

Third at conference

Frosh/soph team wins 10 medals to edge Sterling

In the NCIC boys track and field meet on Friday, May 10 at Rock Falls, Geneseo's frosh/soph team responded to the varsity's seventh-place finish with a strong third-place showing.

Dixon and Ottawa fought for the top spot; Dixon won 104-103. The Leaflets took home nine medals en route to their 89 points and nine-point margin over fourth-place Sterling.

Geneseo won five gold medals, two silver and two bronze. Justin Fluck won two golds and Matt Fuelling won a gold and a bronze to fuel the Green Machine attack.

Fluck was golden in the 1600 meter and the 3200 meter runs. In times of 4:43.49 and 10:13.75, respectively. Fuelling won the 200 meter dash in 24.71 seconds and sprinted the 100 in 11.7 for third.

Bjorne Myhre won the Leaflets' fourth gold medal in the 800 meter

run. He recorded a time of 2:07.6 with Mark Keplinger at his heels to finish second at 2:08.81.

Chris Studer left the 3200 meter run with a silver medal, cruising to a 10:18.68 time, while Jason Gray added one team point in the 1600 meter run in 4:58.59 for a sixth-place ribbon.

Nick DePauw added two ribbons to his collection with a fourth-place time of 45.67 in the 300 meter intermediate hurdles and a 17.78 sprint in the 110 meter high hurdles for sixth.

Nick Henthorn cleared 10'6" in the pole vault for sixth. The Leaflets 400 meter relay team finished fourth with a time of 49.36.

The 3200 meter relay squad won Geneseo's fifth gold when they broke the tape at 8:51.92 and the 1600 meter relay team won third place in 3:43.48.

Boys N.C.I.C. Track Meet

Team Scores - Frosh/Soph

1. Dixon 104, 2. Ottawa 103, 3. Geneseo 89, 4. Sterling 80, 5. Rock Falls 48, 6. Hall 43, 7. LaSalle-Peru 31, 8. Kewanee 22, 9. Princeton 16, 10. Mendota 11, 11. Rochelle 9, 12. Streator 2.

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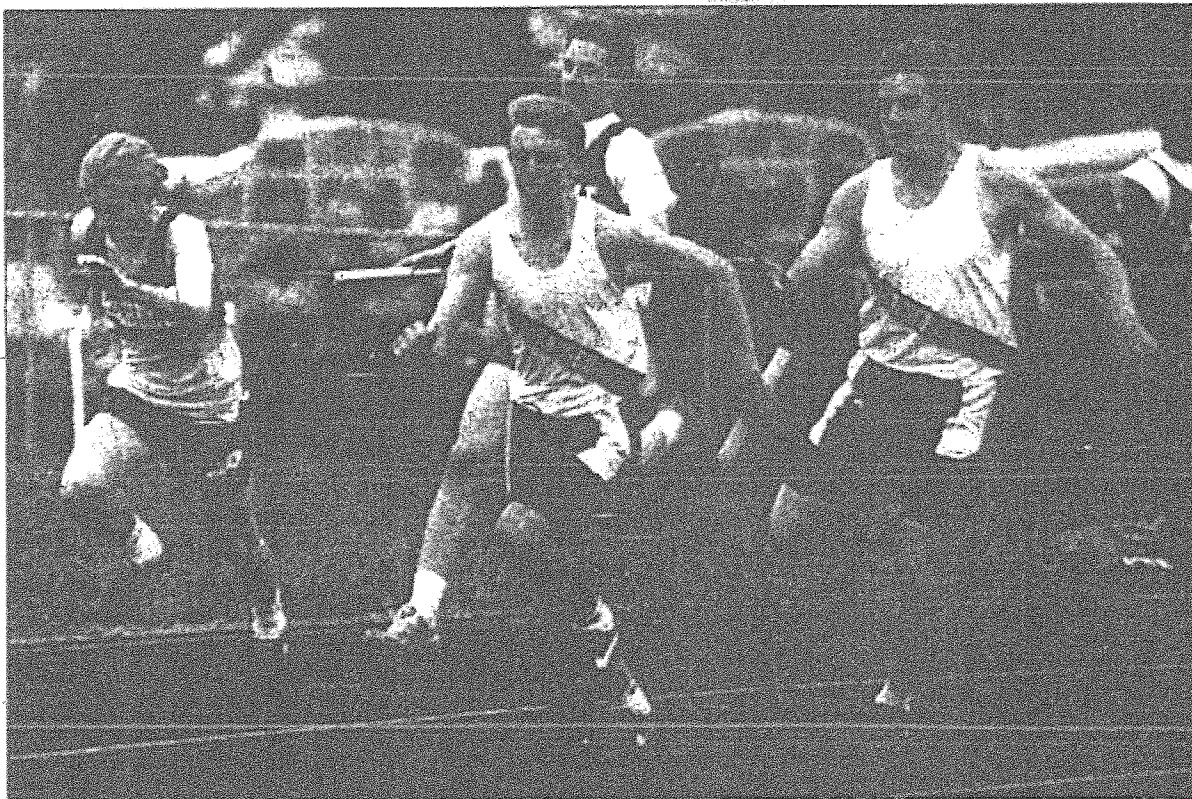
Republic photo by Jerry Hahn

