



LEAFS BRING HOME 16 ILLINOIS TOP TIMES INVITATIONAL MEDALS

Pictured are Row 1: Reed Vanderheyden, Andrew Pischke, Andrew Benhart, Cayson Frerichs, Nathan Soria; Row 2: Lucas Hofer, Nick Swartzendruber, Arthur Atwell, Will Daniels, Quinn Singbush. The picture was taken moments following completion of the 2A meet.

LEAFS STRONG AT ILLINOIS TOP TIMES INVITATIONAL

On Saturday, March 26, the Leafs traveled to Illinois Wesleyan University's Shirk Center to compete in the Illinois Top Times Invitational. The meet is considered the "Unofficial Indoor State Championship". Participation is based upon season best performances with the top (event numbers varied) qualifying for the meet. Not all 2A teams participate in the meet but there was a STRONG representation of many of the state's best in attendance.

The Leaf's enjoyed possibly the greatest day of track in field in Geneseo Boys Track History. The meet was NOT scored but we scored it anyway. Eight places (and medals) were awarded so we used the national federation scoring (10-8-6-5-4-3-2-1.) 55 teams scored points in the meet. Here is what the top twelve looked like: 1.) Cahokia 83; 2.) Geneseo 47; 3) Marion 43; 4.) Morgan Park 25; 5.) Burlington Central 21.50; 6.) Vernon Hills 18.50; 7.) Illini Christian 18; 8T.) Triad 17; 8T.) Tolono Unity 17; 10T.) Hillcrest 15; 10T.) Chicago Northside 15; 12T.) Rich Central 11; 12T.) Marian Academy 11; 12T.) Metamora 11; 12T.) Lincoln-Way West 11; 12T.) Waterloo 11. 55 Teams Scored Points.

Where to begin...Will Daniels started our day in the High Jump. Will "first timed" 5' 11"; 6' 01"; 6' 03". He then cleared 6' 04" on his final (3rd) attempt. The bar was raised to 6' 05" and Will cleared it on his 2nd attempt to claim 5th place (for the 3rd year in a row...amazing.) Will took three good attempts at 6' 06" but was unsuccessful. He had the height which is exciting. Way to get the day off to a great start!

We'll stay with the field events where Arthur Atwell became the first Geneseo Athlete to win an individual event at the Illinois Top Times Invitational. Arthur came in at 13' 09" and "first timed it". He passed 14' 03" and then sailed over 14' 09" on his first attempt to win the event. Here's where it got a kind of bizarre. Arthur barely missed on his first attempt at 15' 05" for a new school record (he already has it in case you didn't know...15' 03". On his 2nd attempt his pole nailed the plant box protection pad that had slid 4 inches into the plant box. Arthur was in full flight and this pole snapped back and drilled him on his side, arm, and leg. It was pretty frightening to observe. Coach Deets and I looked him over (he had huge welts in the above mentioned locations.) I wanted him to STOP. I was afraid he had cracked a rib. After examining his "welts" and discussing his options with Coach Deets, they elected to take his one remaining jump. He barely missed and showed a lot of mental toughness. Way to go, Art!

I will follow the running events finals order as I recap the events. The 3200 Meter Relay toed the line at approximately high noon. The Leafs were seeded 10th following their NIB-12 Indoor Invitational time of 8:25. Nick Swartzendruber (Nasty) took the stick first and ran a magnificent strategically executed race plan. He was out in 58 seconds tucked in behind the HEAVY favorite Cahokia. He kicked hard to keep us right in it with a lifetime best of two flat. Next up was Andrew Benhart (Benny) who rolled through in :59 and then proceeded to pass the leaders on the inside (hold your breath) and open up a lead for the Leafs as he came in with lifetime best of 2:02. Nathan Soria quickly discouraged the pursuers with a "jaw-dropping" 56 second opener and expanded our lead with a solid personal best tying time of 2:02. Last up was Cayson Frerichs who rolled through in 59 seconds and then hit the gas pedal and pulled farther away as he ran to history as he crossed the finish line in 8:07 grabbing Geneseo's first ever Gold Medal at the Illinois Top Times Invitational splitting 2:02. To demonstrate how special this moment was "Nasty" was actually seen smiling :)

Up next was the 60 Meter High Hurdle Final. In the prelims, Andrew Pischke was fouled when an athlete in the lane next to him tripped and came into his lane and slammed into him. No foul was called but the result was Andrew CREAMING the 4th hurdle. I thought he was going down but somehow he stayed on his feet and ran an extremely inspirational race. His teammate Reed Vanderheyden (I smile every time the mispronounce your name....they'll get it right soon enough.)

