

History recorded with first-ever triple win

Geneseo made a clean sweep at the North Central Illinois Conference (N.C.I.C.) meet. Geneseo is the only school in N.C.I.C. history to take the entire meet, taking first place honors in the varsity girls, varsity boys and frosh-soph boys divisions.

Last year Geneseo also held honors at the N.C.I.C., taking lone first in the varsity classes but having the frosh-soph harriers share the title with Princeton.

This is the fourth conference title in as many years for the Lady Leafs while the Leafs have earned their third conference title in a row.

Geneseo's varsity girls tallied a meet winning score of 16 points followed in second by Rock Falls, 76, Dixon, third, 87 and Sterling, fourth, 104.

The Lady Leafs wrapped up the top four slots in their division followed by sixth place with their fifth leg. Connie Gradert led the club, covering the 2.35 mile course in 14:45. Wendy Wassell was next to take the tape with her second place time of 15:00 while Gail Perkins took third place in 15:08.

Lady Leaf Karmen Roehrs clipped Perkins' heels with a fourth place time of 15:11. Rounding out the top five slots, was Jenny Faber of Princeton, 15:27.

Renee Clifton, sixth place in 15:28 and Amy Matthews of Rock Falls, seventh in 15:39, were also named All Conference Harriers along with the other top five runners.

Each team is allowed seven participants in the meet. Kirstin Kemmis and Kim Chapman kept up the "superb" Geneseo performance with 15th and 16th place finishes, respectively. Kemmis timed in at 16:04.56 while Chapman clocked 16:06.

Individuals placing in eighth through 15 slots earned honorable mention awards.

The varsity boys also cleared the course with a team total of 43 points for the top slot. Princeton claimed second place honors with 75 points while Dixon earned the bronz with 107 points. Teams finishing the top five slots are Ottawa, fourth, 124 points and Sterling, fifth, 131 points.

Rob Dowell of Dixon claimed the tape with his first place time of 15:56 over the three-mile course. Ray Garza of Rock Falls and Steve Schennum of Princeton took second and third, respectively.

The Leafs packed the next three slots for three All Conference honors. Mike Haars was the first Geneseo harrier to cross the line, earning fourth overall in 16:12. Phil Walsh was just a sliver behind placing fifth for the field with a time of 16:14. Jason VanVooren held on to sixth place for the Leafs with his time of 16:20.

Adam Boardman earned honorable mention by placing ninth overall with a time of 16:33. The remaining three Geneseo runners placed 20th, 21st and 39th. Brad Baker had a time of 17:11 for 20th while Tim Moran claimed 21st place in 17:17. Heath Lowe brought up the rear of Geneseo runners with his time of 17:55.80.

The frosh-soph boys kept the "triple crown" in hand with a strong finish for the day. The Geneseo runners tallied 33 team points for first followed by Rochelle in second with 63 points, Ottawa in third at 80, Kewanee in fourth with 91 and Princeton in fifth with 132 points.

Jason Leigh led the young harriers and the entire field, taking the winning ribbon in 13:02. Jeff Mitchell of Rochelle and Doug Vickrey followed close behind with times of 13:04 and 13:06 for second and third places.

Geneseo showed depth throughout the rest of the field, starting with Bryan Glass in fourth place with his time of 13:13. Mike Fitzgerald of Mendota rounded out the top five finishers.

Brian Walsh was the third Geneseo runner to earn All Conference for the frosh-soph team. Walsh clocked in at 13:37 for seventh place. Cubby Orwig, ninth in 13:50 and Justin VanVooren, 13th in 14:05, both earned honorable mention N.C.I.C. honors.

Rounding out the seventh frosh-soph harriers making the Geneseo team were Mike Bell, 22nd place at 14:49.34 and Jim Henderson, 23rd place, 14:49.85.

"The teams ran extremely well," Coach Don Fredericks boasted of all three of his teams. "A total team effort" is the credit for the clean sweep in the conference.

Geneseo harriers capture three NCIC titles

Geneseo runners make history

ROCK FALLS, Ill. — Geneseo made cross country history here at Centennial Park Saturday, becoming the first school to sweep the North Central Illinois Conference meet.

Geneseo won the boys, girls and freshman-sophomore meets, a first in the NCIC.

Mike Haars, Phil Walsh and Jason Van Vooren led the varsity boys taking fourth through sixth over the 3-mile course. The Maple Leafs had 43 points, Princeton was second with 75.

The Geneseo girls were more impressive, winning with just one point over a perfect score at 16. Connie Gradert cruised the 2.35-mile course in 14:45 to lead the Maple Leafs, who had second through fourth places and sixth also nailed down. Rock Falls had 76 for second.

