

# 1997 Cross-Country

## Varsity Awards Winners

### Freshman

Jennifer Lake  
Kelli O'Dell  
Mary Terronez

### Sophomores

Andy Beuster-2  
Andrea Blondell - 2  
Codi Hultman-1  
Tim Nelson-1  
Bobby Ristau-1  
Alysa Snyder -2  
Grant Venema-1  
Rachael Williams -2

### Juniors

Josh Fleming-1  
Justin Fluck-3  
Jill Hinrichs-3  
Mark Keplinger-3  
Rhonda Loftus -3  
David Rutledge -2  
Chris Studer -3

### Seniors

Beth Bos -1  
Jason Gray -4  
Chris Kempfer -1  
Natalie Myers -4  
Becky Riewerts - 4

Amy Schneider -4

(number represents varsity letters won in  
cross-country)

## Junior Varsity Awards Winners

### Juniors

Matt Carlson  
Joy Gray  
Dawn Miller

## Sophomore Awards Winners

### Sophomores

Mike Brown  
Chris Cashman  
Ryan Cathelyn  
Sherry Erwin  
Mike Gallant  
Mike Heitzler  
Billy Johnson  
Neil Kuhlman  
Luke Owens  
Charles Peters  
Erin Schneider  
Mike Skelton  
Angie Swagger  
Jody Thompson  
Nikki Thompson  
Matt Travis  
Jennifer Vermost

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### **Freshman**

Bill Bean  
Jared Betcher  
Brandon Sandavol  
Nathan Thompson

## **Freshman Awards Winners**

### **Freshman**

Mark Gleason  
Jaime Gunnison  
Megan Irish  
Adam Kuban  
Kari Reagin  
Mike Stone

## **Manager Awards Winners**

### **Sophomores**

Tonia Derwin  
Jaime VanDeVoorde

### **Juniors**

Larry Adams

### **Seniors**

Heather Pobanz

## **Special Awards Winners**

### **Most Valuable Athlete**

Female: Jennifer Lake  
Male: Justin Fluck & Chris Studer

### **Most Improved Athlete**

Female: Rhonda Loftus & Alysa Snyder  
Male: Tim Nelson & Bobby Ristau

### **Most Inspirational Athlete**

Female: Jill Hinrichs & Amy Schneider  
Male: Justin Fluck

### **Captains**

Female: Natalie Myers & Becky Riewerts  
Male: Jason Gray & Chris Studer

### **Special Appreciation**

Trisha Gallatin-Volunteer Assistant Coach  
Kelley Timmerman-Volunteer  
Assistant Coach  
Kevin Herd: Keynote Speaker



Republic photo

**LADY HARRIERS.** Geneseo's boys and girls cross country team will host just one meet this year on Tuesday, September 9 against Rock Falls at 4:30 p.m. Girls competing for Geneseo include, from left to right; front row, Jaime Gunnison, Rachael Williams, Andrea Blondell, Mary Terronez and Kari Reagin; middle row, Becky Riewerts, Joy Gray, Erin Schneider, Chris Kempher, Dawn Miller and Natalie Myers; back row, Alysa Snyder, Amy Schneider, Jill Hinrichs, Rhonda Loftus, Beth Bos and Jenny Lake. Absent for the photo were Codi Hultman, Megan Irish and Heather Pobanz.





Republic photo

**CROSS COUNTRY 1997.** Representing J. D. Darnall High School on the 1997 cross country team are; from left, front row, Jared Betcher, Mark Gleason, Mike Brown, Justin Fluck, Neil Kuhlman, Andy Beuster and Josh Fleming; middle row, Tim Nelson, Jason Gray, Luke Owens, Matt Travis, Bobby Ristau, Mark Keplinger and Adam Kuban; back row, Charles Peters, Chris Studer, Grant Venema, David Rutledge and Chris Cashman. Not pictured are Bill Bean, Matt Carlson, Mike Gallant, Mike Heitzler, Billy Johnson and Mike Skelton. The team began this year's season Thursday, September 4 in Rock Falls and will host its only home meet on Tuesday, September 9.