Reed got through the prelims and took his mark in the finals seeded 7th. In typical Reed fashion, he threw down an amazing effort that saw him place 3rd (only 1/100 out of 2nd but only 1/1000 out of 4th.) His concentration level is quite impressive for someone so young with a "fighting spirit" that rivals ANYONE! GAME ON!!!

At approximately 1:35 p.m., the Leafs took to the track again for the fast heat of the 800 Meter Relay. Quinn Singbush ran the first leg and ran toe-to-toe with Mighty Cahokia and Morgan Park as he ROARED home in 23.04r. Quinn had earlier run the 60 meter Dash Prelims and placed 15th after being seeded tied for 23rd. Next up was "Super Soph" Reed Vanderheyden who followed suit and split a team best 23.00r with the Leafs TURNING HEADS. Andrew Pischke grabbed the baton with "fire in his eyes" and THUNDERED home with a split of 23.10r. Lucas Hofer then took "da stick" and helped our top three position with another great split of 23.21r. It was a TOTAL TEAM EFFORT. At this point Coach Deets, Coach Moe, and I overheard SEVERAL Coaches say "Where in the heck is Geneseo?????" We SMILED. In fact, we are STILL Smiling. WAY TO ROLL, MEN!

~~Next up was senior speedster Quinn Singbush who toed the line in lane 6 of the 3rd of four heats of the 200 meter dash. Quinn had a great start and ROARED to a 2nd place time of 23.00 after a busy day of activity. Now it was time to wait and see what would happen in the final heat. Only Super Star Ja' Mari Ward of Cahokia (4 individual event winner) beat the Quinn so he ended up placing an impressive 3RD PLACE. All I can think of is, "WOW!" One of my favorite sayings is that "Good Things Happen to Good People". Nuff Said. Great Job, Quinn. The best is yet to come when we head outdoors!!!~~

I'm not done yet!!! The final event was represented with 4 Maple Leafs as the Leafs toed the line in lane 4 of the 1st of two heats of the 1600 Meter Relay. The "magic" continued as the all-underclass team was led off by Lucas Hofer. Lucas ran an impressive race and made a strong move on the 2nd lap to get us right into the fight with a opening split of 53.84cr. Next up was "Nasty" Nick Swartzendruber who ran a STRONG leg of 53.54cr to keep the Leafs right in the mix, completing a "Nasty" day of racing for Nick. "Rookie" Maple Leaf track man Andrew Benhart was up next and he put down a solid race to keep up right in the mix with solid split of 54.54cr. Bring on "da Beast". Reed Vanderheyden then HAMMERED out a 51.64cr anchor leg that saw him move the Leafs into a come from behind 1st heat Victory. Simply AWESOME. Following the 2nd heat the Leafs had placed 4th missing 2nd by only 3/10's of a second. WHAT A MEET!

Let's make certain that this will NOT be the high water mark of the 2016 season. Each of you knows that we have done VERY little quality work (if any.) The season is long and trust your coaches and their training program to get you to peak when it matters the most.....CHAMPIONSHIP MEET SEASON. Make a commitment to each other to do all the "little things" correctly. They will add up to the potential for GREATNESS if each of you and your teammates who were not in attendance today will do the same. The best way to lead is VIA EXAMPLE. DO AS I DO...NOT ONLY AS I SAY. ALL THE BEST, MEN. DREAM BIG!

Leafs are running down a dream

By CHRIS STEELE
Republic Sports Editor

Geneseo coach Don Fredericks promised the Maple Leafs' relay team members a dinner at Avanti's if they all ran under two minutes and five seconds at the Illinois Top Times Invitational.

On March 26, every member of the Geneseo boys' team ran like they were hungry at Illinois Wesleyan University's Shirk Center, in Bloomington.

The invite is considered to be the unofficial state meet for the indoor season.

Competing against a strong representation of the best in Class 2A, Geneseo boys' track team made a declarative statement — they had come to make history.

Pole vaulter Arthur Atwell became the first Geneseo athlete to win an individual event at the invite.

The Leafs' relay team of Nick Swartzendruber, Andrew Benhart, Nathan Soria and Cayson Frerichs added to that legacy.

The quartet became the first Geneseo relay team to win an event taking the title in the 4x800-meter relay.

"I don't know that Geneseo boys' track has ever enjoyed a finer day," Fredericks said. "That's really saying something."

Following a day where every member of the team exceeded

expectation, Fredericks indulged everyone on the bus with some take-out from Avanti's Italian restaurant.

Atwell easily reached 14'9" and began trying to eclipse his school record height of 15'3".

On his second attempt, his pole hit the plant box protection pad that had slid into the plant box.

