

Republic photo

HEADED FOR STATE. Maple Leaf Cross Country star Jenny Lake displays the medals she won at NCIC, regional and sectional competitions. She is advancing to the state tournament on Saturday, November 4. See related story.

Great Lake

Jenny Lake to run at state on Saturday, Nov. 4

"Our team was awesome this year," commented Jenny Lake on the performance of the Geneseo Lady Leafs cross country team. "I love them like sisters."

At the sectional in East Peoria on Saturday, October 28, Lake placed second and won the right to move on to the state competition in Peoria on Saturday, November 4.

"I'm really excited to be able to go," she said. "Last year I couldn't compete because I had an injury. I now have one last chance to go and I want to relax while I am there and have a good time competing."

Lake has had the running bug ever since she was in elementary school. She remembers having to do a one-mile run as part of physical education class.

"I always kept up with the boys," she smiled.

In seventh grade she joined the cross country team. She is very happy with her progress through high school.

"I am so blessed to have so many abilities," she said. "This year has been the most fun. I think I have matured quite a bit as a runner."

Lake said the secret to her success is all mental. When she was a freshman runner, it was raw talent which got her by. Now she believes running is more of a mental game than a physical one.

"I go into meets knowing I have prepared as much as I could. I realize there is no reason to be tense or nervous because that won't help. I just relax and run my own race."

She said with the state competition it would be easy to put pressure on herself, but she is trying to keep the meet in perspective.

"I run every day," she commented. "When I get to state, I will just run a little faster."

Running is one of the greatest releases of stress in her life, the other being her love of playing the piano. These days she is also enjoying being a senior at J. D. Darnall High School, hanging out with her friends and sending out college applications.

"I don't know where I am going to college yet," she said. I plan to go to the college which offers the most. I am getting so many calls from college coaches, my parents

are having to screen my calls."

In college, Lake plans to keep running but will put more time and energy into academic study. She plans to major in pre-medicine to become a general surgeon. Working at Hammond-Henry Hospital in Geneseo has helped foster this vision.

For people just going into running, Lake said they have to keep in mind the first few weeks will be tough as a base is being built. After the initial toughness shrinks away the cross country runs become more of a social event.

"We have so much fun when we are running. A lot of times we don't realize how hard it is," she commented.

At meets Lake said she likes the way the team is tense before competing, but after the competition the pressure is off and the team is relaxed and in a good mood.

"I'm disappointed the team won't get to come with me to state," she

said. "We missed qualifying as a team by 20 points. When I am running they will be part of my race."

She is very happy with all the support she has received from the community. She has many people wishing her well at the meet.

"It is nice to have a whole town behind you who wish you well and want you to succeed," she said.

Still, Lake said her biggest fans have always been her parents, Ray and Julie Lake and her brother Jon.

"They have been very supportive," she said. "They have helped me through all the ups and downs."

She traveled to the state meet as a freshman and took eighth place. She believes her running has improved since then and is expecting to do much better Saturday.

"In the future I plan to continue to improve my running," she said. "I will be running road races until I am 80."



On to State

2000

55th Year of Boys State Series • 22nd Year of Girls State Series

CROSS COUNTRY

**Saturday,
November 4**

IHSA State Meet

Host: Peoria High School • Race Site: Detweiller Park, Peoria, Illinois • Awards Site: Peoria High School



Saturday, November 4

Legends Run Through a Century of Excellence

By Jim Ruppert
The State Journal-Register, Springfield

The madness comes much later in the year. Sometimes the Illinois High School Association's state cross country meets are contested in sweater weather. Sometimes there's snow on the Detweiller Park course. It rains, it's sunny. But every November, it is competitive.

Cross country in Illinois actually spotted the other sports a few years. The first state meet wasn't contested until 1946. March Madness was 38 years old by then. Illinois already had been crowning state champions in basketball, baseball, golf, swimming, tennis, track and field and wrestling for some time before the first state cross country meet was contested.

That's when Roy Gummerson and Albert Willis got together.

In 1945, Gummerson was coaching and teaching at Peoria Woodruff High School. He served as host to an unofficial state championship meet, the Woodruff Invitational featuring nearly 40 teams. Willis was with the IHSA.

"Albert Willis called me and asked me to come on over to Bloomington," Gummerson remembered. "He wanted me to ride with him to Springfield to discuss cross country.

"He said to me, 'Your meet is successful. Give me a little of the program.' We talked about it and he said, 'We're going to have a state meet next year. You'll be the chairman of that group.'"

Neither Gummerson nor Willis probably knew what could come from their meeting. But over the last 54 years of the 20th century, a giant has been created.

Future Olympians like Craig Virgin, Mike Durkin, Jim Spivey and Mark Deady have taken part in the state cross country meet. Weymouth Kirkland, Charles Schulz, Troy Maddux, Tom Graves, Pat Joyce, Chris Bailey, Tim Broe, Ryan Young, Jorge Torres, Dana Miroballi, Dave Merrick, Susan Gibson, Alana Crisman, Erin Boland and Rebecca Mitchell were multiple winners. Coaching legends like Joe Newton, Ernie Eveland and Gene Armer have taken teams to the starting line. College recruiters make the Illinois state meet a red-letter day on their calendars every November.

"Illinois is one of the top cross country states in the union," says Newton, whose Elmhurst York teams own a record 20 state titles since 1962, including six in a row (1989-94) and five in a row (1980-84). "Our state runs the meet so fantastically. Ours is first class; it's one of the best."

★ IHSA Celebrates Centennial in 2000 ★

There's something about the Illinois High School Association (IHSA) that makes it better with age.

From cinder tracks and gymnasiums with pot-bellied stoves to statewide competition for boys and girls in 24 sports and seven non-athletic activities with the results posted on the Internet as they happen, the first hundred years of the Illinois High School Association (IHSA) have been a century to celebrate.

Dec. 27, 2000, is the 100th birthday of the organization which has touched the lives of almost half of the people who've attended its member schools. More than four generations of athletes, along with competitors in music, speech, chess and scholastic bowl, have experienced quite literally the thrill of victory and the agony of defeat.

"Think for a moment of how lives have been shaped through participation by high school students in interscholastic competition," observed Dave Fry, only the fifth person to serve IHSA as its Executive Director. "The people skills needed to be successful in life after high school have been honed on days of hard practices and down-to-the-wire finishes."

To commemorate the centennial, a unique logo has been created. The official programs for each state final meet or tournament will include articles written specifically for the sport or activity, authored by veteran writers from across Illinois. Centennial recognition plans may be incorporated into different state finals during the year, too. News regarding Centennial activities will be posted on the IHSA Web Site as it develops throughout the year.

During Year 2000, more than 225,000 different boys and girls will represent their schools in interscholastic athletic and activity competition. Over the past 99 years, it is estimated that at least 20 million students have represented their school in a staggering number of regular season and state series games and meets.

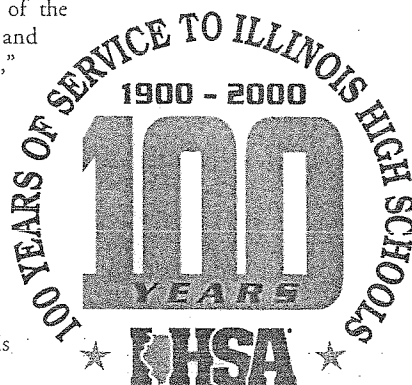
"I remember vividly hearing from a staff member who was in the gym the night Saunemin High School played its last home boys basketball game before closing," Fry offered. "The place was packed

before the frosh-soph game began. People were standing along the end lines and against the wall opposite the bleachers. Before the varsity game began, the principal greeted everyone and thanked them all for supporting the team through the years. Then he asked for any letter winner from 1900-1910 to stand and one man did. He encouraged the man to remain standing as he asked letter winners from the next decade to stand and they did. By the time he got to letter winners in the 1990's it seemed like everyone in the tiny gym was standing. . .and cheering as one. That's what this is all about."

Since the IHSA was formally organized on Dec. 27, 1900, in a meeting of principals called for the purpose of building an organization to supervise and conduct the interscholastic program of the state's secondary schools, it has developed into an organization that addresses those needs. Over the years, IHSA has been recognized throughout America as one of the nation's preeminent state high school associations.

"Educators and school leaders in communities across our state have valued the importance of IHSA's co-curricular programs, and have endorsed progressive innovations to meet the diverse needs of the young people and communities they serve,"

Fry emphasized. "History continues to show the impact of teachers and coaches on our state and national leaders. If IHSA's first 100 years are any indication of what is ahead in the next century, our future is very bright."



The location has changed, from Urbana Country Club to Peoria Country Club back to Urbana Country Club to the University of Illinois Golf Course in Savoy to Peoria's Detweiller Park. The distance bounced around from two miles to 1.9 miles back to two miles, back to 1.9, to two again, then to 2.75 miles and 2.67 miles to finally three miles.

Two-class cross country came to be in 1976, and girls started racing in 1979. The girls went to two classes in 1988 and from 2.1 miles to 2.5 miles in 1998.

But through all the changes, the sights and sounds of Illinois high school cross country remain constant. York's Long Green Line, virtually every year the team to beat in the Class AA boys race. The triangle and the bridge, where pretenders and contenders usually are sorted out at the midway point of the race. The York band playing "As the Saints Go Marching In" at the Peoria High School gym's award ceremonies. All have become a rite of November.

It is an individual sport and a team sport all wrapped in one. The state's greatest individual talents — Virgin, Graves, Spivey, Maddux — never ran on a state championship team. In fact, just twice has the girls individual champion also come from the team champion — Wheeling's Miroballi in 1984 and 1986. Just 11 boys individual champs also came from the team champion, and it happened just once since 1984 — Wheeling's Torres in 1998.

The coaches with the most state titles have done it by preaching team ahead of individual. Newton has produced 20 team champions and three individual champions — Ron Craker in 1975, Jim White in 1984 and Donald Sage in 1999. The Craker-led team placed second, four points behind champion Chicago Heights Bloom. The White-led won the 1984 title, and Sage's team won last year.

On the girls side, Wheeling's Jim Nagel has won four state titles and produced four individual champions. Of course those four state champs happened to be the same person, Miroballi, the only four-time state cross country champion, male or female, in state history. Winnebago's Roger Fredrickson and Palatine's Steve Currins both have won four team titles without an individual champion.

Every discussion of Illinois runners begins with Virgin, who won the 1971 state title as a Lebanon junior and then ran the fastest time in Detweiller Park

history in repeating as a senior in 1972. He won five state championships, including the mile and two-mile crowns at the 1972 state track meet. Virgin went on to the University of Illinois, where he won nine Big Ten Conference track and cross country titles. He was a three-time member of the United States Olympic team and is the only American to win the World Cross Country championship. He was the first American finisher in eight NCAA track and cross country finals.

And it all started on the hills of Lebanon. Virgin was sixth in the state as a sophomore in the first state meet ever contested at Detweiller Park. He won by almost 20 seconds as a junior and nearly 30 seconds as a senior.

"The single most impressive thing I've ever seen at the state meet," Newton remembers about Virgin's 1972 performance. "He was at 4:19 at the mile. 4:19! Then 9:19 at the two-mile. He was 300 meters in front of everybody.

"That's the greatest thing I've ever seen. It was unbelievable. I'll never forget it."

The female version of Virgin was Miroballi. When girls cross country was first contested in Illinois in 1979, four of the first five state champions were freshmen or sophomores. The defending champion had a tough time trying to repeat. And then along came Miroballi.

In 1984, all eyes were on defending champion Mary Beth Driscoll of Elmhurst York, but Miroballi finished in 11:29.6 and Driscoll wound up fifth. And then Miroballi became the first girls repeat winner in 1985, liked it so much she made a clean sweep of all four state meets in which she competed.

But Newton, Virgin and Miroballi never would have had their chances to make history without the sport's pioneers back in 1946. After Gummerson and Willis laid out the ground rules in 1945, it was time to get down to business.

Gummerson designed the two-mile Urbana Country Club course, and Paris' legendary Ernie Eveland jumped at the chance. Keyed by the second-place finish of George Twigg, Paris won the first of its four straight state titles by a 90-102 margin over Chicago Lane Tech.

LaGrange Lyons' Warren Druetzler, wearing No. 44 on the front of his shirt, was the first individual state champion with a time of 10:07.8.

Paris was a repeat champion in 1947 and 1948. Many of the runners who helped Eveland win the 1947 state cross

country crown were on hand in March of 1948 as Paris won its second state basketball title.

"All his basketball players had to run cross country," Gummerson said. "Shorty did a nice job with the kids."

That was a common theme in the early days. Cross country was considered by many to be a great fall conditioner for the boys of winter, basketball players.

By 1948, when Paris was the team champion and Buffalo Tri-City's Stacy Siders took individual honors, a new country was heard from in the team standings: Elmhurst York finished third with 105 points, behind Paris and Washburn.

In 1949, Eveland was relieved of his coaching duties after a dispute with Paris school personnel. It wasn't enough to end the school's streak of state titles, though, as Paris finished ahead of runner-up Evanston 36-72.

Chicago Heights Bloom ended the Paris reign 49-70 in 1950, and Paris hasn't finished among the top five at the state meet since. Steve Murphy of Chicago Calumet became the first — and last — Chicago Public League runner to win the state cross country title.

The 1951 state meet featured brother vs. brother on an 18-degree day at Savoy. Gene Armer's Urbana team whipped Max Armer's Lyons team 21-61. Along the way the Tigers set a record for fewest points as all five scoring runners placed among the top 16 finishers. Paris' Chuck Metheny became the first state champion to move up from the runner-up spot the year before.

Gummerson finally talked the IHSA into moving the meet in 1952 to a hilly 1.9-mile Peoria Country Club course Gummerson had designed. It worked for Gummerson, whose team won the state title 37-80 over defending champion Urbana. It's the only state title in school history. Woodruff's Charles Hakes, running on friendly terrain, took individual honors in 10:06.6.

The meet's run at Peoria Country Club was a short one. The IHSA went back to Urbana's less-challenging 1.9-mile course in 1953.

"The country club was a great place," Gummerson said. "The argument was that some of the teams had no hilly grounds to run on so they wanted to move it back to where there was a little bit of each, hills and flat."

The meet stayed at Urbana for the next 15 years. The 1953 race was

highlighted by the 1-2 finish of champion Evanston's Louis Kujawinski and John Hitt. It was the first of only two times in the history of the boys meet that teammates finished 1-2.

The 1-2 teammate finish was duplicated in 1957 when Moline teammates Ray Ott and Bob Lindrud took the top two finishes. After a two-year run by Max Armer's Lyons team, Maywood Proviso took team honors for the second time in four years.

In 1958, the 13th state meet proved historic when Alton won the title 95-100 over Glen Ellyn Glenbard. For the rest of the century, no downstate team was able to win a large-school state male cross country title. In fact, only two schools south of Interstate 80 have earned state-meet trophies for finishing among the top three in the one-class or Class AA boys state meet since that time. Centralia was second in 1971 and Springfield Lanphier was third in 1982.

New Trier's Weymouth Kirkland, the runner-up in 1958, became the state's first two-time state champion when he won in 1959 and 1960. At the 1959 state meet, Kirkland kept Kankakee's Marvin Silliman from repeating as the state champ. Allen Carius of Morton, who would go on to become one of the greatest distance-running coaches in America at North Central College, finished second in 1959. Kirkland's 1960 clocking of 9:15 was the fastest time ever on the 1.9-mile Urbana Country Club course.

Also in 1960, York went to Eveland's old stomping grounds, Waterman, to hire a new cross country and track coach, Joe Newton.

Only three state cross country titles have been decided by one point. In 1961, Highland Park edged Glenbard West 96-97 for the title. The other two one-point margins came in 1967, when Arlington Heights Arlington topped Hillside Proviso

West 73-74 and 30 years later in 1997 when Lockport nipped York 134-135.

Speaking of York, the Long Green Line got its first state title in 1962. By the time the '60s were over, York had established itself as the program by which all others in Illinois are judged. By the time the century was over the rest of the United States knew York and cross country go hand in hand.

Charles Schulz of Evanston joined Weymouth Kirkland as a repeat winner, taking the 1962 and 1963 titles. Schulz's 1963 time of 9:30.9 was, and remains, the

fastest two-mile cross country time ever.

The 1967 and 1968 individual state champions both were good high school runners that became better college runners. Des Plaines Maine West's Lee LaBadie won the 1967 title, the last contested at Urbana Country Club, and Glen Ellyn Glenbard West's Ken Popejoy was the 1968 champion on the U of I Golf Course in Savoy.

The first of three outstanding New Lenox Lincoln-Way runners, Dave Merrick, won the last state meet contested in Champaign-Urbana in 1969 and the first at Detweiller Park in 1970. Merrick was the third two-time state champion and went on to win five state crowns in track and cross country, including both the mile and two-mile titles at the 1971 state track meet.

Individual accomplishment took center stage in 1971 and 1972 as Virgin ran away with back-to-back state titles. But the York domination was starting to take hold. The Dukes won three straight titles from 1971-73, all by huge margins. The 1973 individual champ was another Lincoln-Way runner, Dave Walters, who ran the third-fastest Detweiller Park time, 13:57.7. He joined Merrick and 1971 runner-up Lee Erickson as standouts from coach Joe Rodriguez's program.

Chicago Heights Bloom won two straight titles by slim margins over York in 1974 and 1975. In perhaps the most controversial meet in state history, Bloom edged York 128-132 in 1975 amid claims that a Bloom runner cut the course. The IHSA conducted an investigation and found no wrongdoing.

Craker was Newton's first individual state champion in 1975, and an Orland Park Sandburg sophomore named Tom Graves burst onto the scene, finishing third.

For the first time in 1976, the state meet was divided into two classes. Virgin's old school, Lebanon, was the first Class A state champion and Winnebago's Doug Drogemuller was crowned the state's first small-school champ.

Meanwhile in Class AA, Graves won the first of his six state running titles, four of them in track, by just under 8 seconds over Bensenville Fenton's Jim Spivey. A rivalry was officially born.

If not for Craig Virgin's dominating performance in the 1972 state meet, people would call Tom Graves' effort in the 1977 meet the best ever. And Graves needed just about every second of his 13:56 performance to hold off Spivey.

Spivey was the leader at the mile split in 4:37 as Graves trailed by about 10 yards. But Graves threw in one of the greatest surges in meet history just past the mile mark, running the third half-mile in an unreal 2:05. Graves' 13:56 ranks No. 2 all-time. Spivey, who was an Olympian after earning All-America honors at Indiana University, was second in 14:00. It was the first — and only — time two runners were at or under 14 minutes in the same race.

Deerfield, which won the 1976 team title, was a repeat champ in 1977 and was declared the best team in America for the second straight year. Three Deerfield runners finished in the top 13, which is more impressive when you figure in the fact that No. 2 man Mark McCallister dropped out after mile due to an injury.

The first girls state meet was contested in 1979, and Glen Ellyn Glenbard South sophomore Madlyn Morreale was the first individual champion in 11:34.9 for 2.1 miles. Wheeling captured the first of its four state titles 91-169 over Evanston.

A relative unknown, Jim Files of Springfield Lanphier, was the individual winner from what many considered the finest collection of individual talent in the meet's 34-year history. Park Ridge Maine East unseated York 63-65 for the team title, to the chagrin of Newton, who called the second-place finish his most disappointing to date.

"Two Maine East guys passed our guy in the last 500 and we lost by two points," Newton opined afterward.

Petersburg Porta, which would build one of the top Class A programs in the state, took team honors in 1979, and Gary Bremer was the Class A individual champ.

Mike Patton of Chicago St. Ignatius became the first African-American champion when he won the Class AA individual title in 1980. Freshman Laura Haggerty of Evergreen Park was the girls state champion, and Peoria Bergan's Eric Volkert, who took up cross country for the first time that year as a senior, was the Class A champ.

York won state title No. 9 in 1981 by the widest margin in state history 44-185 over Schaumburg, but the girls race continued to take on a new look. For the third time in three years, a new champion was crowned as hometown hero Betsy Silzer of Elmwood won in 11:22.9.

The 1982 meet was cold, 23 degrees at race time, but Cornell's John Jacobson was hot. After a mid-week phone call from

Craig Virgin, Jacobson won the Class A state title in 14:43.2 to deny Elmhurst Immaculate Conception's John King a chance to be the first Class A repeat champ. Schaumburg became the fourth different girls team to win the state title, and Shelly McBride of Crete-Monee became the fourth different individual girls state champion.

York upped its streak of titles to a record five straight by capturing the 1983 and 1984 Class AA titles, but Schaumburg ended the reign in 1985 thanks to a 34.8-second split between its top five finishers. Elmwood, meanwhile, staked a claim as the top Class A program in history by winning three straight A titles from 1983-85. Miroballi became the first girls repeat winner in 1985, then pulled the double repeat in 1986 and 1987.

In 1988, the IHSA added a fourth race to the state meet plate as the girls went to a Class A and a Class AA format. Roger Beals of Chrisman became the first coach to capture two team titles on the same day as his girls team took the first Class A state meet 74-103 over neighbor Tolono Unity and the boys won 122-139 over Tremont thanks to a 1-5 split of just 21 seconds.

York's boys won six straight Class AA titles from 1989-94. The 1990 team set a record for the widest margin of victory 54-213 over Hoffman Estates. With Miroballi gone and two-class cross country in place, individual races were up for grabs. Erin Boland of McHenry succeeded Miroballi in 1988 and turned in a Dana-like performance, winning by 24 seconds. The first Class A girls state individual champ was Chris Salsberry of Genoa-Kingston.

Vadim Nemad became the first foreign exchange student to win a state cross country title in 1990 when the Skokie Niles North standout blitzed the field in 14:17. Erin Boland of McHenry, who followed her 1988 state title with a ninth-place finish in '89, was back in the Class AA winner's circle in 1990. She was the second girls to win more than one state title up to that time and the first runner in state history to win two titles but not consecutive crowns.

The 1991 state meet featured a state record for fewest points by a Class A champion as St. Joseph-Ogden won with 46 points. It also marked the first time in recent memory that an all-state (top 25 finisher) runner didn't count in the team score. St. Joe-Ogden's Tim Mies was 23rd in the state and the sixth-place finisher on his team.

Palatine's girls and York's boys won Class AA titles from 1989-92. Prairie View Stevenson's Pat Joyce became the seventh boys repeat champion in 1991-92, but the Class AA girls continued a recent pattern when Becky Coleman became the fourth straight senior to win the race once dominated by freshmen and sophomores. Herscher's girls and St. Joseph-Ogden's boys repeated as Class A champions, and another foreign exchange student, German Christian Natusch of Rushville, completed an undefeated season by winning the Class A boys crown. The A girls race was won by Trenton Wesclin's Susan Gibson, who repeated as a sophomore.

Naperville North ended the four-year Class AA girls reign of Palatine in 1993, but York made sure the beat went on — and on — by winning Class AA boys titles in 1993 and 1994. That made it six straight for the Dukes. For the first time ever in 1993, the Class AA boys and girls state champions came from the same school as East Peoria's Tim Broe and Jenelle Deatherage won state titles; Broe repeated in 1994. Winnebago emerged from a tightly packed Class A girls field — the top five teams were separated by 30 points — to win the first of what would be three straight state titles in 1993.

The 1994 meet was one of repeats and failed repeat bids. Broe and Bailey were the boys individual champs again and York (AA boys), Normal University (A boys) and Winnebago (A girls) all took home the big team trophies. Gibson's bid for a third straight A girls title was denied by Susan Paige of Elmwood — Gibson would come back as a senior to become the state's only female three-time winner — and Deatherage wound up 35th in AA girls race as Cassidy Wall of Lemont Mount Assisi won.

In 1995, Wheeling produced the male version of Miroballi in Jorge Torres. The freshman finished second to Chicago De LaSalle's Matt Macievic that year and went on to do something Virgin, Merrick, Kirkland and Graves never were able to do, win three straight titles. And he got better every year, winning in 14:29 as a sophomore, 14:15 as a junior and 14:00 as a senior. His 1998 clocking was the best since the 1977 Graves-Spivey classic.

The Palatine girls regained the Class AA girls title in 1995 and 1995, giving Currins four state titles during the 1990s. Winnebago's run of three straight Class A titles was ended by Herscher — the 'Bago

and Herscher girls teams won three state titles each during the 1990s — in 1996. The girls individual races became a closed group in the late 1990s. After Gibson won her third A title in four years in 1995, Rushville's Alana Crisman took individual honors in 1996 and 1997. In Class AA, Geneva's Rebecca Mitchell won as a freshman in 1996 and repeated the next year but was unseated in 1998 by Sacred Heart-Griffin's Ann Gaffigan.

And as the 20th Century was winding down, the York boys suddenly struggled to win a state title. The six-year winning streak was snapped in 1996 when Lockport prevailed and York wound up fifth, missing a trophy for the first time since 1987 when the Dukes were fourth. In 1997, with Donald Sage leading the way in second place, York finished second 134-135 to Lockport. And in 1998, with Sage again placing behind Torres, the Dukes placed second behind Wheeling 126-131.

Petersburg Porta won the second Class A boys state title in its history in 1995 while Chicago University's Peter Muller was rolling to a 12-second victory in the individual race. Oregon prevailed 144-149 over McLeansboro in the 1997 standings as Fairbury Prairie Central's Ryan Young won the first of his back-to-back state titles. And Eureka, which put its five scoring runners within 14 seconds of each other, took the 1998 title.

York closed the 1990s in grand style, winning Joe Newton's record 20th championship by an awe-inspiring 24-139 margin over Schaumburg. York runners finished 1-3-4-6-10, with Donald Sage 21 seconds in front of the rest. Eureka was nearly as dominating in Class A, sweeping past second-place Kaneland by a 32-155 margin. The Hornets finished 1-5-6-7-13 and Dustin Frankey won the individual title.

In the girls' races, Winnebago outdueled Eureka 98-171 for the Class A team crown, and Sara Selby of Shelbyville won individual honors. Schaumburg won a tight race over York's girls, 154-167, and Katie Hartman of Woodstock led her nearest rival by 11 seconds to win the individual title.