BOUNDING EFFORT. Brendan O'Rourke's leap falls short as the frosh/soph track and field squad failed to place in the long jump. However, they did pull out a third-place trophy in the NCIC frosh/soph championship Friday, May 10 in Rock Falls.



Republic photo by Jerry Hahn

JUST OVER. Heath VerStraete just clears the high jump bar in the NCIC track and field meet on Friday, May 10 at Rock Falls high school. The Maple Leafs varsity team took seventh place with 40 points. Ottawa won the conference title with 101.5 team points.



Republic photo by Jerry Hahn

A CLEAN HANDOFF. Kyle Mistfeldt (right) performs a perfect handoff to teammate Nick DePauw in one of the Leaflets three relay finishes. The NCIC meet was held Friday, May 10 in Rock Falls.

MEET RESULTS
NCIC
TRACK & FIELD
MEET

◆ ◆ ◆ ◆ ◆ ◆ ◆
Rock Falls High School



Friday, May 10th, 1996

VARSITY

1. OTTAWA - 101 $\frac{1}{2}$
2. STERLING - 101
3. PRINCETON - 67
4. DIXON - 64
5. LASALLE-PERU - 58
6. KEWANEE - 42
7. GENESEO - 40
8. MENDOTA - 28
9. ROCHELLE - 27 $\frac{1}{2}$
10. ROCK FALLS - 20
11. STREATOR - 8
12. HALL - 0

EVENT 800 M RunVarsity

NAME	SCH	TIME/DIST.
1. Chris Myers	Prin	2:01.35
2. Nate Rucker	RF	2:04.72
3. Ben Forest	Gen	2:04.79
4. Alistair Thompson	RO	2:06.95
5. Josh Paul	Ott	2:07.27
6. Chris Farmer	Gen	2:07.88

EVENT 400M RunVarsity

NAME	SCH	TIME/DIST
1. Kris Houck	Ster	51.02
2. Pat Mann	Ott	51.05
3. Jason Abbott	Kew	51.10
4. Dean Mumter	Ott	51.92
5. Josh Mendoza	Ster	53.54
6. Matt Yaklich	L-P	53.72

EVENT 800 M RelayVarsity

NAME	SCH	TIME/DIST.
Ottawa		1:32.76
2. Dixon		1:35.05
3. L-P		1:35.17
4. Sterling		1:35.22
5. Rochelle		1:36.42
6. Kewanee		1:36.99

EVENT Triple JumpVarsity

NAME	SCH	TIME/DIST.
1. Justin Young	Dix	43-6 1/2
2. Dan Stone	Prin	40-6 1/2
3. Andre Salas	Dix	39-8 1/2
4. Doug Pocius	L-P	39-2
5. Frank Schuldt	Ster	39- 1 1/2
6. Adam Kubiak	L-P	38-10 1/2

