

Canton Invitational Results

Varsity Boys		2.85 miles			
		Place	Time	mil. avg	1 st mile
Elmwood	83				
Galesburg	86	8 th	Tim Arnett 16:05	5:38	5:06
Pekin	87	21 st	John Huyowit 16:49	5:54	5:19
Geneseo	100	22 nd	Tony Linneberg 16:49	5:54	5:16
Morton	166	23 rd	Todd Puckett 16:49	5:54	5:31
Jacksonville	222	26 th	Cam Castelein 16:53	5:55	5:26
Washington	240	34 th	Cliff Harker 17:11	6:02	5:28
Macomb	252	39 th	Whit Sieben 17:18	6:04	5:31
Peo. Central	272	1 thru 3 rd 44 seconds			
Peo. Limestone	294	1 thru 5 th 48 seconds			
Kewanee	337	1 thru 7 th 73 seconds			
Peo. Bergan	343				

		2.3 miles			
Varsity Girls		Place	Time	mil. avg	1 st mile
Geneseo	47	3 rd	Connie Gradient 15:13	6:37	6:08
Peo. Central	109	6 th	Priscilla Gomez 15:28	6:43	6:10
Pekin	120	8 th	Lorri DeBlieck 15:38	6:48	6:12
Metamora	163	14 th	Amy Alexander 16:04	6:59	6:20
Peo. Limestone	176	16 th	Michelle Landrum 16:17	7:05	6:29
Galesburg	181	33 rd	Tara Zeitler 17:02	7:24	6:32
Kewanee	195	36 th	Kerry Meade 17:06	7:26	6:56
Washington	227	90 th	Rose Kukuk 21:19	9:16	8:11
Elmwood	257	1 st thru 3 rd	25 seconds	very good	
Canton	400	1 st thru 5 th	64 seconds	} needs to be lower	
		1 st thru 7 th	1min 53 sec		

Canton Results

<u>F-S</u>	<u>Place</u>	<u>2.3 mile</u>	<u>1st</u>	<u>Total</u>	<u>Aver</u>
Metamora 61	7 th	Phil Walsh	5:49	13:52	6:02
Genesio 90	14 th	Mike Hoars	5:47	14:08	6:09
Elmwood 99	16 th	John DeGrande	5:49	14:11	6:10
Pro Central 139	23 rd	Scott Johnson	5:48	14:25	6:16
Kewanee 146	30 th	Mike Morris	5:48	14:38	6:22
Pro Manual 148	31 st	Jason Kneen	5:51	14:45	6:25
Galesburg 161	38 th	Frank Lowr	5:49	14:50	6:27
Pekin 185	1 st - 3 rd		19 seconds	Sayer	
Morton 201	1 - 4 th		33 seconds	good	
Canton 233	1 - 5 th		46 seconds	good	
Pro Bryan 260	1 - 7		58 seconds	real good	
Jacksonville 313					
Mamouth 358					

J-V Race

<u>No team scores</u>		<u>2.3 miles</u>			
	<u>Place</u>		<u>1st mile</u>	<u>Total</u>	<u>mile aver</u>
	6 th	Jay Gould	6:06	14:40	6:123
	9 th	Brian Sebastian	6:06	15:02	6:132
	16 th	Jeff Schneider	6:44	15:42	6:149
	19 th	Tim Moran	6:35	15:49	6:153
	31 st	Conan Costelein	6:56	16:43	7:116
	33 rd	Shawn Alexander	7:00	16:58	7:123
	40 th	Derek VanLierberghe	7:12	17:19	7:132