(H.S. Yearbook) 1997

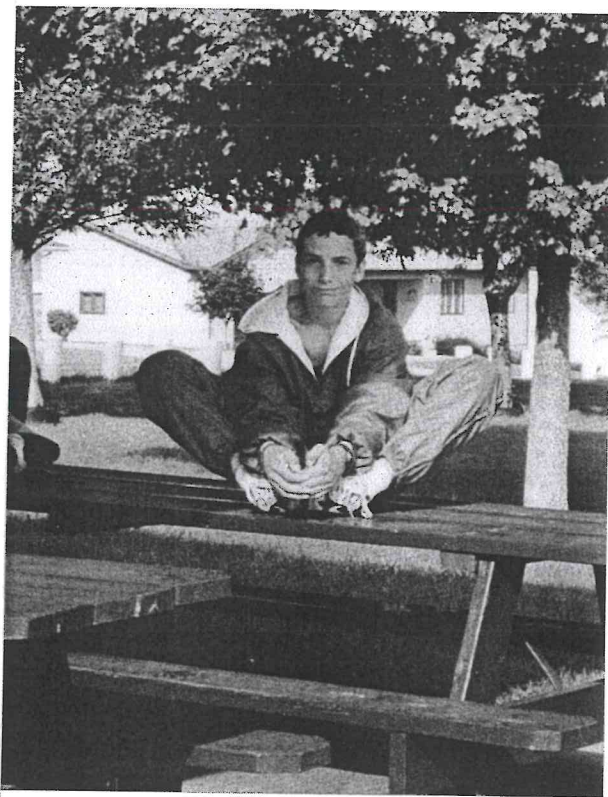
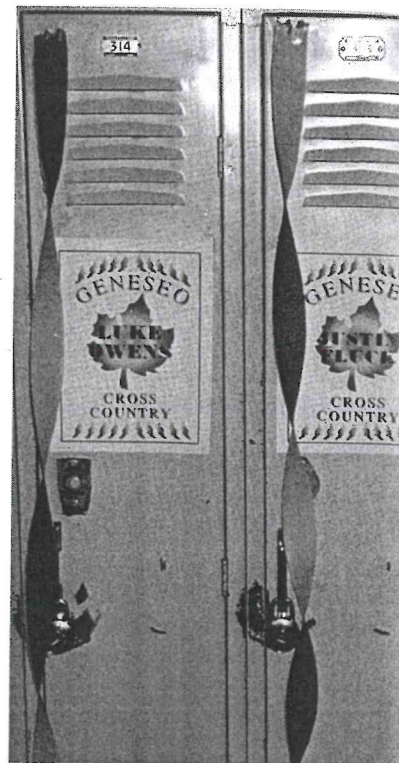
# Boys Cross Country

The locker decorations were a good thing to

The fall season was exceptional for the Boys Cross Country Team. The varsity finished with an 11-0 record, and the frosh/soph followed with a 11-1 record.

