81.	Steve Loftus	80	15:38	Geneseo
82.	Matt Simmons	81	15:39	U.T.H.S
83.	Ben Coon	82	15:39	Sterling
84.	Grant Finley	83	15:40	Pleasant Valley
85.	Andrew Layer	84	15:41	Rock Island Alleman
86.	Andrew Keller	85	15:42	Guilford
87.	Tom Harrold	86	15:47	Sterling
88.	Aguilar	87	15:50	Schaumburg
89.	Gerard Sabb	88	15:53	Rock Island
90.	James Crawford	89	15:53	Kaneland
91.	Matt Wolf	90	15:56	Belvidere
92.	Andy Mark	91	15:57	Boylan
93.	Jason Elko	92	15:58	Oswego
94.	Jim Hoogrewerf	93	15:58	Rock Island Alleman
95.	Chris Dayton	94	15:59	Pleasant Valley
96.	Rodney Hoffmen	95	16:00	Thomas Jefferson
97.	Myles Wagner	96	16:07	Oswego
98.	Ryne Reel	97	16:09	Streator
99.	Daryll Stutzman	98	16:10	Streator
100.	Eric Rheinhardt	99	16:12	Pleasant Valley
101.	Mike Dorton	100	16:15	Ottawa
102.	John Grundman	----	16:16	Princeton
103.	Brad Matten	101	16:17	Geneseo

Individual Results:

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Place	Runner	Team	Time	School
----	-----	----	----	-----
14.	Matt Sharp	102	16:17	Rochelle
15.	Dan Geissler	103	16:25	Thomas Jefferson
16.	Cody Haars	104	16:30	Geneseo
17.	Rob Nyberg	105	16:31	Hononegah
18.	Chris Pollave	106	16:34	Thomas Jefferson
19.	Ben Whitcher	107	16:35	Guilford
20.	Brad Kummer	108	16:41	Sycamore
21.	Beau Underwood	----	16:42	Princeton
22.	Steve Kapton	109	16:45	Oswego
23.	Ben Luthey	110	16:46	U.T.H.S
24.	Darron Brown	111	16:47	Sterling
25.	Mike Moore	112	16:51	Sterling
26.	Dan Bell	113	16:58	Ottawa
27.	Adam Long	114	17:11	Sycamore
28.	Shawn Moats	----	17:19	Princeton
29.	Steve List	115	17:19	Guilford
30.	Casey Carrino	116	17:21	Ottawa
31.	Edward Lawrence	117	17:22	Oswego
32.	Kevin Hackett	118	17:22	Rock Island
33.	Kevin Vandevoorde	119	17:23	Rock Island Alleman
34.	Jeff Armstrong	120	17:24	U.T.H.S
35.	Pete Pasqua	121	17:28	Rochelle
36.	Hank Vogel	122	17:29	Sterling
37.	Eric Moreno	123	17:40	U.T.H.S
38.	Dan Boomgarden	124	17:42	Guilford
39.	Travis Reel	125	17:43	Streator
40.	Nick Spence	126	18:00	Ottawa
41.	Nick Henkel	127	18:03	Streator
42.	Enrique Escamilla	128	18:04	U.T.H.S
43.	Steven Booze	129	18:16	Streator
44.	Mike Westbo	130	18:17	Sterling
45.	Eric Murphy	131	18:20	Rock Island Alleman
46.	Luke Ernst	132	18:44	Oswego

Boys Open

Winning Time: 16:40

Team Results:

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Place Team

Score

Finish Order

Place	Team	Score	Finish Order
1.	City High	16	(1- 2- 3- 4- 6- 8- 12-)
2.	Loyola Academy	42	(5- 7- 9- 10- 11- 0- 0-)
3.	Schaumburg	92	(14- 17- 19- 20- 22- 25- 34-)
4.	Conant	127	(18- 24- 26- 29- 30- 32- 41-)
5.	Pleasant Valley	165	(16- 33- 35- 38- 43- 50- 52-)
6.	Rochelle	166	(13- 21- 27- 37- 68- 84- 93-)
7.	Rock Island Alleman	191	(23- 28- 36- 49- 55- 61- 76-)
8.	Belvidere	254	(31- 39- 47- 64- 73- 75- 87-)
9.	Rockford Christian	274	(15- 42- 67- 72- 78- 94- 0-)
10.	Boylan	283	(46- 53- 56- 62- 66- 69- 70-)
11.	Hononegah	299	(48- 54- 58- 60- 79- 83- 90-)
12.	Sycamore	304	(44- 51- 57- 71- 81- 82- 89-)
13.	Geneseo	313	(40- 59- 63- 65- 86- 88- 92-)
14.	Guilford	361	(45- 74- 77- 80- 85- 91- 95-)