Box Numbers

Class A GIRLS

- 5 — Elmwood
- 6 — Rock Island (Alleman)
- 7A — Lindsay Zeiler, Metropolis (Massac County)
- 7B — Bekah Aavang, Huntley
- 7C — Becky Levine, Chicago (University)
- 7D — Stephanie Simms, Gardner (G.-South Wilmington)
- 8 — Stanford (Olympia)
- 9 — Shelbyville
- 10A — Tiffany York, Delavan
- 10B — Brooke Brenner, Stockton
- 10C — Emily Zimmerman, Petersburg (PORTA)
- 10D — Heather Elders, Herrin
- 11 — Manlius (Bureau Valley)
- 12 — Litchfield
- 13A — Lea Brock, Benton
- 13B — Elizabeth Boomer, Macomb
- 13C — Tracy Fleischhacker, Chicago (Luther North)
- 13D — Bridget McLeese, Monticello
- 14A — Chris Holl, Clinton
- 14B — Emily Nelson, Oregon
- 14C — Andrea Edgar, Quincy (Notre Dame)
- 14D — Sarah Barrow, McLeansboro
- 15A — Dessa Guyer, Hutsonville
- 15B — Jennifer Hollins, Taylor Ridge (Rockridge)
- 15C — Mindy Peterson, Taylor Ridge (Rockridge)
- 15D — Courtney Roberts, Downs (Tri-Valley)
- 16A — Bryce Millis, Fithian (Oakwood)
- 16B — Colleen Detjens, Lisle (Sr.)
- 16C — Ashlee Calderone, Sherrard
- 16D — Jessica Peach, Columbia
- 17A — Priscilla Peach, Roxana
- 17B — Liz Chandler, Athens
- 17C — Joan Seby, Yorkville
- 17D — Hollie Denault, Herscher
- 18 — St. Joseph (S.J.-Ogden)
- 19 — Breese (Mater Dei)
- 20 — Urbana (University)
- 21 — Monmouth (H.S.)
- 22 — Winnebago (Coop)
- 23 — Eureka
- 24 — Wheaton (St. Francis)
- 25 — Teutopolis
- 26 — West Chicago (Wheaton Academy)
- 27 — Braidwood (Reed-Custer)
- 28 — Woodstock (Marian)
- 29 — Normal (University)
- 30 — Elmhurst (Timothy Christian)
- 31 — Robinson

Class AA GIRLS

- 1 — Chatham (Glenwood)
- 2 — Downers Grove (North)
- 3A — Alina Talmaciu, Chicago (Mather)
- 3B — Karina Soto, Chicago (Mather)
- 3C — Rachel Arnett, Chicago (Young)
- 3D — Daisy Zamora, Chicago (Jones)
- 4 — Palatine (Fremd)
- 5 — Schaumburg
- 6 — St. Charles (East)
- 7 — Peoria (Notre Dame)
- 8 — New Lenox (Lincoln-Way)
- 9 — Chicago (Lane)
- 10 — Lockport (Twp.)
- 11 — Normal (Community West)

- 12 — Elmhurst (York)
- 13 — Quincy (Sr.)
- 14 — East Peoria
- 15 — Chicago (Morgan Park)
- 16 — Champaign (Centennial)
- 17 — O'Fallon
- 18A — Whitney Mays, Bloomington (H.S.)
- 18B — Maureeca Lambert, Bloomington (H.S.)
- 18C — Lindsay Wagner, Mt. Vernon
- 18D — Laura Vermette, Springfield (Sacred Heart-Griffin)
- 19 — Roselle (Lake Park)
- 20 — Palatine (H.S.)
- 21A — Carly Evans, Lombard (Glenbard East)
- 21B — Nicole Feest, Lombard (Glenbard East)
- 21C — Vanessa Menze, Lombard (Glenbard East)
- 21D — Laura Macias, Chicago (Farragut)
- 22 — Orland Park (Sandburg)
- 23 — Lake Zurich
- 24 — LaGrange (Lyons)
- 25 — Naperville (North)
- 26 — Moline
- 27A — Jenny Lake, Geneseo (Darnall)
- 27B — Ashley Addair, Aurora (Waubonsie Valley)
- 27C — Loryn King, Arlington Heights (St. Viator)
- 27D — Delilah DiCrescenzo, Burbank (Queen of Peace)
- 28 — Springfield (Southeast)
- 29 — Freeport (H.S.)
- 30A — Shantia Chester, East St. Louis (Sr.)
- 30B — Jaime Turilli, Normal (Community)
- 30C — Lizet Diaz, Aurora (East)
- 30D — Erika Odlaug, Deerfield
- 31A — Kyna Forkins, Glen Ellyn (Glenbard West)
- 31B — Katie Birn, McHenry
- 31C — Abbey Hartmann, Lisle (Benet Academy)
- 31D — Kim Ye, Rockford (Auburn)
- 32A — Joanne Capparelli, Springfield (Lanphier)
- 32B — Elizabeth Davenport, Murphysboro
- 32C — Mauren Scott, Mahomet (M.-Seymour)
- 32D — Michelle Rhoden, Joliet (Twp.)
- 33 — Wheaton (North)
- 34A — Alison Coren, Wheeling
- 34B — Jean Marinangeli, Buffalo Grove
- 34C — Sarah Radostits, Naperville (Neuqua Valley)
- 34D — Sarah Dortch, Edwardsville (H.S.)
- 35A — Caitlin Chrisman, Carbondale
- 35B — Stephanie Richards, Pekin
- 35C — Lisa Gistis, Naperville (Central)
- 35D — Christina Nieto, Elgin (Larkin)
- 36 — Hinsdale (Central)
- 37A — Angie Simone, Palos Hills (Stagg)
- 37B — Jessica Winter, Wheaton (W. Warrenville South)
- 37C — Colleen Byrne, Des Plaines (Maine West)
- 37D — Melissa Malter, Downers Grove (South)

Class A BOYS

- 5 — Rochester
- 6 — Rock Island (Alleman)
- 7 — Gillespie
- 8A — Chris Herrin, Harrisburg
- 8B — Jeff Rann, Harrisburg
- 8C — Shawn Lucas, Elgin (St. Edward)
- 8D — Brad Graham, Braidwood (Reed-Custer)
- 9A — Mike Holloway, Paris
- 9B — Earl Ali, Burlington (Central)
- 9C — Jason Obert, Liberty
- 9D — Nolan Cramsey, Liberty
- 10 — Sparta
- 11 — Lansing (Illiana Christian)
- 12A — Michael Glosson, Aurora (Central Catholic)
- 12B — Manuel Barraza, Aurora (Central Catholic)
- 12C — Matt Davis, Athens
- 12D — Mike Prince, Athens
- 13 — Chicago (Luther North)
- 14 — Downs (Tri-Valley)
- 15 — Benton
- 16 — Tolono (Unity)
- 17A — Robbie Hargrove, Fithian (Oakwood)
- 17B — Josh Helms, Byron
- 17C — Lucas Kramer, Shelbyville
- 17D — Darryl Frickas, Fairfield
- 18A — Steven Shiley, Monticello
- 18B — John Shaw, Orion
- 18C — Sean Brand, Stanford (Olympia)
- 18D — Jonathan Burnham, Metropolis (Massac County)
- 19 — Eureka
- 20 — Macomb
- 21A — Larry Huffman, Watseka
- 21B — Tim Soutar, Harvard
- 21C — Brandon Hii, Gardner (G.-South Wilmington)
- 21D — Matt Repking, Teutopolis
- 22 — Wheaton (St. Francis)
- 23 — Breese (Mater Dei)
- 24A — Shawn Bejmovicz, West Frankfort (Frankfort)
- 24B — Dustin Marquis, Manlius (Bureau Valley)
- 24C — Jason Bill, Manlius (Bureau Valley)
- 24D — Mike Smallwood, Lisle (Sr.)
- 25 — Winnebago (Coop)
- 26 — Dunlap
- 27 — Elmwood
- 28 — Woodstock (Marian)
- 29 — Robinson
- 30 — Normal (University)
- 31 — Kankakee (McNamara)

Class AA BOYS

- 1 — Danville (H.S.)
- 2 — Naperville (Central)
- 3 — Skokie (Niles North)
- 4 — Highland Park
- 5 — Wheeling
- 6A — Cristian Macia, Chicago (Foreman)
- 6B — Deny Aquilar, Chicago (Foreman)
- 6C — Brian Taghon, East Moline (United)
- 6D — Ammon Paquette, East Moline (United)
- 7 — Pekin
- 8 — Downers Grove (North)
- 9 — Chicago (Kennedy)
- 10 — Naperville (North)
- 11 — Peoria (Notre Dame)
- 12 — Chicago (Farrugut)
- 13 — Edwardsville (H.S.)
- 14 — Rockford (Guilford)
- 15A — Steve Saul, Lisle (Benet Academy)
- 15B — Eric Mikowski, Lisle (Benet Academy)
- 15C — Greg Baker, Schaumburg
- 15D — Pat Rizzo, Schaumburg
- 16 — Springfield (H.S.)
- 17 — Decatur (MacArthur)
- 18 — Geneva
- 19 — Crystal Lake (Central)
- 20 — Arlington Heights (Hersey)
- 21A — Francisco Villagomez, Chicago Heights (Bloom Twp.)
- 21B — David Ramos, Chicago Heights (Bloom Twp.)
- 21C — Gabriel Cruz, Maywood (Proviso East)
- 21D — Dave Cobian, Carol Stream (Glenbard North)
- 22 — Orland Park (Sandburg)
- 23 — Crystal Lake (Prairie Ridge)
- 24 — Elmhurst (York)
- 25 — Lockport (Twp.)
- 26 — Rochelle
- 27 — LaGrange (Lyons)
- 28 — Mt. Vernon
- 29 — Moline
- 30 — Bensenville (Fenton)
- 31A — Gibron Jones, Chicago (Morgan Park)
- 31B — Eli Baker, Marion (H.S.)
- 31C — Mark Cregar, Rock Island (H.S.)
- 31D — David Mitchell, Downers Grove (South)
- 32A — Tony Rakaric, Palatine (H.S.)
- 32B — Dan Glaz, Palos Hills (Stagg)
- 32C — Josh Thompson, Chicago (Stemmetz)
- 32D — Macario Mendez, Chicago (Kelly)
- 33A — Kevin Doran, Murphysboro
- 33B — Kyle Hilgendorf, Bloomington (H.S.)
- 33C — Tim Hachmeister, Aurora (Illinois Math & Science Academy)
- 33D — Samuel Romanoski, Lake Zurich
- 34A — Mike Wood, Chicago (Marist)
- 34B — Samuel Watson, Oak Park (O.P.-River Forest)
- 34C — Erik Sloan, Winnetka (New Trier)
- 34D — Kyle Emkes, Mahomet (M.-Seymour)
- 35A — Emmanuel Wilbourn, East St. Louis (Sr.)
- 35B — Ryan Boyll, Normal (Community West)
- 35C — Jeff Goode, Naperville (Neuqua Valley)
- 35D — Albert Carbo, Barrington
- 36A — Dan Liston, Chicago (Brother Rice)
- 36B — Mark Floreani, Chicago (St. Ignatius)
- 36C — Paul Kulisek, Woodstock (H.S.)
- 36D — David Elliot, Morton
- 37A — Dan Strackeljahn, Highland
- 37B — Eric Tietz, Decatur (Eisenhower)
- 37C — Nathaniel Eagleson, Olney (East Richland)
- 37D — Matt Flaherty, Chatham (Glenwood)

Class A Girls Team Entries

Braidwood (Reed-Custer)—5th

Coach: Scott Ward

- 1 Bobbie Joe Bawcum, Jr.
- 2 Julie Kruck, Jr.
- 3 Jenny Mandac, Jr.
- 4 Leslie McCue, Jr.
- 5 Dina Nacey, Fr.
- 6 Niki Scott, Jr.
- 7 Rachel Sharper, Sr.
- 8 Christina Wiggins, So.

27

Breese (Mater Dei)—5th

Coach: Dave Kohnen

- 13 Marla Arentsen, Sr.
- 14 Dana Gebke, Jr.
- 15 Kara Goesten Kors, Fr.
- 16 Stephanie Haberer, So.
- 17 Julie Henss, Sr.
- 18 Ann Horstman, So.
- 19 Aften Jansen, Fr.
- 20 Jill Kloeckner, So.
- 21 Alexis Koerkenmeier, So.
- 22 Amanda Koerkenmeier, Sr.
- 23 Alicia Meyer, Sr.
- 24 Heather Ribbing, Jr.

19

Elmhurst (Timothy Christian)—5th

Coach: Richard Zylstra

- 25 Ashley Afman, So.
- 26 Ashley Jongsma, Jr.
- 27 Jenny Loerop, Fr.
- 28 Elizabeth Pippert, So.
- 29 Kristin Raley, Fr.
- 30 Rachel Reed, Jr.
- 31 Amber Stratton, Sr.
- 32 Jessica Verlaare, Jr.
- 33 Jenny Zylstra, Fr.

30

Elmwood—2nd

Coach: Tony McCoy

Asst. Coach: Gregg Myers

- 37 Rhiannon Almasi, Sr.
- 38 Becky Carroll, Fr.
- 39 Maggie Carroll, Fr.
- 40 Tiffany French, Jr.
- 41 Elizabeth Harlan, Fr.
- 42 Jennifer Kennelly, So.
- 43 Jamie Rogers, Fr.
- 44 Samantha Welch, Fr.

5

Eureka—1st

Coach: Brett Charlton

Asst. Coach: Jimmy Taylor

- 49 Maraline Clark, So.
- 50 April Ehling, Fr.
- 51 Emily Hubbell, Jr.
- 52 Ailey King, Jr.
- 53 Jody Klaus, Jr.
- 54 Kiersten Klaus, Jr.
- 55 Kelli Leman, So.
- 56 Anna Rinkenberger, So.
- 57 Kati Schumacher, So.
- 58 Sheryl Selvey, So.
- 59 Jill Swanson, So.
- 60 Kasey Vanscyoc, Fr.

23

Litchfield—2nd

Coach: Dan Newkirk

- 61 Martha Chaney, Jr.
- 62 Erin Eppinger, Fr.
- 63 Erin Gerdes, Jr.
- 64 Kay Hendricks, Fr.
- 65 Martha Johnson, So.
- 66 Halley Juenger, Fr.
- 67 Amy Kassenbaum, Sr.
- 68 Christa McGraw, Fr.
- 69 Lindsey Meyers, Sr.
- 70 Kelly Poirot, Fr.
- 71 Kelli Stratmeyer, Sr.
- 72 Liz Williams, Jr.

12

Manlius (Bureau Valley)—4th

Coach: Dale Donner

Asst. Coach: Dan Guier

- 73 Deborah Amrein, So.
- 74 Peggy Anderton, So.
- 75 Amber Avelar, Sr.
- 76 Suzy Bill, Sr.
- 77 Kaitlyn Blanford, Fr.
- 78 Kathleen Ernst, Fr.
- 79 Kristen Hasbrook, Jr.
- 80 Kristina Krafft, Jr.
- 81 Melissa Krafft, Jr.
- 82 Holly Kuelper, Fr.
- 83 Heather Riggs, So.

11

Monmouth (H.S.)—3rd

Coach: Jody Chapman

- 85 Kelly Bresnahan, So.
- 86 Meredith Clark, Sr.
- 87 Ashley Clegg, So.
- 88 Lindsey Harper, Jr.
- 89 Jessica Hart, Fr.
- 90 Cameo Losey, Fr.
- 91 Erin Mann, Jr.
- 92 Deb Tygrett, Sr.
- 93 Carissa Young, So.

21

Normal (University)—4th

Coach: Lester Hampton

Asst. Coach: Jerry Parsons

- 97 Lindsey Campos, Sr.
- 98 Amanda Curtis, So.
- 99 Brianna Galloway, Fr.
- 100 Annie Gleason, Sr.
- 101 Kaetlin Merriman, Fr.
- 102 Nancy Oliver, Sr.
- 103 Rebecca Reeser, Jr.
- 104 Emily Riehl, Jr.
- 105 Betsy Ummel, Fr.
- 106 Maggie Ummel, Jr.
- 107 Erin Wiese, Sr.

29

Robinson—3rd

Coach: Tony Cork

Asst. Coach: Jay Jared

- 109 Lindsay Cherry, Fr.
- 110 Andrea Earnest, So.
- 111 Nicole Grimm, Fr.
- 112 Jaime Gullett, So.
- 113 Amber Hoke, Sr.
- 114 Julie Holt, So.
- 115 Lindsey Phillippe, Fr.
- 116 Lindsay Shimer, Sr.
- 117 Lynsey Stangle, Jr.
- 118 Ashley Woodard, So.

31

Rock Island (Alleman)—5th

Coach: Mike Ethington

Asst. Coach: Steve O'Hearn

- 121 Megan Bosso, So.
- 122 Amy Brogren, Fr.
- 123 Kelly DeBaene, So.
- 124 Devon Garcia, Fr.
- 125 Noreen Hogan, Fr.
- 126 Guin Houtekeier, Jr.
- 127 Jaimee Layer, Sr.
- 128 Megan Murphy, So.
- 129 Sarah Stiles, So.
- 130 Emily Sylvia, So.
- 131 Meghan Trimble, Fr.
- 132 Renee Valliere, Fr.

6

Shelbyville—4th

Coach: Kevin Kramer

Asst. Coach: Chris Boehm

- 133 Samantha Bauer, So.
- 134 Terra Ann Eschbaugh, Fr.
- 135 Jacque Gilmore, Sr.
- 136 Joanna Gilmore, So.
- 137 Courtney Kramer, So.
- 138 Rachel Nugent, So.
- 139 Alison Roberts, Jr.
- 140 Sarah Selby, So.
- 141 Jessica Smith, Fr.
- 142 Rachel Smith, Sr.
- 143 Summer Smith, Jr.
- 144 Cassi Watson, Fr.

9

St. Joseph (S.J.-Ogden)—1st

Coach: Jim Acklin

Asst. Coach: Dylan Maddox

- 145 Shawna Barbee, Sr.
- 146 Ashley Bensyl, So.
- 147 Randi Brown, Fr.
- 148 Kristin Chandler, Sr.
- 149 Lindsey Cler, So.
- 150 Jackie Johnston, Fr.
- 151 Jill Kary, Jr.
- 152 Carly Sartwell, Fr.
- 153 Tosha Turner, Fr.
- 154 Geri Young, Fr.

18

Class A Girls Team Entries

Stanford (Olympia)—2nd

Coach: Mike Neisler

Asst. Coach: Sharon Goff

- 157 Jill Floyd, Fr.
- 158 Tricia Gaither, Jr.
- 159 Alicia Garcia, So.
- 160 Becky Hieser, Fr.
- 161 Niki Leingang, Sr.
- 162 DeAnne McDannald, Sr.
- 163 Nicole Prager, Sr.
- 164 Tiffany Prager, Fr.
- 165 Gena Rawlins, Sr.
- 166 Megan Rich, Fr.
- 167 Stephanie Wittmer, Jr.

8

West Chicago (Wheaton Academy)—2nd

Coach: Bill Bickhart

Asst. Coach: Martha Silvey; Chris Biel

- 193 Katelyn Aleke, So.
- 194 Britta Erickson, Fr.
- 195 Katie Fichera, So.
- 196 Martha Kidd, So.
- 197 Brittany Long, Jr.
- 198 Lindsay McAlister, Jr.
- 199 Jamie Mouw, Sr.
- 200 Jocelyn Persson, Fr.
- 201 Susanna Spurgis, Jr.

26

Winnebago (Coop)—1st

Coach: Roger Fredrickson

Asst. Coach: Joe Erb; Janet Mangus

- 217 Theresa Brauer, So.
- 218 Praise Cowman, So.
- 219 Jessica Elsen, Sr.
- 220 Marie Jansen, Jr.
- 221 Allison Johnson, Fr.
- 222 Krystal Laurence, Sr.
- 223 Erin Rehfeldt, Fr.
- 224 Desi Schneider, Fr.
- 225 Mallory Spencer, Fr.
- 226 Missy Stevens, Jr.
- 227 Jessica Stocker, Jr.
- 228 Rachel Tedrick, So.

22

Teutopolis—1st

Coach: Connie Deters

Asst. Coach: Andy Fehrenbacher

- 169 Amanda Bloemer, So.
- 170 Kelly Dasenbrock, Fr.
- 171 Christine Deters, Fr.
- 172 Lindsay Greuel, Jr.
- 173 Danielle Hewing, Jr.
- 174 Allison Niendiek, Fr.
- 175 Katy Roeld, Jr.
- 176 Beth Schumacher, So.
- 177 Emily Vahling, Fr.
- 178 Brenda Willenborg, Jr.

25

Wheaton (St. Francis)—3rd

Coach: Scott Nelson

Asst. Coach: Don Carroll

- 205 Courtney Allen, Jr.
- 206 Meg Brunick, Fr.
- 207 Molly Cosgrove, Fr.
- 208 Shannon Cullerton, Jr.
- 209 Jenny Gadzinski, Sr.
- 210 Katie Hanley, Sr.
- 211 Ashley LaLonde, Sr.
- 212 Brietney Lewis, So.
- 213 Kristen Newton, Jr.
- 214 Meg Rigney, So.
- 215 Jenny Sarna, So.
- 216 Beth Travis, Jr.

24

Woodstock (Marian)—4th

Coach: Amber Allen

Asst. Coach: Paul Morf

- 229 Katie Bilof, Jr.
- 230 Katie Breen, Jr.
- 231 Nicole Buch, Fr.
- 232 Nancy Evans, Jr.
- 233 Nicole Greers, Fr.
- 234 Amy Hrabak, Sr.
- 235 Megan Ivers, Jr.
- 236 Liz Klehm, Sr.
- 237 Brooke Lada, Sr.
- 238 Erin Mathis, So.
- 239 Justine Petras, Fr.
- 240 Amanda Verhaeghe, So.

28

Urbana (University)—3rd

Coach: Doug Mynatt

Asst. Coach: Nathaniel Hopkins

- 181 Nicole Betenia, So.
- 182 Ma'ayan Bresler, Jr.
- 183 Molly Goldwasser, So.
- 184 Hannah Imlay, Fr.
- 185 Priya Iyer, Fr.
- 186 Ruth Miller, Jr.
- 187 Janaki Patel, Sr.
- 188 Natalie Prochaska, Fr.
- 189 Shawn Simpson, Jr.
- 190 Teresa Sonka, Fr.
- 191 Kimmy Wentling, Fr.
- 192 Alexander Zodiates, Jr.

20

Class A Girls Individual Entries

401 Liz Chandler, So.	Athens	17B	415 Colleen Detjens, Sr.	Lisle (Sr.)	16B
402 Lea Brock, Sr.	Benton	13A	416 Elizabeth Boomer, Sr.	Macomb	13B
403 Tracy Fleischhacker, Sr.	Chicago (Luther North)	13C	417 Sarah Barrow, Sr.	McLeansboro	14D
404 Becky Levine, So.	Chicago (University)	7C	418 Lindsay Zeiler, Jr.	Metropolis (Massac County)	7A
405 Chris Holl, Jr.	Clinton	14A	419 Bridget McLeese, So.	Monticello	13D
406 Jessica Peach, Jr.	Columbia	16D	420 Emily Nelson, Jr.	Oregon	14B
407 Tiffany York, Fr.	Delavan	10A	421 Emily Zimmerman, Sr.	Petersburg (PORTA)	10C
408 Courtney Roberts, Fr.	Downs (Tri-Valley)	15D	422 Andrea Edgar, So.	Quincy (Notre Dame)	14C
409 Brycie Millis, So.	Fithian (Oakwood)	16A	423 Priscilla Peach, Jr.	Roxana	17A
410 Stephanie Simms, So.	Gardner (G.-South Wilmington)	7D	424 Ashlee Calderone, Sr.	Sherrard	16C
411 Heather Elders, So.	Herrin	10D	425 Brooke Brenner, So.	Stockton	10B
412 Holli Denault, Sr.	Herscher	17D	426 Jennifer Hollins, Sr.	Taylor Ridge (Rockridge)	15B
413 Bekah Aavang, Fr.	Huntley	7B	427 Mindy Peterson, Sr.	Taylor Ridge (Rockridge)	15C
414 Dessa Guyer, So.	Hutsonville	15A	428 Joan Sebby, Jr.	Yorkville	17C

Class A Boys Team Entries

Benton—4th

Coach: Don Webb

Asst. Coach: Rod Shurtz

- 1 Gregg Bauer, Jr.
- 2 Thomas Baughman, Sr.
- 3 Robert Brock, So.
- 4 Anthony Eubanks, So.
- 5 Travis Jones, Jr.
- 6 Jeremy Payne, So.
- 7 Travis Redden, Jr.
- 8 Trevor Redden, So.
- 9 Trevor Saunders, So.
- 10 Bart Smith, Fr.
- 11 Jason Summers, Jr.
- 12 Aaron Walton, Fr.

15

Breese (Mater Dei)—3rd

Coach: Marvin Eversgerd

- 13 Joe Dierkes, Jr.
- 14 Justin Dierkes, Jr.
- 15 Adam Kabat, Jr.
- 16 Chris Kalmer, Jr.
- 17 Travis Koerkenmeier, Jr.
- 18 Jay Leitner, Sr.
- 19 Mark McNamara, So.
- 20 Corey Richter, Jr.
- 21 Tyler Schrage, Jr.
- 22 Heath Toennies, Jr.
- 23 Adam Wessel, Jr.
- 24 Luke Winkeler, So.

23

Chicago (Luther North)—5th

Coach: David Grim

Asst. Coach: John Franklin

- 25 Andy Davis, Sr.
- 26 Matt Emberton, Jr.
- 27 Jeff Franklin, Fr.
- 28 Jimmy Franklin, Jr.
- 29 Billy Grunde, Jr.
- 30 David Heppner, So.
- 31 Luke Johnson, Jr.
- 32 Josh Muench, Fr.
- 33 David Raslau, Sr.
- 34 Erik Shearer, Sr.
- 35 Eddie Shrake, Jr.
- 36 Mike Thompson, Sr.

13

Downs (Tri-Valley)—3rd

Coach: Todd Scheider

Asst. Coach: Robin Roberts

- 37 Pete Finley, Sr.
- 38 Denver Fox, Sr.
- 39 Colby Geiser, Sr.
- 40 Troy Hall, Sr.
- 41 Tom King, So.
- 42 Ben McCready, Sr.
- 43 Brad Newman, Jr.
- 44 Matt Owens, Jr.
- 45 John Popejoy, Sr.
- 46 Ryan Sessions, Fr.

14

Dunlap—5th

Coach: Joe Wenskus

- 49 Zach Beville, Jr.
- 50 Matt Bryan, Sr.
- 51 Jeff Coffin, Jr.
- 52 David Garner, Jr.
- 53 Bernie Heine, So.
- 54 Adam Hitchell, Jr.
- 55 Scott Hoffman, Sr.
- 56 Nathan Holzinger, Fr.
- 57 Seth Leitner, Fr.
- 58 Chris McKeen, Sr.
- 59 Joe Meginnes, So.
- 60 Nate Mellor, Sr.

26

Elmwood—3rd

Coach: Gregg Meyers

Asst. Coach: Tony McCoy

- 61 Justin Begner, So.
- 62 Drew Cisel, Fr.
- 63 Justin Grimm, So.
- 64 Donovan Hill, So.
- 65 Stephen Kijanowski, Sr.
- 66 Eddie Klumb, So.
- 67 Andrew Northrup, Fr.
- 68 Kenneth Schultz, So.
- 69 Greg Whais, So.
- 70 Greg Wheeler, Sr.
- 71 Jeff Wheeler, Sr.
- 72 Steve Wilson, Sr.

27

Eureka—1st

Coach: Brett Charlton

Asst. Coach: Jimmy Taylor

- 73 Logan Fields, Jr.
- 74 Jon Houseworth, Jr.
- 75 Eric Klaus, Jr.
- 76 Daniel Martin, Jr.
- 77 Clayton Monfre, So.
- 78 Matt Plesner, Jr.
- 79 David Schertz, So.
- 80 Dustin Selvey, Sr.
- 81 Derek Stewart, Fr.
- 82 Doug Swanson, Jr.

19

Gillespie—5th

Coach: Andy Easton

Asst. Coach: Jeremy Palmer

- 85 Steve Clemonds, So.
- 86 Andrew Easton, Sr.
- 87 Justin Grant, Sr.
- 88 Dane Gray, So.
- 89 Derek Heaton, Sr.
- 90 Noah Herrin, Sr.
- 91 Jesse Landre, Sr.
- 92 Keith Tebbe, Fr.
- 93 Pete Visintin, So.

7

Kankakee (McNamara)—5th

Coach: Ken Klipp

- 97 Elliott Bass, Sr.
- 98 Stan Czajkowski, So.
- 99 Ben Fitzpatrick, Fr.
- 100 Dan Flynn, Sr.
- 101 Matt Larson, So.
- 102 Andy Lavelle, Fr.
- 103 Marty Linneman, Sr.
- 104 James Mahoney, So.
- 105 Adam Memenga, Fr.
- 106 Drew Parsons, Sr.
- 107 Adam Randles, Jr.
- 108 Roland Rodriguez, So.

31

Lansing (Illiana Christian)—2nd

Coach: Phil Van Noord

Asst. Coach: Davis Smith

- 109 Jon Bykerk, So.
- 110 Paul Jellema, Jr.
- 111 Sam McCune, Jr.
- 112 Alex Phillips, Fr.
- 113 Ben Post, So.
- 114 Ben Rudenga, Sr.
- 115 Kevin Stouwie, Sr.
- 116 Ryan Swanson, So.
- 117 Jon Van Laten, Sr.
- 118 James Winn, Jr.
- 119 Joel Zandstra, Fr.
- 120 Rob Zandstra, So.

11

Macomb—4th

Coach: Randy Ames

Asst. Coach: Christina Werling

- 121 David Benda, So.
- 122 Bryan Clauson, Jr.
- 123 Brent Flickinger, Jr.
- 124 Ricky Foster, Sr.
- 125 Steven Krull, Fr.
- 126 Greg Kupka, So.
- 127 John Lawrence, So.
- 128 Jesse Lesko, Jr.
- 129 Martin Mcgee, Sr.
- 130 Mark Powers, Jr.
- 131 Ryan Riggins, Fr.
- 132 Luis Saavedra-Martinez, Fr.

20

Normal (University)—1st

Coach: Lester Hampton

Asst. Coach: Jill Donovan

- 133 Brett Barbour, Fr.
- 134 Jarrel Chavers, Fr.
- 135 Christopher George, Fr.
- 136 Chris Johnson, Sr.
- 137 Brad Keist, So.
- 138 Matt Martin, So.
- 139 Matt Mohrman, Jr.
- 140 Jacob Shaver, Jr.
- 141 Nick Shaver, Fr.
- 142 Brian Sinn, Fr.
- 143 Benton Snyder, So.
- 144 Ben Witte, Jr.

30

Class A Boys Team Entries

Robinson—1st

Coach: Tony Cork

Asst. Coach: Jay Jared

- 145 Justin Adams, So.
- 146 Daniel Dix, So.
- 147 Josh Helton, Sr.
- 148 Devon Llewellyn, So.
- 149 Josh Massey, Jr.
- 150 Russell Meskimen, Sr.
- 151 Justin Phillips, So.
- 152 Brad Reinbold, Jr.
- 153 Tyler Schnitker, So.
- 154 Robert Trimble, Fr.
- 155 Jason Woodard, So.
- 156 Lyndell Wright, So.

Rochester—2nd

Coach: Lisa Wycoff

- 157 Alex Batten, So.
- 158 Brian Bosler, Jr.
- 159 Ryan Canny, So.
- 160 Jared Cullen, Fr.
- 161 Phil Damery, Jr.
- 162 Kyle Monroe, Jr.
- 163 Ryan Nowakowski, Fr.
- 164 John Park, Jr.
- 165 Jason Petit, So.
- 166 David Prigge, Jr.
- 167 Tim Shotts, Sr.
- 168 David Yergler, Sr.

Rock Island (Alleman)—2nd

Coach: Mike Ethington

Asst. Coach: Steve O'Hearn

- 169 Ian Burke, Sr.
- 170 Corey Cameron, Jr.
- 171 Patrick Cameron, So.
- 172 Zack Cornelis, Sr.
- 173 A.J. DeBaene, Sr.
- 174 Aaron Graf, Jr.
- 175 Nick Hird, Jr.
- 176 Russ Holstine, Jr.

177 Kile Krol, So.

178 Patrick O'Hearn, Jr.

179 Eric VandeVoorde, Sr.

180 Jeremy Vidmar, Jr.

Sparta—2nd

Coach: Mark North

- 181 No Reg. Entry Form Available,
- 182 Joey Baird, Sr.
- 183 Anthony Biana, So.
- 184 Matt Blair, So.
- 185 Luther Cameron, Jr.
- 186 Noah Finley, Fr.
- 187 Jon King, Sr.
- 188 Nick Matzenbacher, Jr.
- 189 Eric North, Fr.
- 190 Ryan Norton, Sr.
- 191 Matt Schilling, Jr.
- 192 Travis Stephens, So.
- 193 Danial Thomas, Sr.

Tolono (Unity)—4th

Coach: Jeff Kyle

- 193 Michael Butler, So.
- 194 Chris Chesnut, Sr.
- 195 Tommy Dowler, Sr.
- 196 Tyler Foltz, So.
- 197 Tim Hausman, Sr.
- 198 Guthrie Hood, Jr.
- 199 Jamie Hopper, Sr.
- 200 Chris Kamradt, Sr.
- 201 Steve McQueen, Jr.
- 202 Brian Mohr, So.
- 203 Michael Uskali, So.
- 204 Mark Waldrop, So.

Wheaton (St. Francis)—4th

Coach: Scott Nelson

Asst. Coach: Don Carroll

- 205 Nick Bonistalli, Sr.
- 206 Brian Brunick, Jr.
- 207 Jason Coons, So.

208 Al Krzesinski, Jr.

209 Bob Marek, So.

210 Adam Nelson, Fr.

211 Pat Polasek, Sr.

212 Austin Power, Fr.

213 Pat Quinn, Jr.

214 Chris Shepeck, Sr.

215 Ryan Sorgatz, So.

216 Mike Tinnon, So.

Winnebago (Coop)—1st

Coach: Roger Fredrickson

Asst. Coach: Joe Erb; Janet Mangus

- 217 Austin Crull, Jr.
- 218 Patrick Hampton, So.
- 219 Matt Kaufman, Sr.
- 220 Brian Kelley, So.
- 221 Mike Kelley, So.
- 222 Patrick Knapp, Fr.
- 223 Kraig Laurence, So.
- 224 Ben Melin, Jr.
- 225 Tim Melin, Fr.
- 226 Alan Pollard, So.
- 227 Ryan Richardson, So.
- 228 Ryan Thomas, Fr.