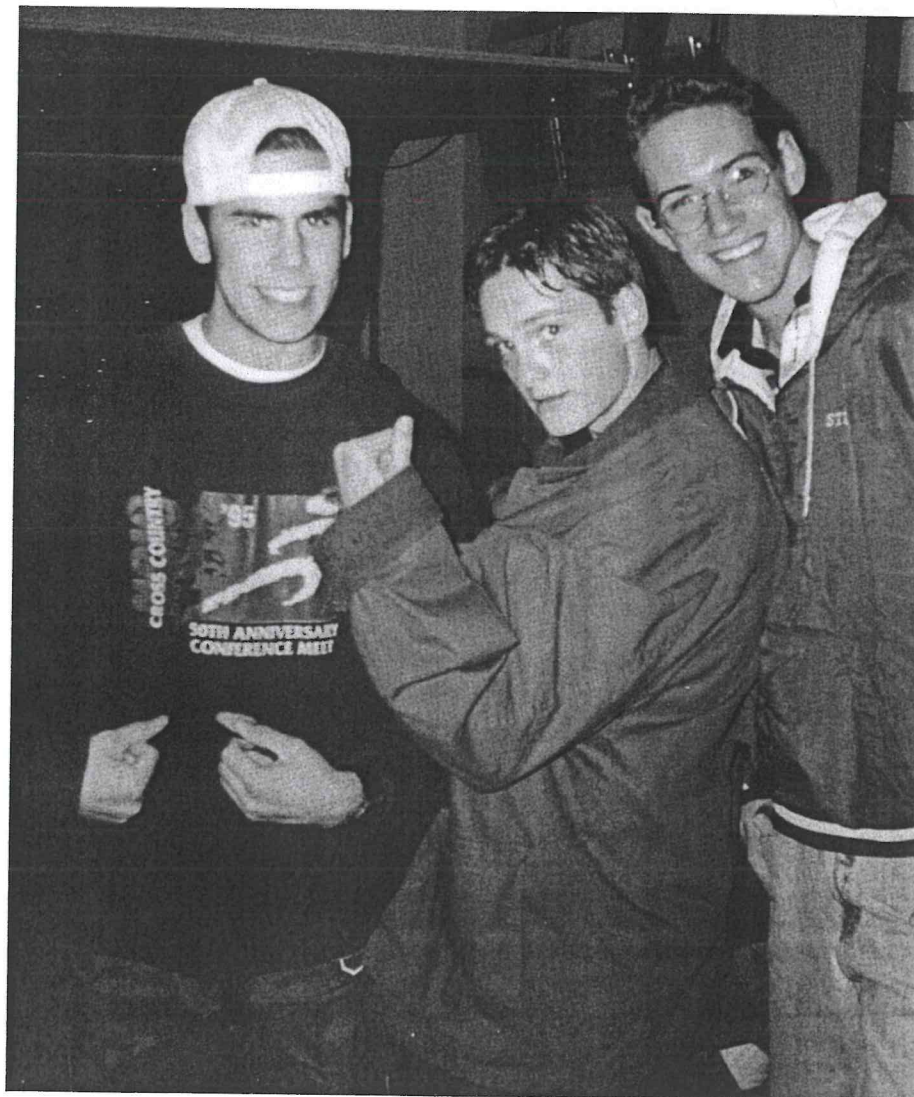
While Coach Fredericks was the man in charge, Jason Gray and Chris Studer showed their remarkable skills at keeping the team focused while still having fun as the team captains. Tim Nelson and Bobby Ristau had the honor of being chosen as the Most Improved Athletes;

while Justin Fluck was chosen as Most Inspirational. The two Most Valuable Runners were Chris Studer and Justin Fluck. Justin took an impressive 42nd place at the state meet with a time of 15:16 over a three mile race. "It's exciting to see talent on the state level, though it makes it tougher for us to compete. But it is also more of a challenge and you see everyone rising to the challenge," said Coach Fredericks.

