

Harriers away!

Varsity runners come up big with two wins

Three out of the top five finishers Tuesday, September 19 at Richmond Hill in the cross country meet with Geneseo, Ottawa and Sterling were from Geneseo as Justin Fluck took first in the three-mile race with a time of 17:09, a full minute ahead of the second-place harrier from Ottawa.

"Justin Fluck is doing exceptional for a freshman," Coach Mel Snook commented.

"The future looks bright."

—Coach Snook

Geneseo beat Ottawa by a score of 19-45 and Sterling by a score of 18-43.

"It was a muddy field, and the kids weren't used to it," said Coach Snook. "It slowed all their times, but they ran exceptionally well."

Chris Studer was third with a time of 18:16 and Jason Gray came in fifth in 18:35.

The win raised the Leafs record to 9-2 on the season.

Other Maple Leaf finishers were

Ben Forest (sixth in 18:48), Mark Keplinger (seventh in 18:49), Eric Verplaetse (ninth in 19:01), Adam Forest (10th in 19:08), David Cryder (12th in 19:42), Jeremy Brown (14th in 19:51), Doug Patchine (20th in 20:46) and Adam Fleming (21st in 20:47).

The Lady Leafs also won over Ottawa and Sterling, raising their season record to 10-1.

The scores were Geneseo over Ottawa, 17-46 and 23-35 over Sterling.

Molly Reade came in first in the two-mile run with a time of 13:03, one second ahead of the second-place finisher.

Natalie Myers was fourth, three seconds behind Reade with a time of 13:06 and Nicki Rocha was fifth with a time of 13:53.

"It was one of the most exciting races I've seen since I started coaching cross country," Coach Snook replied. "With the rivalry between Sterling and Geneseo and looking at the times between first through fourth, it was unbelievable."

"Molly Reade was fourth coming down the final hill, but her kick came in and she came through."

Coach Snook feels this gives his team some momentum heading into the conference meet.

"It's been a long time since we've beat Sterling," he said. "It is definitely a confidence builder."

"We are trying to stress this wasn't the conference meet. Hopefully on

October 14 we'll be healthy and ready to go."

Other Lady Leaf finishers were Sara Verplaetse (seventh in 14:02), Rhonda Loftus (eighth in 14:04), Jill Hinrichs (ninth in 14:08), Nikki Parker (13th in 14:29), Molly Patten (18th in 14:57), Amy Schneider (19th in 15:01), Becky Riewerts (23rd in 15:20), Anamika Holke (25th in 15:36), Jenny Orier (30th in 17:06), Katharine Bell (32nd in 17:30), Kari Vought (36th in 19:32) and Jennifer Beyerlein (37th in 19:38).

The boys frosh-soph squad raced two miles and split with Ottawa and Sterling.

Ottawa won by a narrow 25-30 margin while Geneseo beat Sterling 16-42.

The highest finisher for the Leafs was John Kiss, third with a time of 12:03 followed closely by Jeremy Sides in fourth with a time of 12:08.

"John Kiss ran a great race," Coach Snook said. "It was 30 seconds faster than his time last week, which is very encouraging."

Also running were David Rutledge (sixth in 12:21), Bill Heitzler (seventh in 12:35), Jared Andersen (11th in 12:58), Josh Fleming (13th in 13:20), Matt Sullivan (20th in 14:19) and Andy Strandmark (29th in 17:19).

"We are starting to come along and get some confidence," replied Coach Snook. "The future looks bright, not only for the rest of the season but for a few years down the road."

Geneseo Cross-Country Results

Competing Schools: Sterling & Ottawa.

Site: Richmond Hill Park

Date: 09/19/95

Conditions: 55° ... wet.

