Leaf harriers prepare for Geneseo Invite on Saturday

ly KEITH BRAKE lewsLife Editor

GENESEO — School just started his week, and already it's time for the Geneseo High School cross country peam's major home meet, the Geneseo Invitational.

This year's Invite, with a smaller field than in recent years, takes place saturday morning, Sept. 2, in Richmond Hill Park.

The Leaf boys and girls will open their seasons this Thursday in Ottawa, where they'll take on Rock Falls, Kewanee, Streator, Princeton and the Pirates.

Action on Saturday gets underway at 9 a.m. with the junior varsity boys race. The JV girls race goes off at 9:30 a.m., the frosh-soph boys compete at 10 a.m., the varsity girls leave the line at 10:30 a.m., and the varsity boys are set for an 11 a.m. launch.

Competing teams are Davenport North, Davenport West, Freeport, Westmer-Aledo, Pleasant Valley, Sherrard and Geneseo.

Geneseo won both varsity races last year, while Clinton, Iowa, won in frosh-soph boys action.

"This year's meet is somewhat watered-down," Geneseo coach Don

Fredericks said. "Coaches don't want their teams running our course."

Richmond Hill is a hilly, rugged layout. Most cross country courses in the region are flat.

"It (the Richmond Hill course) is challenging and beautiful," Fredericks said. "In Europe, they run through plowed fields and have to jump fences. Who is the sport for, the athletes or the coaches?"

Fredericks said he expects a push from the Sherrard boys, based on their strong frosh-soph team from a year ago. He said Davenport West had some strong individuals during the track season.

The Leaf coach said he expects Pleasant Valley's girls to field another strong squad.

Fredericks said Jason VanVooren, Bryan Glass and Adam Boardman form a solid front three for his boys team. He said Brian Walsh, Michael Bell and Justin VanVooren are the next three, "and we've got 10 guys contending for the seventh spot," he said.

Fredericks said his top four girls, not necessarily in order, are Wendy Wassell, Karmen Roehrs, Renee Clifton and Kirstin Kemmis. The next three, he said, are Kelli Miller, Suzanne Patton and Jill Minnaert. Michelle Eagles, a promising freshman, is lost to the squad for from four to six weeks with a stress fracture, he said.

Fredericks said Thursday's meet, to be run on the NCIC championships course in Ottawa, will give his girls a chance to run against very strong Kewanee and Princeton squads. "Kewanee is back intact and they were good last year. Princeton has two all-staters," Fredericks said. The coach also noted that Ottawa had a strong frosh-soph boys team last fall.

"We've had great workouts," Fredericks said. "We're excited about the season."

Leaf runners double trouble for foes at own invite girls turned in a first-place total of seconds of one another

GENESEO — Geneseo proved to be double trouble at its own meet

For the second straight year, the Geneseo cross country team pulled off the daily double by capturing the boys and girls titles at the Geneseo

Cross Country Invitational.

It may be a tad presumptuous, but after Saturday's run, the Maple Leafs appear to have the talent to crown themselves NCIC champions once again in both divisions.

once again in our divisions.

The boys' squad, which is seeking to fie Ottawa's record of five straight conference titles, was led by the mad-dash 1-2 finish of Jason VanVooren ame in with a time of 14:43 on the 2.7-mile course with Glass Vooren came in with a time of 14:45 on the 2.7-mile course with Glass right behind him at 14:44. Three additional top-ten finishes by Adam Boardman (third), Brian Walsh Boardman (third), Brian Walsh (sixth) and Justin VanVooren (eighth) gave Geneseo a total of 20 points. The closest competition came from Davenport West which rang up a score of 63 points.

"We definitely have some team-mates who can run together," said mates who can run together, said Geneseo coach Don Fredericks, who expected VanVooren, Glass and Boardman to be among the top finishers. "Those top three will be up ahead of the rest of the squad, and the state of the squad, and the state of the squad, and the squad that the squad squade but I think they can key off each other and work together."

other and work together.

Other area schools entered were
Sherrard, in third-place with 81
points, and fifth-place finisher Westmer-Aledo with 134.

Sherrard toach Lori Baker felt
satisfied with the results in the boys
division, but didn't think her crew

felt the same way.