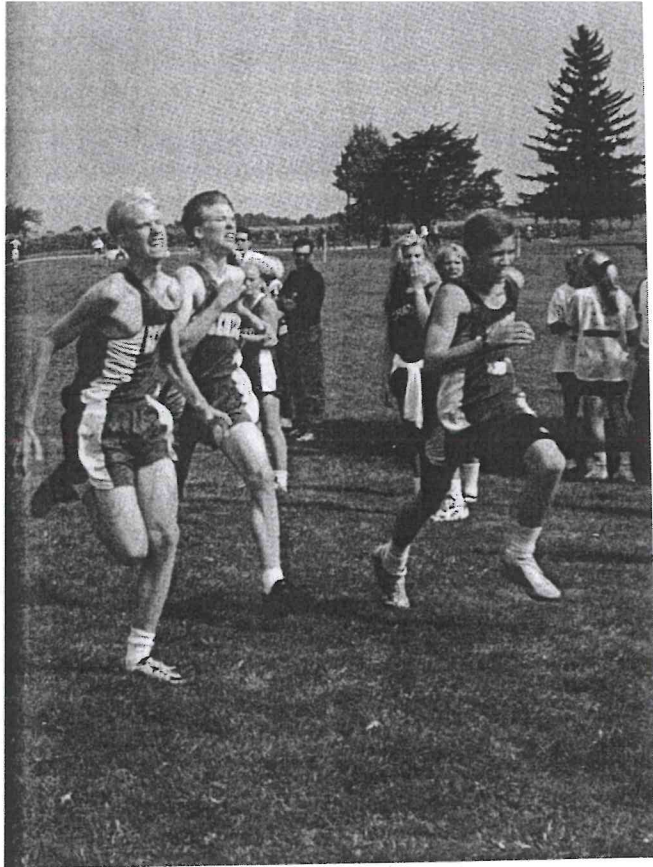


*Limber legs will let the Leafs leap to the lead.*

*Believe it or not, cross country runners lift weights as part of their training. Justin Fluck, Jason Gray, and Chris Studer were among the body building harriers last fall.*