CANTON BOOSTER CLUB INVITATIONAL
INDIVIDUAL RESULTS 1984

Girls Fr-Sr . JV

Vars

Boys

2.85 miles

Runner	School	Time	Runner	School	Time
Bell, Matt	Galesburg	15:24	Manuessa, Tom	Kewanee	18:05
Pasey, David	Jacksonville	15:31	Cista, Nate	Manual	18:07
VanderMeulen, Keith	Galesburg	15:38	West, Tony	Pekin	18:09
Winters, Brian	Pekin	15:50	Kuyken, Tim	Washington	18:12
Kolmeyer, Jeff	Pekin	15:51	Htman, Jerry	Peoria	18:18
Swords, Brian	Metamora	15:54	Kruger, Bill	Morton	18:19
Heffron, Mike	Elmwood	15:59	Schwabenhauer, Gary	Limestone	18:20
Arnett, Tim	Geneseo	16:05	Kazheuw, Chip	Farmington	18:26
Proctor, Tom	Macomb	16:12	Moeller, Kip	Bergan	18:28
Opper, Brian	Elmwood	16:15	Barrett, Don	Canton	18:35
Gray, Jerry	Spalding	16:22	Bjurstrom, Steve	Manual	18:39
Smith, Curt	Elmwood	16:23	Bristol, Scott	Washington	18:40
Disney, Brian	Pekin	16:27	Reese, Shannon	Macomb	18:41
Summer, Kim	Pekin	16:28	Welch, Tim	Washington	18:48
Synovitz, Mark	Macomb	16:34	Verne, Chuck	Spalding	18:49
Katterson, George	Washington	16:37	Fair, Craig	Canton	18:50
Geer, Kurt	Galesburg	16:39	Kswan, David	Jacksonville	18:57
Danner, Steve	Metamora	16:40	Manastegoni, Jim	Kewanee	19:04
Johnson, Stan	Elmwood	16:41	McBride, Brian	Jacksonville	19:05
Olson, Barney	Galesburg	16:44	Freaner, Jim	Manual	19:06
Huymer, John	Geneseo	16:50	Barton, Matt	Limestone	19:15
Fuckett, Todd	Geneseo	16:51	Mitchell, Jim	Macomb	19:19
Linnacott, Tony	Geneseo	16:52	Campbell, Scott	Washington	19:22
Reizer, Sam	Morton	16:53	Sergan, Tom	Farmington	19:24
Winnell, Rob	Limestone	16:54	Holman, Bill	Manual	19:25
Castell, Cam	Geneseo	16:55	Yeske, Brock	Limestone	19:30
Patt, Jim	Peoria	16:56	Hickel, Eric	Limestone	19:34
Willora, Steve	Spalding	16:58	Newell, Mike	Macomb	20:01
Hordhelm, David	Washington	16:59	Schaenck, Russell	Peoria	20:04
Herring, Cecil	Manual	17:04	Lane, Eric	Farmington	20:06
Kramer, Mike	Kewanee	17:05	Swens, Dean	Kewanee	20:12
Carter, Steven	Morton	17:09	Quinn, Todd	Limestone	20:20
Simpson, Joe	Morton	17:10	Seckler, Jim	Peoria	20:21
Kirch, Dick	Geneseo	17:11	White, Bryan	Washington	20:25
Wix, Jeff	Elmwood	17:12	Huskins, Dave	Macomb	20:27
Dahman, Shaw	Jacksonville	17:15	Owens, Jeff	Kewanee	20:28
DeFrees, Jamie	Morton	17:18	Blankenbiller, John	Kewanee	20:32
Leulis, Bobby	Jacksonville	17:19	Peterson, Mike	Metamora	20:51
Sieben, Whit	Geneseo	17:20	Janetka, Jim	Bergan	20:54
Busey, John	Morton	17:22	Roy, Ray	Jacksonville	20:56
Marta, Dave	Cuba	17:29	Dalby, Mike	Bergan	21:05
Helson, Greg	Bergan	17:32	Troth, Bill	Elmwood	21:33
Miller, Keith	Metamora	17:34			
Finck, Greg	Metamora	17:35			
Kinney, Rich	Galesburg	17:36			
Stevens, Scott	Farmington	17:36			
Gorman, Mike	Bergan	17:37			
Brinkley, Doug	Peoria	17:42			
Kinzinger, Bryan	Morton	17:45			
Beauregard, Al	Limestone	17:51			
Davis, Chuck	Pekin	17:54			
Vilardo, Steve	Galesburg	17:58			
Edwards, Jim	Peoria	18:01			
Harkness, Joe	Elmwood	18:02			
Kerran, Bill	Spalding	18:03			