"The guys are a little disappoint-

ed, but they've got to think about the competition," she said. top three in the standings, Coach Doug Crowell expects the best to come later in the season when he finalizes his varsity squad. 31 Wassell leads Lady Leafs

The Geneseo girls, which hold the NCIC record of five consecutive titles and looking for a sixth this year, had a mix-ture of one runner taking command and a group of girls finishing high



among the pack of Wendy Wendy Wassell guided the Leafs by finishing in a time of 13:16, second to the winning time of

West's Heather Brown, who ran

And by grabbing the 5 thru 8 positions plus the ninh which didn't count in the scoring, the Geneseo

Kelli Miller all finished within 23 nitely our frontrunner at this point

23 points. The group comprised of "She's (Wassell) our most valu-karmen Roehrs, Kirstin Kemmis, able runner coming back from last Suzanne Patton, Rene Clifton and year," Fredricks said, "She's defi-

Leaf runners streak to Invitational title

GENESEO -Geneseo cross country coach Don Fredericks said, after his varsity boys and girls teams opened their seasons by easily defending their team championships in the Geneseo Invitational Saturday, Sept. 2. The meet was run on Geneseo home course in Richmond Hill Park.

We've seen our team in competi-

we ve seen our teart in competi-tion, and now we hope to keep im-proving, Fredericks said.

With Jason VanVooren, Bryan
Glass and Adam Boardman pulling off a one-two-three individual finish the varsity boys easily beat second-place Davenport West, 20-63, for championship honors.

The varsity girls, getting a second place finish from Wendy Wassell and packing which saw Geneseo runners grab the fifth through ninth place spots, were 28-67 winners over sec-

ond place Pleasant Valley.

Geneseo also won the frosh-soph and junior varsity boys races.

It was a somewhat watered-down field, Fredericks said, in the sense some of the big-name cross country powers in the region shied away from the meet, and the number of teams and runners in general was down from past Geneseo Invites. Regardless of who showed or

didn't show, we were pleased with our performances," Fredericks said. "We looked at our times compared to previous performances on our course Things went pretty much as I thought, with a few surprises. And they were pleasant surprises."

Jason VanVooren and Glass ran away from the varsity boys field, finishing the 2.7-mile course in 14:43 and 14:44, respectively. "Adam and 14:44, respectively. Adam Boardman did a good job to come back and get third (in 15:13), Fredericks said.

In the girls race, Wassell was second in the girls race, Wassell was second.

in 13:16, nine seconds behind winner Heather Brown of Davenport West. Brown is an outstanding runner, Fredericks said. We got tremendous packing behind Wendy, the Geneseo

coach said.

Placing fifth through minth were Karmen Roehrs, Kirstin Kemmis. Karmen Rochts, Kirstin Kemmis, Suzanne Patton, Renee Clifton and Kelli Miller, in times ranging from 13:57 to 14:20.

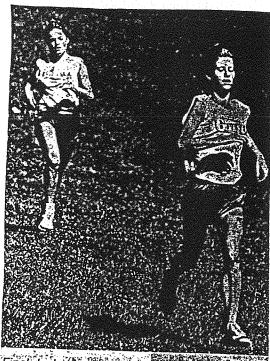
Fredericks got some questions answered in the frosh-soph race when Andy Snock Alam Sand and Bill Loftus finished first, third and sixth. Snock's winning time over a two-mile course was 11:32 All three Leafs are freshmen. Justin VanOpdorp led the junior var-



Out of breath

Chris Steinkopf takes a break after he completed his run in the Geneseo Invitational cross-country meet held Saturday, September 2 at Richmond Hill park. Steinkopf competed in the junior varsity boys race and was clocked at 16:20. For more information, see accompanying story.

da tabi Bab



Final dash care hate as a

Karmen Roehrs (left) and Renee Clifton make a linal dash to the finish line in the varsity girls race at the Geneseo invitational cross-country meet held Saturday, September 2 at Richmond Hill park. The Lady Leafs captured the team title at the meet. For more details, see the adjoining story.

Leaf, Lady Leaf harriers dominate own invitational

Geneseo's varsity boys and girls cross-country teams showed they are squads to be reckoned with this season as they both capured team titles in the Geneseo first tational, meet the old of said Coach Fredericks. Geneseo 15: Princeton 47; Geneseo 16: Princeton 49; Geneseo 17: Princeton 49; Geneseo 18: Princeton 40; Geneseo 18: Pri

steams that placed their top five runners in the top nine overall in each race.

Jason Van Vooren won the boys with a time of 14:33 followed close behind by Bryan Glass in 14:34. Adam Board-man was third in 15:13, Brian Walsh sixth in 15:33 and Justin Van Vooren eighth in 15:49.

Neil Radicic placed 11th with a time, of 16:16 and Travis Stroh 14th in Wassell was the top Lady Leaf finisher with a second place time of 13:16.
Heather Brown of Davenport West was

the winner in 13:07.