Varsity

NCIC Championship

Boys team scores

1. Geneseo 43, 2. Princeton 75, 3. Dixon 107, 4. Ottawa 124, 5. Sterling 131, 6. LaSalle-Peru 138, 7. Rock Falls 150, 8. Kewanee 166, 9. Mendota, 225, 10. Streator 296.

Individual finishes

1. Rob Dowell (D), 15:56; 2. Ray Garza (RF), 16:05; 3. Steve Schennum (PR), 16:09; 4. Mike Haars (G), 16:12; 5. Phil Walsh (G), 16:14; 6. Jason VanVooren (G), 16:20; 7. Rob Piercy (O), 16:24; 19; 8. Carlos Almaraz (LP), 16:24.88; 9. Adam Boardman (GEN), 16:33; 10. Aaron Arne (RO), 16:41.

Geneseo — 4. Haars; 5. Walsh; 6. VanVooren; 9. Boardman; 20. Brad Baker, 17:13; 21. Tim Moran, 17:17; 39. Heath Lowe, 17:55.8.

Kewanee — 14. Travis Kemp, 16:50; 22. Matt Schlitz, 17:18; 26. Joe Detrick, 17:29; 57. Wyatt Wathen, 19:01; 58. Mark DeSmit, 19:03.

Girls team scores

1. Geneseo, 16; 2. Rock Falls 76; 3. Dixon, 87; 4. Sterling, 104; 5. Kewanee, 113; 6. Princeton, 121.

Individual finishes

1. Connie Gradert (G), 14:45; 2. Wendy Wassell (G), 15:03; 3. Gail Perkins (G), 15:08; 4. Karmen Roehrs (G), 15:11; 5. Jenny Faber (P), 15:27; 6. Renee Clifton (G), 15:28; 7. Amy Matthews (RF), 15:39; 8. Leslie Blankenbehr (K), 15:47; 9. Nicole Koncor (S), 15:53; 10. Tanya Gibbons (RF), 15:53.

Geneseo — 1. Gradert, 2. Wassell, 3. Perkins, 4. Roehrs, 6. Clifton, 15. Kirsilin Kemmis, 16:04, 16. Kim Chapman, 16:06.

Kewanee — 8. Blankenbehr; 12. Sheri Murphy, 15:59; 32. Heather Easley, 17:23; 34. Jenny Salisbury, 17:30; 42. Jenny Jamey, 18:14; 46. Tami Faoro, 19:15; 48. Jill DeValkenaere, 22:49.

Fresh-Soph. team scores

1. Geneseo 33, 2. Rochelle 63, 3. Ottawa 80, 4. Kewanee 91, 5. Princeton 132, 6. Dixon 163, 7. Mendota 175, 8. Rock Falls 176.

Individual finishes

1. Jason Leigh (G), 13:02; 2. Jeff Mitchell (RO), 13:04; 3. Doug Vickery (K), 13:06; 4. Bryan Glass (G), 13:13; 5. Mike Fitzgerald (M), 13:23.

Geneseo — 1. Leigh; 4. Glass; 7. Brian Walsh, 13:37; 9. Cubby Orwig, 13:50; 13. Justin VanVooren, 14:05; 22. Mike Bell, 14:49; 23. Jim Henderson, 14:49.

Kewanee — 3. Vickery; 18. Kevin Nlker, 14:34; 24. Eric Filipiak, 14:52; 27. Scott Johnson, 15:07; 32. Bill Schlueter, 15:27; 40. Nathan Fulton, 15:44; 46. Duane Vincent, 16:09.

Leaf CC squads sweep NCIC titles

ROCK FALLS — All of Geneseo's cross country teams took team titles at the NCIC Conference Championship at Centennial Park here Saturday.

"I'm pleased with the effort, because it's never been done before in a conference meet," said Geneseo's Coach Don Fredericks, as they swept the meet in all three classes — frosh-soph, boys varsity and girls varsity.

Geneseo's girls swept the first four places to finish with 16 points. Connie Gradert won the girls' individual title with a time of 14:45 on the 2.35-mile course. Teammates Wendy Wassell, Gail Perkins and Karmen Roehrs finished second, third and fourth, respectively, while Renee Clifton finished sixth just behind Jenny Faber of Princeton.

The Geneseo varsity boys squad did just as well the girls, taking top honors by beating nine other teams in the NCIC conference. Geneseo's Mike Haars placed fourth, Phil Walsh was fifth, Jason Van Vooren sixth and Adam Boardman ninth. Brad Baker and Tim Moran placed 20 and 21, respectively, while Heath Lowe finished off the day for the varsity in 39th.

Dixon harrier Rob Dowell had won the meet taking a time of 15:56 on a three mile course. Princeton placed second giving Dixon third.

