

200 METER DASH

ALL-TIME TOP 25 INDIVIDUALS

1.	22.44c	Andrew Walter	NCIC Conference (Prelim)	2007
2.	22.44c	Vernon Sand	NCIC Conference (Final)	1962
3.	22.45	Quinn Singbush	Pekin Inv.	2016
4.	22.54c	Luke Reschke	Geneseo Inv. (Final)	2005
5.	22.54c	Ben Mayes	Sectional (Final)	1990
6.	22.64c	Shane Reschke	NCIC Conference (Prelim)	2007
7.	22.64c	Mark Schafer	State (Prelim)	1963
8.	22.64c	Bill Neuleib	State (Final)	1945
9.	22.74c	Shaun Russell	Galesburg Dual	2006
10.	22.74c	Mike VanDeVelde	NCIC Conference (Final)	1991
11.	22.74c	Jim Varga	NCIC Conference (Final)	1986
12.	22.74c	Scott Rink	Galesburg & Knoxville	1980
13.	22.84c	Reed Vanderheyden	Geneseo ABC Inv.	2016
14.	22.84c	Mark Sliz	Galesburg ABC Inv.	2011
15.	22.84c	Jim Bean	Geneseo Quad.	1945
16.	22.94c	Ben Hahn	Sterling Dual	1992
17.	22.94c	Steve Fleming	NCIC Conference (Final)	1986
18.	23.00	Nick Swartzendruber	LaSalle-Peru & Sterling	2018
19.	23.04c	Cody Leamen	NCIC Conference (Final)	2005
20.	23.04c	Trent Foltz	Pleasant Valley Inv. (Final)	1984
21.	23.14c	Craig Frederick	Geneseo Quad.	1973
22.	23.14c	Jerry Kane	Geneseo Quad.	1964
23.	23.15	Kevin Powell	NCIC Conference (Prelim)	2004
24.	23.24c	Curt Russell	Galesburg Dual	2004
25.	23.24c	Luke Steinkopf	Princeton & UTHS	2002
26.	23.24c	Jeff Michels	Rock Falls & Sterling	1995
27.	23.24c	Karl Tubbs	Bettendorf & Moline	1985

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ALL-TIME TOP 25 PERFORMANCES

1.	22.44c	Andrew Walter	NCIC Conference (Prelim)	2007
2.	22.44c	Vernon Sand	NCIC Conference (Final)	1962
3.	22.45	Quinn Singbush	Pekin Inv.	2016
4.	22.54c	Luke Reschke	Geneseo Inv. (Final)	2005
5.	22.54c	Ben Mayes	Sectional (Final)	1990
6.	22.56	Andrew Walter	NCIC (Prelim)	2008
7.	22.56	Andrew Walter	Ottawa ABC Inv. (Final)	2007
8.	22.64c	Shane Reschke	NCIC Conference (Prelim)	2007
9.	22.64c	Ben Mayes	NCIC Conference (Prelim)	1990

10.	22.64c	Mark Schafer	State (Prelim)	1963
11.	22.64c	Bill Neuleib	State (Final)	1945
12.	22.65	Andrew Walter	UTHS Inv. (Final)	2008
13.	22.71	Quinn Singbush	Galesburg ABC Inv.	2016
14.	22.74c	Quinn Singbush	Geneseo ABC Inv.	2016
15.	22.74c	Shaun Russell	Galesburg Dual	2006
16.	22.74c	Mike VanDeVelde	NCIC Conference (Final)	1991
17.	22.74c	Ben Mayes	NCIC Conference (Final)	1990
18.	22.74c	Jim Varga	NCIC Conference (Final)	1986
19.	22.74c	Scott Rink	Galesburg & Knoxville	1980
20.	22.75	Andrew Walter	NCIC Conference (Final)	2008
21.	22.76	Quinn Singbush	NIB-12 Indoor Inv.	2016
22.	22.77	Quinn Singbush	Sectional	2016
23.	22.84c	Quinn Singbush	NIB-12 Conference	2016
24.	22.84	Quinn Singbush	Geneseo ABC Inv.	2015
25.	22.84c	Reed Vanderheyden	Geneseo ABC Inv.	2016
26.	22.84c	Mark Sliz	Galesburg ABC Inv.	2011
27.	22.84c	Andrew Walter	NCIC (Final)	2007
28.	22.84c	Ben Mayes	Sectional (Prelim)	1990
29.	22.84c	Mike VanDeVelde	NCIC Conference (Prelim)	1990
30.	22.84c	Jim Bean	Geneseo Quad.	1945