The Lady Leafs used the pack running strategy to claim the 5th through 9th spots in the race. Grabbing those

spots were Karmen Roehrs (13:57). Kirstin Kemmis (14:02), Suzann Patton (14:04), Rene Clifton (14:10) and Kelli Miller (14:20).

Aimee Ellis (15:12) finished 15th for the Lady Leafs.

(28th, 16:20) and Dan Yarger (29th,

(28th, 16:20) and Dan Harger 16:26). A symptotic of the meet, the junior, Lin the fifth race of the meet, the junior, varsity girls, race, Pleasant Valley was

the only school to field a full team.

Geneseo runners were Julie Ghys (5th, 15:34), Jenny Wurslin (8th, 15:57) and Molly Boardman (9th, 15:59).

15:59). The Leaf and Lady Leaf runners were also in action on Tuesday, September 5 in a meet against Ottawa, Princeton, LaSalle-Peru, Streator and Rochelle at Ottawa in a meet which was originally scheduled for Thursday, August 31 but was cancelled due to inclement weather.

The conference meet will be held Saturday, October 14 in Ottawa and Coach fredericks wanted his team to see the course. [] working & waller of

The course wasn't in very good shape due to the rain but I just wanted the kids to get a feel for the course for when conference rolls around," he said.

cross-country teams showed they are job but they still have an awful log of Ottawa 42; Geneseo 15; Princeton 47; squade to be reckoned with this season, work to do," said Coach Fredericks. Geneseo 15, L.B. 44 and Geneseo 18,

The course wasn't in very good shape due to the rain but I just wanted the kids to get a feel for the course for when conference rolls around," he said

IHSA 1989 CROSS COUNTRY INVITATIONAL Geneseo High School

Varsity Girls

SCHOOL	1	2	3	4	5	6	7	Points	Place
Avon, IL		-	-						
Davenport North									
Davenport West	1	12	17_	20	22			72	3 RD
Freeport		19						112	WIN
Geneseo	2_	5	6_	7_	8	9	15	2 8	155
Westmer-Aledo	4	23	26	27	-	- F	_	Care	
Pleasant Valley	3	11	14	18	21			67	240
Sherrard	10	13							***************************************
		(DA	\(\frac{1}{2}\)	on		roki.		

IHSA 1989 CROSS COUNTY INVITATIONAL Geneseo High School

Yarsity Girls

		Yarsity Girls			
Place	Name	School	Time		Time/Place
3. 4. 5. 7. 8. 4. 10. 11. 12. 13. 14. 15. 16. 17. 18.	Heather Brown Wendy Wassell Sherri Frazier Jeannie Coulter Karmen Roehrs Kirstin Kemmis Suzanne Patton Renee Clifton Kelli Miller Tracey Barrett Jill Ahlers Lily Garman Nicole Kilcoin Mary Sorenson Aimee Ellis Stacey Gittler Kelli Meade Danette Skeries Allison Leverton Juliana Beiwel Stephanni VanderHorn Jessica Plonski Vanessa Grundstrom Collette Meyers Amber Boeck Gwen Tromblee Brandy Zimmerman Sarah Gittler Heidi Nelson	Davenport West Geneseo Pleasant Valley Westmer-Aledo Geneseo Geneseo Geneseo Geneseo Sherrard Pleasant Valley Davenport West Sherrard Pleasant Valley Geneseo Freeport Davenport West Pleasant Valley Davenport West Pleasant Valley Davenport West Pleasant Valley Davenport West Westmer-Aledo Freeport Freeport Freeport Freeport	13:07 13:16 13:27 13:46 13:57 14:02 14:04 14:10 14:20 14:35 14:36 14:55 15:08 15:12 15:22 15:30 15:31 15:51 15:59 16:00 16:19 16:24 16:27 16:55 17:31 17:31 17:38 18:41	6:38 6:57 6:55 8-6-7:00 7:06	
31.					

IHSA 1989 CROSS COUNTRY INVITATIONAL Geneseo High School

JV Girls

SCHOOL	1	2	3	4	5	б	7	Points	Place
Avon, IL	Profest Street Constitu	-				***************************************		*****************************	
Davenport North	***************************************							tri di minimi in managana ana	***************************************
Davenport West	***************************************			Waltering			***************************************	CHITTON CO. C.	**************************************
Freeport	***************************************	· -						***************************************	
Geneseo	5	8_	<u> </u>						
Westmer-Aledo	***************************************	-							
Pleasant Valley	1	_2_	3	4	6	420544		16	157
Sherrard		• ••••••••					-	***************************************	

