

Running To The Top

1984

year in cross country the varsity girl's team had a successful season. It was the performance ever recorded in the history of girls cross country at GHS. This year's team went undefeated through dual competitions and placed no lower than second at invitationals. As the season progressed, the team placed first at Conference, Regional and State competitions, and ended with fifth place at the State competition. All-Conference runners were: Priscilla Gomez, Amy Alexander, Lorri DeBleck and Kerrie Gradert. Amy Alexander and Priscilla Gomez were co-captains this year. Priscilla was also Runner-of-the-Year. Kerrie Meade was the most improved runner.

of luck to the 1985 team; especially Priscilla and Kerrie, who are co-captains.

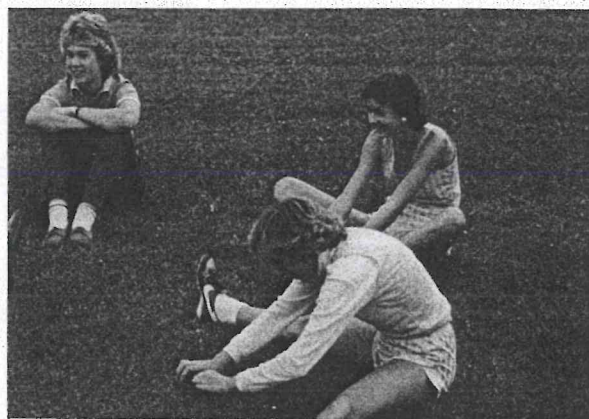


Row 1: C. Bultinck, M. Landrum, T. Zeitler, C. Gradert. Row 2: R. Kukuk, D. Ryner, K. Meade, P. Gomez, A. Alexander, L. DeBleck.

H.S.
Yearbook



Above: Priscilla leads the pack. Above right: Stretching out before the big competition. Right: Amy and Kerrie loosen up their legs with a little jog.



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1984

With A Great Season



Frosh/Soph Boys: Row 1: F. Freund, C. Castelein, H. Lowe, J. DeGrande, M. Haars, C. Herr. Row 2: D. VanLerberghe, D. Fox, T. Moran, F. Lorr, P. Walsh, M. Morris. Row 3: S. Alexander, S. Johnson, J. Kneen, J. Schneider, M. Campbell.



Mr. Quick is always there to keep the st



Phil works for a win.

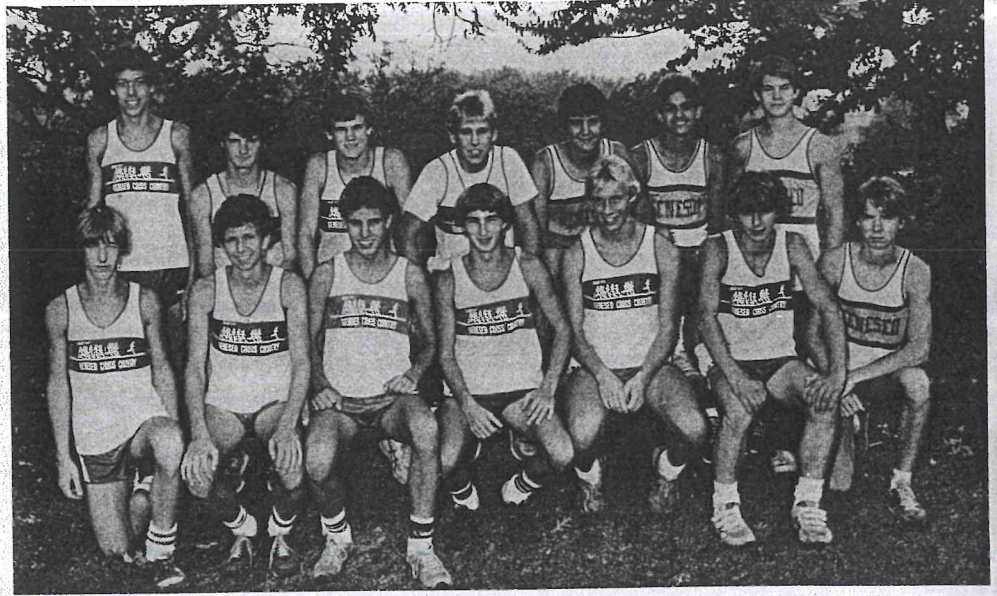


Geneseo runners are never afraid to take the lead.