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ALL-TIME TOP 25 SENIOR INDIVIDUALS

1.	22.44c	Vernon Sand	NCIC Conference (Final)	1962
2.	22.45	Quinn Singbush	Pekin Inv.	2016
3.	22.54c	Luke Reschke	Geneseo Inv. (Final)	2005
4.	22.54c	Ben Mayes	Sectional (Final)	1990
5.	22.56	Andrew Walter	NCIC (Prelim)	2008
6.	22.64c	Mark Schafer	State (Prelim)	1963
7.	22.74c	Shaun Russell	Galesburg Dual	2006
8.	22.74c	Mike VanDeVelde	NCIC Conference (Final)	1991
9.	22.74c	Jim Varga	NCIC Conference (Final)	1986
10.	22.74c	Scott Rink	Galesburg & Knoxville	1980
11.	22.84c	Jim Bean	Geneseo Quad.	1945
12.	23.00	Nick Swartzendruber	LaSalle-Peru & Sterling	2018
13.	23.02	Shane Reschke	NCIC Conference (Prelim)	2008
14.	23.04c	Cody Leamen	NCIC Conference (Final)	2005
15.	23.04c	Ben Hahn	NCIC Conference (Final)	1993
16.	23.04c	Trent Foltz	Pleasant Valley Inv. (Final)	1984
17.	23.04c	Bill Neuleib	Geneseo Quad.	1946
18.	23.05	Reed Vanderheyden	Galesburg ABC Inv.	2018
19.	23.24c	Curt Russell	Galesburg Dual	2004

20.	23.24c	Luke Steinkopf	Princeton & UTHS	2002
21.	23.24c	Jeff Michels	Rock Falls & Sterling	1995
22.	23.24c	Karl Tubbs	Bettendorf & Moline	1985
23.	23.40	Andrew Pischke	NIB-12 Conference	2017
24.	23.44c	Kent Shriver	Moline Dual	1981
25.	23.53	Ethan Reschke	Galesburg ABC Inv.	2013

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ALL-TIME TOP 25 SENIOR PERFORMANCES

1.	22.44c	Vernon Sand	NCIC Conference (Final)	1962
2.	22.45	Quinn Singbush	Pekin Inv.	2016
3.	22.54c	Luke Reschke	Geneseo Inv. (Final)	2005
4.	22.54c	Ben Mayes	Sectional (Final)	1990
5.	22.56	Andrew Walter	NCIC Conference (Prelim)	2008
6.	22.64c	Ben Mayes	NCIC Conference (Prelim)	1990
7.	22.64c	Mark Schafer	State (Prelim)	1963
8.	22.65	Andrew Walter	UTHS Inv. (Final)	2008
9.	22.71	Quinn Singbush	Galesburg ABC Inv.	2016
10.	22.74c	Quinn Singbush	Geneseo ABC Inv.	2016
11.	22.74c	Shaun Russell	Galesburg Dual	2006
12.	22.74c	Mike VanDeVelde	NCIC Conference (Final)	1991
13.	22.74c	Ben Mayes	NCIC Conference (Final)	1990
14.	22.74c	Jim Varga	NCIC Conference (Final)	1986
15.	22.74c	Scott Rink	Galesburg & Knoxville	1980
16.	22.75	Andrew Walter	NCIC Conference (Final)	2008
17.	22.76	Quinn Singbush	NIB-12 Indoor Inv.	2016
18.	22.77	Quinn Singbush	Sectional	2016
19.	22.84c	Quinn Singbush	NIB-12 Conference	2016
20.	22.84c	Ben Mayes	Sectional (Prelim)	1990
21.	22.84c	Jim Bean	Geneseo Quad.	1945
22.	22.88	Quinn Singbush	Rock Island ABC Inv.	2016
23.	22.91	Luke Reschke	Rock Island ABC Inv. (Final)	2005
24.	22.94c	Ben Mayes	NCIC Conference (Semi)	1990
25.	22.94c	Jim Varga	Geneseo Inv. (Final)	1986