Boys Open

Winning Time: 16:40

Individual Results:

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Place	Runner	Team	Time	School
-----	-----	----	----	-----
1.	John Williams	1	16:40	City High
2.	David Keitel	2	16:40	City High
3.	Sean Voigt	3	16:41	City High
4.	Matt Farrell	4	16:51	City High
5.	Matt Robbins	5	16:56	Loyola Academy
6.	Steve Garvey	6	16:57	City High
7.	Tim Driscoll	7	17:01	Loyola Academy
8.	James O'Grady	8	17:04	City High
9.	Mike Jacques	9	17:07	Loyola Academy
10.	Phil de los Reyes	10	17:10	Loyola Academy
11.	Charlie Bermingham	*DQ*	17:12	Boylan
12.	Ed Wehmer	11	17:13	Loyola Academy
13.	Ben Dean	12	17:15	City High
14.	Nathan Raaz	----	17:19	City High
15.	Joe McKinney	13	17:20	Rochelle
16.	Gebhardt, T	14	17:29	Schaumburg
17.	Chris Renk	----	17:29	City High
18.	Ned Wright	15	17:34	Rockford Christian
19.	Bret Larson	16	17:37	Pleasant Valley
20.	Olsen	17	17:53	Schaumburg
21.	Cornelius Matthews	18	17:58	Conant
22.	Diffley	19	17:59	Schaumburg
23.	Mario Countryman	----	18:00	City High
24.	Brothman	20	18:08	Schaumburg
25.	Wes Heim	21	18:17	Rochelle
26.	Chris Pretorius	----	18:19	City High
27.	David Lynch	----	18:20	City High
28.	Dave Flores	----	18:20	City High
29.	CHO	22	18:23	Schaumburg
30.	Jeremy Vidmar	23	18:29	Rock Island Alleman
31.	Robert Schulein	----	18:30	City High
32.	Tim Davis	----	18:31	City High
33.	Jason Thai	24	18:33	Conant
34.	Zabler	25	18:35	Schaumburg
35.	Derek Van Pelt	26	18:36	Conant
36.	Zack Weber	27	18:36	Rochelle
37.	Ian Burke	28	18:37	Rock Island Alleman
38.	Bill Olander	29	18:45	Conant
39.	Derrick Dawson	----	18:49	Thomas Jefferson
40.	Eric Forry	30	18:50	Conant
41.	Chris Goad	31	18:51	Belvidere
42.	Nicholas Conforti	32	18:52	Conant
43.	Toby Titone	----	18:53	City High
44.	Jason Addington	33	18:58	Pleasant Valley
45.	Nick Rocca	----	18:59	City High
46.	Valmonte	34	19:07	Schaumburg
47.	Michael Jonhson	35	19:10	Pleasant Valley
48.	Russ Holstine	36	19:12	Rock Island Alleman
49.	Adam Pretorius	----	19:15	City High
50.	Jake Cilek	----	19:15	City High
51.	Tony Musselman	37	19:20	Rochelle

Individual Results:

Place	Runner	Team	Time	School
-----	-----	-----	-----	-----
52.	Matt Horan	38	19:20	Pleasant Valley
53.	Colin Easton	39	19:21	Belvidere
54.	Noel Powers	40	19:23	Geneseo
55.	Tom Zlotnicki	41	19:24	Conant
56.	Dominik Modrzejewski	----	19:24	Conant
57.	Spencer Smith	----	19:24	City High
58.	Ryan Slee	----	19:24	City High
59.	Ricky Laslowski	42	19:29	Rockford Christian
60.	Sam Shultz	----	19:29	City High
61.	Jay Elsmore	----	19:30	City High
62.	Joe Eckman	43	19:31	Pleasant Valley
63.	Pat Albrecht	----	19:36	Kaneland
64.	Terrence Whittington	----	19:38	Conant
65.	Todd Lehmann	----	19:39	City High
66.	Adam Wickersham	44	19:41	Sycamore
67.	Jon Zielinski	----	19:42	Kaneland
68.	Matt Weyer	----	19:42	City High
69.	Chris Row	----	19:43	City High
70.	Seth Thiesea	45	19:44	Guilford
71.	Tim Burdick	46	19:45	Boylan
72.	Chris Anthony	47	19:47	Belvidere
73.	Eric Tofte	48	19:48	Hononegah
74.	A. J. Debaene	49	19:49	Rock Island Alleman
75.	John Shumate	50	19:49	Pleasant Valley
76.	Matt Yeager	----	19:50	Rock Island
77.	Rob Parker	----	19:53	City High
78.	Josh Parrish	51	19:56	Sycamore
79.	Billy Moylan	52	19:58	Pleasant Valley
80.	Andrew Merlino	----	20:01	City High
81.	Kutylo	----	20:05	Schaumburg
82.	Michael Rudzinski	53	20:07	Boylan
83.	Dan Oberg	54	20:08	Hononegah
84.	John Lancaster	----	20:09	Conant
85.	Matt Tollenaer	55	20:10	Rock Island Alleman
86.	Joel Altonhoff	56	20:11	Boylan
87.	Branden Sobaski	----	20:12	City High
88.	Jesse Duer	----	20:12	City High
89.	Nathan Miller	57	20:13	Sycamore
90.	Nick Anderson	58	20:14	Hononegah
91.	Mark Gleason	59	20:16	Geneseo
92.	Matt Dekeyser	60	20:19	Hononegah
93.	Andrew Stontz	61	20:21	Rock Island Alleman
94.	Graeme McAlister	----	20:24	City High
95.	Tim Spencer	62	20:26	Boylan
96.	Josh Watson	63	20:26	Geneseo
97.	Rich Wang	----	20:27	Conant
98.	Nate Norem	64	20:32	Belvidere
99.	Brad Pahlmgren	65	20:32	Geneseo
100.	Eric Whitehead	----	20:33	Freeport
101.	Vince Mata	66	20:34	Boylan
102.	Steve King	67	20:34	Rockford Christian
103.	Wyatt Bratt	----	20:34	Dixon

Individual Results:

Place	Runner	Team	Time	School
-----	-----	-----	-----	-----
104.	Kyle Lindmark	68	20:36	Rochelle
105.	Pat Gornik	----	20:39	Dixon
106.	Matt Long	69	20:41	Boylan
107.	Bryan Tryggestad	----	20:42	Boylan
108.	Aaron Cilek	----	20:43	City High
109.	Ted Burgess	70	20:46	Sycamore
110.	J.B. Gustatson	71	20:47	Rockford Christian
111.	Ryan Jacobs	72	20:48	Belvidere
112.	Patrick Kania	----	20:48	Conant
113.	Jim Croffoot	----	20:49	Freeport
114.	John Krevel	----	20:49	Boylan
115.	David Chow	----	20:50	Freeport
116.	Brian Morrow	73	20:50	Guilford
117.	Mike Spera	74	20:51	Belvidere
118.	Russell Ciancio	----	20:53	Conant
119.	Phil Graf	75	20:54	Rock Island Alleman
120.	Sean Smith	----	20:56	Dixon
121.	Shawn O'Neill	----	20:59	Pleasant Valley
122.	Mike Schoenberg	76	21:00	Guilford
123.	Justin Smith	----	21:03	Pleasant Valley
124.	Blaine Campbell	77	21:06	Rockford Christian
125.	Jason Barnes	----	21:11	City High
126.	Monal Mehta	----	21:11	Conant
127.	Mark Judson	78	21:12	Hononegah
128.	David Gelder	----	21:12	City High
129.	Jon Dano	79	21:13	Guilford
130.	Jon Perez	80	21:17	Sycamore
131.	Jeffery Schwegler	----	21:18	Pleasant Valley
132.	Ian Anderson	----	21:20	U.T.H.S
133.	Austin McFarlane	----	21:22	Conant
134.	Colin Raaz	----	21:24	City High
135.	Jason Price	----	21:26	City High
136.	Bryan Lundberg	81	21:32	Sycamore
137.	Matthew Zarembski	----	21:36	Boylan
138.	Bryan Hallett	82	21:38	Hononegah
139.	Jason Kloepping	83	21:42	Rochelle
140.	Kurt Stahl	----	21:42	Boylan
141.	Marshall Potter	84	21:43	Guilford
142.	Jon Humston	----	21:44	City High
143.	Robert Meyers	----	21:48	U.T.H.S
144.	Will Thomson	85	21:49	Geneseo
145.	Dan Gerber	86	21:50	Belvidere
146.	Joe Derwin	87	21:52	Geneseo
147.	Brandon Haug	88	21:53	Sycamore
148.	Adam Spencer	----	21:53	Ottawa
149.	Justin Stover	----	21:54	Thomas Jefferson
150.	Travis Wirth	----	21:56	City High
151.	Will Kurlinkus	89	21:59	Hononegah
152.	Barrett Abbott	90	22:00	Guilford
153.	Lonergan	----	22:01	Schaumburg
154.	Sachin Shah	----	22:03	Conant
155.	Adam Kuban	91	22:06	Geneseo