With Atwell still in flight, the pole snapped back and smacked him leaving a welt along his ribs, arm and leg.

"I thought he broke his ribs," Fredericks said. "It was nasty looking; it was all the way up his chest and caught his arm and leg."

He returned for his final remaining vault but was unable to clear his try of 15'5".

Based on their performance at the NIB 12 Indoor conference meet, Geneseo's 4x800 relay came in seeded 10th among the 12 teams competing.

The Maple Leafs quartet of Swartzendruber, Benhart, Soria and Frerichs raced to a victory in 8:07.5.

The time bested Geneseo's seed time by nearly 17 seconds, and the Leafs finished nearly four seconds ahead of runner up Cahokia (8:11.4).

The invite was not scored, but Fredericks couldn't help but score the meet himself.

Five-time defending state champion, Cahokia (83) was the points leader with Geneseo coming

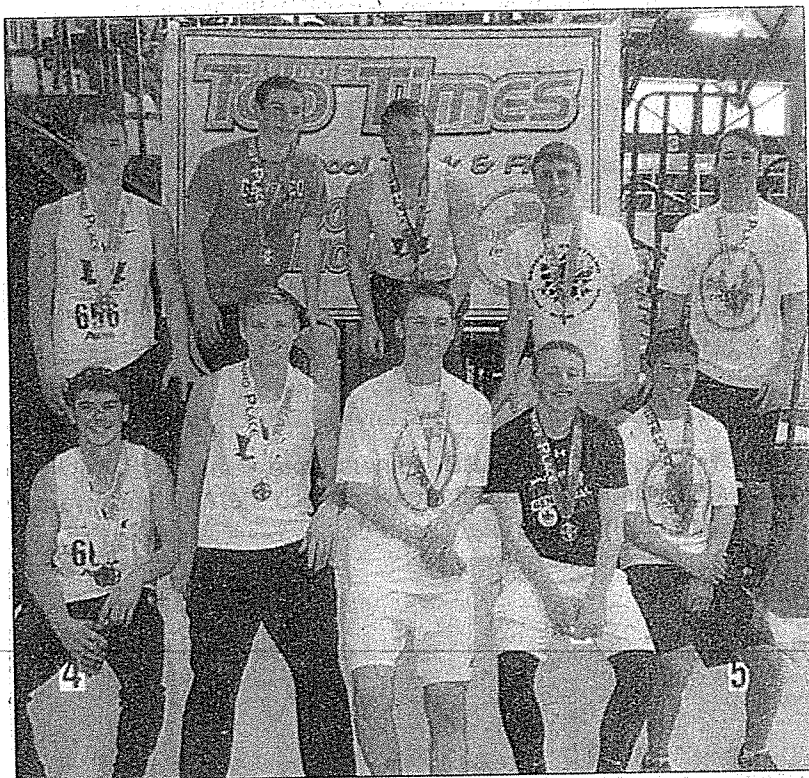


Photo submitted

THE MAPLE LEAFS brought home 16 medals from the Illinois Top Times Invite. Pictured are, first row, from left: Reed Vanderheyden, Andrew Pischke, Andrew Benhart, Cayson Frerichs and Cayson Frerichs. Second row, from left: Lucas Hofer, Nick Swartzendruber, Arthur Atwell, Will Daniels and Quinn Singbush.

in second with 47 points.

"You work hard and you hope for good things to happen," Fredericks said. "It's not a guarantee in athletics or in life. Sometimes you are rewarded, and it was one of those days. We are hoping we have several more as we head to the outdoor season."

A fifth-place finisher at the IHSA

state meet last season, Geneseo's Reed Vanderheyden placed third in the 60-meter hurdles, one hundredth of a second from second place.

It was a tight pack at the top, and Vanderheyden held on to third by one thousandth of a second over the fourth-place finisher Greysan Moehrs from Waterloo.

During the prelims of the 60-meter hurdles, Geneseo's Andrew Pischke had a runner in the lane next to him trip and come crashing into his lane.

With the second fastest seed in the event (8.14), Pischke was staggered and sent crashing into the fourth gate.

"I saw the video of it afterwards and he was fouled," Fredericks said.

No foul was called, keeping Pischke from having an opportunity for a restart.

Pischke battled through keeping his feet and managing to finish in 18th-place (8.73).

After competing in multiple events, the Leafs' Quinn Singbush ran down third in the 200 dash (23.00).

The Leafs' Will Daniels cleared a leap of 6'5" to finish in fifth place for the third-consecutive season.

In the 4x200 relay, the Maple Leafs' Singbush, Vanderheyden, Pischke and Lucas Hofer put the Leafs on the medal stand again finishing third in 1:32.6.