EVENT High JumpVarsity

NAME	SCH	TIME/DIST
1. Brandon Watson	RO	6-7
2. Justin Young	Dix	6-6
3. Adam Kubiak	L-P	6-2
4. Josh Mendoza	Ster	6-0
5. Mark Brady	Kew	6-0
6. Pertty Lahtinen	Ott	5-10
6. Andre Saint-Louis	Ro	5-10

EVENT 200 M RUNVarsity

NAME	SCH	TIME/DIST
1. Doug Densmore	Ster	22.81
2. Luke Vickers	Strtr	23.51
3. Brad Baker	L-P	23.57
4. Mark Moellering	RO	24.43
5. Steve Schaaf	Gen	24.44
6. Justin Buechler	Gen	24.58

Split Sheet

3200m Relay

B. Faust	59.85	2:05.4
Furman	61.23	2:09.26
W. K. K. K.	62.26	2:11.00
Price	62.43	2:20.31

400m Dash

Furman	12.97	U. K. K.	12.60
T. Anderson	11.39	Reid	10.17
W. K. K.	11.96	W. K. K.	12.86
Price	11.80	Buechler	10.64

3200m Run

A. Faust	1:28	2:24	3:41	5:01	6:24	7:45	9:07
C. K. K.	1:12	2:34	4:02	5:39	6:55	8:23	9:43

100m Dash

F = Furman 11.76 11.96
V = Schauf

Lament 11.6
S = De Pauw 11.94
= A. Esche 16.84
J. Esche 16.84 15.9

200m Dash

F = Furman 25.22 11.6
V = Schauf 24.1
= Buechler 24.5

3200m Relay

F = Keplinger 61.73 67.77 2:09.6
A. Anderson 54.56 70.86 2:15.42
Gray 62.24 74.11 2:16.40 = 8:58.62
Myhre 61.65 66.55 2:08.13

3200m Run

F = Fluck 1:11.74 2:28.66 3:46.75 5:04.67 6:21.6 7:39.52 8:57.4
Studer 1:08.7 2:26.6 3:45.3 5:04.6 6:23.7 7:41.0 8:59.2 10:17.48 11:35.5

800m H

De Pauw 50.635
Whister 45.64
Price 46.14
Esche 43.07

1600m Run

Fluck	1:01.45	2:20.27	3:34.68	4:43.44	5:55.18
C. K. K.	1:08.29	2:23.45	3:43.50	4:58.57	
A. Faust	1:08.7	2:26.29	3:48.8	4:52.6	
C. K. K.	1:19.9	2:29.5	3:51.3	5:05.38	
	1:14	2:28	3:42	4:56	

1600m Relay

Keplinger	55.83	B. Faust	54.39
W. K. K.	56.05	W. K. K.	54.39
C. K. K.	56.65	Price	54.69
Myhre	54.83 = 3:33.51	Price	53.7 = 3:37.1
Fluck	24.69	Myhre	24.69
Schuff	24.69	Buechler	24.93

800m Run

Keplinger	1:02.94	2:08.84	2:11
Myhre	1:03.65	2:07.63	
B. Faust	1:04.44	2:05.12	
Furman	1:02	2:07.83	

800m Relay

Furman	24.45	Schuff	23.95
T. Anderson		Reid	24.50
Myhre		Furman	23.91
De Pauw		Buechler	24.15 = 1:27.58

400m Dash

C. K. K.	57.66
W. K. K.	55.62
Price	54.60
Lament	54.38

MEET RESULTS NCIC TRACK & FIELD MEET

◆ ◆ ◆ ◆ ◆ ◆ ◆
Rock Falls High School



Friday, May 10th, 1996

VARSITY

1. OTTAWA - 101 $\frac{1}{2}$
2. STERLING - 101
3. PRINCETON - 67
4. DIXON - 64
5. LASALLE-PERU - 58
6. KEWANEE - 42
7. GENESEO - 40
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9. ROCHELLE - 27 $\frac{1}{2}$
10. ROCK FALLS - 20
11. STREATOR - 8
12. HALL - 0

