

1600 METER RUN

ALL-TIME TOP 25 INDIVIDUALS

1.	4:13.61c	Dan Chenoweth	Midwest Distance Gala	2007
2.	4:19.54	Adam Boardman	State (Final)	1990
3.	4:21.54c	Rich Werkheiser	Sectional	1982
4.	4:22.78	Brian Chenoweth	State (Prelim)	2005
5.	4:23.14c	Phil Walsh	Sectional	1988
6.	4:26.94c	John Huyvaert	Geneseo Inv.	1985
7.	4:27.14	Brad Baker	Sectional	1989
8.	4:27.64c	Andy Snook	Sterling Inv.	1992
9.	4:28.29	Kyle Reiling	Pekin Inv.	2012
10.	4:28.35	Jordan Starkey	NIB-12 Conference	2013
11.	4:28.44c	Tim Arnett	Sectional	1984
12.	4:28.94c	Doug Longman	Geneseo Inv.	1977
13.	4:29.04c	David Chenoweth	Geneseo ABC Inv.	2014
14.	4:29.40	Nathan Soria	Rock Island ABC Inv.	2016
15.	4:29.64c	Pat Smith	Galesburg Dual	1983
16.	4:30.04c	Eric Zeitler	Sectional	1981
17.	4:30.44c	Chris Gomez	Dixon Dual	1983
18.	4:31.24c	Bill Talbot	Sectional	1969
19.	4:31.44c	Randy Pobanz	Henry County Inv.	1971
20.	4:32.14c	Bryan Glass	Sterling Inv.	1991
21.	4:32.34c	Jason VanVooren	Geneseo Inv.	1988
22.	4:32.64c	John Garrity	Geneseo Quad.	1955
23.	4:33.54	Blake Duncan	Sectional	2018
24.	4:33.84c	Justin Fluck	UTHS Inv.	1998
25.	4:34.44cr	Justin Trujillo	Sterling Inv.	2003
26.	4:34.44cr	Mike Haars	Peoria Inv.	1988

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ALL-TIME TOP 25 PERFORMANCES

1.	4:13.61c	Dan Chenoweth	Midwest Distance Gala	2007
2.	4:14.64	Dan Chenoweth	Sectional	2007
3.	4:14.65	Dan Chenoweth	State (Prelim)	2007
4.	4:17.65	Dan Chenoweth	Rock Island ABC Inv.	2007
5.	4:17.84c	Dan Chenoweth	Sterling Inv.	2007
6.	4:18.64c	Dan Chenoweth	NCIC Conference	2007
7.	4:19.54c	Dan Chenoweth	Sterling Inv.	2006
8.	4:19.54	Adam Boardman	State (Final)	1990
9.	4:19.81	Dan Chenoweth	State (Prelim)	2006
10.	4:20.54	Dan Chenoweth	Illinois Top Times Inv.	2007

11.	4:20.62	Dan Chenoweth	State (Final)	2007
12.	4:20.64c	Dan Chenoweth	Geneseo Inv.	2007
13.	4:20.74c	Dan Chenoweth	Geneseo Inv.	2006
14.	4:21.54c	Rich Werkheiser	Sectional	1982
15.	4:21.64c	Adam Boardman	Sectional	1991
16.	4:21.85	Dan Chenoweth	Rock Island ABC Inv.	2006
17.	4:22.78	Brian Chenoweth	State (Prelim)	2005
18.	4:22.92	Dan Chenoweth	Sectional	2006
19.	4:23.14c	Phil Walsh	Sectional	1988
20.	4:23.94c	Adam Boardman	Sectional	1990
21.	4:24.14c	Adam Boardman	State (Prelim)	1991
22.	4:24.61	Dan Chenoweth	Quad City Indoor Inv.	2007
23.	4:24.64c	Rich Werkheiser	NCIC Conference	1982
24.	4:25.04c	Rich Werkheiser	Princeton & Rockridge	1982
25.	4:25.14c	Adam Boardman	University of Illinois All-Stars	1991