Finishing off the day was the winning frosh-soph team. Geneseo's Jason Leigh won the meet with the time 13:02. Bryan Glass placed fourth, Brian Walsh seventh, Calvin Orwig ninth, Justin Van Vooren 13th and Jim Henderson rounded it off in 39th place for a team score of 33 points.

OCTOBER 17, 1987

[illegible]

1987 N.C.I.C. CROSS COUNTRY MEET 1987

CENTENNIAL PARK
OCTOBER 17, 1987
VARSITY GIRLS RESULTS

NAME	SCHOOL	TIME	NAME	SCHOOL	TIME
1. Connie	Geneseo	14:45	26. Eillen	Rock Falls	16:51
2. Wendy	Geneseo	15:00	27. Ramirez	Sterling	17:02.09
3. Gail	Geneseo	15:08	28. Chris	Schneiderheinze	17:02.53
4. Perkins	Geneseo	15:11	29. Andrea	Rock Falls	17:03
5. Karmen	Princeton	15:27	30. Evans	Dixon	17:18
6. Jenny	Geneseo	15:28	31. Lisa	Dixon	17:20
7. Faber	Rock Falls	15:39	32. Alter	Kewanee	17:23
8. Penae	Kewanee	15:47	33. Deanne	Sterling	17:27
9. Clifton	Streator	15:53.11	34. Heilgeist	Kewanee	17:30
10. Amy	Rock Falls	15:53.87	35. Heather	Princeton	17:37
11. Matthews	Rochelle	15:58	36. Melissa	Rock Falls	17:46
12. Stephanie	Kewanee	15:59	37. Beauprez	Princeton	17:47
13. Sheri	Dixon	16:02	38. Patty	Rochelle	17:55
14. Dawn	Rock Falls	16:04.15	39. Torres	Princeton	18:06
15. DeeDee	Geneseo	16:04.56	40. Adrianne	Rock Falls	18:11
16. Kirstin	Geneseo	15:06	41. Grabill	Dixon	18:13
17. Kim	Dixon	16:09	42. Jennifer	Kewanee	18:14
18. Chapman	Dixon	16:12	43. Emma	Sterling	18:29
19. Teresa	Sterling	16:21.15	44. Rielema	Princeton	18:37
20. Giltner	Princeton	16:21.93	45. Vicky	Ottawa	19:01
21. Tammy	Dixon	16:22	46. Romagnoli	Kewanee	19:15
22. Giltner	Sterling	16:24	47. Rachel	Princeton	20:14
23. Jenny	Sterling	16:35	48. Jones	Kewanee	22:49
24. Schwab	Ottawa	16:40	49. Tami		
25. Mary	Sterling	16:43	50. Faoro		
26. O'Connell			51. Lara		
27. Amy			52. Kantz		
28. Osborn			53. Jill		
			54. DeValkenaere		
			55. .		
			56. .		

2
3

[illegible]



NCIC Lady champs

The Lady Leaf harriers took their fourth NCIC crown Saturday, October 17 during the NCIC meet at Centennial Park. Six teams competed in their division with 48 girls timed for the course. Geneseo's 16 team points was just one point off a perfect mark. The Lady Leafs were ranked sixth in the Best

Times poll last week but dropped a slot to seventh this week.

Capturing the crown in Geneseo's behalf were, from the top, Kim Chapman, Kirstin Kemmlis, Renee Clifton, Karmen Roehrs, Gail Perkins, Wendy Wassell and Connie Gradert.