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ALL-TIME TOP 25 JUNIOR INDIVIDUALS

1.	22.44c	Andrew Walter	NCIC Conference (Prelim)	2007
2.	22.64c	Shane Reschke	NCIC Conference (Prelim)	2007
3.	22.64c	Bill Neuleib	State (Final)	1945
4.	22.84	Quinn Singbush	Geneseo ABC Inv.	2015

5.	22.84c	Mark Sliz	Galesburg ABC Inv.	2011
6.	22.84c	Mike Vandavelde	NCIC Conference (Prelim)	1990
7.	22.90	Reed Vanderheyden	NIB-12 Conference	2017
8.	22.94c	Ben Hahn	Sterling Dual	1992
9.	23.14c	Ben Mayes	NCIC Conference (Final)	1989
10.	23.14c	Craig Frederick	Geneseo Leaf Classic (Final)	1973
11.	23.14c	Jerry Kane	Geneseo Quad.	1964
12.	23.34c	Trent Foltz	Galesburg Dual	1983
13.	23.39	Nick Swartzendruber	Galesburg ABC Inv.	2017
14.	23.44c	Scott Rink	Geneseo Inv. (Final)	1979
15.	23.54c	Luke Reschke	Annawan Dual	2004
16.	23.54c	Pete Poulos	Geneseo Quad.	1977
17.	23.64c	August Stamp	Moline J.V. Inv.	2014
18.	23.64c	Justin Seeley	UTHS J.V. Inv.	2013
19.	23.64c	Jeff Michels	NCIC Conference (Final)	1994
20.	23.68	Luke Snyder	NIB-12 Conference (Prelim)	2013
21.	23.70	Billy Hamer	Rock Island ABC Inv.	2010
22.	23.73	Josh Beard	Rock Island ABC Inv.	2014
23.	23.78	Colton Pischke	Galesburg ABC Inv.	2018
24.	23.80	Andrew Rizzo	NIB-12 Conference	2018
25.	23.83	Micah Stewart	Rock Island ABC Inv.	2010

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ALL-TIME TOP 25 JUNIOR PERFORMANCES

1.	22.44c	Andrew Walter	NCIC Conference (Prelim)	2007
2.	22.56	Andrew Walter	Ottawa ABC Inv. (Final)	2007
3.	22.64c	Shane Reschke	NCIC Conference (Prelim)	2007
4.	22.64c	Bill Neuleib	State (Final)	1945
5.	22.84	Andrew Walter	NCIC Conference (Final)	2007
6.	22.84	Quinn Singbush	Geneseo ABC Inv.	2015
7.	22.84c	Mark Sliz	Galesburg ABC Inv.	2011
8.	22.84c	Mike Vandavelde	NCIC Conference (Prelim)	1990
9.	22.89	Quinn Singbush	NCIC Conference (Final)	2015
10.	22.90	Reed Vanderheyden	NIB-12 Conference	2017
11.	22.94c	Ben Hahn	Sterling Dual	1992
12.	22.94c	Mike Vandavelde	Sectional (Final)	1990
13.	22.94c	Mike Vandavelde	NCIC Conference (Semi)	1990
14.	22.97	Quinn Singbush	Galesburg ABC Inv.	2015
15.	23.04c	Mike Vandavelde	Sectional (Prelim)	1990
16.	23.14	Quinn Singbush	Pekin Inv. (Final)	2015
17.	23.14c	Ben Hahn	Geneseo Inv. (Final)	1992
18.	23.14c	Mike Vandavelde	NCIC Conference (Final)	1990
19.	23.14c	Ben Mayes	NCIC Conference (Final)	1989

20.	23.14c	Craig Frederick	Geneseo Leaf Classic (Final)	1973
21.	23.14c	Jerry Kane	Geneseo Quad.	1964
22.	23.20	Quinn Singbush	Sectional (Final)	2015
23.	23.20	Quinn Singbush	Pekin Inv. (Prelim)	2015
24.	23.24c	Andrew Walter	Rock Island ABC Inv.	2007
25.	23.24c	Ben Hahn	NCIC Conference (Final)	1992