EVENT 400m Relay

Varsity

NAME	SCH	TIME/DIST.
1. Sterling		44.01
2. Ottawa		44.7
3. L-P		45.43
4. Rochelle		45.74
5. Geneseo		46.37
6. Dixon		46.6

EVENT 3200 M Relay

Varsity

NAME	SCH	TIME/DIST.
1. Kewanee		8:05.92
2. Ottawa		8:22.80
3. Princeton		8:27.98
4. Dixon		8:33.22
5. Geneseo		8:46.10
6. Sterling		8:59.58

EVENT 3200 M Run

Varsity

NAME	SCH	TIME/DIST.
1. Joe Niemuth	Prin	10:03.35
2. Josh Bird	Kew	10:16.44
3. Vic Bond	Ott	10:17.95
4. Jake Kujala	Ster.	10:19.38
5. Adam Forrest	Gen.	10:23.76
6. Jack Bailey	Roch	10:24.16

EVENT 110 M HH

Varsity

NAME	SCH	TIME/DIST.
1. Bryan Bauer	L-P	15.39
2. Kirk Lubbs	RF	15.49
3. Jon Esche	Gen	15.64
4. Charles Colmark	Ster.	15.91
5. Jeff Kreiling	Men.	16.09
6. Jake Rodriguez	Ster.	16.74

EVENT 100 M Run

Varsity

NAME	SCH	TIME/DIST.
1. Seth Langley	Ott	10.74
2. Doug Densmore	Ster	11.02
3. Adam Haase	Ott	11.17
4. Jeff Collier	Dix	11.31
5. Josh Bohms	Ster	11.68
6. Dan Stone	Prin	11.58

EVENT Discuss

Varsity

NAME	SCH	TIME/DIS
1. Politsch	Men	146-0
2. Chaon	Men	142-2
3. Bowling	Gen	140-8
4. Dingman	Ster	130-6
5. Hagenbach	Ott	123-11
6. Schmitt	Prin	123-1

EVENT 800 M Run

VARSITY

NAME	SCH	TIME/DIST.
1. Chris Myers	Prin	2:01.35
2. Nate Rucker	RF	2:04.72
3. Ben Forest	Gen	2:04.79
4. Alistair Thompson	RO	2:06.95
5. Josh Paul	Ott	2:07.27
6. Chris Farmer	Gen	2:07.88

EVENT 800 M Relay

VARSITY

NAME	SCH	TIME/DIST.
1. Ottawa		1:32.76
2. Dixon		1:35.05
3. L-P		1:35.17
4. Sterling		1:35.22
5. Rochelle		1:36.42
6. Kewanee		1:36.99

EVENT Triple Jump

VARSITY

NAME	SCH	TIME/DIST.
1. Justin Young	Dix	43-6 1/2
2. Dan Stone	Prin	40-6 1/2
3. Andre Salas	Dix	39-8 1/2
4. Doug Pocius	L-P	39-2
5. Frank Schuldt	Ster	39- 1 1/2
6. Adam Kubiak	L-P	38-10 1/2

EVENT 400M Run

VARSITY

NAME	SCH	TIME/DIST.
1. Kris Houck	Ster	51.02
2. Pat Mann	Ott	51.05
3. Jason Abbott	Kew	51.10
4. Dean Mumter	Ott	51.92
5. Josh Mendoza	Ster	53.54
6. Matt Yaklich	L-P	53.72

EVENT High Jump

VARSITY

NAME	SCH	TIME/DIST.
1. Brandon Watson	RO	6-7
2. Justin Young	Dix	6-6
3. Adam Kubiak	L-P	6-2
4. Josh Mendoza	Ster	6-0
5. Mark Brady	Kew	6-0
6. Pertty Lahtinen	Ott	5-10
6. Andre Saint-Louis	Ro	5-10