IHSA 1989 CROSS COUNTY INVITATIONAL Geneseo High School

JV Girls

ace	Name	School	Time		Time/Place
	Stephanie Baden	Pleasant Valley	14:44		
	Latera Davis	Pleasant Valley	15:12		
	Angie Sellevold	Pleasant Valley	15:20		•
	Angie Oberbeck ¥ Julie Ghys	Pleasant Valley Geneseo	15:23 15:34	(7:35)	. •
•	Stephanie Bondi Kathy Yeater	Pleasant Valley Sherrard	15:36 15:41	,	
	¥ Jenny Wurslin	Geneseo	15:57	(7:50) (7:55)	
•	V-Molly Boardman	Geneseo	15:59	(7155)	
•	L	and Efforts			

* We need work 01+10 ells

IHSA 1989 CROSS COUNTRY INVITATIONAL Geneseo High School

Varsity Boys

HOOL	1	2	3	4	. 5	б	7	Points	Place
on, IL	***************************************	-					**********	•	***************************************
venport North	***************************************	***********							
venport West	4	10	12	15	22	24	-	. 63	ZND
eeport	7	17	19	26	27	30	31	96	474
neseo	1	3	3	6	8	11	14	20	1 ST
stmer-Aledo	16	23	29	32	34			134	2-TH
easant Valley	2	28						******************************	***************************************
errard	9	13	18	20	21	25	33	18	3KD.

Great Start to the season

IHSA 1989 CROSS COUNTY INVITATIONAL Geneseo High School

Varsity Boys

	•	<u>Varsity Boys</u>		
Place	Name	School.	Time	Time/Place
1.	4 Jason VanVooren	Geneseo	14:43	5:25 -11:08
2.	🚜 Bryan Glass	Geneseo	14:44	5:28 - 11:08
3.	A Adam Boardman	Geneseo	15:13	5:38 - (1:33
4.	Eric Kelly	Davenport West	15:25	
5.	Brian Albrecht	Pleasant Valley	15:30	
6.	A-Brian Walsh	Geneseo	15:33	5:46 - U.ST
7.	Kevin Yaun	Freeport	15:45	1
8.	Justin VanVooren	Geneseo	15:49	5:49-12:00
9,	Chris Rigg	Sherrard	16:06	
10.	Chad Plambeck	Davenport West	16:11	
11.	→ Neil Radicic	Geneseo	16:16	5:51 -12:15
12.	Todd Loeffelholz	Davenport West	16:26	•
13.	T.J. Gauley	Sherrard	16:26	
14.	4 Travis Stroh	Geneseo	16:28	5:49-12:30
15.	Scott Mosier	Davenport WEST	16:32	
16.	Kip Kuster	Westmer-Aledo	16:50	
17.	Brian Miller	Freeport	16:54	
18.	Darren Chard	Sherrard	17:12	
19.	Dan Goebel	Freeport	17:20	•
20.	Brian Cameron	Sherrard	17:21	•
21.	Brandon Adams	Sherrard	17:25	•
22.	Gabe Ineichen	Davenport West	17:28	
23.	Jamie Childs	Westmer-Aledo	17:34	
24.	Eric Winterlin	Davenport West	17:39	
25.	Craig Brown	Sherrard	17:58	
26.	Mike Patterson	Freeport	18:38	
27.	Scott Fransen	Freeport	18:39	
28.	Ryan Pruitt	Pleasant Valley	18:42	
29.	Andy Hergert	Westmer-Aledo	19:20	
30.	Brad Brubaker	Freeport	19:40	
31.	. Walter Patton	Freeport	20:16	
32.	Manuel Linder	Westmer-Aledo	20:33	
33.	Scott Foval	Sherrard	21:47	
34.	Chris Coulter	Westmer-Aledo	21:49	
35,	•			
36.		,		
37.		f Intens	22-4-25	$i \cdot l = l \cdot l$
38.	Gre-	Treffer	- + 7	w/relaxatio
39.				
40.	•)	
41.			, * /	

IHSA 1989 CROSS COUNTRY INVITATIONAL Geneseo High School

Frosh-Soph Boys

SCHOOL	1	2	3	4	5	б	7	Points	Place
Avon, IL	· · · · · · · · · · · · · · · · · · ·	-	-				***************************************	····	· · · · · · · · · · · · · · · · · · ·
Davenport North									
Davenport West	23	25						esource enterprise and a second	4.004.00-000.00000
Freeport	4	_5_	_8_	18	_20	-	4P	<u> </u>	<u> 3 ND</u>
Geneseo		3_	6		<u> </u>	10	16	26	157
Westmer-Aledo	2	15	13	14	15	15	22_	<u>56</u>	300
Pleasant Valley	11	17							
Sherrard	21	24	26						***************************************
	(Dh	\	Ye	25				