Woodstock (Marian)—3rd

Coach: Amber Allen

Asst. Coach: Paul Morf

- 229 Zach Austin, Sr.
- 230 Bill Evans, Sr.
- 231 Dave Evans, Fr.
- 232 Eduardo Garcia, So.
- 233 Steve LaBracke, So.
- 234 Doug Meyer, Jr.
- 235 Joe Schultz, Jr.
- 236 Mike Sobczak, Fr.
- 237 Nate Valle, So.

Class A Boys Individual Entries

451	Matt Davis, Jr.	Athens	12C	465	Nolan Cramsey, Sr.	Liberty	9D
452	Mike Prince, Fr.	Athens	12D	466	Jason Obert, Jr.	Liberty	9C
453	Manuel Barraza, Sr.	Aurora (Central Catholic)	12B	467	Mike Smallwood, Sr.	Lisle (Sr.)	24D
454	Michael Glosson, Sr.	Aurora (Central Catholic)	12A	468	Jason Bill, Jr.	Manlius (Bureau Valley)	24C
455	Brad Graham, So.	Braidwood (Reed-Custer)	8D	469	Dustin Marquis, Jr.	Manlius (Bureau Valley)	24B
456	Earl Ali, Sr.	Burlington (Central)	9B	470	Jonathan Burnham, Sr.	Metropolis (Massac County)	18D
457	Josh Helms, Sr.	Byron	17B	471	Steven Shiley, Jr.	Monticello	18A
458	Shawn Lucas, Jr.	Elgin (St. Edward)	8C	472	John Shaw, Sr.	Orion	18B
459	Darryl Frickas, Jr.	Fairfield	17D	473	Mike Holloway, Sr.	Paris	9A
460	Robbie Hargrove, Sr.	Fithian (Oakwood)	17A	474	Lucas Kramer, Jr.	Shelbyville	17C
461	Brandon Hii, Fr.	Gardner (G.-South Wilmington)	21C	475	Sean Brand, Sr.	Stanford (Olympia)	18C
462	Chris Herrin, Jr.	Harrisburg	8A	476	Matt Repking, Fr.	Teutopolis	21D
463	Jeff Rann, Sr.	Harrisburg	8B	477	Larry Huffman, Sr.	Watseka	21A
464	Tim Soutar, Sr.	Harvard	21B	478	Shawn Bejmovicz, Sr.	West Frankfort (Frankfort)	24A

Class AA Girls Team Entries

Champaign (Centennial)—2nd

Coach: Greg Walters

Asst. Coach: Bob Lindstrom

- 1 Alex Bass, Sr.
- 2 Sara Broadrick, So.
- 3 Ally Broeren, Sr.
- 4 Brandy Buss, Fr.
- 5 Jean Dunlop, Sr.
- 6 Gabby Ferguson, Jr.
- 7 Kristi Levanti, Sr.
- 8 Deborah Newell, Sr.
- 9 Anna Rudolphi, Sr.
- 10 Jenny Stearns, So.
- 11 Katie Wetzal, Sr.
- 12 Amy White, Jr.

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Chatham (Glenwood)—5th

Coach: Mike Johnson

Asst. Coach: Jay Rogers

- 13 Sarah Bedford, Jr.
- 14 Lisa Ekle, Jr.
- 15 Amanda Ellinger, Fr.
- 16 Kelli Floyd, Fr.
- 17 Kelli Hackethal, So.
- 18 Chelsea Harris, So.
- 19 Karen Hastings, Fr.
- 20 Katie Oehlert, Jr.
- 21 Veronica Sanderson, Jr.
- 22 Sarah Swain, Sr.
- 23 Alissa Vala, Jr.
- 24 Colleen Westendorf, Sr.

1

Chicago (Lane)—1st

Coach: Lucy Perez

- 25 Brenda Basasta, Fr.
- 26 Estella Coleman, Jr.
- 27 Janet Moya, So.
- 28 Alicia Nieves, So.
- 29 Folashade Ogunsaya, Sr.
- 30 Angelina Oruzco, Jr.
- 31 Amanda Pryce, So.

9

Chicago (Morgan Park)—2nd

Coach: Derrick Calhoun

Asst. Coach: Monica Dawson

- 37 E'Tienne Chaplin, Fr.
- 38 Brittany Green, So.
- 39 Arici Hughes, Jr.
- 40 Crystal Lewis, So.
- 41 Damaris Parchment, Jr.
- 42 Shanna Pickett, Sr.
- 43 Shetoya Russell, So.

15

Downers Grove (North)—4th

Coach: Bruce Ritter

Asst. Coach: Tim McDonald

- 49 Jill Blondell, So.
- 50 Jessica Brannigan, Sr.
- 51 Jacquelynn Callahan, So.
- 52 Lauren Callahan, So.
- 53 Jessica Corvo, Jr.
- 54 Merry Darrah, Fr.
- 55 Missy Jerousek, Jr.
- 56 Lauren Kovalik, So.
- 57 Renee Koziol, Jr.
- 58 Marie Perrillo, Jr.
- 59 Crystal Seitz, Jr.
- 60 Courtney Tumpach, Sr.

2

East Peoria—4th

Coach: Ed McGraw

- 61 Kimber Bivens, So.
- 62 Katie Densberger, Sr.
- 63 Kim Densberger, Fr.
- 64 Jennifer Jeffers, Fr.
- 65 Rachel Lowe, Jr.
- 66 Michelle Ostrowski, So.
- 67 Cassie Parr, Fr.
- 68 Stephanie Winter, Fr.

14

Elmhurst (York)—1st

Coach: Larry Bassett

Asst. Coach: Wendy Ihms

- 73 Allison Billhardt, So.
- 74 Maria Cicero, Sr.
- 75 Lauren Dick, So.
- 76 Erin Fitzgerald, So.
- 77 Kelly Forst, Sr.
- 78 Kara Henry, So.
- 79 Kelly O'Neill, Jr.
- 80 Hillary Palumbo, So.
- 81 Justine Parker, So.
- 82 Vanessa Pfafflin, Fr.
- 83 Shannon Tucker, Fr.
- 84 Jamie Virzi, Jr.

12

Freeport (H.S.)—5th

Coach: Allen Greene

Asst. Coach: David Roloff

- 85 Julie Beverly, Sr.
- 86 Toni Cannova, Fr.
- 87 Mary Dale, So.
- 88 Angie Drew, Sr.
- 89 Amanda Eberle, Jr.
- 90 Ashley Engle, Jr.
- 91 Lindsey Harris, Fr.
- 92 Ashley Merry, Jr.
- 93 Kim Monigold, So.
- 94 Allyx Shriver-Rice, Fr.
- 95 Meryl Shriver-Rice, Fr.
- 96 Hilary Young, Fr.

29

Hinsdale (Central)—4th

Coach: Gail Aygeris

Asst. Coach: Mark McCabe

- 97 Allie Cox, Fr.
- 98 Margaret Fystra, So.
- 99 Katherine Gehlmann, Jr.
- 100 Kelly Kenna, Jr.
- 101 Jordan Laney, So.
- 102 Kathy Laux, Sr.
- 103 Melissa Maestri, Sr.
- 104 Jackie Mahendra, Sr.
- 105 Megan Martino, Sr.
- 106 Alenka Suchec, Sr.
- 107 Lauren Thomas, Jr.
- 108 Anique Walters, Fr.

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LaGrange (Lyons)—2nd

Coach: Pam Vanderweyden

Asst. Coach: Jennifer Walker/Greg Frandsen

- 109 Sarah Andrysiak, So.
- 110 Ilsa Danielson, So.
- 111 Katie Elwood, Jr.
- 112 Susan Keller, Jr.
- 113 Jessica Kelly, Fr.
- 114 Maggie Mathieson, So.
- 115 Krissy Peters, Sr.

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- 116 Tristen Rackow, So.
- 117 Maggie Shea, Jr.
- 118 Erin Steiner, Sr.
- 119 Allison Valenta, Fr.
- 120 Melissa Wilken, Sr.

Lake Zurich—3rd

Coach: Ian Silverman

Asst. Coach: Tara Wojcik

- 121 Kim Habrel, Jr.
- 122 Marlene Key, Sr.
- 123 Shauna Kitchen, Jr.
- 124 Colleen McKenna, So.
- 125 Carrie Moffett, So.
- 126 Margot Otten, Jr.
- 127 Sam Polak, So.
- 128 Lindsay Schwarz, Fr.
- 129 Elise Stott, Fr.
- 130 Sarah Syverson, So.
- 131 Kate Wichmann, Fr.
- 132 Kay Yien, Jr.

23

Lockport (Twp.)—3rd

Coach: Evon Schlotter

Asst. Coach: Dee Kosciak

- 133 Rachel Covert, So.
- 134 Sara Covert, So.
- 135 Kelly Flounders, Fr.
- 136 Nicole Flounders, So.
- 137 Kara Flynn, So.
- 138 Toni Fuentes, Sr.
- 139 Candice Harvey, Sr.
- 140 Nicole Khaladkar, Sr.
- 141 Anna Kipta, Jr.
- 142 Amanda Mauritz, Fr.
- 143 Lauren Stoffey, Fr.
- 144 Shannon Stoffey, So.

10

Moline—2nd

Coach: Jeff Quick

Asst. Coach: Chris Quick

- 145 Lacy Chappell, Jr.
- 146 Jessica Conklin, Jr.
- 147 Anne Gloeckner, So.
- 148 Brooke Green, Sr.
- 149 Jessica Griffin, So.
- 150 Emily Johnson, Jr.
- 151 Jenna McAdam, So.
- 152 Rachel Miehl, So.
- 153 Renee Minch, Jr.
- 154 Tara Rogers, Sr.
- 155 Jill Steffens, Jr.
- 156 Amanda York, Jr.

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Naperville (North)—1st

Coach: Dan Iverson

Asst. Coach: Jenny Marine

- 157 Sherri Albus, Jr.
- 158 Lisa Bonistalli, Fr.
- 159 Elizabeth Higgins, Jr.
- 160 Michele Lally, Jr.
- 161 Amber Rovenstine, So.
- 162 Kat Thomas, Sr.
- 163 Marie Thomas, So.
- 164 Joanna Veth, Jr.
- 165 Christine Wang, Jr.
- 166 Megan Warren, Fr.

25

New Lenox (Lincoln-Way)—2nd

Coach: Phil Hoffman

Asst. Coach: Amy Jacobucci

- 169 Kristen Bandurski, So.
- 170 Jenny Bozzetti, Jr.
- 171 Nicole Fritz, Sr.
- 172 Lauren Johnston, So.
- 173 Katy Jones, Sr.
- 174 Katie Krzak, Fr.
- 175 Kali Lafferty, So.
- 176 Emily Latterty, Sr.
- 177 Patty McGrane, Sr.
- 178 Melanie Monninger, So.
- 179 Andrea Pettay, So.
- 180 Jaclyn Wegner, Jr.

8

Normal (Community West)—1st

Coach: Den Patten

- 181 Keili Anet, Sr.
- 182 Kenai Anet, Fr.
- 183 Megan Birky, Sr.
- 184 Meghan Braffett, So.
- 185 Katherine McKean, Fr.
- 186 Jenny Nichols, Fr.
- 187 Megan Sanders, Fr.
- 188 Amy Troyer, Sr.
- 189 Liz Uhe, Jr.
- 190 Mary Witte, Sr.
- 191 Rachelle Younger, Sr.
- 192 Megan Zitting, Fr.

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O'Fallon—4th

Coach: Neil James

Asst. Coach: Jennifer Anderson

- 193 Kristin Ahlvin, So.
- 194 Andrea Bonner, So.
- 195 Emily Brantley, So.
- 196 Alexis Deets, Jr.
- 197 Crystal Foltz, Jr.
- 198 Keirstin Head, So.
- 199 Kim Kurtz, So.
- 200 Cadian Lawrence, Sr.
- 201 Amber Reber, So.
- 202 Elizabeth Rice, So.
- 203 Kristin Weltzin, Sr.
- 204 Ida Ziniti, Jr.

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Orland Park (Sandburg)—5th

Coach: Jim Frye

Asst. Coach: Dean Carlson

- 205 Kim Archer, Fr.
- 206 Lauren Arquilla, Sr.
- 207 Jenny Brdecka, So.
- 208 Kerry Brennan, Fr.
- 209 Tara Brennan, Jr.
- 210 Emily Bretl, Jr.
- 211 Jill Gentile, Jr.
- 212 Joy Kopeiken, Jr.
- 213 Maureen Nelligan, So.
- 214 Bridgette O'Rourke, Sr.
- 215 Liz Peterman, Jr.
- 216 Katie Spsychalski, Jr.

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Class AA Girls Team Entries

Palatine (Fremd)—5th

Coach: Rich Bokor

Asst. Coach: Lynn Ridge

- 217 Katie Barrett, Jr.
218 Jessica Chalmers, Fr.
219 Corina Gonzalez, Sr.
220 Lauren Gorecki, So. **4**
221 Kendall Grady, Fr.
222 Mary Kate Kalogeropoulos, Sr.
223 Cathy Mangan, So.
224 Lisa Rohrer, So.
225 Becky Schanna, Sr.
226 Lisa VanHouten, Jr.
227 Kristin Warner, So.
228 Bethany Yarosz, Jr.

Palatine (H.S.)—3rd

Coach: Steve Currins

Asst. Coach: Chaille Gleason

- 229 Stephanie Abram, Fr.
230 Diana Ainsley, Sr.
231 Ruth Benea, Fr.
232 Cheryl Briggs, So. **20**
233 Lauren Brosio, Jr.
234 Shane Evans, So.
235 Marisa Lancaster, Jr.
236 Meghan Murphy, Sr.
237 Stephanie Riemer, Fr.
238 Anna Schattner, So.
239 Suzy Turner, Fr.
240 Liz Wojtyciak, Sr.

Peoria (Notre Dame)—3rd

Coach: Mike Sullivan

Asst. Coach: Dan Gray

- 241 Jamie Blakesley, Fr.
242 Diane Chambers, Jr.
243 Morgan Clay, Sr. **7**
244 Brooke Elbert, Jr.
245 Lestel Escorcio, Jr.
246 Natalie Nielsen, So.
247 Bridget Radosevich, Sr.
248 Cecilia Ryan, Jr.
249 Abigail Sarmiento, So.
250 Francine Shaffer, So.
251 Amy Smith, Jr.
252 Natalie Westerhold, So.

Quincy (Sr.)—1st

Coach: Kerry Anders

Asst. Coach: Darrin Bishop

- 253 Pebble Amador, Fr.
254 Jenny Cox, Sr.
255 Nicole Dougherty, Sr.
256 Danasha Griffin, Fr.
257 Adrienne Hensel, Fr. **13**
258 Trisha Blickham, Sr.
259 Sara Koslowski, So.
260 Erica Monetti, Jr.
261 Allison Schutte, So.
262 Amanda Schutte, Jr.
263 Leah Smith, Sr.
264 Christina Winkeljohn, So.

Roselle (Lake Park)—2nd

Coach: Harvey Braus

Asst. Coach: Jennifer Hobday

- 265 Allison Braun, Fr.
266 Christie Ehrhardt, Jr.

- 267 Kavita Hardy, Fr.
268 Bridget Healy, Sr. **19**
269 Amy Knebel, Jr.
270 Rachel Larson, So.
271 Maddie Macejik, Fr.
272 Tara Noworol, Fr.
273 Ebony Oliver, Sr.
274 Vicky Parent, Sr.
275 Liz Tumminaro, Jr.
276 Jessica Wuellner, So.

Schaumburg—1st

Coach: Jon Macnider

Asst. Coach: Brian Salerno

- 277 Alex Chlopek, Sr.
278 Liz Chlopek, Sr.
279 Amanda DeCamp, So. **5**
280 Katie Donlon, Sr.
281 Kelly Gallagher, Fr.
282 Takshila Koswatta, Jr.
283 Amy Mueller, So.
284 Laura Pearson, Fr.
285 Danica Rebeck, Jr.
286 Katie Rynott, Jr.
287 Faith Strege, Jr.
288 Laura Zdunek, So.

Springfield (Southeast)—3rd

Coach: Nelson Aguilar

Asst. Coach: Randy Heinzel

- 289 Ashley Ball, So.
290 Chartese Baxter, Sr.
291 Whitney Burnes, Fr.
292 Christina Huck, So. **28**
293 Leah Kincaid, So.
294 Joanne Perino, Jr.
295 Hannah Standard, Sr.

St. Charles (East)—5th

Coach: Tom Roderick

Asst. Coach: Sharon Stewart

- 301 Jenny Bernard, Sr.
302 Ali Bixler, So.
303 Stephanie Dobberfuhr, Jr.
304 Grace Howell, So. **6**
305 Michelle Janci, Sr.
306 Eileen McAuslan, Jr.
307 Carrie Phelps, Sr.
308 Danielle Riebock, Sr.
309 Maggie Roberts, Jr.
310 Lauren Smith, Jr.
311 Becky Stefan, So.
312 Christine Wampach, Sr.

Wheaton (North)—3rd

Coach: Ron Piro

Asst. Coach: Frank Anderson

- 313 Jessica Biggs, Sr.
314 Kari Bogner, So.
315 Mary Brashear, Fr. **33**
316 Alissa Bugh, Fr.
317 Kyle Bugh, Jr.
318 Stephanie Chin, Fr.
319 Casey Cook, Sr.
320 Colleen Kuenster, So.
321 Valerie Lambrecht, Sr.
322 Marie McNamara, So.
323 Samantha Polock, So.
324 Carrie Waterman, Sr.

Class AA Girls Individual Entries

- | | | | | | |
|------------------------------|--------------------------------|-----|------------------------------|------------------------------------|-----|
| 501 Loryn King, Jr. | Arlington Heights (St. Viator) | 27C | 521 Kyna Forkins, Sr. | Glen Ellyn (Glenbard West) | 31A |
| 502 Lizet Diaz, Sr. | Aurora (East) | 30C | 522 Michelle Rhoden, Sr. | Joliet (Twp.) | 32D |
| 503 Ashley Addair, Jr. | Aurora (Waubonsie Valley) | 27B | 523 Abbey Hartmann, Fr. | Lisle (Benet Academy) | 31C |
| 504 Maureeca Lambert, So. | Bloomington (H.S.) | 18B | 524 Carly Evans, Jr. | Lombard (Glenbard East) | 21A |
| 505 Whitney Mays, Fr. | Bloomington (H.S.) | 18A | 525 Nicole Feest, Jr. | Lombard (Glenbard East) | 21B |
| 506 Jean Marinangeli, Jr. | Buffalo Grove | 34B | 526 Vanessa Menze, Jr. | Lombard (Glenbard East) | 21C |
| 507 Delilah DiCrescenzo, Sr. | Burbank (Queen of Peace) | 27D | 527 Mauren Scott, Jr. | Mahomet (M.-Seymour) | 32C |
| 508 Caitlin Chrisman, Fr. | Carbondale | 35A | 528 Katie Birn, So. | McHenry | 31B |
| 509 Laura Macias, Jr. | Chicago (Farragut) | 21D | 529 Lindsay Wagner, So. | Mt. Vernon | 18C |
| 510 Daisy Zamora, So. | Chicago (Jones) | 3D | 530 Elizabeth Davenport, Jr. | Murphysboro | 32B |
| 511 Karina Soto, Sr. | Chicago (Mather) | 3B | 531 Lisa Gistis, So. | Naperville (Central) | 35C |
| 512 Alina Talmaciu, So. | Chicago (Mather) | 3A | 532 Sarah Radosits, Fr. | Naperville (Neuqua Valley) | 34C |
| 513 Rachel Arnett, So. | Chicago (Young) | 3C | 533 Jaime Turilli, Sr. | Normal (Community) | 30B |
| 514 Erika Odlaug, Jr. | Deerfield | 30D | 534 Angie Simone, Sr. | Palos Hills (Stagg) | 37A |
| 515 Colleen Byrne, So. | Des Plaines (Maine West) | 37C | 535 Stephanie Richards, Jr. | Pekin | 35B |
| 516 Melissa Malter, So. | Downers Grove (South) | 37D | 536 Kim Ye, So. | Rockford (Auburn) | 31D |
| 517 Shantia Chester, Jr. | East St. Louis (Sr.) | 30A | 537 Joanne Capparelli, Sr. | Springfield (Lanphier) | 32A |
| 518 Sarah Dortch, Sr. | Edwardsville (H.S.) | 34D | 538 Laura Vermette, Sr. | Springfield (Sacred Heart-Griffin) | 18D |
| 519 Christina Nieto, Jr. | Elgin (Larkin) | 35D | 539 Jessica Winter, Jr. | Wheaton (W. Warrenville South) | 37B |
| 520 Jenny Lake, Sr. | Geneseo (Darnall) | 27A | 540 Alison Coren, Fr. | Wheeling | 34A |

Class AA Boys Team Entries

Arlington Heights (Hersey)—3rd

Coach: Tim Phillips

- 1 John Craig, Sr.
- 2 Tim Frey, So.
- 3 Matt Fulet, Jr.
- 4 Mark Guthrie, Jr.
- 5 Brian Janak, So.
- 6 Andy Klammer, Sr.
- 7 Mike Malek, So.
- 8 Steve Maltas, Jr.
- 9 Joe Marcin, So.
- 10 Carlo Oviedo, Jr.
- 11 Mike Sebastian, Jr.
- 12 Kevin Young, Fr.

20

Bensenville (Fenton)—2nd

Coach: John Kurtz

Asst. Coach: Chris Balzak/Mark Drause

- 13 Paul Campagnolo, Jr.
- 14 Patryk Gusolara, Fr.
- 15 Rob Johnson, Sr.
- 16 John McHugh, Jr.
- 17 Carlos Mendoza, Jr.
- 18 Jose Muneton, So.
- 19 Joe Roeges, Jr.
- 20 Andy Sbertoli, Jr.
- 21 Reid Selvik, So.
- 22 Tom Selvik, Sr.
- 23 Will Siemers, Sr.
- 24 Greg Zarko, Fr.

30

Chicago (Farrugut)—2nd

Coach: Paul Joanas

- 25 Juan Arriola, So.
- 26 Jesus Castenada, Jr.
- 27 Francisco Correa, Jr.
- 28 Alexandro Dominguez, Sr.
- 29 Oscar Gutierrez, So.
- 30 Jose Macias, Jr.
- 31 Dorfirio Ruiz, Jr.

12

Chicago (Kennedy)—1st

Coach: Ed Lattyak

- 37 Abraham Mireles, So.
- 38 German Moreno, Sr.
- 39 Emiliano Perez, Jr.
- 40 Joe Perez, Sr.
- 41 David Salgado, Jr.
- 42 Jorge Soto, Sr.
- 43 Pedro Valencia, Jr.

9

Crystal Lake (Central)—2nd

Coach: Bill Eschman

- 49 Chas Ballew, Jr.
- 50 Drake Ballew, Fr.
- 51 Russ Barron, So.
- 52 Dave Bell, Jr.
- 53 Kevin Clarke, Fr.
- 54 Zach Fairfield, Jr.
- 55 Nick Fuhs, So.
- 56 Matt Legel, Sr.
- 57 Joe Misurelli, Jr.
- 58 Joe Schaumann, So.
- 59 Bill Stanton, Sr.
- 60 Tim Stanton, Fr.

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Crystal Lake (Prairie Ridge)—4th

Coach: Jenny Fuerholder

- 61 Harold Diedrick, Jr.
- 62 Eric Engel, Sr.
- 63 Paul Goffron, Jr.
- 64 Steve Haen, So.
- 65 Tim Kostner, Sr.
- 66 Matt Lewis, So.
- 67 Kyle MacKenzie, Jr.
- 68 Chris Morris, Sr.
- 69 Ben Radke, Fr.
- 70 Kyle Sounhein, Sr.
- 71 Lance Steagall, Sr.
- 72 Nate Yorke, Jr.

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Danville (H.S.)—5th

Coach: Jim Skinner

Asst. Coach: Bill Troxel

- 73 Manual Alvarez, Sr.
- 74 Rey Alvarez, So.
- 75 Ricky Alvarez, So.
- 76 Josh Birky, Jr.
- 77 Rene Delatore, Jr.
- 78 Zach Gwinn, Jr.
- 79 Nathan Henderson, Jr.
- 80 Kyle Huckstadt, So.
- 81 Brad Moore, So.
- 82 Jeff Rambole, Sr.
- 83 Jackson Snyder, So.

1

Decatur (MacArthur)—4th

Coach: Bill Harbeck

- 85 Britt Fuiten, So.
- 86 Clayton Heitz, So.
- 87 Andy Hubner, Jr.
- 88 William McCann, Jr.
- 89 Brian McCaskey, Jr.
- 90 Eric McClelland, Fr.
- 91 Colt McCrary, So.
- 92 Chris Mowry, Jr.
- 93 Casey Schwegel, So.

17

Downers Grove (North)—2nd

Coach: William Kupisch

Asst. Coach: Michael Kayse

- 97 Mark Baran, Sr.
- 98 Matthew Blondell, Sr.
- 99 Eduardo Borjon, Jr.
- 100 Eric Buhot, Sr.
- 101 Colin Durkin, Jr.
- 102 Scott Gustafson, Jr.
- 103 Jeff Hamper, Sr.
- 104 Gerald Hlinsky, Sr.
- 105 Dave LePeau, Sr.
- 106 William Pendergast, So.
- 107 Matthew Studanny, Sr.
- 108 Adam West, Jr.

8

Edwardsville (H.S.)—1st

Coach: Jim Price

Asst. Coach: Tim Flamer

- 109 Nate Dickemann, So.
- 110 Bryan Garrison, So.
- 111 Timon Keller, Jr.
- 112 Mark Limbach, Sr.
- 113 Brad Middleton, Fr.
- 114 Mike Mudd, Jr.
- 115 Nathan Pepper, Jr.
- 116 Nick Perry, Sr.
- 117 Stephen Pifer, So.

13

118 Tim Rodgers, Fr.

119 Joss Ross, So.

120 Dane Shaw, Jr.

Elmhurst (York)—1st

Coach: Joe Newton

Asst. Coach: Charlie Kern

- 121 John Baez, Sr.
- 122 Mike Baier, So.
- 123 Collin Bourdage, So.
- 124 Michael Corry, So.
- 125 Tony DiCianni, Sr.
- 126 Tim Hobbs, Sr.
- 127 Todd Jones, Sr.
- 128 David Kikuchi, Jr.
- 129 Adam Mautz, So.
- 130 Jay McGrane, Sr.
- 131 Adam Roche, Sr.
- 132 Peter Stasiulis, Sr.

24

Geneva—4th

Coach: Susi Yaeger

- 133 Mike Aitken, Fr.
- 134 John Alva, Sr.
- 135 Brian Honeyman, Jr.
- 136 Dan Huling, Jr.
- 137 Roy Humphreys, So.
- 138 Steve Jeske, Jr.
- 139 Eric Leninger, Jr.
- 140 Andrew McQuillan, Jr.
- 141 Jeff Noethlich, Jr.
- 142 Dave Rauch, Sr.
- 143 Colin Thompson, Sr.
- 144 Craig Young, Sr.

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Highland Park—5th

Coach: Brad Hanson

- 145 Refugio Arce, So.
- 146 Chris Baldwin, So.
- 147 Rick Bloomquist, Sr.
- 148 Hipolito Caballero, Sr.
- 149 Scott Etchell, Sr.
- 150 Scot Frazin, Jr.
- 151 John Gallagher, Sr.
- 152 Arturo Hernandez, Sr.
- 153 David Lipsky, So.
- 154 Tomas Luna, Sr.
- 155 Jim Sherwood, Sr.
- 156 Aaron Strelliner, So.

4

LaGrange (Lyons)—5th

Coach: J. Michael Kuharic

Asst. Coach: Ken Koval

- 157 Agostino Alonzo, Jr.
- 158 Dan Douglas, So.
- 159 Eugene Marino, So.
- 160 Mike McDonald, So.
- 161 Dan Pals, Jr.
- 162 Mike Rehmer, Jr.
- 163 Alex Sagil, Sr.
- 164 Jeff Smith, Jr.
- 165 Brad Topal, Fr.
- 166 Bob Trompeter, Jr.
- 167 Colin Warren, So.
- 168 Alex Yount, So.

27

Lockport (Twp.)—1st

Coach: Thomas Razo

Asst. Coach: Doug Malinsky

- 169 Brandon Bowlan, Jr.
- 170 David DaRosa, So.
- 171 Kris Davis, Sr.
- 172 Daniel Haut, Sr.
- 173 Steve Kowalski, Jr.
- 174 James Lunk, Sr.
- 175 Kyle Rago, Sr.
- 176 Bradley Runnion, Jr.
- 177 Zac Sartori, Sr.
- 178 Joseph Stoffey, Sr.
- 179 Jake Stout, Jr.
- 180 Jeremy Williams, So.

25

Moline—5th

Coach: Jeff Quick

Asst. Coach: Chris Quick

- 181 Mike Barrett, Jr.
- 182 Brent Clawson, Sr.
- 183 Jeff Decker, Sr.
- 184 Cory Hanna, Sr.
- 185 Ben Leaf, Jr.
- 186 Nate Medinger, Sr.
- 187 Heinrich Melgar, So.
- 188 Ted Nocella, Fr.
- 189 Drew Patterson, So.
- 190 Kris Rodriguez, So.
- 191 Erik Steffens, Fr.
- 192 Mike Verre, Fr.

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Mt. Vernon—3rd

Coach: Clint Turner

- 193 Eric Baker, Sr.
- 194 Chris Brown, Sr.
- 195 Mark Deaton, So.
- 196 Jose Hernandez, Jr.
- 197 Mitchell Jenkins, So.
- 198 Brandon Karcher, Fr.
- 199 Nathan Koenegstein, Jr.
- 200 Dan Lynch, Sr.
- 201 Michael Lynch, Fr.
- 202 Jeff Pigg, Fr.
- 203 Jacob Reed, Sr.
- 204 Matt Talley, Fr.

