

Three-way sweep

Tim Nelson of Geneseo set a new course record and won the overall title at the Dixon, United Township meet on Tuesday, September 14.

Nelson covered the three-mile course at Lowell Park in Dixon in 16:02 with split times of 5:14 and 10:48 for the win.

With the victory, J. D. Darnall High School's varsity boys harriers upped their mark to 5-0 for the 1999 season. All of Geneseo's varsity contingent took the course under perfect weather conditions.

The Leafs took four of the top five positions in the meet. Andy Beuster and Bob Ristau took second and third, respectively, while Matt Travis took fifth. All of the top four Leafs are seniors.

Brian Taghon of United Township spoiled the perfect run of Leafs, taking fourth overall in 16:23.

Beuster clocked in at 16:06 followed by Ristau at 16:09. Coach Don Fredericks noted Geneseo's top three runners all had the same second split of 10:48, though Beuster (5:16) and Ristau (5:20) trailed Nelson at the first station.

Travis, 16:30, was followed through the gate by fellow harrier Bill Bean who wrapped up the sixth-place position at 16:35.

The Leafs also packed the field from 11th through 15th. Grant Venema led the charge, taking 11th

in 16:43. Josh Franks was next in 16:44 followed by Kyle Fluck, 17:19; Mike Sunstrom, 17:20 and Jared Betcher, 17:21.

Others competing were Mike Skelton, 18:30; Brandon Sandoval, 18:31; Mike Stone, 19:06; Phillip Mason, 19:10; Mark Gleason, 19:16; Noel Powers, 21:16 and Adam Kuban, 21:27.

Dixon's top runner placed ninth

Nelson, Lichthardt set records; all take Dixon and UT

Leafs, Lady Leafs to host only meet Tuesday, Sept. 21



TOPPING FIELD. J. D. Darnall High School's Leaf harriers not only dominated the field but set course records in a triangular with Dixon and United Township in Dixon. Tim Nelson, left, was the overall winner, setting a new course mark at 16:02. Following him through the gate were teammates Bob Ristau, center and Andy Beuster. Beuster took second in the meet with Ristau in third. All three runners had a two-mile split time of 10:48.

overall in 16:38.

In the team standings, Geneseo took Dixon 15-46 and United Township, 17-42.

"It was a nice job of team running," surmised Coach Fredericks after the meet. "Our boys really packed it up for this win."

Kyle Lichthardt also set a course record, winning the frosh-soph division in 14:14. The Leafrosh covered a 2.48-mile course at Lowell Park.

The win boosted Geneseo's frosh-soph record to 5-0 as well. The Leafrosh took Dixon, 21-34 while downing United Township, 15-40.

Geneseo captured the first two positions in the competition. Following Lichthardt through the gate was Jeremy Heaton who was clocked at 14:22.

Two Dixon harriers split Geneseo's field with the Dukes taking third and fourth.

Packing into the fifth through seven positions were Steve Loftus, 16:46; Jason Rittenhouse, 17:53 and Joe Derwin, 18:54.

United Township's top harrier finished eighth overall.

It was a record setting day on the Lowell Park field. In the varsity girls division, United Township's Beth Brorby took the number one position with a record-setting time of 15:54.

Natalie Friel of Dixon took second in 15:58.

Topping Geneseo's contenders were sophomore Jann Johnson and freshmen Emily Alden. Johnson's time of 16:04 earned her third-place while Alden clocked in at 16:18 for fourth.

Two other Lady Leafs finished in the top 10 as well. Andrea Blondell took sixth overall at 16:36 while Krista Wiedenhoefst took ninth place in 16:48.

Also competing were Karin

Skelton, 17:06; Alysa Snyder, 17:20; Emily Rowlands, 17:25; Irene Knapp, 17:50; Jenny Mosher, 18:04; Kari Reagin, 18:18; Nita Prasad, 18:55; Trista Bartz, 19:01 and Samantha Daily, 19:14.

Amber Cashman, 19:34; Jaime Gunnison, 20:35; Kristin Reagin, 20:57; Jody Thompson, 21:00 and Erika Klavon, 25:26, also ran the course for the Lady Leafs.

With their sweep over Dixon and

U.T., the Lady Leafs move to 4-1 overall. Geneseo slipped past Dixon, 27-30 and United Township, 24-31.

"Our girls did an outstanding job of team running and that earned us this win," Coach Fredericks stressed.

The Lady Leafs have been competing without two key runners, Jenny Lake and Erin Schneider.

According to Cross Country Coach Don Fredericks, Lake is hampered with a tendon injury on the medial side of her leg.

"She's receiving treatment and, after hearing the reports from her doctor, we're optimistic about her progress.

"We're hoping she'll be ready in a week or so," he added, noting the Rock Island Invitational is coming up the end of September and the team hopes she'll be back in form at least by then.

Schneider has been hindered by a couple of different problems and has also been out since the start of the season.