The 4x400 relay (Hofer,

Swartzendruber, Benhart, Vanderheyden) added to GHS' big day with a fourth-place finish in 3:32.4.

"What makes it even more exciting is knowing what we have, and haven't, done in our training," Fredericks said. "Our goal is compete for championship season, we are going to do that. This is not the high-water mark for our season. There's a lot more to come."

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Illinois Prep Top Times - 3/26/2016

Indoor Track & Field Classic

Class AA

Results

Boys 60 Meter Dash

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Ward, Ja'Mari	SR Cahokia	6.85	6.97q	1
2 Nelson, Adam	SR Triad	6.91	6.97q	2
3 Kaiser, Jayden	SR Unity (Tolon	6.97	6.97q	3
4 Duvendack, Grant	SR Metamora	7.04	7.08q	3
5 Briggins, Christopher	SR De La Salle	7.00	7.11q	1
6 Billings, Bryce	SR De La Salle	7.04	7.15q	2
7 Hunt, Franklin	SR Rich Central	7.03	7.16q	1
8 Brown, Alante	FR Marian Catho	7.24	7.17q	2
9 Jones, Jaleen	SR Urbana	6.99	7.18	3
10 Jackson, Jarrell	SR Marengo	7.11	7.18	1
11 Berdell, Desmond	SR Urban Prep -	7.19	7.18	2
12 Tally, Jay	SR Rochester	7.14	7.21	2
13 Cruz, Brandon	SR Kaneland	7.23	7.24	2
14 Crim-Harbinson, Corbin	SR Harrisburg	7.17	7.25	3
15 Singbush, Quinn	SR Geneseo	7.24	7.27	3
16 Crosby, Chrishwan	SR Cahokia	7.09	7.27	2
17 Joiner, Kendall	SR Morgan Park	7.24	7.31	1
18 Williams, Mark	JR Manual	7.23	7.32	3
19 Tomaszewski, Kai	SR Princeton	7.22	7.33	1
20 McElyea, Alec	JR Illinois Val	7.21	7.34	1
-- Reed, Ronald	SO MacArthur	6.99	FS	2

Boys 60 Meter Dash

Name	Year School	Prelims	Finals
Finals			
1 Ward, Ja'Mari	SR Cahokia	6.97	6.81
2 Nelson, Adam	SR Triad	6.97	6.87
3 Kaiser, Jayden	SR Unity (Tolon	6.97	6.95
4 Hunt, Franklin	SR Rich Central	7.16	7.00
5 Duvendack, Grant	SR Metamora	7.08	7.05
6 Briggins, Christopher	SR De La Salle	7.11	7.06
7 Billings, Bryce	SR De La Salle	7.15	7.13
8 Brown, Alante	FR Marian Catho	7.17	7.22

Boys 200 Meter Dash

Name	Year School	Seed	Finals	H#
1 Ward, Ja'Mari	SR Cahokia	22.23	22.37	3
2 Howell, Greg	SR Morgan Park	22.70	22.82	2
3 Singbush, Quinn	SR Geneseo	22.76	23.00	2
4 Brown, Alante	FR Marian Catho	23.33	23.05	1

5	Nathan, Tayjione	SR Hillcrest	22.09	23.15	3
6	Tally, Jay	SR Rochester	23.25	23.28	1
7	Downing, Denzel	SR St. Viator	22.53	23.50	2
8	Jones, Keith	SR Northside Co	23.30	23.50	1
9	Higgins, Tyler	JR Highland	23.35	23.61	1
--	Murray, Marquis	JR Cahokia	22.61	DNF	2
--	Nelson, Adam	SR Triad	22.44	DQ	3 Lane Infrac

Boys 400 Meter Dash

Name	Year	School	Seed	Finals	H#
1	Porter, Aaron	SR Marion	50.64	50.06	4
2	Lyons, Tyran	SR Cahokia	49.92	50.69	4
3	Kaiser, Jayden	SR Unity (Tolon	51.76	51.21	2
4	Tomaszewski, Kai	SR Princeton	51.55	51.49	3
5	Mead, Lenny	SR Princeton	51.74	51.76	3
6	Bruce, Terrance	SR Sterling	51.82	51.85	2
7	Joiner, Kendall	SR Morgan Park	52.21	51.90	2
8	Pointer, Colfay	SR Rochelle	51.50	51.95	3
9	King, Stephon	JR Manual	51.72	52.49	3
10	Herron, Dearis	JR Lanphier	52.09	52.57	2
11	Higgins, Tyler	JR Highland	52.31	52.98	1
12	Kries, Drew	SR Central (Bur	52.43	53.84	1
--	Nathan, Tayjione	SR Hillcrest	49.98	DQ	4 Lane Violat