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1984

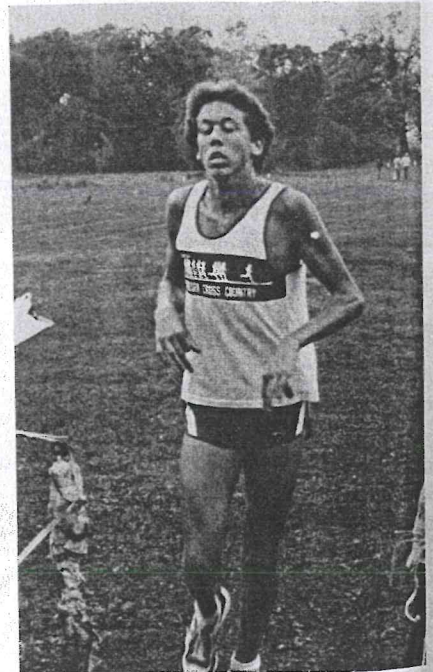
Boys Cross Country Runs Away



Varsity Boys: Row 1: C. Clifton, C. Harker, C. Castelein, T. Arnett, T. Puckett, J. Werkheiser, D. Wellnitz. Row 2: J. Huyvaert, T. Linaberry, J. Gould, W. Sieben, S. McCullough, S. Perkins, B. Sebastian.



Above: Jim comes into the chute.
Above left: And they're off! Left: Curt gets a workout.



John finishes up strong.

FOR 3 MILES IN TILAT RACE.

MEET	Tim Arnett	John Augustant	Tony Linnabury	Cliff Hacker	James Werkheiser
JANTON 4 th	5:38	5:34	5:54	6:02	
INVITATIONAL	16:54	17:42	17:42	18:06	
ROCKFORD 1 st	5:11	5:20	5:32	5:34	5:41
INVITATIONAL	15:33	16:00	16:36	16:42	17:03
ALLEMAN 1-0	5:19 1 st	5:27	5:46	5:53	5:54
	15:57	16:22	17:20	17:40	17:42
HOMWOOD 5 th	5:09	5:19	5:36	5:29	5:33
INVITATIONAL	15:29	15:59	16:48	16:29	16:40
EAST MOLINE & DIXON 3-0	5:10 1 st	5:25	5:27	5:45	5:39
	15:30	16:15	16:21	17:15	16:37
GENESEO 3 rd	5:15	5:30	5:33	5:33	5:43
INVITATIONAL	15:45	16:30	16:39	16:39	17:09
L.P.**STREATOR & STERLING 6-0	5:15 1 st	5:21	5:37	5:33	5:37
	15:45	16:03	16:51	16:39	16:51
DIXON 4 th	5:13	5:38	5:32	5:36	5:40
INVITATIONAL	15:39	16:55	16:36	16:50	17:00
ROCK FALLS & KEWANEE 8-0	5:07 1 st	5:24	5:28	5:39	5:41
	15:22	16:12	16:25	16:57	17:05
BETTENDORF*P.V. & DAV. CENTRAL 10	4:58	5:15	5:20.5	5:21	5:22
	14:54	15:45	16:01	16:03	16:26
PEORIA 12 th	4:58	5:21	5:21	5:25	5:28
INVITATIONAL	14:54	16:04	16:04	16:16	16:26
STERLING 6 th	5:21	5:43	5:40	5:55	5:44
INVITATIONAL	16:05	17:09	17:02	17:44	17:11
MOLINE 10-2	5:16 1 st	5:39	5:32	5:46	5:36
	15:48	16:57	16:21	17:18	16:48
NORTH SCOTT & MUSCATINE 12-2	4:53 1 st	5:17	5:42	5:19.5	5:23
	14:51	15:36	15:43.5	15:38.5	16:09
N.C.I.C. 2 nd	5:07 1 st	5:31	5:35	5:55	5:40
	15:27	16:34	16:56	16:46	17:01
REGIONAL 5 th	5:07 1 st	6:02.6	5:42	5:44	5:37
	15:21	18:22	17:06	17:13	16:57
SECTIONAL	5:08 1 st				
	15:24				
STATE	5:02 1 st				
	15:07				
SEASON AVER. MILE & 3 MILE	5:10.7 15:32.1	5:30.4 16:31.2	5:33.2 16:39.6	5:38 16:54	5:37.3 16:51.9
not year	5:17 & 15:51	5:56.3 17:49	not here	5:58 17:54	5:46.8 17:02.4