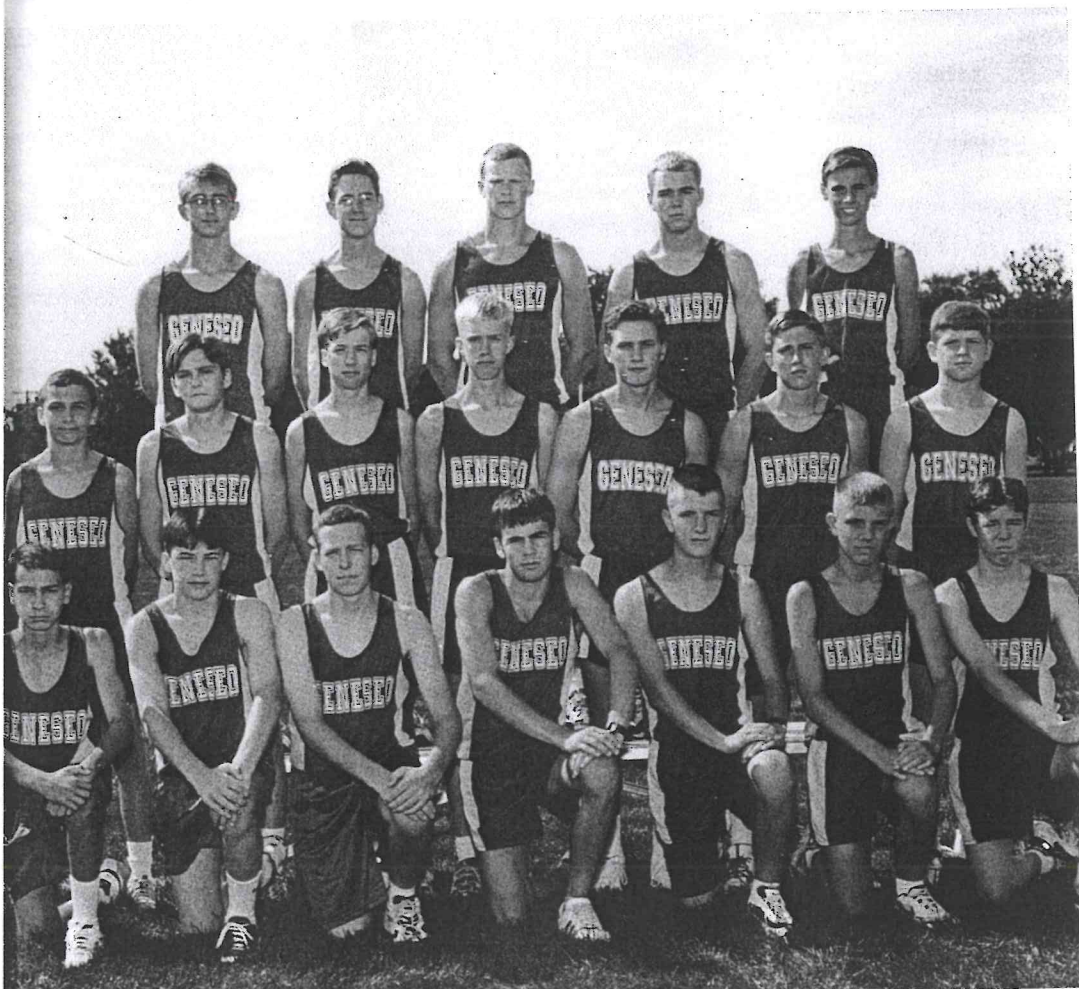
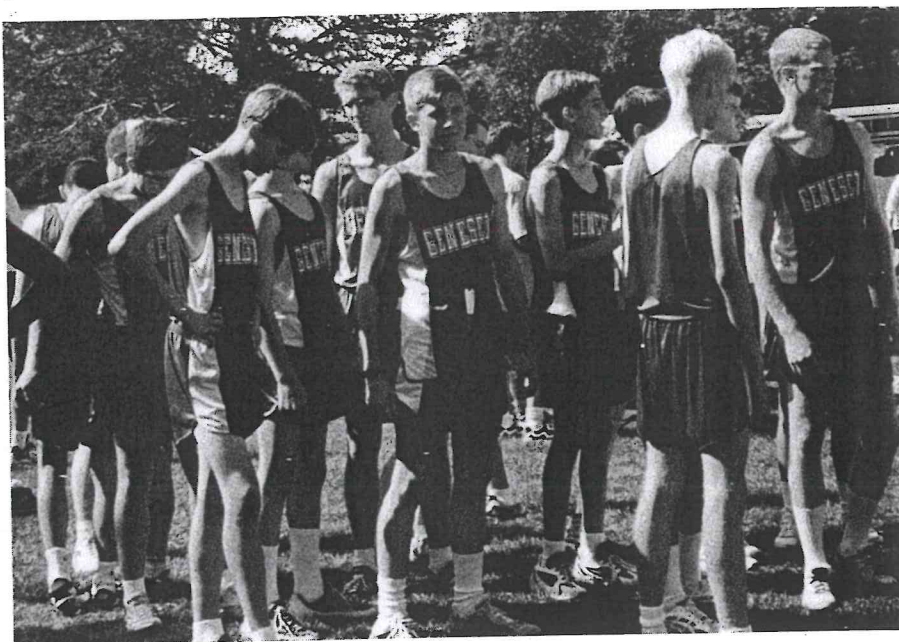






Competitive teammates sprint to the finish line after an exhausting three mile race.

The frosh /soph boys gather nervously before their 2.1 mile race, but will rest easier in about twelve minutes when they are done.



First Row, L to R: J. Betcher, M. Gleason, M. Brown, J. Fluck, N. Kuhlman, A. Beuster, A. Fleming. Second Row: T. Nelson, J. Gray, M. Travis, B. Ristau, M. Keplinger, L. Owens, A. Kuban. Third Row: C. Peters, C. Studer, G. Venema, D. Rutledge, C. Cashman.