"Her progress is slow but she has been helping us out tremendously with her senior leadership," her coach stressed.

Coach Fredericks was quick to add the staff takes no chances when injuries are concerned.

"We don't take chances with our athletes as far as their future is concerned.

"I'd rather wait to know they are completely healed and competitive than risk their future," he reiterated.

This Saturday, the harriers will travel to Peoria for the Saturday, September 18 Notre Dame Invitational slated to start at 9 a.m.

Geneseo will host its only meet on Tuesday, September 21 at 4:30 p.m. LaSalle-Peru, Ottawa and Sterling will take the Richmond Hill course.

Geneseo Cross-Country Results

Competing Schools: Dixon and U.T.

Site: Lowell Park in Dixon

Date: 09/14/99

Conditions: 64°...calm....perfect

Girls' Varsity Race (Racing Distance: 2.48 miles)

	Name	Grade	School	Time	Splits
1.	Beth Brorby	11	U.T.	15:54*	
2.	Natalie Friel	12	Dixon	15:58	
3.	Jann Johnson	10	Geneseo	16:04	(6:26/13:13)
4.	Emily Alden	09	Geneseo	16:18	(6:27/13:20)
5.	Sarah Heaton	12	Dixon	16:19	
6.	Andrea Blondell	12	Geneseo	16:36	(6:25/13:26)
7.	Jaci Boss	11	Dixon	16:44	
8.	Jessica Schauff	09	Dixon	16:47	
9.	Krista Wiedenhoef	10	Geneseo	16:48	(6:38/13:47)
10.	Jessica Wright	??	U.T.	16:51	
11.	Kristine Cooney	10	U.T.	16:58	
12.	Angie Diedrich	??	U.T.	17:00	
13.	Shayla Brown	10	U.T.	17:03	
14.	Karin Skelton	10	Geneseo	17:06	(6:54/14:03)
15.	Alysa Snyder	12	Geneseo	17:20	(6:37/14:05)
16.	Emily Rowlands	10	Geneseo	17:25	(6:41/14:18)
17.	Amber Crossen	09	Dixon	17:26	
18.	Sasha Luse	09	Dixon	17:30	
19.	Jocelyn Chase	10	Dixon	17:49	
20.	Irene Knapp	10	Geneseo	17:50	(6:50/14:33)
21.	Samantha Atkin	12	U.T.	17:54	
22.	Hope Davenport	??	U.T.	18:00	
23.	Jenny Mosher	10	Geneseo	18:04	(6:53/14:42)
24.	Brooke Ramos	11	U.T.	18:09	
25.	Danique Robinson	??	U.T.	18:10	
26.	Kari Reagin	11	Geneseo	18:18	(7:22/15:11)
27.	Nichole Briggs	??	U.T.	18:20	
28.	Lindsey Levan	10	Dixon	18:30	
29.	Nita Prasad	11	Geneseo	18:55	(7:26/15:26)
30.	Trista Bartz	10	Geneseo	19:01	(7:17/15:27)
31.	Samantha Daily	09	Geneseo	19:14	(7:22/15:39)
32.	Amber DeLancey	11	Dixon	19:25	
33.	Liz Schauff	12	Dixon	19:28	
34.	Amber Cashman	09	Geneseo	19:34	(7:31/15:58)
35.	Nicki Serra	??	U.T.	19:42	
36.	Billi Cruse	12	Dixon	19:46	

37.	Nicole Chichris	12	U.T.	19:51	
38.	Jaime Gunnison	11	Geneseo	20:35	(7:46/16:44)
39.	Kristin Reagin	09	Geneseo	20:57	(8:11/17:11)
40.	Jody Thompson	12	Geneseo	21:00	(8:10/17:10)
41.	Emily Figer	??	Dixon	25:15	
42.	Erika Klavon	09	Geneseo	25:26	(10:24/oops)

Leader: **Mile** 6:07
 2-Mile 12:52

Geneseo's Spread:

** = "course record"*

1 through 5 1:02
 1 through 7 1:21
 1 through 10 2:14

Did Not Compete: Jenny Lake and Erin Schneider

Team Scores

	1	2	3	4	5	Total	6	7
Geneseo	2	3	5	8	9	27	10	11
Dixon	1	4	6	7	12	30	13	14
Geneseo	2	3	4	5	10	24	11	12
U.T.	1	6	7	8	9	31	13	14

Geneseo Varsity Girls' Record: 4 Wins / 1 Loss

**Outstanding Job
 of Team Running.
 Way to Pack it up.**

**Bring on Detweiller and the State
 Course on Saturday**

Geneseo Cross-Country Results

Competing Schools: Dixon and U.T.