FOR 3 MILES IN THAT RACE.

MEET	Cam Custelein	Todd Puckett	Curt Clifton	Scott Parkins	Whitney Siberson	
CANTON 4 th	5:55	5:54			6:04	
INVITATIONAL	17:45	17:42			18:12	
ROCKFORD 1 st	5:36	5:44	5:49	5:55	5:47	
INVITATIONAL	16:48	17:12	17:27	17:45	17:21	
ALLEMAN 1-0	5:42	5:42	6:02	17:48	5:56	
	17:35	17:36	18:08	5:56	17:48	
HOMEWOOD 5 th	5:37	5:37	5:38	5:37		
INVITATIONAL	16:52	16:51	16:55	16:52		
EAST MOLINE & DIXON 3-0	5:40	5:49	5:55	5:41		
	17:00	17:27	17:45	17:03		
GENESEO 3 rd	5:38	5:44				
INVITATIONAL	16:54	17:12				
L.P.**STREATOR & STERLING 6-0	5:40	5:41	5:45	5:47	5:55	
	17:00	17:03	17:15	17:21	17:45	
DIXON 4 th	5:37	5:45				
INVITATIONAL	16:51	17:17				
ROCK FALLS & KEWANEE 8-0	5:53	5:42	5:40	5:45	5:48.7	
	17:39	17:07	17:00	17:15	17:26	
BETTENDORF*P.V. & DAV. CENTRAL 10-1	5:28	5:31	5:28	5:34	5:41	
	16:24	11:33	16:24	16:42	17:03	
PEORIA 12 th	5:26	5:41				
INVITATIONAL	16:18	17:03				
STERLING 6 th	5:44			5:41		
INVITATIONAL	17:12			17:05		
MOLINE 10-2	5:50	5:52	5:54	5:44	5:56	
	17:30	17:36	17:42	17:12	17:48	
NORTH SCOTT & MUSCATINE 12-2	5:24.5	5:33	5:31	5:22.5	5:27	
	16:13.5	16:45	16:33	16:07.5	16:57	
N.C.I.C. 2 nd	5:43			5:32		
	17:14			16:38		
REGIONAL 5 th			5:55.5	5:41.5		
			17:46.5	17:04.5		
SECTIONAL						
STATE						
SEASON AVER.	5:39.5	5:44.7	5:45.6	5:41	5:50.7	
MILE & 3 MILE	16:58.5	17:14.1	17:16.8	17:03	17:32.1	
last year →	5:47	6:22.3	6:07.1	not out	5:57	
	17:21	19:07	18:21.3		17:50.9	

FOR 3 MILES IN THAT RACE.