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ALL-TIME TOP 25 SOPHOMORES INDIVIDUALS

1.	22.84c	Reed Vanderheyden	Geneseo ABC Inv.	2016
2.	22.94c	Steve Fleming	NCIC Conference (Final)	1986
3.	23.15	Kevin Powell	NCIC Conference (Semi)	2004
4.	23.44c	Josh Beard	UTHS J/V Inv.	2013
5.	23.54c	Bill Neuleib	Geneseo Quad.	1944
6.	23.58	Shaun Russell	Rock Island ABC Inv. (Semi)	2004
7.	23.62	Shane Reschke	UTHS Inv. (Final)	2006
8.	23.64c	Luke Reschke	Princeton & UTHS	2003
9.	23.64c	Jon Smith	Sterling Dual	1992
10.	23.73	Billy Hamer	Rock Island ABC Inv. (Final)	2009
11.	23.94c	Ben Mayes	Princeton & Sherrard	1988
12.	23.94c	Doug Emerick	NCIC Conference (Final)	1983
13.	23.94c	Craig Frederick	Geneseo Quad.	1972
14.	24.01	Jordan Seeley	Sectional	2018
15.	24.04c	Lucas Hofer	Geneseo F/S Inv.	2015
16.	24.04c	Ryan Verbeck	Mendota & Rock Falls	1989
17.	24.04c	Scott Rink	Alleman Dual	1978
18.	24.13	Kyle Glazier	Sectional (Semi)	2004
19.	24.14c	Ben Hahn	Alleman & Galesburg	1991
20.	24.14c	Karl Tubbs	NCIC Conference (Final)	1983
21.	24.14c	Trent Foltz	Rock Island Dual	1982
22.	24.20	Jackson Reade	WB-6 Conference	2022
23.	24.24c	Dylan Kenney	Geneseo F/S Inv. (Final)	2002
24.	24.24c	Kevin Fur	NCIC Conference (Prelim)	1989
25.	24.24c	Chris Swain	Mendota Inv. (Final)	1980
26.	24.24c	Steve Penney	Geneseo Quad.	1965

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ALL-TIME TOP 25 SOPHOMORE PERFORMANCES

1.	22.84c	Reed Vanderheyden	Geneseo ABC Inv.	2016
2.	22.94c	Steve Fleming	NCIC Conference (Final)	1986
3.	23.15	Kevin Powell	NCIC Conference (Semi)	2004

4.	23.29	Kevin Powell	NCIC Conference (Final)	2004
5.	23.34c	Steve Fleming	Geneseo Inv. (Final)	1986
6.	23.44c	Josh Beard	UTHS J/V Inv.	2013
7.	23.44c	Steve Fleming	Rockridge Dual	1986
8.	23.54c	Kevin Powell	Geneseo F/S Inv. (Final)	2004
9.	23.54c	Bill Neuleib	Geneseo Quad.	1944
10.	23.58	Shaun Russell	Rock Island ABC Inv. (Semi)	2004
11.	23.62	Shane Reschke	UTHS Inv. (Final)	2006
12.	23.64c	Luke Reschke	Princeton & UTHS	2003
13.	23.64c	Jon Smith	Sterling Dual	1992
14.	23.73	Billy Hamer	Rock Island ABC Inv. (Final)	2009
15.	23.74c	Steve Fleming	Sectional (Final)	1986
16.	23.74c	Steve Fleming	UTHS Inv. (Final)	1986
17.	23.76	Shaun Russell	Moline Inv. (Final)	2004
18.	23.84c	Jon Smith	Geneseo Inv. (Final)	1992
19.	23.84c	Jon Smith	UTHS Inv. (Semi)	1992
20.	23.84c	Steve Fleming	North Scott Inv. (Final)	1986
21.	23.94c	Ben Mayes	Princeton & Sherrard	1988
22.	23.94c	Doug Emerick	NCIC Conference (Final)	1983
23.	23.94c	Craig Frederick	Geneseo Quad.	1972
24.	24.00	Josh Beard	NIB-12 Conference (Prelim)	2013
25.	24.01	Jordan Seeley	Sectional	2018

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ALL-TIME TOP 25 FRESHMEN INDIVIDUALS