Republic photo

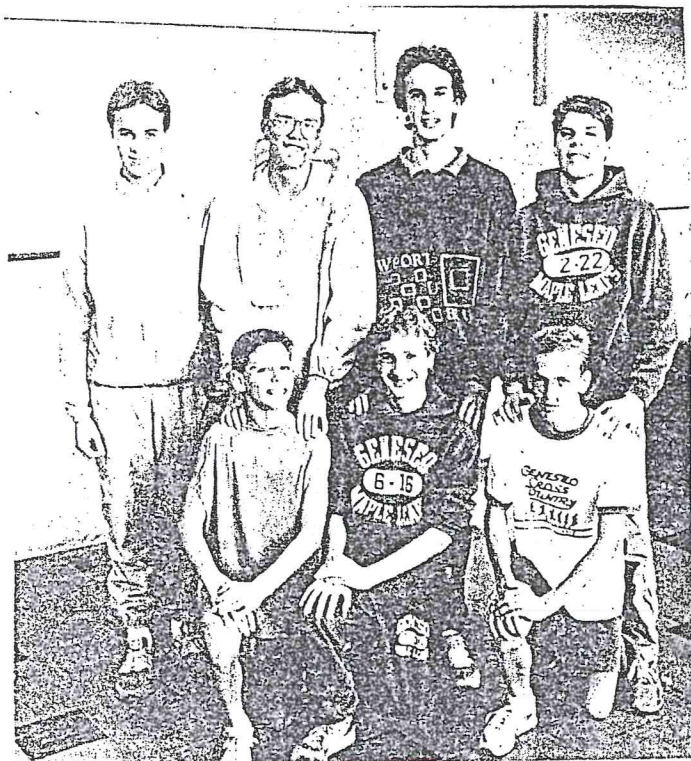
F/S Boys

1987 N.C.I.C. CROSS COUNTRY MEET 1987

CENTENNIAL PARK
OCTOBER 17, 1987

FROSH-SOPH BOYS RESULTS

NAME	SCHOOL	TIME	NAME	SCHOOL	TIME
1. Jason	Geneseo	13:02	26. Kiley	Ottawa	15:05
11:01 1. Leigh	Geneseo	13:02	26. Piercey	Ottawa	15:05
2. Jeffli	Rochelle	13:04	27. Scott	Kewanee	15:07
3. Mitchell	Rochelle	13:04	27. Johnson	Kewanee	15:07
Doug	Kewanee	13:06	28. Mike	LaSalle	15:19
3. Vickrey	Kewanee	13:06	28. Whitfield	LaSalle	15:19
5:19/ Bryan	Geneseo	13:13	29. Brian	LaSalle	15:20
11:07 4. Glass	Geneseo	13:13	29. Tuma	LaSalle	15:20
Mike	Mendota	13:23	30. Bill	Princeton	15:23
5. Fitzgerald	Mendota	13:23	30. Neff	Princeton	15:23
Jeff	Ottawa	13:36	31. Brian	Rochelle	15:25
5:29/ 6. Sexton	Ottawa	13:36	31. Sisneros	Rochelle	15:25
11:34/ Brian	Geneseo	13:37	32. Bill	Kewanee	15:27
7. Walsh	Geneseo	13:37	32. Schlueter	Kewanee	15:27
Neil	Rochelle	13:41	33. Fidencio	Sterling	15:29
8. Stechschulte	Rochelle	13:41	33. Campos	Sterling	15:29
5:23/ Cutby	Geneseo	13:50	34. Kevin	Dixon	15:33
11:37 9. Orwig	Geneseo	13:50	34. Hemmen	Dixon	15:33
Dua	Rochelle	13:54	35. Darin	Rock Falls	15:34
10. Vikas	Rochelle	13:54	35. DeHaan	Rock Falls	15:34
Ryan	Ottawa	14:00	36. Todd	Princeton	15:39
11. Mustered	Ottawa	14:00	36. Nickelsen	Princeton	15:39
Eric	LaSalle-Peru	14:04	37. John	Rochelle	15:40
12. Zack	LaSalle-Peru	14:04	37. Powell	Rochelle	15:40
11:59/ Justin	Geneseo	14:05	38. Brad	Ottawa	15:41.56
1:55 13. VanNooren	Geneseo	14:05	38. Foley	Ottawa	15:41.56
Chris	Dixon	14:07	39. Roger	Rock Falls	15:41.85
14. McBride	Dixon	14:07	39. Stanfield	Rock Falls	15:41.85
Chad	Princeton	14:10	40. Nathan	Kewanee	15:44
15. Massey	Princeton	14:10	40. Fulton	Kewanee	15:44
Matt	Princeton	14:15	41. Bob	Sterling	15:52
16. Putts	Princeton	14:15	41. Mager	Sterling	15:52
Jim	Sterling	14:21	42. Pete	Dixon	15:57
17. Garcia	Sterling	14:21	42. Kohrley	Dixon	15:57
Kevin	Kewanee	14:34	43. Andy	Rock Falls	15:58
18. Kniker	Kewanee	14:34	43. Newton	Rock Falls	15:58
John	Rochelle	14:38	44. Kenny	Rock Falls	16:07
19. Peters	Rochelle	14:38	44. Walls	Rock Falls	16:07
Richard	Sterling	14:43	45. Steve	Mendota	16:09
20. Garcia	Sterling	14:43	45. Kirby	Mendota	16:09
Jim	Ottawa	14:44	46. Duane	Kewanee	16:19
21. Witzel	Ottawa	14:44	46. Vincent	Kewanee	16:19
5:53/ Mike	Geneseo	14:49.34	47. Scott	Hall	16:21
2:35 22. Bell	Geneseo	14:49.34	47. Shilkuski	Hall	16:21
1:49/ Jim	Geneseo	14:49.85	48. Art	Dixon	16:29
2:50 23. Henderson	Geneseo	14:49.85	48. Chacon	Dixon	16:29
Erik	Kewanee	14:52	49. David	Rock Falls	16:33.06
24. Filipiak	Kewanee	14:52	49. Turk	Rock Falls	16:33.06
Brian	Ottawa	14:56	50. Lincoln	Hall	16:33.84
25. Scifers	Ottawa	14:56	50. Frost	Hall	16:33.84
			51. Zack	Mendota	16:36
			51. Campbell	Mendota	16:36
			52. Andy	Rock Falls	16:37
			52. Terveer	Rock Falls	16:37
			53. Brian	Mendota	16:42
			53. Jackson	Mendota	16:42
			54. Jason	Ottawa	16:56
			54. Lewey	Ottawa	16:56
			55. Bill	Hall	17:29
			55. Coutts	Hall	17:29
			56. Eric	Mendota	17:33
			56. Miller	Mendota	17:33
			57. Tony	Dixon	17:54
			57. Quadraro	Dixon	17:54
			58. Shawn	Princeton	18:12
			58. Griffin	Princeton	18:12
			59. Joe	Hall	18:32
			59. Bertrand	Hall	18:32
			60. Rob	Princeton	18:51
			60. Henderliter	Princeton	18:51