MEET	Jay Gould	Brian Silbaction	Steve McCullough	Dave Wellnitz		
JANTON 4 th	6:23	6:32				
INVITATIONAL	19:09	19:36				
ROCKFORD INVITATIONAL 1 st	6:09	6:17	6:17	6:13		
	18:27	18:51	18:51	18:39		
ALLEMAN 1-0	6:12		6:21			
	18:36		18:03			
HOMWOOD INVITATIONAL 5 th	5:58	6:11	6:01	5:53		
	17:55	18:33	18:03	17:39		
EAST MOLINE & DIXON 3-0	6:21	6:23	6:07	5:56		
	19:03	19:09	18:21	17:48		
CONFED INVITATIONAL 3 rd	6:33	6:19	6:13	6:04		
	19:39 ↓	18:57 ↓	18:39 ↓	18:12 ↓		
L.P.**STREATOR & STERLING 6-0	5					
DIXON INVITATIONAL 4 th						
ROCK FALLS & TEWANEE 8-0	6:42	6:14	6:19	6:04		
	20:08	18:43	18:57	18:12		
BETTENDORF*P.V. & DAV. CENTRAL 10-1	6:04		5:51	5:48		
	18:12		17:33	17:24		
PEORIA INVITATIONAL 12 th						
STERLING INVITATIONAL 6 th						
MOLINE 10-2	6:35		6:21	6:49		
	19:45		19:03	20:27		
NORTH SCOTT & MUSCATINE 12-2	6:05.5		5:49.5			
	18:16.5		17:28.5			
N.C.I.C. 2 nd						
REGIONAL 5 th						
SECTIONAL						
STATE						
SEASON AVER. MILE & 3 MILE	6:18.2	6:19.3	6:08.7	6:06.7		
	18:54.6	18:57.9	18:26.1	18:20.1		
Last year →	6:45.1	6:30	not out	not out		
	20:15.4	19:30				

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FOR 2 MILES IN THAT RACE. LAST LINE IS AVER. WHOLE SEASON

MEET	Priscilla Gomez	Connie Cradut	Amy Alexander	Lorri Ribbeck	Kerry Meads	
CANTON 1 st	6:43	6:37	6:59	6:48	7:26	
INVITATIONAL	13:26	13:14	13:58	13:36	14:52	
ROCKFORD 1 st	6:14	6:15	6:24	6:24	6:58	
INVITATIONAL	12:28	12:30	12:48	12:52	13:56	
ALLEMAN 1-0	6:22.5	6:22.5	6:34	6:39	7:20.5	
	12:45	12:45	13:08	13:18	14:41	
HOMewood 2 nd	6:15.3	6:15.2	6:26.9	6:26.8	7:08.8	
FLOSSMOOR INV.	12:30.6	12:30.4	12:53.8	12:53.6	14:17.6	
EAST MOLINE	5:59	5:58	6:09	6:15.5	6:55	
DIXON 3-0	11:58	11:56	12:18	12:31	13:50	
GENESEO 3 rd	6:06	6:03.5	6:16	6:30.5	7:11	
INVITATIONAL	12:12	12:07	12:32	13:01	14:22	
STERLING	6:15.2	6:16	6:15.6	6:24.4	7:12	
& STREATOR 5-0	12:30.4	12:32	12:31.2	12:48.8	14:24	
DIXON 1 st	5:55.7	5:54	5:56.7	6:04.3	7:00	
INVITATIONAL	11:51.4	11:48	11:53.4	12:08.6	14:00	
ROCK FALLS & KEWANEE 7-0	6:12.7	6:13.3	6:13.7	6:16.7	7:07.5	
	12:25.8	12:26.6	12:27.4	13:03.4	14:15	
BETTENDORF**	5:55.5	5:55.5	6:03	6:24.5	6:55.5	
P.V. & DAV. C.	11:51	11:51	12:06	12:49	13:51	
STERLING 3 rd	5:46	5:51.7	5:54.7	5:55.7	6:43.8	
INVITATIONAL	11:32	11:43.8	11:49.4	11:51.4	13:27.6	
MOLINE	6:13	6:11	6:20	6:23.5	7:05	
11-0	12:26	12:22	12:40	12:47	14:10	
NORTH SCOTT & MUSCATINE 12-0	5:49.5	5:53.5	6:04	5:51	6:39	
	11:39	11:47	12:03	11:42	13:38	
N.C.I.C. 1 st	5:49.5	6:04	6:00	5:56.8	6:30	
	11:39	12:04	12:00	11:53.1	13:12	
REGIONAL 1 st	6:09	6:39	6:19.5	6:17.5	7:16.5	
	12:18	13:18	12:39	12:35	14:33	
SECTIONAL 1 st	5:55	6:04.7	6:05.2	6:22.4	6:54.3	
	11:50	12:09.4	12:10.4	12:44.8	13:48.6	
STATE 5 th	5:47	5:47	5:57	5:50	6:27	
	11:34	11:38	11:44	11:40	12:54	
SEASON AVER.	6:05.9	6:08.3	6:13.7	6:18.1	7:01.3	
MILE & 2 mile	12:11.8	12:17.4	12:27.4	12:36.2	14:03.6	
Lost year	6:18.4		6:38.4	6:45.3	7:18.6	
	12:36.9		13:16.8	13:30.6	14:37.3	7