1984

INDIVIDUAL RESULTS

Varsity Girls

2.27 miles

Rank	Name	Team	Time	Rank	Name	Team	Time
1	Natters, Kris	Galesburg	14:05	56	Wilson, S.	Peoria	19:10
2	Reezy, Amy	Kewanee	14:47	57	Nowell, Ingrid	Spalding	19:13
3	Gradert, Connie	Geneseo	15:14	58	Perrilles, Angie	Limestone	19:14
4	Love, Karen	Pekin	15:26	59	Ricca, Sue	Metamora	19:16
5	Mixell, Julie	Peoria	15:27	60	Pretz, Barbie	Canton	19:17
6	Gomez, Priscella	Geneseo	15:29	61	Johnson, Amy	Elmwood	19:22
7	Sawick, Melinda	Limestone	15:37	62	Pattis, Mel	Farmington	19:25
8	DeBlies, Harri	Geneseo	15:39	63	Zwetz, Sharon	Washington	19:29
9	Millar, Karen	Spalding	15:45	64	Peautsch, Cynthia	Morton	19:34
10	Ricca, Deb	Metamora	15:46	65	Chanaler, Charla	Galesburg	19:35
11	Menz, Annalee	Washington	15:47	66	Bradshaw, Heidi	Metamora	19:39
12	Hawth, Susie	Galesburg	15:59	67	Davis, Amy	Canton	19:41
13	Ruhel, Unnette	Morton	16:02	68	Keneau, Kellie	Washington	19:42
14	Alexander, Amy	Geneseo	16:05	69	Manson, Teresa	Monmouth	19:50
15	Dudley, Lisa	Pekin	16:05	70	Kneedy, Lisa	Macomb	19:57
16	Landrum, Michelle	Geneseo	16:18	71	Courtright, Colise	Elmwood	19:00
17	Barkley, Sara	Macomb	16:23	72	Nietzger, Christy	Morton	19:01
18	Mixell, Janell	Peoria	16:27	73	Weaver, Angie	Limestone	19:02
19	Mobeck, Amy	Pekin	16:29	74	Smock, Angie	Farmington	19:03
20	Schellenberg, Lisa	Peoria	16:33	75	Koepeke, Karol	Kewanee	19:08
21	Harkness, Margie	Elmwood	16:40	76	Ritchie, Stephanie	Pekin	19:18
22	Swardenski, Lisa	Bergan	16:41	77	Kindstrom, Julie	Galesburg	19:22
23	McKinty, Andrea	Elmwood	16:42	78	Demay, Margie	Kewanee	19:23
24	Blankenbeler, Leslie	Kewanee	16:45	79	Clark, Kelly	Washington	19:24
25	Sprung, Barb	Bergan	16:47	80	Saddoris, Tracy	Monmouth	19:25
26	Riley, Penny	Galesburg	16:47	81	Harcock, Becky	Elmwood	19:25
27	Nelson, Trish	Jacksonville	16:49	82	Humphrey, Morgan	Metamora	19:25
28	Kalwin, Ann	Peoria	16:52	83	Kemple, Anna	Metamora	19:52
29	Kennel, Jessica	Metamora	16:53	84	Black, Melissa	Monmouth	19:55
30	Robinson, Roxanne	Jacksonville	16:54	85	Vickrey, Sarah	Kewanee	20:01
31	Zwetz, Sheri	Washington	16:55	86	Herring, Debbie	Manual	20:13
32	Fallon, Stacy	Limestone	16:56	87	Smith, Umy	Limestone	20:30
33	Zeitler, Tara	Geneseo	17:01	88	Austin, Sarah	Canton	20:32
34	Boland, Sue	Bergan	17:02	89	Sipes, Tina	Canton	21:03
35	Lance, Melissa	Limestone	17:02	90	Kukuk, Rose	Geneseo	21:13
36	Meade, Kerry	Geneseo	17:03	91	Wood, Heidi	Metamora	21:16
37	Sapplitt, Larissa	Bergan	17:09	92	Rist, Liz	Peoria	21:19
38	Heiple, Sally	Peoria	17:14	93	Khoury, Ann	Peoria	21:24
39	Guth, Jenny	Metamora	17:15	94	Rebholz, Karen	Peoria	21:43
40	Gordon, Becky	Pekin	17:16	95	DeKeyser, Barb	Morton	21:44
41	Hardman, Eric	Metamora	17:17	96	Bell, Brenda	Canton	21:52
42	Sereras, Debbie	Pekin	17:17	97	Mauhan, Marsha	Metamora	21:55
43	Wade, Julie	Peoria	17:19	98	Toops, Becky	Monmouth	22:00
44	Kenn, Deb	Metamora	17:20	99	Yeasoo, Lisa	Kewanee	22:11
45	Stein, Lynn	Peoria	17:34	100	Skopal, Terri	Metamora	22:11
46	Blankenbeler, Jeanette	Kewanee	17:35	101			
47	Miller, L.	Peoria	17:42	102			
48	Turawski, Donna	Kewanee	17:45	103			
49	Sullivan, Betty	Macomb	17:47	104			
50	Stringer, Michelle	Limestone	17:48	105			
51	Naug, J.	Peoria	17:53	106			
52	Cadle, Jo Elyn	Limestone	18:01	107			
53	Boerdins, Tracey	Pekin	18:02	108			
54	Ruhle, Julie	Washington	18:05	109			
55	Houston, Jamie	Jacksonville	18:06	110			