Individual Results:

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Place	Runner	Team	Time	School
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56.	Nathan Dorzweiler	----	22:07	City High
57.	David Spataro	----	22:08	Boylan
58.	Paul Ellson	----	22:09	Kaneland
59.	Brian Engler	----	22:12	Pleasant Valley
60.	Amit Vyas	----	22:17	Freeport
61.	Mike Denk	----	22:19	Hononegah
62.	Jack Adelizzi	----	22:20	Conant
63.	Jake Knobloch	----	22:22	U.T.H.S
64.	Greg Hendrix	----	22:30	Sterling
65.	Anderon R.	----	22:35	Schaumburg
66.	Eric Jensen	----	22:38	Boylan
67.	Timothy Ozog	----	22:46	Conant
68.	Roydon Gyles-Bedford	----	22:47	Conant
69.	Thomas Parisi	----	22:53	Conant
70.	Andy McLaughlin	----	22:56	Hononegah
71.	Drew Bunton	92	23:08	Rochelle
72.	Joe Klager	----	23:12	Hononegah
73.	Bob Fagan	----	23:15	Sycamore
74.	Brandon Morreale	----	23:15	Sycamore
75.	Andrew Covert	----	23:16	Sycamore
76.	Nick Fulton	----	23:16	Boylan
77.	Pete Burch	----	23:24	Boylan
78.	Tim Allison	----	23:27	Geneseo
79.	Jeff Lang	----	23:42	Rochelle
80.	Matt Rideout	----	23:45	Ottawa
81.	Justin Seigrier	----	23:51	Ottawa
82.	Dan Sullivan	----	23:54	Rochelle
83.	Bill Eckman	----	23:55	Pleasant Valley
84.	Justin Hight	----	24:06	Geneseo
85.	Ryan Brees	93	24:08	Rockford Christian
86.	Brad Buckingham	----	24:17	Sterling
87.	Chris Hoppe	----	24:33	Hononegah
88.	Sunny Siddique	94	24:46	Guilford
89.	Dan Demolli	----	26:32	Thomas Jefferson
90.	Jonathan Yoo	----	26:45	Conant
91.	Tim Hudak	----	27:11	Conant
92.	Revi Chand	----	28:13	Sterling

Championship Meet Time

As we enter into our Championship Meet Series, please regard the following tips:

- Eat properly Three good meals each day is very important. Remember those fruits and vegetables.
- Stay hydrated Athletes need more than eight glasses of water per day.
- Dress warmly Even on these nice days, the evenings get quite cool. Remember to have clothes that you can put on as the temperature changes. Also . . . remember to put warm clothes on *after* you race before you get chilled.
- Get plenty of rest This is a busy time of year with other athletic events and church activities. Please take care of yourself on Friday nights. It is so important for you to get a good night's rest the night before you race.
- Keep it Positive **KIP!** Good Luck and Have Fun!!!