1.	23.74c	Shaun Russell	Geneseo Inv. (Final)	2003
2.	24.04c	Steve Fleming	Rock Falls 09 Inv. (Final)	1985
3.	24.14c	Ben Hahn	Moline F/S Inv. (Final)	1990
4.	24.18	Jordan Seeley	Rock Island ABC Inv.	2017
5.	24.24c	Billy Hamer	UTHS J/V Inv.	2008
6.	24.34c	Ron Farrell	Knoxville & Rock Falls	1977
7.	24.39c	Kyle Hofer	Dixon Quad.	2017
8.	24.44c	Ethan Reschke	NCIC Conference F/S (Final)	2010
9.	24.44c	Maice Quayle	NCIC Conference F/S (Final)	1986
10.	24.44c	Trent Foltz	NCIC Conference (Final)	1981
11.	24.54c	Kyle Glazier	NCIC Conference F/S (Prelim)	1997
12.	24.54c	Jason Marquis	Rock Island ABC Inv. (Final)	1997
13.	24.54c	Grant Venema	Sectional (Prelim)	1997
14.	24.54c	Jim Varga	Princeton Dual	1983
15.	24.64c	Ryan Pitra	Moline F/S Inv.	2012
16.	24.64c	Logan Patton	Galesburg Dual	2006
17.	24.64c	Brad Rink	Rock Island ABC Inv.	1983
18.	24.71	Sam Arndt	Sectional (Semi)	2012

19.	24.74c	Shane Reschke	Geneseo F/S Inv. (Final)	2005
20.	24.74c	Mike Dumolien	Freeport & Sterling	1996
21.	24.82	Chase Cahalan	NIB-12 Conference F/S (Prelim)	2011
22.	24.84c	Chad Blunt	Davenport West Dual	1987
23.	24.94c	Ryan Verbeck	Moline Dual	1988
24.	24.94c	Shawn Ricker	Bettendorf 09 Inv. (Final)	1986
25.	25.04c	Ian Ramsey	Moline F/S Inv.	2012
26.	25.04c	Mark Sliz	UTHS J/V Inv.	2009
27.	25.04c	Luke Reschke	Geneseo F/S Inv. (Final)	2002

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ALL-TIME TOP 25 FRESHMEN PERFORMANCES

1.	23.74c	Shaun Russell	Geneseo Inv. (Final)	2003
2.	23.84c	Shaun Russell	NCIC Conference (Prelim)	2003
3.	24.04c	Shaun Russell	Rock Island ABC Inv. (Prelim)	2003
4.	24.04c	Shaun Russell	Princeton & UTHS	2003
5.	24.04c	Steve Fleming	Rock Falls 09 Inv. (Final)	1985
6.	24.14c	Ben Hahn	Moline F/S Inv. (Final)	1990
7.	24.18	Jordan Seeley	Rock Island ABC Inv.	2017
8.	24.24	Jordan Seeley	NIB-12 Conference	2017
9.	24.24c	Billy Hamer	UTHS J/V Inv.	2008
10.	24.24c	Shaun Russell	Riverdale Quad.	2003
11.	24.30	Jordan Seeley	Moline J/V Inv.	2017
12.	24.34c	Ron Farrell	Knoxville & Rock Falls	1977
13.	24.38	Jordan Seeley	Rock Island J/V Inv.	2017
14.	24.39c	Kyle Hofer	Dixon Quad.	2017
15.	24.44c	Ethan Reschke	NCIC Conference F/S (Final)	2010
16.	24.44c	Ben Hahn	Moline F/S Inv. (Prelim)	1990
17.	24.44c	Maice Quayle	NCIC Conference F/S (Final)	1986
18.	24.44c	Trent Foltz	NCIC Conference (Final)	1981
19.	24.44c	Trent Foltz	Moline Dual	1981
20.	24.44c	Billy Hamer	Moline F/S Inv. (Final)	2008
21.	24.54c	Shaun Russell	Galesburg Dual	2003
22.	24.54c	Kyle Glazier	NCIC Conference F/S (Prelim)	1997
23.	24.54c	Jason Marquis	Rock Island ABC Inv. (Final)	1997
24.	24.54c	Grant Venema	Sectional (Prelim)	1997
25.	24.54c	Jim Varga	Princeton Dual	1983