### Varsity Scoreboard

Sectionals.....	4th
Regionals.....	2nd
Conference.....	1st
State.....	21st

### Dual Meets

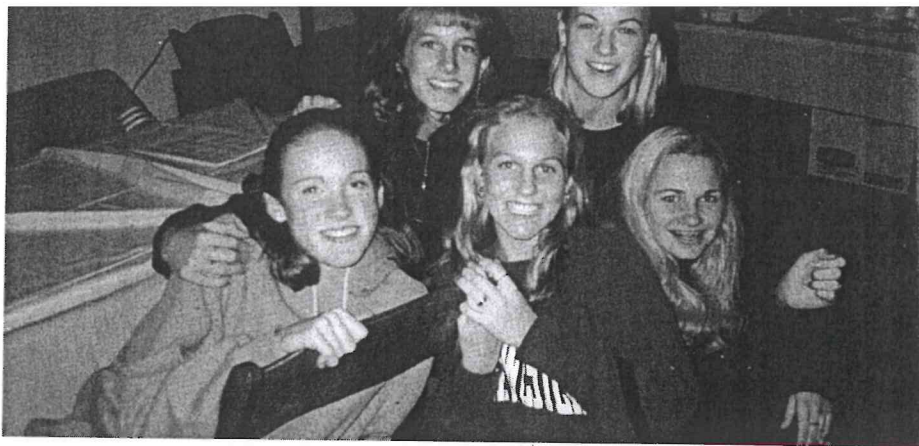
Varsity.....	11-0
Frosh/Soph.....	11-1

(H.S.  
Yearbook)



1997

*An evening of lasagna and camaraderie brings Kelli O'Dell, Jenny Lake, Jill Hinrichs, Angie Swagger, and Joy Gray together.*

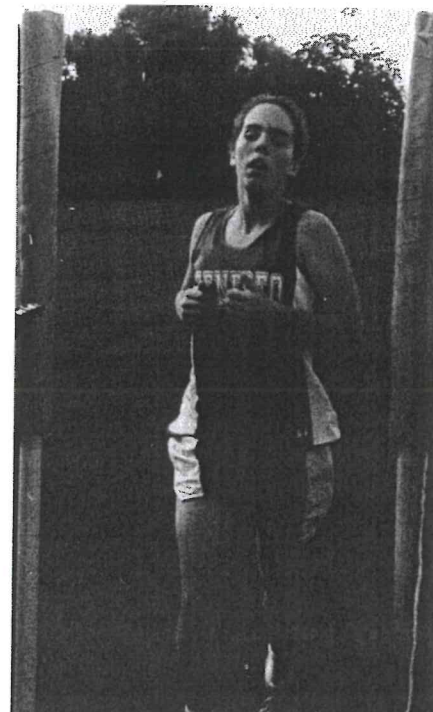


*Five friendly freshmen feeling fine.*



*A group stretch before a meet at Richmond Hill.*

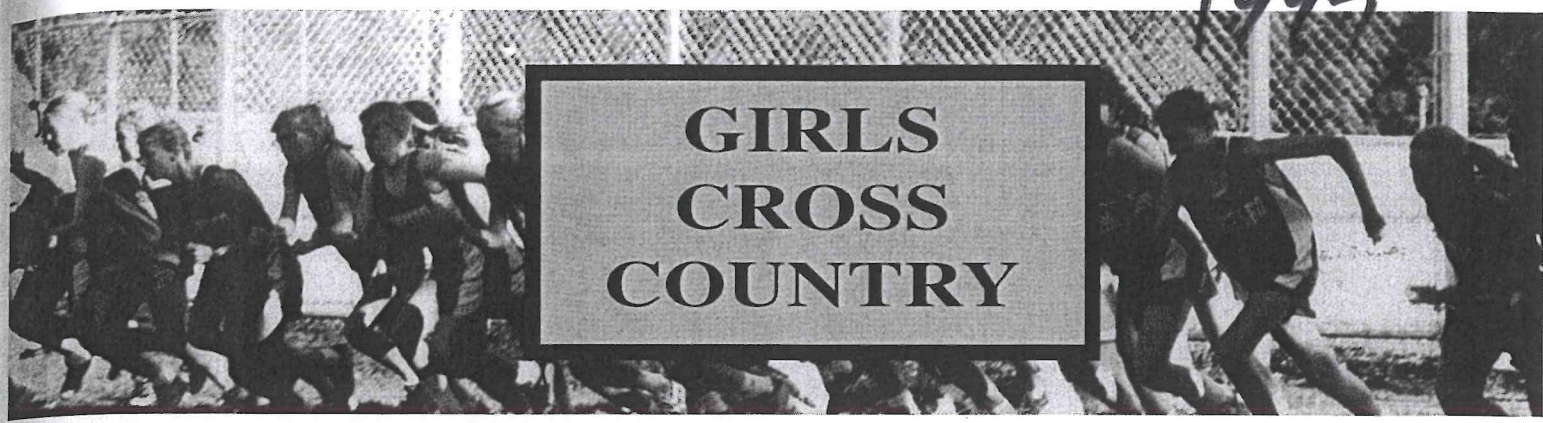
*Exhausted senior Chris Kempher enters the chute after a grueling two miles.*