Frosh-soph champs

Geneseo's frosh-soph harriers claimed the gold during the NCIC meet Saturday, October 17. Last year the young squad shared the title with Princeton but this year took sole possession of the crown.

Republic photo

Frosh-soph runners are, front row, left to right, Cubby Orwig, Bryan Glass and Justin VanVooren and back row, Jim Henderson, Jason Leigh, Michael Bell and Brian Walsh.

1987 N.C.I.C. CONFERENCE MEET 1987

CENTENNIAL PARK

OCTOBER 17, 1987

VARSITY BOYS TEAM RESULTS

School	1 st	2 nd	3 rd	4 th	5 th	Total	6 th	7 th	Place
DIXON	1	12	16	30	48	107	51	56	(3)
GENESEO	4	5	6	9	19	43	20	38	(1)
HALL									
KEWANEE	13	21	25	53	54	166	60	63	(2)
LASALLE-PERU	8	27	32	35	36	138	47	52	(6)
MENDOTA	11	28	59	61	66	225	67	-	(9)
OTTAWA	7	23	24	31	39	124	45	50	(4)
PRINCETON	3	15	17	18	22	75	29	46	(2)
POCHELLE									
ROCK FALLS	2	26	37	41	44	150	49	65	(7)
STERLING	10	14	33	34	40	131	42	43	(5)
STREATOR	55	57	58	62	64	296	68	69	(10)