Boys 800 Meter Run

Name	Year	School	Seed	Finals
1	Rosen, Danny	SR Northside Co	2:01.34	2:00.21
2	Krashevsky, Tim	JR Vernon Hills	2:01.30	2:01.06
3	Hartley, Gavin	SR Benton	2:00.54	2:01.35
4	Cable, Josh	SO Rochester	1:56.61	2:01.84
5	Eisenmenger, Getch	SR Unity (Tolon	2:02.21	2:03.07
6	Harvey, Nick	SR Central (Bur	2:02.18	2:03.89
7	Gratz, Quinn	JR Marmion Acad	2:03.78	2:04.58
8	Stanley, Chris	JR Cahokia	2:00.25	2:04.94
9	Walton, Will	JR Taylorville	2:02.73	2:05.18
10	Lopez, Eduardo	SR Rantoul	2:03.76	2:05.19
11	Bradshaw, Nick	JR Metamora	2:03.10	2:08.68
12	Mason, Eric	SR Lanphier	2:03.21	2:09.31

Boys 1600 Meter Run

Name	Year	School	Seed	Finals
1	Wondaal, Nick	SR Illiana Chri	4:25.81	4:23.41
2	DeYoung, Colin	SR Illiana Chri	4:32.40	4:24.54
3	Ronzzone, Michael	SO Marmion Acad	4:28.24	4:26.63
4	Flowers, Ben	JR Jersey	4:29.78	4:27.09
5	Young, Zach	JR Marion	4:30.62	4:27.10
6	Carr, Matt	SR Limestone	4:28.40	4:27.76
7	Williams, Seth	SR Rock Falls	4:26.05	4:28.87
8	Mitchel, Evan	JR Lincoln-Way	4:23.69	4:29.25
9	Stelmasek, Matt	SR Johnsbury	4:26.08	4:29.64
10	Mesplay, Zach	SR Monticello	4:29.52	4:31.12
11	Rosen, Danny	SR Northside Co	4:27.83	4:32.56
12	Zimmer, Charlie	JR Marmion Acad	4:32.70	4:36.98
13	Rodriguez, Eduardo	JR Lindblom	4:29.03	4:38.05
14	Hamblen, Brayden	JR Rock Falls	4:31.44	4:41.48

Boys 3200 Meter Run

Name	Year School	Seed	Finals
1 Mitchel, Evan	JR Lincoln-Way	9:38.82	9:24.89
2 Stelmasek, Matt	SR Johnsburg	9:39.05	9:27.71
3 Mesplay, Zach	SR Monticello	9:49.35	9:30.64
4 Franklin, Jack	JR University (9:41.21	9:31.97
5 Friedler, Kyle	JR Northside Co	9:49.33	9:32.27
6 Keeble, Alex	SR Mahomet-Seym	9:24.06	9:35.24
7 Hamblen, Brayden	JR Rock Falls	9:48.10	9:37.05
8 Poorten, Stephen	SO Sycamore	9:57.71	9:43.96
9 Burroughs, Andrew	SR Marmion Acad	9:43.54	9:45.57
10 Thomas, Harrison	SR Carterville	9:59.09	9:54.71
11 Yunk, Skyler	SR North Boone	9:52.59	9:57.20
12 Parrish, Charlie	SO Freeburg	9:56.10	10:03.76
13 Cherry, Micah	SR Carbondale	9:55.48	10:15.59

Boys 60 Meter Hurdles

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Hayles, Gamar	SR Rich Central	8.24	8.25q	4
2 Downing, Denzel	SR St. Viator	8.34	8.28q	4
3 Moehrs, Greysan	SR Waterloo	8.42	8.33q	1
4 McShane, Deion	SO Freeport	8.51	8.38q	3
5 Keefover, Landon	JR Antioch	8.62	8.39q	4
6 Woods, Darrell	SR Herrin	8.39	8.40q	3
7 Vanderheyden, Reed	SO Geneseo	8.20	8.46q	3
8 King, Stephon	JR Manual	8.76	8.54q	4
9 Murray, Marquis	JR Cahokia	8.67	8.60	4
10 Nickerson, Clayton	SR Triad	8.64	8.61	1
11 Denton, Juwan	JR Morgan Park	8.09	8.62	1
12 Marler, Tyler	SR Harrisburg	8.44	8.64	1
13 Migut, Steven	SO Unity (Tolon	8.63	8.66	2
14 Wells, Keondre	JR Cahokia	8.62	8.68	3
15 Binion, Dylan	SR Erie-Prophet	8.53	8.72	4 8.711
16 McCormick, Tyler	SR Carbondale	8.71	8.72	1 8.720
17 Mead, Lenny	SR Princeton	8.64	8.73	1 8.722
18 Pischke, Andrew	JR Geneseo	8.14	8.73	2 8.726
19 Musabji, Yash	SR Belvidere	8.66	8.74	3
20 Thomas, Tyrique	SR St. Rita	8.70	8.75	2
21 Phipps, Theo	JR St. Rita	8.39	8.91	2
22 Broomfield, Marvin	FR Lanphier	8.49	9.27	2
23 Bray, Mason	SR University (8.67	9.38	4
24 Neal, Niko	SO Harrisburg	8.65	9.83	2