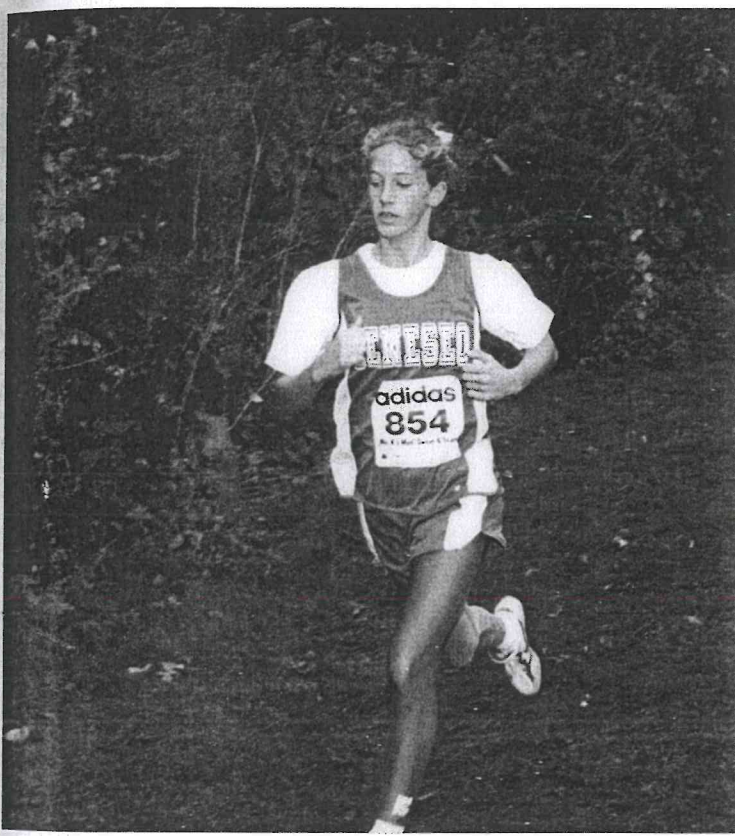
97/98



1997



# GIRLS CROSS COUNTRY



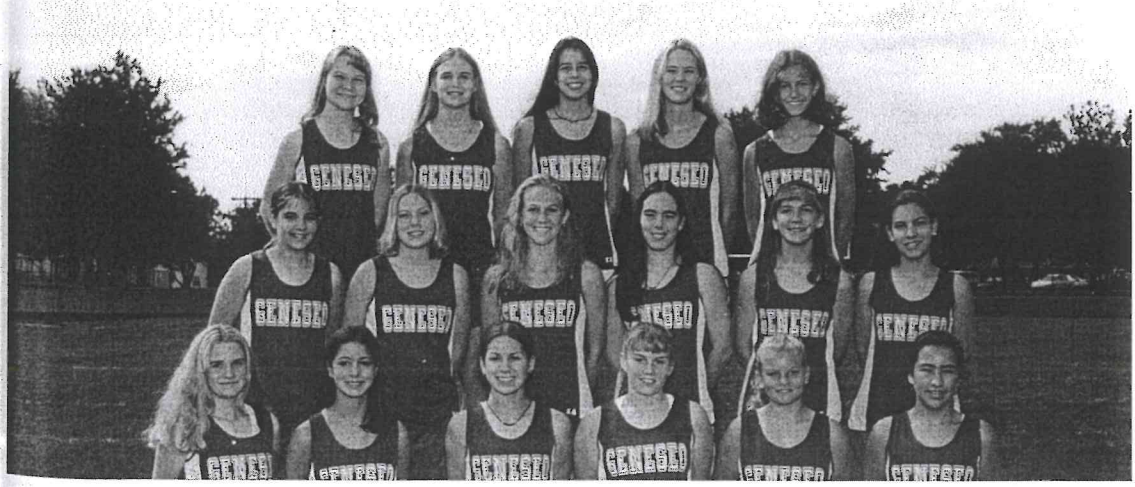
*Freshman phenom Jenny Lake takes the course.*