BELOW ARE THE MILE AVERAGES FOR ALL MEETS RUN FROM THE TIME
FOR 2 MILES IN THAT RACE. LAST LINE IS AVER. WHOLE SEASON

MEET	Tava Zetterlin	Michelle Landrum	Christy Baltinck	Rosa Kukuk		
CANTON 1st	7:24	7:05		9:16		
INVITATIONAL	14:48	14:10		18:32		
ROCKFORD 1st	6:47	6:57	9:46	9:00		
INVITATIONAL	13:34	13:54	19:32	18:00		
ALLEMAN 1-0	7:03.5	7:02.5	9:59	9:11		
	14:07	14:05	19:58	18:22		
HOMewood 2nd	6:49	7:06.8				
FLOSSMOOR INV.	13:38	14:13.6				
EAST MOLINE	6:42.5	6:51		8:39		
DIXON 3-0	13:25	13:42		17:18		
GENESEO 3rd	6:59.5	6:50.1				
INVITATIONAL	13:59	13:41				
STERLING	6:51.2	6:59.2		9:17.6		
& STREATOR 5-0	13:42.4	13:58.4		18:35.2		
DIXON 1st	6:28	6:33	9:08.1	8:45.2		
INVITATIONAL	12:56	13:06	18:11.2	17:30.4		
ROCK FALLS &	6:40.8	6:36.2	9:34.6	9:10		
KEWANEE 7-0	13:21.6	13:12.4	19:19.2	18:20		
BETTENDORF**	6:34	6:32		8:37.5		
P.V. & DAV. C.	12:58	13:04		17:15		
STERLING 3rd	6:27.1	6:38.1				
INVITATIONAL	12:54.2	13:16.2				
MOLINE 11-0	6:50	6:54.5	10:12.5	9:17		
	13:40	13:49	20:25	18:34		
NORTH SCOTT &	6:22.5	6:38		8:44		
MUSCATINE 13-0	12:45	13:16		17:28		
N.C.I.C. 1st	6:30	6:48				
	13:00	13:36				
REGIONAL 1st	6:54.5	7:18				
	13:49	14:36				
SECTIONAL 1st	6:27	6:35.2				
	12:58	13:10.4				
STATE 5th	6:18	6:25				
	12:36	12:50				
SEASON AVER.	6:42.6	6:47.8	9:45.0	8:59.7		
MILE & 2 mile	13:25.3	13:48.7	19:30	17:59.4		