Boys 60 Meter Hurdles

Name	Year School	Prelims	Finals
Finals			
1 Hayles, Gamar	SR Rich Central	8.25	8.10
2 Keefover, Landon	JR Antioch	8.39	8.33
3 Vanderheyden, Reed	SO Geneseo	8.46	8.34 8.332
4 Moehrs, Greysan	SR Waterloo	8.33	8.34 8.340
5 McShane, Deion	SO Freeport	8.38	8.39
6 Woods, Darrell	SR Herrin	8.40	8.48
7 Downing, Denzel	SR St. Viator	8.28	8.50
8 King, Stephon	JR Manual	8.54	8.80

Boys 4x200 Meter Relay

School	Seed	Finals	H#
1 Cahokia 'A'	1:31.58	1:31.73	4
2 Morgan Park 'A'	1:32.57	1:31.92	4
3 Geneseo 'A'	1:32.93	1:32.63	4
4 Urban Prep - Englewood 'A'	1:33.60	1:33.30	4
5 Harrisburg 'A'	1:34.87	1:33.81	3
6 Triad 'A'	1:34.32	1:34.16	3
7 Kaneland 'A'	1:36.07	1:34.93	1
8 Erie-Prophetstown 'A'	1:35.83	1:35.19	2
9 Dixon 'A'	1:35.88	1:35.26	2
10 Manual 'A'	1:36.08	1:36.91	1
11 Marian Catholic (C.H.) 'A'	1:35.57	1:37.81	2
12 Urban Prep 'A'	1:36.40	1:39.18	1
13 Marion 'A'	1:35.13	1:39.25	3
-- Hillcrest 'A'	1:35.47	DQ	2 Exchange Vc
-- De La Salle 'A'	1:35.03	DQ	3 Exchange Zc
-- MacArthur 'A'	1:36.20	DQ	1

Boys 4x400 Meter Relay

School	Seed	Finals	H#
1 Cahokia 'A'	3:23.63	3:24.61	2
2 Marion 'A'	3:34.44	3:32.11	2
3 Waterloo 'A'	3:34.58	3:32.45	2
4 Geneseo 'A'	3:34.81	3:32.47	1
5 Mascoutah 'A'	3:35.46	3:32.69	1
6 Benton 'A'	3:34.45	3:33.49	2
7 Manual 'A'	3:35.30	3:33.85	1
8 Vernon Hills 'A'	3:34.38	3:34.58	2
9 Marmion Academy 'A'	3:36.51	3:36.00	1
10 Metamora 'A'	3:36.72	3:36.48	1
11 Morgan Park 'A'	3:33.26	3:39.45	2
-- Erie-Prophetstown 'A'	3:35.55	DQ	1 Lane Violat

Boys 4x800 Meter Relay

School	Seed	Finals
1 Geneseo 'A'	8:24.50	8:07.51
2 Cahokia 'A'	8:03.53	8:11.40
3 Metamora 'A'	8:20.70	8:12.27
4 Mahomet-Seymour 'A'	8:23.82	8:15.37
5 Lindblom 'A'	8:14.16	8:20.70
6 Kaneland 'A'	8:17.80	8:24.12
7 Eureka 'A'	8:23.11	8:25.77
8 Unity (Tolono) 'A'	8:25.04	8:26.45
9 Aurora Central Catholic 'A'	8:20.74	8:31.30
10 Marmion Academy 'A'	8:28.21	8:32.50
11 St. Viator 'A'	8:18.76	8:37.18
12 Illiana Christian 'A'	8:12.69	8:37.40

Boys High Jump

Name	Year School	Seed	Finals
1 Sullivan, Darryl	SR Marion	7-03.00	7-00.25
2 Agnew, Noah	SR Vernon Hills	6-08.00	6-10.00
3 McRoberts, Anthony	SR Cahokia	6-10.00	6-07.00
4 Jackson, Nicholas	JR Champaign Ce	6-04.00	6-05.00
5 Daniels, Will	SR Geneseo	6-06.00	J6-05.00
6 Lee, A'Jonte	SO Lanphier	6-03.00	6-04.00

