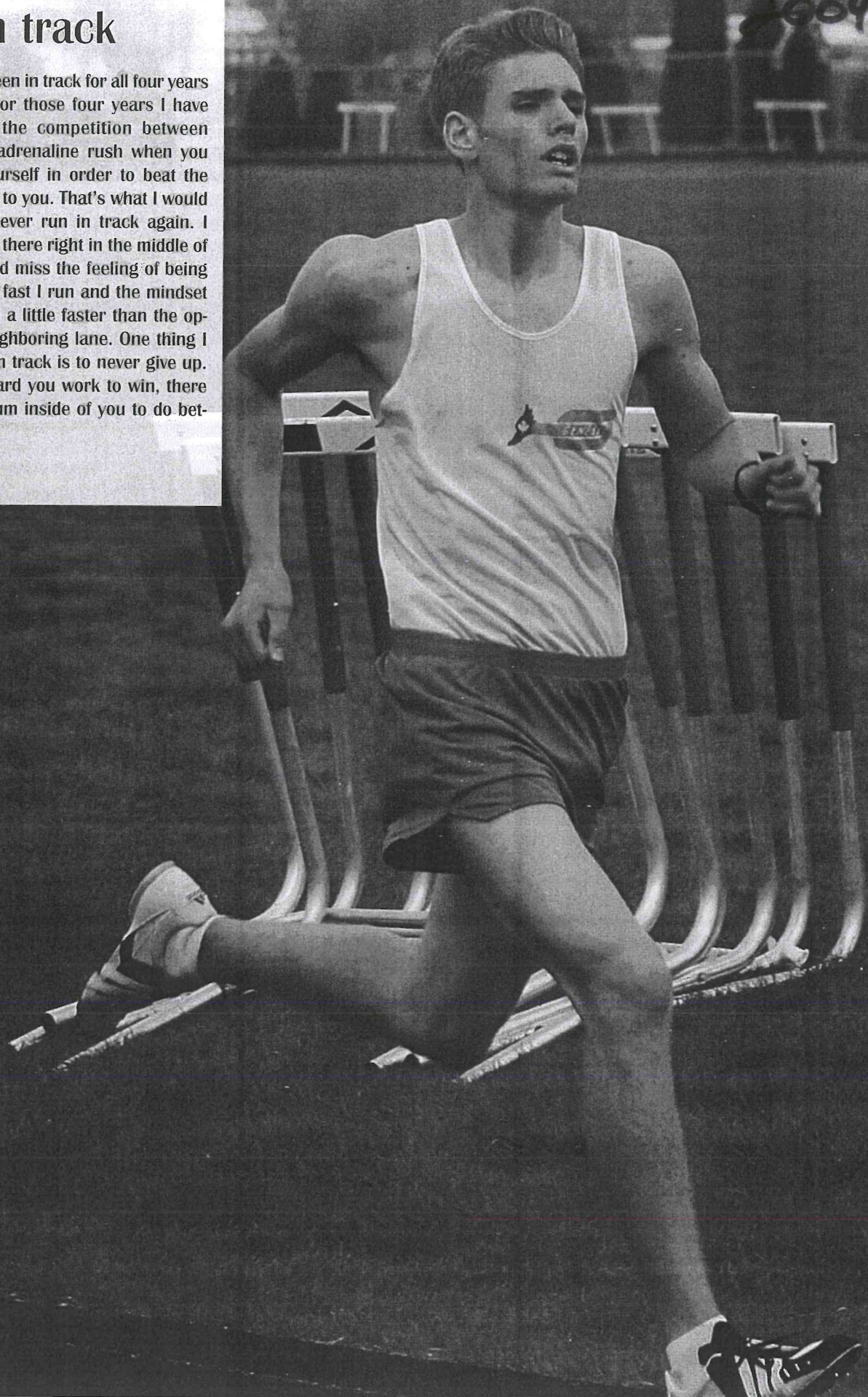


i am in track

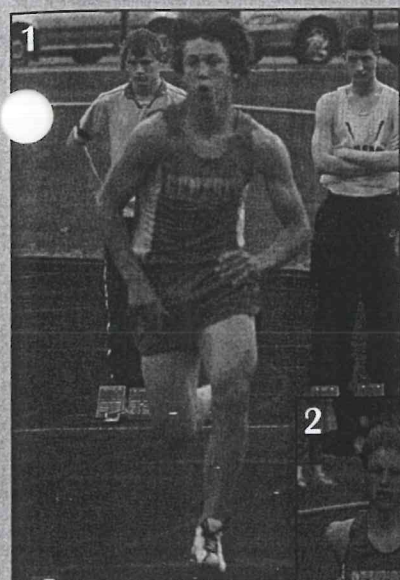
I have been in track for all four years of high school. For those four years I have learned to love the competition between people. It is an adrenaline rush when you have to push yourself in order to beat the person right next to you. That's what I would miss if I could never run in track again. I would miss being there right in the middle of the action. I would miss the feeling of being in control of how fast I run and the mindset of needing to run a little faster than the opponent in the neighboring lane. One thing I have learned from track is to never give up. No matter how hard you work to win, there is more momentum inside of you to do better next time.