TIME FOR 2 MILES IN THAT RACE. LAST LINE IS AVER. WHOLE SEASON

MEET	Scott Johnson	Phil Walsh	Mike Hoars	Frank Lorr	John DeGrande
CANTON 2 nd INVITATIONAL	6:16 12:32	6:02 12:04	6:09 12:18	6:27 12:54	6:10 12:20
ROCKFORD 1 st INVITATIONAL	5:54 11:48	5:51 11:42	5:53 11:46	6:03 12:06	6:03 12:06
ALLEMAN 1-0	6:01 12:02	5:56.5 11:53	6:01 12:02	6:03.5 12:11	6:16.5 12:33
HOMWOOD 4 th FLOSSMOOR INV.	5:47.7 11:35.4	5:38.3 11:16.6	5:44.7 11:29.4	5:54 11:48	6:08.6 12:17.2
EAST MOLINE DIXON 3-0	6:33.3 13:06.6	5:47.5 11:35	5:47.9 11:35.8	5:58.3 11:56.6	6:05 12:10
GENESEO 3 rd INVITATIONAL	5:49 11:38	5:42 11:24	5:42.5 11:25	5:51 11:42	5:58 11:56
L.P.**STERLING STREATOR 6-0	5:44.4 11:28.8	5:45.2 11:30.4	5:51.6 11:43.1	6:00 12:00	6:08 12:16
DIXON 2 nd INVITATIONAL	5:25.2 10:50.4	5:06.2 10:52.4	5:28.1 10:56.2	5:44.3 11:28.6	5:47.1 11:34.2
ROCK FALLS KEWANEE 7-1	5:41.2 11:22.4	5:40.4 11:26.8	5:42.5 11:25	5:58.3 11:56.6	6:00 12:00
BETTENDORF 10-1 P.V. & DAV.C.	5:31 11:02	5:33 11:06	5:38.5 11:17	5:45 11:30	5:55 11:50
STERLING 6 th INVITATIONAL	5:43.7 11:27.4	5:40 11:20	5:44 11:28	5:49.2 11:39.6	6:01.7 12:03.4
MOLINE 11-1	6:06.5 12:13	5:40.5 11:21	5:50.5 11:41	5:50 11:40	6:14.5 12:29
NORTH SCOTT MUSCATINE 13-1	5:29.5 10:59	5:31 11:02	5:33.5 11:07	5:42.5 11:25	5:56.5 11:53
N.C.I.C. 1 st	5:30 11:00	5:31 11:02	5:34.5 11:09	5:43 11:26	5:50.5 11:41
GALESBURG 2 nd F-S INVITE	5:59 11:58	5:40 11:20	5:53 11:46	5:59 11:58	6:08 12:16
SEASON AVER. MILE & 2 MILE	5:50.1 11:40.2	5:41.8 11:23.6	5:46.3 11:32.6	5:55.3 11:50.6	6:02.8 12:05.6
Last Year	6:37.3 13:14.6			6:18.9 12:37.8	6:47.2 13:34.4

BELOW ARE THE MILE AVERAGES FOR ALL MEETS RUN PLUS THE
TIME FOR 2 MILES IN THAT RACE. LAST LINE IS AVER. WHOLE SEASON

MEET	Mike Morris	Tim Moran	Jason Kneen	Heath Lowe	Jeff Schneider	
CANTON 2 nd INVITATIONAL	6:12.2 12:44	6:13.3 13:46	6:12.5 12:15.0		6:14.9 13:38	
ROCKFORD 1 st INVITATIONAL	6:10.3 12:10.6		6:10.6 12:11.2	6:11.9 12:13.8	6:12.8 12:15.6	
ALLEMAN 1-0	6:11.3 12:12.6		6:11.5.5 12:13.1	6:12.6 12:15.2	13:10.1 6:130.5	
HOMWOOD 4 th FLOSSMOOR INV.	5:57.3 11:15.4.6		6:10.2 12:10.4	6:11.6.3 12:13.2.6		
EAST MOLINE DIXON 3-0	6:14.2.5 13:12.2.5		6:18.3 12:13.6.6	6:117.9 12:135.8	5:35.7 11:11.4	
GENESEO 3 rd INVITATIONAL			6:102.5 12:10.5	6:11.4 12:12.8		
L.P.**STERLING STREATOR 6-0	6:102.2 12:10.6	6:11.5 12:13.0	6:11.6.8 12:133.6	6:11.8 12:129.6	6:12.0 12:14.0	
DIXON 2 nd INVITATIONAL	5:40.5 11:12.1	6:101.9 12:103.8	5:57.1 11:154.2	6:104.8 12:109.6		
ROCK FALLS KEWANEE 7-1	6:100.4 12:100.8	6:104.2 12:108.4	6:107.9 12:115.8	6:107.1 12:114.2	6:121.7 12:143.4	
BETTENDORF 10-1 P.V. & DAV.C.	5:50.5 11:14.1	5:58.5 11:15.7	5:59.5 11:15.9	5:58.5 11:15.7	6:11.1 12:12.2	
STERLING 6 th INVITATIONAL	5:59.6 11:159.4	6:108.3 12:116.6				
MOLINE 11-1	6:111.5 12:12.3	6:11.8 12:13.6	6:12.0 12:14.0	6:11.7 12:13.4	6:126.5 12:15.3	
NORTH SCOTT MUSCATINE 13-1	5:42 11:12.4	5:54.5 11:14.9	6:102 12:10.4	6:101 12:10.2	6:106 12:11.2	
N.C.I.C. 1 st	5:51 11:14.2	5:50.8 11:141.6				
GALESBURG 2 nd F-S INVITE	6:10.6 12:11.2	6:102.3 12:124.6	6:112.4 12:124.8	6:109.7 12:119.4	6:134.2 13:108.4	
SEASON AVER. MILE & 2 MILE	6:102.9 12:105.8	6:109.7 12:119.4	6:109.6 12:119.2	6:112.2 12:124.4	6:120.3 12:140.6	
Lost Year			6:153.3 13:146.6			