7	Boyer, Brandon	SR Rock Falls	6-06.00	6-03.00
8	Poston, Ethan	SO Metamora	6-03.00	J6-03.00
9	Stewart, Leo	SR Cahokia	6-04.00	J6-03.00
10	Jeffries, Drake	JR Mattoon	6-05.00	J6-03.00
11	Decker, Jonathan	SO Unity (Tolon	6-04.00	6-01.00
12	Newburn, Luther	SR Hillcrest	6-04.00	J6-01.00

Boys Pole Vault

Name	Year School	Seed	Finals
1 Atwell, Arthur	SR Geneseo	15-03.00	14-09.00
2 Trupp, Jared	JR Central (Bur	14-00.00	14-03.00
3 Ryan, Joey	SR Evergreen Pa	12-06.00	13-03.00
3 Whitmer, Keegan	SR Central (Bur	13-03.00	13-03.00
5 Rinella, Mike	SR Kaneland	13-07.00	12-09.00
6 Hobart, Vaughn	SR Pontiac	13-00.00	J12-09.00
7 Hartwig, Hunter	FR Mt. Zion	12-07.00	J12-09.00
7 Jaskowski, Kacper	JR Vernon Hills	13-02.00	J12-09.00
9 Naftzger, Tyler	SR Erie-Prophet	13-00.00	J12-09.00
10 Williamson, Aidan	SO Vernon Hills	12-07.00	12-03.00
11 Whitehouse, Callan	SO Mahomet-Seym	12-06.00	J12-03.00
-- Pompe, Jack	SO Dunlap	13-00.00	NH
-- Martin, Daniel	JR Belvidere	13-03.00	NH

Boys Long Jump

Name	Year School	Seed	Finals
1 Ward, Ja'Mari	SR Cahokia	24-11.00	25-03.50
2 Sullivan, Darryl	SR Marion	23-10.00	22-07.50
3 Nelson, Adam	SR Triad	22-02.00	21-07.75
4 Taylor, Xavier	SR Morgan Park	22-05.00	21-04.50
5 McElyea, Alec	JR Illinois Val	21-03.50	21-02.25
6 Newburn, Luther	SR Hillcrest	22-05.50	21-00.75
7 Brown, Isaiah	SR Marmion Acad	22-01.00	20-09.75
8 Moffett, Rashid	SO Rantoul	21-04.00	20-08.25
9 Phipps, Theo	JR St. Rita	21-05.00	20-05.75
10 Stewart, Leo	SR Cahokia	21-02.00	20-05.00
11 Smith, Michael	JR Mattoon	22-00.00	20-04.00
12 McRoberts, Anthony	SR Cahokia	22-03.25	20-01.50

Boys Triple Jump

Name	Year School	Seed	Finals
1 Ward, Ja'Mari	SR Cahokia	48-05.25	48-11.00
2 Newburn, Luther	SR Hillcrest	47-00.50	47-08.00
3 Howell, Greg	SR Morgan Park	44-11.00	45-01.75
4 Smith, Dionte	JR Central (Bur	45-10.50	44-03.50
5 Taylor, Xavier	SR Morgan Park	44-03.00	43-10.25
6 Ester, Rudy	SR Lanphier	43-05.00	42-06.25
7 Pasquesi, Anthony	JR Fenwick	41-08.50	42-02.50
8 Brown, Isaiah	SR Marmion Acad	43-01.00	41-09.25
9 Martin, Kandrac	JR Dixon	43-00.50	41-05.25
10 Thomas, Eric	JR Decatur Eise	43-00.50	39-10.00
11 Thomas, Jasonta	SO Rantoul	42-03.00	39-08.50
-- Grace, Shunn	JR Cahokia	44-00.00	FOUL

Boys Shot Put

Name	Year School	Seed	Finals
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1 Sikon, Sam	JR Carbondale	61-06.00	61-09.00
2 Brown, Verdis	SO Chicago Mt.	55-04.50	59-05.00
3 Krawczyk, Nick	SR North Boone	52-07.25	55-04.00
4 Carrigan, Kane	SR Harrisburg	56-11.25	53-01.50
5 Vollrath, Bryce	SR Richwoods	51-04.75	51-11.00
6 Heflin, Jack	SR Erie-Prophet	51-08.00	51-03.75
7 Bunting, Jack	JR Marion	51-07.50	50-05.50
8 Sullivan, Tucker	JR Marion	51-11.00	49-05.00
9 Brown, Cole	SR Richwoods	51-10.50	48-06.75
10 Bell, McKinnley	SR Cahokia	52-05.00	48-02.00
-- Thaxton, Drew	JR Decatur Eise	50-10.75	FOUL

GENESEO RESULTS & TEAM SPLIT PAGE

MEET: Illinois Top Times Invitational

DATE: March 26, 2016

SITE: Illinois Wesleyan University Shirk Center

TIMING SYSTEM: F.A.T.