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Naperville (Central)—4th

Coach: George Cyr

Asst. Coach: Steve Grosland

- 205 Carl Armstrong, Sr.
- 206 Alan Bernardi, Jr.
- 207 Eric Bernardi, So.
- 208 Kirk DeBuck, So.
- 209 Andy Gush, Jr.
- 210 Sean Hardy, So.
- 211 Eric Lentzkow, So.
- 212 John Milligan, Jr.
- 213 Dan Rickert, Jr.
- 214 Dan Shoup, Sr.
- 215 Matt Stillo, So.
- 216 Jack Susin, Fr.

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Class AA Boys Team Entries

Naperville (North)—3rd

Coach: David Racey

Asst. Coach: Ken Young

- 217 Kirk Baleskie, Fr.
- 218 Dan Curran, Fr.
- 219 Joe Curran, Fr.
- 220 Pat Heil, Sr.
- 221 Adam Kendrick, Jr.
- 222 George Kline, Fr.
- 223 Jeff Levitan, Sr.
- 224 Andre Light, Jr.
- 225 Ryan Pfeiffer, Sr.
- 226 Brian Rae, Sr.
- 227 David Rae, Sr.
- 228 Brent Rochambeau, So.

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Pekin—3rd

Coach: Don Merrick

- 241 Benjamin Berardi, So.
- 242 Andy Bloom, Fr.
- 243 Reggie Danz, Sr.
- 244 Matt Hyde, So.
- 245 Brian Mans, Sr.
- 246 Craig Rodgers, Jr.
- 247 Andy Strand, Sr.
- 248 Josh Strange, Sr.
- 249 John Strauman, Jr.
- 250 Jeff Symons, Jr.

7

Peoria (Notre Dame)—1st

Coach: Mike Sullivan

Asst. Coach: Dan Gray

- 253 Matt Bartley, Sr.
- 254 Trevor Birkmeier, Sr.
- 255 Tyler Birkmeier, Sr.
- 256 Dan Burk, Jr.
- 257 Adam Chrestenson, Sr.
- 258 Ross Cover, Sr.
- 259 Kris Cunningham, Sr.
- 260 Matt Grawey, Sr.
- 261 Jamie Miller, Jr.
- 262 Carl Radosevich, So.
- 263 Kevin Schlicksup, Sr.
- 264 Jeff Wunning, Sr.

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Rochelle—2nd

Coach: Bruce Anderson

Asst. Coach: John Dobbs

- 265 Dustin Bell, So.
- 266 Dale Bergeson, Sr.
- 267 David Bergeson, Sr.

- 268 Phil Ginn, Jr.
- 269 Wes Heim, Jr.
- 270 Matt Jacobson, So.
- 271 Joe McKinney, Sr.
- 272 Josh McKinney, Sr.
- 273 Kyle Nass, Jr.
- 274 Mark Rainwater, Sr.
- 275 Ben Rand, So.
- 276 Mike Schummer, So.

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Rockford (Guilford)—4th

Coach: Katy Scrogin

- 277 Banum Abbott, Sr.
- 278 Dan Beeman, Sr.
- 279 Andrew Brenner, So.
- 280 James Erickson, Jr.
- 281 Elliot Farr, Jr.
- 282 Felipe Gelacio, So.
- 283 Dustin Goodman, Fr.
- 284 Errik Goodman, So.
- 285 Kyle Hatzinger, Jr.
- 286 Justin Johnson, Sr.
- 287 Kelly Korevec, Sr.
- 288 Ben Loduha, Jr.

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Skokie (Niles North)—3rd

Coach: Lawrence Genge

Asst. Coach: Gary Walker

- 289 Joe Ausmann, Sr.
- 290 Peter Breit, Sr.
- 291 Mikhail Davidyan, Sr.
- 292 Ben Krejcie, Jr.
- 293 Kevin Mayfield, Jr.
- 294 Ryan Mitchell, Jr.

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- 295 Adam Mormolstein, Jr.
- 296 Ryan Schaefer, Sr.
- 297 Ed Svoldi, Jr.
- 298 Chris Tortorello, Jr.
- 299 Eric Yee, So.
- 300 Chan Yoon, Sr.

Springfield (H.S.)—2nd

Coach: Dan Devlin

- 301 Trae Cotner, Jr.
- 302 Craig DiScala, Sr.
- 303 Justin Gary, Jr.
- 304 Phil Harless, So.
- 305 Brent Harris, Jr.
- 306 Robert Lane, Sr.
- 307 Jon Sadowski, Jr.
- 308 Adam Solomon, Jr.
- 309 Justin Tarr, Fr.
- 310 John Walcher, Jr.

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Wheeling—1st

Coach: Tom Polak

- 313 Mike Burke, So.
- 314 Fernando Carrillo, So.
- 315 Aaron Davidson, Sr.
- 316 Missael Hernandez, So.
- 317 Gerardo Herrera, So.
- 318 Eric Myszk, Jr.
- 319 Tim Nowicki, Jr.
- 320 Scott Schaeffer, Jr.
- 321 Adrian Velasquez, So.
- 322 Frank Velasquez, Sr.
- 323 Matt Wallace, Sr.

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Orland Park (Sandburg)—5th

Coach: Pete Struck

Asst. Coach: Randy Couwenhoven

- 229 Pat Crowe, Jr.
- 230 Mark Gentile, So.
- 231 Dan Hankosky, So.
- 232 Ken Kehl, Sr.
- 233 Tim Kelly, So.
- 234 Dave Laird, Sr.
- 235 Kevin O'Malley, Jr.
- 236 Matt Perry, Sr.
- 237 Mark Spychalski, Sr.
- 238 Dan Weakley, Sr.
- 239 Jim Wojcik, Jr.
- 240 Alan Woodruff, Sr.

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Class AA Boys Individual Entries

- 551 Tim Hachmeister, Sr. Aurora (Illinois Math & Science Acad.) 33C
- 552 Albert Carbo, Sr. Barrington 35D
- 553 Kyle Hilgendorf, Sr. Bloomington (H.S.) 33B
- 554 Dave Cobian, Jr. Carol Stream (Glenbard North) 21D
- 555 Matt Flaherty, So. Chatham (Glenwood) 37D
- 556 Dan Liston, Sr. Chicago (Brother Rice) 36A
- 557 Deny Aquilar, Jr. Chicago (Foreman) 6B
- 558 Cristian Macia, Sr. Chicago (Foreman) 6A
- 559 Macario Mendez, So. Chicago (Kelly) 32D
- 560 Mike Wood, Sr. Chicago (Marist) 34A
- 561 Gibron Jones, Jr. Chicago (Morgan Park) 31A
- 562 Mark Floreani, Sr. Chicago (St. Ignatius) 36B
- 563 Josh Thompson, Jr. Chicago (Steinmetz) 32C
- 564 David Ramos, Jr. Chicago Heights (Bloom Twp.) 21B
- 565 Francisco Villagomez, Jr. Chicago Heights (Bloom Twp.) 21A
- 566 Eric Tietz, So. Decatur (Eisenhower) 37B
- 567 David Mitchell, Sr. Downers Grove (South) 31D
- 568 Ammon Paquette, Sr. East Moline (United) 6D
- 569 Brian Taghon, Jr. East Moline (United) 6C
- 570 Emmanuel Wilbourn, Sr. East St. Louis (Sr.) 35A

- 571 Dan Strackeljahn, Jr. Highland 37A
- 572 Samuel Romanoski, So. Lake Zurich 33D
- 573 Eric Mikowski, Jr. Lisle (Benet Academy) 15B
- 574 Steve Saul, Jr. Lisle (Benet Academy) 15A
- 575 Kyle Emkes, Sr. Mahomet (M.-Seymour) 34D
- 576 Eli Baker, Sr. Marion (H.S.) 31B
- 577 Gabriel Cruz, Sr. Maywood (Proviso East) 21C
- 578 David Elliot, Sr. Morton 36D
- 579 Kevin Doran, Sr. Murphysboro 33A
- 580 Jeff Goode, Sr. Naperville (Neuqua Valley) 35C
- 581 Ryan Boyll, Sr. Normal (Community West) 35B
- 582 Samuel Watson, So. Oak Park (O.P.-River Forest) 34B
- 583 Nathaniel Eagleson, Sr. Olney (East Richland) 37C
- 584 Tony Rakaric, Sr. Palatine (H.S.) 32A
- 585 Dan Glaz, Sr. Palos Hills (Stagg) 32B
- 586 Mark Creger, Sr. Rock Island (H.S.) 31C
- 587 Greg Baker, Sr. Schaumburg 15C
- 588 Pat Rizzo, Sr. Schaumburg 15D
- 589 Erik Sloan, Jr. Winnetka (New Trier) 34C
- 590 Paul Kulisek, Sr. Woodstock (H.S.) 36C

Girls Recaps

Class A Girls Regional Recap

Site	Team Champion	Pts.	Coach	Individual Champion, School	Time
Aurora (Central Catholic)	Chicago (University)	53	Bud James	Becky Levine, Chicago (University)	13:01
Benton	McLeansboro	27	Roger Lee	Lindsey Zeiler, Metropolis (Massac County)	14:27
Chicago (The Latin School)	Chicago (Luther North)	26	Dave Grim	Tracy Fleishacker, Chicago (Luther North)	16:23
Cowden (C.-Herrick)	Teutopolis	35	Connie Deters	Sarah Selby, Shelbyville	14:57
Eureka	Eureka	16	Brett Charlton	Kelli Leman, Eureka	16:25
Franklin	Athens	29	Bill Gastorf	Emily Zimmerman, Petersburg (PORTA)	16:28
Herscher	Braidwood (Reed-Custer)	34	Scott Ward	Leslie McCue, Braidwood (Reed-Custer)	13:59
Lebanon	Litchfield	42	Dan Newkirk	Priscilla Peach, Roxana	17:37
Macomb	Elmwood	47	Tony McCoy	Maggie Carroll, Elmwood	15:33
Manlius (Bureau Valley)	Rock Island (Alleman)	57	Mike Ethington	Mindy Peterson, Taylor Ridge (Rockridge)	15:29
Sandwich	Wheaton (St. Francis)	34	Scott Nelson	Lindsay McAlister, West Chicago (Wheaton Academy)	15:13
Sparta	Freeburg	46	Wayne Wiseman	Heather Elders, Herrin	16:13
St. Joseph (S.J.-Ogden)	St. Joseph (S.J.-Ogden)	23	Dylan Maddox	Shay Hyghland, Sidell (Jamaica)	17:20
Stanford (Olympia)	Stanford (Olympia)	36	Mike Neisler	Jill Floyd, Stanford (Olympia)	15:26
Tuscola	Rochester	35	Lisa Wycoff	Bridget McLeese, Monticello	15:44
Winnebago	Winnebago	27	Roger Fredrickson	Jessica Elsen, Winnebago	15:17

Class A Girls Sectional Recap

Site	Team Champion	Pts.	Coach	Individual Champion, School	Time
Effingham (St. Anthony)	Teutopolis	64	Connie Deters	Lindsay Zeiler, Metropolis (Massac County)	14:42
Elmwood	Eureka	44	Brett Charlton	Mindy Peterson, Taylor Ridge (Rockridge)	14:12
Lisle (Sr.)	Winnebago (Coop)	84	Roger Fredrickson	Becky Levine, Chicago (University)	15:37
Paxton (P.-Buckley-Loda)	St. Joseph (S.J.-Ogden)	85	Jim Acklin	Leslie McCue, Braidwood (Reed-Custer)	14:56

Class AA Girls Regional Recap

Site	Team Champion	Pts.	Coach	Individual Champion, School	Time
Alton (Sr.)	East St. Louis (Sr.)	35	Nino Fennoy	Shantie Chester, East St. Louis (Sr.)	15:45
Arlington Heights (St. Viator)	Evanston (Twp.)	109	William Albrecht	Loryn King, Arlington Heights (St. Viator)	13:53
Aurora (East)	Naperville (North)	47	Dan Iverson	Jessica Brannigan, Downers Grove (North)	14:35
Belvidere	DeKalb	52	Mike Wolf	Ashley Merry, Freeport (H.S.)	15:16
Burbank (Reavis)	Palos Hills (Stagg)	38	Ed Weber	Delilah DiCrescenzo, Burbank (Queen of Peace)	14:24
Charleston	Champaign (Centennial)	22	Greg Walters	Amy White, Champaign (Centennial)	15:42
Crete (C.-Monee)	Chicago Heights (Marian)	32	Tim Sovereign	Jori Jacobeit, Chicago Heights (Marian)	16:14
Libertyville	Lake Zurich	34	Ian Silverman	Becca Torres, Mundelein (Carmel)	15:25
Lockport (Twp.)	Plainfield	43	Steve Riederer	Candice Harvey, Lockport (Twp.)	15:32
Oak Park (O.P.-River Forest)	LaGrange (Lyons)	30	Pam Vanderweyden	Melissa Maestri, Hinsdale (Central)	15:21
Olney (East Richland)	O'Fallon	56	Neil James	Cadian Lawrence, O'Fallon	15:18
Orland Park (Sandburg)	New Lenox (Lincoln-Way)	18	Phil Hoffman	Andrea Pettay, New Lenox (Lincoln-Way)	15:03
Palatine (H.S.)	Roselle (Lake Park)	49	Harvey Braus	Diana Ainsley, Palatine (H.S.)	14:22
Peoria (Richwoods)	Peoria (Notre Dame)	33	Mike Sullivan	Rachel Lowe, East Peoria	15:10
Pontiac	Bloomington (H.S.)	59	John Szabo	Meghan Braffet, Normal (Community West)	14:51
Skokie (Niles West)	Elmhurst (York)	22	Larry Bassett	Maria Cicero, Elmhurst (York)	14:26
Springfield (Lanphier)	Quincy (Sr.)	58	Kerry Anders	Laura Vermette, Springfield (Sacred Heart-Griffin)	15:26
St. Charles (East)	Wheaton (North)	57	Ron Piro	Samantha Polock, Wheaton (North)	15:39
Sterling (H.S.)	Moline	51	Jeff Quick	Jenny Lake, Geneseo (Darnall)	14:49
Woodstock (H.S.)	Johnsburg	62	Chris Setzler	Katie Brin, McHenry	16:15

Class AA Girls Sectional Recap

Site	Team Champion	Pts.	Coach	Individual Champion, School	Time
Centralia	Quincy (Sr.)	110	Kerry Anders	Sarah Swain, Chatham (Glenwood)	14:58
East Peoria	Normal (Community West)	99	Den Patten	Meghan Braffet, Normal (Community West)	15:55
Park Forest (Rich East)	Naperville (North)	44	Dan Iverson	Lisa Bonistalli, Naperville (North)	14:28
Schaumburg	Schaumburg	96	Jon Macnider	Loryn King, Arlington Heights (St. Viator)	14:42
Villa Park (Willowbrook)	Elmhurst (York)	43	Larry Bassett	Delilah DiCrescenzo, Burbank (Queen of Peace)	13:31

Girls All-Time Champions and Runners-Up

Girls Team Champions and Runners-Up

Year	Team Champion	Coach	Score	Runnerup	Score
1979	Wheeling	Jim Nagel	91	Evanston (Twp.)	169
1980	Downers Grove (North)	Bruce Ritter	139	Glen Ellyn (Glenbard West)	152
1981	Rockford (Guilford)	Skip Leden	121	Wheeling	157
1982	Schaumburg	Jon Macnider	97	Belvidere	129
1983	Wheeling	Jim Nagel	134	Downers Grove (North)	138
1984	Wheeling	Jim Nagel	50	Downers Grove (North)	94
1985	Downers Grove (North)	Bruce Ritter	131	Palatine (H.S.)	146
1986	Wheeling	Jim Nagel	123	Schaumburg	143
1987	Hoffman Estates (H.S.)	Gary Barker	148	East St. Louis (Lincoln)	153
1988A	Chrisman	Roger Beals	74	Tolono (Unity)	104
1988AA	Hoffman Estates (Conant)	Al Goodman	139	Downers Grove (North)	158
1989A	Winnebago	Roger Fredrickson	104	Chrisman	109
1989AA	Palatine (H.S.)	Pat Gleason	95	Hoffman Estates (Conant)	144
1990A	St. Joseph (S.J.-Ogden)	James M. Acklin	167	Hillsboro	186
1990AA	Palatine (H.S.)	Pat Gleason	65	Libertyville	89
1991A	Herscher	Scott Stephens	120	Hillsboro	158
1991AA	Palatine (H.S.)	Steve Currins	78	Schaumburg	132
1992A	Herscher	Scott Stephens	98	Seneca	118
1992AA	Palatine (H.S.)	Steve Currins	66	Carol Stream (Glenbard North)	142
1993A	Winnebago (Coop)	Roger Fredrickson	119	Byron	126
1993AA	Naperville (North)	Marty Bee	78	Palatine (H.S.)	86
1994A	Winnebago (Coop)	Roger Fredrickson	83	Westmont	130
1994AA	Carol Stream (Glenbard North)	Bud Swanson	94	Palatine (H.S.)	129
1995A	Winnebago (Coop)	Roger Fredrickson	154	Kankakee (McNamara)	168
1995AA	Palatine (H.S.)	Steve Currins	90	Carol Stream (Glenbard North)	123
1996A	Herscher	Scott Stephens	121	Carlinville	126
1996AA	Palatine (H.S.)	Steve Currins	101	St. Charles	131
1997A	Petersburg (PORTA)	Jim Brauer	72	Sandwich	123
1997AA	St. Charles	Tom Roderick	75	Orland Park (Sandburg)	157
1998A	Woodstock (Marian)	Tom Van Daele	91	Sandwich	105
1998AA	St. Charles	Tom Roderick	83	Naperville (North)	111
1999A	Winnebago	Roger Fredrickson	98	Eureka	171
1999AA	Schaumburg	Jim Macnider	154	Elmhurst (York)	167

Girls Individual Champions and Runners-Up

Year	Winner, School	Runner-Up, School	Distance	Winning Time
1979	Madlyn Morreale, Glen Ellyn (Glenbard South)	Becky Cotta, Wheaton (North)	2.1 mi.	11:34.9
1980	Laura Haggerty, Evergreen Park	Jenny Spangler, Rockford (Guilford)	2.1 mi.	11:43.6
1981	Betsy Silzer (Sr.), Elmwood	Madlyn Morreale (Sr.), Glen Ellyn (Glenbard South)	2.1 mi.	11:22.9
1982	Shelly McBride (So.), Crete (C.-Monee)	Pam Quaranghi (So.), Collinsville	2.1 mi.	11:36.8
1983	Mary Driscoll (Fr.), Elmhurst (York)	Melissa Straza (So.), Bloomington (H.S.)	2.1 mi.	11:26.4
1984	Dana Miroballi (Fr.), Wheeling	Tracy Laughlin (Sr.), Downers Grove (North)	2.1 mi.	11:29.6
1985	Dana Miroballi (So.), Wheeling	Alice Doyle (Sr.), Wheeling	2.1 mi.	11:29.5
1986	Dana Miroballi (Sr.), Wheeling	Katrina Price (Sr.), Riverside (R.-Brookfield)	2.1 mi.	11:31.0
1987	Dana Miroballi (Sr.), Wheeling	Katrina Price (Sr.), Riverside (R.-Brookfield)	2.1 mi.	11:16.0
1988A	Chris Salsberry (Sr.), Genoa (G.-Kingston)	Jenny Kohl (Fr.), Herscher	2.1 mi.	12:22.0
1988AA	Erin Boland (So.), McHenry (H.S.)	Lisa Winters (Sr.), Arlington Hts. (Hersey)	2.1 mi.	11:42.0
1989A	Brooke Roberts (Sr.), Shelbyville	Rachel Knapp (Sr.), Winnebago	2.1 mi.	12:22.0
1989AA	Marques Sanders (Sr.), East St. Louis (Lincoln)	Tricia Huber (Sr.), Palatine (H.S.)	2.1 mi.	11:51.0
1990A	Becky Garrett (Sr.), Sparta	Laura Erffmeyer (Sr.), Palos Hts. (Chicago Christian)	2.1 mi.	11:47
1990AA	Erin Boland (Sr.), McHenry (H.S.)	Amy Siegel (Sr.), Wheeling	2.1 mi.	11:30
1991A	Heather Hollis (Sr.), Petersburg (Porta)	Brittany Johnson (Sr.), Lebanon	2.1 mi.	12:17
1991AA	Erika Chesney (Sr.), Downers Grove (North)	Amy Siegel (Sr.), Wheeling	2.1 mi.	12:06
1992A	Sue Gibson (Fr.), Trenton (Wesclin)	Treasure Schultz (Sr.), Gardner (G.-South Wilmington)	2.1 mi.	12:17
1992AA	Becky Coleman (Sr.), Libertyville	Jennifer Zehr (Fr.), Arlington Hts. (Hersey)	2.1 mi.	12:06
1993A	Sue Gibson (So.), Trenton (Wesclin)	Christina Congo (So.), Seneca	2.1 mi.	12:22
1993AA	Jenelle Deatherage, (Sr.), East Peoria	Kristen Devaney (Sr.), Naperville (North)	2.1 mi.	11:43
1994A	Susan Paige (Sr.), Elmwood	Stacy Sullivan (Sr.), Petersburg (Porta)	2.1 mi.	12:16
1994AA	Cassidy Wall (Sr.), Lemont (Mt. Assisi)	Elizabeth Kampfe (Sr.), Decatur (MacArthur)	2.1 mi.	11:43
1995A	Susan Gibson (Sr.), Trenton (Wesclin)	Heidi Knapp (Fr.), Eureka	2.1 mi.	12:08
1995AA	Elizabeth Kampfe (Sr.), Decatur (MacArthur)	Christin Wurth (Fr.), Normal (Community)	2.1 mi.	11:48
1996A	Alana Crisman (Sr.), Rushville	Stacey Sullivan (Sr.), Petersburg (PORTA)	2.1 mi.	12:05
1996AA	Rebecca Mitchell (Fr.), Geneva	Christin Wurth (So.), Bloomington (H.S.)	2.1 mi.	11:30
1997A	Alana Crisman (Sr.), Rushville	Catie LaBracke (So.), Woodstock (Marian)	2.1 mi.	12:14
1997AA	Rebecca Mitchell (So.), Geneva	Tera Moody (Sr.), St. Charles	2.1 mi.	11:19
1998A	Mindy Peterson (So.), Taylor Ridge (Rockridge)	Catie LaBracke (Sr.), Woodstock (Marian)	2.5 mi.	15:00
1998AA	Ann Gaffigan (Sr.), Springfield (Sacred Heart-Griffin)	Katie Hartmann (Sr.), Woodstock (H.S.)	2.5 mi.	14:03
1999A	Sarah Selby (Fr.), Shelbyville	Mindy Peterson (Sr.), Taylor Ridge (Rockridge)	2.5 mi.	14:16
1999AA	Katie Hartmann (Sr.), Woodstock (H.S.)	Defilah DiCrescenzo (Sr.), Burbank (Queen of Peace)	2.5 mi.	13:55

Boys Recaps

Class A Boys Regional Recap

Site	Team Champion	Pts.	Coach	Individual Champion, School	Time
Aurora (Central Catholic)	Lansing (Illiana Christian)	35	Phil Van Noord	Paul Jellema, Lansing (Illiana Christian)	14:36
Benton	Benton	56	Don Webb	Chris Herren, Harrisburg	14:54
Chicago (The Latin School)	Chicago (Luther North)	20	Dave Grim	Jim Franklin, Chicago (Luther North)	15:13
Cowden (C.-Herrick)	Robinson	24	Tony Cork	Lucas Kramer, Shelbyville	15:12
Eureka	Eureka	37	Brett Charlton	Jon Housenorsl, Eureka	15:24
Franklin	Athens	31	Bill Gastorf	Matt Davis, Athens	15:32
Herschler	Kankakee (McNamara)	31	Ken Klipp	Brad Graham, Braidwood (Reed-Custer)	15:31
Lebanon	Gillespie	54	Andy Easton	Jesse Landre, Gillespie	15:57
Macomb	Macomb	40	Randy Ames	Steve Wilson, Elmwood	15:28
Manlius (Bureau Valley)	Rock Island (Alleman)	40	Mike Ethington	Nick Hird, Rock Island (Alleman)	15:09
Sandwich	Elgin (St. Edward)	47	Mark Dubose	Shawn Lucas, Elgin (St. Edward)	15:30
Sparta	Sparta	16	Mark H. North	Matt Blair, Sparta	15:46
St. Joseph (S.J.-Ogden)	Tolono (Unity)	31	Jeff Kyle	Robbie Hargrove, Fithian (Oakwood)	15:57
Stanford (Olympia)	Normal (University)	44	Lester Hampton	Colby Geiser, Downs (Tri-Valley)	15:04
Tuscola	Rochester	37	Lisa Wycoff	Kyle Monroe, Rochester	15:15
Winnebago	Winnebago	37	Roger Fredrickson	Earl Ali, Burlington (Central)	14:24

Class A Boys Sectional Recap

Site	Team Champion	Pts.	Coach	Individual Champion, School	Time
Effingham (St. Anthony)	Robinson	91	Tony Cork	Chris Herrin, Harrisburg	15:11
Elmwood	Eureka	114	Brett Charlton	Steve Wilson, Elmwood	15:22
Lisle (Sr.)	Winnebago (Coop)	85	Roger Fredrickson	Paul Jellema, Lansing (Illiana Christian)	14:55
Paxton (P.-Buckley-Loda)	Normal (University)	95	Lester Hampton	Michael Uskali, Tolono (Unity)	15:37

Class AA Boys Regional Recap

Site	Team Champion	Pts.	Coach	Individual Champion, School	Time
Aiton (Sr.)	Edwardsville (H.S.)	28	Jim Price	Stephen Pifer, Edwardsville (H.S.)	15:21
Arlington Heights (St. Viator)	Wheeling	58	Tom Polak	Frank Velasquez, Wheeling	15:03
Aurora (East)	Downers Grove (North)	57	William Kupisch	David Mitchell, Downers Grove (South)	14:43
Belvidere	Rockford (Guilford)	41	Katy Scrogin	Andrew Brenner, Rockford (Guilford)	15:33
Burbank (Reavis)	Chicago (Marist)	36	Patrick Quinn	Dan Glaz, Palos Hills (Stagg)	15:11
Charleston	Decatur (MacArthur)	41	Bill Harbeck	Andy Hubner, Decatur (MacArthur)	15:17
Crete (C.-Monee)	Crete (C.-Monee)	57	Jim Plaskowy	Francisco Villagomez, Chicago Heights (Bicom Twp.)	15:46
Libertyville	Highland Park	30	Brad Hanson	Samuel Romanoski, Lake Zurich	15:48
Lockport (Twp.)	Lockport (Twp.)	28	Tom Razo	Dan Haut, Lockport (Twp.)	15:12
Oak Park (O.P.-River Forest)	Oak Park (O.P.-River Forest)	58	Jose Sosa	Alex Yount, LaGrange (Lyons)	15:41
Olney (East Richland)	Mt. Vernon	65	Clint Turner	Eli Baker, Marion (H.S.)	15:06
Orland Park (Sandburg)	Orland Park (Sandburg)	36	Pete Struck	Dave Laird, Orland Park (Sandburg)	15:25
Palatine (H.S.)	Schaumburg	50	Jon Macnider	Pat Rizzo, Schaumburg	15:29
Peoria (Richwoods)	Peoria (Notre Dame)	30	Mike Sullivan	David Elliot, Morton	15:33
Pontiac	Bloomington (H.S.)	54	John Szabo	Kyle Hilgendorf, Bloomington (H.S.)	15:18
Skokie (Niles West)	Elmhurst (York)	28	Joe Newton	Adam Roche, Elmhurst (York)	15:00
Springfield (Lanphier)	Springfield (H.S.)	35	Dan Devlin	Adam Solomon, Springfield (H.S.)	15:56
St. Charles (East)	Geneva	60	Suzi Yaeger	Andrew McQuillan, Geneva	14:55
Sterling (H.S.)	Rochelle	49	Bruce Anderson	Mark Creger, Rock Island (H.S.)	15:40
Woodstock (H.S.)	Crystal Lake (Central)	27	Bill Eschman	Matt Legel, Crystal Lake (Central)	15:02

Class AA Boys Sectional Recap

Site	Team Champion	Pts.	Coach	Individual Champion, School	Time
Centralia	Edwardsville (H.S.)	66	Jim Price	Eli Baker, Marion (H.S.)	15:22
East Peoria	Peoria (Notre Dame)	120	Mike Sullivan	Mark Creger, Rock Island (H.S.)	15:18
Park Forest (Rich East)	Lockport (Twp.)	63	Thomas Razo	Daniel Haut, Lockport (Twp.)	15:56
Schaumburg	Wheeling	80	Tom Polak	Tony Rakaric, Palatine (H.S.)	14:45
Villa Park (Willowbrook)	Elmhurst (York)	48	Joe Newton	Dan Glaz, Palos Hills (Stagg)	14:40