Varsity Girls' Race (Racing Distance: 2.0 Miles)

	Name	Grade	School	Time	Splits
1.	Molly Reade	11	Geneseo	13:03	(6:46)
2.	Megan Cunningham	12	Sterling	13:04	
3.	Amanda Stromer	11	Sterling	13:05	
4.	Natalie Myers	10	Geneseo	13:06	(6:46)
5.	Nicki Rocha	11	Geneseo	13:53	(7:06)
6.	Sara Stevenson	11	Ottawa	13:55	
7.	Sara Verplaetse	11	Geneseo	14:02	(7:12)
8.	Rhonda Loftus	09	Geneseo	14:04	(7:20)
9.	Jill Hinrichs	09	Geneseo	14:08	(7:12)
10.	Karrie Norman	11	Sterling	14:16	
11.	Becky Voss	10	Sterling	14:19	
12.	Corrisse Hernandez	12	Sterling	14:20	
13.	Nikki Parker	11	Geneseo	14:29	(7:19)
14.	Jessica Shore	12	Sterling	14:34	
15.	Kriste Carlson	11	Ottawa	14:44	
16.	Leslie Carl	12	Sterling	14:53	
17.	Keri Jaques	12	Sterling	14:54	
18.	Molly Patten	11	Geneseo	14:57	(7:30)
19.	Amy Schneider	10	Geneseo	15:01	(7:38)
20.	Karen McDowell	12	Ottawa	15:02	
21.	Gwen Clay	10	Sterling	15:12	
22.	Katie Wilson	11	Ottawa	15:14	
23.	Becky Riewerts	10	Geneseo	15:20	(7:39)
24.	Kristen Sullivan	09	Sterling	15:35	
25.	Anameka Holle	11	Geneseo	15:36	(8:03)
26.	Vanessa Durall	10	Ottawa	16:12	
27.	Leslie Hayn	10	Ottawa	16:27	
28.	Mireya Lemus	09	Sterling	16:29	
29.	Leslie Lamacho	09	Sterling	16:38	
30.	Jenny Grier	12	Geneseo	17:06	(8:54)
31.	Jessica Steinert	10	Sterling	17:20	
32.	Katharine Bell	11	Geneseo	17:30	(9:00)
33.	Alicia Jamenez	10	Sterling	17:50	
34.	Susan Jaeckle	10	Sterling	18:02	
35.	April Hungerford	12	Sterling	18:07	
36.	Kari Vought	10	Geneseo	19:32	(10:00)

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37.	Jenny Beyerlein	10	Geneseo	19:38	(10:00)
38.	Amy Hayen	09	Sterling	20:27	
39.	Teri Johnson	09	Sterling	20:28	

Geneseo's Spread

1 thru 5:	1:01
1 thru 7:	1:26
1 thru 10:	2:17
1 thru 15:	6:35

Team Scores

	1	2	3	4	5	Total	6	7
Geneseo	1	4	5	6	7	23	8	12
Sterling	2	3	9	10	11	35	13	14
Geneseo	1	2	3	5	6	17	7	8
Ottawa	4	9	10	11	12	46	13	14

DNC: Heather Phelps

Geneseo's Varsity Girls is now 10 wins and 1 loss.

Great Job *Lady Leafs!*

CONFERENCE CHAMPS?????

REGIONAL CHAMPS?????

SECTIONAL CHAMPS?????

TOP 10 at STATE?????

GO FOR IT!

Geneseo Cross-Country Results

Competing Schools: Sterling & Ottawa.

Site: Richmond Hill Park

Date: 09/19/95

Conditions: 55° . . .rain.

Boys' Frosh-Soph Race (Racing Distance: 2.0 Miles)

	Name	Grade	School	Time	Splits
1.	Victor Bond	10	Ottawa	11:27	
2.	Larry Burns	10	Ottawa	11:53	
3.	John Kiss	10	Geneseo	12:03	(5:58)
4.	Jeremy Sides	09	Geneseo	12:08	(6:13)
5.	Harley Piercy	09	Ottawa	12:09	
6.	David Rutledge	09	Geneseo	12:21	(6:18)
7.	Bill Heitzler	10	Geneseo	12:35	(6:27)
8.	Josh Rios	09	Ottawa	12:49	
9.	Grant Youngstrum	09	Ottawa	12:54	
10.	Brent Johnson	09	Sterling	12:55	
11.	Jared Anderson	09	Geneseo	12:58	(6:40)
12.	Jason Nelson	09	Sterling	13:06	
13.	Josh Fleming	09	Geneseo	13:20	(6:41)
14.	Jason O'Neal	10	Sterling	13:33	
15.	Chris Budnock	90	Ottawa	13:34	
16.	Jason Workman	09	Sterling	13:40	
17.	A.J. Howard	09	Sterling	14:00	
18.	Jason Razo	09	Sterling	14:04	
19.	Jason Hartman	10	Ottawa	14:09	
20.	Matt Sullivan	09	Geneseo	14:19	(7:24)
21.	Nick Berge	10	Sterling	14:20	
22.	Jeremy Wheeler	09	Ottawa	14:22	
23.	Matt Berge	09	Sterling	14:41	
24.	Mike Wilkinson	10	Sterling	14:44	
25.	Jason Schneider	09	Sterling	14:52	
26.	Jakob Egert	09	Sterling	15:28	
27.	Sean Bond	09	Sterling	15:31	
28.	Charles Sacks	09	Sterling	17:02	
29.	Andy Strandmark	09	Geneseo	17:19	(8:56)
30.	Eric Noack	10	Sterling	18:58	
31.	Scott Arnold	09	Sterling	19:03	