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ALL-TIME TOP 25 SENIOR INDIVIDUALS

1.	4:13.61c	Dan Chenoweth	Midwest Distance Gala	2007
2.	4:21.54c	Rich Werkheiser	Sectional	1982
3.	4:21.64c	Adam Boardman	Sectional	1991
4.	4:22.78	Brian Chenoweth	State (Prelim)	2005
5.	4:23.14c	Phil Walsh	Sectional	1988
6.	4:27.14	Brad Baker	Sectional	1989
7.	4:28.29	Kyle Reiling	Pekin Inv.	2012
8.	4:28.35	Jordan Starkey	NIB-12 Conference	2013
9.	4:28.94c	Doug Longman	Geneseo Inv.	1977
10.	4:29.04c	David Chenoweth	Geneseo ABC Inv.	2014
11.	4:29.64c	Pat Smith	Galesburg Dual	1983
12.	4:31.24c	Bill Talbot	Sectional	1969
13.	4:31.44c	Randy Pobanz	Henry County Inv.	1971
14.	4:32.14c	Bryan Glass	Sterling Inv.	1991
15.	4:32.64c	John Huyvaert	Geneseo Inv.	1986
16.	4:32.64c	John Garrity	Geneseo Quad.	1955
17.	4:32.74c	Andy Snook	Sterling Inv.	1993
18.	4:33.24c	Jason VanVooren	NCIC Conference	1990
19.	4:33.54	Blake Duncan	Sectional	2018
20.	4:34.44cr	Mike Haars	Peoria Inv.	1988
21.	4:34.94c	Kyle Fluck	Sterling Inv.	2003
22.	4:35.24c	John Anderson	Geneseo Inv.	1980
23.	4:35.84c	Andy Beuster	NCIC Conference	2000
24.	4:36.84c	Nathan Schlindwein	Sterling Inv.	2005
25.	4:37.04c	Justin Fluck	NCIC Conference	1999

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ALL-TIME TOP 25 SENIOR PERFORMANCES

1.	4:13.61c	Dan Chenoweth	Midwest Distance Gala	2007
2.	4:14.64	Dan Chenoweth	Sectional	2007
3.	4:14.65	Dan Chenoweth	State (Prelim)	2007
4.	4:17.65	Dan Chenoweth	Rock Island ABC Inv.	2007
5.	4:17.84c	Dan Chenoweth	Sterling Inv.	2007
6.	4:18.64c	Dan Chenoweth	NCIC Conference	2007
7.	4:20.54	Dan Chenoweth	Illinois Top Times Inv.	2007
8.	4:20.62	Dan Chenoweth	State (Final)	2007
9.	4:20.64c	Dan Chenoweth	Geneseo Inv.	2007
10.	4:21.54c	Rich Werkheiser	Sectional	1982
11.	4:21.64c	Adam Boardman	Sectional	1991
12.	4:22.78	Brian Chenoweth	State (Prelim)	2005
13.	4:23.14c	Phil Walsh	Sectional	1988
14.	4:24.14c	Adam Boardman	State (Prelim)	1991
15.	4:24.61	Dan Chenoweth	Quad City Indoor Inv.	2007
16.	4:24.64c	Rich Werkheiser	NCIC Conference	1982
17.	4:25.04c	Rich Werkheiser	Princeton & Rockridge	1982
18.	4:25.14c	Adam Boardman	University of Illinois All-Stars	1991
19.	4:26.29	Dan Chenoweth	Ottawa ABC Inv.	2007
20.	4:26.38	Brian Chenoweth	Sectional	2005
21.	4:26.44c	Rich Werkheiser	State (Prelim)	1982
22.	4:26.64c	Phil Walsh	Geneseo Inv.	1988
23.	4:27.04c	Brian Chenoweth	Geneseo Inv.	2005
24.	4:27.14	Brad Baker	Sectional	1989
25.	4:27.44c	Adam Boardman	Rock Island ABC Inv.	1991