EVENT 200 M RUN

VARSITY

NAME	SCH	TIME/DIST.
1. Doug Densmore	Ster	22.81
2. Luke Vickers	Strtr	23.51
3. Brad Baker	L-P	23.57
4. Mark Moellering	RO	24.43
5. Steve Schaaf	Gen	24.44
6. Justin Buechler	Gen	24.58

EVENT Shot PutVARSITY

NAME	SCH	TIME/DIST.
1. Kyle Jakubek	Ott	50-8
2. Andy Politsch	Men	48-9 1/2
3. Matt Landis	Dix	48-4 1/4
4. Nick Smith	Ster.	45-8
5. Bob Bowling	Gen	45-7 3/4
6. Adam Wetzel	Dix	45-7 1/2

EVENT Long JumpVARSITY

NAME	SCH	TIME/DIST.
1. Nate Norman	Prin	20-8 3/4
2. Seth Langley	Ott	20-6
3. Kris Houck	Ster	19-9 1/2
4. Dan Stone	Prin	19-4 1/2
5. Josh Mendoza	Ster	19-4 1/2
6. Mark Meollering	Ro	19-1

EVENT 300 IH HurdlesVARSITY

NAME	SCH	TIME/DIST.
1. Jeff Foote	L-P	41.53
2. Bryan Bauer	L-P	41.95
3. Jon Esche	Gen	43.17
4. Nick Rapp	Prin	44.05
5. Kirk Lubbs	RF	44.43
6. Tyson Rhea	Ro	44.47

EVENT 1600 M RunVARSITY

NAME	SCH	TIME/DIST.
1. Devin Johnson	Prin	4:37.30
2. Jason Wiseman	Dix	4:40.98
3. Joel Bourque	Kew	4:41.59
4. Joe Niemuth	Prin	4:46.19
5. Andy Park	Kew	4:49.46
6. Jake Kujata	Ster	4:50.99

EVENT 1600 M RelayVARSITY

NAME	SCH	TIME/DIST.
1. Ottawa		3:27.16
2. Sterling		3:33.21
3. Kewanee		3:35.38
4. Geneseo		3:37.16
5. Dixon		3:38.36
6. Rochelle		3:41.10

EVENT Pole VaultVARSITY

NAME	SCH	TIME/DIST.
1. Doug Densmore	Ster	14-6
2. Perttu Lahtinen	Ott	14-0
3. Justin Shelay	Dix	13-6
4. Cory Shelton	Ster	13-6
5. Jason Nielson	RF	13-0
6. Nick Allen	Ott	12-0

Split Sheet

3200m Relay

B. Forest	58.85	2:05.4
Furman	61.23	2:09.26
Price, B. Forest	62.26	2:11.00
Price	62.43	2:20.91 - 3:46.21

400m Dash

Fuelling	12.97	Varsch	12.66
T. Anderson	11.39	Schaut	10.17
Musfeldt	11.96	Land	12.96
De Pauw	11.80 = 78.25	Buecher	10.69

3200 Run

A. Forest	1:29	2:24	3:41	5:01	6:24	7:45	9:07
Cuyler	1:12	2:34	4:02	5:29	6:55	8:23	9:49
	1:23	2:41	4:01	5:24	6:50	8:12	9:37

800 Run

Keplinger	1:02.84	2:08.84	2:11
Myhre	1:03.65	2:07.63	
B. Forest	1:01.44	2:05.12	
Furman	1:02	2:07.83	

800m Relay

Fuelling	24.45	Schaut	23.95
T. Anderson	24.50	Land	24.50
Musfeldt	23.91	Furman	23.91
De Pauw	24.18	Buecher	24.18 - 1:27.58

400 Dash

O'Rourke	57.66
Vandersticht	58.62
Price	54.00
Land	54.38

100m Dash

P	S	F
FS = Fuelling 11.16	11.46	
V = Schaut		
Land	11.6	

110m H

P	F	P.F.
FS = De Pauw 12.05	11.94	Hazlett 12.05
V = A Esche 16.84	J. Esche 16.36	15.9