TIME FOR 2 MILES IN THAT RACE. LAST LINE IS AVER. WHOLE SEASON

MEET	Shawn Alexander	Mike Campbell	Conan Castelain	Dave Fox	Fred Freund	
CANTON 2 nd INVITATIONAL	7:23 14:46		7:16 14:32			
ROCKFORD 1 st INVITATIONAL	6:42 13:24		6:54 13:48			
ALLEMAN 1-0	6:34 13:08	6:58.5 13:57	7:15 14:30	7:44 15:28		
HOMWOOD 4 th FLOSSMOOR INV.						
EAST MOLINE DIXON 3-0	5:57.1 11:54.2			6:16.4 12:32.8		
GENESEO 3 rd INVITATIONAL						
L.P.**STERLING STREATOR 6-0	6:22 12:44			7:32.8 15:05.6	7:09.6 14:19.2	
DIXON INVITATIONAL	6:10.6 12:15.2			6:58 13:56		
ROCK FALLS KEWANEE 7-1	6:17.5 12:35				7:04.6 14:09.2	
BETTENDORF 10-1 P.V. & DAV.C.	6:19 12:38			6:44.9 13:29.8	6:47.2 13:34.4	
STERLING 6 th INVITATIONAL						
MOLINE 11-1	6:46 13:32	6:46 13:32	7:23 14:46	6:50.5 13:41	6:57 13:54	
NORTH SCOTT MUSCATINE 13-1	6:22.5 12:45		7:13.5 14:27	6:46.5 13:33	6:41.5 13:23	
N.C.I.C. 1 st						
GALESBURG 2 nd F-S INVITE	6:34.3 13:02.6	6:50.6 13:41.2	7:00.6 14:01.2	7:31.6 15:03.2	7:02.6 14:05.2	
SEASON AVER. MILE & 2 MILE	6:29.3 12:58.6	6:51.7 13:43.4	7:10.4 14:20.8	7:03.1 14:06.2	6:57.1 13:54.2	

BELOW ARE THE MILE AVERAGES FOR ALL MEETS FOR 1933 THE
TIME FOR 2 MILES IN THAT RACE. LAST LINE IS AVER. WHOLE SEASON

MEET	Chris Herr	Derak Vanhook				
CANTON INVITATIONAL		7:32 15:04				
ROCKFORD ^{1ST} INVITATIONAL		7:35 15:10				
ALLEMAN	7:43 15:46	7:20 14:40				
HOMEWOOD FLOSSMOOR INV.						
EAST MOLINE DIXON	6:43.6 13:27.2	6:20.7 12:41.4				
GENESEO INVITATIONAL						
L.P.**STERLING STREATOR	7:35.2 15:10.4	8:00.4 16:00.8				
DIXON INVITATIONAL	7:12.4 14:24.8	7:32.6 15:15.2				
ROCK FALLS KEWANEE	7:45 15:30	7:52.5 15:45				
BETTENDORF P.V. & DAV.C.	7:22.3 14:04.6	7:22.8 14:45.6				
STERLING INVITATIONAL						
MOLINE	7:45 15:30	7:43.5 15:27				
NORTH SCOTT MUSCATINE		7:23.5 14:47				
N.C.I.C.						
GALESBURG F-S INVITE	8:32.3 17:04.6	7:39.4 15:18.8				
SEASON AVER. MILE & 2 MILE	7:32.35 15:04.7	7:29.8 14:59.6				