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ALL-TIME TOP 25 JUNIOR INDIVIDUALS

1.	4:19.54c	Dan Chenoweth	Sterling Inv.	2006
2.	4:19.54	Adam Boardman	State (Final)	1990
3.	4:26.94c	John Huyvaert	Geneseo Inv.	1985
4.	4:27.64c	Andy Snook	Sterling Inv.	1992
5.	4:28.44c	Tim Arnett	Sectional	1984
6.	4:29.04c	David Chenoweth	Geneseo ABC Inv.	2014
7.	4:29.40	Nathan Soria	Rock Island ABC Inv.	2016
8.	4:30.04c	Eric Zeitler	Sectional	1981
9.	4:30.34c	Brad Baker	Sectional	1988
10.	4:30.54c	Phil Walsh	NCIC Conference	1987

11.	4:30.84c	Chris Gomez	Dixon Dual	1983
12.	4:32.44c	Pat Smith	UTHS Inv.	1982
13.	4:33.02	Kyle Reiling	Sectional	2011
14.	4:33.84c	Justin Fluck	UTHS Inv.	1998
15.	4:34.44c	Justin Trujillo	Sterling Inv.	2003
16.	4:34.49	Jordan Starkey	Pekin Inv.	2012
17.	4:35.64c	Andy Beuster	Sectional	1999
18.	4:36.24c	Josh Pierce	Sterling Inv.	1992
19.	4:38.04c	Rich Werkheiser	Dixon Dual	1981
20.	4:40.68	Spencer Lindstrom	Geneseo ABC Inv.	2019
21.	4:40.74c	Mike Haars	Princeton & Streator	1987
22.	4:40.74c	Josh Inch	Sterling Inv.	1994
23.	4:41.73	Thomas Sigwalt	Rock Island ABC Inv.	2010
24.	4:41.81	Blake Duncan	Dixon Quad.	2017
25.	4:42.24c	Kyle Fluck	NCIC Conference	2002

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ALL-TIME TOP 25 JUNIOR PERFORMANCES

1.	4:19.54c	Dan Chenoweth	Sterling Inv.	2006
2.	4:19.54	Adam Boardman	State (Final)	1990
3.	4:19.81	Dan Chenoweth	State (Prelim)	2006
4.	4:20.74c	Dan Chenoweth	Geneseo Inv.	2006
5.	4:21.85c	Dan Chenoweth	Rock Island ABC Inv.	2006
6.	4:22.92	Dan Chenoweth	Sectional	2006
7.	4:23.94c	Adam Boardman	Sectional	1990
8.	4:25.34c	Adam Boardman	Rock Island ABC Inv.	1990
9.	4:26.24c	Adam Boardman	State (Prelim)	1990
10.	4:26.94c	John Huyvaert	Geneseo Inv.	1985
11.	4:27.18	Dan Chenoweth	UTHS Inv.	2006
12.	4:27.64c	Andy Snook	Sterling Inv.	1992
13.	4:28.14c	John Huyvaert	Sectional	1985
14.	4:28.34c	Adam Boardman	NCIC Conference	1990
15.	4:28.44c	Tim Arnett	Sectional	1984
16.	4:29.04c	David Chenoweth	Geneseo ABC Inv.	2014
17.	4:29.40	Nathan Soria	Rock Island ABC Inv.	2016
18.	4:29.94c	Tim Arnett	NCIC Conference	1984
19.	4:30.04c	Eric Zeitler	Sectional	1981
20.	4:30.34c	Brad Baker	Sectional	1988
21.	4:30.44c	John Huyvaert	NCIC Conference	1985
22.	4:30.54c	Phil Walsh	NCIC Conference	1987
23.	4:30.64c	Dan Chenoweth	LaSalle-Peru, Ottawa, Streator	2006
24.	4:30.74c	Phil Walsh	Sectional	1987
25.	4:30.84c	Chris Gomez	Dixon Dual	1983

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ALL-TIME TOP 25 SOPHOMORES INDIVIDUALS