12

1987 N.C.I.C. CROSS COUNTRY MEET 1987

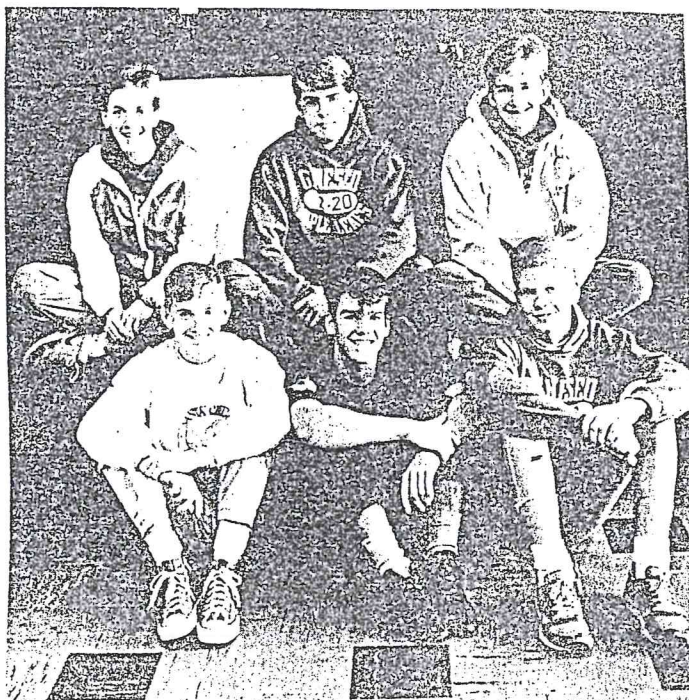
CENTENNIAL PARK

OCTOBER 17, 1987

VARSITY BOYS RESULTS

NAME	SCHOOL	TIME	NAME	SCHOOL	TIME
1. Rob Dowell	Dixon	15:56	26. Joe Detrick	Kewanee	17:29
2. Ray Garza	Rock Falls	16:05	27. Eric Berge	Rock Falls	17:30
3. Steve Schennum	Princeton	16:09	28. Javier Almaraz	LaSalle-Peru	17:33
5:03/ 10:47 4. Mike Haars	Geneseo	16:12	29. John Lawrence	Mendota	17:34
4:59/ 10:37 5. Phil Walsh	Geneseo	16:14	30. Dave Nelson	Princeton	17:43
5:07/ 10:49 6. Jason VanVooren	Geneseo	16:20	31. Mark Swin	Dixon	17:46
7. Rob Piercy	Ottawa	16:24.19	32. Phil Roth	Ottawa	17:48
8. Carlos Almaraz	LaSalle-Peru	16:24.88	33. Rob Maggio	LaSalle-Peru	17:50.2
5:11/ 10:55 9. Adam Boardman	Geneseo	16:33	34. Tim Pope	Sterling	17:50.8
10. Aaron Arne	Rochelle	16:41	35. Scott Vinson	Sterling	17:51
11. Chris Wilkinson	Sterling	16:44	36. Mark Lerette	LaSalle-Peru	17:53
12. Bill Bergland	Mendota	16:46	37. Chuck McConnell	LaSalle-Peru	17:54
13. Paul Spangler	Dixon	16:48	38. Steve Valdivia	Rock Falls	17:55.3
14. Travis Kemp	Kewanee	16:50	39. Heath Lowe	Geneseo	17:55.8
15. Mark Ports	Sterling	16:57	40. Jeremy Smith	Ottawa	17:56
16. Jason Patterson	Princeton	17:03	41. Keith Segura	Sterling	17:57
17. Chris Apple	Dixon	17:04.40	42. Mark Morgan	Rock Falls	17:59
18. Mark Stephens	Princeton	17:04.89	43. Jason Smith	Sterling	18:01
19. E.J. Carter	Princeton	17:11	44. Justin Smith	Sterling	18:05
5:02/ 10:45 20. Brad Baker	Geneseo	17:13	45. Jason Holbrook	Hall	18:08
5:29/ 11:37 21. Tim Moran	Geneseo	17:17	46. Eddie Acosta	Rock Falls	18:10
22. Matt Schiltz	Kewanee	17:18	47. Brad Angus	Ottawa	18:11
23. Andy Morse	Princeton	17:20	48. Bob Koger	Princeton	18:12
24. Scott Engel	Ottawa	17:22	49. Lorenzo Espilioza	LaSalle-Peru	18:22
25. Darrin Detert	Ottawa	17:25	50. John Morley	Dixon	18:23

<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
Scott			Todd		
51. Roger	Rochelle	18:27	76. Bacon	Streator	23:12
Greg					
52. Turk	Rock Falls	18:28	77. _____	_____	_____
Tim					
53. Ledbetter	Ottawa	18:35	78. _____	_____	_____
Eric					
54. Zimmerman	Dixon	18:39	79. _____	_____	_____
Kyle					
55. Kaszinski	LaSalle-Peru	18:48	80. _____	_____	_____
Ken					
56. Poole	Hall	18:49	81. _____	_____	_____
Wyatt					
57. Warthen	Kewanee	19:01	82. _____	_____	_____
Mark					
58. DeSmit	Kewanee	19:03	83. _____	_____	_____
Mike					
59. Evans	Streator	19:11	84. _____	_____	_____
Harry					
60. Brooks	Dixon	19:13	85. _____	_____	_____
Dave					
61. Shelton	Streator	19:15	86. _____	_____	_____
Matt					
62. Najernik	Streator	19:21	87. _____	_____	_____
Stuart					
63. Kirby	Mendota	19:27	88. _____	_____	_____
Brian					
64. B rant	Kewanee	19:51	89. _____	_____	_____
Mike					
65. Snuffin	Mendota	19:52	90. _____	_____	_____
Ed					
66. Pearce	Streator	20:12	91. _____	_____	_____
Brian					
67. Tieman	Hall	20:13	92. _____	_____	_____
Shawn					
68. Emery	Kewanee	20:19.41	93. _____	_____	_____
Scott					
69. Sangston	Streator	20:19.68	94. _____	_____	_____
Joey					
70. Ramirez	Rock Falls	20:31	95. _____	_____	_____
Joe					
71. Heiting	Mendota	20:40	96. _____	_____	_____
Jim					
72. Stebbins	Hall	20:43	97. _____	_____	_____
Mike					
73. McNally	Mendota	21:28	98. _____	_____	_____
Conan					
74. Champlain	Streator	22:18	99. _____	_____	_____
Brian					
75. Bacon	Streator	22:29	100. _____	_____	_____



Republic photo

NCIC varsity champs

Geneseo's cross country teams made a clean sweep of the NCIC during competition in Centennial park Saturday, October 17. The varsity Leafs bettered the nine remaining teams in the field. A total of 76 individuals were timed at the meet. Geneseo, who was not ranked last week, moved up to 15th

place in the boys class AA Best Times poll.