WEATHER CONDITIONS: Indoors (so perfect.)

VARSITY TEAM SCORES: No Official Team Scores

1.) Cahokia 83; 2.) Geneseo 47; 3.) Marion 43; 4.) Morgan Park 25; 5.) Burlington Central 21.50; 6.) Vernon Hills 18.50; 7.) Illini Christian 18; 8.) Triad 17; 8.) Tolono Unity 17; 10.) Hillcrest 15; 10.) Chicago Northside 15; 12.) Rich Central 11; 12.) Marian Academy 11; 12.) Metamora 11; 12.) Lincolny-Way West 11; 12.) Waterloo 11; (55 Schools Scored)

All Times and Relay Splits have been converted to F.A.T.

("hr" means, "hand-held relay" split (not FAT Converted); "cr" means, "converted to FAT" relay split.) TO CONVERT TO F.A.T. YOU ROUND UP THE 1/10 AND THEN
ADD .24

800 METER RUN

- none

800 METER RELAY (3rd Place 1:32.63)

- Quinn Singbush: 23.04r
- Reed Vanderheyden: 23.00r
- Andrew Pischke: 23.10r
- Lucas Hofer: 23.21r

1600 METER RUN

- none

1600 METER RELAY (4th Place 3:32.47)

- Lucas Hofer: 53.84cr
- Nick Swartzendruber: 53.54cr
- Andrew Benhart: 54.54cr
- Reed Vanderheyden: 51.64cr

3200 METER RUN

- none

3200 METER RELAY (1st Place 8:07.51)

- Nick Swartzendruber: 2:00.74cr (58 - 62)
- Andrew Benhart: 2:02.44cr (59 - 63)
- Nathan Soria: 2:02.44cr (56 - 66)
- Cayson Frerichs: 2:02.74cr (59 - 63)

Maple Leafs are ready to put themselves on the map

By **CHRIS STEELE**
Republic Sports Editor

In the 1969 movie "Butch Cassidy and the Sundance Kid", Butch and Sundance are chased across the old west by a mysterious posse.

As the duo realize they are being tracked by an extraordinary group, they keep asking, "Who are those guys?"

During the Illinois Top Times Invite, which serves as the unofficial indoor state track meet, the Maple Leafs coaches heard a similar question.

"Where is Geneseo?" Leafs coach Don Fredericks overheard during the invite.

Grabbing a pair of wins at the unofficial indoor state competition on March 26 helped put the Geneseo boys' indoor team on the map.

The outdoor boys' track team hopes to make a similar impact this season.

The Leafs have most of the team intact from last season's 11th place Class 2A IHSA

state team returning. Another top 15 state appearance at the IHSA state meet would validate Geneseo's standing among the elite.

With so much talent returning, the Leafs have their sights on history.

Clearing a jump of 15'3" in the pole vault already this season, Geneseo senior Arthur Atwell has already eclipsed his school record mark from last season.

A fourth-place finisher at IHSA state meet last season, Atwell has made it clear he doesn't just want to be one of the best in Class 2A but of the best pole vaulter in all of Illinois.

A fifth-place finisher in the 300 hurdles at the state meet last season, Geneseo's Reed Vanderheyden is still working his way toward name recognition.

And coaches are taking notice of Andrew Pischke's break-out season in the hurdles.

"I heard one of the coach say, 'Man that Vanda-hi-dein kid is only a sophomore,'"

Fredericks laughed. "Another coach corrected him, so they are starting to learn. They also pronounced Pischke's name as Pliske.

"If you run fast enough and turn heads enough times, sooner or later, they get your name right."

Will Daniels is another athlete with high expectations, following a seventh-place state appearance in the long jump (21'5") and a 12th place finish in the high jump (6'2").

Daniels' leaping ability was on full display during basketball season. He finished in second place in the Iowa-Illinois Senior All-Star Basketball Showcase at Augustana College.

GHS' 4x800-meter relay team (Nick Swartzendruber, Andrew Benhart, Nathan Soria and Cayson Frerichs) plans to make school history by taking down the school record (eight minutes flat) in the event.

Geneseo begin the outdoor season hosting Sterling on March 31 at 4:30 p.m.