1.	4:27.54c	Adam Boardman	Sectional	1989
2.	4:30.40	Dan Chenoweth	Sectional	2005
3.	4:32.34c	Jason VanVooren	Geneseo Inv.	1988
4.	4:33.84c	John Huyvaert	Geneseo Inv.	1984
5.	4:34.84c	Bryan Colbert	Henry County Inv.	1978
6.	4:35.04c	Eric Misfeldt	NCIC Conference	1992
7.	4:35.14c	Tim Arnett	NCIC Conference	1983
8.	4:35.84c	Josh Pierce	Sterling Inv.	1991
9.	4:36.64c	Phil Walsh	Alleman & Streator	1986
10.	4:36.74c	Andy Beuster	Sectional	1998
11.	4:37.74c	Brad Baker	Sectional	1987
12.	4:38.80	Nathan Soria	Moline & Sterling	2015
13.	4:39.03	Thomas Sigwalt	Sectional	2009
14.	4:39.04c	Mark Nordstrom	NCIC Conference	1975
15.	4:39.24c	Rich Werkheiser	Galesburg & Knoxville	1980
16.	4:39.44c	Chris Studer	Rock Island ABC Inv.	1998
17.	4:39.84c	Chris Gomez	NCIC Conference	1982
18.	4:40.44c	Justin Trujillo	Geneseo F/S Inv.	2002
19.	4:41.19	David Chenoweth	NIB-12 Conference	2013
20.	4:42.13	Kyle Reiling	Sectional	2010
21.	4:43.54c	Bryan Glass	NCIC Conference	1989
22.	4:44.04c	Nathan Schlindwein	Geneseo F/S Inv.	2003
23.	4:44.34	Jordan Starkey	NIB-12 Indoor Inv.	2011
24.	4:44.79	Spencer Lindstrom	Sectional	2018
25.	4:44.84c	Pat Smith	Princeton Dual	1981

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ALL-TIME TOP 25 SOPHOMORE PERFORMANCES

1.	4:27.54c	Adam Boardman	Sectional	1989
2.	4:30.40	Dan Chenoweth	Sectional	2005
3.	4:30.64c	Dan Chenoweth	Geneseo Inv.	2005
4.	4:31.24	Dan Chenoweth	Galesburg Dual	2005
5.	4:32.00	Dan Chenoweth	Rock Island ABC Inv.	2005
6.	4:32.04c	Adam Boardman	Moline Dual	1989
7.	4:32.34c	Jason VanVooren	Geneseo Inv.	1988
8.	4:32.54c	Adam Boardman	NCIC Conference	1989
9.	4:32.84c	Dan Chenoweth	Sterling Inv.	2005
10.	4:33.84c	John Huyvaert	Geneseo Inv.	1984

11.	4:34.34	Dan Chenoweth	E.I.U. Open	2005
12.	4:34.84c	Bryan Colbert	Henry County Inv.	1978
13.	4:35.04c	Eric Misfeldt	NCIC Conference	1992
14.	4:35.14c	Tim Arnett	NCIC Conference	1983
15.	4:35.84c	Dan Chenoweth	NCIC Conference	2005
16.	4:35.84c	Josh Pierce	Sterling Inv.	1991
17.	4:36.64c	Phil Walsh	Alleman & Streator	1986
18.	4:36.74c	Andy Beuster	Sectional	1998
19.	4:37.04c	John Huyvaert	Sectional	1984
20.	4:37.24c	Eric Misfeldt	Sectional	1992
21.	4:37.24c	Adam Boardman	Geneseo Inv.	1989
22.	4:37.24c	Phil Walsh	Davenport North & West	1986
23.	4:37.74c	Brad Baker	Sectional	1987
24.	4:37.74	Tim Arnett	Princeton & Rockridge	1983
25.	4:37.94c	Phil Walsh	Geneseo Inv.	1986

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ALL-TIME TOP 25 FRESHMEN INDIVIDUALS