Boys All-Time Champions and Runners-Up

Boys Team Champions and Runners-Up

Year	Team Champion	Coach	Score	Runnerup	Score
1946	Paris	Ernie Eveland	90	Chicago (Lane)	102
1947	Paris	Ernie Eveland	30	Des Plaines (Maine)	89
1948	Paris	Ernie Eveland	23	Washburn	73
1949	Paris	H.D. "Deac" Sweeley	36	Evanston (Twp.)	72
1950	Chicago Hts. (Bloom)	E.R. Nelson	49	Paris	70
1951	Urbana (H.S.)	Gene Armer	21	LaGrange (Lyons)	61
1952	Peoria (Woodruff)	Roy Gummerson	37	Urbana (H.S.)	80
1953	Evanston (Twp.)	Emil Schultz	111	Toledo (Cumberland)	119
1954	Maywood (Proviso)	Harold Monilaw	71	Peoria (Woodruff)	121
1955	LaGrange (Lyons)	Max Armer	95	Chicago (Englewood)	122
1956	LaGrange (Lyons)	Max Armer	102	Rock Falls	113
1957	Maywood (Proviso)	Harold Monilaw	63	Edwardsville	133
1958	Alton (Sr.)	Neal Schmelzel	95	Glen Ellyn (Glenbard)	100
1959	Winnetka (New Trier)	Ben Almaguer	67	Glen Ellyn (Glenbard West)	96
1960	Glen Ellyn (Glenbard West)	C.A.R. Johnson	80	Winnetka (New Trier)	85
1961	Highland Park	Dick Ault	96	Glen Ellyn (Glenbard West)	97
1962	Elmhurst (York)	Joe Newton	61	Evanston (Twp.)	98
1963	Chicago (Lane)	Leonard Jareczek	69	Glen Ellyn (Glenbard West)	126
1964	Hillside (Proviso West)	Dick McCallister	46	Elmhurst (York)	68
1965	Elmhurst (York)	Joe Newton	61	Rockford (Guilford)	125
1966	Evanston (Twp.)	Jim Nelson	117	Naperville	124
1967	Arlington Hts. (Arlington)	Bruce Samore	73	Hillside (Proviso West)	74
1968	Elmhurst (York)	Joe Newton	121	Evanston (Twp.)	129
1969	Palatine (Fremd)	Ron Menely	86	Elmhurst (York)	129
1970	Park Ridge (Maine East)	John Coughlan	129	Palatine (Fremd)	139
1971	Elmhurst (York)	Joe Newton	67	Centralia	136
1972	Elmhurst (York)	Joe Newton	84	Arlington Hts. (Hersey)	164
1973	Elmhurst (York)	Joe Newton	64	Riverside (R.-Brookfield)	159
1974	Chicago Hts. (Bloom)	Don Slota	91	Elmhurst (York)	96
1975	Chicago Hts. (Bloom)	Don Slota	128	Elmhurst (York)	132
1976A	Lebanon	Ira Price	96	Winnebago	139
1976AA	Deerfield	Len Kisellus	111	Wheaton (North)	142
1977A	Elmwood	Tom Meyers	118	Beecher	140
1977AA	Deerfield	Len Kisellus	71	Elmhurst (York)	134
1978A	Winnebago	Roger Schmidt	104	Aurora (Central Catholic)	113
1978AA	Elmhurst (York)	Joe Newton	80	Villa Park (Willowbrook)	139
1979A	Petersburg (PORTA)	Mike Johnson	76	Princeton	136
1979AA	Park Ridge (Maine East)	Rich Sazonoff	63	Elmhurst (York)	65
1980A	Peoria (Bergan)	Mike Sullivan	89	Princeton	123
1980AA	Elmhurst (York)	Joe Newton	102	Palatine (H.S.)	121
1981A	Peoria (Bergan)	Mike Sullivan	92	Trenton (Wesclin)	111
1981AA	Elmhurst (York)	Joe Newton	44	Schaumburg	185
1982A	Trenton (Wesclin)	Keith Hall	91	Peoria (Bergan)	134
1982AA	Elmhurst (York)	Joe Newton	79	Chicago (St. Ignatius)	167
1983A	Elmwood	Tom Meyers	62	Erie	147
1983AA	Elmhurst (York)	Joe Newton	137	Rockford (Guilford)	145
1984A	Elmwood	Tom Meyers	68	Rushville	149
1984AA	Elmhurst (York)	Joe Newton	98	Rockford (Guilford)	129
1985A	Elmwood	Tom Meyers	69	Pontiac	93
1985AA	Schaumburg	Jim Macnider	116	Flossmoor (Homewood-F.)	172
1986A	Pontiac	Kevin Forney	85	Elmwood	139
1986AA	Elmhurst (York)	Joe Newton	155	Rockford (Guilford)	161
1987A	Maple Park (Kaneland)	Larry Eddington	103	Chrisman	136
1987AA	Schaumburg	Jim Macnider	120	Naperville (Central)	124
1988A	Chrisman	Roger Beals	122	Maple Park (Kaneland)	139
1988AA	Schaumburg	Jim Macnider	70	Elmhurst (York)	77

Boys All-Time Champions and Runners-Up

Year	Team Champion	Coach	Score	Runnerup	Score
1989A	Seneca	James Helton	131	West Frankfort (Frankfort)	140
1989AA	Elmhurst (York)	Joe Newton	75	Palos Hills (Stagg)	128
1990A	Tremont	Mike Lynn	94	West Frankfort (Frankfort)	114
1990AA	Elmhurst (York)	Joe Newton	54	Hoffman Estates (H.S.)	213
1991A	St. Joseph (S.J.-Ogden)	Jim Acklin	46	Maple Park (Kaneland)	100
1991AA	Elmhurst (York)	Joe Newton	76	Schaumburg	161
1992A	St. Joseph (S.J.-Ogden)	Jim Acklin	101	Georgetown (G.-Ridge Farm)	109
1992AA	Elmhurst (York)	Joe Newton	75	St. Charles (H.S.)	104
1993A	Normal (University)	Lester Hampton	72	Oregon (Coop)	82
1993AA	Elmhurst (York)	Joe Newton	137	Palatine (H.S.)	204
1994A	Normal (University)	Lester Hampton	89	Sandwich	149
1994AA	Elmhurst (York)	Joe Newton	139	Mt. Prospect (Prospect)	176
1995A	Petersburg (PORTA)	Jim Brauer	86	Normal (University)	108
1995AA	Crystal Lake (Central)	Bill Eschman	67	Elmhurst (York)	84
1996A	Kewanee (H.S.)	Frank Tocha	85	Breese (Mater Dei)	104
1996AA	Lockport (Twp.)	Larry Thompson	73	Bensenville (Fenton)	123
1997A	Oregon	Art Carlson	144	McLeansboro	149
1997AA	Lockport (Twp.)	Larry Thompson	134	Elmhurst (York)	135
1998A	Eureka	Brett Charlton	73	Westmont	152
1998AA	Wheeling	Mark Saylor	126	Elmhurst (York)	131
1999A	Eureka	Brett Charlton	32	Maple Park (Kaneland)	155
1999AA	Elmhurst (York)	Joe Newton	24	Schaumburg	139

Boys Individual Champions and Runners-Up

Year	Winner, School	Runner-Up, School	Distance	Winning Time
1946	Warren Druetzler, LaGrange (Lyons)	George Twigg, Paris	2 mi.	10:07.8
1947	Bob Collenberger, Paris	Bob Malmstrom, Moline	2 mi.	9:58
1948	Stacy Siders, Buffalo (Tri-City)	Glen Curtis, Paris	2 mi.	9:55.3
1949	James Henry, Evanston	Irv Reitz, Rock Island (H.S.)	1.9 mi.	9:35.1
1950	Steve Murphy, Chicago (Calumet)	Chuck Metheny, Paris	2 mi.	9:47.6
1951	Chuck Metheny, Paris	Verlon Sheuring, Urbana	2 mi.	10:22.4
1952	Charles Hakes, Peoria (Woodruff)	Dale Nevel, Marengo	1.9 mi.	10:16.6
1953	Louis Kujawinski, Evanston	John Hitt, Evanston	1.9 mi.	9:21.6
1954	Fred Sandoval, East Moline (United)	Dan Inrie, Joliet	2 mi.	9:34
1955	Jim Bowers, DeKalb	Fred Sandoval, East Moline (United)	1.9 mi.	9:15.2
1956	Brian White, Rockford (East)	Bill Gillingham, Peoria (Woodruff)	1.9 mi.	9:31.8
1957	Ray Ott, Moline	Bob Lindrud, Moline	1.9 mi.	9:31.6
1958	Marvin Silliman, Kankakee	Weymouth Kirkland, Winnetka (New Trier)	1.9 mi.	9:21
1959	Weymouth Kirkland, Winnetka (New Trier)	Allen Carius, Morton	1.9 mi.	9:20.5
1960	Weymouth Kirkland, Winnetka (New Trier)	Wiley Wright, Moline	1.9 mi.	9:15
1961	Jim Weinert (Sr.), Highland Park	Dave Bartel, Wheaton	2 mi.	10:11.3
1962	Charles Schulz, Evanston	Robert Barber, Skokie (Niles West)	2 mi.	9:57
1963	Charles Schulz, Evanston	Steve Bakieda, Chicago (Lane)	2 mi.	9:30.9
1964	Bruce Bowman, Hillside (Proviso West)	John Greco, Des Plaines (Maine West)	2 mi.	9:36.8
1965	Mike Collins (Sr.), Winnetka (New Trier)	Doug Williamson, Libertyville	2 mi.	9:53.4
1966	Jim Press, Riverside (R.-Brookfield)	Dave Calvert, Rockford (Guilford)	1.9 mi.	9:45.4
1967	Lee LeBadie (Sr.), Des Plaines (Maine West)	Rich Elliott, Hillside (Proviso West)	2 mi.	9:54.4
1968	Ken Popejoy (Sr.), Glen Ellyn (Glenbard W.)	Duane Smith, Moline	2.75 mi.	13:26.3
1969	Dave Merrick (Jr.), New Lenox (Lincoln-Way)	Andy Isla-Rubert, Hillside (Proviso West)	2.75 mi.	13:19.4

Boys All-Time Champions and Runners-Up

Year	Winner, School	Runner-Up, School	Distance	Winning Time
1970	Dave Merrick (Sr.), New Lenox (Lincoln-Way)	Dan Pettinger, Palatine (Fremd)	2.67 mi.	12:37.6
1971	Craig Virgin (Jr.), Lebanon	Lee Erickson, New Lenox (Lincoln-Way)	3 mi.	13:59.3
1972	Craig Virgin (Sr.), Lebanon	Stan Vannier, Centralia	3 mi.	13:50.6
1973	Dave Walters, New Lenox (Lincoln-Way)	Bill Fritz, Glen Ellyn (Glenbard West)	3 mi.	13:57.7
1974	Tom Marino (Sr.), Hillside (Proviso West)	Ron Craker (Jr.), Elmhurst (York)	3 mi.	14:14.3
1975	Ron Craker (Sr.), Elmhurst (York)	Dan Gilchrist (Sr.), Rockford (East)	3 mi.	14:10.3
1976A	Doug Drogemuller (Sr.), Winnebago	Terry Donahue (Sr.), Lombard (Montini)	3 mi.	14:46.5
1976AA	Tom Graves (Jr.), Orland Park (Sandburg)	Jim Spivey (Jr.), Bensenville (Fenton)	3 mi.	14:08.5
1977A	Mark Capelle (Sr.), Highland (St. Paul)	Tom Stluka (Sr.), Beecher	3 mi.	14:49.4
1977AA	Tom Graves (Sr.), Orland Park (Sandburg)	Jim Spivey (Jr.), Bensenville (Fenton)	3 mi.	13:56.6
1978A	Craig Hayden (Sr.), Pittsfield	Gary Bremer (Jr.), Metropolis	3 mi.	14:53.4
1978AA	Don Volkey (Jr.), Belvidere	Tom Stevens (Sr.), Deerfield	3 mi.	14:16.0
1979A	Gary Bremer, Metropolis	Jeff Stipp, Hoopeston (H.-East Lynn)	3 mi.	14:49.2
1979AA	Jim Files, Springfield (Lanphier)	Ralph Caron, Chicago (Marist)	3 mi.	14:18.3
1980A	Eric Volkert, Peoria (Bergan)	Mike Eisele, Woodstock (Marian)	3 mi.	14:46.9
1980AA	Mike Patton, Chicago (St. Ignatius)	Larry Head, Oak Park (O.P.-River Forest)	3 mi.	14:24.3
1981A	John King (Jr.), Elmhurst (Immaculate Conc.)	Kirt Davis (Jr.), Hoopeston (H.-East Lynn)	3 mi.	14:49.6
1981AA	Jim Knudsen (Sr.), Lockport	Ryan Stoll (Sr.), Lake Forest (H.S.)	3 mi.	14:22.2
1982A	John Jacobson (Sr.), Cornell	John King (Sr.), Elmhurst (Immaculate Conc.)	3 mi.	14:43.2
1982AA	Brent McLain (Sr.), Benton	Robert Cull (Jr.), Lombard (Montini)	3 mi.	14:39.5
1983A	Ron Speletich (Jr.), Beecher	John Stein (Sr.), Peoria (Bergan)	3 mi.	15:02.8
1983AA	Craig Van Dyke (Sr.), Maywood (Proviso East)	Jim White (Jr.), Elmhurst (York)	3 mi.	14:24.0
1984A	Troy Maddux (Jr.), Streator (Woodland)	Tony Fernatt (So), Beecher	3 mi.	14:35.1
1984AA	Jim White (Sr.), Elmhurst (York)	Ed Slowikowski (Sr.), Darien (Hinsdale South)	3 mi.	14:30.5
1985A	Troy Maddux (Sr.), Streator (Woodland)	Tony Fernatt (Jr.), Beecher	3 mi.	14:18.5
1985AA	Jim Gibson (Sr.), Lake Forest (H.S.)	Mitch McCormick (Sr.), Franklin Park (Leyden)	3 mi.	14:28.0
1986A	Tony Fernatt (Sr.), Beecher	Todd Lopeman (Jr.), Pontiac	3 mi.	14:42.0
1986AA	Len Sitko (Sr.), Niles (Notre Dame)	Dave Rill (Sr.), Oak Park (Fenwick)	3 mi.	14:08.0
1987A	Scott Maddux (Sr.), Streator (Woodland)	Doug Light (Sr.), Toledo (Cumberland)	3 mi.	14:48.0
1987AA	Mark Scheirer (Sr.), Metamora	Aaron Rodgers (Sr.), Chicago (C. Vocational)	3 mi.	14:22.0
1988A	Eric Detmer (Sr.), Breese (Mater Dei)	John Erickson (Sr.), Eureka	3 mi.	15:05.0
1988AA	Mario Vesey (Sr.), Rock Island (H.S.)	Dan Nolan (Jr.), Naperville (Central)	3 mi.	14:42.0
1989A	John Eggenberger (Sr.), Herscher	David Lewis (Sr.), Fairfield	3 mi.	15:05.0
1989AA	Bob Watson (Sr.), Palatine (H.S.)	Scott Lilley (Sr.), Schaumburg	3 mi.	14:35.0
1990A	Chris Adesso (Sr.), Wheaton (St. Francis)	Justin Weiss (Jr.), Lisle (Sr.)	3 mi.	15:04.0
1990AA	Vadim Nemad (Sr.), Skokie (Niles North)	Nick Thiel (Sr.), Naperville (North)	3 mi.	14:17.0
1991A	Brad Kaufman (Sr.), Tremont	Jeff Obert (Sr.) Liberty	3 mi.	15:04.0
1991AA	Pat Joyce (Jr.), Lincolnshire (Stevenson)	Scott Lidskin (Sr.), Glenview (Glenbrook South)	3 mi.	14:41.0
1992A	Christian Natusch (Sr.), Rushville	Barry Pearman (Sr.), Georgetown (G.-Ridge Farm)	3 mi.	14:53.0
1992AA	Pat Joyce (Sr.), Lincolnshire (Stevenson)	Chris Brown (Sr.), Libertyville	3 mi.	14:30.0
1993A	Chris Bailey (Jr.), Westmont	Jeff Erickson (Sr.), Eureka	3 mi.	14:55.0
1993AA	Tim Broe (Jr.), East Peoria	Adam White (Sr.), Peoria (Notre Dame)	3 mi.	14:22.0
1994A	Chris Bailey (Sr.), Westmont	Matt McClelland (Jr.), Rushville	3 mi.	14:52.0
1994AA	Tim Broe (Sr.), East Peoria	Lou Petricca (Sr.), Mt. Prospect (Prospect)	3 mi.	14:52.0
1995A	Matt McClelland (Sr.), Rushville	John Lutkehaus (Sr.), Normal (University)	3 mi.	15:10.0
1995AA	Matt Macievic (Sr.), Chicago (DeLaSalle)	Jorge Torres (Fr.), Wheeling	3 mi.	14:32.0
1996A	Peter Muller (Sr.), Chicago (University)	J.B. Hedges (Sr.), Seneca	3 mi.	14:46.0
1996AA	Jorge Torres (So.), Wheeling	Jesse Barnes (Sr.), Batavia	3 mi.	14:29.0
1997A	Ryan Young (Jr.), Fairbury (Prairie Central)	Kevin Bailey (Sr.), Westmont	3 mi.	14:57.0
1997AA	Jorge Torres (Jr.), Wheeling	Donald Sage (So.), Elmhurst (York)	3 mi.	14:22.0
1998A	Ryan Young (Sr.), Fairbury (Prairie Central)	Mitchell Baker (Jr.), Macomb	3 mi.	15:00
1998AA	Jorge Torres (Sr.), Wheeling	Donald Sage (Jr.), Elmhurst (York)	3 mi.	14:00
1999A	Dustin Franckey (Sr.), Eureka	Mitchell Baker (Sr.), Macomb	3 mi.	14:46
1999AA	Donald Sage (Sr.), Elmhurst (York)	Tim Keller (Sr.), West Chicago (H.S.)	3 mi.	14:03

Final Polls Performances

2000 Final Girls Polls

Here are the top 15 Girls Cross Country teams in the state as compiled by Illinois Prep Top Times. First place votes are in parentheses.

A	AA
1. Winnebago (6) 146	1. Elmhurst (York) (10) 150
2. St. Joseph-Ogden (4) 140	2. Naperville (North) 130
3. Wheaton (St. Francis) 128	3. Roselle (Lake Park) 128
4. Woodstock (Marian) 118	4. Schaumburg 120
5. Eureka 108	5. Wheaton (North) 106
6. Braidwood (Reed-Custer) 84	6. LaGrange (Lyons) 105
7. West Chicago (Wheaton Acad.) 82	7. Hinsdale (Central) 85
8. Normal (University) 58	8. Glenbard East 75
8. Elmhurst (Timothy Christian) 58	9. New Lenox (Lincoln-Way) 63
10. Stanford (Olympia) 54	10. Palatine (H.S.) 60
11. Rock Island (Alleman) 46	11. Orland Park (Sandburg) 48
12. Oregon 44	12. Palatine (Fremd) 42
13. Shelbyville 32	13. Downers Grove (North) 35
14. Urbana (University) 22	14. St. Charles (East) 21
15. Sherrard 20	15. Plainfield 15

Others: Herscher, Olney, Yorkville, Downs (Tri-Valley), Tolono (Unity), Chicago (Luther North), Chicago (St. Benedict).

Others: Aurora (Waubonsie Valley), Carol Stream (Glenbard North), Lockport (Twp.).

2000 Final Boys Polls

Here are the top 15 Boys Cross Country teams in the state as compiled by Illinois Prep Top Times. First place votes are in parentheses.

A	AA
1. Winnebago (6) 114	1. Crystal Lake (Central) (3) 140
2. Eureka 113	2. Elmhurst (York) (4) 138
3. Dunlap (2) 106	3. Wheeling (3) 117
4. Lansing (Illiana Christian) 92	4. Lockport (Twp.) 105
5. Chicago (Luther North) 54	5. Downers Grove (North) 103
6. Aurora (Central Catholic) 48	6. Schaumburg 85
7. Macomb 44	7. Arlington Hts. (Hersey) 78
8. Wheaton (St. Francis) 42	8. Bensenville (Fenton) 77
8. Tolono (Unity) 42	9. Crystal Lake (Prairie Ridge) 51
10. Robinson 40	10. Orland Park (Sandburg) 49
11. Normal (University) 38	11. Highland Park 30
11. Rochester 38	12. Waukegan (New Trier) 36
13. Elgin (St. Edward) 36	13. Darien (Hinsdale South) 33
14. Rock Island (Alleman) 34	14. Highland Park 30
15. Kankakee (McNamara) 26	15. Barrington 29

Others: Woodstock (Marian), Herscher, Downs (Tri-Valley), Clinton, Liberty, Chicago (Leo), Niles (Northridge Prep), St. Joseph-Ogden.

Others: Mt. Prospect (Prospect), Buffalo Grove, Chicago (Marist), Naperville (Central), Rockford (Guilford), Glen Ellyn (Glenbard South), Crete-Monee, Geneva, Oak Park, Wilmette (Loyola).

Girls Meet Top Performances

(2.1 mile course through - 1997)

Class A

Time	Runner (Yr.), School	Year
11:47	Becky Garrett (Sr.), Sparta	1990
11:57	Laura Erffmeyer (Sr.), Palos Hts. (Chicago Christian)	1990
12:03	Brittany Johnson (Jr.), Lebanon	1990
12:05	Alana Crisman (Jr.), Rushville	1996

Class AA

Time	Runner (Yr.), School	Year
11:19	Rebecca Mitchell (So.), Geneva	1997
11:27	Tera Moody (Jr.), St. Charles	1997
11:30	Erin Boland (Sr.), McHenry (H.S.)	1990
11:30	Rebecca Mitchell (Fr.), Geneva	1996

Single-Class

Time	Runner (Yr.), School	Year
11:16.0	Dana Miroballi (Sr.), Wheeling	1987
11:21.0	Katrina Price (Sr.), Riverside (R.-Brookfield)	1987
11:22.9	Betsy Silzer (Sr.), Elmwood	1981
11:26.0	Madlyn Morreale (Sr.), Glen Ellyn (Glenbard South)	1981

(2.5 mile course - 1998 to present)

Class A

Time	Runner (Yr.), School	Year
14:16	Sarah Selby (Fr.), Shelbyville	1999
14:26	Mindy Peterson (Jr.), Taylor Ridge (Rockridge)	1999
14:39	Lindsay Zeiler (So.), Metropolis (Massac Co.)	1999
14:57	Stephanie Bone (Sr.), Herscher	1999

Class AA

Time	Runner (Yr.), School	Year
13:55	Katie Hartmann (Sr.), Woodstock (H.S.)	1999
14:03	Ann Gaffigan (Jr.), Springfield (Sacred Heart-Griffin)	1998
14:06	Delilah DiCrescenzo (Jr.), Burbank (Queen of Peace)	1999
14:13	Katie Hartmann (Jr.), Woodstock (H.S.)	1998

Boys Meet Top Performances

(Excludes 1999)

Class A

Time	Runner (Yr.), School	Year
14:18.5	Troy Maddux (Sr.), Streator (Woodland)	1985
14:35.1	Troy Maddux (Jr.), Streator (Woodland)	1984
14:42	Tony Fernatt (Sr.), Beecher	1986
14:43.2	John Jacobson (Sr.), Cornell	1982
14:46	Peter Muller (Sr.), Chicago (University)	1996
14:46	Dustin Franckey (Sr.), Eureka	1999
14:46.5	Doug Drogemuller (Sr.), Winnebago	1976
14:46.9	Eric Volkert (Sr.), Peoria (Bergan)	1980
14:47.0	Tony Fernatt (Jr.), Beecher	1985
14:48.0	Scott Maddux (Sr.), Streator (Woodland)	1987

Class AA

Time	Runner (Yr.), School	Year
13:56.6	Tom Graves (Sr.), Orland Park (Sandburg)	1977
14:00	Jim Spivey (Sr.), Bensenville (Fenton)	1977
14:00	Jorge Torres (Sr.), Wheeling	1998
14:03	Donald Sage (Sr.), Elmhurst (York)	1999
14:08	Len Sitko (Sr.), Niles (Notre Dame)	1986
14:08.5	Tom Graves (Jr.), Orland Park (Sandburg)	1976
14:15	Jorge Torres (Jr.), Wheeling	1997
14:16	Jim Spivey (Jr.), Bensenville (Fenton)	1976
14:16	Don Volkey (Jr.), Belvidere	1978
14:16	Donald Sage (Jr.), Elmhurst (York)	1998

Single-Class

Time	Runner, School	Year
13:50.6	Craig Virgin, Lebanon	1972
13:57.7	Dave Walters, New Lenox (Lincoln-Way)	1973
13:59	Craig Virgin, Lebanon	1971
14:00	Jorge Torres (Sr.), Wheeling	1998
14:06	Bill Fritz, Glen Ellyn (Glenbard West)	1973
14:10.3	Ron Craker, Elmhurst (York)	1975
14:13	Craig Young, Stillman Valley	1973
14:13	Dan Gilchrist, Rockford (East)	1975
14:14.3	Tom Marino, Hillside (Proviso West)	1974

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Lake to run at state

Geneseo senior will compete on Peoria course

Jenny Lake of Geneseo has qualified for the Class AA state cross country meet for the third time in her career.

Lake will run at 11:30 a.m. Saturday, November 4 at Detweiller Park, Peoria. Wearing #520, she will line up in Box 27.

To reach the park, take I-74 to Peoria and get off at U. S. 150 (War Memorial Drive). Drive east to Route 29 and turn north. The park is on the left and parking is on the right. Admission is free.

An awards ceremony will be held at 3:30 p.m. at Peoria High School.

Completing a 2.1-mile course in 11:53, Lake received All-State honors for finishing eighth at the state meet during her freshman season in 1997. That is the highest any Lady Leaf has ever placed.

As a sophomore, Lake completed a longer course, 2.5 miles, in 15:29 for 67th place.

She was injured much of her junior season, recovering in time to run only in the NCIC, regional and sectional meets.

Lake qualified for the 2000 race with her performance at the East Peoria sectional on Saturday, October 28. The race was held at Illinois Central College in a light wind with temperatures in the 50s.

She placed second with a time of 16:02 over 2.5 miles, leading a pack of seven runners who qualified as individuals.

The others are Jaime Turilli of

Normal Community, sixth, 16:31; Whitney Mays of Bloomington, seventh, 16:34; Kim Ye of Rockford Auburn, ninth, 16:37; Maureen Scott of Mahomet Seymour, 10th, 16:38; Stephanie Richards of Pekin, 12th, 16:46 and Maureeca Lambert of Bloomington, 13th, 16:47.

Teams qualifying for state were Normal West, first, 99 points; Moline, second, 143; Notre Dame, third, 160; East Peoria, fourth, 175 and Freeport, fifth, 190.

Meghan Braffet of Normal West won the race in 15:55, only seven seconds ahead of Lake. Rounding out the top five were Ashley Merry of Freeport, 16:15; Kimber Bivens of East Peoria, 16:23 and Jill Stefens of Moline, 16:24.

Besides Lake, the Geneseo contingent included Emily Alden, 43rd overall, 17:30; Ashley Colo, 46th, 17:35; Kelle Curran, 68th, 17:52; Jann Johnson, 91st, 18:41; Nicki Sellon, 96th, 18:18 and Karin Skelton, place and time not available.

The top five Lady Leafs finished within 2:39.

Geneseo compiled 213 points and placed ninth in the team standings, behind the state-qualifying teams and Bloomington, sixth, 199; Metamora, seventh, 202 and Bradley-Bourbonnais, eighth, 203.

Peoria Richwoods was 10th with 241 points; DeKalb, 11th, 249; Mahomet Seymour, 12th, 251; Sterling, 13th, 274; United Township, 14th, 288; Princeton, 15th, 366; Pekin, 16th, 373; Rockford Boylan, 17th, 437; Sycamore, 18th, 472; Belvidere, 19th, 507 and Morton, 20th, 531.

Josh Franks led the Geneseo boys with a clocking of 16:21 for 43rd

place in the 3.0-mile race. It was one of his faster times this year.

Mike Sunstrom was 73rd at 16:41; Bill Bean, 82nd, 16:51; Jared Betcher, 122nd, 17:26; Christian Rowlands, 125th, 17:27; Kyle Fluck, 128th, 17:32 and Jeremy Heaton, 137th, 17:47.

The spread for the top five Leafs was 1:21.

Individuals advancing to state were Mark Creger of Rock Island, first place, 15:18; Kyle Hilgendorf of Bloomington, third, 15:25; Kyle Emkes of Mahomet Seymour, fourth, 15:25; Ryan Boyll of Normal Community West, eighth, 15:35; David Elliot of Morton, 11th, 15:36; Brian Taghon of United Township, 12th, 15:36 and Ammon Paquette of United Township, 13th, 15:38.

The top five runners were Creger; David Bergeson of Rochelle, second, 15:21; Hilgendorf; Emkes and Kris Cunningham of Notre Dame, fifth, 15:26.

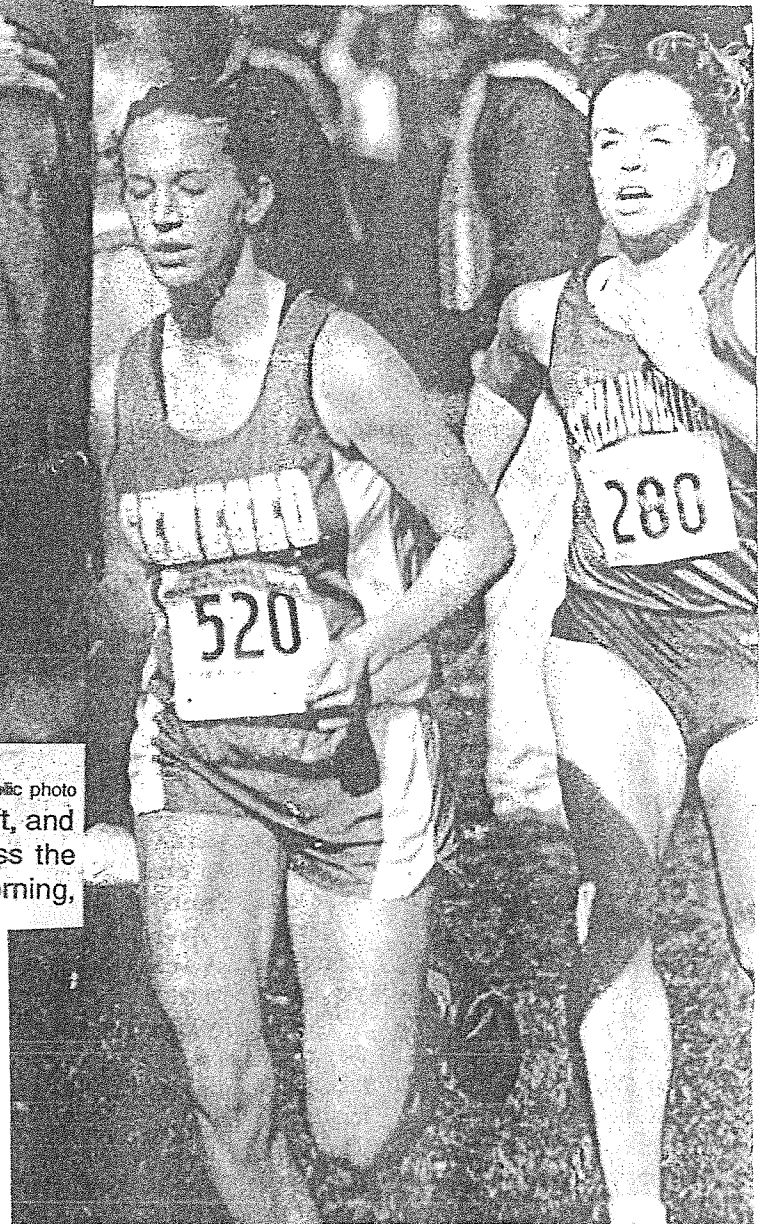
Teams qualifying for the state meet were Notre Dame, first, 120 points; Rochelle, second, 141; Pekin, third, 150; Rockford Guilford, fourth, 169 and Moline, fifth, 187.