CANTON BOOSTER CLUB INVITATIONAL
INDIVIDUAL RESULTS 1984

Pr-So

2.29 miles Boys

	School	Time		School	Time
1 Shierer, Mark	Metamora	12:46	56 Wesley, Eric	Galesburg	15:00
2 Foster, Jeremy	Galesburg	13:00	57 Kamm, John	Metamora	39
3 Petersen Mark	Kewanee	36	58 Georgieff, Ed	Canton	52
4 Harris, Jeff	Canton	38	59 Clark, Jeff	Galesburg	55
5 McCoy, Tony	Elmwood	41	60 Gamache, David	Spalding	58
6 Loosder, Bob	Metamora	51	61 Ashwood, Myril	Canton	16:01
7 Walsh, Phil	Geneseo	53	62 List, Larry	Peoria	09
8 Simpson, Brent	Elmwood	57	63 Kovachevich, Vic	Canton	10
9 Sworas, Brad	Metamora	14:00	64 Stewart, Nate	Morton	11
10 Johnson, Gary	Peoria HS	02	65 West, Jason	Pekin	12
11 Ponce, Sergio	Galesburg	04	66 Hunt, Ron	Washington	18
12 Ruskam, Rich	Manual	07	67 Jones, Tom	Monmouth	19
13 Nauman, Glen	Metamora	08	68 McCain, Chris	Manual	20
14 Harris, Mike	Geneseo	09	69 Alwood, Tony	FEHS	23
15 Phillips, Ralph	Elmwood	13	70 Johnson, Mark	Canton	26
16 DeGrande, John	Geneseo	13	71 McDonald, Jamie	Washington	29
17 Kemp, Travis	Kewanee	14	72 Montgomery, Jeff	Canton	33
18 Baird, Doug	Manual	18	73 Mahoney, David	Galesburg	36
19 Indrentis, Jeff	Pekin	21	74 Stonecyle, David	Bergan	45
20 Hildebrand, Mark	Morton	22	75 Minor, Gary	Pekin	46
21 Greulich, Dirk	Kewanee	25	76 Dahman, Marc	Jacksonville	50
22 Rife, John	Pekin	26	77 Henahan, Brian	Bergan	58
23 Johnson, Scott	Geneseo	27	78 Winters, Chris	Elmwood	17:05
24 White, Jason	Manual	28	79 Sandert, Ryan	Morton	21
25 Mitchell, Kelly	Peoria	30	80 Ferguson, Nate	Jacksonville	48
26 Trumble, Jeff	Manual	35	81 Dietrich, Eren	Bergan	54
27 Gordon, Kevin	Peoria	36	82 Reising, David	Peoria	18:12
28 Shantz, Eric	Morton	38	83 Undercutter, BO	Monmouth	14
29 Lawson, Trevor	Jacksonville	40	84 Cavanaugh, Sean	Monmouth	25
30 Harris, Mike	Geneseo	41	85 Shaw, Scott	Monmouth	58
31 Kneel, Jason	Geneseo	42	86 Brandt, Joe	Jacksonville	19:00
32 Danery, Doug	Metamora	43	87 Cavanaugh, Bob	Spalding	22:34
33 Ponce, David	Galesburg	44	88 Tillotson, John	Manual	
34 Henahan, Jason	Morton	45	89 Cavanaugh, Matt	Monmouth	
35 Haney, Brad	Elmwood	47	90 Harris, CJ	FEHS	
36 Haney, Brian	Elmwood	48			
37 Shannon, Patrick	Peoria	49			
38 Corr, Frans	Geneseo	50			
39 Uddin, Jeff	Monmouth	51			
40 Jones, Ben	Peoria	58			
41 Madauer, Matt	Morton	15:00			
42 Lauren, Tyler	Jacksonville	04			
43 Smith, Ken	Pekin	09			
44 Wesley, Van	Canton	10			
45 Sokolowski, Scott	Pekin	13			
46 Howard, William	Bergan	20			
47 Johnson, Jeff	Pekin	23			
48 Sullivan, Ed	Metamora	24			
49 Curless, Tim	Pekin	25			
50 Blair, Brian	Bergan	26			
51 Green, Mike	Kewanee	28			
52 Whitmer, Doug	Kewanee	33			
53 McNABB, Geoff	Kewanee	34			
54 Kimpler, Dave	Morton	35			