1.	4:38.14c	Chris Gomez	Dixon Dual	1981
2.	4:38.84c	David Mattie	Rock Island ABC Inv.	1999
3.	4:39.44c	Bryan Colbert	Geneseo Leaf Classic	1977
4.	4:40.84c	Jason VanVooren	NCIC Conference	1987
5.	4:41.14c	Josh Pierce	Moline F/S Inv.	1990
6.	4:43.44	Nathan Soria	Pekin Inv.	2014
7.	4:43.74c	Justin Fluck	NCIC Conference	1996
8.	4:44.94c	David Chenoweth	Moline F/S Inv.	2012
9.	4:45.14c	Andy Beuster	Sectional	1997
10.	4:45.84c	Phil Walsh	Pleasant Valley Inv.	1985
11.	4:46.37	Justin Johnson	Sectional	2019
12.	4:46.74c	Tim Arnett	NCIC Conference	1982
13.	4:47.44c	Adam Boardman	Princeton & Streator	1988
14.	4:48.54c	Jordan Starkey	NCIC Conference	2010
15.	4:49.16	Kaden Rink	Galesburg ABC Inv.	2016
16.	4:51.74c	Andy Snook	Moline F/S Inv.	1990
17.	4:52.68	Thomas Sigwalt	Sectional	2008
18.	4:54.84c	Kyle Reiling	Moline F/S Inv.	2009
19.	4:54.84c	Justin Trujillo	Sectional	2001
20.	4:55.24c	Bryan Glass	Dixon F/S Inv.	1988
21.	4:55.24c	Brad Baker	Dixon F/S Inv.	1986
22.	4:55.50	Nick Fox	NIB-12 Conference F/S	2013
23.	4:55.74c	Tim Moran	Dixon F/S Inv.	1985
24.	4:55.85	Anthony Bravata	Rock Island J/V Inv.	2014
25.	4:56.64c	Pat Smith	Rock Island 09 Inv.	1980

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ALL-TIME TOP 25 FRESHMEN PERFORMANCES

1.	4:38.14c	Chris Gomez	Dixon Dual	1981
2.	4:38.74c	Chris Gomez	Geneseo Inv.	1981
3.	4:38.84c	David Mattie	Rock Island ABC Inv.	1999
4.	4:39.44c	Bryan Colbert	Geneseo Leaf Classic	1977
5.	4:40.14c	Chris Gomez	NCIC Conference	1981
6.	4:40.14c	Chris Gomez	Princeton Dual	1981
7.	4:40.34c	Chris Gomez	Hall & Rock Falls	1981
8.	4:40.84c	Jason VanVooren	NCIC Conference	1987
9.	4:41.14c	Josh Pierce	Moline F/S Inv.	1990
10.	4:43.44	Nathan Soria	Pekin Inv.	2014
11.	4:43.74c	Justin Fluck	NCIC Conference	1996
12.	4:43.81	Nathan Soria	NIB-12 Indoor Inv.	2014
13.	4:44.44c	Josh Pierce	Sterling Inv.	1990
14.	4:44.94c	David Chenoweth	Moline F/S Inv.	2012
15.	4:45.14c	Andy Beuster	Sectional	1997
16.	4:45.80	Nathan Soria	UTHS ABC Inv.	2014
17.	4:45.84c	Phil Walsh	Pleasant Valley Inv.	1985
18.	4:46.37	Justin Johnson	Sectional	2019
19.	4:46.46	Nathan Soria	Sterling 1 st Chance Inv.	2014
20.	4:46.74c	Tim Arnett	NCIC Conference	1982
21.	4:47.44c	Adam Boardman	Princeton & Streator	1988
22.	4:47.74c	David Chenoweth	Geneseo F/S Inv.	2012
23.	4:48.32	David Chenoweth	NIB-12 Conference F/S	2012
24.	4:48.54c	Jordan Starkey	NCIC Conference	2010
25.	4:48.93	Jordan Starkey	Sterling Last Chance Inv.	2010