Other teams were Rockford Jefferson, sixth, 223; Pontiac, seventh, 225; Belvidere, eighth, 234; Peoria Richwoods, ninth, 249; Bloomington, 10th, 273; United Township, 11th, 290; Hononegah, 12th, 304; Morton, 13th, 348; Mahomet Seymour, 14th, 348; Normal West, 15th, 349; Sycamore, 16th, 364; Peoria, 17th, 386; Rock Island, 18th, 389; Geneseo, 19th, 394 and Metamora, 20th, 414.



FINAL PREP. Geneseo Coach Don Fredericks, left, and senior Jenny Lake have a few minutes to discuss the Class AA state race before it begins Saturday morning, November 4 in Peoria.

Republic photo



MAXIMUM EFFORT. Jenny Lake, left, of Geneseo, sprints by Katie Donlon of Schaumburg near the finish line at the state cross country meet at Detweiller Park in Peoria. Lake finished 20th with a time of 14:48, while Donlon came in 23rd at 14:49. Both girls received All-State medals for finishing in the top 25.

Republic photo

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All Stater!

Way to go, Jenny!



Jenny Lake

Jenny Lake
placed 20th at
the State Cross
Country Meet
November 4!



Republic photo

TIME TO CELEBRATE. Holding roses she received after winning an All-State medal, Lady Leaf Jenny Lake talks over the cross country race with her mother, Julie Lake.

Leafs' Lake is all-state

Geneseo senior
finishes 20th in
girls 'AA' meet

By Stephen Mosler
QUAD-CITY TIMES

PEORIA, Ill. — After enduring pools of frustration the past two years, Geneseo runner Jenny Lake again made waves at Detweiller Park in the 22nd annual Illinois Class AA girls cross country meet.

Detweiller Park has been the site of the Illinois cross country championships for 31 years, but the past two years it hasn't been a particularly pleasurable site for Lake.

After notching an eighth-place finish as a freshman at state in 1997, Lake was sick in 1998 and finished 67th.

Last season, knee ailments limited her to three meets.

Streaking past cross country competitors on brisk Saturday morning, the determined senior also got past a painful past en route to finishing 20th and garnering all-state honors.

Lake, who tallied a time of 14 minutes, 48 seconds, raced past nine other runners during the last quarter-mile of the 2.5-mile race that included 227 competitors.

"I couldn't have asked for a better ending to my cross country career," said Lake, who now is the Maple Leafs' only two-time all-state cross country performer. "After all the injuries and frustrations, it feels so great to go out on a high note like this. I have no regrets because I ran my best race today."

Moline's Jill Steffens just missed all-state honors, as she finished 28th. The top 25 finishers are heralded all-state.

Steffens, who recorded a 109th-place finish and 15:53 time two years ago as a freshman, registered a 14:53 mark Saturday and eclipsed her previous personal-best standard by 10 seconds.

"I really attacked that first mile, but then I waited too long toward the end of the race to make my kick," Steffens said. "I'm happy I set a personal best, but disappointed I just missed being an all-state selection."

The Moline girls finished 20th out of 26 schools with 417 points. York claimed the top team prize with 82 points.

Moline, with 594 points, finished 25th out of 26 schools.

"Four of our seven guys ran their fastest times ever today, and our girls did a great job," said Moline coach Jeff Quick, who guided both Maroon teams to state for the first time since 1991. He has directed 17 Moline teams to state since 1986.

The three-mile boys race, which featured 226 competitors, proved to be a disappointing one for several Quad-City runners.

Standouts such as Rock Island's Boomer Creger (61st place), Moline's Nate Medinger (73rd) and United Township's Brian Taghon (113th) didn't place as high as anticipated.

"I certainly was hoping to do better, but the muscle injury in my left leg that has been bothering me for four weeks really started cramping up a mile into the race," said Creger, a senior who posted a 15:24 time.

Lake earns All-State medal

Geneseo senior makes up eight places in stretch

Five hundred yards from the finish line at the state cross country meet, Jenny Lake seemed unlikely to earn the second All-State medal of her high school career.

She was in 28th place, and she needed to move up at least three spots to earn All-State honors at Detweiller Park in Peoria on Saturday, November 4.

Going uphill, Lake blew by eight runners and finished 20th with a time of 14:48 in the Class AA race.

Coach Don Fredericks couldn't say enough about Lake's effort.

"A great race," he commented. "The Illinois state cross country meet is one of the most competitive in the United States and it's tremendous to see her succeed. She overcame a lot of adversity to get here."

It was especially satisfying for Coach Fredericks because Lake is a captain who leads by example and whose achievements will inspire future Geneseo runners.

Lake said she felt relaxed at the start of the race, which drew 227 runners on a warm, sunny morning.

"I felt less pressure than ever before," she commented.

She felt good during the first part of the race, but she said she went out too fast and began to feel bad farther along the course.

Near the end of the race, she realized it was the last race of her high school career. She told herself the girls in front of her were not super-human.

"I forgot what my body was saying, and I gave it my all," Lake said. "I barely remember finishing."

She was happy with the race she ran.

Lake is the only two-time All-State medalist Geneseo has ever had.

She won her first All-State medal as a freshman in 1997, when she completed a 2.1-mile course in 11:53 for eighth place. That is the highest any Lady Leaf has ever finished.

As a sophomore, Lake had the flu while running a longer course, 2.5 miles, in 15:29 for 67th place.

She suffered from knee tendinitis much of her junior season, recovering in time to run only in the NCIC, regional and sectional meets.

To avoid any injury that might jeopardize her college career, Coach Fredericks said Lake ran a relatively low 30 to 35 miles per week.

The coach noted several colleges have expressed interest in Lake, who also won both NCIC and regional races. Her strong finish at state will draw interest from even more schools.

Coach Fredericks said Lake is also an outstanding student with plans to become a surgeon.

Lake was named Metro Pacesetter on Thursday, November 9 by *The Dispatch and Rock Island Argus*.

She was the only Quad City runner to medal on Saturday. Jill Stefens, a junior at Moline, placed 28th at 14:53—two seconds shy of a medal.

Others running for the Lady Maroons were Jessica Griffin, 88th, 15:32; Anne Gloeckner, 134th, 15:57; Jenna McAdam, 160th, 16:21; Tara Rogers, 161st, 16:22; Lacy Chappell, 193rd, 17:02 and

By Steve Tappa
Staff sports writer

PEORIA — Dreams of capping a star-crossed cross-country career with the all-state honors a top 25 finish would bring were in serious jeopardy Saturday for Geneseo senior star Jenny Lake.

"A hundred yards short of the 2-mile mark, she was 18th," Geneseo coach Don Fredericks said Saturday during the Class AA portion of the state meet at Detweiller Park.

"But by the time she made the 2-mile turn and headed down the backstretch, she was 28th, and that's not a good situation to be in with the sharks circling behind her. There were 30 girls within five seconds at the two-mile mark."

Class AA

Yet, after overcoming so many obstacles in the last three years, including injuries and illness, the Leafs' captain was not about to let three runners be the hurdle she couldn't clear to return to the awards' stand for the first time since finishing eighth as a freshman in 1997.

"At the turn, I heard (former boys' teammate) Tim Nelson yelling that I was in 28th place and I just thought, 'No, no, we're not going to have this. I'm not going to regret my last high school race for the rest of my life,'" Lake said after passing eight runners in a desperate sprint to a 20th-place finish.

"It was surreal. Passing people there at the end I was like, 'Is this me?' Because a lot of times, I don't have the best kick. But, it was there when I needed it the most.

"I just put my head down and ran as hard as I could. I don't even remember finishing. I was just happy it was over. Everything was a blur there at the end. And, I'm just so happy it ended on a good note."

Such was not the case for the



Jenny
Lake



Jill
Steffens

rest of the Class AA contingent.

With junior star Jill Steffens missing all-state honors by three places, the Moline girls fell short of getting into the top 10, finishing 20th in the 27-team field.

In the boys' race, Boomer Creger failed to score his fourth straight postseason victory as leg problems finally caught up to the Rock Island senior, who finished 61st in a time of 15:24.

United Township's Brian Taghon (113th) and Ammon Paquette (204th) also finished out of medal contention.

And with 73rd-place Nate Medinger standing as Moline's highest finisher, the Maroons finished 25th in a 27-team field.

Girls

"She exorcised a great number of demons (Saturday)," Fredericks said about Lake. "This is a storybook ending for her, to finish up with an all-state medal."

Lake now stands as the only two-time cross-country all-stater in Geneseo history. That's an honor that seemed destined when she finished eighth in 1997.

However, Lake finished 67th at state while running with the flu as a sophomore, then failed to qualify for state last year while a growth-related knee injury limited her to running in the conference, regional and sectional meets.

"It's been a rough four years," Lake said after posting a time of 14 minutes, 48 seconds. "I've had

Renee Minch, 198th, 17:11.

Lake was the only NCIC competitor in the race.

Elmhurst York topped the team standings with 82 points, followed by Naperville North, 108; LaGrange Lyons, 140; Roselle Lake Park, 204; St. Charles East, 250; Schaumburg, 265; Hinsdale Central, 277; New Lenox Lincoln-Way, 294; Lake Zurich, 297 and Palatine, 319.

Lockport finished 11th with 327 points; Wheaton North, 328; Orland Park Sandburg, 354; Downers Grove North, 371; Palatine Fremd, 375; Normal Community West, 382; Quincy, 394; Springfield Southeast, 399; O'Fallon, 411 and Moline, 417.

East Peoria finished 21st with 473 points, ahead of Peoria Notre Dame, 496; Chatham Glenwood, 496; Champaign Centennial, 500; Freeport, 532; Chicago Morgan Park, 853 and Chicago Lane, 873.

Lake won't let all-state

honors get away

my ups and downs and last year was definitely down. I really wanted to come back this year and end my whole career on a good note and that's what I did."

However, the achievement was not without it's challenges.

"I got out super fast, probably too fast. I did the same thing my freshman year, but the first half-mile I felt awesome," Lake said. "I thought, 'Wow, this is going to be a good day.' But then I went downhill. I was top 10 early, then slid back until I hit the bottom of the last hill and hit the homestretch."

Marvelled Fredericks, "She really kicked it out. That was a great charge. And what's best about it is she really stamped her career with a big thumbs up here, leaving a great example for future generations of Maple Leafs. She will be one of the measuring sticks for a long time."

Meanwhile, Steffens and her youthful teammates will have to wait a year to try and achieve that special status.

"It's tough to come this close and not get a medal," said Steffens, the Western Big 6 Conference champion. "I was with Jenny Lake at the mile, but I just drifted too much in the middle and didn't make up any ground. I tried to kick but it was too late."

"I took a couple of girls in the last straightaway, I just couldn't get past the last three, who were straight across in a line in front of me. I tried to go around them to the right, but it was too much to get around. The chute was right there and I didn't have enough time to step in front of them."

Still, Steffens beat her personal-best by 20 seconds, clocking out at 14:53.

"Definitely, this motivates me for next year," Steffens said. "I start basketball on Monday, but the next cross-country season starts (today). I'm going to keep up with running and this gives me a lot of incentive to come back here next year."

Ditto for her team, which had its top three run personal bests.

"As a team, regardless of the place, this is a good experience, especially for the girls that haven't been here before," said Steffens, who improved from a 108th-place finish as a freshman by cutting exactly a minute off her 1998 time at state.

"We have six of our top seven back next year, so we have a lot of promise in the future. We want to be back here next year. We came a long way this season but this shows us how much farther we have to go."

Elmhurst York unseated Schaumburg as the team champ.

Boys

"If I'd been healthy, I'd have been up there at the end," Rocky's Creger said. "That still doesn't get me a medal, though. Hopefully I'll be healthy during the track season and can change that."

Creger was 15th after the first pass by the finish line, leading the second swarm of runners. The next time around, he was back in 36th place.

Creger turned his first mile in 4:46. But slumped to 5:20 in his second mile. He finished in 15:24.

"I was out there with the front pack feeling good the first mile and then my leg started hurting and that was pretty much it," the conference, regional and sectional champ said. "I fell off the lead pack and kept tumbling back from there."

Moline's boys' were never in the race, but that hardly made Moline coach Jeff Quick unhappy.

"To get here is just tremendous," Quick said. "You get fifth in a sectional, you're not going to place very high. But we earned the right to run in the state meet, and four of the seven boys' ran their best race of the year. And, we've got next year with four of them back."

Elmhurst York successfully defended its title.

ILLINOIS HIGH SCHOOL ASSOCIATION
State Cross Country Championships
Peoria, Illinois

Girls Class AA

November 4, 2000

Team Score

1. Elmhurst (York)	1	8	13	25	35	(83)	(144)	=	82
2. Naperville (North)	4	10	23	31	40	(63)	(68)	=	108
3. LaGrange (Lyons)	16	17	34	36	37	(91)	(107)	=	140
4. Roselle (Lake Park)	18	32	38	45	71	(96)	(108)	=	204
5. St. Charles (East)	29	30	44	46	101	(132)	(146)	=	250
6. Schaumburg	12	41	62	69	81	(113)	(133)	=	265
7. Hinsdale (Central)	43	48	52	61	73	(90)	(137)	=	277
8. New Lenox (Lincoln-Way)	24	33	57	88	92	(102)	(128)	=	294
9. Lake Zurich	28	42	67	76	84	(114)	(153)	=	297
10. Palatine (H.S.)	2	49	72	78	118	(150)	(164)	=	319
11. Lockport (Twp.)	26	58	60	74	109	(130)	(134)	=	327
12. Wheaton (North)	50	53	59	80	86	(110)	(147)	=	328
13. Orland Park (Sandburg)	14	51	66	97	126	(136)	(168)	=	354
14. Downers Grove (North)	7	27	105	112	120	(131)	(138)	=	371
15. Palatine (Fremd)	47	75	77	87	89	(148)	(152)	=	375
16. Normal (Community West)	3	70	79	111	119	(143)	(158)	=	382
17. Quincy (Sr.)	19	20	94	121	140	(141)	(175)	=	394
18. Springfield (Southeast)	22	56	82	85	154	(179)	(183)	=	399
19. O'Fallon	9	65	95	115	127	(129)	(151)	=	411
20. Moline	15	55	98	124	125	(156)	(161)	=	417
21. East Peoria	6	21	142	149	155	(167)		=	473
22. Peoria (Notre Dame)	54	100	104	116	122	(162)	(176)	=	496
23. Chatham (Glenwood)	5	64	117	145	165	(166)	(173)	=	496
24. Champaign (Centennial)	39	93	106	123	139	(157)	(169)	=	500
25. Freeport (H.S.)	11	99	103	159	160	(170)	(171)	=	532
26. Chicago (Morgan Park)	135	172	180	182	184	(185)	(187)	=	853
27. Chicago (Lane)	163	174	177	178	181	(186)	(188)	=	873

ILLINOIS HIGH SCHOOL ASSOCIATION

Girls AA - Cross Country Championships November 4, 2000

PLACE	TmPl	NAME	CL SCHOOL	TIME	PACE
=====	=====	=====	=====	=====	=====
1	1	Maria Cicero	Sr Elmhurst (York)	13:49	5:32
2		Loryn King	Jr Arlington Heights (St. Viato	14:07	5:39
3		Delilah DiCrescenzo	Sr Burbank (Queen of Peace)	14:14	5:42
4		Erika Odlaug	Jr Deerfield	14:24	5:46
5	2	Diana Ainsley	Sr Palatine (H.S.)	14:34	5:50
6		Katie Birn	So McHenry	14:35	5:50
7	3	Meghan Braffet	So Normal (Community West)	14:37	5:51
8	4	Lisa Bonistalli	Fr Naperville (North)	14:39	5:52
9	5	Sarah Swain	Sr Chatham (Glenwood)	14:40	5:52
10		Jean Marinangeli	Jr Buffalo Grove	14:40	5:52
11		Lizet Diaz	Sr Aurora (East)	14:41	5:53
12	6	Rachel Lowe	Jr East Peoria	14:41	5:53
13	7	Jessica Brannigan	Sr Downers Grove (North)	14:42	5:53
14	8	Kara Henry	So Elmhurst (York)	14:43	5:53
15		Colleen Byrne	So Des Plaines (Maine West)	14:44	5:54
16		Carly Evans	Jr Lombard (Glenbard East)	14:45	5:54
17		Ashley Addair	Jr Aurora (Waubonsie Valley)	14:45	5:54
18	9	Cadian Lawrence	Sr O'Fallon	14:46	5:55
19		Christina Nieto	Jr Elgin (Larkin)	14:47	5:55
20		Jenny Lake	Sr Geneseo (Darnall)	14:48	5:55
21	10	Joanna Veth	Jr Naperville (North)	14:48	5:56
22	11	Ashley Merry	Jr Freeport (H.S.)	14:49	5:56
23	12	Katie Donlon	Sr Schaumburg	14:49	5:56
24		Abbey Hartmann	Fr Lisle (Benet Academy)	14:50	5:56
25		Sarah Radostits	Fr Naperville (Neuqua Valley)	14:51	5:57
26	13	Allison Billhardt	So Elmhurst (York)	14:52	5:57
27	14	Bridgette O'Rourke	Sr Orland Park (Sandburg)	14:52	5:57
28	15	Jill Steffens	Jr Moline	14:53	5:57
29	16	Tristan Rackow	So LaGrange (Lyons)	14:53	5:58
30		Alison Coren	Fr Wheeling	14:56	5:59
31		Nicole Feest	Jr Lombard (Glenbard East)	14:57	5:59
32	17	Maggie Mathieson	So LaGrange (Lyons)	14:59	6:00
33		Joanne Capparelli	Sr Springfield (Lanphier)	15:00	6:00
34	18	Bridget Healy	Sr Roselle (Lake Park)	15:00	6:00
35	19	Leah Smith	Sr Quincy (Sr.)	15:01	6:01
36		Kyna Forkins	Sr Glen Ellyn (Glenbard West)	15:01	6:01
37	20	Danasha Griffin	Fr Quincy (Sr.)	15:03	6:02
38		Jessica Winter	Jr Wheaton (W. Warrenville Sout	15:04	6:02
39	21	Kimber Bivens	So East Peoria	15:06	6:03
40	22	Joanne Perino	Jr Springfield (Southeast)	15:06	6:03
41	23	Michele Lally	Jr Naperville (North)	15:07	6:03
42		Angie Simone	Sr Palos Hills (Stagg)	15:08	6:03
43		Laura Macias	Jr Chicago (Farragut)	15:08	6:04
44	24	Kali Lafferty	So New Lenox (Lincoln-Way)	15:09	6:04
45		Elizabeth Davenport	Jr Murphysboro	15:09	6:04
46	25	Kelly Forst	Sr Elmhurst (York)	15:10	6:04
47	26	Candice Harvey	Sr Lockport (Twp.)	15:10	6:04
48		Laura Vermette	Sr Springfield (Sacred Heart-Gr	15:10	6:04
49		Whitney Mays	Fr Bloomington (H.S.)	15:11	6:05
50	27	Courtney Tumpach	Sr Downers Grove (North)	15:11	6:05
51		Jaime Turilli	Sr Normal (Community)	15:11	6:05
52	28	Lindsay Schwarz	Sr Lake Zurich	15:12	6:05

ILLINOIS HIGH SCHOOL ASSOCIATION

Girls AA - Cross Country Championships November 4, 2000

PLACE	TmPl	NAME	CL SCHOOL	TIME	PACE
=====	=====	=====	=====	=====	=====
104	71	Ebony Oliver	Sr Roselle (Lake Park)	15:40	6:16
105	72	Lauren Brosio	Jr Palatine (H.S.)	15:41	6:17
106	73	Jordan Laney	So Hinsdale (Central)	15:41	6:17
107	74	Kelly Flounders	Fr Lockport (Twp.)	15:42	6:17
108	75	Corina Gonzalez	Sr Palatine (Fremd)	15:42	6:17
109		Melissa Malter	So Downers Grove (South)	15:42	6:17
110		Alina Talmaciu	So Chicago (Mather)	15:43	6:17
111	76	Elise Stott	Fr Lake Zurich	15:44	6:18
112	77	Lauren Gorecki	So Palatine (Fremd)	15:44	6:18
113	78	Suzy Turner	Fr Palatine (H.S.)	15:44	6:18
114	79	Keili Anet	Sr Normal (Community West)	15:45	6:18
115	80	Valerie Lambrecht	Sr Wheaton (North)	15:45	6:18
116	81	Alex Chlopek	Sr Schaumburg	15:45	6:18
117	82	Leah Kincaid	So Springfield (Southeast)	15:46	6:19
118	83	Shannon Tucker	Fr Elmhurst (York)	15:46	6:19
119	84	Margot Otten	Jr Lake Zurich	15:46	6:19
120	85	Whitney Burnes	Fr Springfield (Southeast)	15:47	6:19
121	86	Kyle Bugh	Jr Wheaton (North)	15:47	6:19
122	87	Bethany Yarosz	So Palatine (Fremd)	15:48	6:20
123		Daisy Zamora	So Chicago (Jones)	15:49	6:20
124	88	Katie Krzak	Fr New Lenox (Lincoln-Way)	15:49	6:20
125	89	Jessica Chalmers	Fr Palatine (Fremd)	15:49	6:20
126	90	Kelly Kenna	Jr Hinsdale (Central)	15:50	6:20
127	91	Krissy Peters	Sr LaGrange (Lyons)	15:50	6:20
128	92	Nicole Fritz	Sr New Lenox (Lincoln-Way)	15:50	6:20
129	93	Ally Broeren	Sr Champaign (Centennial)	15:53	6:21
130	94	Allison Schutte	So Quincy (Sr.)	15:54	6:22
131	95	Amber Reber	So O'Fallon	15:55	6:22
132	96	Vicky Parent	Sr Roselle (Lake Park)	15:55	6:22
133	97	Tara Brennan	Jr Orland Park (Sandburg)	15:56	6:23
134	98	Anne Gloeckner	So Moline	15:57	6:23
135	99	Amanda Eberle	Jr Freeport (H.S.)	15:58	6:24
136	100	Morgan Clay	Sr Peoria (Notre Dame)	15:59	6:24
137	101	Maggie Roberts	Jr St. Charles (East)	15:59	6:24
138	102	Katy Jones	Sr New Lenox (Lincoln-Way)	16:00	6:24
139	103	Kim Monigold	So Freeport (H.S.)	16:00	6:24
140	104	Brooke Elbert	Jr Peoria (Notre Dame)	16:01	6:25
141	105	Renee Koziol	Jr Downers Grove (North)	16:01	6:25
142	106	Brandy Buss	Fr Champaign (Centennial)	16:02	6:25
143	107	Katie Elwood	Jr LaGrange (Lyons)	16:03	6:26
144	108	Christie Ehrhardt	Jr Roselle (Lake Park)	16:04	6:26
145	109	Nicole Khaladkar	Sr Lockport (Twp.)	16:05	6:26
146	110	Kari Bogner	So Wheaton (North)	16:07	6:27
147	111	Megan Sanders	Fr Normal (Community West)	16:08	6:27
148	112	Jessica Corvo	Jr Downers Grove (North)	16:08	6:27
149	113	Laura Pearson	Fr Schaumburg	16:10	6:28
150	114	Kate Wichmann	Fr Lake Zurich	16:11	6:29
151	115	Kristin Ahlvin	So O'Fallon	16:12	6:29
152	116	Francine Schafer	So Peoria (Notre Dame)	16:13	6:29
153	117	Alissa Vala	Jr Chatham (Glenwood)	16:14	6:30
154	118	Cheryl Briggs	So Palatine (H.S.)	16:15	6:30

ILLINOIS HIGH SCHOOL ASSOCIATION

Girls AA - Cross Country Championships November 4, 2000

PLACE	TmPl	NAME	CL SCHOOL	TIME	PACE
=====	=====	=====	=====	=====	=====
155	119	Katherine McKean	Fr Normal (Community West)	16:16	6:31
156	120	Merry Darrah	Fr Downers Grove (North)	16:16	6:31
157	121	Christina Winkeljohn	So Quincy (Sr.)	16:18	6:32
158	122	Amy Smith	Jr Peoria (Notre Dame)	16:20	6:32
159	123	Anna Rudolphi	Sr Champaign (Centennial)	16:21	6:33
160	124	Jenna McAdam	So Moline	16:21	6:33
161	125	Tara Rogers	Sr Moline	16:22	6:33
162	126	Kerry Brennan	Fr Orland Park (Sandburg)	16:22	6:33
163	127	Crystal Foltz	Jr O'Fallon	16:23	6:33
164	128	Jaclyn Wegner	Jr New Lenox (Lincoln-Way)	16:24	6:34
165	129	Emily Brantley	So O'Fallon	16:25	6:34
166	130	Shannon Stoffey	So Lockport (Twp.)	16:26	6:35
167	131	Missy Jerousek	Jr Downers Grove (North)	16:27	6:35
168	132	Michelle Janci	Sr St. Charles (East)	16:28	6:35
169	133	Laura Zdunek	So Schaumburg	16:28	6:36
170	134	Nicole Flounders	So Lockport (Twp.)	16:29	6:36
171	135	Arici Hughes	Jr Chicago (Morgan Park)	16:30	6:36
172	136	Jenny Brdecka	So Orland Park (Sandburg)	16:31	6:37
173	137	Lauren Thomas	Jr Hinsdale (Central)	16:32	6:37
174	138	Marie Perrillo	Jr Downers Grove (North)	16:33	6:37
175	139	Kristi Levanti	Sr Champaign (Centennial)	16:34	6:38
176	140	Nicole Dougherty	Sr Quincy (Sr.)	16:35	6:38
177	141	Amanda Schutte	Sr Quincy (Sr.)	16:35	6:38
178	142	Jennifer Jeffers	Fr East Peoria	16:37	6:39
179	143	Megan Zitting	Fr Normal (Community West)	16:37	6:39
180	144	Hillary Palumbo	So Elmhurst (York)	16:37	6:39
181	145	Kelli Floyd	Fr Chatham (Glenwood)	16:41	6:41
182	146	Danielle Riebock	Sr St. Charles (East)	16:41	6:41
183	147	Marie McNamara	So Wheaton (North)	16:46	6:43
184	148	Mary Kate Kalogeropoul	Sr Palatine (Fremd)	16:50	6:44
185	149	Katie Densberger	Sr East Peoria	16:51	6:45
186	150	Shane Evans	So Palatine (H.S.)	16:52	6:45
187	151	Andrea Bonner	So O'Fallon	16:52	6:45
188	152	Kristin Warner	So Palatine (Fremd)	16:56	6:47
189	153	Kay Yien	Jr Lake Zurich	16:56	6:47
190	154	Chartese Baxter	Sr Springfield (Southeast)	16:57	6:47
191	155	Michelle Ostrowski	So East Peoria	16:58	6:47
192		Karina Soto	Sr Chicago (Mather)	17:01	6:49
193	156	Lacy Chappell	Jr Moline	17:02	6:49
194	157	Deborah Newell	Sr Champaign (Centennial)	17:03	6:49
195	158	Megan Birky	Sr Normal (Community West)	17:06	6:51
196	159	Angie Drew	Sr Freeport (H.S.)	17:10	6:52
197	160	Allyx Shriver-Rice	Fr Freeport (H.S.)	17:10	6:52
198	161	Renee Minch	Jr Moline	17:11	6:53
199	162	Lestel Escorcica	Jr Peoria (Notre Dame)	17:12	6:53
200	163	Janet Moya	So Chicago (Lane)	17:13	6:53
201	164	Liz Wojtysiak	Sr Palatine (H.S.)	17:13	6:54
202	165	Lisa Ekle	Jr Chatham (Glenwood)	17:17	6:55
203	166	Kelli Hackethal	So Chatham (Glenwood)	17:17	6:55
204	167	Kim Densberger	Fr East Peoria	17:18	6:56
205	168	Joy Kopeiken	Jr Orland Park (Sandburg)	17:20	6:56

ILLINOIS HIGH SCHOOL ASSOCIATION

Girls AA - Cross Country Championships November 4, 2000

PLACE	TMPL	NAME	CL	SCHOOL	TIME	PACE
206	169	Jenny Stearns	So	Champaign (Centennial)	17:23	6:58
207	170	Julie Beverly	Sr	Freeport (H.S.)	17:27	6:59
208	171	Meryl Shriver-Rice	Sr	Freeport (H.S.)	17:34	7:02
209	172	Damaris Parchment	Jr	Chicago (Morgan Park)	17:35	7:02
210	173	Karen Hastings	Fr	Chatham (Glenwood)	17:41	7:05
211		Rachel Arnett	So	Chicago (Young)	17:44	7:06
212	174	Estella Coleman	Jr	Chicago (Lane)	17:46	7:07
213	175	Jenny Cox	Sr	Quincy (Sr.)	17:51	7:09
214	176	Abigail Sarmiento	So	Peoria (Notre Dame)	17:53	7:09
215	177	Alicia Nieves	So	Chicago (Lane)	17:53	7:10
216		Sarah Dortch	Sr	Edwardsville (H.S.)	17:56	7:11
217	178	Amanda Pryce	So	Chicago (Lane)	18:05	7:14
218	179	Ashley Ball	So	Springfield (Southeast)	18:24	7:22
219	180	E'Tienne Chaplin	Fr	Chicago (Morgan Park)	18:29	7:24
220	181	Angeline Oruzco	Jr	Chicago (Lane)	18:31	7:25
221	182	Shanna Pickett	Sr	Chicago (Morgan Park)	18:34	7:26
222	183	Christina Huck	So	Springfield (Southeast)	18:57	7:35
223	184	Brittany Green	So	Chicago (Morgan Park)	19:17	7:43
224	185	Shetoya Russell	So	Chicago (Morgan Park)	19:28	7:48
225	186	Brenda Basasta	Fr	Chicago (Lane)	19:31	7:49
226	187	Crystal Lewis	So	Chicago (Morgan Park)	19:48	7:55
227	188	Folashade Ogunsay	Sr	Chicago (Lane)	20:33	8:14

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ILLINOIS HIGH SCHOOL ASSOCIATION
State Cross Country Championships
Peoria, Illinois