Pictured are the Leafs who won the crown. They are front row, left to right, Brad Baker, Heath Lowe and Adam Boardman and back row, Jason VanVooren, Phil Walsh and Mike Haars. Absent from the picture is Tim Moran.

Harrier teams bring home hardware from Sterling

Geneseo's harriers ran "very well in all three races" according to Coach Don Fredericks in an "extremely competitive meet" Saturday, October 10.

Moline won Saturday's Sterling Invitational in the varsity and frosh-soph boys division while York took the varsity girls class.

The top five teams in each race won a trophy. Geneseo brought home three pieces of hardware, the first time ever for such an accomplishment. The only other school to boast this feat in the meet was Rockford Guilford.

The varsity boy harriers placed fifth overall as a team as did the frosh-soph boys. Geneseo's Lady Leaf harriers tied for second place with Schaumburg.

Moline harrier Eric Edmunds set a new meet record Saturday with his varsity time of 14:52 to pace the field. Conant's Lytle was in a close second at 14:57. Other top five times were Vesey of Rock Island, third, 15:03,

Perez of Moline, 15:16 and Harvey of Moline, fourth, 15:23.

Coach Fredericks felt he received solid races from Geneseo's top four runners.

Phil Walsh led the Leafs with a time of 15:43, earning him a 26th place finish. Mike Haars and Adam Boardman tied up 34th and 35th slots with both harriers clocking 15:55. Jason VanVooren timed in at 16:02 for 39th place and a fourth Geneseo place.

A good race from Brad Baker rounded out the Geneseo scoring. Baker placed 54th overall and clocked in at 16:25.

Tim Moran and Heath Lowe also did a "good job" in the race, finishing in 72nd and 85th places, respectively. Moran timed a 16:53 while Lowe timed in at 17:10. A total of 159 places were timed in the race.

Geneseo tallied 188 points in the invite for a fifth place finish. Moline led the field with 61 points followed by Schaumburg, 76 points, East, 112 points and

Rockford Guilford, 127 points. Twenty-five teams participated.

Moline was ranked fourth in the state during recent polls while Schaumburg, which finished second, was ranked sixth in state.

A "very good team effort" led the frosh-soph boys to a fifth place finish in a field of 20 teams.

LP's Almaraz led the course, finishing in 10:47, followed closely by Ponce of Galesburg, 10:49. UT harrier Gelande clocked in third at 10:54 with Taylor of Moline in fourth, 10:58. Rounding out the top five harriers in the race was Ports of Sterling, 10:59.

Bryan Glass led the Leafrosh with his 14th place time of 11:11. Jason Leigh took the second Geneseo slot with an 18th place finish and a time of 11:15. Coach Fredericks credited both harriers with excellent races.

A "good job" from Brian Walsh and Cubby Orwig aided in Geneseo's placement. Walsh clocked 11:36 for 40th place with Orwig clipping his heels at 11:37 for 41st.

Justin VanVooren "ran the race of his life" to finish out Geneseo's Leafrosh scoring. VanVooren placed 55th overall, fifth out of Geneseo runners, and clocked an 11:55.

Jim Henderson and Mike Bell also raced in the frosh-soph division for Geneseo. Henderson placed 80th in the field with a time of 12:26 while Bell's time of 12:48 earned 93rd place. A total of 128 runners were timed in this race.

Moline tallied 72 team points to win the race with Rock Island in second at 96 points. Rockford Guilford took third place honors with 116 points, East held fourth with 158 points while Geneseo

claimed fifth at 168 points.

"Great efforts and a very strong field" were given the credit for the second place tie finish by the varsity girl harriers.

Connie Gradert once again played an important role in the finish. Gradert placed within the top five for the field. All of Geneseo's Lady Leafs placed within the top 50 runners, four of the seven placing in the top 20 finishers.

Belvidere lady harrier Pottinger clocked a 12:07 to take the tape followed by Guilford's Gerkhe in second at 12:09. Third place honors were awarded to Bell of East with her time of 12:15.

Gradert earned fourth place honors, first place for Geneseo, with her time of 12:19. Smith from Conant finished out the top five for the field with a time of 12:28.

Geneseo also received strong performances from three of its other harriers. Gail Perkins took the 11th place slot with a time of 12:39 while Wendy Wassell captured 13th in 12:41. Karmen Roehrs also ran well for the Lady Leafs, placing 17th overall in 12:44.

Renee Clifton "ran the best race of her life," according to Coach Fredericks. She was the fifth Geneseo runner to score, timed at 12:57 for 27th place overall.

Kim Chapman's time of 13:15 for 43rd place was also noted in the scoring. Schaumburg's sixth runner placed just two-hundredths of a second prior to Chapman at 13:13, giving Schaumburg the final edge on the second place tie of 72 points.