IHSA 1989 CROSS COUNTY INVITATIONAL Geneseo High School

Frosh-Boys

Place	Name	School	Time	Time/Place
1.	¥ Andy Snook	Geneseo	11:32 5:50	
2.	Paul Wakeland	Westmer-Aledo	11:39	
3.	¥ Alan Sand	Geneseo	11:40 5:50	
4.	Mike Spain	Freeport	11:54	
5.	Nate Donaldson	Freeport	12:05	
6.	# Bill Loftus	Geneseo	12:07 5:57	
7.		Geneseo	12:09 6:07	
8.	Chris Stiefel	Freeport	12:10	
9.	¥ Scott Durian	Geneseo	12:11 6:67	
10.	¥ Mitch Prey	Geneseo	12:18 6:02	
11.	Shawn Cotton	Pleasant Valley	12:44	
12.	Bobby Diehl	Westmer-Aledo	12:45	
13.	Steve Leathers	Westmer-Aledo	12:48	
14.	Scott Leathers	Westmer-Aledo	12:52	
15.	Brent Bowlyag	Westmer-Aledo	12:54	
16.	¥ Mike McVietty	Geneseo	13:08 6:31	
17.	Craig Schilling	Pleasant Valley	13:15	
18.	Todd Schlamp	Freeport	13:39	
19.	Chris Waters	Westmer-Aledo	13:42	
20.	Jason Ruff	Freeport	13:43	
21.	Dean Raber	Sherrard	13:48	
22.	Jason Hergert	Westmer-Aledo	13:48	
23.	Mike Banks	Davenport West	14:05	
24.	Kevin Saunders	Sherrard	14:13	
25.	Darren Greenlee	Davenport West	15:05	
26.	Jeff Grenier	Sherrard	16:08	
27.				
28.				
29.				\
30.	v 600.1	Team Effort	(, '\)
31.	* Ole	1 - CITORI		/
32.				
25				

IHSA 1989 CROSS COUNTRY INVITATIONAL Geneseo High School

JV Boys

SCHOOL	1 2 3 4 5 6 7 Points Place
Avon, IL	
Davenport North	1 9 14 15 19 23 58 200
Davenport West	
Freeport	13 20 30
Geneseo	2 3 4 5 6 7 8 20 135
Westmer-Aledo	17 18 21 25
Pleasant Valley	
Sherrard	

Tough as pails

IHSA 1989 CROSS COUNTY INVITATIONAL Geneseo High School

JV Boys

		allowing control to the last to			
Place	Name	School	Time		Time/Place
i.	Terrance Schabilion	Davenport North	11:34		
2.	∜Justin VanOpdorp	Geneseo	12:27	2:28	
з.	% Shane McKibbon	Geneseo	12:31	6:29)
4.	∜Steve Miller	Geneseo	12:34	6:53	(ان ددد
5.	A Bryant Crawford	Geneseo	12:41	6:14) - Fin
б.	√Gary Martin	Geneseo	12:48	6:37	1 Pick
7.	A Kris Keegan	Geneseo	12:48	6:36	4
8.	∜Jim Henderson	Geneseo	13:12	6:37	
9.	John Elvert	Davenport	13:18		
10.	⊁ George Stone	Geneseo	13:20	6:37	
11.	≰ Jason Jolly	Geneseo	13:24	6:39	>
12.	*Micah Miller	Geneseo	13:25	6:41	
13.	Don Bambery	Freeport	13:45		
14.	Greg Burns	Davenport North	13:46		
15.	Ryan Harkins	Davenport North	13:52		•
16.	# Matt Lotz	Geneseo	13:58	6:59	
17.	Troy Hull	Westmer-Aledo	14:03		
18.	Joel Hull	Westmer-Aledo	14:12		
19.	Dominic Jones	Davenport North	14:20		
20.	Doug Haynes	Freeport	14:31		
21.	Rick Sedan	Westmer-Aledo	14:43		
22.	★ Darin Lavery	Geneseo	14:49	7:23	
23.	David Burns	Davenport North	15:01		
24.	* Dave Benharet	Geneseo	15:07	7:32	
25.	Rick Stallings	Westmer-Aledo	15:23		
26.	4 Craig Thompson	Geneseo	15:31	7:39	
27.	∳Chris Kutsunis	Geneseo	15:50	7:41	
28.	⊁ Chris Steinkopf	Geneseo	16:20	8:06	
29.	₩ Dan Yarger	Geneseo	16:26	8:49	
30.	Brian Harkness	Freeport	16:32		
31.					
32.		9 EELOVITU			
33.	600	9 FEFOL !			
34.					
35.	•		-		
36.					
37.		and the same of th			
38.					