Geneseo's Spread

1 thru 5: :55
 1 thru 7: 2:16
 1 thru 10: not enough Leafs...we need more help.....

Team Scores

	1	2	3	4	5	Total	6	7
Geneseo	1	2	3	4	6	16	8	13
Sterling	5	7	9	10	11	42	12	14
Geneseo	3	4	6	7	10	30	11	14
Ottawa	1	2	5	8	9	25	12	13

DNC: Ryan Gillespie

Geneseo's Boys' Frosh-Soph Record is now 6 wins and 5 losses.

Great Efforts Men!

Geneseo Cross-Country Results

Competing Schools: Sterling & Ottawa

Site: Richmond Hill Park **Date:** 09/19/95 **Conditions:** 55° ... Rain.

Varsity Boys' Race (Racing Distance: 3 Miles)

	Name	Grade	School	Time	Splits
1.	Justin Fluck	09	Geneseo	17:09	(5:43/11:41)
2.	Josh Paul	12	Ottawa	18:09	
3.	Chris Studer	09	Geneseo	18:16	(5:47/12:15)
4.	John Moore	12	Sterling	18:34	
5.	Jason Gray	10	Geneseo	18:35	(6:00/12:23)
6.	Ben Forest	11	Geneseo	18:48	(5:55/12:23)
7.	Mark Keplinger	10	Geneseo	18:49	(6:02/12:40)
8.	Jacob Kujula	12	Sterling	18:59	
9.	Eric Verplaetse	12	Geneseo	19:01	(6:09/12:44)
10.	Adam Forest	12	Geneseo	19:08	(6:00/12:44)
11.	Trent Dempsey	11	Sterling	19:11	
12.	David Cryder	12	Geneseo	19:42	(6:09/12:49)
13.	Eric Anderson	11	Sterling	19:48	
14.	Jeremy Brown	12	Geneseo	19:51	(6:17/13:19)
15.	Bruce Krieder	11	Sterling	19:52	
16.	Lenny Rodgers	11	Sterling	19:55	
17.	Librodo Salazar	10	Sterling	19:57	
18.	Cullen Searing	12	Sterling	20:00	
19.	Ank Carlson	12	Ottawa	20:20	
20.	Doug Patchin	11	Geneseo	20:46	(6:23/13:51)
21.	Adam Fleming	12	Geneseo	20:47	(6:25/17:52)
22.	Tim Ngo	11	Sterling	20:52	
23.	Ryan Gibson	11	Ottawa	21:24	
24.	Matt McCormick	12	Sterling	21:50	
25.	Greg Mueller	11	Ottawa	21:58	
26.	Beau Grunsted	12	Ottawa	22:18	
27.	Matt Hartman	11	Ottawa	22:48	
28.	Rich Linville	11	Sterling	23:02	
29.	Jason Boehm	11	Sterling	23:32	
30.	Ryan Fitzgerald	11	Ottawa	28:00	
31.	Brandon Tate	11	Sterling	30:58	

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Geneseo's Spread

1 thru 5: 1:40
1 thru 7: 1:59
1 thru 10 3:37

Team Scores

	1	2	3	4	5	Total	6	7
Geneseo	1	2	4	5	6	18	8	9
Sterling	3	7	10	11	12	43	13	14
Geneseo	1	3	4	5	6	19	7	8
Ottawa	2	9	10	11	12	43	13	14

DNC: Chris Farmer, Dirk Wildemuth

Geneseo's Record is now 9 wins and 2 losses.

Great Job Leafs
Keep building towards
the championship meets!