Site: Lowell Park in Dixon

Date: 09/14/99

Conditions: 64°...calm....perfect

Boys' Frosh-Soph Race (Racing Distance: 2.48 miles)

	Name	Grade	School	Time	Splits
1.	Kyle Lichthardt	10	Geneseo	14:14*	(5:48/11:56)
2.	Jeremy Heaton	10	Geneseo	14:22	(5:48/11:56)
3.	Brad Bishop	10	Dixon	14:43	
4.	Justin Crombie	10	Dixon	16:10	
5.	Steve Loftus	09	Geneseo	16:46	(6:41/13:49)
6.	Jason Rittenhouse	10	Geneseo	17:53	(7:09/14:55)
7.	Joe Derwin	09	Geneseo	18:54	(7:18/15:27)
8.	?? Zmuda	??	U.T.	20:23	

Leader: Mile 5:48

2-Mile 11:56

* =s Course Record

Prep cross country

■ **Geneseo dominates:** Course records were the story of the day at Lowell Park in Dixon in a triple-dual boys and girls meet.

In the girls meet, United Township's Beth Brorby set the course mark. In the boys meet, Geneseo's Tim Nelson toured the course in record time. And for good measure, Geneseo's Kyle Lichthardt set a new standard in the freshman/sophomore division.

Despite Brorby's efforts, Geneseo beat both the Panthers and Dukes in the girls meet as the Leafs had runners finish second, third, fourth and sixth.

Nelson had plenty of company up front in the boys race, with Geneseo runners taking five of the top six places and 10 of the top 15.

Geneseo's Spread:

1 through 5	4:40
1 through 7	not enough Leafs
1 through 10	not enough Leafs

Did Not Compete: Gary Shaw

Team Scores

	1	2	3	4	5	Total	6	7
Geneseo	1	2	5	6	7	21	X	X
Dixon	3	4	8	9	10	34	X	X
Geneseo	1	2	3	4	5	15	X	X
U.T.	6	7	8	9	10	40	X	X

Geneseo Frosh-Soph Boys' Record: 5 Wins / 0 Losses

Geneseo Cross-Country Results

Competing Schools: Dixon and U.T.

Site: Lowell Park in Dixon **Date:** 09/14/99 **Conditions:** 64°...calm....perfect

Boys' Varsity Race (Racing Distance: 3.00 miles)

	Name	Grade	School	Time	Splits
1.	Tim Nelson	12	Geneseo	16:02*	(5:14/10:48)
2.	Andy Beuster	12	Geneseo	16:06	(5:16/10:48)
3.	Bob Ristau	12	Geneseo	16:09	(5:20/10:48)
4.	Brian Taghon	10	U.T.	16:23	
5.	Matt Travis	12	Geneseo	16:30	(5:22/11:00)
6.	Bill Bean	11	Geneseo	16:35	(5:21/11:01)
7.	Ammon Paquette	11	U.T.	16:36	
8.	Jacob Pender	12	U.T.	16:37	
9.	Josh Miles	12	Dixon	16:38	
10.	Paul Kuhn	11	Dixon	16:41	
11.	Grant Venema	12	Geneseo	16:43	(5:20/11:05)
12.	Josh Franks	11	Geneseo	16:44	(5:30/11:17)
13.	Kyle Fluck	09	Geneseo	17:19	(5:30/11:25)
14.	Mike Sunstrom	11	Geneseo	17:20	(5:40/11:40)
15.	Jared Betcher	11	Geneseo	17:21	(5:35/11:35)
16.	David Brown	10	U.T.	17:41	
17.	Jason Gavin	11	U.T.	17:47	
18.	Charley Bishop	12	Dixon	17:57	
19.	Kel Bond	09	Dixon	18:09	
20.	Mike Skelton	12	Geneseo	18:30	(5:50/12:23)
21.	Brandon Sandoval	11	Geneseo	18:31	(5:48/12:24)
22.	Andrew Sloan	11	Dixon	18:33	
23.	Mike Stone	11	Geneseo	19:06	(6:00/12:31)
24.	Phillip Mason	11	Geneseo	19:10	(6:05/12:40)
25.	Mark Gleason	11	Geneseo	19:16	(6:03/12:48)
26.	Colin Bond	12	Dixon	20:48	
27.	Noel Powers	11	Geneseo	21:16	(6:44/14:16)
28.	Adam Kuban	11	Geneseo	21:27	(6:58/14:31)
29.	Robert Meyers	10	U.T.	21:42	
30.	Jesse Nicholson	11	Dixon	22:06	

Leader: **Mile** 5:14
 2-Mile 10:48

* = 's Course Record

Geneseo's Spread:

1 through 5 :33
1 through 7 :42
1 through 10 1:19

Did Not Compete: All Leafs Ran

Team Scores

	1	2	3	4	5	Total	6	7
Geneseo	1	2	3	4	5	15	8	9
Dixon	6	7	10	11	12	46	13	14
Geneseo	1	2	3	5	6	17	9	10
U.T.	4	7	8	11	12	42	13	14

Geneseo Varsity Boys' Record: 5 Wins / 0 Losses

**Nice Job of Team Running.
Way to Pack it up.**

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Course on Saturday**

We have NO WEAK LINKS