Cody Haars ('04)



2004

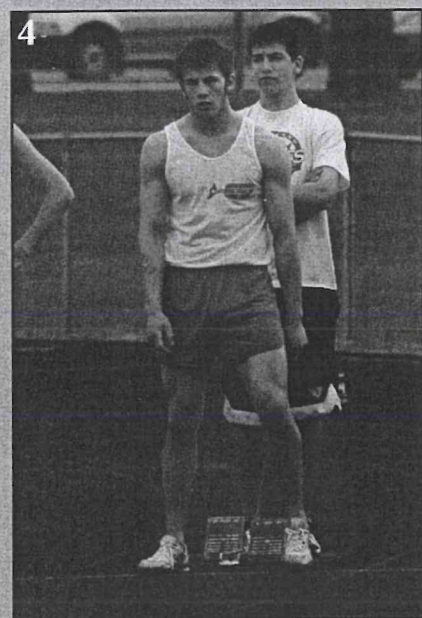
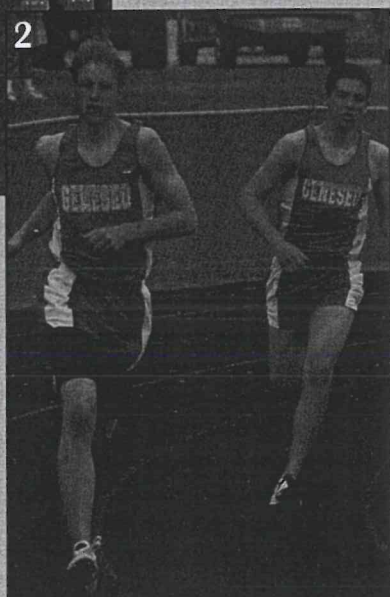
Boys' Track



1. Running as fast as he can, Kyle Glazier ('06), runs harder to pass his opponents.

2. Coming around the curve Justin Heaton ('06) and Brian Sandoval ('05) continue the race.

3. Doug Adams ('05) and Caleb Dierick ('06) leap over the hurdles on there way to the finish line.

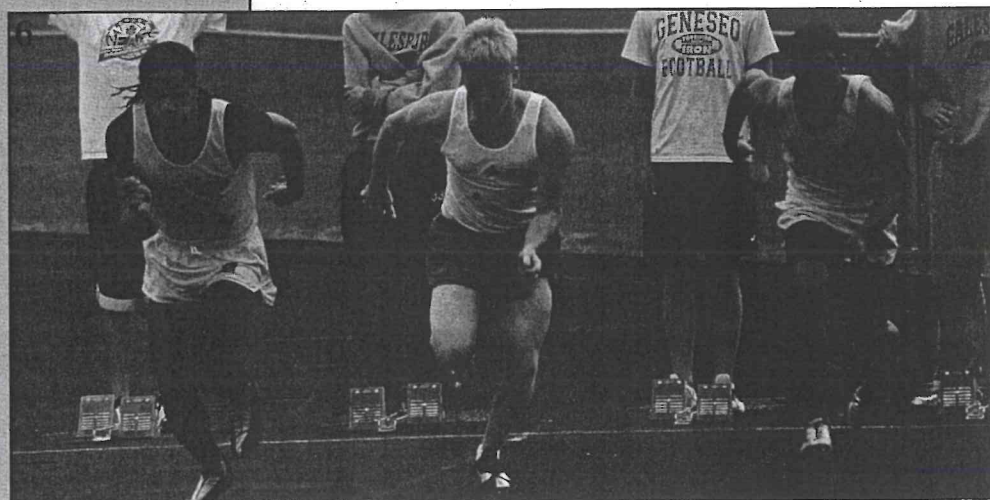


4. Dylan Kenney ('04) gets focused on his approaching race during a track meet.



5. These boys' track members stretch before the meet.

6. Off his mark Elliot Swint ('04) starts the race.



The Geneseo Boy's Track team had a big night at the McCormick Invite this year. They finished third with a team points total of 89. Curt Russell won the long jump competition and took first place in triple jump. Luke Reschke was fourth in the long jump and Shaun Russell placed fifth. They were even more impressive on the track. Josh Forbes was outstanding in the hurdle events. Justin Trujillo won the 800m run. In the distance events Nathan Schlindwein was second in the 3200m. In the 1600m relay Geneseo took first with the team of Justin Trujillo, Shaun Russell, Luke Reschke, and Curt Russell. As a team, the Leafs finished behind only Princeton and Metamora. Head coach Mel Snook was very happy with the way his team competed in every event. "I was very pleased with how our athletes preformed," Snook commented.

Scoreboard

Dixon	3rd
Freeport	1st
NCIC	4th
Gene Shipley Inv	8th
Alleman	2nd
Galesburg	1st
Orion	1st
Rock Island Inv	8th
John McCormick Inv	3rd
Annawan	1st
NCIC	2nd
Sectional	4th