200m Dash

P	F	FS	P	S	F	V
FS = Fuelling		75.27	11.6			
V = Schaut 24.7						Buecher 24.5

3200m Relay

FS = Keplinger	61.73	67.77	2:09.6
A. Anderson	64.66	70.86	2:15.42
Gray	62.21	74.4	2:18.40 = 3:54.62
Myhre	66.65	66.65	2:09.13

3200m Run

FS = Fluck	1:11.74	2:26.6	3:46.75	5:04.67	6:11.6	7:40.8	8:57.93	10:13.87	10:13.87
Studer	1:08.7	2:26.6	3:45.8	5:04.6	6:13.7	7:44.0	9:01.2	10:17.48	10:17.48

800m H

De Pauw	50.625	Price	46.1
Whister	45.64	Esche	43.07

1600 Run

Fluck	1:00.45	2:20.27	3:34.68	4:43.94	5:15.18
Cuyler	1:08.29	2:23.45	3:43.0	4:58.57	
A. Forest	1:08.7	2:26.29	3:45.8	4:52.6	
Cuyler	1:09.9	2:29.5	3:51.3	5:05.38	
	1:14	2:28	3:42	4:56	

1600m Relay

Keplinger	55.83	B. Forest	54.39
Vandersticht	56.05	De Pauw	54.39
O'Rourke	56.65	Price	54.69
Myhre	54.83 = 3:43.51	Price	53.7 = 3:32.15
200m Dash			
Fuelling	24.69	Myhre (light travels faster than sound)	
Schaut	24.69		
Buecher	24.93		

MEET RESULTS
NCIC
TRACK & FIELD
MEET

◆ ◆ ◆ ◆ ◆
Rock Falls High School



Friday, May 10th, 1996

FROSH/SOPH

1. DIXON - 104
2. OTAWA - 103
3. GENESEO - 89
4. STERLING - 80
5. ROCK FALLS - 48
6. HALL - 43
7. LASALLE-PERU - 31
8. KEWANEE - 22
9. PRINCETON - 16
10. MENDOTA - 11
11. ROCHELLE - 9
12. STREATOR - 2

400 M. Relay

FROSH/SOPH

NAME	SCH	TIME/DIST.
Ottawa		46.14
Sterling		47.16
L-P		47.38
Geneseo		49.36
Rock Falls		49.52
Rochelle		50.53

3200 m Relay

FROSH/SOPH

NAME	SCH	TIME/DIST.
Geneseo		8:51.92
Dixon		8:54.02
L-P		9:27.15
Hall		9:31.36
Sterling		9:35.62
Ottawa		9:50.19

3200 m Run

FROSH/SOPH

NAME	SCH	TIME/DIST.
Justin Fluck	Gen.	10:13.75
Chris Studer	Gen.	10:18.68
Eric Schaibley	Ott	10:24.98
Chase Crabtree	Kew	10:41.06
Andrew Moroney	RF	10:57.54
Evan Goy	Men	11:03.10

110 M H 14

FROSH/SOPH

NAME	SCH	TIME/DIST.
Seth Frey	RF	15.67
Joe Gerding	Ott	16.12
Chris Petrie	Dix	16.22
Ryan Gerber	Ott	16.87
Mark Rzasa	Ster.	17.07
Nick DePauw	Gen.	17.78

100 M Run

FROSH/SOPH

NAME	SCH	TIME/DIST.
Mike Fields	Ott	11.49
D J Glynn	Hall	11.62
Matt Fuelling	Gen	11.70
Brad LeFevre	Dix	11.78
Jeff McCord	Ster	11.88
Jeff VonHoltzen	Ster	11.93

Discus

FROSH/SOPH

NAME	SCH	TIME/DIST.
Paul Shiaras	Dix	124-1
Mike Ort	Prin	122-3
Cody Weaver	Ster	114-3
Matt Stank	Hall	114-3
John Morschieren	L-P	110-8
Eric Fredricks	Ster	108-10