45. Janoytz, Jeff Bergan 15:

CANTON BOOYER CLUB INTERNATIONAL 1984 INDIVIDUAL RESULTS

Girls Fr-Sr JV Vars

JV Boys

2.29 miles

		Time					
1	Tapp, Darol	Monmouth	14:01	56	Matern, John	Galesburg	19:03
2	Montgomery, Dan	Washington	14:07	57	Munson, Brad	Monmouth	19:44
3	Speck, Greg	Morton	14:11	58	Niedermeyer, Pat	Galesburg	20:36
4	Ornett, Eric	Pekin	14:15	59	Woods, Chris	Kewanee	20:38
5	Young, Steve	Morton	14:35	60			
6	Gault, Jay	Geneseo	14:41	61			
7	Reynolds, Joe	Metamora	14:47	62			
8	Casper, Terry	Pekin	14:55	63			
9	Sebastian, Brian	Geneseo	15:03	64			
10	Gerner, Polle	Washington	15:13	65			
11	Edwards, Shawn	Limestone	15:22	66			
12	Pastian, Tim	Canton	15:29	67			
13	Koch, Scott	Metamora	15:35	68			
14	Kelley, Bill	Metamora	15:38	69			
15	Staller, Dan	Limestone	15:40	70			
16	Schneider, Jeff	Geneseo	15:43	71			
17	Oxline, Tom	Monmouth	15:46	72			
18	Nugent, John	Peoria	15:47	73			
19	Moran, Tim	Geneseo	15:48	74			
20	Barker, Dusty	Pekin	15:51	75			
21	Volleslager, Pete	Kewanee	15:57	76			
22	Tunis, Will	Pekin	16:05	77			
23	Hewell, Mike	Monmouth	16:16	78			
24	Todd, Matt	Metamora	16:21	79			
25	Lichtenstein, Tim	Morton	16:24	80			
26	Huff, Brian	Canton	16:26	81			
27	Edwards, Bobby	Canton	16:27	82			
28	Grime, Jack	Morton	16:30	83			
29	Marone, Tom	Canton	16:34	84			
30	Grove, Sean	Peoria	16:44	85			
31	Castelir, Coran	Geneseo	16:45	86			
32	Mason, Ryan	Limestone	16:55	87			
33	Quander, Shawn	Geneseo	16:57	88			
34	Womack, Jeff	Peoria	16:58	89			
35	Flutcher, Gerald	Peoria	16:59	90			
36	Delaware, Byron	Pekin	17:07	91			
37	Sager, Dustin	Limestone	17:09	92			
38	Ungert, Colton	Metamora	17:15	93			
39	Kull, Paul	Metamora	17:16	94			
40	Vanlerberghe, Derek	Geneseo	17:20	95			
41	Getz, Jonathan	Morton	17:21	96			
42	Williams, Scott	Bergan	17:22	97			
43	Murray, Pat	Canton	17:25	98			
44	Talley, Jeff	Monmouth	17:36	99			
45	Malone, Ned	Canton	17:39	100			
46	Walsh, Marlan	Kewanee	17:54	101			
47	Curtis, Kyle	Metamora	18:10	102			
48	Kamin, Charlie	Metamora	18:11	103			
49	Woods, Jeff	Kewanee	18:17	104			
50	Connor, Jeff	Morton	18:18	105			
51	Delicathy, Eric	Peoria	18:26	106			
52	Johns, Todd	Canton	18:35	107			
53	Hanson, Tim	Kewanee	18:38	108			
54	Murray, Chris	Peoria	18:43	109			
55	Dietrich, Adam	Bergan	18:46	110			