"Geneseo has the potential to have one of the greatest years in school history with its sports program," quoted Coach Fredricks. This statement was especially true for the Girls Cross Country Team. They had a superlative season this year. The girls were NCIC, Regional, and Sectional Champs for the second year in a row.

The team raced through a plethora of meets, earning them a chance at state. Natalie Myers, Andrea Blondell, Jill Hinrichs, Rachel Williams, Jenny Lake, Rhonda Loftus, and Becky Riewerts all had the honor of competing at the cross country state finals.

On November eighth in Peoria, Jenny Lake earned All-State honors for her eighth place finish at the Class AA state cross country meet. She is the highest-placing Lady Leaf in Geneseo history. She paced the Lady Leafs with a time of 11:53 over the 2.10-mile course.

This season's captains were Becky Riewerts and Natalie Myers. Jenny Lake was voted Most Valuable Runner. The Most Improved Award went to Alysa Snyder and Rhonda Loftus. Jill Hinrichs and Amy Schneider were named Most Inspirational. Coach Fredricks summarized the season by saying, "I am very satisfied. It was a tremendous year for us."



*First Row, L to R: J. Gray, M. Terronez, A. Blondell, R. Williams, J. Gunnison, K. Reagin. Second Row: E. Schneider, R. Loftus, J. Hinrichs, C. Kempfer, N. Myers, D. Miller. Third Row: B. Riewerts, A. Snyder, B. Bos, A. Schneider, J. Lake.*

## Frosh/Soph Scoreboard

Galesburg Invite..4th  
Peoria Invite.....6th

## Varsity Scoreboard

Galesburg Invite..2nd  
R.I. Invite.....2nd  
Peoria Invite.....21st  
Sterling Invite....7th  
NCIC.....1st  
Sectionals.....1st  
State.....16th

97/98



# 1996 Cross-Country Junior Varsity Awards Winners

## Varsity Awards Winners

### Freshman

Andy Beuster  
Andrea Blondell  
Alysa Snyder  
Rachael Williams

### Sophomores

Justin Fluck-2  
Rachel Ford  
Jill Hinrichs-2  
Mark Keplinger-2  
Rhonda Loftus-2  
David Rutledge  
Chris Studer-2

### Juniors

Jason Gray-3  
Natalie Myers-3  
Becky Riewerts-3  
Amy Schneider-3

### Seniors

Adam Forest-3  
Ben Forest-2  
Anamika Holke-2  
Doug Patchin-2  
Molly Patten-4  
Molly Reade-4  
Nicki Rocha-3  
Sara Verplaetse-4

### Juniors

Jenny Beyerlein  
Beth Bos  
Chris Kempher

## Sophomore Awards Winners

### Sophomores

Josh Fleming

### Freshman

Chris Cashman  
Mike Heitzler  
Neil Kuhlman  
Brandon Lee

## Freshman Awards Winners

### Freshman

Codi Hultman  
Tim Nelson  
Joey Oltman  
Luke Owens  
Bobby Ristau  
Matt Travis  
Jamie VanDeVoorde

(number represents varsity letters won in cross-country)