Boys Class AA

November 4, 2000

Team Score

1. Elmhurst (York)	3	6	34	39	44	(73)	(78)	=	126
2. Wheeling	7	10	22	24	75	(124)	(133)	=	138
3. Downers Grove (North)	4	9	30	65	67	(98)	(99)	=	175
4. Lockport (Twp.)	1	2	32	76	77	(104)	(164)	=	188
5. Crystal Lake (Central)	13	23	28	48	89	(108)	(137)	=	201
6. Naperville (North)	5	8	68	70	80	(82)	(120)	=	231
7. Bensenville (Fenton)	12	15	29	61	127	(139)	(144)	=	244
8. Arlington Heights (Hersey)	18	47	57	71	72	(128)	(131)	=	265
9. Crystal Lake (Prairie Ridge)	14	43	50	53	119	(170)	(177)	=	279
10. Skokie (Niles North)	31	33	58	62	100	(166)	(178)	=	284
11. Highland Park	45	52	66	74	94	(132)	(163)	=	331
12. Geneva	42	51	60	79	103	(130)	(145)	=	335
13. Naperville (Central)	25	37	86	87	101	(109)	(157)	=	336
14. Peoria (Notre Dame)	36	56	81	88	97	(121)	(141)	=	358
15. Edwardsville (H.S.)	11	69	83	92	105	(106)	(126)	=	360
16. Decatur (MacArthur)	20	26	40	125	152	(158)	(181)	=	363
17. LaGrange (Lyons)	21	63	102	114	115	(134)	(162)	=	415
18. Rochelle	35	46	84	107	143	(153)	(154)	=	415
19. Mt. Vernon	17	91	95	113	116	(148)	(179)	=	432
20. Springfield (H.S.)	19	96	111	112	135	(187)	(188)	=	473
21. Danville (H.S.)	41	59	85	150	155	(173)	(182)	=	490
22. Pekin	54	64	90	122	168	(172)	(174)	=	498
23. Orland Park (Sandburg)	27	93	117	123	140	(151)	(161)	=	500
24. Rockford (Guilford)	16	55	146	149	165	(167)	(183)	=	531
25. Moline	49	129	136	138	142	(159)	(171)	=	594
26. Chicago (Kennedy)	38	156	160	169	175	(176)	(180)	=	698
27. Chicago (Farrugut)	110	118	147	184	185	(186)		=	744

ILLINOIS HIGH SCHOOL ASSOCIATION

Boys AA - Cross Country Championships November 4, 2000

PLACE	TmPl	NAME	CL SCHOOL	TIME	PACE
=====	=====	=====	=====	=====	=====
1	1	Daniel Haut	Sr Lockport (Twp.)	14:12	4:44
2	2	Zac Sartori	Sr Lockport (Twp.)	14:17	4:46
3		Dan Glaz	Sr Palos Hills (Stagg)	14:26	4:49
4		Tony Rakaric	Sr Palatine (H.S.)	14:31	4:51
5	3	Adam Roche	Sr Elmhurst (York)	14:35	4:52
6	4	Eduardo Borjon	Jr Downers Grove (North)	14:36	4:52
7	5	Brian Rae	Sr Naperville (North)	14:36	4:52
8		Pat Rizzo	Sr Schaumburg	14:37	4:53
9		Paul Kulisek	Sr Woodstock (H.S.)	14:38	4:53
10	6	Peter Stasiulis	Sr Elmhurst (York)	14:39	4:53
11	7	Gerardo Herrera	So Wheeling	14:41	4:54
12		Emmanuel Wilbourn	Sr East St. Louis (Sr.)	14:42	4:54
13		Tim Hachmeister	Sr Aurora (Illinois Math & Scien	14:43	4:55
14	8	David Rae	Sr Naperville (North)	14:43	4:55
15	9	Gerald Hlinsky	Sr Downers Grove (North)	14:44	4:55
16		Erik Sloan	Jr Winnetka (New Trier)	14:44	4:55
17		Samuel Romanoski	So Lake Zurich	14:45	4:55
18		David Mitchell	Sr Downers Grove (South)	14:46	4:56
19		Mike Wood	Sr Chicago (Marist)	14:46	4:56
20		Eli Baker	Sr Marion (H.S.)	14:46	4:56
21	10	Frank Velasquez	Sr Wheeling	14:47	4:56
22	11	Stephen Pifer	So Edwardsville (H.S.)	14:49	4:57
23	12	Carlos Mendoza	Jr Bensenville (Fenton)	14:50	4:57
24		Greg Baker	Sr Schaumburg	14:51	4:57
25	13	Matt Legel	Sr Crystal Lake (Central)	14:55	4:59
26	14	Kyle MacKenzie	Sr Crystal Lake (Prairie Ridge)	14:55	4:59
27	15	Will Siemers	Sr Bensenville (Fenton)	14:56	4:59
28	16	Kelly Korevec	Sr Rockford (Guilford)	15:03	5:01
29		Samuel Watson	So Oak Park (O.P.-River Forest)	15:04	5:02
30	17	Eric Baker	Sr Mt. Vernon	15:05	5:02
31	18	John Craig	Sr Arlington Heights (Hersey)	15:05	5:02
32		Gabriel Cruz	Sr Maywood (Proviso East)	15:06	5:02
33	19	Adam Solomon	Jr Springfield (H.S.)	15:07	5:03
34	20	William McCann	Fr Decatur (MacArthur)	15:07	5:03
35	21	Alex Yount	So LaGrange (Lyons)	15:09	5:03
36	22	Matt Wallace	Sr Wheeling	15:09	5:03
37	23	Chas Ballew	Jr Crystal Lake (Central)	15:10	5:04
38	24	Mike Burke	So Wheeling	15:10	5:04
39	25	Dan Rickert	Jr Naperville (Central)	15:11	5:04
40		Francisco Villagomez	Jr Chicago Heights (Bloom Twp.)	15:11	5:04
41	26	Andy Hubner	Jr Decatur (MacArthur)	15:11	5:04
42	27	Dave Laird	Sr Orland Park (Sandburg)	15:12	5:04
43	28	Dave Bell	Jr Crystal Lake (Central)	15:12	5:04
44	29	Jose Muneton	So Bensenville (Fenton)	15:13	5:05
45	30	Mark Baran	Sr Downers Grove (North)	15:14	5:05
46	31	Kevin Mayfield	Jr Skokie (Niles North)	15:14	5:05
47	32	Jake Stout	Jr Lockport (Twp.)	15:14	5:05
48	33	Adam Mormalstein	Jr Skokie (Niles North)	15:16	5:06
49		Steve Saul	Sr Lisle (Benet Academy)	15:18	5:06
50	34	Jay McGrane	Sr Elmhurst (York)	15:19	5:07
51	35	David Bergeson	Sr Rochelle	15:19	5:07
52	36	Kris Cunningham	Sr Peoria (Notre Dame)	15:20	5:07

ILLINOIS HIGH SCHOOL ASSOCIATION

Boys AA - Cross Country Championships November 4, 2000

PLACE	TmPl	NAME	CL SCHOOL	TIME	PACE
=====	=====	=====	=====	=====	=====
53		Kyle Emkes	Sr Mahomet (M.-Seymour)	15:20	5:07
54	37	Sean Hardy	So Naperville (Central)	15:20	5:07
55		Dan Liston	Sr Chicago (Brother Rice)	15:21	5:07
56	38	Emiliano Perez	Jr Chicago (Kennedy)	15:21	5:07
57		Ryan Boyll	Sr Normal (Community West)	15:22	5:08
58	39	Tim Hobbs	Sr Elmhurst (York)	15:22	5:08
59	40	Britt Fuiten	So Decatur (MacArthur)	15:23	5:08
60	41	Rey Alvarez	So Danville (H.S.)	15:23	5:08
61		Mark Creger	Sr Rock Island (H.S.)	15:24	5:08
62		Mark Floreani	Sr Chicago (St. Ignatius)	15:24	5:08
63		Eric Mikowski	Sr Lisle (Benet Academy)	15:25	5:09
64		Dave Cobian	Jr Carol Stream (Glenbard North)	15:25	5:09
65	42	Andrew McQuillan	Jr Geneva	15:26	5:09
66	43	Kyle Sounhein	Sr Crystal Lake (Prairie Ridge)	15:26	5:09
67	44	John Baez	Sr Elmhurst (York)	15:26	5:09
68	45	Scot Frazin	Jr Highland Park	15:27	5:09
69	46	Phil Ginn	Jr Rochelle	15:27	5:09
70		Kevin Doran	So Murphysboro	15:28	5:10
71	47	Carlo Oviedo	Sr Arlington Heights (Hersey)	15:29	5:10
72	48	Zach Fairfield	Jr Crystal Lake (Central)	15:30	5:10
73	49	Nate Medinger	Sr Moline	15:30	5:10
74	50	Chris Morris	Sr Crystal Lake (Prairie Ridge)	15:31	5:11
75	51	Dan Huling	Jr Geneva	15:31	5:11
76	52	Jim Sherwood	Sr Highland Park	15:32	5:11
77	53	Tim Kostner	Sr Crystal Lake (Prairie Ridge)	15:32	5:11
78	54	Andy Strand	Sr Pekin	15:33	5:11
79	55	Andrew Brenner	So Rockford (Guilford)	15:33	5:11
80	56	Trevor Birkmeier	Sr Peoria (Notre Dame)	15:34	5:12
81	57	Matt Furllet	Jr Arlington Heights (Hersey)	15:34	5:12
82	58	Peter Breit	Sr Skokie (Niles North)	15:34	5:12
83	59	Ricky Alvarez	So Danville (H.S.)	15:35	5:12
84	60	Dave Rauch	Sr Geneva	15:35	5:12
85		Eric Tietz	So Decatur (Eisenhower)	15:35	5:12
86	61	Andy Sbertoli	Jr Bensenville (Fenton)	15:35	5:12
87		Gibron Jones	Jr Chicago (Morgan Park)	15:36	5:12
88	62	Ryan Schaefer	Sr Skokie (Niles North)	15:36	5:12
89		David Ramos	Jr Chicago Heights (Bloom Twp.)	15:36	5:12
90	63	Jeff Smith	Jr LaGrange (Lyons)	15:37	5:13
91	64	Josh Strange	Sr Pekin	15:37	5:13
92		Dan Strackeljah	Jr Highland	15:38	5:13
93	65	Jeff Hamper	Sr Downers Grove (North)	15:39	5:13
94	66	Chris Baldwin	So Highland Park	15:39	5:13
95	67	Scott Gustafson	Sr Downers Grove (North)	15:39	5:13
96	68	Jeff Levitan	Sr Naperville (North)	15:41	5:14
97	69	Mike Mudd	Jr Edwardsville (H.S.)	15:43	5:15
98	70	Dan Curran	Fr Naperville (North)	15:43	5:15
99	71	Joe Marcin	So Arlington Heights (Hersey)	15:43	5:15
100		Cristian Macia	Sr Chicago (Foreman)	15:44	5:15
101		Matt Flaherty	So Chatham (Glenwood)	15:44	5:15
102	72	Mark Guthrie	Sr Arlington Heights (Hersey)	15:44	5:15
103	73	David Kikuchi	Jr Elmhurst (York)	15:45	5:15

ILLINOIS HIGH SCHOOL ASSOCIATION

Boys AA - Cross Country Championships November 4, 2000

PLACE	TmPl	NAME	CL SCHOOL	TIME	PACE
=====	=====	=====	=====	=====	=====
104	74	Arturo Hernandez	Sr Highland Park	15:45	5:15
105	75	Eric Myszka	Jr Wheeling	15:45	5:15
106	76	Kyle Rago	Sr Lockport (Twp.)	15:46	5:16
107	77	Jeremy Williams	So Lockport (Twp.)	15:46	5:16
108	78	Michael Corry	So Elmhurst (York)	15:47	5:16
109	79	Craig Young	Sr Geneva	15:48	5:16
110	80	Andre Light	Jr Naperville (North)	15:48	5:16
111	81	Tyler Birkmeier	Sr Peoria (Notre Dame)	15:49	5:17
112	82	Adam Kendrick	Jr Naperville (North)	15:50	5:17
113		Brian Taghon	Jr East Moline (United)	15:50	5:17
114		Jeff Goode	Sr Naperville (Neuqua Valley)	15:51	5:17
115	83	Nathan Pepper	Jr Edwardsville (H.S.)	15:52	5:18
116	84	Ben Rand	So Rochelle	15:52	5:18
117	85	Jeff Rambole	Sr Danville (H.S.)	15:53	5:18
118	86	Jack Susin	Fr Naperville (Central)	15:54	5:18
119	87	John Milligan	Jr Naperville (Central)	15:55	5:19
120	88	Ross Cover	Sr Peoria (Notre Dame)	15:55	5:19
121	89	Drake Ballew	Fr Crystal Lake (Central)	15:56	5:19
122	90	Reggie Danz	Sr Pekin	15:56	5:19
123	91	Jose Hernandez	Jr Mt. Vernon	15:56	5:19
124	92	Brad Middleton	Fr Edwardsville (H.S.)	15:57	5:19
125	93	Ken Kehl	Sr Orland Park (Sandburg)	15:57	5:19
126	94	Hipolito Caballero	Sr Highland Park	15:57	5:19
127	95	Mitchell Jenkins	So Mt. Vernon	15:58	5:20
128	96	Jon Sadowski	Sr Springfield (H.S.)	15:58	5:20
129	97	Carl Radosevich	So Peoria (Notre Dame)	15:59	5:20
130	98	Adam West	Jr Downers Grove (North)	15:59	5:20
131		David Elliot	Sr Morton	15:59	5:20
132		Macario Mendez	So Chicago (Kelly)	16:00	5:20
133	99	Dave LePeau	Sr Downers Grove (North)	16:00	5:20
134	100	Mikhail Davidyan	Sr Skokie (Niles North)	16:00	5:20
135	101	Kirk DeBuck	So Naperville (Central)	16:01	5:21
136	102	Brad Topal	Fr LaGrange (Lyons)	16:01	5:21
137	103	Jeff Noethlich	Jr Geneva	16:01	5:21
138		Josh Thompson	Jr Chicago (Steinmetz)	16:02	5:21
139	104	James Lunk	Sr Lockport (Twp.)	16:03	5:21
140	105	Bryan Garrison	So Edwardsville (H.S.)	16:04	5:22
141	106	Dane Shaw	Jr Edwardsville (H.S.)	16:04	5:22
142	107	Josh McKinney	Sr Rochelle	16:05	5:22
143	108	Nick Fuhs	So Crystal Lake (Central)	16:06	5:22
144	109	Andy Gush	Jr Naperville (Central)	16:06	5:22
145	110	Jose Macias	Jr Chicago (Farrugut)	16:07	5:23
146	111	Craig DiScala	Sr Springfield (H.S.)	16:08	5:23
147	112	Phil Harless	So Springfield (H.S.)	16:09	5:23
148	113	Chris Brown	Sr Mt. Vernon	16:09	5:23
149	114	Alex Sagil	Sr LaGrange (Lyons)	16:09	5:23
150	115	Mike Rehmer	Jr LaGrange (Lyons)	16:10	5:24
151	116	Michael Lynch	Fr Mt. Vernon	16:10	5:24
152		Deny Aguilar	Jr Chicago (Foreman)	16:10	5:24
153	117	Dan Hankosky	So Orland Park (Sandburg)	16:11	5:24
154	118	Alexandro Dominguez	Sr Chicago (Farrugut)	16:11	5:24

ILLINOIS HIGH SCHOOL ASSOCIATION

Boys AA - Cross Country Championships November 4, 2000

PLACE	TmPl	NAME	CL SCHOOL	TIME	PACE
=====	=====	=====	=====	=====	=====
155	119	Paul Goffron	Sr Crystal Lake (Prairie Ridge)	16:11	5:24
156	120	Ryan Pfeiffer	Sr Naperville (North)	16:12	5:24
157	121	Jeff Wunning	Sr Peoria (Notre Dame)	16:12	5:24
158	122	Matt Hyde	So Pekin	16:13	5:25
159	123	Mark Gentile	So Orland Park (Sandburg)	16:13	5:25
160	124	Adrian Velasquez	So Wheeling	16:15	5:25
161	125	Casey Schwegel	So Decatur (MacArthur)	16:15	5:25
162	126	Timon Keller	Jr Edwardsville (H.S.)	16:16	5:26
163	127	Rob Johnson	Sr Bensenville (Fenton)	16:16	5:26
164	128	Steve Maltas	Jr Arlington Heights (Hersey)	16:16	5:26
165	129	Brent Clawson	Sr Moline	16:18	5:26
166	130	Steve Jeske	Jr Geneva	16:19	5:27
167	131	Tim Frey	So Arlington Heights (Hersey)	16:19	5:27
168	132	Scott Etchell	Sr Highland Park	16:21	5:27
169	133	Scott Schaeffer	Jr Wheeling	16:21	5:27
170	134	Dan Douglas	So LaGrange (Lyons)	16:22	5:28
171	135	Trae Cotner	Jr Springfield (H.S.)	16:22	5:28
172	136	Mike Verre	Fr Moline	16:23	5:28
173	137	Joe Schaumann	So Crystal Lake (Central)	16:25	5:29
174	138	Erik Steffens	Fr Moline	16:26	5:29
175	139	John McHugh	Jr Bensenville (Fenton)	16:27	5:29
176	140	Jim Wojcik	Jr Orland Park (Sandburg)	16:27	5:29
177	141	Dan Burk	Jr Peoria (Notre Dame)	16:27	5:29
178	142	Jeff Decker	Sr Moline	16:28	5:30
179	143	Dale Bergeson	Sr Rochelle	16:28	5:30
180	144	Joe Roeges	Jr Bensenville (Fenton)	16:29	5:30
181		Nathaniel Eagleson	Sr Olney (East Richland)	16:30	5:30
182	145	John Alva	Sr Geneva	16:31	5:31
183	146	Justin Johnson	Sr Rockford (Guilford)	16:32	5:31
184	147	Dorfirio Ruiz	Jr Chicago (Farrugut)	16:34	5:32
185	148	Mark Deaton	So Mt. Vernon	16:34	5:32
186	149	Elliot Farr	Jr Rockford (Guilford)	16:35	5:32
187	150	Manual Alvarez	Sr Danville (H.S.)	16:37	5:33
188	151	Tim Kelly	So Orland Park (Sandburg)	16:37	5:33
189	152	Colt McCrary	So Decatur (MacArthur)	16:37	5:33
190	153	Mark Rainwater	Sr Rochelle	16:38	5:33
191	154	Kyle Nass	Jr Rochelle	16:38	5:33
192	155	Jackson Snyder	So Danville (H.S.)	16:39	5:33
193	156	Joe Perez	Sr Chicago (Kennedy)	16:41	5:34
194	157	Eric Lentzkow	So Naperville (Central)	16:41	5:34
195	158	Chris Mowry	Jr Decatur (MacArthur)	16:42	5:34
196	159	Drew Patterson	So Moline	16:42	5:34
197	160	Abraham Mireles	So Chicago (Kennedy)	16:43	5:35
198	161	Dan Weakley	Sr Orland Park (Sandburg)	16:46	5:36
199	162	Eugene Marino	So LaGrange (Lyons)	16:47	5:36
200	163	Tomas Luna	Sr Highland Park	16:47	5:36
201	164	Joseph Stoffey	Sr Lockport (Twp.)	16:48	5:36
202	165	Banum Abbott	Sr Rockford (Guilford)	16:49	5:37
203	166	Ben Krejcie	Jr Skokie (Niles North)	16:50	5:37
204		Ammon Paquette	Sr East Moline (United)	16:52	5:38
205	167	Kyle Hatzinger	Jr Rockford (Guilford)	16:52	5:38

ILLINOIS HIGH SCHOOL ASSOCIATION

Boys AA - Cross Country Championships November 4, 2000

PLACE	TmPl	NAME	CL SCHOOL	TIME	PACE
=====	=====	=====	=====	=====	=====
206	168	Brian Mans	Sr Pekin	16:53	5:38
207	169	German Moreno	Sr Chicago (Kennedy)	16:54	5:38
208	170	Nate Yorke	Jr Crystal Lake (Prairie Ridge)	16:54	5:38
209	171	Mike Barrett	Jr Moline	16:56	5:39
210	172	Andy Bloom	Fr Pekin	16:58	5:40
211	173	Nathan Henderson	Jr Danville (H.S.)	16:59	5:40
212	174	Benjamin Berardi	So Pekin	17:07	5:43
213	175	Jorge Soto	Sr Chicago (Kennedy)	17:15	5:45
214	176	David Salgado	Jr Chicago (Kennedy)	17:16	5:46
215	177	Harold Diedrick	Jr Crystal Lake (Prairie Ridge)	17:16	5:46
216	178	Eric Yee	So Skokie (Niles North)	17:20	5:47
217	179	Nathan Koenegstein	Jr Mt. Vernon	17:21	5:47
218	180	Pedro Valencia	Jr Chicago (Kennedy)	17:21	5:47
219	181	Eric McClelland	Fr Decatur (MacArthur)	17:31	5:51
220	182	Kyle Huckstadt	So Danville (H.S.)	17:34	5:52
221	183	Dan Beeman	Sr Rockford (Guilford)	17:34	5:52
222	184	Jesus Castenada	Jr Chicago (Farrugut)	17:50	5:57
223	185	Oscar Gutierrez	So Chicago (Farrugut)	17:57	5:59
224	186	Juan Arriola	So Chicago (Farrugut)	18:00	6:00
225	187	John Walcher	Jr Springfield (H.S.)	18:57	6:19
226	188	Justin Gary	Jr Springfield (H.S.)	20:54	6:58

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ILLINOIS HIGH SCHOOL ASSOCIATION
State Cross Country Championships
Peoria, Illinois

Girls Class A

November 4, 2000

Team Score

1. Winnebago	12	13	19	24	33	(73)	(79)	=	101
2. Wheaton (St. Francis)	6	20	29	30	39	(53)	(57)	=	124
3. West Chicago (Wheaton Academy)	7	18	31	38	52	(89)	(133)	=	146
4. Elmhurst (Timothy Christian)	9	17	37	47	63	(122)	(126)	=	173
5. St. Joseph (S.J.-Ogden)	15	16	21	61	64			=	177
6. Braidwood (Reed-Custer)	2	3	28	46	101	(108)	(136)	=	180
7. Eureka	22	35	36	40	48	(54)	(65)	=	181
8. Teutopolis	5	34	44	45	81	(84)	(93)	=	209
9. Normal (University)	10	14	32	77	94	(102)	(119)	=	227
10. Stanford (Olympia)	23	26	67	68	86	(110)	(125)	=	270
11. Woodstock (Marian)	41	50	58	60	62	(83)	(114)	=	271
12. Shelbyville	1	42	76	78	106	(123)	(135)	=	303
13. Elmwood	4	66	75	82	96	(112)		=	323
14. Monmouth (H.S.)	25	51	59	71	118	(128)	(130)	=	324
15. Urbana (University)	43	56	69	74	100	(121)	(127)	=	342
16. Robinson	11	27	92	109	111	(132)	(137)	=	350
17. Manlius (Bureau Valley)	8	70	85	91	124	(129)	(131)	=	378
18. Rock Island (Alleman)	49	80	90	95	113	(115)	(134)	=	427
19. Litchfield	72	87	88	97	98	(99)	(116)	=	442
20. Breese (Mater Dei)	55	103	104	105	107	(117)	(120)	=	474

ILLINOIS HIGH SCHOOL ASSOCIATION

Girls A - Cross Country Championships November 4, 2000

PLACE	TmPl	NO.	NAME	CL	SCHOOL	TIME	PACE
=====	=====	=====	=====	==	=====	=====	=====
1		427	Mindy Peterson	Sr	Taylor Ridge (Rockridge)	14:37	5:51
2	1	140	Sarah Selby	So	Shelbyville	14:47	5:55
3		410	Stephanie Simms	So	Gardner (G.-South Wilmington)	14:53	5:58
4		404	Becky Levine	So	Chicago (University)	14:58	5:59
5	2	4	Leslie McCue	Jr	Braidwood (Reed-Custer)	15:00	6:00
6		418	Lindsay Zeiler	Jr	Metropolis (Massac County)	15:04	6:02
7	3	5	Dina Nacey	Fr	Braidwood (Reed-Custer)	15:05	6:02
8	4	39	Maggie Carroll	Fr	Elmwood	15:10	6:04
9		415	Colleen Detjens	So	Lisle (Sr.)	15:17	6:07
10	5	177	Emily Vahling	Fr	Teutopolis	15:17	6:07
11	6	206	Meg Brunick	Fr	Wheaton (St. Francis)	15:18	6:08
12		425	Brooke Brenner	So	Stockton	15:19	6:08
13		403	Tracy Fleischhacker	Sr	Chicago (Luther North)	15:21	6:09
14		407	Tiffany York	Fr	Delavan	15:22	6:09
15		420	Emily Nelson	Jr	Oregon	15:22	6:09
16	7	198	Lindsay McAlister	Jr	West Chicago (Wheaton Academy)	15:23	6:09
17	8	73	Deborah Amrein	So	Manlius (Bureau Valley)	15:23	6:10
18	9	33	Jenny Zylstra	Fr	Elmhurst (Timothy Christian)	15:24	6:10
19	10	104	Emily Riehl	Jr	Normal (University)	15:25	6:10
20		413	Bekah Aavang	Fr	Huntley	15:25	6:10
21	11	109	Lindsay Cherry	Fr	Robinson	15:27	6:11
22	12	226	Missy Stevens	Jr	Winnebago	15:28	6:11
23	13	218	Praise Cowman	So	Winnebago	15:28	6:12
24		421	Emily Zimmerman	Sr	Petersburg (PORTA)	15:29	6:12
25	14	97	Lindsey Campos	Sr	Normal (University)	15:29	6:12
26	15	148	Kristin Chandler	Sr	St. Joseph (S.J.-Ogden)	15:30	6:12
27	16	149	Lindsey Cler	So	St. Joseph (S.J.-Ogden)	15:31	6:13
28	17	30	Rachel Reed	Jr	Elmhurst (Timothy Christian)	15:37	6:15
29	18	199	Jamie Mouw	Sr	West Chicago (Wheaton Academy)	15:38	6:16
30		411	Heather Elders	So	Herrin	15:40	6:16
31	19	219	Jessica Elsen	Sr	Winnebago	15:41	6:17
32	20	213	Kristen Newton	Jr	Wheaton (St. Francis)	15:43	6:17
33	21	145	Shawna Barbee	Sr	St. Joseph (S.J.-Ogden)	15:45	6:18
34	22	58	Sheryl Selvey	So	Eureka	15:48	6:19
35	23	161	Niki Leingang	Sr	Stanford (Olympia)	15:49	6:20
36		408	Courtney Roberts	Fr	Downs (Tri-Valley)	15:50	6:20
37	24	228	Rachel Tedrick	So	Winnebago	15:51	6:21
38	25	92	Deb Tygrett	Sr	Monmouth (H.S.)	15:51	6:21
39	26	157	Jill Floyd	Fr	Stanford (Olympia)	15:52	6:21
40		416	Elizabeth Boomer	Sr	Macomb	15:52	6:21
41		405	Chris Holl	Jr	Clinton	15:53	6:21
42	27	116	Lindsay Shimer	Sr	Robinson	15:54	6:22
43	28	3	Jenny Mandac	Jr	Braidwood (Reed-Custer)	15:56	6:23
44	29	211	Ashley LaLonde	Sr	Wheaton (St. Francis)	15:57	6:23
45		419	Bridget McLeese	So	Monticello	15:57	6:23
46		428	Joan Sebby	Jr	Yorkville	15:59	6:24
47	30	208	Shannon Cullerton	Jr	Wheaton (St. Francis)	16:00	6:24
48	31	201	Susanna Spurgis	Jr	West Chicago (Wheaton Academy)	16:00	6:24
49	32	100	Annie Gleason	Sr	Normal (University)	16:00	6:24
50	33	222	Krystal Laurence	Sr	Winnebago	16:01	6:25
51	34	176	Beth Schumacher	So	Teutopolis	16:06	6:27
52		409	Brycie Millis	So	Fithian (Oakwood)	16:07	6:27

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ILLINOIS HIGH SCHOOL ASSOCIATION

Girls A - Cross Country Championships November 4, 2000

PLACE	TmPl	NO.	NAME	CL	SCHOOL	TIME	PACE
53	35	60	Kasey Vanscyoc	Fr	Eureka	16:08	6:28
54		402	Lea Brock	Sr	Benton	16:09	6:28
55	36	55	Kelli Leman	So	Eureka	16:10	6:28
56	37	27	Jenny Loerop	Fr	Elmhurst (Timothy Christian)	16:11	6:29
57	38	194	Britta Erickson	Fr	West Chicago (Wheaton Academy)	16:11	6:29
58	39	209	Jenny Gadzinski	Sr	Wheaton (St. Francis)	16:12	6:29
59	40	52	Ailey King	Jr	Eureka	16:12	6:29
60	41	238	Erin Mathis	So	Woodstock (Marian)	16:13	6:30
61		412	Holli Denault	Sr	Herscher	16:15	6:30
62	42	144	Cassi Watson	Fr	Shelbyville	16:17	6:31
63	43	186	Ruth Miller	Jr	Urbana (University)	16:18	6:31
64		423	Priscilla Peach	Jr	Roxana	16:22	6:33
65	44	172	Lindsay Greuel	Jr	Teutopolis	16:22	6:33
66	45	170	Kelly Dasenbrock	Jr	Teutopolis	16:23	6:33
67		426	Jennifer Hollins	Sr	Taylor Ridge (Rockridge)	16:24	6:34
68	46	7	Rachel Sharper	Sr	Braidwood (Reed-Custer)	16:25	6:34
69	47	25	Ashley Afman	So	Elmhurst (Timothy Christian)	16:25	6:34
70	48	53	Jody Klaus	Jr	Eureka	16:25	6:34
71	49	127	Jaimee Layer	Sr	Rock Island (Alleman)	16:26	6:35
72	50	239	Justine Petras	Fr	Woodstock (Marian)	16:27	6:35
73	51	89	Jessica Hart	Fr	Monmouth (H.S.)	16:28	6:36
74	52	197	Brittany Long	Jr	West Chicago (Wheaton Academy)	16:29	6:36
75		406	Jessica Peach	Jr	Columbia	16:30	6:36
76	53	216	Beth Travis	Jr	Wheaton (St. Francis)	16:30	6:36
77	54	59	Jill Swanson	So	Eureka	16:33	6:38
78	55	23	Alicia Meyer	Sr	Breese (Mater Dei)	16:35	6:38
79	56	184	Hannah Imlay	Fr	Urbana (University)	16:36	6:39
80	57	210	Katie Hanley	Sr	Wheaton (St. Francis)	16:37	6:39
81		422	Andrea Edgar	So	Quincy (Notre Dame)	16:43	6:42
82		417	Sarah Barrow	Sr	McLeansboro	16:44	6:42
83	58	240	Amanda Verhaeghe	So	Woodstock (Marian)	16:44	6:42
84	59	91	Erin Mann	Jr	Monmouth (H.S.)	16:46	6:43
85	60	237	Brooke Lada	Sr	Woodstock (Marian)	16:47	6:43
86	61	146	Ashley Bensyl	So	St. Joseph (S.J.-Ogden)	16:49	6:44
87	62	235	Megan Ivers	Jr	Woodstock (Marian)	16:51	6:45
88	63	32	Jessica Verlare	Jr	Elmhurst (Timothy Christian)	16:51	6:45
89	64	151	Jill Kary	Jr	St. Joseph (S.J.-Ogden)	16:52	6:45
90	65	50	April Ehling	Fr	Eureka	16:52	6:45
91	66	42	Jennifer Kennelly	So	Elmwood	16:52	6:45
92	67	165	Gena Rawlins	Sr	Stanford (Olympia)	16:53	6:46
93	68	164	Tiffany Prager	Fr	Stanford (Olympia)	16:54	6:46
94	69	187	Janaki Patel	Sr	Urbana (University)	16:54	6:46
95		424	Ashlee Calderone	Sr	Sherrard	16:55	6:46
96	70	74	Peggy Anderton	So	Manlius (Bureau Valley)	16:55	6:46
97	71	86	Meredith Clark	Sr	Monmouth (H.S.)	16:57	6:47
98	72	67	Amy Kassenbaum	Fr	Litchfield	16:59	6:48
99	73	221	Allison Johnson	Fr	Winnebago	17:01	6:49
100	74	192	Alexandra Zodiates	Jr	Urbana (University)	17:01	6:49
101	75	41	Elizabeth Harlan	Fr	Elmwood	17:02	6:49
102	76	139	Alison Roberts	Jr	Shelbyville	17:02	6:49
103	77	106	Maggie Ummel	Jr	Normal (University)	17:03	6:49