21

Arnett may be state's best

GENESEO, Ill. — Tim Arnett, at 5-foot-4 and 116 pounds, is scrawny. He'll even admit that.

But looks can be deceiving. You wouldn't guess the Geneseo senior is probably the best cross-country runner in western Illinois.

"That's the thing about running," Arnett said. "You can't just look at a person and tell if they'll be a good runner; like in football if you're big, or basketball if you're tall.

"You don't have to look the part to be a runner."

It would be stretching it to say Arnett has the perfect runner's build. He doesn't. He has muscular legs, but the power ends there.

"I'm kind of scrawny," Arnett said. "I guess I look more like a runner than anything else."

Arnett doesn't even have a good running form. He earned the nickname "Caveman" long ago for his primitive running style.

"I do have bad form. I throw my arms and shoulders a lot," he said. "Sometimes I'm not the smoothest."

But make no mistake about it —

concentration aspect of it. If you let up psychologically at any point in the race, it's tough to come back," Quick said. "Tim always knows what he's doing. He knows the courses — he's ran them all so many times over the years — he knows exactly what he's going to do before he goes out there."

Arnett has been around a long time. He ran in his first varsity meet at the end of his freshman year. That year, the Maple Leafs finished fifth in the state. Two years ago, Geneseo was 22nd. Last year, only Arnett qualified. He dropped from a 66th-place finish as a sophomore to 73rd last year.

He's shooting for a fourth straight trip to state, and wants the team there, too.

"When I say I want to place high or win state, that's just a big goal to shoot for. Anything below would still be good," he said. "I'd to go as a team, like you're supposed to. I think we have a chance to break the top five."

Of course, none of this was on Arnett's mind when he came out for cross-country as a freshman. "I



Scott
Sailor

Arnett is a darn good runner.

He makes up for his lack of size with a strong desire to win.

"He's a true gut runner," Geneseo Coach Jeff Quick said. "He can concentrate and push himself the entire race."

Arnett gets the maximum mileage from himself.

"I try to be pushing all the time," he said. "I'm not a very good pace runner. I like to be up there with the leaders."

That constant push, drive takes a tremendous amount of concentration. Arnett has it.

"That's the thing a lot of people don't realize about running, the con-

thought I'd just try it out," he recalled. His best two-mile time that year was 10:11, which he has since lowered to 9:29.

As a freshman, he was the little guy nobody heard of. "It was kind of intimidating," he said. Now he's the little guy everyone has heard of. "I feel like people want to be beat me all the time."

That doesn't happen too often, at least when it counts. Each year, he peaks at the right time — conference and sectional meets. That's partly because he gets off to a slow start after doing little work in the off-season. Oh, he runs. He just doesn't train.

"I never do much running over the summer," Arnett said. "I'll probably regret that."

Still, he has regained his speed a lot quicker than in past years. He got beat by one runner earlier this season by about 30 seconds. In their most recent meeting, the gap was just five seconds.

Watch out next time. No doubt Arnett will win that meeting.