Kirstin Kemmis was rewarded for her "excellent" race with a 46th place finish overall and a

time of 13:17. A total of 138 places were timed in the field.

York took the overall scoring with 70 points followed by Geneseo and Schaumburg in second with 72 points a piece. Conant claimed fourth with 116 points while Guilford took fifth with 139. A total of 23 teams fielded the varsity girl's race.

York was ranked fourth in state recently while Geneseo and Schaumburg, the teams which tied for second Saturday, were ranked sixth and eighth, respectively.

Regional competition for the Lady Leaf harriers will be held Saturday, October 24 in Geneseo.

Pacesetter Patterns

Height: 5 feet, 9 inches; Weight: 128 pounds.
Favorite food: Rice; Favorite music group: U2
Person admired: Mary Decker-Slaney; Favorite TV show: MTV



Geneseo's Gradert living out a dream

By Keith Brake
Staff sports writer

It's November of her sophomore year, and Connie Gradert of Geneseo has just run in the state cross country meet in Peoria. Bronchitis and chronic asthma have run with her, and have made every breath feel like a throatful of burning leaves.

She lies in an ambulance, unable to feel her face, her hands, her legs. She's a scared girl.

"I couldn't breathe," recalls Gradert. "And, I was angry."

Her then-first-year coach, Don Fredericks, rode with her in the ambulance. "I was terrified," recalls the

coach.

Now, it's October of her senior year, and Gradert is living out one of her dreams: she's driving Geneseo's "Big Green Bus," meaning she's running away with the NCIC meet, and is pulling along her Maple Leaf teammates, who record an unprecedented sweep of the varsity girls, boys, and frosh-soph boys team races. Now, Connie Gradert is a self-confident young lady. The only flames she feels now come from courses being burned by her flying feet. And that feels great.

"She's truly one of the state's elite runners," said Fredericks. "She has

(Please see PACESETTER, page C4)

We're
Proud
of
You
Connie



75

Drive
that
"Big
Green
Bus"
Girl



Sectional Review

"Cute IT"

Pacesetter

(Continued from page C1)

matured a lot. She's a woman."

For running off with the NCIC crown last Saturday, after winning important individual titles at multi-school meets in Peoria and in Dixon earlier in the season, Gradert is this week's Pacesetter.

Gradert was a seventh-grade sprinter until one day at a meet her coach asked her to fill in for a miler who had become ill. "I won the race, by about a lap, I guess. That's how it started."

A trip to Luther College's cross country camp in 1985 solidified her running form; her own form, wound tight around a 5-foot-9-inch frame,

houses all the tools - speed, strength, etc. - that a champion runner must have. "Gifted," said Fredericks. "She has worked hard, too."

A champion runner doesn't have much use for allergy asthma, though. After her junior year, Gradert sought what Fredericks feels is the best medical advice she should find - from the Mayo Clinic.

"They gave me some new inhalers, and told me to drink more water during the day," said Gradert. That's it?

"They told me there was nothing more they could do," said Gradert. "That made me think that I've got to learn to deal with it."

So, Gradert is dealing with it. She read about a world-class runner who has exercise-induced asthma. "Maybe the ragweed, dust and pollen haven't been as bad this year," said Gradert. "But, I've learned to block it out of my mind. Knowing there's nothing more that can be done actually has helped."

Gradert is the only senior among the top seven runners on the state-ranked Geneseo team. She remembers when she was an underclassman, "and Priscilla Gomez and Amy Alexander were my role models. I'm shy, but the freshmen and sophomores need someone there to push them when they don't want to do stuff."

"She's a tremendous leader, on and off the field," said Fredericks. "Her mannerisms reveal a lot of confidence. And she leads, by example and

by her pre and post-race comments."

"Winning NCIC was a goal," said Gradert. "Staying healthy, an entire season is a goal. I want to do my best in all races, and I may have run closer to my potential Saturday than I ever have. And I would like to be all-state," said Gradert - and that's an honor accorded to the first 25 place finishers in the state meet.

As for her team, co-captain Gradert wants to see the Leafs win this Saturday's regional, next Saturday's sectional, then beat the school's best-ever place finish - fifth - at the state meet - which would be her fourth.

Gradert says she enjoys the unique camaraderie that cross country offers. She also noted that her former coach, now-Moline coach Jeff Quick, "taught me that if you believe you can beat someone, you can." She said Fredericks "taught me how to run with confidence."

Gradert, who'll be 17 on Saturday, likes most sports, particularly water-skiing, when she's not running. She enjoys rock music, going to movies, and being out with friends.

And, she said Fredericks has convinced her she should run 500 miles this winter. "My self-motivation needs improvement," she admitted. But those miles could pay off. She wants to run in college, and is looking at Loyola University in Chicago. And recently, Murray State in Kentucky started to look at her.

Advance