ILLINOIS HIGH SCHOOL ASSOCIATION

Girls A - Cross Country Championships November 4, 2000

PLACE	TmPl	NO.	NAME	CL SCHOOL	TIME	PACE
=====	=====	=====	=====	=====	=====	=====
104	78	142	Rachel Smith	Sr Shelbyville	17:04	6:50
105	79	227	Jessica Stocker	Jr Winnebago	17:05	6:50
106	80	125	Noreen Hogan	Fr Rock Island (Alleman)	17:07	6:51
107	81	178	Brenda Willenborg	Jr Teutopolis	17:07	6:51
108	82	43	Jamie Rogers	Fr Elmwood	17:09	6:52
109	83	233	Nicole Greers	Fr Woodstock (Marian)	17:10	6:52
110	84	174	Allison Niendiek	Fr Teutopolis	17:11	6:53
111		401	Liz Chandler	So Athens	17:11	6:53
112	85	83	Heather Riggs	So Manlius (Bureau Valley)	17:12	6:53
113	86	158	Tricia Gaither	Jr Stanford (Olympia)	17:14	6:54
114	87	61	Martha Chaney	Jr Litchfield	17:15	6:54
115	88	71	Kelli Stratmeyer	Sr Litchfield	17:18	6:55
116	89	196	Martha Kidd	So West Chicago (Wheaton Academy)	17:18	6:56
117	90	123	Kelly DeBaene	So Rock Island (Alleman)	17:19	6:56
118	91	81	Melissa Krafft	Jr Manlius (Bureau Valley)	17:19	6:56
119	92	113	Amber Hoke	Sr Robinson	17:19	6:56
120	93	175	Katy Roeld	Jr Teutopolis	17:20	6:56
121	94	102	Nancy Oliver	Sr Normal (University)	17:21	6:57
122	95	124	Devon Garcia	Fr Rock Island (Alleman)	17:23	6:57
123	96	38	Becky Carroll	Fr Elmwood	17:24	6:58
124	97	68	Christa McGraw	Fr Litchfield	17:24	6:58
125	98	66	Halley Juenger	Fr Litchfield	17:25	6:58
126	99	69	Lindsey Meyers	Sr Litchfield	17:26	6:59
127	100	189	Shawn Simpson	Jr Urbana (University)	17:27	6:59
128	101	1	Bobbie Joe Bawcum	Jr Braidwood (Reed-Custer)	17:35	7:02
129	102	99	Brianna Galloway	Fr Normal (University)	17:38	7:03
130	103	21	Alexis Koerkenmeier	So Breese (Mater Dei)	17:38	7:04
131	104	19	Aften Jansen	Fr Breese (Mater Dei)	17:39	7:04
132	105	15	Kara Goesten Kors	Fr Breese (Mater Dei)	17:40	7:04
133	106	136	Joanna Gilmore	So Shelbyville	17:40	7:04
134	107	18	Ann Horstman	So Breese (Mater Dei)	17:41	7:05
135	108	6	Niki Scott	Jr Braidwood (Reed-Custer)	17:42	7:05
136	109	110	Andrea Earnest	So Robinson	17:44	7:06
137	110	163	Nicole Prager	Sr Stanford (Olympia)	17:48	7:08
138	111	117	Lynsey Stangle	Jr Robinson	17:52	7:09
139	112	44	Samantha Welch	Fr Elmwood	17:54	7:10
140	113	129	Sarah Stiles	So Rock Island (Alleman)	17:56	7:11
141	114	231	Nicole Buch	Fr Woodstock (Marian)	17:57	7:11
142	115	131	Meghan Trimble	Fr Rock Island (Alleman)	17:58	7:11
143	116	63	Erin Gerdes	Jr Litchfield	17:58	7:12
144	117	22	Amanda Koerkenmeier	Sr Breese (Mater Dei)	18:01	7:13
145	118	90	Cameo Losey	Fr Monmouth (H.S.)	18:05	7:14
146	119	98	Amanda Curtis	So Normal (University)	18:07	7:15
147	120	17	Julie Henss	Sr Breese (Mater Dei)	18:08	7:15
148	121	191	Kimmy Wentling	Fr Urbana (University)	18:09	7:16
149	122	26	Ashley Jongsma	Jr Elmhurst (Timothy Christian)	18:12	7:17
150	123	141	Jessica Smith	Fr Shelbyville	18:13	7:18
151	124	80	Kristina Krafft	Jr Manlius (Bureau Valley)	18:14	7:18
152	125	162	DeAnne McDannald	Sr Stanford (Olympia)	18:17	7:19
153	126	31	Amber Stratton	Sr Elmhurst (Timothy Christian)	18:20	7:20
154	127	185	Priya Iyer	Fr Urbana (University)	18:25	7:22

ILLINOIS HIGH SCHOOL ASSOCIATION

Girls A - Cross Country Championships November 4, 2000

PLACE	TmPl	NO.	NAME	CL	SCHOOL	TIME	PACE
155	128	93	Carissa Young	So	Monmouth (H.S.)	18:33	7:25
156	129	79	Kristen Hasbrook	Jr	Manlius (Bureau Valley)	18:50	7:32
157	130	87	Ashley Clegg	So	Monmouth (H.S.)	19:02	7:37
158	131	82	Holly Kuelper	Fr	Manlius (Bureau Valley)	19:04	7:38
159	132	118	Ashley Woodard	So	Robinson	19:07	7:39
160	133	195	Katie Fichera	So	West Chicago (Wheaton Academy)	19:12	7:41
161	134	132	Renee Valliere	Fr	Rock Island (Alleman)	19:15	7:42
162	135	135	Jacque Gilmore	Sr	Shelbyville	21:05	8:26
163	136	2	Julie Kruck	Jr	Braidwood (Reed-Custer)	21:27	8:35
164	137	111	Nicole Grimm	Fr	Robinson	21:37	8:39

ILLINOIS HIGH SCHOOL ASSOCIATION
State Cross Country Championships
Peoria, Illinois

Boys Class A

November 4, 2000

Team Score

1. Eureka	5	14	16	53	63	(125)	(131)	=	151
2. Winnebago (Coop)	8	11	27	44	73	(92)	(93)	=	163
3. Elmwood	2	32	40	52	62	(78)	(79)	=	188
4. Tolono (Unity)	7	17	50	61	74	(95)	(120)	=	209
5. Macomb	23	28	29	42	90	(110)	(126)	=	212
6. Breese (Mater Dei)	13	45	51	59	64	(100)	(116)	=	232
7. Chicago (Luther North)	19	37	38	67	91	(109)	(119)	=	252
8. Rock Island (Alleman)	3	26	33	82	108	(114)	(122)	=	252
9. Normal (University)	15	22	57	66	94	(98)	(133)	=	254
10. Lansing (Illiana Christian)	1	18	46	89	102	(111)	(118)	=	256
11. Gillespie	6	10	47	80	115	(134)	(136)	=	258
12. Dunlap	25	36	41	70	87	(97)	(101)	=	259
13. Wheaton (St. Francis)	4	20	60	65	123	(130)	(138)	=	272
14. Rochester	30	31	55	75	88	(99)	(105)	=	279
15. Sparta	43	48	49	71	81	(128)	(132)	=	292
16. Robinson	34	35	54	69	104	(112)	(129)	=	296
17. Woodstock (Marian)	12	24	39	103	124	(127)	(139)	=	302
18. Benton	21	56	77	85	96	(113)	(135)	=	335
19. Downs (Tri-Valley)	9	68	83	86	107	(121)	(137)	=	353
20. Kankakee (McNamara)	58	72	76	84	106	(117)	(140)	=	396

ILLINOIS HIGH SCHOOL ASSOCIATION

Boys A - Cross Country Championships November 4, 2000

PLACE	TmPl	NO.	NAME	CL SCHOOL	TIME	PACE
=====	=====	=====	=====	=====	=====	=====
1	1	110	Paul Jellema	Jr Lansing (Illiana Christian)	14:39	4:53
2	2	72	Steve Wilson	Sr Elmwood	14:47	4:56
3		458	Shawn Lucas	Jr Elgin (St. Edward)	15:06	5:02
4	3	175	Nick Hird	Jr Rock Island (Alleman)	15:07	5:03
5	4	213	Pat Quinn	Jr Wheaton (St. Francis)	15:07	5:03
6	5	74	Jon Houseworth	Jr Eureka	15:09	5:03
7	6	91	Jesse Landre	Sr Gillespie	15:09	5:03
8	7	203	Michael Uskali	So Tolono (Unity)	15:10	5:04
9		466	Jason Obert	Jr Liberty	15:12	5:04
10		468	Jason Bill	Jr Manlius (Bureau Valley)	15:16	5:06
11	8	221	Mike Kelley	So Winnebago (Coop)	15:17	5:06
12		465	Nolan Cramsey	Sr Liberty	15:18	5:06
13	9	39	Colby Geiser	Sr Downs (Tri-Valley)	15:19	5:07
14	10	86	Andrew Easton	Sr Gillespie	15:19	5:07
15		456	Earl Ali	Sr Burlington (Central)	15:24	5:08
16		462	Chris Herrin	Jr Harrisburg	15:25	5:09
17	11	220	Brian Kelley	So Winnebago (Coop)	15:25	5:09
18		453	Manuel Barrazza	Sr Aurora (Central Catholic)	15:26	5:09
19	12	230	Bill Evans	Sr Woodstock (Marian)	15:27	5:09
20		452	Mike Prince	Fr Athens	15:27	5:09
21		451	Matt Davis	Jr Athens	15:28	5:10
22	13	13	Joe Dierkes	Jr Breese (Mater Dei)	15:28	5:10
23	14	76	Daniel Martin	Jr Eureka	15:32	5:11
24		470	Jonathan Burnham	Sr Metropolis (Massac County)	15:34	5:12
25		459	Darryl Frickas	Jr Fairfield	15:36	5:12
26		463	Jeff Rann	Sr Harrisburg	15:36	5:12
27	15	144	Ben Witte	Jr Normal (University)	15:40	5:14
28	16	82	Doug Swanson	Jr Eureka	15:41	5:14
29		474	Lucas Kramer	Jr Shelbyville	15:42	5:14
30	17	201	Steve McQueen	Jr Tolono (Unity)	15:45	5:15
31	18	117	Jon Van Laten	Sr Lansing (Illiana Christian)	15:48	5:16
32		473	Mike Holloway	Sr Paris	15:49	5:17
33		455	Brad Graham	So Braidwood (Reed-Custer)	15:49	5:17
34	19	28	Jimmy Franklin	Jr Chicago (Luther North)	15:50	5:17
35	20	206	Brian Brunick	Jr Wheaton (St. Francis)	15:51	5:17
36	21	9	Trevor Saunders	So Benton	15:51	5:17
37		472	John Shaw	Sr Orion	15:52	5:18
38		460	Robbie Hargrove	Sr Fithian (Oakwood)	15:52	5:18
39		471	Steven Shiley	Jr Monticello	15:52	5:18
40		477	Larry Huffman	Sr Watseka	15:53	5:18
41		461	Brandon Hii	Fr Gardner (G.-South Wilmington)	15:53	5:18
42	22	138	Matt Martin	So Normal (University)	15:54	5:18
43	23	123	Brent Flickinger	Jr Macomb	15:55	5:19
44	24	233	Steve LaBracke	So Woodstock (Marian)	15:57	5:19
45	25	53	Bernie Heine	So Dunlap	15:57	5:19
46	26	177	Kile Krol	So Rock Island (Alleman)	15:58	5:20
47		454	Michael Glosson	Sr Aurora (Central Catholic)	15:59	5:20
48	27	224	Ben Melin	Jr Winnebago (Coop)	15:59	5:20
49	28	124	Ricky Foster	Sr Macomb	16:00	5:20
50	29	122	Bryan Clauson	Jr Macomb	16:01	5:21
51	30	161	Phil Damery	Jr Rochester	16:03	5:21
52	31	162	Kyle Monroe	Jr Rochester	16:03	5:21

ILLINOIS HIGH SCHOOL ASSOCIATION

Boys A - Cross Country Championships November 4, 2000

PLACE	TmPl	NO.	NAME	CL	SCHOOL	TIME	PACE
=====	=====	=====	=====	==	=====	=====	=====
53	32	65	Stephen Kijanowski	Sr	Elmwood	16:05	5:22
54		457	Josh Helms	Sr	Byron	16:05	5:22
55	33	179	Eric VandeVoorde	Sr	Rock Island (Alleman)	16:06	5:22
56	34	150	Russell Meskimen	Sr	Robinson	16:08	5:23
57	35	154	Robert Trimble	Fr	Robinson	16:09	5:23
58		475	Sean Brand	Sr	Stanford (Olympia)	16:10	5:24
59	36	51	Jeff Coffin	Sr	Dunlap	16:10	5:24
60	37	34	Erik Shearer	Sr	Chicago (Luther North)	16:11	5:24
61	38	26	Matt Emberton	Jr	Chicago (Luther North)	16:13	5:25
62		464	Tim Soutar	Sr	Harvard	16:14	5:25
63		469	Dustin Marquis	Jr	Manlius (Bureau Valley)	16:15	5:25
64	39	234	Doug Meyer	Jr	Woodstock (Marian)	16:15	5:25
65	40	71	Jeff Wheeler	Sr	Elmwood	16:16	5:26
66	41	52	David Garner	Jr	Dunlap	16:17	5:26
67	42	131	Ryan Riggins	Fr	Macomb	16:18	5:26
68	43	184	Matt Blair	So	Sparta	16:18	5:26
69	44	217	Austin Crull	Jr	Winnebago (Coop)	16:19	5:27
70	45	14	Justin Dierkes	Jr	Breese (Mater Dei)	16:19	5:27
71	46	115	Kevin Stouwie	Sr	Lansing (Illiana Christian)	16:20	5:27
72	47	90	Noah Herrin	Sr	Gillespie	16:20	5:27
73	48	190	Ryan Norton	Sr	Sparta	16:20	5:27
74	49	182	Joey Baird	Sr	Sparta	16:21	5:27
75	50	202	Brian Mohr	So	Tolono (Unity)	16:21	5:27
76	51	16	Chris Kalmer	Jr	Breese (Mater Dei)	16:22	5:28
77		478	Shawn Bejmovicz	Sr	West Frankfort (Frankfort)	16:23	5:28
78	52	64	Donovan Hill	So	Elmwood	16:23	5:28
79		476	Matt Repking	Fr	Teutopolis	16:23	5:28
80	53	77	Clayton Monfre	So	Eureka	16:24	5:28
81	54	147	Josh Helton	Sr	Robinson	16:25	5:29
82	55	163	Ryan Nowakowski	Fr	Rochester	16:25	5:29
83	56	7	Travis Redden	Jr	Benton	16:26	5:29
84	57	135	Christophe George	Fr	Normal (University)	16:26	5:29
85	58	100	Dan Flynn	Sr	Kankakee (McNamara)	16:28	5:30
86	59	21	Tyler Schrage	Jr	Breese (Mater Dei)	16:29	5:30
87	60	211	Pat Polasek	Sr	Wheaton (St. Francis)	16:29	5:30
88	61	197	Tim Hausman	Sr	Tolono (Unity)	16:30	5:30
89	62	67	Andrew Northrup	Fr	Elmwood	16:30	5:30
90	63	80	Dustin Selvey	Sr	Eureka	16:31	5:31
91	64	19	Mark McNamara	So	Breese (Mater Dei)	16:31	5:31
92	65	212	Austin Power	Fr	Wheaton (St. Francis)	16:32	5:31
93	66	140	Jacob Shaver	Jr	Normal (University)	16:33	5:31
94	67	32	Josh Muench	Fr	Chicago (Luther North)	16:33	5:31
95	68	43	Brad Newman	Jr	Downs (Tri-Valley)	16:34	5:32
96	69	153	Tyler Schnitker	So	Robinson	16:36	5:32
97	70	54	Adam Hitchell	Jr	Dunlap	16:36	5:32
98	71	185	Luther Cameron	Jr	Sparta	16:37	5:33
99	72	106	Drew Parsons	Sr	Kankakee (McNamara)	16:37	5:33
100	73	223	Kraig Laurence	So	Winnebago (Coop)	16:37	5:33
101	74	199	Jamie Hopper	Sr	Tolono (Unity)	16:38	5:33
102	75	159	Ryan Canny	So	Rochester	16:38	5:33

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ILLINOIS HIGH SCHOOL ASSOCIATION

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PLACE	TmPl	NO.	NAME	CL	SCHOOL	TIME	PACE
103	76	101	Matt Larson	So	Kankakee (McNamara)	16:39	5:33
104	77	4	Anthony Eubanks	So	Benton	16:40	5:34
105	78	70	Greg Wheeler	Sr	Elmwood	16:40	5:34
106	79	63	Justin Grimm	So	Elmwood	16:40	5:34
107	80	93	Pete Visintin	So	Gillespie	16:40	5:34
108	81	191	Matt Schilling	Jr	Sparta	16:41	5:34
109	82	170	Corey Cameron	Jr	Rock Island (Alleman)	16:41	5:34
110		467	Mike Smallwood	Sr	Lisle (Sr.)	16:42	5:34
111	83	40	Troy Hall	Sr	Downs (Tri-Valley)	16:42	5:34
112	84	107	Adam Randles	Jr	Kankakee (McNamara)	16:42	5:34
113	85	12	Aaron Walton	Fr	Benton	16:44	5:35
114	86	41	Tom King	So	Downs (Tri-Valley)	16:45	5:35
115	87	58	Chris McKeen	Sr	Dunlap	16:45	5:35
116	88	166	David Prigge	Jr	Rochester	16:46	5:36
117	89	112	Alex Phillips	Fr	Lansing (Illiana Christian)	16:46	5:36
118	90	127	John Lawrence	So	Macomb	16:47	5:36
119	91	27	Jeff Franklin	Fr	Chicago (Luther North)	16:48	5:36
120	92	225	Tim Melin	Fr	Winnebago (Coop)	16:49	5:37
121	93	227	Ryan Richardson	So	Winnebago (Coop)	16:50	5:37
122	94	141	Nick Shaver	Fr	Normal (University)	16:51	5:37
123	95	196	Tyler Foltz	So	Tolono (Unity)	16:52	5:38
124	96	2	Thomas Baughman	Sr	Benton	16:52	5:38
125	97	55	Scott Hoffman	Sr	Dunlap	16:53	5:38
126	98	134	Jarrel Chavers	Fr	Normal (University)	16:53	5:38
127	99	165	Jason Petit	So	Rochester	16:54	5:38
128	100	23	Adam Wessel	Jr	Breese (Mater Dei)	16:55	5:39
129	101	59	Joe Meginnis	So	Dunlap	16:56	5:39
130	102	116	Ryan Swanson	So	Lansing (Illiana Christian)	16:56	5:39
131	103	231	Dave Evans	Fr	Woodstock (Marian)	16:57	5:39
132	104	148	Devon Llewellyn	So	Robinson	16:58	5:40
133	105	164	John Park	Jr	Rochester	16:59	5:40
134	106	98	Stan Czajkowski	So	Kankakee (McNamara)	17:01	5:41
135	107	46	Ryan Sessions	Fr	Downs (Tri-Valley)	17:01	5:41
136	108	172	Zack Cornelis	Sr	Rock Island (Alleman)	17:02	5:41
137	109	25	Andy Davis	Sr	Chicago (Luther North)	17:06	5:42
138	110	128	Jesse Lesko	Jr	Macomb	17:08	5:43
139	111	118	James Winn	Jr	Lansing (Illiana Christian)	17:09	5:43
140	112	155	Jason Woodard	So	Robinson	17:09	5:43
141	113	6	Jeremy Payne	So	Benton	17:10	5:44
142	114	174	Aaron Graf	Jr	Rock Island (Alleman)	17:11	5:44
143	115	87	Justin Grant	Sr	Gillespie	17:11	5:44
144	116	20	Corey Richter	Jr	Breese (Mater Dei)	17:14	5:45
145	117	97	Elliott Bass	Sr	Kankakee (McNamara)	17:14	5:45
146	118	119	Joel Zandstra	Fr	Lansing (Illiana Christian)	17:17	5:46
147	119	31	Luke Johnson	Jr	Chicago (Luther North)	17:19	5:47
148	120	204	Mark Waldrop	So	Tolono (Unity)	17:20	5:47
149	121	45	John Popejoy	Sr	Downs (Tri-Valley)	17:21	5:47
150	122	178	Patrick O'Hearn	Jr	Rock Island (Alleman)	17:21	5:47
151	123	216	Mike Tinnon	So	Wheaton (St. Francis)	17:24	5:48
152	124	229	Zach Austin	Sr	Woodstock (Marian)	17:25	5:49
153	125	79	David Schertz	So	Eureka	17:25	5:49

ILLINOIS HIGH SCHOOL ASSOCIATION

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PLACE	TmPl	NO.	NAME	CL	SCHOOL	TIME	PACE
154	126	132	Luis Saavedra-Marti	Fr	Macomb	17:26	5:49
155	127	235	Joe Schultz	Jr	Woodstock (Marian)	17:26	5:49
156	128	189	Eric North	Fr	Sparta	17:32	5:51
157	129	156	Lyndell Wright	So	Robinson	17:33	5:51
158	130	205	Nick Bonistalli	Sr	Wheaton (St. Francis)	17:39	5:53
159	131	81	Derek Stewart	Fr	Eureka	17:42	5:54
160	132	192	Travis Stephens	So	Sparta	17:44	5:55
161	133	136	Chris Johnson	Sr	Normal (University)	17:57	5:59
162	134	89	Derek Heaton	Sr	Gillespie	18:03	6:01
163	135	1	Gregg Bauer	Jr	Benton	18:03	6:01
164	136	85	Steve Clemonds	So	Gillespie	18:22	6:08
165	137	44	Matt Owens	Jr	Downs (Tri-Valley)	18:37	6:13
166	138	210	Adam Nelson	Fr	Wheaton (St. Francis)	18:51	6:17
167	139	237	Nate Valle	So	Woodstock (Marian)	20:09	6:43
168	140	108	Roland Rodriguez	So	Kankakee (McNamara)	20:40	6:54

Lake full of pride

Geneseo runner
boasts pair of
All-State medals

By Steve Tappa
Staff sports writer

Jenny Lake might be the only two-time All-Stater in the rich history of Geneseo cross country.

And, granted, the Leafs' senior captain might have earned that honor with a comeback performance this past weekend, passing eight runners in the stretch run to finish 20th among the top 25 medalists at the Class AA girls' state meet.

Yet, Geneseo coach Don Fredericks claims he's never been more proud of Lake than when she failed to qualify for state last season.

"For me, that was the defining moment in my gaining a complete picture of who Jenny Lake is," Fredericks said about this week's Metro Pacesetter for The Dispatch and The Rock Island Argus.

Hobbled by knee tendinitis, Lake ran only three races last fall — the conference, regional and sectional meets.



Dan Videtich / staff

Jenny Lake became the first two-time All-Stater in Geneseo cross country history.

"And, she was nowhere near her normal," Fredericks said. "She was probably 40 percent her normal ability because she'd been hurt and hadn't trained."

"But, she ran for the sake of the team, to help them try and win the conference title. We were seeded third going into the conference meet, but Jenny was the difference. We won the conference title, and that momentum swept into the regionals, which we also won. And then, we just missed qualifying for the state finals."

Still, Fredericks considers that comeback from injury greater than the late-race rally Lake used this past weekend to earn her first state medal since finishing eighth as a freshman in 1997.

"Last year spoke volumes about Jenny. There was really nothing she'd gain from that except personal embarrassment in the eyes of

some," Fredericks said. "The average person could not have known how hurt she was. They just look and say, 'Jenny's way back there; what's wrong?'"

"But the only reason she toed the line was for her teammates. And that means more to me in my four years of working with her than anything else. It just shows you what kind of a kid she is."

Indeed, Lake's a comeback kid.

"She went through a growth spurt, growing five or six inches last year, which we believe led to her knee injury last season," Fredericks said. "It's exciting when you keep improving and keep getting faster, but a lot of girls quit athletics because of the growth spurt."

For instance, Rockridge running peer Mindy Peterson was helped in winning

two of the last three Class A state titles, her coach Dave Potthast said, by being fully developed as a freshman and only getting progressively stronger each season.

On the flip side, Fredericks and Potthast can both point to a number of girls statewide that won state medals as freshmen or sophomores but were finished by the growth spurt before their senior seasons started.

"It can be difficult and disheartening to go through a tremendous amount of biomechanical changes to the body like that," Fredericks said. "But, this young lady, instead of choosing the easy road and walking away, chose the hard road, buckled down and did the right things."

Metro Pacesetter

Jenny Lake

■ **Favorite food:** Steak & Shake with "The Fab Five." I have four best friends and our moms call us the "Fab Five." It's a joke and we always go to Steak & Shake.

■ **Favorite movie:** Pretty Woman.

■ **Favorite TV show:** Friends.

■ **Favorite music:** Dave Matthews Band.

■ **Favorite school subject:** Anatomy.

■ **Grade-point average:** 4.335 out of a 4.0 (ranks 2nd in her class).

■ **Role model:** Kelley Timmerman.

■ **Parents:** Ray and Julie Lake, Geneseo.

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Among those "right things" was stressing quality, not quantity, in her training. Instead of the usual summer of 1,000 training miles, Lake cut back to 300 this past summer to save her knees. That paid off in her first completely injury-free, cross-country season.

"In fact, I was on the line (Saturday) saying, 'It's been a good time, no matter what happens,'" said Lake, noting the only downer was not getting her team downstate. That made Saturday's race the first time she'd ever run without the benefit of teammates.

"I'm thrilled my high-school cross-country career ended on a good note, but I was just as happy to finally be healthy after the last couple of years."

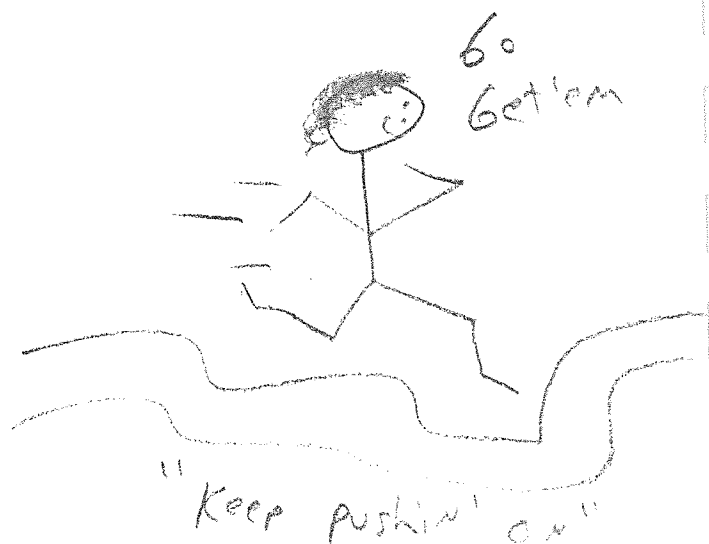
Before hobbling through her junior season, Lake finished 67th at state as a flu-riddled sophomore.

"I just fell apart that day," Lake said, looking back. "I was expecting a top-10 finish, and I think that was my problem. So when I tightened up in that race, I panicked and it all went downhill.

"It didn't happen like that (Saturday). I did fall back, but I stayed focused on my race. I just kept telling myself, 'Stay loose, it's OK.' My dad's big thing is focus, refocus. I just had to take into account what was going on and get focused again and worry about my race."

That mental exercise worked. After dropping from 18th to 28th in a matter of 100 yards on the backstretch, Lake regrouped and kicked back past 10 of those foes in the final 500 yards.

Pacesetter



"Last year I came and watched and just thought, 'Why do I get so nervous at state? They're not doing anything superhuman. I can do that,'" she said. "And that's how it was (Saturday). I was completely relaxed."

Now, Lake looks forward to the track season and finding a college for which she'll run. Lake calls Notre Dame her "pipe dream." South Carolina and Illinois-Chicago are also on her list of Division I possibilities.

However, Washington University near St. Louis is also a contender for Lake's talents, with the Division III school offering a respected medical program.

"She wants to be a surgeon," Fredericks said. "That's what she wants to do with her life. She wants to help people."

And, that's enough to make a coach proud.