Shot Put

FROSH/SOPH

NAME	SCH	TIME/DIST.
Damon Musgrove	Men	44-3 1/2
Chad Brackemeyer	RF	44-1/2
Paul Shiaras	Dix	41-2 3/4
Eric Fredricks	Ster	39-7
Derik Fetzner	Dix	39-6 1/2
Mike Ori	Prin	39-5 1/2

Long Jump

FROSH/SOPH

NAME	SCH	TIME/DIST.
ason Fargher	Ster	18-7 1/2
Mike Spencer	RF	18-5 1/2
Lee Salazar	Ster	18-1 1/2
Tony Dieken	L-P	18 1 1/2
Matt McConville	L-P	17-10 1/2
Matt Taylor	Hall	17-4

300 IH Hurdles

FROSH/SOPH

NAME	SCH	TIME/DIST.
Joe Gerding	Ott	44.18
Joe Foster	Dix	44.54
Chris Petrie	Dix	44.67
Wick DePauw	RF GEN	45.67 45.67
Chad Turpen	Hall	45.86
Justin Bennett	RF	46.10

1600 M Run

FROSH/SOPH

NAME	SCH	TIME/DIST.
Justin Fluck	Gen	4:43.49
Chris Allen	Dix	4:45.22
Erick Schaibley	Ott	4:50.71
Chase Crabtree	Kew	4:55.24
Nic Rivera	RF	4:55.63
Jason Gray	Gen	4:58.59

1600 M Relay

FROSH/SOPH

NAME	SCH	TIME/DIST.
Sterling		3:41.03
Dixon		3:43.16
Geneseo		3:43.48
Kewanee		3:44.43
Ottawa		3:46.38
Princeton		3:57.49

Pole Vault

FROSH/SOPH

NAME	SCH	TIME/DIST.
Lucas Brainard	Dix	12-2
Ratha Chum	Ott	11-8
Chris Patrie	Dix	11-6
Adam King	Ster	11-4
Larry Burns	Ott	10-6
Nick Henthorn	Gen	10-6

800 m Run

FROSH/SOPH

NAME	SCH	TIME/DIST.
Bjorne Myhre	Gen	2:07.6
Mark Keplinger	Gen	2:08.81
Joel Foster	Dix	2:11.84
Nic Rivera	RF	2:12.05
Mike Mudse	L-P	2:12.95
Luke Staats	Hall	2:13.08

800 m Relay

FROSH/SOPH

NAME	SCH	TIME/DIST.
ewanee		1:40.37
L-P		1:40.58
Sterling		1:41.02
Princeton		1:43.02
Rochelle		1:45.10
Hall		1:45.54

Triple Jump

FROSH/SOPH

NAME	SCH	TIME/DIST.
Larry Burns	Ott	39-7 1/2
Chad Turpen	Hall	39-7 1/2
Mike Filliman	Ro	38-7
ee Salazar	Ster	37-6
Matt Taylor	Hall	37-6
Chad Cassens	Ster	37-4 1/2

400 m Run

FROSH/SOPH

NAME	SCH	TIME/DIST.
Seth Frey	RF	54.96
Jason Fargher	Ster	55.69
Lucas Brainerd	Dix	56.12
Larry Burns	Ott	56.96
Josh Meyer	Ott	57.11
Cody Weaver	Ster	57.27

High Jump

FROSH/SOPH

NAME	SCH	TIME/DIST.
Brad LeFevre	Dix	6-0
Larry Burns	Ott	5-10
D J Glynn	Hall	5-10
Hurley Piercy	Ott	5-8
Jason Norman	Prin	5-8
Jon Irwin	RF	5-8

200 m Run

FROSH/SOPH

NAME	SCH	TIME/DIST.
Matt Fuelling	Gen	24.71
Ed Bachman	Ott	24.84
Chad Turpen	Hall	25.21
Jeff Von Holten	Ster	25.34
Jeff McCord	Ster	25.35
Bob Woodshank	L-P	25.75